

**When weather worsens**  
Dry weather conditions lead to fire ban in county park and plan of conserving water, Page B1.

**Sing out**  
Entertainer Marty DeRose looks to expand his audience, Page B3.



**The road warrior**  
Watchung Borough Mayor Addario calls for a traffic plan that Mountainside should like, Page 6.

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# Mountainside Echo

"Your Best Source For Community Information"

A WORRALL COMMUNITY NEWSPAPER

MOUNTAIN SIDE, N.J., VOL.37 NO.43—THURSDAY, SEPTEMBER 7, 1995

TWO SECTIONS — 50 CENTS

## Borough Highlights

### Open Hetfield House

As an additional attraction during the borough's centennial celebration, the Mountainside Historical Preservation Committee will open the doors of the Hetfield House to the public on Sunday from 1 to 5 p.m.

### Voter registration

The deadline for registering to vote is Oct. 7. To register, see Borough Clerk Judith Osty at Borough Hall. To register by mail, call 232-2400 and request a mail registration application. To vote in a specific election, a voter must be registered at least 29 days in advance. Those who have not voted in four consecutive years or have changed their name or residence must re-register.

### Meetings scheduled

The Board of Education has released the schedule of its meetings for the 1995-96 academic year.

All meetings are held in the library of Deerfield School at 8 p.m. The first meeting is scheduled for Tuesday. The next meetings will be held: Sept. 26, Oct. 10, Oct. 23, Nov. 7, Nov. 28 and Dec. 5.

### MAR resumes meeting

Mountainside Active Retirees resumes meeting in the community room of the Gospel Church on Spruce Street. The next meeting will be Tuesday at 10 a.m., when Mayor Robert Vigilanti will present the annual review of current and future activities.

Program Chairperson Doris Riccardi will distribute copies of MAR's fall '95 program. Reservations for the Oct. 10 trip to Hudson Valley will be taken.

### Mended Hearts meet

The first meeting of the new season of the Union-Essex Chapter of the Mended Hearts will be Sept. 19 at 8 p.m. in the Springfield First Aid Squad headquarters next to the Municipal Building.

The guest speaker will be South Amboy General Hospital Pharmacist Herbert Mason.

The meeting is open to the public. For more information, call (201) 376-0581.

### Meet the principal

Parents and students of the Union County Regional High School District are invited to meet Charles Serson, the new principal of Jonathan Dayton Regional High School. A reception will be held Sept. 14 at 7 p.m. in the library of Dayton. For more information, call (201) 376-6300, Ext. 300.

### They want your blood

Children's Specialized Hospital will hold a blood drive on Sept. 29 from 10:30 a.m. to 4:30 p.m.

Donors must be at least 18 years old, weigh at least 110 pounds and be in general good health.

### Grandparents' Day

MedBridge Medical and Physical Rehabilitation will hold a Grandparents' Day event on Sunday from 1 to 3 p.m., including blood pressure and hearing tests.

## Nine arrested in theft attempt

Nine people, five of them juveniles, were arrested for attempting to steal cars from a BMW dealership on Route 22.

The suspects were spotted on the lot of JMK Auto Sales, a BMW dealership, near the Springfield border, Aug. 25 at around 3 a.m. Waiting for backup, police said they saw the suspects break into some new cars.

The lot was surrounded, and police arrested the nine. They were charged with attempted motor vehicle theft, burglary, criminal mischief and possession of burglary tools.

Donna Alessio, 20, and Michael Jones, 20, of Nutley were charged. Kinny Lewis, 20, and George Pilkington, 25, of Belleville were also charged.

Four juveniles were released to their parents and one was sent to a detention center.

Bail was set at \$5,000. Alessio was bailed out at police headquarters, while the rest were taken to be jailed in Elizabeth.

## A rough scrape



Photo By Mark Crudele

A 1992 Nissan Pathfinder is towed after being hit by another car on Route 22 East on the morning of Aug. 25. The driver, who was not injured, said he was hit on the right side of his car, slamming him into the concrete divider. The vehicle couldn't be driven away because of damage done to its front left wheel.

## County clerk calls it quits

By Mark Crudele  
Staff Writer

It took him a bit of time, but Union County Clerk Walter C. Halpin eventually came up with his 10th and final reason for informing Gov. Christie Whitman on Tuesday afternoon that he plans to retire, effective Sept. 16.

"I've already thought of nine," said Halpin as he began explaining why he is retiring after 38 years in county government. He explained:

- "I'm 70 years old and climbing;
- I'm receiving Social Security and Medicare;
- I've been employed for 50 years and that's enough;
- My arthritis is coming on like gangbusters;
- I have a 5-year-old grandchild I want to get to know;
- I want to visit Civil War sites;
- The Court Take-Over Law implemented this year;
- There are no more challenges to bring in new technology now that this office is 100 percent computerized; and

• All of my old colleagues in government are old or have passed on."

Halpin, an institution at the Clerk's Office, has garnered the respect of his peers. Many of them were surprised to hear of his retirement.

"He's done an outstanding job and is very well respected," said County

Manager Ann M. Baran. "He will be missed. I wish him the best of luck in retirement."

A World War II veteran, Halpin started in the Clerk's Office in January 1958 making a salary of \$48 a week. With three kids, it looked as though he would have to struggle to get by.

"But look what's happened to me," he said. "I was in the right place at the right time. I'm like Lou Gehrig — I feel like the luckiest guy on the face of the Earth."

He's most proud of how he joined all 21 county clerks in the state together to sue the Republican presidential candidates in 1987.

"We sued them because they took up the whole ballot for the delegates they were going to send to the Republican National Convention," said Halpin. "We saved \$4 million across the state, and between \$300,000 and \$400,000 in Union County."

Halpin said the suit also saved the state from a big headache. "It would have required every county to go out to Pennsylvania, Maryland and other states to get more voting machines. They wouldn't listen to my pleas for two years, so we hauled" them all "into court and sued them," he said.

Halpin is also pleased to have had the honor of swearing in 18,000 new citizens from 1967-88, and for computerizing the tallies on election night.

"It used to take three days to get those results," he beamed.

The out-going clerk said that he represented the citizens of the county the best he could, and that included not making decisions based on politics.

"I kept politics 100 percent out of my office, even in my hiring practices. I think that people appreciated that."

However, politics may play a part in naming his successor. According to Robert Friant, a state spokesman, the governor could pick a replacement for Halpin who would serve until the general election on Nov. 7, and that person would have to be from the same party as Whitman. She is allowed to make the appointment because Halpin resigned more than 37 days from the election, said Friant.

If Whitman chooses not to appoint someone, Deputy County Clerk Paul J. O'Keefe would serve as acting clerk until the election. Regardless of what she does, voters will pick Halpin's successor in November, and that person will serve the full five-year term.

But for Halpin, those concerns don't matter much anymore.

"I owe the citizens of Union County a debt of gratitude for electing me six times. They're the ones who allowed me to serve the citizens the best way I know how."

## Heritage Day celebration to begin

The Heritage Day Committee has finished the plans for the weekend-long Heritage Day Fair scheduled to begin Sept. 14.

That evening, the Dine-A-Round will be the first of the events that conclude the borough's 100th anniversary celebration.

The culinary skills of more than a dozen of the area's restaurants will be offered to ticketholders.

Abundance of Taste, Bagel Central, C'est Cheese, Cioffi's Catering, Diamatsu, Fresh Fields, Geiger's, J&M Caterers, L'Affaire, Mojave Grill, Raagini, Saraceno's, Starbucks, Theresa's, and even the chefs from Overlook and Children's Specialized hospitals will be on hand.

Tickets for the Dine-A-Round have been sold out.

After dinner, the 40-piece symphony orchestra, the New Jersey Pops will perform.

Under the direction of Michael Buglio, the symphony orchestra will perform in the auditorium of Our Lady of Lourdes Church.

On Sept. 15, the Phyllis Brothers Circus comes to town for two per-

formances, once at 5:30 p.m. and again at 7:30 p.m. The big top will be hoisted at the Deerfield School grounds, where jugglers, acrobats, clowns and trained animals will come together.

The Heritage Day Committee members said they expected tickets to be available at a discount price at Borough Hall tomorrow from 10 a.m. to noon. Any remaining tickets will be sold at the door before the performances.

On Sept. 16 at 1 p.m., the Centennial Fair will open.

In addition to a variety of other entertainers, there will be mimes, jugglers, clowns and uni-cyclists strolling the Deerfield School grounds. Musical entertainment will include a line dancing show and instruction for adults, and special interactive entertainment for the children too.

The fair will begin with the Tournament of the Century. The competition schedule includes:

- The Australian trolley, bocce skill tournament, chipping to the pin, putting, helmet stack 'em, and the flip and catch for adults.

- The helmet shuttle, wala bala, soccer dribble, hula hoop contest, and peanut in the pie contests for 10-13 year olds.

- For children between the ages of 5-9, the hoop knee race, hippity hop derby, hula hoop, limbo, parachute games and bubble gum blowing contests will be held.

- For children under five, the parachute games, spoon race and pee-wee football roll will be held.

- At the end of the tournament, a tug o' war and water balloon toss will pit players of all ages against each other.

Among the other attractions scheduled for the weekend are: the opening of the time capsule; musical performances by the Sugarfoot Band, sponsored by MedBridge Medical and Physical Rehabilitation Center; the Vinnie Burke Trio; the Mountainside Music Association; a raffle and the Allan Goowins Magic Balloon Show.

The weekend party will conclude with tethered hot air balloon rides, sponsored by NatWest Bank, and a fireworks display.

## DiFrancesco won't seek Senate seat

### Announcement pre-empts Kean's

State Senate President Donald DiFrancesco, R-22, announced he will not seek a U.S. Senate seat in 1996.

In recent weeks, DiFrancesco has said he may run for the seat held by Sen. Bill Bradley, the three-term Democrat who announced last month that he will not seek re-election next year. DiFrancesco had said he may seek the Senate seat if former Gov. Thomas Kean announced he would not run for office.

By Aug. 31, when Kean announced he will not run for the Republican nomination, DiFrancesco had already decided not to enter the campaign. To date, Rep. Dick Zimmer, R-12, is considered the front-runner.

Explaining his decision, DiFrancesco said his interests are in New Jersey's capital, not in Washington.

"There are still many challenges facing the state Legislature," he said in a statement to the press. "I did not want a U.S. Senate seat to interfere with my continued leadership and the state Senate's focus on important state issues."

DiFrancesco, as a state senator of District 22, represents Mountainside, Berkeley Heights, Clark, Cranford, Fanwood, Garwood, New Providence, Scotch Plains, Westfield, Winfield and seven other towns in Middlesex, Morris and Somerset counties.

The state senator had been a favored contender for the seat, due to

his position as president of that chamber and to the millions of dollars he was reported to be able to raise. DiFrancesco remains active in fund raising for other Republican candidates in local and state elections.

Elected to the state Senate in a special election in 1979, DiFrancesco has been re-elected five times, most recently in 1993. He now is serving his fourth year as Senate president. He was elected Minority Leader in 1982 and 1984.

Prior to his terms in the Senate, he served three years in the General Assembly.

Bradley, who upon announcing he will not seek re-election, also said he may begin an independent campaign for the White House in 1996. He was elected to his first six-year term in the U.S. Senate in 1978. His current term expires in 1997.

In his re-election bid in 1990, Bradley came close to losing the general election to Christine Todd Whitman. Because of the popularity the then-unknown Whitman garnered, prominent Republicans in New Jersey have said that the U.S. Senate seat can be won. In 1994, General Assembly Speaker Garabed "Chuck" Haytaian, R-23, came even closer to defeating incumbent Democrat Sen. Frank Lautenberg.

Kean served as governor from 1982-89.



Courtesy of Brooke Gardiner

Brooke Gardiner demonstrates the art of glass-blowing as he uses rods and a torch to melt Pyrex into decorative shapes. In addition to glass-blowing, the retired Exxon chemist lists scuba diving, cooking and bonsai pruning among his hobbies.

## Hobbyist's multimedia art takes many forms

By Bea Smith  
Staff Writer

Brooke Gardiner, who has some really interesting hobbies, including glassblowing, cooking and scuba diving, admitted the other afternoon that he is busier than he has ever been now — at age 65.

The tall, intelligent-looking gentleman explained that since taking an early retirement from Exxon in Linden, where he worked for 35 years — he started when it was Esso — serving as a chemist and research associate in additives for lubricating oil, that he has been busier now doing the things he wants to do when he wants to do them than when he worked at his profession.

Multimedia glassblowing has taken

precedence over everything Gardiner has done since his retirement in 1992. He also is into stone sculpture.

"I became interested in glassblowing," he recalled, "when I was 14 years old. I got into it because my father was interested in small glass animals which he used to make. So, I thought I'd try my hand to make some for his birthday. I got a little Sears compressor, used a little torch, and made some glass animals for him. And that was the beginning," Gardiner chuckled.

