



CHECKING FOR DAMAGE — Members of the Springfield Fire Department check the aftermath of a blaze in which a wooden building was completely destroyed and two others were damaged Friday at the Union Free S. C. on Rt. 22. Fire Chief Robert Day said the fire, which was called in at 1:30 p.m., began in the wooden structure where paint was being stored. The blaze then spread to two adjoining buildings where there was minor damage. (Springfield police photo by Howard Thompson)

Churches to hold union services at United Methodist

The summer union worship services of the Springfield Emanuel United Methodist and First Presbyterian Churches will be held at the Methodist Church during the month of August, beginning this Sunday at 10 a.m. The Rev. James Dewart, pastor of the Methodist Church, will be in charge of the services and available for pastoral needs of both congregations during the month.

Miss Stern honored

Joyce Stern, daughter of Mrs. Jean Dubin of 100 Shingle Rd., Springfield, and the late Paul Stern, has been named to the dean's list for the first semester at Rutgers University. She will enter junior year in the fall.

Project on drug prevention awarded migrant by state

A migrant of \$1,200 has been awarded by the State Department of Education to Albert LaMorgue, a teacher at the Florence Guildenstern School, Springfield, for a project on drug prevention. The project, entitled "Stop Look Listen and Learn," will be geared to seventh and eighth grades.

The thrust of the drug program now in progress has been in terms of educating both parents and teachers to the dangers inherent in various drugs. Facts and positive motivation are essential to help pupils make wise decisions, experts indicate that knowledge alone does not affect attitudinal change.

The increase in cigarette smoking, despite a barrage of information from the government and the media, offers proof that other means must be found to change the attitudes of people. Consequently, we propose an additional program in the schools to enhance and reinforce the present curriculum on drugs. The proposal is in three parts.

Springfield sailor aboard Saratoga

Navy Seaman Frank Patton, foster son of Mr. and Mrs. Albert W. Booth of 162 Bryant ave., Springfield is now serving aboard the attack nuclear carrier USS Saratoga with the U.S. Sixth Fleet in the Mediterranean.

Pamela Gardner gets college honor

MADISON, Wis. — Pamela N. Gardner of 20 Millers Rd., Springfield, is among students who have been granted special honors for their superior achievement in their major field of study by the University of Wisconsin's College of Letters and Science.

3 placed on dean's list

Three students from Mountaineer have been named to the dean's list at Glassboro State College: Barbara Reig, Lynn Hoy and Deborah Ann Young. Miss Reig and Miss Young are juniors. Miss Hoy is a sophomore.

Friday Deadline

All items other than spot news should be in our office by noon on Friday.

Springfield Travel Service

210 Mountain Ave., Springfield, N.J. DR 9-5767

Sanford Williams

There are candidates on the Independent Caucuses ticket representing groups with interests ranging from anti-war to ecology.

David T. Burkitt

Getting to the "inside," politically, "is the only way to do something about this mess."

There are candidates on the Independent Caucuses ticket representing groups with interests ranging from anti-war to ecology. Sanford Williams, of Hillside, a freelance publicist on the ticket, says he has no specific political goals.

PROFILES

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Linda Gerstmann

The Independent Coalition, which this year is running candidates for the Board of County Executive and the State Legislature, has been formed by people with a variety of interests.

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40 children read in library program

The summer reading program for children at the Springfield Public Library is moving along at a "terrific and dedicated pace," according to the children's librarian, Mrs. Evelyn Koller. She reported about 40 children in Grades 3 through 6 attempting to win the certificate known as "Around the World in 80 Days."

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THIS WEEK'S HEALTH NEWS. What is PREZGERBEN, R.F.P. common feature of a sort of burning sensation... DRUG ABUSE... FRIDAY DEADLINE... Springfield Travel Service... 210 Mountain Ave., Springfield, N.J. DR 9-5767

Public Notice. AN ORDINANCE TO AMEND THE REGIONS OF THE COUNTY OF SPRINGFIELD, NEW JERSEY... 3 placed on dean's list... FRIDAY DEADLINE... Springfield Travel Service... 210 Mountain Ave., Springfield, N.J. DR 9-5767

Bob Lissner's SPRINGFIELD PHARMACY. Serving the Community of Friends... FREE! SPECIAL PANTS HOSE! Imported from Israel... 20% OFF ON DEVELOPING... 376-7125

Four from township make list at Rutgers. Students from Springfield have been named to the dean's list at the Newark College of Arts and Sciences, Rutgers University... AUG. FUR SALE... "Everything in Furs"... 866-1775

Springfield State Bank. Come see our girls in the window... She's waiting for you at our drive-in window... So, next time you can't come in... You'll agree. It's a nice way to do business... Hillside Avenue at Route 22 - Englewood and 401 at Hillside Avenue... Springfield, New Jersey 07001



KNIGHTS INSTALL—Thomas DiFronzo of Union, left, new grand knight of Springfield Council, Knights of Columbus, receives gavel from Anthony Grigolino, past grand knight. At right is Joseph Napolitano, deputy grand knight. In rear are Greg...

Historical Society will hold its annual garage item sale

The annual garage sale of the Springfield Historical Society will be held on Saturday from 10 a. m. to 6 p. m. at the historic Cannon Ball House, 128 Morris avenue.



WASHINGTON WORKSHOPS congressional seminar sponsored by Walters Electric. Shown from Jonathan Dayton Hughes of Washington are a group of New Jersey high school students who were in the capital for the second of this summer's...

Hillside man fined \$65 on charge of possessing hashish

George M. Herold of Hillside was fined \$65 for possession of hashish under the borough's possession-of-narcotics statute by Judge James Bauer last Wednesday in Mountaineer Municipal Court. Herold was also placed on probation for six months on a charge which stems back to December 1970.

New congregation will hear plans for Jewish holy days

The membership of the newly formed Young Israel of Springfield will hear a report of the congregation's progress at a general meeting to be held on Thursday, Aug. 28, at 8:15 p. m. at the Springfield Public Library, 66 Mountain ave.

Bible classes set at Union Chapel

The Mountaineer Union Chapel, Route 22, Mountaineer, has announced that its summer Bible Vacation Bible School will begin on Monday and run for two weeks, ending on Friday, Aug. 13. This is the first time that the chapel's VBS program has run for two weeks according to the director, Paul Gossett.

Springfield family sponsoring 7-year-old in Indian program

Mr. and Mrs. Samuel Parber of 25 Cottage Lane, Springfield, are sponsoring Don Edward, a 7-year-old American Indian boy of the 1940s, in a sponsorship which will provide funds for the clothing, school supplies, personal books and spending money which will enable the child to take part in school activities.

2 Springfield students in 'Miss Brodie' cast

Two Springfield residents are members of the cast of "The Prime of Miss Jean Brodie," to be presented by the Mountain State College Summer Theater Workshop. They are Lois Anne de Garden oval and Lois Friedman of 94 Woodford rd.

1,300 enrolled in summer study

Almost 1,300 students are "bitting the books" in the Union County Regional High School District summer session, it was announced this week by Warren H. Davis, superintendent.

Mrs. Bower at Overlook

Mrs. Frances Bower, newly appointed supervisor of the visiting nurse-home care service at Overlook Hospital, comes to overlook from the background of six years in the Department of Public Health, Washington, D.C.

PUT HER IN MARSH'S DIAMOND CIRCLE

Advertisement for Marsh & Sons jewelry store, featuring a diamond ring and contact information for the store in Millburn, New Jersey.

Advertisement for Springfield & Families Mountainside, offering special rates for agents and families, with contact information for Cliffside Swim Club.

Agents win three honors

Three Springfield special agents of the Northwestern Mutual Life Insurance Co. were cited this week for outstanding life insurance sales among the company's more than 2,500 agents coast-to-coast during the 1976-77 agents' honor year.

'Outstanding' title won by resident

A Springfield woman is among seven Upstate College alumni who have been selected as Outstanding Young Women for 1976 and will be cited in the publication, "Outstanding Young Women of America."

Advertisement for Mutual Life Insurance Co., highlighting the achievements of three Springfield special agents.

Leslie Sent, 84, services are today

Funeral services will be held today from 11 a. m. to 1 p. m. at the Springfield Funeral Home, 26 E. Forest, for Leslie Sent, 84, of Orange, formerly of Springfield.

FRIDAY DEADLINE

All items other than spot news should be in our office by noon on Friday. PRESCRIPTIONS FILLED. EYEGLASSES REPAIRED. 376-6108.

Large advertisement for Toyota cars, featuring a Toyota Camry and the slogan 'ROAD & TRACK calls Toyota Camry - BEST SEDAN SOLD IN THE U.S.'.

To Publicity Chairman: Would you like some help in promoting your business? Write to this newspaper and ask for our 'Tips on Submitting News Releases'.

Large advertisement for Village Bootery No. 2, featuring high style shoes and boots, with contact information for the store in Springfield.

Rocket clubmen will offer exhibit

The Trailside Model Rocket Club, a group affiliated with the Union County Park Commission, in the Watchung Forest State Park, will offer a demonstration on Sunday from 11 to 4 p.m. The demonstration will take place on a lawn area to the rear of the Nature and Science Center.

Ars Nova presenting play by Dylan Thomas

"Under Milk Wood" by Dylan Thomas is being presented by the Ars Nova Players of Morris County. The play begins at 8:30 on Friday, Saturday and Sunday evenings through Aug. 8. The play begins at 8:30 on Friday, Saturday and Sunday evenings through Aug. 8. Tickets are available at the show. At Kumbarger's in Morristown, or by calling 318 1417.

BUYING WISELY

From Better Business Bureau of Metropolitan New York, Inc.

Dear Larrie,
I wish you'd settle something that my husband and I were arguing about. We have just bought a new house in a development and must reach a decision about a driveway. My husband wants to be a free-lance. This is because he figures himself as a hothead driver. I have a different opinion. I usually have our three children in the car along with our English dog and I know that there is no way that I can manage that driveway if it is only 7 feet wide. Aren't there regulations about this?

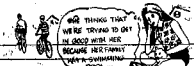
Dear Larrie,
Last week I was in a store and saw a coat with a label that stated it was a laminated fabric. I liked it, but the salesgirl didn't know what laminated was. Can you tell me—BUVER

Dear Buyer,
Laminated fabric has a backing of polyurethane foam laminated—Dial is, permanently attached to the underside of the fabric. There are two kinds, a single laminate and double laminate. A "foam sandwich." These laminated fabrics are used for dresser coats and jackets. Our reports show they hold their shape well, are wrinkle resistant and odor free. Generally they can be either washed or dry cleaned, follow the directions on the label of the garment. Lamination does not weaken fabric, for example, will hang well, do not need to be pinned.

Dear Driver,
The Asphalt Institute states that the width of asphalt pavement should be at least one and a half feet wide and any driveway should be wide and strong enough to hold heavy service trucks that may use it. As in most fields, there are a majority of reputable business and unfortunately there are a few fly-by-night operators in the concrete and asphalt driveway business. Check with your Better Business Bureau to see if there are complaints against the contractor you are considering. Also, ask the contractor for names of people for whom he has installed driveways and check with them. In any case, be sure that a contract for a driveway should contain adequate specifications: kind and depth of base, thickness of surfacing to be applied, exact dimensions of the finished driveway—and a completion date. Make sure that your guarantee is clear, specific and in writing.

Larrie O'Farrell, Better Business Bureau

For And About Teenagers



THE WORK LETTER: We are thirteen years old and have a problem. There is one girl on our block who is nice, but isn't active. She doesn't have many friends. We've tried to make friends with her. Every time we do this, it seems that we are just trying to get-in-good with her. We're not trying to get-in-good with her. We're not trying to get-in-good with her. We're not trying to get-in-good with her.

Dear Larrie,
For many years I have suffered with rheumatoid arthritis and it seems to get worse every year. A friend of mine has some sort of a secret machine which can cure me. It's very expensive. But my husband said to check with the Better Business Bureau first. So I'm checking.

Dear Larrie,
It's my wife's birthday next month and I want to buy a hair dryer for her. How do I go about choosing one?—HUSBAND

Dear Husband,
The first thing to consider when buying a hair dryer is its size and shape. If your wife travels a great deal you should choose a compact model that is easy for her to handle. If she doesn't travel, then you might want to consider a large hair dryer with a hood—so that she can relax at home. If she has a small baby, then you should consider one that she can hang over her shoulder. These particular appliances come in so many shapes and colors that your choice will really have to be based on convenience and your wife's use of the appliance.

Larrie O'Farrell

CASTING DIRECTOR—C. J. James R. Woods, director of the Citadel Summer Camp for Boys, Charleston, S.C., signs the well-decorated coat of Bob Van Buskirk while Bob's brother, Jim, looks on. Bob, 13, who is attending his third session of camp, broke his arm when a large baseball player slid into him while Bob was playing second base. This is 10-year-old Jim's first summer at Citadel Camp. Bob and Jim are the sons of Mr. and Mrs. Robert H. Van Buskirk of 1274 Virginia ave., Mountainside.

To Publicity Chalmers:

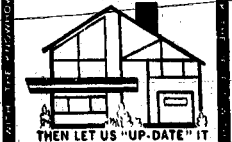
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'LAFF OF THE WEEK



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475 PARK AVENUE, SCOTCH PLAINS
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WHO WILL BE THERE!

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VIDEO-GARD

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TAYLOR HARDWARE

Sausage history

Virtually all peoples of ancient Europe are known to have produced and eaten sausage of some type. By the Middle Ages sausage-making had become an art practiced commercially in many localities.

PUNCH LINE OF THE WEEK

SUMMERS
SONG—
WHEN
YOU'RE HOT
YOU'RE HOT

TAYLOR HARDWARE

- Hardware
- Plumbing & Electrical Supplies
- Garden Supplies

122 West Broadway
201-4665

Public Notice

NOTICE IS HEREBY GIVEN that the Board of Adjustment in the Borough of Scotch Plains, New Jersey, will meet on Monday, August 2, 1971 at 8:00 P.M. in the Borough Office, 487 Route 206, Scotch Plains, New Jersey, for the purpose of receiving and acting upon applications for rezoning of certain parcels of land in the Borough of Scotch Plains, New Jersey.

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OPEN A FIRST FEDERAL SAVINGS "FAMILY FUTURE" ACCOUNT

OFFICES: NEW YORK, WESTFIELD • MOUNTAINSIDE • WOODBRIDGE • HUNTSVILLE PARK • HILL • GRANT CITY, CLARK

Dental school picks aide

Dr. Vincent returns to N.J.

Twenty-nine years ago a young man from East Orange left home to attend dental school in another state. In 1942, New Jersey did not have a dental college.

Today that Jerseyman, Dr. Gordon Vincent, is the New associate dean of the Dental School of the College of Medicine and Dentistry of New Jersey at Newark. His appointment announced by Dr. J. C. Bennett, dean of the Dental School.

