

UNION COUNTY NEWS

WORRALL COMMUNITY NEWSPAPERS

THURSDAY, OCTOBER 12, 1995

SECTION B

From The Editor's Notebook

By Tom Canavan
Editor in Chief



Last year at this time, I chronicled the life of a former Springfield resident who was diagnosed with lupus, an autoimmune disease that is not easily diagnosed and one that afflicts more than 1 million Americans, primarily women of child-bearing age.

I did so because October is designated National Lupus Awareness Month, but my desire to spread that awareness is of a personal nature. Of those more than 1 million Americans, I know four women personally who suffer from lupus, and they are all members of my family.

My mother, her sister, a second cousin on my mother's side and a first cousin on my father's side know what it's like to awaken and not want to get out of bed because the pain they've experienced from the disease left them craving for the comfort of bed rest.

During my conversation last year with the former Springfield resident, I mentioned that my mother and aunt suffered from lupus, and she expressed surprise that two members of the same family had the disease. I guess it still is unusual, much like the 1960s, when my mother and aunt were the subjects of an article that was published in a journal of medicine. The article was about lupus, and the focus was that two sisters had the disease.

The second cousin on my mother's side is an 11-year-old granddaughter of my mother's other sister, and the cousin on my father's side is my father's sister's daughter.

Lupus can affect any organ of the body, and it can be fatal. Some of the symptoms of the disease are hair loss, joint pain, stiffness, inflammation around the heart or lungs, a rash on the cheeks and chronic fatigue. There are 14 symptoms of the disease, and usually four out of 11 are used to determine whether or not a patient is suffering from lupus.

Lupus is dubbed the Great Imposter because it is so much like other diseases. Many people may have lupus without even knowing it. The symptoms sometime mimic other diseases and may not yet be diagnosed as lupus. The disease can range from mild to severe. Mild cases are usually treated with non-steroidal, anti-inflammatory drugs; while, in severe cases, the treatments could be steroids, antimalarials and immunosuppressive medications. In its most severe form, lupus can cause damage to the kidneys, brain, heart and/or lungs.

Lupus is a malfunction of the immune system, in which white blood cells, which fight infection in the body, see other white blood cells, but don't know what they are and attempt to destroy them. The process is an attack on the connective tissue, which ultimately causes the inflammation.

Lupus Erythematosus is the formal name of the disease. Lupus in Latin means wolf. Eryth means red. Red wolf is a butterfly rash that appears on the face of a lupus

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First Fidelity merger approved

Shareholders of First Fidelity Bancorporation of Newark and Philadelphia, and First Union Corporation of Charlotte, N.C. have approved the proposed merger of the two banking companies.

The new combined company — which will operate under the First Union name starting in mid-1996 — will be the nation's sixth largest banking company based on estimated assets of \$126 billion.

The new company will operate the nation's largest network of bank branches — nearly 2,000 — serving 11 million customers in 12 Eastern states from Florida to Connecticut, as well as Washington, D.C.

The merger, announced June 19, is expected to be completed around Jan. 1, pending approval by the Federal Reserve Board and other conditions of closing.

First Union shareholders met in Charlotte where 89 percent of the First Fidelity shares cast were in favor of the merger.

First Fidelity shareholders met in Philadelphia where 99 percent of the First Fidelity shares cast were in favor of the merger.

Edward E. Crutchfield, First Union's chairman and chief executive officer, call the respective shareholder votes "two major and positive steps toward creation of an innovative and dynamic financial services leader."

"Today's votes represent a strong endorsement of the

proposed merger by the shareholders of both companies," Crutchfield said.

Tony Terracciano, First Fidelity's chairman and chief executive officer, said, "We are extremely pleased with the outcome of today's voting and we look forward to joining these two companies into a single entity that will become an Eastern U.S. banking powerhouse."