"Basically, the work that I'm doing now is called lampworking. I use traditional glass that has typical utilitarian glasswear. There are two types of glass. There's soft glass — Pyrex

See ARTIST, Page 2



**INSIDE THE Mountainside Echo**

Lifestyles	4
Editorial	6
Be Our Guest	6
Obituaries	9
Sports	12
County news	B1
Entertainment	B3
Classified	B11
Real estate	B13
Automotive	B15

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# Artist creates with fire and Pyrex

(Continued from Page 1)  
Glass, made by Corning, and I work basically with Pyrex Glass or Borosilicate, the generic name. All the things I did are all solid, not hollow.  
"And the way I do it by drawing a glass out of playdough material, which has that kind of consistency when it's hot. You know that glass is a frozen liquid. It becomes fluid at a very high temperature. It's like ice, except that ice is crystal and glass is amorphous. Well, I got rods and a torch, a combination of natural gas and oxygen. The Borosilicate glass melts at a higher temperature. So, you need a higher flame. Oxygen makes a higher flame — actually, it's just a couple of hundred degrees. You heat the glass rod in the frame and it melts and softens, and once it's soft, it can attach to something. Everything is dealt with at a distance with the rods.  
"It's like taffy, actually. This is different from commercial glassblowing," said Gardiner. "Most glass is not made by humans. It is all automated."  
Gardiner said that the "art of glassblowing has grown tremendously in the last few years. It was started by a man named Harold Littleton about 30 years ago."

For the last two years, Gardiner said, "I have been going into Brooklyn for a glass course. The school is called Urban Glass. I went more or less to get an idea of what glassblowing is."  
"One of my classes is called Neon Art and it is painting with light in the tubes. It can come from a sculpture. I have a number of sculptures in my shop at home."

"In fact," he smiled, "my son and I had sold little animals to women's exchanges nine years ago. I also had some shows in August 1992 at the Mountainside Library. I had a show this April in Madison Library where I

showed about 70 different pieces. And I had a show at the Cannonball Museum in Scotch Plains. I give demonstrations now and then. I had one recently at the Far Brook School in Short Hills. I have a special collection that I keep for the shows.

"I'm really trying to do mixed media, two things in one piece. In fact," he said, "I just finished a piece called 'Rain.' It has quite a bit of mixed media. It's actually a stone, fairly flat on two levels. I had the lady made of glass sitting on both levels, hands back, head up, feeling a rain drop on her face. It is 15 inches long and about nine or 10 inches wide.

"For the rock, I have simulated water on it. I've taken an acrylic resin and painted that on the rock so that it looks like rivelets of water. It's glassy looking. And I have the lady on one end of the rock, with her child squatting at her feet with her hand in the water. I have three separate pieces of glass to give it the feeling of rain coming down. I had a lot of fun doing it," laughed Gardiner. "It was something I wanted to do for a long time. Actually, I bought the rock three years ago, and I did this piece over a period of three months."

Gardiner said that he was "interested in doing three-dimensional sculpture. I'm planning to do a three dimensional circus motif. You know," he admitted, "I like my stone sculptures so much that I don't want to part with them. But I'm going to run out of room in my studio at home. I'm not really in it for the money. After 35 years with Exxon and a chemist for 50 years, I just want to change my life a little bit. I thought it would be fun to do it."

Gardiner, who graduated from Haverford College in Pennsylvania, recalled that a professor who did glassblowing became ill and during

the year that he was out, Gardiner took over some of his glass-blowing work. And when he did his graduate work for a Ph.D. in organic chemistry at the University of North Carolina, Chapel Hill, he learned about scientific glassblowing.

He has been back to school recently when he took a course in welding at Union County Vocational-Technical School, Scotch Plains, and at Urban Glass in Brooklyn, where he learned about neon art, which is incorporated in "stylized multimedia pieces."

Gardiner grinned. "I've got too many hobbies. That's my trouble. But I seem to be a full-time sculptor in multimedia pieces."

"One of my hobbies is cooking. In fact, I stayed up until 1:30 one morning because one of my lady classmates is a chocoholic. My son gave me a cookbook called 'Death by Chocolate,' as a gift, and I made one of the recipes for the entire sculpture class. It is a nine inch cake, with three layers of meringue and two kinds of chocolate, with butter egg cream on it. It was a white and dark chocolate daquoise, and it tasted unbelievable. Pure calorie. Everybody raved about it. And since I'm the only male student in that class, every women took a



Courtesy of Brooke Gardiner  
Borough resident Brooke Gardiner displays some of the figurines he has created from Pyrex. The hobbyist's works have been displayed throughout the years at the Mountainside Public Library, the Madison Library and the Cannonball Museum in Scotch Plains. Plus, he's given demonstrations, including recently at the Far Brook School in Short Hills.

piece home for her husband."

Gardiner resides in Mountainside with his wife, Beth. They have two sons, Allen, 25, and Blair, 19. "My older son does some glass blowing. He's also done some painting. And Blair has done some nice photography in high school."

Gardiner is a senior deacon in the

First Congregational Church in Westfield. "It takes a lot of my time, but it keeps me out of trouble. It also gives me a chance to make chocolate chip cookies."

"You know?" he mused. "I bought a lot of books on glass for my retirement, and I haven't read one yet. I just haven't had the time."

## police blotter

Residents of Park Slope reported their home had been burglarized during the holiday weekend.

According to police, the family returned home Sunday and discovered their house ransacked. An undetermined value of cash and jewelry was reported taken.

According to police, entry was gained through a smashed window on the first floor of the west side of the house. Detective Sgt. Rice is continuing the investigation.

On Saturday, between 7:30 and 10 p.m., a red four-door Acura was stolen from the parking lot of the Steak and Ale Restaurant.

According to police, the owner was dining inside the establishment at the time of the theft. The car, valued at \$17,000, was recovered Sunday in Bloomfield by the Bloomfield Police Department.

On Friday at 11 a.m., a resident reported green paint had been

splashed onto his driveway and car.

On Friday at 6:10 p.m. the Mountainside Rescue Squad responded to the MedBridge Nursing Home.

According to police, a woman at MedBridge fell down as she tried to get out of bed. The Mountainside Rescue Squad transported her to Overlook Hospital.

On Aug. 31, between noon and 8 p.m., a burglary occurred at Woodland Avenue, according to police.

Cash and jewelry, estimated at \$5,175 was stolen, police said. Entry was gained through the side door of the house leading to the driveway. Police are not sure whether it was forced entry or not. The residents were not home at the time of the burglary. Rice is investigating this reported burglary also.

On Aug. 29 at 9:20 a.m., an employee of Cashel Carpets, located at 217 Sheffield St., collapsed and suffered a seizure.

Paramedics and the Mountainside Rescue Squad transported the person to Overlook Hospital.

On Aug. 29, a woman entered police headquarters and reported that an employee of the Amaco Station on Route 22 had damaged her car while filling the tank with gasoline. According to police, the gas-cap, which was the item reported broken, was valued at \$21.

On Aug. 24, an employee of a Mountainside business reported receiving threatening phone-calls from a person employed at a Plainfield auto dealership.

The Mountainside employee bought his vehicle, which was defective, at that dealership, and according to police, someone from the dealership called and said "pay up or we will send people with guns."

Rice is investigating this case also.

### Astronomy, bird watching programs offered

The Trailside Nature and Science Center continues its September programs with studies of astronomy and birds.

On Sundays at 2 p.m., the Space Disaster program shows stars exploding, galaxies colliding, meteors crashing and other cosmic catastrophes.

Admission costs \$3 per person, with senior citizens admitted for \$2.55. The show is inappropriate for children under six years old.

On Sept. 17 at 3:30 p.m., Rodney the Rocket will appear, introducing pre-schoolers to the planets.

The program includes songs,

counting, model planets and the basics of planetarium star-gazing.

This program is for children aged 4-6, accompanied by an adult. Admission costs \$3 per person, with seniors admitted for \$2.55.

Also on Sept. 17, from 2 to 4 p.m., the center will take visitors outdoors to watch for hawks.

The program, Hawks Aloft, involves scanning the skies for the migrating raptors. September is peak browsing time, and participants should be able to spot redtails, kestrels and sharpshins also.

Admission is \$1.

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## Civic calendar

The Civic Calendar, prepared by the *Springfield Leader* and the *Mountainside Echo*, is a list of local and county government meetings.

### Sept. 11

- The Springfield Township Committee will meet in executive session at 7:30 p.m. on the second floor of the Municipal Building at 100 Mountain Ave.
- The Mountainside Zoning Board will meet at 8 p.m. in Borough Hall.

### Sept. 12

- The Springfield Township Committee will meet at 7:30 p.m. on the second floor of the Municipal Building at 100 Mountain Ave.
- The Mountainside Borough Council will meet in a work session at 8 p.m. in Borough Hall.

### Sept. 13

- The Union County Planning Board will meet at 7 p.m. in the Administration Building at Elizabethtown Plaza in Elizabeth.

### Sept. 19

- The Mountainside Borough Council will meet at 8 p.m. in Borough Hall.
- The Springfield Board of Adjustment will meet at 7 p.m. on the second floor of the Municipal Building at 100 Mountain Ave.

### Sept. 20

- The Springfield Development Review Commission will meet at 7 p.m. on the second floor of the Municipal Building at 100 Mountain Ave.
- The Union County Consumer Affairs Advisory Board will meet at 7:30 p.m. in the Administration Building at Elizabethtown Plaza in Elizabeth.
- The Union County Community Development Block Grant and Revenue Sharing Committee will meet at 7:30 p.m. in the Administration Building at Elizabethtown Plaza in Elizabeth.

### Sept. 21

- The Mountainside Recreation Commission will meet at 8 p.m. in Borough Hall.

### Sept. 25

- The Springfield Township Committee will meet in executive session at 7:30 p.m. on the second floor of the Municipal Building at 100 Mountain Ave.
- The Union County Air Traffic Noise Advisory Board will meet at 7 p.m. at 300 North Ave. East in Westfield.
- The Union County Mental Health Advisory Board will meet at 6:30 p.m. in the Administration Building at Elizabethtown Plaza in Elizabeth.

### Sept. 26

- The Springfield Township Committee will meet at 7:30 p.m. on the second floor of the Municipal Building at 100 Mountain Ave.
- The Watching Reservation Deer Management Subcommittee will meet at 8 p.m. at the Trailside Nature and Science Center in Mountainside.
- The Union County Parks and Recreation Advisory Board will meet at 6 p.m. in the Administration Building at Elizabethtown Plaza in Elizabeth.
- The Union County Advisory Board on the Disabled will meet at 7:30 p.m. in the Administration Building at Elizabethtown Plaza in Elizabeth.

### Sept. 27

- The Union County Solid Waste Advisory Council will meet at 8 p.m. in the Administration Building at Elizabethtown Plaza in Elizabeth.

## Veterans recall service in war's Pacific Theater

By Cynthia B. Gordon  
Staff Writer

On Saturday, the anniversary of the official end of World War II passed. While this celebration of V-J Day was the last of the 50th anniversary observances of wartime events, several Mountainside residents remember their roles in the war.

"I joined, I wasn't drafted," said Eugene Skrynas, a resident of Mountainside for 27 years.

"We had a shakedown cruise in Bermuda, mock warfare against a destroyer. We went through the Panama Canal to Hawaii," he added, recalling his service in the Navy in 1942.

Skrynas said he went on to participate in eight of the Pacific Theater's "island hopping" campaigns, including the battles of Okinawa, Leyte Gulf, Guam, New Guinea and Iwo Jima.

Skrynas was discharged in 1946 and returned to the United States. "I was young and I wanted to serve my country," he said. "I was glad to fight for my country."

Richard Tims, a resident of Mountainside since 1950, also served in the war.

"I went in as a musician," he said of his role in "This is the Band" at Ft. Dix. "I thought I had it made, but I didn't pass the grade. So I went on my own."

Tims then attended the Army Air Corps' school and came out as a mechanical technician. He remained in the service for two years, transporting fighter planes on a tanker.

"I was assigned to the 35th Fighter Group," he said of his unit. "We made the first fighter-group sweep into Japan and later went to Japan for the occupation."

"It was a good experience. I'm glad I came back whole in one piece," he added.

After the war, Tims became a charter member of the Mountainside chapter of the Veterans of Foreign Wars. He went on to become the historian at the John L. Ruddy Post in Clark. Tims also has been a member of the American Legion's 5th district in Union County for 43 years.

Bill Wagner, president of the Mountainside Senior Citizens Club, served in the Navy on board a destroyer in the South Pacific. In addition to participating in many battles and invasions, he was in Tokyo Bay on V-J Day.

Another memory Wagner recalled was of the captain of his sister-ship — Franklin D. Roosevelt, Jr.

Angelo Morganti, commander of the Mountainside VFW served in the war as a B-24 crew chief in the Aleutian Islands near Alaska. "Our outfit bombed Kiska and Attu," he said.

"We were the second people to bomb Japan," he added, alluding to Col. Jimmy Doolittle's legendary 30 seconds over Tokyo. "Our target was Paramashiro."

"It was a 10-hour flight back and forth — a boring ride for crews, but it was a job that had to be done," he also said. "We had no way of knowing what the weather was, hoping it would stay clear over the islands."

"On our third mission, we lost 50 percent of our aircraft," he continued. "We sent 20 planes and got 10 back."