At 47, Dr. Vincent has lived, taught and practiced in several different states. Now he has accepted the offer to return to his original home to "help the state dental college benefit the citizens of New Jersey with a more effective delivery of oral health care, and to contribute to the growth of its students who will eventually become the leaders and practitioners of dentistry for the people of N.J."

Dr. Vincent graduated from East Orange High School in 1939. He attended UN

UN delegates have time at fingertips

With a touch of the finger, United Nations delegates can now tell the split-second time of day in any time zone. The computer miracle, a digital electronic clock—was presented to the UN on the U.S. government's behalf by Ambassador George Bush and has been installed in the delegates' lounge.

Mounted in a wooden cabinet only 14 by 7.5 inches in size, the instrument splits out the time with revolving number wheels instead of a conventional clock face by pushing any of 24 buttons beneath a world map, a delegate can instantly read the reading to the local time of any place on earth.

As Secretary-General U Thant observed in accepting the gift: "Frequently, the exact time in various places in the world has a direct bearing upon the deliberations carried on in this house. A digital clock may thus serve as an important tool in the work of the delegates."

Rahway man awarded osteopathic scholarship

William J. Zwibel of Rahway is the winner of a \$200 scholarship awarded by the New Jersey Association of Osteopathic Physicians and Surgeons.

Zwibel will enter the freshman class of the Philadelphia College of Osteopathic Medicine in September.

FRIDAY DEADLINE
All items other than spot news should be in our office by noon on Friday.

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Our new expanded facilities will be able to take care of functions which we were previously unable to accommodate... and of course, with the Manor's incomparable Service and matchless Cuisine.

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The Manor

Prospect Avenue, West Orange, New Jersey

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graduate school at Wittenberg College in Ohio and the University of Virginia. He received his dental degree from the University of Pennsylvania in 1946. He earned an M.S. degree in operative dentistry and dental materials from the University of Oregon in 1967.

For two years, Dr. Vincent served as a captain in the U.S. Army. In 1948 he set up a general dental practice in Glenside, Pa., where he stayed until 1952. During that time he also taught at the University of Pennsylvania.

In 1960, Dr. Vincent decided to give up his practice to further his education and left with his wife, the former Judith Cull of Flemington, Pa., to attend the University of Oregon. At that time he thought he would return to the University of Pennsylvania to teach. However, when he received his M.S. degree in 1962, a position at the University of Oregon opened up and Dr. Vincent joined its staff as an associate professor of operative dentistry.

Dr. Vincent is a seventh generation Vincent in New Jersey. During the period of the American Revolution, the British gave his family a tract of land in what is now known as Livingston. The land, called the Vincent Farm, had its own pond known as the Vincent Lake. In the late 1800s the great grandfather opened a grocery store in Orange, the only one of his kind in the town.

Gordon's sister Shirley is a well-known today as a chemist at Bell Labs in Murray Hill. Gordon's wife lives in Portland, Ore., and he is a musician from Monclair State University. While in Oregon, she earned a certificate in piano from Portland State University. Dr. Vincent and his wife have three children: Tom, 9 months; Doris, 2; and Carol, 3. Dr. Vincent also has two other children by a previous marriage who live in South Jersey, Cheryl, 17, and Rodney, 24.

Dr. Vincent's wife has three children, will reside in Blisking Ridge, N.J.



DR. GORDON VINCENT

Statewide appeal for blood donations issued by hospitals

Jack W. Owen, president of the New Jersey Hospital Association, has issued an urgent appeal for blood donations by New Jersey residents in an effort to alleviate a critical shortage of blood throughout the state and across the country.

"Ordinarily," said Owen, "blood banks have on hand a certain number of surplus units of blood which can be shipped to banks throughout the state when needed. Hospital blood banks contact the New Jersey Blood Exchange headquartered here at the Association to acquire type specific units of blood which they may need. However, the exchange is having a difficult time locating units of blood for hospitals in need."

Blood shortages are not uncommon during the summer months, Owen noted. This is due in part to the fact that many of the regular donors who use blood banks deposit do not give blood as often during the summer and many vacation away from their homes.

"I appeal to all residents of the state to help meet the serious shortage of having 'blood'," said Owen, offering the following suggestions as to how individuals could help during this community crisis.

"Call the blood bank nearest you and make an appointment to donate a unit of blood. While you're at it, join a blood donor group at your local hospital—donate regularly. Encourage the college students home for the summer in your neighborhood to visit their local bank and, if eligible, donate now."

USDA beefing up inspection criteria

WASHINGTON—Inspection of beef carcasses for cleanliness a program developed by the U.S. Department of Agriculture to expand current surveillance of beef carcasses—becomes mandatory in federally inspected plants on Monday. Officials of USDA's Consumer and Marketing Service said the new beef carcass inspection requirement is an effort to provide increased consumer protection. It is a quality control program using statistical sampling in areas where defects that may result from improper handling, cleaning or trimming of animals on the kill floor and in dressing areas of the plant.

The new program will provide inspectors and plant operators with specific standards in how beef carcasses should be handled to avoid contamination. It will also give inspectors definite criteria for accepting and rejecting beef carcass lots, based on nationally uniform statistical sampling procedures.

Every Sunday 4 to 8 P.M.

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WORST SUITS & DOUBLE KNIT SWEATER SUITS

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Famous Maker

BODY SHIRTS

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FAMOUS MAKER

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With Original Price

OLEG CASSINI SUITS

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\$4.95

TIES

Reg. \$5 to \$7.50

3 for \$9

Reg. to \$12.50

3 for \$11

NEW FALL

DESIGNER SHIRTS

Reg. \$6.75 or \$7.50

\$4.95

TIES

Reg. \$5 to \$7.50

3 for \$9

Reg. to \$12.50

3 for \$11

Federal funds will aid project to test pre-schoolers' hearing

"Project Pre-School" a program for early detection and education of hearing-impaired children from birth to five years of age, conducted by the Mount Carmel Child Hearing and Speech Department, has received \$300,000 of funding from the U.S. Department of Health, Education & Welfare. Division of Education & Training Center for the Deaf to continue in over two-year project for early identification of children with a hearing loss so that they may be placed in a special pre-school program and follow the necessary educational stimulation which is provided for normal growth and development of the child.

The project has been in progress since 1980. The first pre-school classes under this program were instituted in September 1987. During the first year of operation, 100 children followed a four-year program in Newark, Jersey City, and Elizabeth and the surrounding communities. Summer sessions during the next few months will continue in Elizabeth and Newark.

Thirty children of approximately 20 percent of deafness have been identified with a profound hearing loss. The national deafness prevalence is 1 in 100 per cent. Mrs. J. Roberta Roberts, coordinator of the program, said the program is "one of the most significant endeavors which have contributed to the success of the first year of operation and the process will continue."

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GOP appointments Can't get off the ground? 94 conservation units

Join study on fear of flying

Have you been putting off that trip to Europe because you're afraid to fly? Do you have to vacation in areas without driving distance? The Psychiatry Department of the College of Medicine and Dentistry of New Jersey Newark-Cover medical school, may be able to help you solve your problem. While you help them with a research study on the fear of flying.

Myron Delbanco, assistant professor of psychiatry, explained that the department is conducting a research study to test the use of anxiolytic medications to eliminate the fear of flying. With the cooperation of United, Eastern, Pan Am and TWA airlines, Pratt and Whitney Airlines. Part of New York University, Humblebird, Coca-Cola, Pepsi-Cola, Ballantine and Lushan Travel Services, they have put together a carefully edited film, using TV commercials, and has added a sound track. It is expected that by viewing these psychologically oriented movie clips, people will learn to counter the anxiety they

"Three young members of the Republican Party have been named to top advisory posts by GOP State Chairman John E. Dimon. Joseph Abate, 21, chairman of the New Jersey Youth Council, Fred Cantini, 19, chairman of the College Republican Organization, and Michael Coleman, 17, chairman of the Young Republicans of New Jersey, have been selected as co-chairmen of the annual statewide task force.

In discussing the GOP State Committee's role in providing opportunities for young people, Dimon said the task force will have as its main purpose a resolution in April to urge the legislature to approve the 11-year-old vote restriction initiative. A state-wide youth committee was appointed, headed by Union County Chairman Richard G. School "who is already at work lettering community leaders and developing materials for young voters," Dimon said.

Municipal governments in 94 communities have passed ordinances under the authority of state legislation enacted in 1968 which allows local governments to establish local conservation commissions.

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State Fair seeks queen

According to Fred Kroll, general manager of the New Jersey State Fair, the deadline for the submission of applications for the Miss New Jersey State Fair Contest.

"Judging will be held on Sept. 1 at the Steel Pier in Atlantic City, and the winner will reign over the grounds of the festive event, which will run from Sept. 10 to 19.

Contestants must be Garden State residents between the ages of 18 and 25. Applications may be obtained from the New Jersey State Fair, Box 669, Trenton, N.J., 08649.

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Bridge job will be done 'round clock

Transportation Commissioner John C. Kroll said work will start on the \$10-million project to improve the 1.5-mile-long bridge over the Passaic River between Newark and Newark Heights. Bids for the work are to be delivered, and continue for six weeks, to the first week of November.

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Foundation seeks aides

The Music Foundation for the Visually Handicapped, a non-profit organization of volunteer music instructors and workers, is undertaking a drive for new members and music instructors to assist in its program of providing free instruction and instruments to the visually handicapped in New Jersey.

The foundation now starting its second year, is teaching 40 visually handicapped students in four counties and hopes to triple the free program to thousands more throughout the state.

Deck Frinkhouse, musical director of the organization, is seeking to hire and contract volunteer musicians who will volunteer their services to the foundation.

"It is not necessary to be an expert musician in many cases a good 'bar' player can do a good job of teaching a blind person," Frinkhouse said.

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Canoeing can be campy

Authors look at little rivers

New Jersey to many people, means urban sprawl, the non-aesthetic vistas of swamp and industry viewed from the Turnpike and pollution of the air and water.

James and Margaret Cavley, veteran canoeists, are trying to change this image in the revised edition of their book, "Exploring the Little Rivers of New Jersey," recently reissued by the Rutgers University Press. The book is first published in 1962.

"We may explore this charming countryside quickly paddling a canoe down any one of the many little rivers of the state," the authors declare. "Exploring by canoe enables one not only to savor the smell of the pines and cedars and observe the wildlife along the streams, but also to get to know the rivers in a way no possible otherwise."

state rivers and the historic Delaware and Hudson Canal. They found "surprisingly little canoeing in the conditions of our streams." In the 20 years between the first and third editions of their book. A second edition was printed in 1969.

In a few of our rivers there is noticeable pollution, but most of them seem still clean," the authors state. "Perhaps the current efforts to restore our environment will have our little rivers from further spoilage before it is too late."

The Cavleys (he is 70 and she is 74) have been canoeists for more than half a century. They met on a canoeing trip and were married in 1930. For their honeymoon they took a canoeing-camping trip. Their three daughters were brought up to be canoeists and the current edition of their book is dedicated to them.

IN THEIR BOOK, the Cavleys describe their experiences a year ago re-exploring 16 of the

"THEY ARE ABLE to launch a canoe in a river, where conditions are sometimes truly in every sense of the word, where mile after mile the stately white cedars surround the canoeist with beauty, with the fast, foam-flecked water rushing round the bend, makes such a day on a river a rare adventure," the authors write.

They describe their experiences canoeing on the rivers of South Jersey, including the Mullica, Maurice, Batsto, Wading and Great Falls. The Trenton region flowing through an area covering a quarter of the state. The Cavleys also discuss their canoe trips on such Northern New Jersey rivers as Paulins Kill, Musconong, Linnaps, Passaic and the North and South branches of the Raritan.

Other rivers, including Toms and Manasquan also are covered in the book. A chapter is devoted to the Delaware and Raritan Canal.

The book is liberally illustrated with photographs and maps and contains helpful information concerning public and private camp sites along the river banks.

Buoy, what an idea

A new buoy system for recording and surveying oceanographic and meteorological data is being tested in the North Sea and the Baltic. Recorded data is transmitted to land. To supply the power for the electronic recording and transmission are tiny nickel-cadmium batteries, recharged by solar cells, are incorporated into the buoys.

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HERE'S A GOOD TRIP — In their revised book, "Exploring the Little Rivers of New Jersey," septogenians James and Margaret Cavley tell of the charms of paddling a canoe

along the state's waterways. The veteran canoeists say there has been little change in the conditions of the streams since the book was first published in 1962.

Arts unit elects

New officers have been elected by the New Jersey State Council on the Arts.

Edward A. Ring of Titusville has replaced Dr. Samuel Pratt as chairman. Lynn E. Gerben of Princeton and Franklin V. Fischer of Dover Township, Toms River, were elected vice-chairmen.

Health plans will be topic

CHICAGO — Proposals for restructuring the nation's health care delivery system will be a topic in the 73rd annual convention of the American Hospital Association at McCormick Place, Aug. 23-26.

Coin show planned

The eighth annual coin show of the Monmouth County Coin Club will be held on Saturday and Sunday, Aug. 7 and 8 in conjunction with the City of Long Branch Department of Recreation, Parks and Con-

servation and the Summer Festival Committee at the National Guard Armory, just off Ocean Avenue at the north end of the boardwalk. Admission is free and the show is open to the public.

Rt. 287 reflectors now hold the key to signalling for help

Units for stranded motorists on an 8.3-mile stretch of Interstate Rt. 287 in Middlesex County may be found at the nearest roadside delineator post, according to a Transportation Department spokesman.

In the department's effort to find a dependable and economical way for motorists in distress to summon aid, the Division of Research and Development is conducting a two-month test of an experimental emergency call system on the freeway from the vicinity of River Road in Piscataway Township to the South Main Street interchange in Metuchen.

The heart of the simple and inexpensive device being tested is a low-voltage buried cable that is connected to a switch on each delineator post. Delineator posts are short, reflective metal posts installed along the edges of highways, about 20 feet apart, for night driving guidance. When a motorist presses a reflector button on the delineator post, an electrical circuit will be broken and an alarm will sound in the department-managed monitoring station situated within the test area. The exact location of the delineator post from which the signal emanates will be instantly announced by an electronic instrument.

A vehicle will be dispatched to the motorist in distress to determine the type and extent of assistance required. Whatever help is needed will be requested by radio transmitter without further delay.

During the test period of July and August, the Department will handle the emergency calls on an around-the-clock basis every day of the week.

The cost of this experimental project is being financed by the federal and state governments on a 50-50 basis.

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UN adopts earth logo

As the official emblem of its forthcoming ecology conference, the United Nations has adopted a new logo symbolizing the interrelationship between man and his environment.

Bracketed within the UN seal's laurel branches, the emblem depicts a stylized man superimposed on a circle representing the earth.