Crutchfield will remain chairman and CEO of First Union Corp. Terracciano will become president of First Union Corp. John R. Georgitis will become vice chairman. The three executives will constitute a new "Office of the Chairman" for the combined company.

The new combined company will serve a region that includes 35 percent of the U.S. population and four of the nation's five highest personal income areas. The existing market served by First Fidelity contains the greatest concentration of middle-market companies in the U.S.

After the merger, First Union will greatly expand the variety of financial services previously available at First Fidelity branches, Crutchfield said.

In addition to traditional banking products such as savings and checking accounts, certificates of deposit and consumer loans, First Union also has developed an extensive array of financial planning and investment services including cash management accounts for consumers and businesses, tax-deferred annuities, and a proprietary family of mutual funds called the Evergreen Funds.

Domestic violence victims remembered

The YWCA of Eastern Union County, which offers services to women and children who are victims of domestic violence, will sponsor a candlelight vigil on Wednesday in memory of women who have died as a result of domestic violence during the past year.

The vigil will take place on the steps of the Union County Courthouse, Broad Street, Elizabeth beginning at 5 p.m. and the public is invited to attend.

The vigil is being held to let society know that mothers, sisters and daughters still lose their lives due to domestic violence. Its goal is to encourage the public and authorities to continue their efforts to eliminate domestic violence so that no other women will have to die or be hurt.

The Rev. Michael Granzen of Second Presbyterian Church in Elizabeth and Jane Ferguson, a seminary student will offer words of inspiration during the vigil. Additionally, a local

church choir will perform during the lighting of the candles. Families and friends of victims will be present to remember their loved ones.

The YWCA of Eastern Union County is designated as the lead agency for domestic violence services for Union County. Its Project Protect provides confidential hotlines, counseling and advocacy services to women and children, including emergency shelter. It also has a program for men that batter, and a speakers' bureau.

For more information about the candlelight vigil, or the programs offered by the YWCA, call the YWCA of Eastern Union County at (908) 355-1570.

College homecoming on tap for weekend

Kean College of New Jersey has activities planned through Sunday as part of its week-long celebration of Homecoming '95. Members of the college community, alumni and friends are invited to participate.

Homecoming '95 includes a two-day jazz festival, a boogie down bash and barbecue, pep rally, fireworks and float parade. Alumni activities focus on the weekend and include an evening of fine dining and theatre, an afternoon of tailgate picnics and football revelry, a celebration of the new College Center, and an opportunity to honor alumni scholars and outstanding alumni.

Kicking off this year's alumni celebration today is an evening of dinner theatre. At 5:45 p.m., participants will dine in the college's Alumni House, East Campus. At 8 p.m. in Wilkins Theatre, entertainment will be provided by Tango X 2, a program created by two stars of the Broadway hit "Tango Argentino. Individuals may contact the box office at (908) 527-2371 to order tickets.

On Friday, a pep rally will be held at 6 p.m. in D'Angola Gym, and fireworks are planned for 8:30 p.m. outside the gym.

During Homecoming '95 weekend, a float parade and contest will take place at 10:30 a.m. from the residence halls through campus to the gym parking lot on Saturday. Tailgate picnics also will take place from 11 a.m. to 6 p.m. in the D'Angola Gym parking lot with prizes awarded for best picnics. This year's theme is "Kean Pride." Participants can stop by the alumni hospitality tent for refreshments and

to meet alumni representatives and officers of the college.

At noon that same day, women's soccer will take place on the East Campus field, with Kean taking on Messiah College.

The Kean College Community Council is hosting the second annual all-college tailgate picnic. The picnic, part of the Alumni Association-sponsored tailgate party, is scheduled from noon-6 p.m. in the D'Angola parking lot. The college community is invited. The KCCC picnic will be located on the grass by the football field entrance and next to the alumni tent.