John Rusbarsky, a Mountainside resident for 30 years, volunteered for the Army in 1942. He served in India and was part of the railway operation for two years serving Ledo Road and Burma Road over the Himalaya Mountains. The railroads were used for transporting equipment, tanks, trucks, artillery pieces and other weapons. His battalion was alerted for both the Battle of Burma and the Battle of Rangoon.

Not all of Allies' enemies wore Japanese uniforms. "The hardest problem was malaria, the monsoon season, hot temperatures and 100 percent humidity," he said.

Fred Buschmann, a Mountainside resident of 35 years, earned his commission in the Navy when he was 19. He served on board an aircraft carrier in its aviation bomb division. He performed the hazardous tasks of both arming the aircraft with ammunition, bombs and rockets, and also disarming the undropped bombs of returning planes.

## Cycling safety



Mountainside police Sgt. Scott Worswick inspects A.J. DeRose's bicycle, checking for safety features, during the Bike Rodeo held for Deerfield School students.

## AAA to open new office in Echo Plaza Center

The AAA New Jersey Automobile Club will celebrate the grand opening of its newly relocated Springfield office on Tuesday.

Located in the Echo Plaza Shopping Center, at the intersection of Mountain Avenue and Route 22, AAA's Springfield office will mark the occasion with a ribbon cutting ceremony at 11:30 a.m.

Deputy Dan, AAA's talking safety van, will be on hand to welcome children and adults. All grand opening visitors will receive a travel information package filled with discount coupons, maps and free gifts. Refreshments will also be served.

The club is also offering a \$9 discount off the purchase of a new AAA primary membership and \$5 off a primary membership upgrade to AAA Plus.

The Springfield office provides the full array of AAA services including maps, Triptiks and TourBooks; air, cruise, rail, hotel/motel and rental car reservations, many at a discount; fee-free American Express Travelers Cheques; passport photos and International Driving Permits; travel packages and escorted group tours; homeowners and auto insurance; car buying services — pricing, buying, leasing, financing and extended service plans; discounts on attraction and movie tickets; travel books and products; and AAA membership sales and renewals.

Office hours are Monday through Friday, 9 a.m. to 5 p.m.; Thursday until 7 p.m.; and Saturday, 9 a.m. to 1 p.m. For more information, call (201) 467-2651.

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## Hudak-Miller wedding set

Sharon Lynn Hudak of Rutherford, daughter of Mr. and Mrs. Rudolph J. Hudak of Bristol, Conn., and Mark Alan Miller of Rutherford, son of Mrs. Francis "Fay" Miller of Springfield and the late Paul M. Miller, have announced their engagement.

Ms. Hudak graduated from Bristol Central High School, Bristol, Conn., and Parsons School of Design, New York City. She is employed as a graphic designer/computer consultant for Oxford University Press, New York City.

Mr. Miller graduated from Jonathan Dayton Regional High School, Springfield and Kent State University, Ohio. He is a corporate account manager for Enterprise Rent-a-Car in Manhattan.

An October wedding has been set at the Richfield Regency in Verona.

## Regional board schedules meeting

The Union County Regional High School Board of Education has released the schedule of its first meetings of the 1995-96 academic year.

The next meetings are scheduled for:

- Sept. 19 at 7:30 p.m. in the library of Jonathan Dayton Regional High School in Springfield.
- Oct. 2 at 7:30 p.m. in the library of Arthur L. Johnson Regional High School in Clark.



Sharon Lynn Hudak and Mark Alan Miller

## stork club

### Kimberly Lisa Blabolil

A 7 pound, 5 ounce daughter, **Kimberly Lisa**, was born July 26 in St. Barnabas Medical Center to Mr. and Mrs. Jerry Blabolil of Bridgewater. She joins a brother, Daniel.

Mrs. Blabolil, the former Frances Cirillo, is the daughter of Mr. and Mrs. Frank Cirillo of Fairfield. Her husband is the son of Mr. and Mrs. Jerome Blabolil of Springfield. Maternal great-grandparents are Anna Vitty of Fairfield and Nellie Cirillo. Paternal great-grandmother is Jeanette Schoenberg of Springfield.

## Red Cross plans annual luncheon

The Westfield/Mountainside chapter of the American Red Cross will hold its annual meeting and luncheon Wednesday at the Westwood in Garwood.

The cost for the luncheon is \$15 per person. The doors will open at 11:30 a.m. with the luncheon beginning at 12:15 p.m.

The meeting and election of officers for 1995-1996 will begin at 1 p.m. Annual recognition awards will be presented to volunteers for their commitment and years of service to the Red Cross.

People who are interested in attending the luncheon may contact the chapter at 232-7090.

## Announcement policy

Couples are encouraged to send their engagement and wedding announcements to the lifestyle editor. Announcements should be typed, doubled spaced or legibly handwritten and no longer than one page. All announcements should have a daytime phone number for verification or if questions arise.

Information requested for engagements are parents names, high school name and town, college name, town and degree, name of employer and town where located, job title and the date of marriage.

Information requested for weddings are parents names, date of wedding, where the wedding took place, who officiated, who attended the bride and groom, high school name and town, college name, town and degree, name of employer and town where located, job title and where the couple honeymooned and will reside.

When sending a picture with the announcement, a check for \$10 is required. Black and white or clear color pictures are acceptable. Pictures of the couple sitting or standing together are preferred. Pictures of one person standing and the other seated present design problems, so if possible, side by side is better. For more information call 686-7700.

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Old Milwaukee Non-Alcoholic <b>\$6.99</b> (24 12-oz. cans)	Old Milwaukee or Schlitz Reg., Light or Ice <b>\$7.99</b> (24 12-oz. cans)	Beck's Reg., Dark, or Light <b>\$16.99</b> (24 12-oz. cans)	Pils, Meister Brau Reg. or Light <b>\$6.99</b> (24 12-oz. cans)	Tropical Freezers All Varieties <b>\$4.99</b> (3-pack)
Milwaukee's Best or Olympia Reg. or Light <b>\$6.99</b> (24 12-oz. cans)	Genesee Cream Ale, Ice Beer or Red <b>\$9.99</b> (30 12-oz. cans)	National Bohemian <b>\$6.49</b> (24 12-oz. cans)	Coors or Arctic Ice Reg. or Light <b>\$11.99</b> (24 12-oz. cans)	Snapple or Mystic all varieties <b>\$12.99</b> (24 12-oz. cans)
Pilsner Urquell <b>\$19.99</b> (24 12-oz. cans)	Coors Extra Gold reg. bts. \$1.50 dep. <b>\$8.99</b> (24 12-oz. cans)	Budweiser or Bud Ice or Ice Light <b>\$11.99</b> (24 12-oz. cans)	Sharp's Non-Alcoholic or Coors Cutter <b>\$9.99</b> (24 12-oz. cans)	Jack Daniels Country Cocktails <b>\$4.99</b> (4-pack)
Red Dog or Ice House <b>\$11.99</b> (24 12-oz. cans)	Schmidt's Reg., Light, or Ice <b>\$6.99</b> (24 12-oz. cans)	Stroh's Reg. or Light <b>\$9.99</b> (30 12-oz. cans)	Coors Xtra Gold or Bud Dry <b>\$9.99</b> (24 12-oz. cans)	Southern Comfort Laidback Lemonade <b>\$2.99</b> (4-pack)
Coors Light <b>\$8.99</b> (24 12-oz. cans)	Bud Light <b>\$11.99</b> (30 12-oz. cans)	Miller GD, GDL, Lite, Ice Lite <b>\$10.99</b> (24 12-oz. cans)	Lowenbrau or Michelob All Varieties <b>\$11.99</b> (24 12-oz. cans)	Coke Reg. or Diet <b>\$5.99</b> (24 12-oz. cans)
Busch Reg. or Light <b>\$8.99</b> (24 12-oz. cans)	Molson Golden or Ice <b>\$12.99</b> (24 12-oz. cans)	Hacker Pschorr Munich Edelhell <b>\$18.99</b> (24 12-oz. cans)	Corona Reg. or Light <b>\$17.99</b> (24 12-oz. cans)	7-Up Reg. or Diet <b>\$6.99</b> (24 12-oz. cans)
St. Pauli Girl Reg. or Dark <b>\$16.99</b> (24 12-oz. cans)	Hacker Pschorr Oktoberfest <b>\$22.99</b> (24 12-oz. cans)	Ballantine Ale <b>\$9.99</b> (24 12-oz. cans)	Guinness Stout <b>\$25.99</b> (24 12-oz. cans)	

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Black Velvet Canadian Whiskey <b>\$11.99</b> (1.75 liter)	Chivas Regal <b>\$18.99</b> (750 ml)	Tanqueray Gin <b>\$11.99</b> (750 ml)	Early Times Bourbon <b>\$13.99</b> (1.75 liter)
Martell V.S. Cognac <b>\$17.99</b> (1 liter)	Chinchon Aquarediente <b>\$4.99</b> (750 ml)	Bouchard French Brandy <b>\$7.99</b> (1 liter)	Bacardi Black Rum <b>\$8.99</b> (750 ml)
The Glenlivet with cradle <b>\$49.99</b> (1.75 liter)	Ron Rico Spiced Rum <b>\$9.99</b> (1.75 liter)	Whiteside Scotch <b>\$13.99</b> (750 ml)	Captain Morgan Spiced Rum <b>\$14.99</b> (1.75 liter)
Bacardi Light or Dark <b>\$13.99</b> (1.75 liter)	Gordon's or Wolf Schmidt Vodka <b>\$10.99</b> (1.75 liter)	The Glenlivet <b>\$19.99</b> (750 ml)	Glenmorangie Single Malt 10 yr old <b>\$23.99</b> (750 ml)
Scorseby Scotch <b>\$15.99</b> (1.75 liter)	DeKuyper Peach Tree Schnapps <b>\$5.99</b> (750 ml)	Sauza Commemorative Tequila <b>\$15.99</b> (750 ml)	Carolan's Irish Cream & Coffee <b>\$8.99</b> (750 ml)
Finlandia Vodka <b>\$18.99</b> (1.75 liter)	Gordon's Gin <b>\$12.99</b> (1.75 liter)	Crown Royal <b>\$12.99</b> (750 ml)	Leroux Blackberry Brandy <b>\$14.99</b> (1.75 liter)
Old Smuggler Scotch <b>\$15.99</b> (1.75 liter)	Marie Brizard Watermelon Liqueur <b>\$9.99</b> (750 ml)	Castillo Rum White or Gold <b>\$11.99</b> (1.75 liter)	Majorska Vodka <b>\$9.99</b> (750 ml)

WINE		CHAMPAGNE	
Opici Homemade Barbone or Chianti <b>\$8.99</b> (4 liter)	B&G Cabernet Sauvignon or Merlot <b>\$4.99</b> (750 ml)	Gallo Living Cellars All Types <b>\$5.99</b> (2 liter)	Beringer White Zinfandel <b>\$4.99</b> (750 ml)
Marcus James White Zinfandel <b>\$4.99</b> (1.5 liter)	Paul Masson White Zinfandel <b>\$2.99</b> (750 ml)	Rodney Strong Chardonnay or Cabernet Sauvignon <b>\$6.99</b> (750 ml)	Citra Red or White <b>\$4.99</b> (1.5 liter)
Glen Ellen White Zinfandel or Sauvignon Blanc <b>\$5.99</b> (1.5 liter)	Buena Vista Caracaras Chardonnay <b>\$7.99</b> (750 ml)	Louis Jadot Macon Villages <b>\$6.99</b> (750 ml)	Almaden Chablis, Burgundy, Rhine or Shush <b>\$7.99</b> (5 liter box)
Fontana Candida Pinot Grigio <b>\$3.99</b> (750 ml)	Riunite all varieties <b>\$5.99</b> (1.5 liter)	Franzia Chablis, Rhine, Blush, Chablis, Red <b>\$4.99</b> (3 liter box)	Sutter Home White Zinfandel <b>\$3.99</b> (750 ml)
Corbett Canyon Cabernet Sauvignon <b>\$3.99</b> (750 ml)	Corbett Canyon Chardonnay or Cabernet Sauvignon <b>\$5.99</b> (1.5 liter)	San Matteo Pinot Grigio <b>\$5.99</b> (1.5 liter)	Carlo Rossi All Varieties <b>\$6.99</b> (4 liter)
Gabriella Chardonnay or Merlot <b>\$3.99</b> (750 ml)	Tribuno Sweet or Dry Vermouth <b>\$2.99</b> (1 liter)	Inglenook Napa Valley Chardonnay or Cabernet <b>\$4.99</b> (750 ml)	Taylor Chablis, Burgundy or Blush <b>\$6.99</b> (750 ml)
Fortant Chardonnay, Cabernet Sauvignon or Merlot <b>\$4.99</b> (750 ml)	Gallo Cabernet Sauvignon or Chardonnay <b>\$6.99</b> (1.5 liter)	G&D Vermouth Sweet or Dry <b>\$7.99</b> (3 liter)	Monbello Pinot Grigio or Merlot <b>\$5.99</b> (1.5 liter)
			Martini & Rossi Asti Spumante or Demi Sec <b>\$7.99</b> (750 ml)
			Taittinger Blanc de Blanc <b>\$6.99</b> (750 ml)
			Cooks Brut or Extra Dry <b>\$3.99</b> (750 ml)
			Korbel Blanc de Noirs <b>\$7.99</b> (750 ml)
			Great Western Brut La France <b>\$5.99</b> (750 ml)
			Taittinger Brut La France <b>\$21.99</b> (750 ml)
			Prexienet Cordon Negro Brut <b>\$5.99</b> (750 ml)
			Santini Asti Spumante <b>\$3.99</b> (750 ml)
			Korbel Brut or Extra Dry <b>\$8.99</b> (750 ml)
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# OPINION PAGE

## With shift in power, voters must decide

Finally, two issues integral to the debate about the proposed dissolution of the Union County Regional High School District have been settled.