The motif, aimed at trade-marking the Conference on the Human Environment held in June in Stockholm, will be reproduced on posters, banners, matchbooks and all UN material connected with ecology.

The emblem comes from the drawing board of Robert Perrot, a United Nations staff artist who has designed many of the UN Postal Administration's postage stamps.

Four UN stamps bearing the design will be issued next year to coincide with the conference. Besides the emblem, the UN has adopted the "One World" conference slogan.

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Employers urged to develop veterans training programs

Employers are being urged to develop OJT (on-the-job) training opportunities for returning veterans. The director of Veterans Affairs Donald B. Johnson noted that approximately 100,000 veterans are currently taking on-the-job training (OJT), and that this has been an opportunity for OJT since the program began in October.

Johnson pointed out that there are many job and training opportunities available. He noted that one way to provide them is through OJT programs. He said that OJT covers a wide range of occupations, including many in such areas of public need as health care, welfare, recreation, education and pollution control. He said that OJT programs are being developed with employers in cooperation with OJT membership chairman. Johnson stressed to employers that veterans may participate only after state-approved agencies have approved the program.

Administrator Johnson cited a program sponsored by the Environmental Protection Agency as an example of how veterans are being trained in areas of public need. He noted, too, that the Department of Defense now allows servicemen to be trained for various occupations during their last six months of military service. Last year, 30 servicemen began training as waste water operators as that program got under way. VA paid them after discharge while they took OJT. This year, the Environmental Protection Agency has approved 200 servicemen for this type of training. When they begin job training, veterans receive from their future employers at least half the salary of the job they are being trained. In addition, VA pays veterans with no dependents \$100 the first six months of OJT, \$80 the second six months, \$64 the third and \$48 the last six months of training. The VA chief urged veterans interested in OJT to contact potential employers. Employers interested in establishing OJT programs should contact the VA Regional Office, 20 Washington pl., Newark 07102, or telephone 201-495-2150.



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My Neighbors

Today a dump—tomorrow a lovely spot—again a place where people will leave their tracks.

JWV Post 309 to hear reports on drives, convention

Plans for the national convention in Minneapolis, Minn., next month will be discussed Monday night when the Central Louisiana Post 309 of Irvington-Union, Jewish War Veterans has its second summer meeting. The meeting will begin at 8:30 in the William Postman Memorial Room, Service Men's Clubhouse, 1113 Springfield ave., Irvington.

Discussion of a membership program will include a special drive to "Employ the Returning Vietnam Veteran." The discussion will be presided over by Mrs. Lillian Berger, Irvington, OJT membership chairman. The drive will be with Elm-Linger Road #72.

Members will report on the past year's participation in a "Salute to Veterans" program at the Woodbridge Shopping Center, OJT-26-27, sponsored by the Allied Council of New Jersey Veterans Organization.

All Silvermen of Irvington, Gilbert Sasser and Daniel Piller of Union and Aaron Seibenberg of Millburn, delivered reports on civic, youth and community programs. Milton Ness of Irvington is post commander.

State Council on Arts to hold exhibition for 'unrecognized'

Is there a young man in your neighborhood whose metal sculptures in his garage... or a young woman who spends weekends in the countryside painting landscapes?

Do them a favor. Urge these talented young artists to enter the statewide talent search being conducted by the New Jersey State Council on the Arts.

"We urge everyone who has artistic acquaintance to spread the word about the talent search, for this is a great opportunity for New Jersey's creative people," according to Byron K. Kelley, executive director of the State Council on the Arts. "We are looking for the unrecognized artists in the Garden State between 20 and 26 years of age who have talent in sculpture, environmental, painting, films, mail handings, etc. etc."

The search will culminate in an annual exhibition, "Discovery: Young Artists of New Jersey," to be held at the Rutgers University Art Gallery from Nov. 31 through Dec. 31.

"This will be an unexcelled chance for talented young artists to gain recognition throughout the state," Kelley said. "The State Council on the Arts sponsors a teenage talent festival, and older artists can compete for entrance to the annual show at the Newark Museum and the State Museum in Trenton."

The show has been planned to attract young artists in a unique opportunity for exposure for the generation of artists in between these groups.

The show has been planned to attract young artists in several ways. All entrance fees will be waived. Virtually all media are eligible. The only restrictions are that entrants live or work in New Jersey and that they have not exhibited at the Newark or Trenton annuals. The deadline for entries, limited to two per person, is October 30, but details are being announced at this time so that artists will have ample time to complete their works during the summer. Copies of the prospectus may be obtained from the Rutgers Art Gallery, 111111 Street, Newark, New Jersey, 07102, telephone 201-974-1196, extension 6277.

In addition to the exhibition at Rutgers University, which was selected for its central location, Kelley noted, "works chosen by the panel of jurors will go on a 16-month tour, but covering the entire state."

The New Jersey State Council on the Arts offers guidance and financial support by programs in all of the arts in communities throughout the state, promotes participation in arts activities, improved training in the arts and the development of a "new audience" for the arts. Its offices are in Trenton.

Auto cards highlighted by qualifying features

Qualifying feature races will be highlighted for the next three weekends at Wall Stadium, Rt. 24 Belmar. Saturday night, in addition to the 1000cc and 125cc classes, the 1000cc class will be battling for a guaranteed starting spot in the All Star Classic Tuesday night, Aug. 1, at Wall Stadium.

The Saturday night 700cc modified sportswinner will earn a spot in the Big Longhitter. To race here, too, Saturday, Aug. 1, the winner will earn a place in the Trenton 200 Aug. 22.

25 nations listed as least developed

In a graphic illustration of the gap between rich and poor, a new United Nations report sets down three main criteria for labeling a country as one of the world's "least developed." In 15 countries, the UN says, per capita income is less than \$100 a year, manufacturing accounts for less than 10 per cent of the gross domestic product and the literacy rate is below 20 per cent for 15-year-olds and over.

The report lists 25 countries as the "least developed." The majority of them are in Africa. One (Western Samoa) is in Oceania, and seven are in Asia. In Latin America, only Haiti still falls into that category.

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VA warns visiting vets

Joseph J. Mulvan, director of New Jersey VA regional office, Newark, said this week that veterans planning to travel abroad this summer have been warned by the Veterans Embassy, one of the only "host" with service-connected disabilities may call upon the government for help should they become ill. All were warned to take along enough medical supplies to meet anticipated needs.

If a veteran with a service-connected disability should fall ill during his overseas vacation, he may apply to an American embassy or consulate for hospitalization. And if he turns up at a hospital in his own, in an emergency, he may receive government compensation provided he notifies authorities within 15 days after hospitalization.

Retired servicemen, however, are eligible for medical benefits at U.S. military hospitals and clinics, the VA said.

And veterans living abroad, or planning to do so for a spell, may attend foreign schools that have VA approval. Those wishing detailed information on this score should contact the VA Regional Office, 20 Washington pl., Newark 07102 or telephone 945-2150.

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Labor report

Substantially less than half the workers in the nation's private sector are covered by private retirement plans.

This fact is revealed by a Bureau of Labor Statistics report that says only 45 percent of private nonfarm workers do not have pension or deferred profit-sharing plans. Moreover, even in establishments with plans, some of the employees usually part-time, temporary, and short-term workers do not participate.

The article "Incidence of Private Retirement Plans," by Emerson Heber, a labor economist in the Division of General Compensation Studies, Bureau of Labor Statistics, and refers to the latest year for which data are available 1969.

Heber reports that the proportion of workers with a plan differed markedly from one industry division to another. In the trade and service divisions, for example, over 70 percent of the workers were in such plans, compared with less than one fifth of those in mining.

Variances in the incidence of private plans reflect differences among establishments in level of compensation, organization of workers, and establishment size. Where compensation averaged less than \$2 an hour, 34 out of 10 workers were in groups with no retirement plans but, where average hourly compensation was \$2 or more, only 10 out of 10 were without coverage.

Uninsurance was a significant factor, only 16 percent of uninsured workers were in groups without plans, and 34 percent of those in insurance situations being without plans. Here again, the prevalence of coverage varied with the level of compensation. Where average compensation was \$5 an hour or more, only six percent of union workers lacked coverage, but 39 percent were without coverage, where compensation was below \$2.50 an hour.

In small establishments—fewer than 100 employees—73 percent of the workers were in groups without coverage. Where there were 500 employees or more, the percentage was only 10 percent. These figures are, of course, since large establishments are more likely to be unionized, and workers in unionized plants generally have better wage levels.

THE WHOLESALE PRICE INDEX of all commodities rose four-tenths of one percent in July 1971 from 166.3 in June, the U.S. Department of Labor's Bureau of Economic Statistics reports.

The industrial commodities component advanced two-tenths of one percent, to 167.2. Farm products rose 1.8 percent and meats and foods 1.2 percent. Together these two commodity groups accounted for more than 60 percent of the increase in the all-commodity index. In June 1971, the Wholesale Price Index of 113 (1967=100) was 34 percent more year earlier.

On a seasonally adjusted basis, the Wholesale Price Index increased 0.6 percent in July compared with 0.3 percent the previous month. Industrial commodities were up 0.3 percent compared with 0.4 percent in May. In June, the index rose 0.2 percent while processed foods and feeds declined 0.8 percent from the six-month period from December 1970 to June 1971, the all-commodity index rose at a seasonally adjusted annual rate of 5.9 percent over the industrial commodities index of an annual rate of 4.1 percent.

PRESIDENT NIXON has signed into law legislation that will provide more than 150,000 public-service jobs for the unemployed and the underemployed.

In signing the measure, the President asked the Congress to act "swiftly and with dispatch" in appropriating \$1 billion authorized this year for the Emergency Employment Act of 1971.

"America needs more jobs, and it needs them now," the President declared. "This administration is working to meet this need."

The public-service jobs provided by the act will be in such areas as environment, health, education, public safety, crime prevention, arts, transportation, parks, maintenance, recreation, rural development and sanitation.

President Nixon expressed special pleasure that "our veterans will be favored by the act, and that those with little or no job training, such as unskilled youth, will also have a chance to get jobs through this measure."

Relief under the act will be "speedy," the President said. "The act is designed to provide public activities supported do not require long lead times before their job impact is felt, such as are characteristic of public works construction projects."

A "very important" feature of the act, he added, is that jobs will be "transitional." This means that they will lead people into permanent jobs and not be a substitute for them.

The law carries authorization for two years and will be triggered when the national unemployment rate is at 4.5 percent or above for three consecutive months.

The act also authorizes a separate program for localities which may suffer from continuing high unemployment. "This means that a given city which experiences unemployment of six percent or above for three months will receive added assistance for its extra needs from a special \$200 million authorization," Nixon said.

In signing the measure, the President cited two other legislative proposals that would expand employment opportunities:

—The welfare reform program, whose public-service employment provision would allocate \$80 million for public-service jobs for some 300,000 men and women.

—The manpower revenue sharing program, which would provide State and local governments with \$2 billion for manpower training in the next year. These funds could be used for public-service jobs if the work is "transitional" in character.

For helpful hints on nutrition
listen to Dr. F. J. Stare, For Health's sake
on Mondays, Wednesdays & Fridays
over these following stations

Over these following stations:

NEW YORK WFAS 12:45 P.M.
NEW JERSEY WVNJ 12 Noon
LONG ISLAND WHIU 9:57 A.M.

Chicken Breast
FRESH, SPIT, WASH-RIBS, FRY BROIL, BAKE B-B-Q!

65¢

lb.

Rump Roast 51¢
Silver Tip Roast 51¢
Calif. Roast 89¢
Calif. Steak 89¢
Fillet Steak 51¢
Veal Steaks 89¢

PRICE-MINDING FOR FUN IN THE SUN!

BEEF ROAST

Top Sirloin, Bottom Round or Cross Rib (Shoulder)

BONELESS

95¢

lb.

Naturally Aged for tenderness & flavor.

RAINBOW TROUT
FANCY IMPORTED

99¢

lb.

Cod Fillet 69¢
Halibut Steaks 99¢
Clams Casino 89¢
Fish Cakes 2.99

Roasting Chickens
FROM THE SHOULDER

53¢

lb.

London Broil
BONELESS BEEF

1.29

lb.

Franks 99¢
"Cure 81" Ham 1.29
Fried Chicken 2.19
Finest Franks 79¢
Finest Franks 49¢

SUPER Finest

Fried Chicken
NEW! WEAVER DUTCH FRY Fully Cooked-Bread with ribs, thighs, wings & Drumsticks-Frozen 1 1/2 lb. pkg.

\$1.69

Sliced Bacon 59¢
Colonial Bacon 69¢
Swift's Bacon 79¢
Ham Steaks 1.29
Sausage Meat 79¢
Smoked Tongue 79¢

FROZEN FOOD FAVORITES

Chock Full O' Nuts
POUND CAKE

59¢

lb. pkg.

Green Giant 29¢
Tasti-Stripes 25¢
Orange Juice 25¢
Apps Lasagna 69¢
Chow Mein 69¢

Hawaiian Punch
ALL FLAVORS

28¢

1-qt. 14-oz. can

Heinz Beans
WITH PORK OR TOMATO SAUCE

13¢

1 lb. can

Bologna
SUCED TO ORDER!

89¢

lb.

Virginia Ham 69¢
Cooked Corned Beef 99¢
Creamy Cole Slaw 29¢
Hebrew National 99¢

Tomato Juice
HIBBY'S SAVE HARD CASH

10¢

1/2 qt.

Prune Juice
FINEST PRICE MINDING!

33¢

1 qt.

PEACHES
JUICY SWEET EATING! ONE PRICE ONLY

19¢

lb.

Fresh Jersey Corn 5-39¢
Fresh Green Cabbage 7¢
Kraft Orange Juice 79¢

Borden's Frosted Shakes
ALL FLAVORS

15¢

9 1/2-oz. can COOL & REFRESHING

Drinks 6.43¢
Muenster 8.49¢
Kraft Swiss 6.49¢
Margarine 5.55¢
Kraft Swiss 1.99¢

Facial Tissue
KLEENEX AMERICAN! SAVE CASH!

6.1

pkgt. of 125

Canned Soda 10.89¢
Bathroom Tissue 10.75¢
Sunshine Fig Bars 47¢
Burry Funchies 43¢
Mister Salty 41¢
Kosher Dill Chips 69¢

Imported Tomatoes 2.15 \$1

HEALTH & BEAUTY AIDS

Baby Shampoo 88¢
Right Guard Baby Oil 66¢
Right Guard Baby Oil 49¢

White Plates 59¢
Apple Pies 55¢

English Muffins 4.95 \$1
Bread Sale 3.25 \$1

Jumbo Towels
VANITY FAIR 30 OZ. LAIN 125 sheet roll

25¢

Table Napkins
FINEST WHITE 250 to pkg

33¢

Sliced Pineapple
GIBSNA 1 1/2 lb. can

25¢

Geisha 27¢
Geisha Small Shrimp 53¢
White Tuna 47¢
Baby Clams 39¢
Kosher Dill Chips 47¢
Heinz Cider Vinegar 39¢

NEW-LOW-PRICE!