At 1 p.m., Kean will take on Montclair State University in women's field hockey on the East Campus field. At 2 p.m., Kean will compete with Jersey City State on the Main Campus. Admission is \$2 with an alumni card, \$4 general. Halftime entertainment will feature one of New Jersey's best high school marching bands, cheerleaders, and the crowning of Homecoming King and Queen, post-game at the college Center Pub will take place from 5-9 p.m.

Participants are invited to celebrate the new and enlarged College Center from 6-9 p.m. in the College Center Atrium. Music and snacks will be available. At 8 p.m. in Wilkins Theatre, the New Jersey Ballet will entertain. For tickets contact the box office at (908) 527-2337.

Special features of this year's homecoming include discount rates at three area hotels and at the Barnes and Noble campus Bookstore, newly located in the College Center.

Griffith joins pact for clean campaign

By Chris Gatto
Regional Editor

Former Elizabeth Councilman Bob Griffith, an Independent candidate for county clerk, this week joined the other two hopefuls in the race in pledging to run a "clean and fair" election campaign.

Griffith, an Elizabeth resident, while agreeing to abide by a code of ethics during his campaign, expressed discontent over being overlooked when Democratic candidate Joanne Rajoppi asked for a pledge of ethics.

"In a recent news release in papers all over Union County, you stated that you were asking your opponent to join in signing an agreement in ethics for the campaign for the office of county clerk," stated Griffith in an Oct. 7 letter to Rajoppi. Even though a list of candidates were promulgated by the election section of the county clerk's office clearly showing me as an independent, democratic candidate for the position of county clerk, you obviously ignored me."

The Elizabeth resident said he would give Rajoppi the benefit of the doubt this time, but threatened to file a complaint with the state Election Law Enforcement Commission "if it happens again." Griffith charged that Rajoppi's "strategy of ignoring" him as a candidate was a violation of the campaign agreement, which says "you cannot misrepresent the facts about your opponents."

Griffith noted that if Rajoppi wants to send him a copy of the same agreement she sent to Republican candidate Paul O'Keefe, who is acting clerk, Griffith would be willing to sign. O'Keefe and Rajoppi



Bob Griffith

already have pledged to abide by the Code of Ethical Behavior, which was developed by a bipartisan organization.

"I have a strong reputation in Elizabeth for always running clean and fair campaigns. If you want to send me some sort of form to sign for this agreement, I would be happy to do so," stated Griffith.

A councilman for 18 years, Griffith is seeking the clerk's post in an effort to maintain a nonpartisan atmosphere in that office. Walter Halpin, who last month retired as clerk, was able to accomplish this, and Griffith said he would like it to continue.

Griffith favors a proposal to merge the clerk's office with that of the register of deeds and mortgages. Such a move would save more than \$300,000, he said.

His opponents also favor such a move, but Rajoppi, who currently serves as county register, has argued that a study be conducted first to determine how such a consolidation should be handled.

Employee of the Month



Donald Cassett, Jr. of Westfield, second from right, is presented with plaques by Freeholder Chairwoman Linda DiGiovanni and Freeholder Elmer Ertl. Looking on is Freeholder Vice Chairman Edwin Force. Cassett was honored as Union County's Employee of the Month for August and received a congratulatory resolution from the Freeholder Board. A 13-year veteran of Union County government, Cassett serves as Parks and Recreation maintenance worker at the Ash Brook Golf Course.