On Aug. 18, state Commissioner of Education Leo Klagholz told the regional board that letting a minority of its members decide policy will not do. That notice puts an end to the dominance of the four members who oppose any talk of deregionalization.

On Aug. 29, the Regional Board of Education voted 5-4 not to take an official position regarding deregionalization.

The meanings of those two events may seem contradictory, but they actually are necessary, consecutive steps toward finally settling the deregionalization question.

On Aug. 18, when Klagholz told the board a majority of its nine members was needed for the board to take formal action, he cleared the way for the board to request a public referendum. On Aug. 29, when the board voted 5-4 not to take a position on deregionalization, it forwarded the matter to Klagholz, who now must decide whether to allow a public referendum.

Until recently, the board had been split evenly regarding the issues related to deregionalization. Newcomer Alok Chakrabarti of Berkeley Heights, who filled the vacant ninth seat, broke the tie when he sided with Springfield's Ned Sambur, Mountainside's Carmine Venes, Kenilworth's Robert Jeans and Berkeley Heights' Thomas Foregger.

Since the board's reorganization meeting, those four members have said they support a public vote on deregionalization.

That is a crucial point to understanding what's happening in this school district.

Calling for a public vote is not nearly the same as supporting deregionalization, but these four have been described by the other four as being antagonistic toward the regional district.

In recent months, when the Regional High School Board of Education had been missing a ninth member, the four members who favor maintaining the district had dominated the board's decision-making process, stifling the calls for a public vote on deregionalization.

Board President Joan Toth best expressed that misguided philosophy when she said she considered the Aug. 29 vote "very disappointing," and that every board member "should be supporting the regional."

That is wrong.

The job of the Regional High School Board of Education members is not to support the district; their job is to represent their constituents. Those on the board who disagree with that have forgotten their priorities and should step aside.

Call them voters, call them taxpayers, or call them students, the people in the district's six member municipalities are the ones who should or should not support the district.

Toth and her three allies should have no reason to fear the voters. If their convictions are justly based, they should trust the voters, allowing them to choose the fate of the district.

We agree with the thinking of the five members who want the public referendum. Foregger was right when he said "the district was formed by the agreement of the residents of the six sending districts, and the democratic process requires a referendum by the residents to dissolve it."

Jeans voiced another pertinent thought when he said the district has been wasting "time, effort and money" defending the district, when the voters could have ended the matter years ago.

We urge Commissioner of Education Leo Klagholz to allow the public vote. It is the only way to reach a final decision on this divisive issue.



**CREATIVE SCHEDULING** — Julie Nittolo, Carolyn Maul and Nicole Corigliano apply glaze to their ceramics projects as participants in the Board of Education's summer school program. The program, which gave students the flexibility to create their own schedules, included arts, sports and academic activities — including videotape production, gymnastics, mathematics and English-as-a-second-language.

## Ordinary people can change Connell plans

### Be Our Guest

By Tony Addario

Many residents of Watchung and our neighboring communities have asked about the status of the Connell Project, which is proposed for the Runnells Hospital property on the corner of Valley Road/New Providence Road and Bonnie Burn Road/Plainfield Avenue in Berkeley Heights.

The project is centrally located between routes 78 and 22 and between exits 41 and 43 of Route 78. Traffic generated by this very large office complex will affect not only Watchung, but also Mountainside, Berkeley Heights, New Providence, Scotch Plains, Westfield and other surrounding towns. Hence I am writing to bring you the residents of our neighboring communities up to date on the status of the project.

The development itself is located in Berkeley Heights, however, it is bordered to the south and west by Watchung, and the traffic impact of a facility of 800,000 rentable square feet with parking capacity for 2,500 cars will most certainly affect numerous surrounding residential neighborhoods. These "revised" plans have come about after the successful efforts of the Watchung/Berkeley Heights Coalition in 1991 to modify the first set of plans for the facility, which was originally planned as two 10-story towers totaling 1.2 million square feet and a parking capacity of 3,700 vehicles.

Mr. Connell already has built two 300,000-square-foot office buildings to the east of the Runnells property. These were constructed a little more than 10 years ago and have proved to be an asset to our area. Traffic congestion was minimized, and the land was developed respectfully. Throughout our communications with Mr. Connell he has been amicable and forthright. Watchung Borough Council President Elmer Spratford and I met with him and he agrees that there are traffic challenges which need to be addressed.

In 1991, fueled by an active coalition, residents of Watchung, Berkeley Heights and surrounding communities donated \$125,000 to legally fight Mr. Connell's plans. The legal team hired by the coalition focused on the gross inadequacy of a proposed "flyover" which was designed to take traffic heading south on Plainfield Avenue — after exiting a substandard Exit 41 off of Route 78 heading west — exit the traffic to the right and on an elevated "flyover" take the traffic over Plainfield Avenue into the Connell property.

The "flyover" was not adequately designed, to handle the amount of traffic nor the speed of the traffic. As originally designed, the "flyover" would have generated horrible backups on Plainfield Avenue all the way to Exit 41 of Route 78. The Berkeley Heights Planning Board agreed, and in 1991 approved Mr. Connell's plans with the provision that the "flyover" be redesigned.

Mr. Connell took Berkeley Heights to court, objecting to the changes, and asking for a refund of the \$3.8 million he had paid to Berkeley Heights for Mt. Laurel obligations as part of the approval process. So, since 1991 Mr. Connell has been in litigation with Berkeley Heights. In February of this year, Mr. Connell and Berkeley Heights reached an "agreement," which included "modified" plans that have not been made public. Berkeley Heights is advertising a project of 800,000 square feet of "net, usable office space." How much common area is included? What will the total square footage be? We have not seen the actual plans. We don't know what they include, and we must be privy to

it ridiculous. Valley Road runs from the Runnells property to the Watchung Village Circle.

Of course the circle will be affected as will several neighboring communities. A project of this size has far-reaching effects. At this time, the council and I have requested a joint meeting of the councils, mayors and professionals with a date late in August. We have not yet heard back from Berkeley Heights.

Thirdly, we are asking Berkeley Heights to make sure that improvements to Valley Road and the entrances to the present projects are addressed by the developer. We do not want Plainfield Avenue to be widened to include four lanes, as proposed, from Drift Road to the proposed flyover. We object to the flyover itself. Modifications to Diamond Hill should alleviate most of the traffic congestion which would have plagued Plainfield Avenue.

Anyone who looks on a map can see the natural flow of traffic to and from the area. It is entirely logical and feasible for Diamond Hill to absorb the increased traffic from the project. The more capacity we can give Diamond Hill, the less traffic surrounding residential areas, Plainfield Avenue, New Providence Road, Bonnie Burn Road, and Valley Road will have to absorb.

Until now I have been patiently and diligently trying to communicate our objectives to Berkeley Heights. Now we must steer a legal course to meet our objectives. The council and I are actively involved with our attorneys, the Board of Adjustment, the Planning Board, and all relevant parties to actively manage this situation. We have been doing everything possible to minimize the traffic impact on the residential areas surrounding this project.

We are doing everything possible to coordinate our energies with neighboring communities, county planners from Somerset and Union counties, the state DOT and state planners, and Mr. Connell. The council, our attorney's and boards, and I will be working together to do everything possible to ensure that we minimize the impact

of this project on the residential areas of Watchung and surrounding communities. Through the recommendations we have made we believe we have done that.

How can you help? Through letters such as this one, I am urging residents of Mountainside, Berkeley Heights, Scotch Plains, Fanwood, Westfield and New Providence to take an active interest in this project by attending Berkeley Heights Planning Board meetings, staying abreast of developments, writing to your governing officials to share their thoughts and ideas regarding traffic, and encouraging your local officials to become involved.

I urge you to write or call me to share with me your thoughts and ideas on this project. I urge residents of Watchung and all our neighboring communities to attend Planning Board meetings in Berkeley Heights.

Write or call Congressman Bob Franks and share with him your objections to the project, and your support of a modified interchange at Diamond Hill. Write or call Somerset and Union county freeholders to outline your concerns about traffic and how it is directly impacting our quality of life. Call or write "The Coalition" to voice your support or make a donation.

Our common problem in central New Jersey of increased traffic in residential areas will not just go away. It is only going to get worse unless ordinary residents get involved. Write the engineers and directors and other planners who may have never driven on your street or been in your town, but are now involved in making decisions directly affecting your neighborhood.

We must convince all those involved that looking at the quantitative data does not give an accurate picture of the qualitative issues — children playing or riding their bikes, mothers with strollers, or couples walking in the evenings. These simple pleasures will soon be lost unless everyone gets involved.

Tony Addario is the mayor of the Borough of Watchung.

## Speak out

### Don't control them

The question is: Does the white-tailed deer warrant further control in the Watchung Reservation?

I don't think they should be controlled. I'm from Linden, but I have friends in Mountainside and Scotch Plains, and they say they have not seen many of them.

I'm very against the deer hunt.  
Marsha Pepe  
Linden

### People survive

I would like to tell you my feelings about this deer hunt. From the beginning, I was very much against it. I moved here because of the wildlife and these people who are objecting to the wildlife, why weren't they objecting when there was such a rabies scare when there were raccoons.

**"Too few people—including the press itself—are reacting sufficiently to the threat to the free and uninhibited functioning of the American press and to the First Amendment guarantees upon which its independence is based."**  
—Charles W. Whelan, Jr.

### Government representatives

#### N.J. Senate

The Hon. C. Louis Bassano: 21st District: 324 Chestnut St., Union, 687-4127. Republican.

#### N.J. General Assembly

The Hon. Monroe Lustbader: 21st District: Two Northfield Ave., Suite 212, Livingston, (201) 992-9112. Republican.

The Hon. Maureen Ogden: 266 Essex St., Millburn, (201) 467-5153. Republican.

#### Springfield Township Committee

Mayor Marcia Forman: 72 Sherwood Road, 379-6065. Democrat.  
Deputy Mayor Herbert Slot: 5B Troy Drive, 376-7395. Democrat.  
Gregory Clarke: 119 Tooker Ave., 379-4520. Democrat.  
Roy Hirschfeld: 34 Cambridge Terrace, 379-4393. Democrat.  
JoAnn Holmes: 30 Washington Ave., 379-9637. Republican.

### Mountainside Echo

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# Handwoven donation



Craig Bedrosian, left, vice-president of J.K. Bedrosian & Sons, Susan Thomas, director, resource development of the Overlook Hospital Foundation, and Bob Abelson, volunteer, Overlook Hospital Foundation, admire a handwoven rug. The donation by Bedrosian, a third generation family-owned business and one of Summit's oldest firms, will benefit the foundation's fifth invitational tennis tournament on Sept. 18 at Canoe Brook Country Club in Summit.

## We cover your home town news

Worrall Community Newspapers covers almost 50 percent of Union County through our 12 newspapers. Look for our newspapers to learn about municipal and school board meetings, upcoming events, community projects and much more.

To reach any of the editors, call (908) 686-7700.

# First Night is fun tradition

Since it began in Boston in 1976, the "First Night" concept has continued to grow as an alternative New Year's tradition. Two years ago, the non-alcoholic festival came to Summit and decided to stay.

People on three continents and in 118 cities in the United States, including 14 in New Jersey, will see in the new year with similar family-focused community celebrations. Volunteers will transform downtowns into a performing and visual arts showcase. It is a festival that marks the passage of time through art and pageantry.

This year's performers and artists have now been selected. Scheduled entertainment includes art exhibits; clowns; dance, including country western line dancing; jugglers; magic; music: classical, country western, Dixie, ethnic, gospel, jazz, karaoke, Latin, pop and rock; a procession before a big midnight fireworks show; story tellers; theatrical performances; and vocalists.

In Summit the planning committee works nearly year-round to make one evening for an estimated 8,000 people fun, affordable and memorable. Committee members are Maureen and Michael Kelly, co-chairs; Jill Bernstein, Chris Conway, Diane Gallo, Elizabeth Grubic, Alice and Joe Hunter, Julie Keenan, Betsey Lewis, Steve and Marianne Lynner, Tom O'Rourke, Kris Sinnenberg and Joe Steiner.

An extravaganza this big needs about 200 volunteers to help run it smoothly. Volunteers can help at indoor events in downtown Summit. People do not have to work all evening and can work in shifts.

To become a volunteer, call (908) 522-1722.

## Easy choice to be healthy

Advances in science and medicine over the past decade now make it possible for older women and men to choose to be healthy, according to Carole Gordon, program director for the New Jersey Central Chapter of the Older Women's League.

Barring serious disease or disabilities, even those with genetic defects or abnormalities may soon find it possible to prolong life as well as improve the quality of life if they choose to lead a healthy lifestyle, she said.