WAYNE DOG FOOD

MEAL-BITE-CHUNK SIZE
Buy in 25 or 50 lb. bags for convenience...and savings!

100% FRESH FROZEN BEEF!
Stuck Up Now

MILLBURN FEED CO. Inc.
379 Millburn Ave., Millburn, N.J. 07041
David S. Miller, President

Manufacturer's Coupon

THIS COUPON WORTH **10¢** towards the purchase of 1 lb. of **West Pine Disinfectant**

THIS COUPON WORTH **10¢** towards the purchase of 1 lb. of **Tetley Instant Tea**

THIS COUPON WORTH **10¢** towards the purchase of 1 lb. of **Gulf Flying Insect Aerosol**

THIS COUPON WORTH **10¢** towards the purchase of 1 lb. of **Sweet 'N' Low Sugar Substitute**

THIS COUPON WORTH **50¢** towards the purchase of 6 oz. of **Maxim Freeze Dried Coffee**

THIS COUPON WORTH **10¢** towards the purchase of 1 lb. of **Meatime Cooked Meat Balls**

THIS COUPON WORTH **15¢** towards the purchase of 1 lb. of **Nestle Iced Tea**

BLOOMFIELD
331 Broad Street & Osborne Ave.
IRVINGTON
1301 Springfield Ave. & Bussie Place
SPRINGFIELD
727-763 Morris Tpke. & Morris Street

PRICES EFFECTIVE THRU SAT., JULY 31st. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

THE STATE WE'RE IN

By DAVID F. MOORE, Executive Director, North Jersey Conservation Foundation

THE STATE WE'RE IN... The Department of Environmental Protection... at least the department, through its Division of Parks, Forestry and Recreation...

It is a proposal for construction of a state-owned marina on the water at Barnegat Bay... of Inland Beach State Park and a public hearing on this idea which has already generated a lot of heat among us at the North Jersey Conservation Foundation...

I think the state should stay out of the marina business and leave it to the private sector... building a marina at the proposed location...

It would be far better to provide public transportation to the park to cut down on the numbers of cars... a channel would be dredged to provide boat access on the Inland Waterway in the Barnegat Bay...

It is true that the division, in proposing a merely state policy on maintaining Inland Beach State Park... the northern third of the park is a natural area with surf fishing for a limited number of sportsmen and ecological studies...

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reexamined its Inland Beach policy and firmly backed away from its policy... danger the natural values of the narrow Inland Beach... a surprising number of New Jersey teachers are not allowed access...

Even if 125 miles of New Jersey beaches were available to the public, it would hardly be enough to support the recreational needs of New Jerseyans and out-of-state visitors...

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MRS. JAMES ELLOWITZ

James Ellowitz, Miss Rosenbaum are wed Sunday

Ellen Terry Rosenbaum, daughter of Mr. and Mrs. Seymour Rosenbaum of West Orange, was married Sunday to James N. Ellowitz...

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Opera Committee prepares activities for coming season

The Mountaineers' Committee of the Opera, Director of New Jersey held a luncheon recently at the home of Mrs. Althea...

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Mrs. Collyer will be chairman of Children's Aid benefit gala



MRS. EDWARD COLLYER

Mrs. Edward Collyer of 139 Grouse Lane, Montclair will serve as chairman of the fourth annual fund-raiser for the Children's Aid and Adoption Society of New Jersey...

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EVANGELIST BAPTIST CHURCH 240 SHUNPIKE ROAD, SPRINGFIELD... REV. JAMES C. WESTWELL, ASSISTANT PASTOR... Sunday-9:45 a.m., Sunday School for everyone, 11 a.m., morning worship, 11 a.m. Junior Church, 7 p.m., evening Gospel service, congregational singing, special musical numbers and a message from the pastor at the life of Elijah, 8:30 p.m., young people's "sing-a-long," Nursery care at both services.

TEMPLE SHARBY BILHAM BETHLEHEM CHURCH OF THE UNION OF AMERICAN HEBREW CONGREGATIONS SOUTH SPRINGFIELD AVENUE AND SHUNPIKE ROAD... RABBI HOWARD SHAPIRO... Tomorrow-8 p.m., Sabbath evening service in Temple Library. Services will be conducted by Leonard Sherman.

HOLY CROSS LUTHERAN CHURCH (THE CHURCH OF THE RADIO "LUTHERAN HOUR" AND TV'S "THIS IS THE LIFE") 630 MOUNTAIN AVE., SPRINGFIELD... THE REV. RENE J. STUMPE, PASTOR... Sunday-8:30 a.m., Holy Communion, 10:45 a.m., worship.

FIRST PRESBYTERIAN CHURCH MORRIS AVENUE AT CHURCH MALL, SPRINGFIELD... PASTOR: THE REV. BRUCE W. EVANS, D.D. DIRECTOR OF CHRISTIAN EDUCATION: MRS. SHEILA MILBOURN... Sunday-10:30 a.m., union summer services will be held during the month of August at the Springfield Emanuel United Methodist Church on Church Mall. Child care will be provided.

SPRINGFIELD EMANUEL UNITED METHODIST CHURCH MALL AT ACADEMY GREEN, SPRINGFIELD... JAMES DEWART, PASTOR... Sunday-9 a.m., German worship service conducted by Theodore Kemlinger, Jr. 10 a.m., union summer worship services at the Methodist Church with members of the First Presbyterian Church sharing in the services. "Dinner or Chaper" will be the title of the morning sermon by the Rev. James Dewart, pastor of the United Methodist Church. William Hessel, chairman of evangelism, will be the lay reader for the service. Nursery care will be available during the service in Wesley House, 11 a.m., fellowship period will follow, and sung service by Methodist Men. Pastor James Dewart will be available to meet pastoral needs of both congregations.

ST. STEPHEN'S EPISCOPAL CHURCH 129 MAIN ST., SPRINGFIELD... REV. JOSEPH D. HEARING, RECTOR... Sunday-8 a.m., Holy Communion-10 a.m. Holy Communion and sermon, First Sunday and festival occasions; morning prayer and sung service through Holy Week, 7:30 a.m., Church School, Baby-Sitting of 10-12 weeks, when announced.

TEMPLE BETH AM BETHLEHEM CHURCH OF THE UNION OF AMERICAN HEBREW CONGREGATIONS BALTHASOR WAY, SPRINGFIELD... RABBI REUBEN R. LEVINE... Tomorrow-8 p.m., Sabbath service. Services will be conducted by Leonard Sherman.

ST. JAMES 455 SPRINGFIELD AVE., SPRINGFIELD... MSGR. FRANCIS COVILE, PASTOR... REV. EDWARD ORSHULTZ, ASSISTANT PASTOR... REV. PAUL J. KOCH, ASSISTANT PASTOR... Saturday-Masses at 7, 8:15, 9:30, and 10:45 a.m., and at noon. Daily Masses at 7 and 8 p.m. Confessions Monday through Friday from 7:15 to 7:45 p.m. No confessions on Sundays, Holy Days and eve of Holy Days. Masses-On eve of Holy Days at 7 p.m. Holy Days at 7:45 and 10 a.m., and 7 p.m. Baptism-2 p.m. Arrangements must be made in advance.

ANTHONY BAPTIST CHURCH MEADOWS ROAD, SPRINGFIELD... REV. CLARENCE ALSTON, PASTOR... Saturday-9 p.m. Church School choir rehearsal. Sunday-9 a.m., Sunday School 11 a.m., worship service, 7 p.m., evening fellowship. Wednesday-8 p.m., midweek service.

MOUNTAINSIDE UNION CHAPEL RT. 22, MOUNTAINSIDE... REV. DONALD BENJAMIN PASTOR... Sunday-9:45 a.m., Sunday School for all ages, 11 a.m., morning worship service, 7 p.m., evening fellowship services. Wednesday-8 p.m., mid-week prayer service.

OUR LADY OF LOURDES 360 CENTRAL AVE., MOUNTAINSIDE... REV. GERARD B. WHELAN... REV. RAYMOND D. AUMACK, ASSISTANT PASTOR... Sunday-Masses at 7, 8:15, 10:30 a.m., and 12 p.m. Tuesday evening Mass-7 p.m. Wednesday-Masses at 7 and 8 a.m. Great Friday-8 a.m. and 11:30 a.m. Miraculous Medal Novena and Masses-7 p.m. Benediction during the school year on Friday at 8:30 p.m. Confessions-8 a.m. and Monday at 2 p.m., by appointment. Confessions-Every Saturday and eve of Holy Days and First Friday from 8:15 to 8:30.

COMMUNITY PRESBYTERIAN CHURCH 166 BROADWAY, MOUNTAINSIDE, NEW JERSEY... MINISTER: THE REV. ELVA M. TALCOTT... MRS. LINDA GAUL... Sunday-9:45 a.m., summer youth program (ages 14-18). Sunday-10:30 a.m., summer worship service. Mt. Zion preaching, 10:30 a.m. from the Dora E. Crumba. Child care during service. Sunday-1:30 p.m., summer youth program (ages 14-18).

Eggs, poultry booklet The U.S. Dept. of Agriculture can't tell you who came first, but USDA can tell you how to buy them. Write for a free booklet on "Eggs, Poultry and How to Buy Eggs." 228 1000 single copies of each write to: Information Center, U.S. Department of Agriculture, Federal Plaza (RM 1628), New York, N.Y. 10007. MEMBERS WANT YOUR VOTE! Send 'em your vote. Run a low-cost Classified Ad in the best advertising of any church in town!



IRENE M. SPIEGEL

Irene M. Spiegel engagement is told

Mr. and Mrs. Charles Martin Spiegel of 10 Janet Lane, Springfield, have announced the engagement of their daughter, Irene M. Spiegel, to Nicholas A. Magglio of 1809 Newark St., Newark, N.J. Mr. and Mrs. Nicholas A. Magglio of 1809 Newark St., Newark, N.J. Mr. and Mrs. Gloria Beers of Winfield Park.

Mr. and Mrs. Charles Martin Spiegel of 10 Janet Lane, Springfield, have announced the engagement of their daughter, Irene M. Spiegel, to Nicholas A. Magglio of 1809 Newark St., Newark, N.J. Mr. and Mrs. Nicholas A. Magglio of 1809 Newark St., Newark, N.J. Mr. and Mrs. Gloria Beers of Winfield Park.

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Newcomers Club will hold bazaar at Community Church

The July 20 board meeting of the Mountaineers' Newcomers Club was held at the home of Mrs. Harold Burdge. Mrs. Robert Cohen, vice-president, presided.

The "Kicker Day" bazaar sponsored by the club will be held Wednesday, Aug. 18, at the Community Presbyterian Church. The chairman, Mrs. Alan Zimbalum, announced the club members heading specific projects for the bazaar. They include Mrs. Richard Blackwell, ballet books; Mrs. Burdge, refreshments; Mrs. Joseph Walls, picture; Mrs. Helen Cahalan, Mrs. Merris DeVito, posters; Mrs. Joseph DeLuca, posters; Mrs. Lasho Reiter, glass-ware.

The bazaar will run from 11 a.m. to 5 p.m. and have varied items on sale, as well as refreshments and refreshments. Contributions by the club will be arranged by calling Mrs. Zimbalum.

Mrs. Milton Kline, membership chairman, announced Mrs. Richard Heaman, and recently held the club and that a prospective membership coffee is planned for September. Other plans of the club include the annual champagne party to be held Sept. 11 at the home of Mrs. Olyette LeGrange. Volunteers who would like to make refreshments will be reimbursed, according to Mrs. Mel Lechin, party chairman.

Club members and their husbands' led an evening swim party recently at the Mountaineers' Club. Mrs. Heaman, president, provided a background for a moonlight swim. Mrs. Henry Zimbro was chairman of the party.

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Vito doesn't pull his punches Youth displays pugilistic skills

A 12-year-old Elizabeth boy is taking Union County Parks shooting range to a new level. The boy, Vito Manno, appeared last week at Newmarket Park in Clark to train a group of boxing demonstrators today at Union Park in Springfield.

Fine is suspended on condition visitor pays bill at motel

John Hanold of Kearns was assessed \$29 costs and a \$10 fine was suspended by Judge Max Sherman. Mando in Springfield Municipal Court Hanold was charged with leaving a local motel without paying his bill. The fine was suspended on the condition that he pay the bill at Motel.

Frank's Fall. Elizabeth was fined \$15 for having a loud and broken muffler. He also paid \$30 for disregarding another signal on Mountain avenue.

Two persons were fined for speeding. They are Armando J. Moore of South Orange for going 60 miles per hour on a mile zone on Springfield avenue, and John P. Marcano of Summit, \$2 for going 44 mph in a 30-mile zone on Shopton road.

Two on dean's list

VILLANOVA, Pa. — Two students from Springfield, N.J., have been named to the dean's list for the first time in an eight-year history. The students are Joseph J. DeLuca, 20, and Joseph J. DeLuca, 20, who are students at Villanova University, according to the Rev. John J. DeLuca, dean of Villanova University.

Government work

The number of employees of state and local government will increase during the year 1977-1978, according to a report by the U.S. Bureau of Economic Analysis. The report shows that there were six million people so employed in 1969 and 9.6 million in 1976.

your week ahead

- ARIES** Mar 21 - Apr 19: Getting back into the routine of things will be a problem. You are inclined to keep things open until a decision of a superior is made. Be sure you are not overreacting to the scene of things. For most people, the first of the year is often a time of stress.
- Taurus** Apr 20 - May 20: A strained relationship among your own loved ones will be a source of concern. You are not alone in this regard.
- GEMINI** May 21 - June 20: A strained relationship among your own loved ones will be a source of concern. You are not alone in this regard.
- MOONCHILD** June 21 - July 22: Apparently, you'll be wiser as time passes. There's no one of course, an ally during the present adverse cycle. For you, the best way for those under your sign to understand look out for a younger colleague of the opposite sex. Emotional involvement is likely.
- VIRGO** Aug 23 - Sept. 22: Many under your sign will receive romantic overtures that are sincere, indeed, others will find a chance in their relationship with an associate.
- LIBRA** Sept 23 - Oct 22: Some heavy emotional play should be heading in your direction. Acquaintances and acquaintances, emotional is actually advised.
- SCORPIO** Oct 23 - Nov 21: This happens in the line of those people, when you have a much better chance to meet a nice man. Care extra, because you'll be on any discussion about the past. A rich and bold relationship could break up.
- CAPRICORN** Nov 22 - Dec 21: It's a fact of life. It seems as though a "hate" relationship has been formed. As well as the "hate" point. Don't overdo it.
- AQUARIUS** Jan 20 - Feb 18: From all other indications, you have a best start on your partnership. Take care, however, in your activities with a person that seems to come and go.
- PISCES** Feb 19 - Mar 20: It's the beginning of many big "promises" that there seems to be a work ahead. You will have to abandon one of your pet plans. Nonetheless, new experience on the wing.