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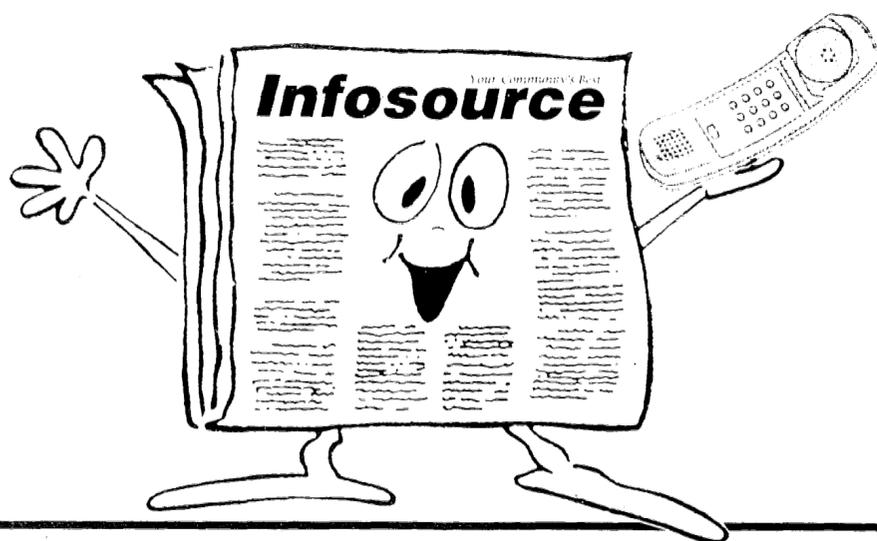
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COUNTY NEWS

Tourney features disabled

A group of developmentally disabled individuals recently learned that golf is a lifetime sport that can be enjoyed by everyone.

Sponsored by the Union County Division of Parks and Recreation, with the assistance of a grant from the New Jersey Department of Community Affairs, 12 individuals participated in a series of introductory golf lessons which culminated in a mini-tournament on Sept. 9.

The basics of the game were taught by Alisa Olin, an occupational therapist from Edison. Assisting her were Tom Pranio of Cranford and Bill Smith of Hillside. Classes were held four consecutive Saturdays in August and September at Ash Brook Golf Course, Scotch Plains.

"Some of our participants had never picked up a golf club, while others had played miniature golf," stated Olin.

The final Saturday class was devoted to a mini-tournament among the participants. Joseph Valosky of Flanders was the winner.

Increased pay for workers up to county

Freeholders this week will have an opportunity to decide whether the fee paid county poll workers should be increased from \$75 to \$100.

Counties around New Jersey have been granted the authority to take such action as the result of a bill signed into law by Gov. Christine Todd Whitman in August. But, freeholders have not yet acted on the measure.

If an increase is approved tonight or during the county governing body's last meeting in October, the increase could go into effect for the Nov. 7 General Election.

The new law permits increases to be enacted for primary, general and special elections, as well as board of education races.

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Estuary Plan's impact spelled out

Citizens who want to learn how their environment, economy and lifestyle will be impacted by the New York/New Jersey Harbor Estuary Plan may find out by attending the first in a series of educational meetings Wednesday.

The series, "Union County Conservancy: Our Mountains to Our Shoreline," sponsored by the county's Board of Chosen Freeholders and state officials, is open to the public and will be held in the Freeholders' Meeting Room on the sixth floor of the county Administration Building, Elizabethtown Plaza, Elizabeth, from 6:30 to 8 p.m.

"This first public meeting will provide information about our county's ecosystem, and how it affects you and your family's employment, recreation and health," said Union County Freeholder Linda-Lee Kelly, program co-sponsor. "Anyone with a professional or personal interest in the economic and ecological development of Union

County is encouraged to attend."

The program, co-sponsored by the New Jersey Department of Environmental Protection features keynote speaker Dr. Mary Downes Gastrich, New Jersey State coordinator for the New York/New Jersey Estuary Environmental Program. She and other panelists will present in-depth information on this plan, which could significantly impact such initiatives as Port Elizabeth/Newark Area Redevelopment with regard to conservation, commerce, transportation and quality of life.

The series evolved from suggestions to educate citizens about the county's environment made by participants of a recent roundtable session hosted by the Union County government in conjunction with the Union County Alliance. The alliance, formed in June 1993, is a consortium of top leaders from all sectors, including business, government, labor, civic and academia.