Four experts will reveal the latest information about their specializations at the next OWL meeting on

Sept. 16 at 10 a.m. The meeting, open to the public, will be at the Summit YWCA, Morris Avenue and Prospect Street. Featured speakers will be Karen Weinstock, a nutritionist from Westfield, who will talk about nutrition for the older woman; Dr. Anthony Carusone, chiropractor from Garwood, who will address stress management; and Pat Fosella, manager, and Gina Mericle, assistant manager of the Cranford pool, who will discuss land and aquatic exercises.

OWL is a national grassroots membership organization advocating for the special concerns and needs of women as they age.

## Active newcomers make plans in fall

Newcomers Club of Summit, Berkeley Heights and New Providence will have a coffee get-together for prospective members on Sept. 12 at 10 a.m. and on Sept. 19 at 8 p.m.

The club, celebrating its 48th year, provides many opportunities for socializing. Special September activities include a Moms and Tots outing to Summit's Fire Station and an afternoon picnic in Columbia Park. Day trips, tennis, Ladies' Night Out, running club, bridge and gourmet dinner groups are also offered. For location information, call Beth Ann Conaghan at 273-6689.

For free ad advice call 908-686-7700.

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# worship calendar

## ASSEMBLIES OF GOD

**CALVARY ASSEMBLY OF GOD** 953 W. Chestnut St., Union, 964-1133 Pastor: Rev. John W. Bechtel. Sunday School 9:30 AM, Worship Service 10:45 AM, Sunday Evening Service 6:30 PM, Wednesday Bible Study and Prayer 7:30 PM.

## BAPTIST

**ANTIOCH BAPTIST CHURCH** 640 S. Springfield Ave., Springfield, Rev. Clarence Alston, Pastor. Church phone (201) 379-1465. SUNDAY SERVICES: 9:30 A.M. Family Bible School, 11:00 A.M. Worship Service. TUESDAY: 7:00 P.M. Bible Class (Where The Bible Comes Alive). WEDNESDAY: 7:30 P.M. Prayer Service. Holy Communion every First Sunday. Nursery Care available every Sunday. If transportation is needed call the church office. Everyone is Welcome at Antioch.

**CLINTON HILL BAPTIST CHURCH** "Where the Bible Comes Alive" 2815 Morris Ave., Union, (908) 687-9440 Reverend Tom Sigley, Pastor-Teacher. WEEKLY ACTIVITIES: Sunday: 9:45 AM - Sunday Bible School for all ages, multiple adult electives are offered each quarter on relevant life topics, nursery care & a children's department (with a puppet ministry). 11:00 AM - Fellowship of Worship. We offer a celebration service which combines a blend of contemporary and traditional worship style; weekly children's sermon, children's church & nursery care is provided. 4:00 PM Tree Climbers for boys ages 5-7 and their dads. 6:00 PM - Family Gospel Hour, nursery care provided; rehearsal for spring musical play for children. Monday: 6:30 AM - Early Morning Prayer Meeting. 7:00 PM Boy's Battalion (grades 7-12) Tuesday: 8:00 PM - Overseas Victorious. Wednesday: 9:15 AM MOPS, young mothers of preschoolers and schoolers; child care & program provided; meets every 2nd & 4th Wednesday. 10:00 AM - Keeneger Bible Study, for senior adults, meets every 1st & 3rd Wednesday. 7:30 PM Prayer & Praise, current Bible Book Study is "The REVELATION of Jesus Christ." Thursday: 10:00 AM - Women's Faithful Workers meets every 2nd Thursday. Friday: 7:00 PM, Pioneer Girls for girls in 2nd - 9th grades; 7:00 PM - Christian Service Brigade for boys 3rd - 6th grades. Saturday: 7:00 PM Youth Group for students in 7th - 12th grades. 7:00-10:00 PM Union's Coffee House. Union's Coffee House meets every second Saturday of the month, contemporary music, food, FREE! all are invited. There are numerous Home Bible studies that meet during the week in Union and surrounding communities, call for information. For FREE information packet please call (908) 687-9440.

**FIRST BAPTIST CHURCH OF VAUXHALL** 5 Hillon Ave., Vauxhall, N.J. Church office, (908) 687-3414. Pastor: Dr. Marion J. Franklin, Jr., Pastor. Sunday School - All ages - 9:30 am; Sunday Morning Worship Service including Nursery room facilities and Mother's Room - 11:00 am; Weekly Events: Mondays - Male Chorus Rehearsal, 7:30 pm. Tuesdays - Tuesday Evening Fellowship of Prayer & Pastor's Bible Class 7:30 P.M. Wednesdays - Voices of First Baptist Rehearsal - 6:00 pm - Tutorial Program from 6:30 pm - 7:30 pm - First Baptist Inspirational Rehearsal - 7:30 pm Thursdays - Thursday Morning Prayer 6:30 am - 7:45 am; Saturdays - Every 2nd & 4th Saturday Youth Choir Rehearsal - 11:00 am. First Sunday of each month - Holy Communion. Call the church office if transportation is needed. (908) 687-3414.

**FIRST BAPTIST CHURCH** Colonial Avenue and Thoreau Terrace, Union. Rev. Robert S. Damrau, Pastor. Church phone: (908) 688-4975. Sunday services: 9:45 AM - Sunday School for ages, multiple adult electives offered each quarter. 11:00 AM - Morning Worship (Nursery care provided for infants through kindergarten, Primary church for grades 1-4). Holy Communion - first Sunday of the month; 7:00 PM - Evening Praise/Informal Bible Study. Wednesday: 7:00-8:30 PM - Middle School/Senior High Youth Fellowship at the Church; 7:30 PM - Prayer Meeting and Bible Study; 8:15 PM - Chancel Choir rehearsal. Thursday: 9:30 - 11:15 AM Women's Bible Study and Craft Class, free child care provided (meets bimonthly, October through May). Monthly meetings include: Couples' Bible Study, Women's Missionary and Service League, Men's Fellowship Breakfast every third Saturday (7:30 AM). Wide range of musical opportunities for children, youth and adults in choirs, hand bell choirs, orchestra and instrumental ensembles. This church provides barrier free accessibility to all services and activities. A personal sound amplification system for the hearing impaired is available for use during the Sunday Morning Worship Service. A cordial welcome awaits all visitors at all of our services and programs.

**EVANGEL BAPTIST CHURCH** "Christ Our Hope and Peace." 242 Shaunpike Rd., Springfield, (201) 379-4351. Reverend Frederick R. Mackey, Senior Pastor. Sunday: 9:30 AM Bible School, 10:30 AM Worship Service and Nursery Care. DVBS Sundays 9:30 AM - 11:30 AM June 27 - August 27. 6:00 PM Evening Service, Nursery Care. Wednesday: 7:15 PM Prayer, Praise and Bible Study, Junior/Senior High Koinonia. Active Youth Ministry, Women's Prayer Watch, Wide-Range Music Program. Ample Parking. Church is equipped with chair lift. All are invited and welcomed to participate in worship. For further information contact church office (201) 379-4351.

**CHURCH OF CHRIST**  
**CHURCH OF CHRIST**, 2933 Vauxhall Road, Vauxhall, Millburn Mall Suite 6, Meets Sunday 10:00am Bible Study, 11:00 Worship Service 6:00 pm Evening Service. Wed. 7:30 pm Bible Study. We are offering a FREE Bible Correspondence course with no obligation; or private Bible Study in your own home at your convenience. Free for the asking. Harry Persaud, Evangelist. 908-964-6356.

**EPISCOPAL**  
**ST. LUKE & ALL SAINTS EPISCOPAL CHURCH** 398 Chestnut Street, Union 688-7253. Sunday Worship Service at 9 a.m. Morning Prayer Tuesday and Thursday, 9:15 a.m. The Rev. A. Wayne Bowers, Vicar and the Rev. Philip Wong, Associate Priest. Chinese School Saturday afternoon 2:30-5:00 p.m. for children and adults. Computer interest group, first Saturday of month 3:30-5:00 p.m. Chinese Bible Study Saturday, 8-9 p.m. The Chinese Community Center provides job training activity and services, call for more information. Anyone interested in a Chinese Language Church Service, call Fr. Wong, 1-201-998-7934 or 1-908-688-7253.

**JEWISH-CONSERVATIVE**  
**TEMPLE BETH AHM** 60 Temple Drive, Springfield, 376-0539. Perry Raphael Rank, Rabbi. Richard Nadel, Cantor. Jack Goldman, President. Beth Ahm is an egalitarian, Conservative temple, with programming for all ages. Weekday services (including Sunday evening and Friday morning) are conducted at 7:00 AM & 7:45 PM; Shabbat (Friday) evening 8:30 PM; Shabbat day 9:30 AM & sunset; Sunday, Festival & holiday mornings 9:00 AM. Family

and children services are conducted regularly. Our Religious School (third-seventh grade) meets on Sunday and Tuesdays. There are formal classes for both High School and pre-Religious School aged children. The synagogue also sponsors a Nursery School, Women's League, Men's Club, youth groups for fifth through twelfth graders, and a busy Adult Education program. A Seniors' League meets regularly. For more information, please contact our office during office hours.

## JEWISH - ORTHODOX

**CONGREGATION ISRAEL** 339 Mountain Avenue, Springfield, 467-9666. Daily services 6:30, 7:15 A.M.; 7:15 P.M. or at sunset. During the summer, evening services at 7:15 P.M. Classes are held in Maimonides, Sunday, 8:30 A.M. During the winter months, we offer Torah study between mincha and ma'ariv, and during the summer months we offer a session in Jewish ethics, 45 minutes before mincha, after which we join for seuda shelismit fellowship. On Wednesday evenings after 8:00 P.M., or ma'ariv services, our Talmud study group meets. Sisterhood meets the second Tuesday evening of every month, and our Boy Scout Troop meets on Wednesday evenings. Please call our office for information concerning our NCSY youth group, nursery school, summer day camp, cruv and our special programs at 201-467-9666. Office hours, Monday thru Thursday 9:00 A.M. - 4:00 P.M., Friday, 9:00 - 2:00 P.M.; summer hours, 9:00 A.M.-2:00 P.M. Rabbi Alan J. Yuter and Rabbi Israel E. Turner, Emeritus.

## JEWISH - REFORM

**TEMPLE SH'A'REY SHALOM** 78 S. Springfield Avenue, Springfield, (201) 379-5387. Joshua Goldstein, Rabbi; Amy Daniels, Cantor; Irene Bolton, Education Director; Debbie Berger, Pre-School Director; William Moech, President. Temple Sh'a'rey Shalom is a Reform congregation affiliated with the Union of American Hebrew Congregations (UAHC). Shabbat worship, enhanced by volunteer choir, begins on Friday evenings at 8:30 PM, with monthly Family Services at 8:00 PM. Saturday morning Torah study class begins at 9:15 AM followed by worship at 10:30 AM. Religious school classes meet on Saturday mornings for grades K-3; on Tuesday and Thursday afternoons for 4-7; and Tuesday evenings for post bar/bat mitzvah students. Pre-school, classes are available for children ages 2½ through 4. The Temple has the support of an active Sisterhood, Brotherhood, and Youth Group. A wide range of programs include Adult Education, Social Action, Interfaith Outreach, Singles and Seniors. For more information, call the Temple office, (201) 379-5387.

## JEWISH - TRADITIONAL CONSERVATIVE

**CONGREGATION BETH SHALOM** Affiliated with the United Synagogue of America, Vauxhall Road and Pine Street, Union, 686-6773. Harold Gottzman, Cantor; David Gelband, President. Congregation Beth Shalom is an affiliated Traditional Conservative Synagogue. Daily Services - Mon. & Thurs 6:45 A.M. Tues., Wed. & Fri 7:30 A.M. Civil holidays and Sunday morning services - 8:30 A.M. Shabbat Services - Friday - 8:30 PM, Saturday, 9:15 AM; The new creative Elementary Hebrew School meets Sundays 9:30 AM - 12:00 Noon.

**TEMPLE ISRAEL OF UNION** 2372 Morris Avenue, Union, 687-2120. Meyer Korban, Rabbi; Hillel Sadovitz, Cantor; Esther Avnet, President; Hadassah Goldfischer, Principal.

## LUTHERAN

**GRACE LUTHERAN CHURCH AND SCHOOLS** 2222 Vauxhall Road, Union, Rev. Donald L. Brand, Pastor. (908) 686-3965, Summer Family Worship 9:30 Visitors Expected; Barrier-free; Various Chorus, Bible Studies, Youth Groups; Nightly Devotionals; Call church office for more information or free packet.

**HOLY CROSS LUTHERAN CHURCH** 639 Mountain Ave., Springfield, (201) 379-4525. Pastor Joel R. Yost. "Our Family invites Your Family to Worship with us." Worship Services, with Holy Communion, Sundays, 9:00 a.m. and 10:45 a.m. with Sunday School during each Service. Nursery care is provided during Worship Services. Christian Nursery School, Kids' Koinonia 3:30 p.m. every other Tuesday, Youth Fellowship 7:00 p.m. every other Tuesday, Women's Bible Study Thursdays, 9:30 a.m., Adult Choir 7:30 p.m. Tuesdays, Mothers' Morning-Out Ministry 9:15 a.m. Thursdays, Men's Breakfast 7:30 a.m. first Sunday, "Twenties & Thirties," "Parents' Night Out", Small Group Ministries. Special services and teaching series to be announced. For further information, please call (201) 379-4525.