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SUMMER LEASING: CALL US FOR DETAILS

Report from Trenton

By Steve Sano and Matthew J. Rinaldo

Last week Governor Cahill acted to block certain parts of the Port of New York Authority from continuing the design and construction of a hotel in the World Trade Center complex. In what represented the first procedural vote of a Port of New York Authority project, the Governor rejected the state agency's contracts for its meeting July 27.

The Governor has wisely chosen to withhold the vote over the Port Authority because, according to the chief executive of New York and New Jersey. By withholding his vote, the Governor has not ordered the Port Authority to stop the project. He has only ordered the Port Authority to stop the project. He has only ordered the Port Authority to stop the project.

Man hurt as car avoids hitting dog

Ernesto M. Bidoi of Plainfield was slightly injured Tuesday night when his car struck a utility pole on Globe avenue near Hill Lake while attempting to avoid a dog on Mountainside police. The Mountainside Rescue Squad took him to Overlook Hospital.

The police report said Bidoi was traveling on Globe avenue when he saw a dog running across the road. He hit the wheel to avoid hitting the animal when the car hit and damaged the pole.

Hahn on dean's list

Russell S. Hahn of 1841 Coles ave., Mount-Russell, was named to the dean's list for the spring semester in the College of Arts and Applied Sciences at the University of Illinois at Urbana-Champaign.

4 break-ins are reported

Four break-ins and entries were reported by Springfield police, including three Sunday. The first one Sunday, according to police, was planned at a house on Vista way. Someone forced the rear door open and the owner was unable to determine what was taken.

The fourth break-in was last Wednesday at the New Jersey Telephone Supply Co., 117 1/2 police station. Police were on a routine patrol at 8:34 a.m. when they found the side door had been kicked in. About \$30 in change was taken from the cash drawer.

Union man is arrested

Norman Lieberman, 20, of Union was arrested Saturday afternoon and charged with disorderly conduct in Springfield. He was charged with disorderly conduct in Springfield. He was charged with disorderly conduct in Springfield.

Lieberman was charged with unlawful use of an automobile. He was charged with unlawful use of an automobile. He was charged with unlawful use of an automobile.

SEW WHAT?
THE BEST SEWING MACHINE
BY LOCKE LEE

4 break-ins are reported

SEW WHAT?
THE BEST SEWING MACHINE
BY LOCKE LEE



Report from Trenton

clear to me that the Port Authority was willing to do anything. Governors Cahill and Woodrow Wilson went so far as to venture a profitable and within the agency's peculiar (unrealistic) concepts of its role.

OVER THE YEARS, the Port of New York Authority has succeeded in constructing an intricate financial and legal web that effectively insulates it against being forced to mark on ventures that it prefers to avoid. The Port Authority was dragged feet into the mass rail transit program nearly a decade ago. When it finally agreed to be dragged in, the agency was approved of laws in New York and New Jersey that effectively gave it veto power over any future forays into mass rail transit.

IN MAY the Port Authority agreed to finance and build direct ingested rail lines between Manhattan and Kennedy Airport and Newark and Newark Airport. The New Jersey law would be extended south, with the area heavily populated by commuters, including a portion of Union County.

As a longtime advocate of limiting the autonomous power of bodies like the Port of New York Authority, I am heartened by Governor Cahill's recognition of the obvious need to leave the Port Authority to order its priorities.

They Said It Like This... It is our true policy to steer clear of any permanent alliances with any portion of the foreign world.

Thought for food... NIPMOUL CINCINNATI... 1 cup light cream... 2 cups flaked, cooked... 1 tablespoon chopped parsley... 1 teaspoon lemon juice... 1/2 salt or to taste

SEW WHAT? THE BEST SEWING MACHINE BY LOCKE LEE

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Motorist charged with drug, traffic violations in crash

Stephen D. Rapp of Brantley Heights was arrested last Tuesday by Springfield police and was charged with two motor vehicle violations and two drug offenses following an accident. The arrest came after his car collided with a vehicle driven by David Rubin of 112 Troy Dr., Springfield, at the intersection of Milltown road and Metcal avenue.

The motor vehicle charges are driving while under the influence of drugs and careless driving. The others are being under the influence of a narcotic and possession of narcotic paraphernalia. Police said the latter charge was placed after the investigating officer found paraphernalia which he alleged was in the vehicle's glove compartment. According to police, the accident involving the vehicles occurred at 8:30 a.m. The Rubin vehicle, owned by a White House Laundry, was driving north on Metcal.

Butterfist year round

Butterfist are small savory tarts with delicate flavor. They are available in this part of the country throughout most of the year.

Wesley Jewelers
to close its doors

Wesley Jewelers operated by Mr. and Mrs. Wesley Lewandowski and located at 172 Mountain ave., Springfield, will terminate its business operations as of Aug. 31.

Ms. and Mrs. Lewandowski stated: "At this time we extend our sincerest words of gratitude and much appreciation to our most valued patrons of Springfield and the adjacent towns."

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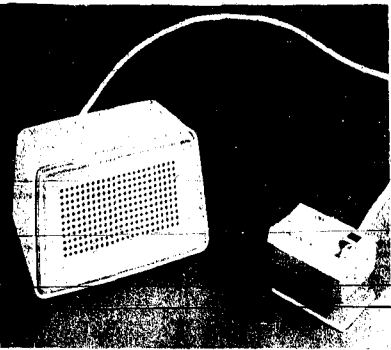
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COMPACT — Two-piece Speakerphone set consists of console-control pod and speaker unit. Control pod houses OFF and ON-QUIET switches and volume control, plus the all-direction microphone built into the base. The speaker portion contains the speaker and microphone components. Through the use of integrated circuitry, engineers at Bell Laboratories, Indianapolis, Ind., were able to put all the circuitry into the speaker section, eliminating the additional large box of circuitry required for previous speakerphone sets.

Improved speakerphone set developed by Bell engineers

Bell Laboratories engineers have developed an improved attachment to a telephone which will permit users — singly or in groups — to converse without holding the handset.

Called a speakerphone set, the new device is smaller, more reliable, easier to install, more powerful and of higher sound fidelity than previous speakerphone models.

Operated in conjunction with a regular telephone, the new speakerphone consists of two units — a control pod and a loudspeaker — each of which may be placed wherever the customer desires. The control pod contains the ON-QUIET and OFF buttons, the volume adjustment control, and the microphone. The loudspeaker unit houses the electrical circuitry used in the set, in addition to the loudspeaker itself.

The performance of speakerphone in small conferences has been improved by using an omnidirectional microphone. All members of a small group sitting around a table can be heard equally well, because this microphone picks up sound directed at it from all angles.

In all previous models, the new set has voice-controlled switching. The caller's voice "turns on" the switching mechanism and his voice (or the entire group) is transmitted to the other caller. Only one party or group, can speak at one time. If both parties try to talk simultaneously, the person speaking loudest will transmit.

The new set switches from the listen-mode to the talk-mode more quickly than the older speakerphones did. This switching is performed by advanced electronic circuitry which also allows the user to interrupt more easily and from greater distances. Other improvements include additional power output and a speaker with better sound fidelity.

The use of integrated circuits provides higher reliability, while permitting an extra-reduction-in-size. By using the new circuitry, a third unit, which was part of the older sets has been eliminated, making the new speakerphone easier and less costly to install.

The new set operates in "talk" mode. Speakerphone calls are originated by pushing the ON button, waiting for dial tone and then dialing the number, without picking up the handset. Calls are terminated by pushing the OFF button.

To answer a speakerphone call, the customer simply pushes the ON button and adjusts the volume from the loudspeaker to a suitable level and talks with his normal voice volume. He does not need to pick up the handset. Although he will sound best to the calling party when close to the microphone, he is free to move about the room, write notes or retrieve files, etc., during a conversation.

If privacy is desired for the incoming speech, the customer picks up the telephone handset, and the speakerphone turns off automatically. To transfer from handset to speakerphone, he depresses the ON button while replacing the handset in its cradle.

If the customer desires, he may temporarily switch off his microphone by pressing and holding the ON-QUIET switch. Then he may conduct a conversation with others in his room without being heard over the speakerphone unit he releases the ON-QUIET switch.

U.S. funds will aid returning Viet vets to get jobs in state

New Jersey is continuing its efforts to aid returning veterans from Vietnam. An estimated 25,000 will be returning this year seeking employment.

Raymond Heymann, Commissioner of the N.J. Department of Labor and Industry, this week urged the veterans to contact the New Jersey Training and Employment Service offices located throughout the state by phone or personal visit.

Heymann noted that under emergency legislation signed into law recently by President Nixon, it is estimated that New Jersey may receive about 125,000 men. "A possibility of 3,000 additional jobs will probably be the immediate result and most of these jobs would go to Vietnam veterans," he said.

Heymann said that each State Employment office has a trained staff that specializes in consulting, referring to training, job placement, job development and job market information. The veteran is offered personalized service and advice in job counseling in the area in which he wishes to pursue. Special on-the-job training and manpower opportunities are also offered.

To further aid the job seekers, special programs have been organized to solicit support from private employers. Local offices of the New Jersey Training and Employment Service are participating in the in the nationwide "Jobs for Vets" campaign. There is a veteran employment representative in each of these offices who is responsible for advising jobless vets of their rights and benefits and providing personal assistance an employment problems.



HARVEY S. FRIEDMAN of Oakhurst, formerly of Hillsdale, was elected chairman of the Department of New Jersey Jewish War Veterans at its 50th annual convention in New Rochelle, N.Y. Friedman who served overseas in the Navy, has been active in the Jewish War Veterans activities for the past 12 years.

MENTAL HEALTH MATTERS

Stanley F. Yoles, M.D., Director National Institute of Mental Health

HELPING THE THROUBLED — Opportunities for volunteer work in community mental health are broader than most people have ever been and the needs are great for many more workers than are now available.

Helping the national community mental health program, new services to prevent mental illness and to help its victims are being developed in many localities all over the country.

The work of mental health centers, which are now being set up with schools, courts, churches, and other community organizations, and agencies now offers the volunteer — no matter what his age or inclination — new and fascinating ways to contribute to community betterment.

How much the contributions of volunteers can mean to mental health work is exemplified in program all over the U.S., as for instance, in its rural communities in Virginia, where Federal State hospital patients live too far away to go back to the hospital for outpatient treatment and aftercare.

Western State Hospital in Staunton, which did not have the funds to employ enough social workers to follow up on ex-patients, enlisted volunteer workers. In each of the 18 communities, a "Community volunteer" is designated to be chairman of a unit program.

This volunteer attends weekly staff conferences at the hospital, during which the patients in his unit program are discussed. He acts as a liaison to other volunteers and himself visits some of the patients regularly in a neighborhood way.

Patients often call on a patient's family before he returns home, helping to pave the way for understanding and acceptance. When necessary, they make arrangements with community agencies that might help out.

They find it that where clinics are accessible, appointments are kept, they try to locate jobs for the mentally restored, and they aid in many other ways to help in patient readjust to being out of the hospital.

FRIDAY DEADLINE. — All new or other short-term news should be in our office by noon on Friday.

Mothers! Do You Have A Hard-to-Find Daughter? — **COMPLETE CLEARANCE** Give 4 Teens Suburban Dresses. Terms: 12-18-1971. Call Miss Betty CLOSED AUG. 29-30. 34-5731 or 21-44141. Daily 10:00 pm - No Saturdays.

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WASHINGTON — The U.S. Department of Agriculture has announced that it will establish, beginning in August, 94 area offices for supervising meat and poultry inspection at the field level. Most are in state capitals, including New Jersey's, to be located in Trenton.

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MENTAL HEALTH MATTERS

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Amusement News

Station Breaks

By MILT HAMMER



ROBERT MITCHUM plays the role of a seemingly wretched schoolmaster in 'Ryan's Daughter'.

Scopier Records, which recently issued the best-selling, much-acclaimed, librettal music recording of Joseph And The Amazing Technicolor Dreamcoat, announced a national contest featuring 500,000 worth of prizes for the best amateur performances of the two acts.

The prizes include ten color TV sets with 24-inch screens, ten stereo systems containing eight-track stereo tape players, a record choice of AM-FM radios and two giant speakers and three prizes of digital AM-FM clock radios.

The contest, which is limited to the United States, plays particular emphasis on church groups and will be rated on the basis of vocal quality and instrumental excellence rather than elaborate costumes or sets. Performances will be judged by Scopier Records' executives or authorized personnel of any Scopier Records distributor.

Church groups wishing to enter should contact Keith Wynn at Scopier Records, 225 44th St., New York City. All contestants will be supplied with the copies of the libretto of Joseph And The Amazing Technicolor Dreamcoat. The cut-off date for the contest is Nov. 1.

In addition to excellent reviews in both religious and national publications, "Joseph and the Amazing Technicolor Dreamcoat" has received high praise from Senators John V. Tunney of California, Edward Brooke of Massachusetts, Birch Bayh of Indiana, William Proxmire of Wisconsin, John Tower of Texas, James Harkin of Indiana, Edmund Muskie of Maine, Daniel Inouye of Hawaii, Strom Thurmond of South Carolina, Hugh Scott of Pennsylvania, Allen Ellender of Louisiana, and Jack C. Baker of Kentucky and Karl Dozier of South Dakota.



HELD OVER - The 'terrible trio' of Warner Brothers' 'Summer of '42,' which continues at the Ormon Theatre, East Orange, or is picked up as they learn about life from a stolen medical manual. They are left to fight Roy Grimes, Oliver Conant and Jerry Houser. The picture in color, was directed by Robert Mulligan.

'Apes' film opens at Park Theater

"Escape from the Planet of the Apes," which opened yesterday at the Park Theater in Roselle Park, is the third in the ape series of films. The movie stars Kim Hunter and Roddy McDowall.

This episode takes place in California, with the visiting apes threatened by the human race, which is terrified of Earth becoming a planet of apes.

In the film, the apes are out to destroy apes, who are living in California, and they are directed by Don Taylor.

Double-billed with "Escape from Planet of the Apes" is "Four Clovers."

'Willard' playing at two theaters

"Willard," a horror story about a young man who raises rats, is playing this week at the Tamora Theater in Elizabethtown and at the Mayfair Theater in Hillside.

The movie stars Bruce Davison in the leading role with Ernest Borgnine and Rip Torn. The movie also stars a pack of terrifying rats and is in color.

Double-billed with "Willard" at the Elmhurst is Woody Allen's early comedy, "Take the Money and Run." It tells of the peculiar failures of a less than successful bank robber.

Playing with "Willard" at the Mayfair is a spy thriller, "When Eight Bells Toll." The movie concerns an underwear manufacturer who searches for stolen bullion off the coast of Scotland.

'Sesame' to open at Arts Center

The stars of Sesame Street are coming to the Garden State Arts Center, Holmdel, next month in a "happy time" show for families.

Loretta Long (Susan) and Bob McGrath (Bob) of television's acclaimed Sesame Street program for children will appear in three 10:30 a.m. performances of a musical and variety show called "A Happy Time" on Tuesday, Wednesday and Thursday, Aug. 17-19.

Chairman John P. Gallagher of the New Jersey Highway Authority, which operates the Arts Center, said the Sesame Street stars' show was added to the 1971 summer season in the scheduling program to provide opportunities for family attendance.

The performances of "A Happy Time" will feature Bob and Susan singing new songs specially written for their show and popular songs from their television program, as well as a parade scene with the children in the audience participating.



JAMES DARREN - Hollywood actor costars with Eileen Fulton in 'The Star Spangled Girl,' Neil Simon's Broadway hit comedy, which opened yesterday at the Meadowbrook Theatre Restaurant, Cedar Grove. The play will run through Aug. 28.

'Owl' opens at Carousel

"The Owl and the Pussycat," which premiered at the Carousel Playhouse in Cedar Grove last week, opens tonight at 8:30. Produced by Marj and Edward Erickson, the stage comedy stars Cindy Geller and Dennis Wood. There will be a buffet prior to the show at 8 p.m. Performances run Thursdays through Saturdays.

Hopper, Robertson to star in Fox films

HOLLYWOOD - Dennis Hopper and Cliff Robertson will star in 20th Century-Fox pictures.

Hopper will reprise the Marvin Swartz production, "Dime Box," comedy-drama of an unscrupulous lawyer who enters Dime Box, Tex., in 1966, with intentions of going straight.

FRIDAY DEADLINE

All items here whose ad rates should be an our office by noon on Friday

Theater Time Clock

All times listed are for Sat., 1:30, 8:00, Sun., 2:45, unless by the theaters. 7:35.

ELMHURST (Eliz.) - HALLO WRESTFIELD - THE SEVEN MINUTES - Thur., Fri., Mon., Tues., 9:15, Sat., 2:30, 7:15, 9:30, Sun., 2:30, 6:30, 9:30.

ELMORA (Union Union Center) - TAKE THE MONEY AND RUN, Thur., Fri., Mon., Tues., 7:45, Sat., 1:30, 8:45, Sun., 2:15, 8:15.

ELMOURA (Elmora) - FOX HUNTER (Eliz.) 11:22.

ELMOURA (Elmora) - DAVE'S LAST DANCE, Thur., Fri., Mon., Tues., 7:45, 9:15, Sat., 2:15, 8:15, Sun., 2:35, 8:35, 10:45, 8:40.

'City' begins

STOCKTON, CALIFORNIA, (UPI) - The Rastar Production for Columbia Pictures will star Stacy Keach and Jeff Bridges. John Huston is directing the film version of Louisa May Alcott's novel about two young boxers in an impoverished area and their efforts to find a better life.

CROSSWORD PUZZLE

ACROSS

1. Indian
2. Sick
3. Short
4. Mountain island sea
5. Las Vegas
6. Frisbee
7. Preacher
8. Require
9. Summer
10. Sabbath
11. Day
12. Buy
13. Presidential nickname
14. Conic
15. Dinosaur
16. (verb)
17. Study person
18. Robert
19. Cigarette
20. Cryptid
21. Sleepy suit
22. Summer
23. European
24. (verb)
25. Group of
26. Yogue
27. Owl
28. Zow!

DOWN

1. English boy's school
2. Airport
3. Millionaire
4. Symbol
5. Drink
6. More recent
7. Employ
8. Ballroom
9. Father
10. Impose
11. Landed
12. Property
13. 30. Dialect
14. Bitch
15. Best
16. Cheat
17. Chin
18. any
19. Journal
20. Ship
21. Film
22. German
23. Cognac
24. Impose
25. Italian
26. "three"

Today's Answer

11. Blue-bird
12. Airport
13. Millionaire
14. Symbol
15. Drink
16. More recent
17. Employ
18. Ballroom
19. Father
20. Impose
21. Landed
22. Property
30. Dialect
31. Bitch
32. Best
33. Cheat
34. Chin
35. any
36. Journal
37. Ship
38. Film
39. German
40. Cognac
41. Impose
42. Italian
43. "three"

'City' begins

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Is it worth it?

A recent experiment showed that homemakers could save 25 hours, 12 minutes by using 41 convenience food items. On the other hand, when 45 people were prepared from scratch, the cost was 66 cents per lunch. Question now—is it worth it?

RYAN'S DAUGHTER
ACADEMY AWARDS
THE STRANGER RETURN

woody allen's bananas
LOUISE LASSER
AIR CONDITIONED
EXCLUSIVE

BOWCRAFT PLAYLAND
Roller Skating
SUMMER MATINEE SESSIONS
SPECIAL GROUP RATES

OLD EVERGREEN LODGE
EVERGREEN AVE., SPRINGFIELD
Dinner, Drinks, Entertainment
EVERY SATURDAY NIGHT

Fox audience going 'Bananas' but don't knock Woody Allen

Nothing is simpler than Woody Allen's accent, except the laughter.

"Bananas," his latest film now showing at the Union Center, is the screwy comic's version of "The Italian Job" and ends a few thousand sandwiches to go, when the sandwiches are packaged, he announces he is a "real" and forces 40 workers to haul the sandwiches and cole slaw for 900 men in the regiment. Another beauty in the opening scene when a real-life Howard Gould describes the assassination of the president of San Marcos as he would the Woody Allen fight.

"Bananas" is a comedy funny film. Woody Allen plays Woody Allen and that isn't bad, for his lunacy is a luxury that makes us stop and look at the world, if not then, laugh. And that's good.

We Met at The Tower
AT FIVE POINTS UNION
MU 7-6700
Bar, Lounge, Pool, Dance, Open 12:00 p.m. - 1:00 a.m. - 12:00 p.m. - 12:00 a.m.

'Klute' is coming to Rialto Theater
The Seven Minutes - a story about a banned book, is having a final showing tonight at the Rialto Theater in Westfield. "Klute," a dramatic thriller about a girl who's life is an ongoing, starts tomorrow.

FOR ENJOYMENT IN EATING OUT

IRVINGTON POLISH HOME RESTAURANT - COCKTAIL LOUNGE
415 16th Ave., Irvington
ES 4-1062

Trotolai
AT FIVE POINTS UNION
MU 7-6700
Bar, Lounge, Pool, Dance, Open 12:00 p.m. - 1:00 a.m. - 12:00 p.m. - 12:00 a.m.

TALLY-HO RESTAURANT & COCKTAIL LOUNGE
1000 Ridge
ES 4-6539

DIETER HUBBARD at the TALLY-HO RESTAURANT & COCKTAIL LOUNGE
1000 Ridge
ES 4-6539

union hotforan
1252 STUYVESANT AVE. UNION
CHRISTINE LEE'S
GAS LIGHT
SATURDAYS ARE THE GREATEST

Chestnut Tavern & Restaurant
649 Chestnut St., Union
The Finest in ITALIAN AMERICAN CUISINE

GO TO THE DICKENS MEET YOUR NEAR NEIGHBORS
ENTERTAINMENT 8 NIGHTS A WEEK
LUNCHEON 1:30 P.M. - 2:30 P.M.
DINNER 5:30 P.M. - 10:00 P.M.

BUONO APPETITO ROOM AT GIUSEPPI'S
SERVING FINE ITALIAN AND AMERICAN CUISINE
Dinner, Desserts
Mon. - Sun. 11:00 A.M. to 10:00 P.M.
P.M. 1:30 to 1:00 A.M.
Serving Since 1954
121 E. 2nd Ave., ROSELLE 7-65313

MDs keep rats in the swim for science

Generation Gap U.S.A.

Thursday, July 29, 1971

Exercise and health probed at Beth Israel

Will physically active persons have less coronary heart disease and a lower mortality rate following a heart attack than those who are sedentary?

Can endurance exercise produce adverse changes in organ and cellular development in the very young, or the elderly?

The effects of exercise on the heart, the vascular system, the kidneys, the glands, and other organs are the subjects of ongoing research being conducted by Dr. Arthur S. Leon, director, Special Treatment Unit, Newark Beth Israel Medical Center. Co-investigators are Dr. Colin M. Bloom, Department of Pathology, University of California, San Diego, School of Medicine and Miss Mary Ann Saviano, Newark Beth Israel Medical Center.

Exercise was provided by allowing the animals to swim for ten weeks. One group swam one hour daily, one group swam one hour twice weekly and a third group were not exercised. The weight gain of the animals was measured and less than that of the unexercised group and the presence of cardiac hypertrophy or enlargement of the heart muscle was noted in the animals exercised daily. An increased blood supply to the heart was found in both exercise groups.

Dr. Leon compares the cardiac hypertrophy to the enlargement of the arm muscles as observed in personal athletes after a period of weight lifting. The study showed a rapid regression in heart size and a rapid gain in weight when exercise was discontinued. This has also been observed in athletes and persons engaged in hard physical labor.

CURRENTLY, STUDIES are under way to determine how little exercise is necessary to maintain beneficial cardiac effects derived from swimming one hour a day. The three investigators have taken the results of their studies to heart and are all aged joggers. Between 1968 and 1970, Dr. Leon and Leon, along with Dr. Stanislaw Fryx, Department of Internal Medicine, Krakow School of Medicine,

Krakow, Poland, explored the interaction of age and myocardial oxygen and cellular development. Groups of old rats had an actual loss of body weight during the exercise and the amount of weight loss was proportionate to the severity of the exercise.

They found that exercise in old animals appeared to initiate a metabolic response with an actual loss of cardiac muscle mass. This latter change may prove beneficial, since older investigators have reported an incidence of coronary atherosclerosis in hearts reduced in weight and suggest the low incidence is attributable to the use of the major coronary arteries in relation to the weight of the muscle mass they must supply.

RENAL-KIDNEY function during EXERCISE has been studied extensively in man and animals. Strenuous exercise results in reduction in renal blood flow and urinary output. Renal failure may result if there is associated heart stress. A urinary, following endurance exercise, often reveals the presence of abnormal elements including protein, albumin, red and white blood cells.

In a paper presented at the first joint meeting of the Canadian Association of Sports Science and the American College of Sports Medicine in



May, Dr. Leon reported that the effects of chronic exercise on the kidneys varied with age. In older individuals, development occurred in the young animals, loss of renal tissue was noted in the old animals and there were no apparent changes noted in adult animals.

The studies would seem to indicate that chronic endurance exercise is capable of producing alterations in organ and cellular development at both extremes of life, during the rapid growth-phase of youth and during old age.

EARLY COPY is being to observe the Friday deadline for other than spot news. Include your name, address and phone number.

Oman is due to become newest member of UN

The tiny but oil-rich Sultanate of Oman applied for admission and the UN General Assembly has voted in favor of its admission. The next Assembly probably will act on certain to become the 120th United Nations member as a priority member of number. The government of the arid, mountainous, but fertile country, which occupies a strategic position on the Arabian Peninsula has played ahead of them, as the 119th member.

COME TO St. Croix by the Sea AND FALL IN LOVE ALL OVER AGAIN

The most unique vacation resort in the Caribbean, Gay, Night and Entertainment, Dance under a canopy of stars. All rooms are oceanfront and air conditioned.



CHRISTIANSTEDT, ST. CROIX U.S. VIRGIN ISLANDS

Monmouth Park Racing Now thru August 9

POST 2 PM • Daily Double 1:50 PM

JAMES DARREN starring in **NEIL SIMON'S COMEDY THE STAR-SPANGLED GIRL** extra special guest star **EILEEN FULSTON** of TV's "All the World Turns"

July 28th thru August 28th Performances WEDNESDAY thru SATURDAY

Broad range of jobs for youth despite strict child labor laws

There is a broad range of jobs which young people can perform under the stringent restrictions of state's labor laws. Ronald M. Heyman, commissioner of the N. J. Department of Labor and Industry, said this week.

He said that many of the jobs are in the service industry, such as clerical work, retail sales, and food service. He noted that many young people are working in the service industry, such as clerical work, retail sales, and food service.

"Don't think of them as being hand-me-downs... think of them as being recycled!"

Ex-UN aide joins Drew

One of the United Nations Secretariat's most distinguished former members and a leading European scholar has been added to the faculty of Drew University for the 1971-72 academic year.

Dr. P. V. Chak, a chief European economic diplomat during the 1950's and 1960's and a U.N. official since 1966, will teach in Drew's United Nations Semester, which has brought close to 100 students from about 100 colleges and 30 foreign countries to study on the Drew campus and at the U.N. itself in the last decade.

LFO LINOLEUM & CARPET

Now's the time to SAVE on a new floor BECAUSE OF LFO'S IMPORTANT SUMMER DISCOUNT POLICY

July and August are traditionally slow months for floor covering. Also the hot weather and vacations severely limit our installation schedule. This is your opportunity to save because we are offering an additional 10% off the below sale items if you will take it with you and install it yourself. All tools and instructions readily available.

BROADLOOM 12' or 15' Wide Many with Rubber backing \$3.99

LINOLEUM Do It Yourself, Deduct An Additional 10% \$3.99

Carpet Tile Do It Yourself, Deduct An Additional 10% 39¢ 12" x 12"

REMnants Do It Yourself, Deduct An Additional 10% \$75 12" x 12" (12 ft. roll up)

VINYL ASBESTOS TILE Do It Yourself, Deduct An Additional 10% 15¢ 12" x 12"

CUSHIONED VINYL Do It Yourself, Deduct An Additional 10% \$1.99

9'x12' CARPET RUGS Do It Yourself, Deduct An Additional 10% \$39.99 9'x12'

OUTDOOR CARPET Do It Yourself, Deduct An Additional 10% \$1.99

WHERE THAT TRADITION OF QUALITY WAS BORN...

MORRIS BAUMAN PRESENTS THE WEEQUAHIC \$4.95 GOURMET DINNER

- 1 WHOLE LIVE MAINE LOBSTER
- 2 JUMBO SHRIMP PARMIGIANA
- 3 SIRLOIN STEAK NEW YORK CUT
- 4 PRIME FILET MIGNON
- 5 FILET MIGNON EN BROCHETTE
- 6 SLICED PRIME STEAK
- 7 BOILED BEEF FLANKEN
- 8 VEAL CUTLET PARMIGIANA

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WEDDINGS

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Shore enough, seaweed Prof probes plant's purity power

Collecting seaweed may seem an unlikely prospect for an engineer, but that is just what Prof. Wolf Vieth of Rutgers College of Engineering is likely to do when he visits the Jersey shore next week. He is looking for a suitable marine.