**HOLY TRINITY LUTHERAN CHURCH** 301 Tucker Ave., Union 688-0714. Slovak Worship 9:00 a.m., Sunday School 10:00 a.m., English Worship 11:00 a.m. Communion on first and third Sunday of every month.

## INTERDENOMINATIONAL CHRIST CHURCH

**CHRIST CHURCH**, 561 Springfield Ave. Summit, NJ (908) 273-5549. Dr. Charles T. Roth, Senior Minister; Wayne Bradford, Minister of Music. Although affiliated with the American Baptist Churches, USA, and the United Church of Christ, our members come from various religious backgrounds. Sunday School: 10 a.m. Infant-2 child care: Sunday School Ages 3 - Jr. High, 10:11-11:15. Sr. High Youth Fellowship, Sunday evening. Weekly events include Children's Choir and Bell Choir; Adult Bible Study, Choir, Women's and Men's groups. Periodically, the Illuminators perform drama within the worship service. Various community outreach programs include: Habitat for Humanity; Bridges (Friday night food bank to New York City homeless); Interfaith Hospitality Network; Inner City ministries.

## METHODIST

**BETHEL AFRICAN METHODIST EPISCOPAL CHURCH** 241 Hillon Avenue Vauxhall, 964-1282. Sunday Church School 9:30 a.m., Church Worship 10:45 a.m. Wednesday: Prayer Meeting & Bible Study 7:30 p.m. Rev. Gladwin A. Feltner-Pastor.

**ROSELLE PARK** Rev. Nancy S. Belsky, Pastor. Phone: (908) 245-2237; 245-4440; 241-1210. Worship Services: 9:00 & 11:00 A.M. in our climate-controlled, barrier-free Sanctuary. (Infant and Child Care available at each Worship service) Adult Bible Study: 10:00 A.M. Chancel Choir (Children & Jr. High Youth); 10:00 A.M. Coffee & Fellowship Time: 10:00 A.M. Church School (Nursery - 12th Grade); 11:00 A.M. United Methodist Youth Fellowship (Grades 6-12); 4:00 P.M. Sanctuary Choir (Sr. High Youth & Adults); Wednesdays at 8:00 P.M. Prayer Phone: (908) 245-2159. All are welcome!

**KENILWORTH COMMUNITY UNITED METHODIST CHURCH** 455 Bonewood, Kenilworth. Rev. Linda Del Sardo, Pastor. Church office: 776-1956, Parsonage: 276-2322. Worship Service 10:00 A.M., Sunday School 9:00 A.M. Nursery available during Worship. Communion is served the first Sunday of each month. All are welcome.

**THE SPRINGFIELD EMANUEL UNITED METHODIST CHURCH** will be joining the First Presbyterian Church of Springfield for Summer Services for the months of July and August. All people are invited to join us in the Presbyterian Church, 37 Church Mall in July, and at the United Methodist Church, 40 Church Mall in August. Please feel free to call Rev. Jeff Maday at the United Methodist Church Office, 201-376-1695

## MORAVIAN

**BATTLE HILL COMMUNITY MORAVIAN CHURCH** 777 Liberty Avenue, Union, 686-5262. Pastor John Jackson, Sunday School 9:15 a.m. Service of Worship, 10:30 a.m. Nursery provided. First Sunday every month Fellowship Hour after Worship. Prayer Group every Wednesday 7:00 p.m. Bible Study every Wednesday 7:30 p.m. Women's groups meet first Tuesday 7:30 p.m. and first Thursday 1:30 p.m. monthly. New Jersey Chrysantheum Society second Friday of month 8:00 p.m. (except Jan., Jul., & Aug.). For more information call the Church Office.

## NON-DENOMINATIONAL

**WORD OF GRACE FELLOWSHIP MINISTRIES, INC.** YMCA, 68 Maple Street, Executive Meeting Room - 3rd Floor, Summit. Sunday Service, 10:30 a.m. A Non-Denominational Fellowship which adheres to the Grace and Righteousness of Jesus Christ. Pastor John N. Hogan. For more information call (908) 245-6650. Visitors are welcome. ASSOCIATED BIBLE STUDENTS, meetings held at Masonic Lodge, 1912 Morris Avenue, Union, NJ. God has a plan and you're in it! We encourage dialog on all scriptural matters, Sunday 1:30 pm-Seminar/Topical Study, 3:00 pm - Bible Study/Topical Study. Sunday School available for children. For more information call (908) 686-1923.

**MOUNTAINSIDE CHAPEL** 1180 Spruce Drive, Mountainside, 252-3456. Dr. Gregory Hagg, Pastor. WEEKLY ACTIVITIES: SUNDAY 9:45 AM - Sunday School for all ages; 11:00 AM - MORNING WORSHIP - with Dr. Hagg. Nursery is provided for newborn to 2-year-olds, Children's Church for 2-year-olds through third grade, 6:00 PM Evening Service (First and Third Sundays) - Open Communion, MONDAY 7:00 PM - Junior and Senior High Youth Groups. WEDNESDAY: 7:00 PM - MID-WEEK SERVICE - Family Night Bible Study with Dr. Hagg. Christian Service Brigade STOCKADE for boys in third through sixth grades. PIONEER GIRLS Program for girls in first through ninth grades. 7:45 PM Prayer meeting; Choir Rehearsal.

## PRESBYTERIAN

**CONNECTICUT FARMS, PRESBYTERIAN CHURCH** Est. 1730, Styvessant Ave. and Rt. 22, Union. Summer schedule June 25 to Sept. 3: Sunday worship at 10:15 a.m. Child care provided during the Worship Service. We have an Adult Chancel Choir. Sound System for the hearing impaired. Coffee Hour Follows the Service. Ample parking. Presbyterian Women's Classes meet Monthly. Bible Study group meets 1st and 3rd Mondays at 7:30 pm. The Living Room - A Support Group for those coping with aged persons - meets 4th Thursday of the month. Full program of Scouting provided. Everyone welcome. Weekday Nursery; School for 2½, 3, and 4 yr. olds available. 964-8544. For additional information, please call Church Office 688-3164. Serving Church Community for 265 years. Rev. R. Sidney Pinch, Pastor, 688-3164.

**FIRST PRESBYTERIAN CHURCH** Morris Ave. and Church Mall, Springfield, 379-4320. Sunday Church School Classes for all ages 9:00 a.m., Sunday morning Worship Service 10:15 a.m. with nursery facilities and care provided. Opportunities for personal growth through Worship, Christian education, youth groups, choir, church activities and fellowship. Sundays-Church School - 9:00 a.m., Worship - 10:15 a.m.-Communion first Sunday of each month; Ladies Benevolent Society - 1st Wednesday of each month at 1:00 p.m.; Ladies Evening Group - 3rd Wednesday of each month at 7:30 p.m.; Kaffeeklatsch - 1st and 3rd Tuesday of each month at 9:30 a.m.; Fellowship Day - 2nd Monday of each month at 11:30 a.m.; Choir - every Thursday at 8:00 p.m.; Jr High Fellowship - 1st and 3rd Fridays of each month at 7:30 p.m.; Confirmation Class every Friday at 3:15 p.m. Rev. Jeffrey A. Curtis, Pastor.

**TOWNLEY PRESBYTERIAN CHURCH** Salem Road at Huguenot Avenue, Union. Worship and Church School Sundays at 10:00 A.M. Nursery Care during all services. Holy Communion the first Sunday of each month. We offer opportunities for personal growth and development for children, youth, and adults. We have three children's choirs and an adult Chancel Choir. Our Presbyterian Women are divided into six circles which meet monthly. Worship with friends and neighbors this Sunday. Townley Church is a growing congregation of caring people. For information about upcoming events and programs, please call the Church Office, 686-1028. Dr. Abraham Luckhoff, Minister.

## ROMAN-CATHOLIC

**THE PARISH COMMUNITY OF ST. JAMES** 45 South Springfield Avenue, Springfield, New Jersey 07081 201-376-3044. SUNDAY EUCHARIST: Sat. 5:30 p.m. Sun. 7:30, 9:00, 10:30 a.m., 12:00 Noon. Reconciliation: Sat. 1:00-2:00 p.m. Weekday Masses: 7:00 & 8:00 a.m.

**ST. THERESA'S CHURCH** 541 Washington Ave., Kenilworth, 272-4444, Rev. Joseph S. Bejgrowski, Pastor, Sunday Masses: Sat. 5:30 pm, Sun. 7:30 - 9:00 - 10:30 am - 12 Noon. Weekday Masses 7:00 - 9:00 am. Miraculous Medal Novena following 7:30 pm Mass. ST. JUDE PERPETUAL NOVENA - Wednesdays, 12 Noon and 7:30 pm. Holy Hour for vocations and special intentions. Share His powerful intercessions.

**NOTE:** All copy changes must be made in writing and received by Worrall Community Newspapers No Later than 12:00 Noon, Fridays prior to the following week's publication. Please address changes to: UN Dorothy G. Worrall Community Newspapers 1291 Suryessant Ave. P.O. Box 3109 Union, N.J. 07083



# SPORTS

## High school grid season kicks off next weekend

Summit, Dayton open home on Sept. 23

The following are the high school football schedules for area teams: Union, Elizabeth, Linden, Rahway, Summit, Hillside, Johnson Regional, Dayton Regional, Roselle, Roselle Park and Governor Livingston.

The season kicks off next weekend, with one area team in action. Rahway plays at Westfield on Saturday, Sept. 16 at 1:30 p.m.

The other 10 area schools open the following weekend. Here's a look at each school's 1995 schedule:

### Union

Sept. 22 Elizabeth, 7:30  
Sept. 30 Irvington, 1:30  
Oct. 6 Shabazz, 7:30  
Oct. 13 Westfield, 7:30  
Oct. 20 Plainfield, 7:30  
Oct. 28 at Kearny, 1:30  
Nov. 4 at East Side, 10:30  
Nov. 11 at Linden, 1:30  
Nov. 23 at Scotch Plains, 10:30

### Elizabeth

Sept. 22 at Union, 7:30  
Sept. 30 at Plainfield, 1:30  
Oct. 6 Linden, 7:00  
Oct. 14 at Kearny, 1:30  
Oct. 20 Irvington, 7:00  
Oct. 28 at East Side, TBA  
Nov. 3 Rahway, 7:00  
Nov. 10 Westfield, 7:00  
Nov. 23 Cranford, 10:30

### Linden

Sept. 23 at Irvington, 1:30  
Sept. 30 Summit, 1:30  
Oct. 6 at Elizabeth, 7:00  
Oct. 14 at Plainfield, 1:30  
Oct. 21 at Kearny, 1:30  
Oct. 28 Westfield, 1:30  
Nov. 4 Scotch Plains, 2:00  
Nov. 11 Union, 1:30  
Nov. 23 Rahway, 10:30

### Rahway

Sept. 16 at Westfield, 1:30  
Sept. 23 Kearny, 1:30  
Oct. 7 Scotch Plains, 1:30  
Oct. 14 East Side, 1:30  
Oct. 21 at Cranford, 7:00  
Oct. 28 at Shabazz, 10:30  
Nov. 3 at Elizabeth, 7:00  
Nov. 11 Summit, 1:30  
Nov. 23 at Linden, 10:30

### Summit

Sept. 23 Cranford, 1:30  
Sept. 30 at Linden, 1:30  
Oct. 7 East Side, 1:30  
Oct. 14 at Shabazz, 1:30  
Oct. 21 Scotch Plains, 1:30  
Oct. 28 Hanover Park, 1:30  
Nov. 4 at Westfield, 2:00  
Nov. 11 at Rahway, 1:30  
Nov. 23 Irvington, 11:00

### Hillside

Sept. 23 at Dayton, 1:00  
Sept. 30 at Ridge, 1:00  
Oct. 7 Newark Central, 1:00  
Oct. 14 Johnson, 1:00  
Oct. 21 at Bound Brook, 7:30  
Oct. 28 Immaculata, 1:00  
Nov. 4 at Roselle, 2:00  
Nov. 11 North Plainfield, 1:00  
Nov. 23 Gov. Livingston, 10:30

### Johnson Regional

Sept. 22 at Immaculata, 7:00  
Sept. 30 Roselle, 1:00  
Oct. 7 Dayton, 1:00  
Oct. 14 at Hillside, 1:00  
Oct. 21 Middlesex, 1:00  
Oct. 28 Manville, 1:00  
Nov. 4 at Gov. Livingston, 2:00  
Nov. 11 Roselle Park, 1:00  
Nov. 23 at Newark Central, 10:30

### Dayton Regional

Sept. 23 Hillside, 1:00  
Sept. 30 at Newark Central, 1:00  
Oct. 7 at Johnson, 1:00  
Oct. 14 Gov. Livingston, 1:00  
Oct. 20 at Roselle Park, 7:30  
Oct. 28 Roselle, 1:00  
Nov. 4 Bound Brook, 2:00  
Nov. 10 at Manville, 7:30  
Nov. 23 at Immaculata, 10:30

### Roselle

Sept. 23 Newark Central, 1:00  
Sept. 30 at Johnson, 1:00  
Oct. 7 Gov. Livingston, 1:00  
Oct. 13 at Immaculata, 7:00  
Oct. 21 at New Providence, 1:00  
Oct. 28 at Dayton, 1:00  
Nov. 4 Hillside, 2:00  
Nov. 10 at Middlesex, 7:30  
Nov. 23 Roselle Park, 10:30

### Roselle Park

Sept. 22 at Middlesex, 7:30  
Sept. 29 Manville, 7:30  
Oct. 6 North Plainfield, 7:30  
Oct. 14 at New Providence, 1:00  
Oct. 20 Dayton, 7:30  
Oct. 27 Bound Brook, 7:30  
Nov. 4 at Ridge, 2:00  
Nov. 11 at Johnson, 1:00  
Nov. 23 at Roselle, 10:30

### Governor Livingston

Sept. 23 North Plainfield, 1:00  
Sept. 29 at Immaculata, 7:00  
Oct. 7 at Roselle, 1:00  
Oct. 14 at Dayton, 1:00  
Oct. 21 Manville, 1:00  
Oct. 28 Newark Central, 1:00  
Nov. 4 Johnson, 2:00  
Nov. 11 Bound Brook, 1:00  
Nov. 23 at Hillside, 10:30



**GOLF CLASSIC** — The 19th annual Mayor's Day Charity Golf Classic will take place Monday, Sept. 18 at the Suburban Golf Club in Union. The golf outing is sponsored by the Union Chamber of Commerce and committee members include, from left, John Stampone, Jim Daurio, Joe Hehl, Judy Butz, Gerry Metzheiser, Charlie Minton, Steve Petrik, Mayor Greg Muller, Dave Lindstrom, Tom Giordano and Tony Giordano.

## Mountainside youngsters may sign up for BH PAL football

The Berkeley Heights PAL will conduct registration for its football program next week. The program is open to students in grades 3 through 8 who live in Berkeley Heights and Mountainside.

A football clinic will be conducted for the younger children (ages 9 and 10) on Saturday mornings. Registration will be held at the Community Center on Park Avenue in Berkeley Heights as follows: 8th grade — Wednesday, Sept. 13 from 7 to 8:30; 7th grade and grades 3 and 4 — Thursday, Sept. 14 from 7 to 8:30 and 5th and 6th grades — Friday, Sept. 15 from 7 to 8:30.

The program begins Saturday, Sept. 16 at 9 a.m. Each participant is required at the time of registration to bring: completed registration form, proper registration fee and a copy of birth certificate. Registration forms are obtainable at the Mountainside Recreation Department.

More information may be obtained by calling Fred Lecomte at 908-665-2529 or Bob Woodruff at 908-322-3976.

**NJSO Golf Classic to take place Monday at Baltusrol Golf Club**

The fifth annual New Jersey Symphony Orchestra Golf Classic will take place Monday at the Baltusrol Golf Club in Springfield.

This yearly fund-raising event, which takes place at New Jersey's most renowned golf course, site of the 1993 U.S. Open, includes a full day of golf, lunch and a reception and awards ceremony.

The fifth annual event begins at 10:30 a.m. with coffee, danish and guest registration, a buffet luncheon at 11:30 a.m. and tee-off time in shot gun format at 12:30 p.m. Cocktails and hors d'oeuvres will begin at 6 p.m. with an awards ceremony at 7.

In the event of rain, the Golf Classic will be Sept. 18. Entry for an individual golfer is \$500, which includes golf, luncheon, cocktails and prizes.

A Patron's Package is available for \$3,500, which includes the entry fee for a foursome, hole sponsorship, listing on patron's board at registration, 10 tickets to future NJSO performances, patron's photo and a special patron's gift for each golfer.

For more information on participation or sponsorship opportunities in the Golf Classic, call Dan Zanella at 201-624-3713, ext. 213.

**19th annual Mayor's Day Charity Golf Classic set for Sept. 18**

The 19th annual Mayor's Day Charity Golf Classic will take place Monday, Sept. 18 at the Suburban Golf Club in Union. The golf outing is sponsored by the Union Chamber of Commerce.

The shotgun start is set for 12:45 p.m. and the luncheon will run from 11 a.m. to 1 p.m. Cocktails begin at 6:30 and dinner at 7:30.

Golf, cocktails, dinner and lunch (green and cart fees included) is \$190 per person. Golf and lunch is \$150 and dinner and cocktails only is \$75.

## Summit scrimmages Seton Saturday

Summit High School's first varsity football scrimmage will take place at home Saturday at 10 a.m. against Iron Hills Conference-Iron Division foe Seton Hall Prep. Summit will then scrimmage Emerson home Tuesday at 4 p.m.

Summit's game-scrimmage is scheduled to take place Saturday night, Sept. 16 at Randolph. The Rams have appeared in the last five North Jersey, Section 2, Group 4 title games, winning one crown in 1990.



Photo By Michael Ziegler

Highly successful basketball mentor Peter Tierney resigned from his position as the girls' varsity coach at Summit High School. Tierney, who coached at Summit for 22 years, led the boys' team to the Northern Hills Conference championship and the girls' squad to consecutive North Jersey, Section 2, Group 2 title game appearances the past two seasons.

## Tierney resigns as head coach of Summit varsity girls' hoops

By Michael Ziegler  
Assistant Sports Editor

It was something he had known since May but wanted to keep quiet because it hurt to say.

Summit High School girls' basketball coach Peter Tierney — after talking to his players, family and colleagues — decided to retire from coaching, something he has done for 23 years. The decision to step away, Tierney said, was his most difficult one to make.

"Leaving the seniors who have been with me for the past three years was the hardest," Tierney said. "Being a father, husband, teacher and coach are all full time jobs and it became more and more difficult to stay totally committed to each one. Now was the best time to step away because the program is established and there is plenty of talent coming through."

The freshman team went 18-1 and the varsity squad returns seven letter-winners from last year. Add to that the talent on the junior varsity team and Tierney is convinced he is leaving the program "in fine shape."

Tierney began his 23-year coaching

tenure as a junior varsity coach at the age of 22, his first year out of college. His first six were spent as an assistant coach at Fairleigh Dickinson University and from there he spent three years heading high school programs Union Catholic and Absegami.

When the Summit job opened up in 1983, Tierney found his true home, leading the boys' squad to a Northern Hills Conference championship.

His success during the eight years he spent as the boys' coach prompted the school to name him as coach of the new girls' program in 1990. In just five years he brought the Hilltoppers from only a handful of wins during their inaugural season to within nine points of a Group 2 state championship in 1994.

Tierney coached Summit to the North Jersey, Section 2, Group 2 championship in 1994 and the sectional title game in 1995.

He would not let himself to take credit for the program's success.

"If it wasn't for my players and assistant coaches," he said, "none of our success would have been possible. I was just fortunate enough to be part of it all. They believed in me and put

their trust in me. As a coach, you cannot ask anymore of your players."

Although Peter is stepping down, the Tierney name will soon rebound in a Summit setting. With three young daughters, Katherine (6), Allison (4) and Laura (1) all blessed with height, Summit's basketball future looks bright.

Meanwhile, Summit continues to search for Tierney's replacement.

"We advertised in the spring and over the summer," athletic director Howard Anderson said. "As of yet, we have not found the candidate we are looking for to take Peter's place. We're actively searching right now and feel confident that we'll find the best candidate to take over the girls' basketball job."

"Coach Tierney believed in his kids and that made his kids believe in him," said Grace Burns, whose daughter Lindsay played for Tierney on the varsity level for four years and who is now at St. Joseph's University in Philadelphia.

"The excitement he generated has resulted in a record number of girls getting involved in recreation and CYO programs," Burns said.

## COMING SEPTEMBER 21, 1995!

from WORRALL COMMUNITY NEWSPAPERS

Sports Editors Coverage Includes:

- TEAM PROFILE
- 1995 SCHEDULE
- STATISTICS
- LAST YEAR'S RESULTS
- COACH & KEY PLAYER PROFILE

For Editorial Questions, call J.R. Parachini, Sports Editor at (908) 686-7700 ext. 319 or Michael Ziegler at ext. 320

Advertisers: Call your account executive today at (908) 686-7700 and ask about the benefits of advertising in this special keepsake edition at special rates!

(DEADLINE: SEPTEMBER 13, 1995)



# obituaries

## Walter J. Patla

Walter J. Patla, 73, of Springfield died Aug. 29 in his home. Born in Chicago, Mr. Patla lived in Irvington before moving to Springfield 13 years ago. He was a mechanic with Jim Harquial Auto Repair in Summit for more than 20 years before retiring in 1991. Mr. Patla was an Army Air Force veteran of World War II and the Korean War and remained in the service for 25 years until 1964.

Surviving are his wife, Grace Marie; two sons, Walter J. Jr. and Rodney Bonvicino; four daughters, Betty E. Metz, Fran R. Chestnut, Gloria J. Morris and Roslyn Bonvicino; three sisters, Vi Johantagen, Stella Zibas and Josie Rys; a brother, Teddy, 15 grandchildren and 11 great-grandchildren.

## Erna E. Kitzing

Erna E. Kitzing, 71, of Springfield died Aug. 30 in St. Barnabas Medical Center, Livingston.

Born in Germany, Mrs. Kitzing lived in New York City before moving to Springfield 55 years ago. She was a bookkeeper for the Springfield Public Library for 27 years and retired in 1993.

Surviving are a son, Paul M., and a daughter, Ruth E. Stanski.

To place a classified ad call 1-800-564-8911 by 3 p.m. Tuesday.

## Helen Marie Clark

Helen Marie Clark, 87, of Rancho Mirage, Calif., formerly of Springfield, died Sept. 1 in the Manor Care Nursing Home, Rancho Mirage.

Born in Newark, Mrs. Clark lived in Springfield before moving to Rancho Mirage in 1992. She was a teller for the Howard Savings Bank in Vailsburg for 10 years before her retirement. Prior to that, Mrs. Clark worked for Prudential Insurance Co., Newark.

Surviving are a daughter, Gayle Cady; two stepsons, Richard and Robert, and one grandchild.

## Dorothy A. Wade

Dorothy A. Wade, 64, of Mountaintop died Sept. 1 in Overlook Hospital, Summit.

Born in Asbury Park, Mrs. Wade lived in Mountaintop and Normandy Beach for 30 years.

Surviving are her husband, Matthew D.; two daughters, Denise Schon and Anne, and two grandchildren.

## Congregation Israel schedules lecture

On Sept. 17 at 8:30 p.m., Congregation Israel will offer its annual Teshuva lecture in preparation for the High Holy Days. It is the practice for Jews to reflect on their actions and activities to prepare for the New Year. Thus, an individual may make positive changes and repent or do Teshuva for those negative aspects of the past year.

Feige Safrin, a professor at Stern College of Yeshiva University, will discuss the Rambam's — Maimonides' — systems of Teshuva. The lecture will be understood by those at all levels of learning and familiarity with Judaism.

Congregation Israel is located at 339 Mountain Ave., Springfield. Call the synagogue office at 467-9666 for further information.

The public is invited.

### PUBLIC NOTICE

**TOWNSHIP OF SPRINGFIELD ZONING BOARD OF ADJUSTMENT**  
PLEASE TAKE NOTICE that on the 19th day of September at 6:00 P.M., a hearing will be held before the Springfield Board of Adjustment at the Municipal Building, 100 Mountain Avenue, Springfield, New Jersey on Application #95-11 on behalf of Jeffrey and Sandra Nahrlas for a variance or other relief so as to permit an inground pool and for any other variances that may be necessary as evidenced by the plans now on file or as may be modified at the request of the Board of Adjustment on the premises located at 30 Avon Road and designated as Block 90 Lot 15 on the Springfield Township Tax Map.

The application, plans and survey are on file in the Annex Building located at 20 North Trivett Street and available for inspection from 9 a.m. to 3 p.m. Any interested party may appear at said hearing and participate therein in accordance with the rules of the Zoning Board of Adjustment.

Sandra Nahrlas Applicant

U2569 Springfield Leader, September 7, 1995 (Fee: \$11.25)

### PUBLIC NOTICE

**TOWNSHIP OF SPRINGFIELD COUNTY OF UNION, N.J.**  
TAKE NOTICE that the regular meeting of the Board of Health scheduled for Wednesday, September 20, 1995 has been cancelled and rescheduled for Wednesday, September 13, 1995 at 7:00 p.m. in the Council Room, Municipal Building.

HELEN E. MAGUIRE Secretary Board of Health  
U2594 Springfield Leader, September 7, 1995 (Fee: \$5.25)

## Keep Springfield Clean and Green

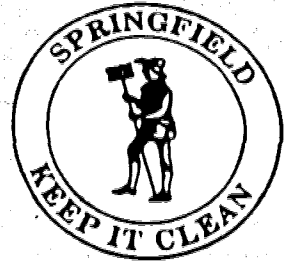
# THIRD ANNUAL CLEAN COMMUNITIES WEEKEND

SATURDAY, SEPTEMBER 30, 1995  
SUNDAY, OCTOBER 1, 1995

9 a.m. to 12 noon

(Rain or Shine)

Free T-Shirts and Refreshments



Community organizations, families and interested individuals are invited to work together to reduce the amount of litter in parks, playgrounds, on public property and roadsides. Keeping Springfield "clean and green" requires a lot of hands. We hope some of them will be yours!