Dr. Vieth, of Belle Mead, is studying ways to get fresh water from aquatic plants. A professor in the department of chemical and in chemical engineering, he hopes to expand his studies into a research project to determine the practicality of recovering fresh water from New Jersey salt marshes.

Dr. Vieth explains, notably a type called *Ulva lactuca*, which has been found to be capable of rejecting sodium by means of its ionic processes. It does, however, concentrate potassium in the water it retains in its structure.

IN ORDER to be potable, the water must be separated from the potassium. Dr. Vieth

UN to keep tabs on seas' pollution

Ecological scientists are looking for foolproof ways to identify and monitor the amount and toxicity of ocean pollutants. The issue came up at a United Nations-sponsored environmental meeting in London, attended by representatives of 53 countries.

So far, scientists have only a limited number of clues. They know, for instance, that mercury, DDT and various industrial wastes can contaminate the oceans, poison marine life and so on in the case of mercury-affected swordfish-endanger human health. The problem now is to track down not only such known pollutants but to draw up a complete list of all potentially hazardous chemicals which may be draining into the seas in significant amounts.

The difficulty of detecting and tracing contaminants in their sources is indicated by one estimate that 50,000 plants in Southern California alone are spewing heavy concentrations of pollutants into the Pacific. Such offenders range from plating plants and plating factories to petroleum centers and at least one U.S. Air Force base.

LOOKING FOR FRESH WATER — Dr. Wolf Vieth of the Rutgers College of Engineering is collecting seaweed to use in his study of ways to obtain fresh water from coastal ponds. He hopes eventually to determine the practicality of recovering fresh water from New Jersey's salt marshes.

N.J. TV network purchases parcel for transmitter, tower

The New Jersey Public Broadcasting Authority has purchased six acres of land in Warren Township, for the transmitter and tower for Channel 58, one of four Public Broadcasting Television stations planned for New Jersey.

John Wilner, director of engineering for the state television network and a former resident of Linden, said the land was purchased from Mrs. Helen Krausche for \$7,000. It is located off Newark road. Wilner said the land, presently being used as a day camp, is the highest point in the area. It will house Channel 58 transmitting facilities including a 355-foot tower which will stand a 46-foot antenna.

Upon completion, Channel 58 will be one of four New Jersey Public Broadcasting Stations. Channel 52, operating out of Trenton, has been

China move seen as an FDR policy

A Chinese professor-ambassador at Upsala College said this week that in seeking to establish relations with China President Nixon appears to be reverting to a policy attempted by the late President Franklin D. Roosevelt 26 years ago.

"This time I think it will succeed," commented Dr. Pichon P. Loh, a professor of political science and Far Eastern history at Upsala.

Professor Loh, whose latest book on Chiang Kai-shek came off the press this month, pointed out that FDR expected China to become a major world power to replace Japan in Eastern and Southeastern Asia.

"He recognized then, as President Nixon seems to now, that someone in East Asia should play the role of a big power," the professor said.

PUBLIC NOTICE

TAKE NOTICE that the following applications for the location of the Board of Adjustment of the Township of Union, N.J., in the County of Essex, New Jersey, on Monday, July 26, 1977 at 8:00 P.M. in the Municipal Building—Essex Park, Morris Avenue, Union, N.J.

CALENDAR NUMBER	NAME AND ADDRESS OF APPLICANT	PREMISES LOCATION	VARIANCE REQUESTED	DETERMINATION OF THE TOWNSHIP COMMITTEE
No. 1816	Center St. Inc. Springfield, N.J.	1374 Burnett Ave. Union, N.J.	Erect and maintain a sign of a retail sales building	Approved

The resolution relating to the action of the Township Committee respecting its decision in each of the foregoing matters is on file in the office of the Township of Union in the County of Essex, New Jersey, at the City of Essex Park, Morris Avenue, Union, New Jersey.

MARY E. MILLER
Township Clerk of the Township of Union.

Union Leader, July 29, 1977 (Fee \$21.00)

PUBLIC NOTICE

TAKE NOTICE that the following applications for zoning variances were heard by the Board of Adjustment of the Township of Union, N.J., in the County of Essex, New Jersey, on Monday, July 26, 1977 at 8:00 P.M. in the Municipal Building—Essex Park, Morris Avenue, Union, N.J.

CALENDAR NUMBER	NAME AND ADDRESS OF APPLICANT	PREMISES LOCATION	VARIANCE REQUESTED	DETERMINATION OF THE TOWNSHIP COMMITTEE
No. 1817	M. Virova 201 Trenton Road Union, N.J.	301 Trenton Rd Union, N.J. Block 2, Lot 1	TO PERMIT a 10'00" deep driveway and to erect a shed	Denied
No. 1821	Michael Miller 4275 Springfield Ave Union, N.J.	2735 Vauxhall Road Union, N.J. Block 53, Lot 34	TO erect and maintain a two family dwelling	Denied
No. 1822	Donald Miller 2100 Springfield Ave Union, N.J.	2731 Vauxhall Road Union, N.J. Block 53, Lot 33	TO erect and maintain a two family dwelling	Denied
No. 1823	John Durin 3000 Springfield Ave Union, N.J.	2235 Springfield Ave Union, N.J. Block 11, Lot 4g	TO use an existing building as an automatic car garage	Withdrawn at applicant's request
No. 1824	Louis Calogay 811 Park East Union, N.J.	8 & 12 Maple Ave Union, N.J. Block 11, Lot 5	TO alter an existing building for use as a nursery school	Decision reserved to August 2, 1977
No. 1817	Alfredo Rodriguez 8000 Springfield Ave Union, N.J.	3800 Springfield Ave Union, N.J. Block 1, Lot 1	TO erect and maintain a building for an auto repair shop with a body shop and a car wash	Decision reserved to August 2, 1977
No. 1818	John and Phyllis Mazzeo 7300 Avenue Union, N.J.	2308 Maple Street Union, N.J. Block 18, Lot 3d	TO move an existing building to a new location	Decision reserved to August 2, 1977
No. 1827	Phyllis Vairo 10 Progress Street Union, N.J.	10 Progress Street Union, N.J. Block 5, Lot 12	TO alter an existing building to have less than the required rear	Decision reserved. No date set

LOUIS J. GIACONA
Secretary of the Board of Adjustment

Union Leader, July 29, 1977 (Fee \$50.00)

Exams set for academy applicants

Senator Clifford P. Case this week announced plans to hold a Civil Service examination on Saturday, Oct. 21 to select men in entering has nominees for the United States Naval, Military, and Merchant Marine Academies for the classes entering in the summer of 1979.

The examination is open to legal residents of the state of New Jersey. New applicants, who wish to take the test should write to Senator Case, Old Senate Office Building, Washington, D.C. 20510, no later than Aug. 21. All candidates shall be at least 17 years old and must not have reached their 22nd birthday by July 1 of the year in which they will enter one of the academies.

Senator Case has one appointment to fill at the Military Academy and one at the Naval Academy. Senator Case does not have a vacancy at the Air Force Academy this year. Ten nominees, a principal and nine alternates, will be chosen from an entering class. All candidates will be required by the academic boards of the respective academies to take the College Entrance Board examination as well as a medical, physical and physical aptitude test. All candidates, except the qualified principal, will be evaluated and ranked in order of merit by the Academic Boards in consideration of possible selection for alternate appointments to the academies.

The State of New Jersey is allocated ten vacancies for the class entering the Merchant Marine Academy in 1979. Ten young men will be authorized to compete for the vacancies existing at this academy.

Workshops at theater

A drama workshop for sixth, seventh and eighth grade pupils has been directed, performed and served as producer for the group. The workshop is under the sponsorship of the Union County Recreation and Parks Association in conjunction with the Hillside Firehouse Theater, Maple Avenue, Hillside, on Thursdays from 8 a.m. to 10 p.m.

The workshop is under the direction of Eric Noworen of Hillside, a member of the Hillside Community Players who has directed, performed and served as producer for the group. The workshop is under the sponsorship of the Union County Recreation and Parks Association in conjunction with the Hillside Firehouse Theater, Maple Avenue, Hillside, on Thursdays from 8 a.m. to 10 p.m.

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MID-SUMMER REFRIGERATOR SAVINGS

BBD's MOST AFFORDABLE FRIGIDAIRE

12.3 Cubic Foot 2-Door, Top Freezer REFRIGERATOR

BBD's MOST CONVENIENT FRIGIDAIRE

16.6 Cubic Foot 100% FROST-PROOF REFRIGERATOR

One look...you'll be amazed! Frigidaire quality. Frigidaire refrigerators, Frigidaire convenience...all yours at a price that makes it fit your budget as easily as it fits your kitchen. (Only 30" wide, so it fits the space your present refrigerator uses). Big 100 pound-plus freezer section, full width crispier, deep door shelves for half-gallon milk cartons, plus a well designed interior. Built for the needs of today's families...built with famous Frigidaire quality for lasting good value. F0122.

Here's Frigidaire convenience from top to bottom. Huge capacity so you shop less often (Giant freezer section holds 154 lbs., alone) Larger full width crispers, scientifically engineered for easy storage, deep door shelves for those annoyingly difficult to store items. But, that's just the start! Egg shelf, butter and snack storage plus very ultimate in convenience features...100% Frost-Proof, from top to bottom. All this, plus that one important plus to last. Only with Frigidaire quality that's built to last. F0122

DATSUN

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HILLSIDE

TOBIA'S APPLIANCE

1299 LIBERTY AVE. 322-7766

LINDEN

LINDEN RADIO

26 E. ELIZABETH AVE. 441-3991

IRVINGTON

WILDEROTTER'S

310 SPRINGFIELD AVE. 391-1200

SPRINGFIELD

PHONIC APPLIANCE

100 MARINE AVE. 314-4586

ARREL DATSUN

105 ROUTE 27 HILLSIDE 921-9700

On-the-job trucker training offered

An opportunity has been provided for persons who are seeking paid on-the-job training to become diesel mechanics, mechanical helpers or tractor-trailer drivers. This is the result of a contract signed by the New Jersey Motor Truck Association with the State Department of Labor and Industry.

Under the agreement, NJMFTA has been granted \$187,750 Federal funds by the State to administer a program calling for the association to place as many as 80 trainees in the three categories in jobs among member firms. The bulk of the grant will be expended to partially compensate employers for varying periods for their training efforts. NJMFTA is given an allowance for administrative expenses.

Candidates will be screened by the association and by the N.J. State Employment Service. The contract requires at least half of those accepted for training to be disadvantaged.

The hiring decision will be made by the prospective employer, with a trainee receiving a flier's starting wage rate for the particular

September opening scheduled for Hillel facility at Douglass

Plans for a September opening of "probably the finest Hillel facility in the world" at Rutgers University in New Brunswick were announced this week by Philip Lax of Maplewood, the new president of the B'nai B'rith Rutgers-Douglass Hillel Foundation Building Corporation.

The structure, whose cost exclusive of furnishings was more than \$500,000, is located on Ryders lane on the Douglass College campus. Construction began some two years ago. The description of the Rutgers facility as the finest such edifice in the world was provided by Rabbi Benjamin Kahn, national director of B'nai B'rith Hillel Foundations which are sponsored on campuses throughout the world by B'nai B'rith, the international Jewish fraternal order.

Lax, who is international vice-president of the training period varies from eight weeks to 45 weeks, depending on the nature of the position.

Details may be obtained by writing or calling the program's administrator, Clement F. Halloran at the N.J. Motor Truck Association, P.O. Box 100, East Brunswick 08816; tel: 201-254-4300.

B'nai B'rith, formerly served as executive vice-president of the Building Corporation. He succeeds former New Jersey Attorney General Arthur J. Silke of Metuchen as president. Silke was voted the title of honorary president.

In announcing the opening, which will coincide with the beginning of the academic year at the State University, Lax extended thanks to "the entire New Jersey community" and members of B'nai B'rith as well as hundreds of private contributors of all religious persuasions whose continued contributions and gifts will help make this tremendous building reality.

Lax said the Building Corporation "is moving ahead with the opening because we are

Thursday, July 29, 1971
 ...of a long stretch effort to provide the funds required to complete the building and permit the operation of this magnificent structure that will train so much in spiritual as well as academic and community life of the State University. We in B'nai B'rith take a particular pride in this building, as the most laudable representation in New Jersey of the work of our core...

NOW, when you really need 'em, BBD HAS THEM!
AIR CONDITIONERS
 by America's FINEST MAKERS... ALL AT SPECIAL CLEARANCE PRICES

At BBD, Choose from Makes like:
**WESTINGHOUSE • FEDDERS • EDISON • HOTPOINT • NORGE
 GIBSON • PHILCO • CHRYSLER AIRTEMP • AMANA • AND OTHERS**

Here's just a partial listing of the sizes ON SALE NOW at BBD

- 5000 BTU \$98
- 6000 BTU \$139
- 8000 BTU \$169
- 10,000 BTU \$199
- 14,000 BTU \$259
- 18,000 BTU \$314
- 21,000 BTU \$369



GIBSON
100% FROST-CLEAR REFRIGERATOR
\$239

Completely frost free! Designed for organized, big capacity storage with adjustable shelves, deep door shelves, two cutlery and butter and egg drawers. Complete and completely frost resistant. 60-52

AND NOW THE FRIED CLAM DINNER FOR LESS THAN TWO CLAMS!



Every clam, fried the way you like 'em. Add lemon or tartar sauce, french fries, cole slaw, and Texas Toast, and you have a complete dinner. All for only \$1.79!

BONANZA STEAKHOUSE
 TAKE OUT SERVICE AVAILABLE
 777 BLOOMFIELD AVE., W. CALDWELL
 OPEN SUN. TODAY 11:30 AM TO 10:30 PM. MON. TO SAT. 11:30 AM TO 10:30 PM. RES. 511-1200

PS-stockholders earn 82 cents on each share

Earnings of Public Service Electric and Gas Co. for the first six months of this year amounted to \$1.84 a share on the 25,974,638 average shares

outstanding, the company reported this week. The first half earnings for 1970 were \$1.58 a share on 23,704,216 average shares.

Earnings for the 12 months ended June 30 were \$2.78 a share on the 23,704,216 average shares outstanding as compared to \$2.25 on 21,945,028 average shares for the prior 12-month period.

Dividends of 22 cents per share were paid in the first half of 1971, the same as last year.

Operating revenues rose to \$483 million in the six-month period, compared with \$468 million in the same period of last year. Sales in the respective periods was \$73 million and \$68 million.

Rate of electricity reached 12.4-billion kilowatt hours, 3 per cent more than in the six months of last year, and gas sales totaled 1.2-billion therms, an increase of 5 per cent.

An all-time record demand for electricity of 4,823,000 kilowatts occurred on July 1, 1971, 10 per cent greater than the previous year's record.