Meet at the Municipal Pool, off Morrison Rd., for T-shirts, refreshments, supplies and work assignments. All participants must provide their own transportation to the pool and work assignment. Children must be supervised. Information: 912-2222.

Please Tear Off and Return by September 15, 1995

Name \_\_\_\_\_ Group (if any) \_\_\_\_\_

Address \_\_\_\_\_ Phone (Day) \_\_\_\_\_

I/We will work: \_\_\_\_\_ Saturday, Sept. 30, 1995 \_\_\_\_\_ Sunday, Oct. 1, 1995

Preferred area to work: \_\_\_\_\_

No. of T-shirts: Youth 10-12 \_\_\_\_\_ Small Adult \_\_\_\_\_ Medium Adult \_\_\_\_\_  
Large Adult \_\_\_\_\_ X Large Adult \_\_\_\_\_

Return to: Molly Adams, Clean Communities Coordinator  
Municipal Annex, 100 Mountain Ave. Springfield, NJ 07081

Wouldn't it be more convenient to receive your paper in the mail each Thursday?

FOR EASY HOME DELIVERY

CALL 1-800-698-7794

## CHANGE OF ADDRESS

The Charles F. Hausmann & Son Funeral Home has relocated onto the premises of McCracken Funeral Home at 1500 Morris Ave., Union, NJ 07083 (201) 374-5400

Donald L. Hendrickson, Owner and Manager, will continue the professionalism, integrity, and caring that has been the trademark of the Funeral Home for over 75 years.

# BUSINESS & SERVICE DIRECTORY

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# Local named to health system advisory council on poison

A Springfield man has been named to the advisory council of the New Jersey Poison Information and Education System.

Located at Newark Beth Israel Medical Center, the NJPIES now includes Steven H. Solomon, Beth Israel's director of public relations, among its new members.

The 21-member volunteer council is charged with the task of establishing policies that guide NJPIES.

"The new members bring a broad range of expertise and diverse perspectives to NJPIES," said Steven Marcus, executive director of NJPIES and associate director of pediatrics at the medical center.

Solomon has been director of public relations at Newark Beth Israel Medical Center since 1993. Before that, he was director of public relations at Hackensack Medical Center. Beside his experience in public relations, Solomon has a background in journalism that includes positions at *The Record* in Hackensack, *Herald News* in Passaic, *The Ridgewood News* and the *North Jersey Suburbanite* in Cresskill.

Solomon earned his bachelor's degree in communications in 1983 from Fairleigh Dickinson University in Teaneck. He is a member of the American Society for Health Care Marketing and Public Relations.

## Library's card catalogue enters the computer age

The Mountainside Public Library will be converting its card catalog to an automated system during the fall, according to Director Miriam Bein.

The installation of the Dynix System is the culmination of a three-year project, during which staff members transferred the information for all books and other library materials found in paper records to the MARC format, a machine-readable form of computer data.

Soon after the conversion of the public access catalog, circulation functions will also be added to the system for material check-out. Each Mountainside resident will receive a new library card that will feature a bar code for scanning — similar to the way grocery store items are handled.

Dynix offers all the searching capabilities of the card catalog, plus faster and more efficient processing of library materials and patron requests, according to Bein.

Book searches can be performed by the traditional author/title/subject methods, and also with keyword inquiries, which do not require exact wording of the first word of the title.

Other new features brought to the library via Dynix are faster reserve procedures, accelerated searching and access to item status. Library materials can be tracked instantly, so patrons can find out the due date of a borrowed item. In addition, each library user's record can list materials previously checked out, overdues and books placed on hold.

Registration for new library cards begins after Labor Day at the library.

As a security measure for users, all patrons will be required to keep their new cards and to present them for check-out each time.

Bein urged residents to visit the library this fall to obtain a new patron card and to try the online Dynix catalog, saying the reference librarians will be happy to demonstrate and to provide help.

Medical Marketing Association, New Jersey Health Care Public Relations and Marketing Association, North Jersey Press Club, Pica Club of New Jersey and Society of Professional Journalists. Solomon also served on the board of directors of the American Diabetes Association-Northeast New Jersey Chapter and is presently a member of the board of the American Heart Association-North Essex, New Jersey Affiliate.

NJPIES was created in 1983 as a source of information for the public and professional community concerning toxicological and poison situations. Staff members who answer hot-line calls are able to dispense advice and direct victims needing hospital care to nearby emergency rooms. NJPIES, which received more than 85,000 calls in 1994, is accessible through the toll-free hotline at (800) POISON-1.

The other new members are as follows:

- Joseph H. Carbello of Montville, president of CPR Medical Marketing and Communications in Teterboro.

- Julie L. Greely of Summit, a senior product service manager at Roche Laboratories in Nutley.

- Johnny R. Larsen of Shamong, divisional director of the Department of Emergency Medicine at Kennedy Memorial Hospital in Stratford.

Beside his role as president of CPR Medical Marketing and Communications, Carbello has been responsible for the development and marketing programs of several health maintenance organizations, including the Health Care Plan of New Jersey and Oxford Health Plans. Carbello also served as a consultant to the Office of Health Maintenance Organizations of the U.S. Department of Health and Human Services on Marketing HMOs. He is also a member of the board of directors of the Group Health Association of America.

Greely has been senior product services manager at Roche Laboratories since 1993. In this role, she is responsible for assisting in the development of AIDS/HIV-related programs within the product communications department. In addition, she assists in

the development and review of promotional material and maintaining scientific accuracy. She received her pre-pharmacy degree from Wesleyan University in Lincoln, Neb. Greely earned her doctor of pharmacy degree from Creighton University School of Pharmacy in Omaha, Neb.

Larsen has been divisional director of the department of emergency medicine at Kennedy Memorial Hospital since 1992. Larsen earned his bachelor of science degree from New York Institute of Technology and his medical degree from New York College of Osteopathic Medicine, both in Old Westbury, N.Y.

He completed his residency training at Albert Einstein Medical Center

in Philadelphia and his internship at Delaware Valley Medical Center in Langhorne, Pa. Larsen is a member of the American Osteopathic Association, American College of Osteopathic Emergency Physicians, American College of Emergency Physicians and

Wilderness Medical Society. In addition, he is a clinical assistant professor at University of Medicine and Dentistry of New Jersey in Newark. Larsen has been certified by American Osteopathic Board of Emergency Medicine.

## Rutgers course offered

The Springfield Board of Education has announced a graduate course from Rutgers Graduate School of Education will be offered at Gaudineer School during the fall semester.

Psychology of the Exceptional Child will be taught on Wednesdays from 5:30 to 8 p.m. and interested parties should call Janet Curry at Rutgers University Office of Continuing Education at (908) 932-7496.

Critical Issues in Education, offered through Kean College Graduate School of Education, will be taught on Mondays from 5 to 7:30 p.m. by Pamela Gray. Interested parties may call Gray at 376-1025, ext. 219 for additional information.

# Professional Directory

## Accountants

**Couto, De Franco & Magone, CPA's**  
Individual Income Tax Preparation  
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## Midwives

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certified nurse-midwives  
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## Attorneys

**Kenneth Parker, Esq.**  
Simple Will - \$50.00; Real Estate - (Buyer) \$425-\$695,  
(Seller) \$300-\$500, Uncontested Divorce - \$250.00;  
Separation Agreement - (Simple) \$200.00  
Bankruptcy - (Individual) \$250.00;  
Incorporation - \$100.00  
Plus Filing Fees and Disbursements.  
Free Initial Consultation 908-353-2107

## Psychologist

**Sharon Boyd-Jackson, Ph.D.**  
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Therapy group for women of color  
Begins September 30, 1995 for 10 weeks  
Saturdays - 12 Noon-1:30p.m.  
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## Chiropractors

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Sports injuries, head, neck and back pain  
If yours is a chiropractic case, we will tell you.  
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certified as Childbirth Instructors

Call for times; Fee: \$85;

Preregistration Required 908-522-2946

#### September 6

#### Lamaze Review

Lamaze technique refresher for parents

7:30PM - Fee: \$65;

Preregistration Required 908-522-2946

#### September 9 & September 16

#### Infant Care/Breast Feeding

Discussions, films & exercises

focus on care of newborns

7:30PM

Fee: \$30 - Infant Care; \$20 - Breast Feeding

Preregistration Required 908-522-2946

#### September 14

#### Sibling Class

Equip your children to welcome their new sibling;

visit Overlook's Mother-Baby Unit

7:30PM; Fee: \$25 for 1 Child & \$7 per additional

Preregistration Required 908-522-2946

#### September 16

#### VBAC

Info for Pregnant Woman and Partner who plan

vaginal birth after a Cesarean

9:00 AM-1PM; Fee: \$60

Preregistration Required 908-522-2946

### Health Screenings

#### September 11

#### Cholesterol \*

6:00-8:00PM; Fee: \$9

#### September 28

#### Cholesterol \*

9:00-11:00AM; Fee: \$9

#### September 19 & September 21

#### Prostate \*

Physical exam plus PSA Blood Test

Medical Arts Ctr. - Rm. L01

6:00-9:30PM; Fee: \$10

### Here's To Your Health, Seniors

#### September 12

#### Cooking Demonstration \*

9:00-11:00AM; No Charge

#### Senior Aerobic Class \*

Low-impact aerobics

Summit Housing Authority (Community Room)

12:00-12:45PM & 12:50-1:35PM; Every Tues.; Monthly fee: \$12

### Individualized Programs

#### Personal Fitness Counseling \*

One-on-one counseling sessions with an Exercise Physiologist

#### Personal Nutrition Counseling and Weight Control \*

One-on-one counseling sessions with a Registered Dietitian



# September

99 Beauvoir Avenue, Summit, NJ 07902

\*Note: All programs with an asterisk require  
preregistration, please call 908-522-5353

### Children & Adolescents

#### September 14

#### Step (Systematic Training for Effective Parenting)

Practical approach to parent/child relationships

7:30PM; Fee: \$75; Preregistration Required 908-522-2946

#### September 25 & 26

#### Pediatric Orientation

Kindergartners Classes visit Overlook

Schools call: 908-522-5353; No Charge

### Support Groups\*

- Alcohol & Drug Therapy ■ Alcoholics Anonymous ■ Alzheimer's ■ Bereavement ■ Better Breathing ■ Brain Tumors
- Breast Cancer ■ Congestive Heart Failure ■ Diabetes ■ I Can Cope (American Cancer Society)
- Immune Deficiency Syndrome (Chronic Fatigue) ■ Lyme Disease ■ Multiple Sclerosis ■ Orton Dyslexia Society
- Ostomy ■ Parents of children with cancer ■ Resolve Through Sharing ■ Stroke

### Health Courses

#### September 12

#### Weight Management & Exercise \*

Individualized 12-week program; Taught

by Registered Dietitian & Exercise Physiologist

Adults 21 yrs & older

6:30-7:30PM; Fee: \$295 (\$195 without exercise)

#### Living Well With Diabetes - Foot Care \*

Speaker: Hollington Y. Tong, M.D., Podiatrist

Berkeley Heights Convalescent Center;

10:00-11:00AM; Fee: \$10

#### Living Well With Diabetes—

#### New Medications \*

Speaker: Lynne Deming, Diabetes Clinical Specialist

Delaire Nursing Home; 10:30-11:30AM; Fee: \$10

#### September 14

#### Smoking Cessation Classes \*

7:30-9:00PM

5 Sessions: Sept. 14, 19, 20, 21, 26; Fee: \$99

#### September 20

#### Living Well with Diabetes \*

Speaker: Nancy Wilderouter, YWCA

Exercise Instructor; 1:00-2:30PM; Fee: \$10

#### Pounds Aweigh \*

Weekly weight loss program; Begin anytime

Taught by Registered Dietitian

10:00-10:45AM; Fee: \$25 Registration; \$7 per week

### Health Forums

#### September 12

#### "What Does The Hospital's

#### Consolidation Mean to Me?" \*

Speaker: Michael J. Sniffen, Overlook Hospital's

President & CEO

7:30-8:30PM; Free Admission

#### September 14

#### "Prostate Health" \*

Speaker: Pascal A. Pironti, M.D.; Urologist

Wallace Auditorium; 7:00-8:30PM;

Free Admission

#### September 19

#### "Employment in the 90's —

#### Job Uncertainty" \*

Speaker: Charles Sachs, Overlook Hospital's

Director of Psychiatric Services;

7:30-9:00PM; Free Admission

#### September 20

#### "Compulsive Gambling,

#### The Addiction of the 90's" \*

An overview of compulsive gambling

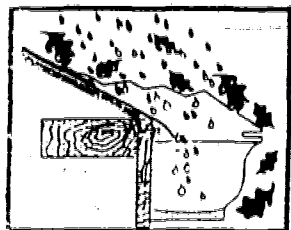
and its effect on the gambler and the family.

Speakers: Arnie & Sheila Wexler;

Wallace Auditorium; 7:00PM; Fee: \$10

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