The board of directors, which does not customarily meet in August, will meet Aug. 17 in connection with a proposed sale of debentures. Dividend action normally takes in prior years at the July meeting will therefore be taken at the August meeting this year.

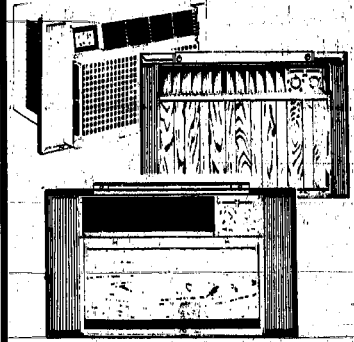
FOR A JOB
 These lists classified ads in the back of this paper may be your answer. Each week it's different. Make reading the classified "must" this week.
 200-200-0000

Staff GOOD DEAL

Adorn Hair Spray 13-oz. can	Reg. Hard to Hold & Ultimate \$1.59	V O S Hair Spray Reg. & Hard to Hold 17-oz. can. \$1.79 Dippity Do Reg. & Hard to Hold 8-oz. 99c Tame Cream Rise Oily, Reg. w/ 5oz. 99c Realemon Lemon Juice 32-oz. bot. 59c
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Martinson Coffee 7.5-oz. can \$1.89	Feminique Deodorant Spray 3-oz. can \$1.19 Feminique Wild Flower 4-oz. size \$1.10	Breck Basic Texturizing Shampoo 6-oz. bot. 79c
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Planters Cocktail Peanuts 6 1/2-oz. can 37c	Cal-Liver & Chicken Cat Food 6-oz. can 18c
Trail Mix 1-oz. can 49c	Wheat Flour 5-lb. bag 79c
Sweetener Light Diet Syrup 12-oz. can 49c	Rival Beef Chunks 14.25-oz. can 29c



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UNUSUAL WINDOWS? NO PROBLEM with CHRYSLER

Doubling, tilting, casement, even bay-to-bay windows... Chrysler has a model to fit, and installation is always easy and fast.

5000 to 33,000 BTU MODELS IN STOCK! IMMEDIATE DELIVERY.

Chrysler Airtemp air conditioners are designed to keep the temperature of your home just the way you like it. They're quiet operating and disaster proof.

BBD Appliance Centers are Individually Owned and Operated. This Means that at BBD You Always Buy from a Man You Know FOR BEST SERVICE PERSONAL ATTENTION

CRANFORD CRANFORD RADIO 25 EASTMAN ST. 37470	ELIZABETH ALTON APPLIANCE 1211 ELIZABETH AVE. 300-000	HILLSIDE TODIA'S APPLIANCE 1200 LIBERTY AVE. 628-700
LINDEN LINDEN RADIO 100 N. ELIZABETH AVE. 661-000	IRVINGTON PROSPECT'S 100 W. 10TH ST. 875-200	SPRINGFIELD PROSPECT APPLIANCE 800 WILSON AVE. 275-000

There are nineteen million ex-cigarette smokers in the United States; about one in five adult men in this country has dropped the habit.

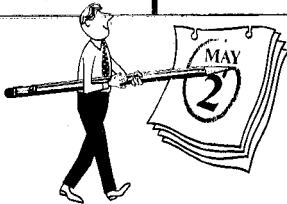
Those who give up cigarettes report a great sense of satisfaction, of tremendous pride in being able to do it. To learn a new way of living a way without cigarette smoking, is very rewarding to the ego—and to the ego's mate.



you can kick the Habit.

As You Approach Q Day

Many smokers realize that Q Day is just a matter of time. They are confident that when the day comes, they will be able to handle it. They are confident that they will be able to handle it. They are confident that they will be able to handle it.



Try Cutting Down...

An important first step in the process of giving up cigarettes for many smokers is to cut the rate for Q Day, when you are going to give up. This is a good idea, as it allows you to gradually decrease the number of cigarettes you smoke, day by day, or week by week. This is a good idea, as it allows you to gradually decrease the number of cigarettes you smoke, day by day, or week by week.

One of the best things you can do to ease the cigarette is to cut the rate of the cigarette. This is a good idea, as it allows you to gradually decrease the number of cigarettes you smoke, day by day, or week by week.

How about smoking half of each cigarette? In the process of reducing the number of daily cigarettes, try various possibilities, if you have one pocket in which you always carry your pack, put it in a pocket so that you will have it handy for it. If you always use your right hand to hold your cigarette, try your left.

How about smoking half of each cigarette? In the process of reducing the number of daily cigarettes, try various possibilities, if you have one pocket in which you always carry your pack, put it in a pocket so that you will have it handy for it. If you always use your right hand to hold your cigarette, try your left.

100,000 doctors have quit smoking cigarettes

...you can quit, too!

Do You Believe In "Cold Turkey" Quitting?

Yes, for some, for others. If you are a really "addicted" smoker, physicians favor the old-fashioned, decisive break.

QUESTIONS & ANSWERS

What about going to a cigarette withdrawal clinic?

If there is a clinic or program in your community you may find it useful. The American Cancer Society has withdrawal clinics with various and sundry withdrawal programs.

Should I Make A Big Thing Of Q-Day?

Some find it most satisfactory to work on a schedule on Q Day, giving up, as a way to ease the transition, allowing you to ease your personal lives that include it.

Keep A Track Record

Many smokers have found that a useful step in understanding their smoking is the keeping of a daily record on a scale like that below.

PLUS AND MINUS

Write down carefully, after some thought, in one column the reasons why you smoke and in another all the reasons why you should give up.

SCORE CARD

NEED	MORNING HOURS (AM)											AFTERNOON, EVENING HOURS (PM)										
	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12			
1																						
2																						
3																						
4																						
5																						
6																						
7																						

Approaches to Giving up Cigarette Smoking

1. List the reasons for and against smoking.
2. Select Q Day, a date, a low fat, and measure cigarette.
3. Chart your smoking rate for at least two weeks, low and high points, when the most and least important.
4. Repeat each night at least ten times, one of your reasons for not smoking cigarettes.
5. Eliminate one category of cigarette, the most or the least desired.
6. Secure a supply of substitutes, fruits, with an inhaler, ginger root etc.
7. Quit on Q Day - try the different approaches.
8. If you are depressed, see your physician and discuss your symptoms.
9. Keep reminding yourself again and again of the shocking risks of cigarette smoking.

THE WEEK BEFORE Q-DAY

Think over your list of reasons why you should not smoke: the risk of disease, the blurring of the taste of food, the cost, the cough, the bad breath, the mess and smell of morning-after ashtrays.

Concentrate each evening when you are relaxed, just before you fall asleep, on one dreadful result of cigarette smoking. Repeat and repeat and repeat that single fact. Drive home another fact the next night and another the next.

Review the facts that you know about the risks of cigarette smoking. Remind yourself that there, but for the grace of God go you, that you may indeed, if you continue smoking, lose six and a half years of life, that - if you are a heavy smoker - your chances of dying between 25 and 65 years of age are twice as great as those of the nonsmoker. Are the six minutes of pleasure to a heavy smoker in a cigarette worth six fewer minutes of life? Would you fly in an airplane if the chances of crash and death were even close to the risks of cigarette smoking? Think over why it is that 100,000 physicians have quit cigarette smoking.

How About Ashtrays?

One of a thought asks, do you have a bottle of whiskey near an ashtray? This recommendation is to get rid of cigarettes, ashtrays, anything that might remind a smoker of the former habit.

Will I Gain Weight?

Many find a substitute for cigarettes for many people. And you appear to be underweight.

Is Smoking A Real Addiction?

This depends on your definition of words. In any case, smoking obviously can become very strongly dependent on cigarettes.

Should I See My Physician? YES

However, the problem is yours, not his, to do any work that he can help. On the other hand he may be able to give you some public support and possibly medication. He can be helpful, also, in suggesting a diet which will prevent you from gaining too much weight.

Why Do So Many People Smoke Cigarettes?

Scientists have shown that in cigarette smoking there are only 12.5 mg. of nicotine in the same amount of cigarette smoke.

Dr. Sivan Tomkins distinguishes four general types of smoking behavior. An abbreviated summary of the types follows

Four Smoking Styles

- Habitual Smoking:** here the smoker may hardly be aware that he has a cigarette in his mouth. He smokes as he makes his point, or her, but he does not realize it. He may once have regarded smoking as an important sign of status. But now smoking is a sign of status, but now smoking is a sign of status, but now smoking is a sign of status.
- Positive Affect Smoking:** here smoking seems to serve as a stimulus that produces exciting pleasure, or as a stimulant, to heighten enjoyment, as at the end of a meal. Here a youngster demonstrates his mood and his defiance of his parents. This smoker may enjoy the handling of a cigarette and the sight of smoke coming out of his mouth. If these smokers can be persuaded to make a new habit, they may find giving up cigarettes relatively painless.
- Negative Affect Smoking:** this is "relaxive" smoking, using the habit to reduce feelings of stress, fear, shame, or displeasure, or any combination of them. This smoker is not as much as all when things go well, on vacation, or as a party, but under tension, when things go badly, at the office or at home, he smokes for cigarettes. These smokers give up often, but when the heat and pressure of life are there, when they have a challenge, they find it very hard to make a decision. A strong solution, the smoking-quitting may be useful.
- Addictive Smoking:** the smoker is always aware that he is smoking. The habit of a cigarette, both with desire and discomfort, is not smoking. With this increasing need in the expectation that a cigarette will reduce discomfort and the cigarette will be smoked. The habit of a cigarette, both with desire and discomfort, is not smoking. With this increasing need in the expectation that a cigarette will reduce discomfort and the cigarette will be smoked.

100,000 doctors have quit smoking cigarettes

...you can quit, too!

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WALTER REZINSKI... 100% COTTON... 100% WOOL... 100% LINEN... 100% SILK... 100% CASHMERE

ROOFING... 100% COTTON... 100% WOOL... 100% LINEN... 100% SILK... 100% CASHMERE

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Dietz proposes 5-point plan to help elderly live on income

State Senator candidate Christopher Dietz this week urged the State Democratic Convention to adopt a five-point plan to aid New Jersey's senior citizens.

Some that more than 40,000 senior citizens in New Jersey live on or below the poverty level and that unemployment among the elderly has jumped almost 20 percent since 1969, they urged a modification of present

individual, industrial, professional, civic and charitable organizations and the establishment of a Senior Citizens Housing Authority to aid the elderly by providing low cost housing. This is not charity. It is reimbursement for those whose productive years provided much of what we now enjoy.

The Highway Department pointed out that even with Social Security, 30 percent of the elderly have incomes under \$1,000 and 10 percent of single senior citizens have incomes under \$1,000.

Taxes have increased by as much as 500 percent in the last two decades and taxes and home maintenance comprise 54 percent of the retirement budget, he said. He urged a decrease in or, in some cases, elimination of what often amounts to discriminatory taxation for the elderly. He said that the general revision of the state's tax structure as envisioned in the call for a tax convention should include special provisions for senior citizens.

DIETZ URGED that the possibility of utilizing the medical talent in medical schools to provide out-patient care for the elderly be investigated. Medical bills have increased 50 to 100 percent in the last two decades.

He urged transportation companies to reduce fares for the elderly and give the senior citizens every consideration in mass transit planning. He called on the state to prohibit automatic auto and health insurance increases which sometimes amount to 300 percent — only because the insured has reached the age of 65.

Finally, noting that the elderly are often afraid to leave their homes, Dietz called for police protection around the clock at senior citizens housing complexes.

He said, "There are many grave problems facing New Jersey. Drug addiction, mass transit, the environment, taxes and expenditures — all are serious. But we cannot turn our backs from the senior citizens of this state while we seek answers to other problems. Senior citizens have problems that are growing each day. We must face these problems squarely and courageously and provide answers. The fate of thousands of persons who worked all their lives for our generation depends on our contributions and our courage."



BERTRAND S. MOORE of 1027 Nora Dr., Linden, has been named residential sales supervisor for Elizabethtown Gas new appliance showroom, 10 Persimmon rd., Edison. The announcement was made this week by J. Warren Russell, the company's marketing vice president.

Books bound for college 10,000 sent to Fayette, Miss.

Union College, Cranford, is getting rid of 10,000 books remaining on campus in its library.

The books represent no loss in college credit, but rather the efforts of many dedicated students to help further the education of less fortunate young people in Fayette, Miss., according to Dr. Kenneth W. Iversen, president.

The 10,000 books were collected by students at Union College and Caldwell College to serve as the nucleus of the Medgar Evers College Library in Fayette.

The books were collected last year and have been stored at Union College waiting transportation to Mississippi. Finding transportation seemed an almost hopeless cause until H&A Express in Newark came to the rescue, says Mrs. Violet Wilmore, counselor and advisor to Union College's Gray Committee which spearheaded the book drive.

Through the efforts of James Garahan, H&A's customer service agent, and William Hively, manager, the Gray Committee has been able to ship the books. All previous efforts to ship the books to Fayette failed.

THE BOOK DRIVE, according to Mrs. Wilmore, is part of an overall effort to provide higher education for disadvantaged whites and blacks in Fayette. The idea of creating a two-year college in Fayette stems from the Gray

Committee, an organization of black and white students working together for better race relations at Union College and in the community.

Members of the Gray Committee and Prof. Oscar Fabien, a member of the English Department, visited Fayette in March 1970, and with the support and encouragement of the community's white and black leaders, set the wheels in motion for a two-year college to be named for Medgar Evers' brother, Medgar Evers, the slain civil rights leader.

Major Evers Community College was granted a charter by the state of Mississippi last December and members of the Gray Committee organized the Medgar Evers Community College Association to broaden support for the college. MECCA's membership now includes educators and students from other educational institutions and private citizens as well as members of the Union College community.

MAYHE EVERS, who is a candidate for

governor of Mississippi, has publicly expressed his appreciation of the support he's received in this venture and is hopeful that the college may soon be a reality.

Classrooms may not yet be available, nor a faculty appointed, but in about two weeks Fayette will have a 10,000 volume collection of textbooks, encyclopedias and works of fiction to stir the imagination of education hungry young people. Mrs. Wilmore predicted.

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All Elizabethtown Gas showrooms join in the opening celebration of our new showroom in Menlo Park by cutting prices on all gas appliances. Stop by now at the Elizabethtown Gas showroom nearest you for great savings on these and other appliances:

- GAS RANGES up to **72% OFF!**
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11. EGG NOG
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You All Come!

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Husk corn, remove silk. Put the corn in rapidly boiling water in a large kettle. Cover and cook over high heat for 36 minutes. Remove — drain & serve with melted butter applied with brush. Salt to taste.

DID YOU KNOW?

When properly chilled, young sweet corn retains its luscious sweetness. Otherwise, the sugar in the corn turns to starch.

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