"We are working with the alliance to develop a long-range plan for Union County, targeted to revitalize the county's economy and enhance our quality of life. These roundtables and public forums are vital so that we can work together to create the future we all want and need," said County Manager Ann Baran.

The proceedings will be covered by multi-lingual print and broadcast media representatives, and will be videotaped for broadcast on local cable stations.

Kelly conceived and has been the driving force behind developing and coordinating the Union County Conservancy initiative. She continues to work aggressively with the alliance and its Environmental Committee in an effort to strive for sustainable development that would result in a higher quality of life for county residents.

For more information, call Kelly's office at (908) 527-4111.

Scouts' honor for Sheriff Froehlich

Union County Sheriff Ralph Froehlich will be honored during an upcoming buffet dinner, it was announced by Ken Mayti, senior district executive of the Boy Scouts of America.

Mayti, along with Eagle Scout Kevin Sullivan of Westfield, told Froehlich he will be the recipient of the "Good Scout Award" during a buffet dinner to be held Oct. 11 at the Elizabethtown Gas Company in Union.

"Sheriff Froehlich's lifetime accomplishments are an example of

what scouting can do for a young individual," said Mayti. "Throughout his life he has shown a support of youth and youth related programs, both locally and nationally."

Two of Sheriff Froehlich's programs, fingerprints of file, a program providing parents of small children a positive means of identification and Play-It-Safe, a child safety pamphlet and soon-to-be video, emphasizing the danger of child abductions, have been given national attention.

Froehlich, a former patrol leader of

Boy Scout Troop 28 in Elizabeth, said he was honored to receive such a distinguished award from an internationally recognized organization such as the Boy Scouts. Froehlich went on to say that "the Boy Scouts are an example of what is right with youth in America. Too often we see examples of children gone bad or in trouble. Through scouting, young men are shown what an individual can accomplish by working as a part of a team."

Anyone interested in purchasing tickets for the dinner should contact either Ken Mayti at (908) 654-9191 or Undersheriff Joseph Brennan at (908) 527-4453. All proceeds go to the Watching Area Urban emphasis and learning for life program. Donations are \$50 and are tax deductible.

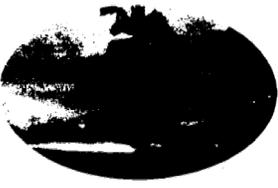
School guild schedules craft fair

The Parents Guild of Union Catholic High School will sponsor a Craft Fair from 9 a.m. to 4 p.m. on Oct. 21 at the school, 1600 Martine Ave., Scotch Plains.

More than 100 crafters will display seasonal, decorative and functional crafted items. The guild will offer a

variety of refreshments for purchase throughout the day. Desserts also will be sold. An added attraction will be a visit from Santa during which time photos will be taken.

Admission is free. For more information call (908) 889-1600.



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Notebook
(Continued from Page B1)

patient making it appear similar to the face of a wolf.

The Lupus Foundation of New Jersey annually sponsors a 5K Walk Along for Lupus to raise awareness about the disease and raise funds for research to combat the disease. This year's walks will be on Oct. 22 at Saddle River Park in Saddle Brook and at Ocean County Park in Lakewood beginning at 9 a.m.

For more information about the walk or to learn more about lupus, call the Lupus Foundation of New Jersey at 1-800-322-5816.

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8	\$53,050

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ARTS & ENTERTAINMENT

For the Popkin Sisters, art was an exploration for later in life

By Bea Smith
Staff Writer

They are called the "Popkin Sisters." They're not a vaudeville act; they are artists. And they recently had their first joint exhibition of art at the Springfield Public Library.

The talented sisters, Rose Simon, 95, and Gertrude Rauch, 93, who reside together in Springfield, may have retired this past year from their creative art work, but their interest in cultural art, theater and music has not waned. The most amazing thing about these two women is that they are devoted to each other, admire each other's talents and work, and rarely, if ever, disagree.

During a recent chat with both women, Rauch, the younger sister, explained that "Popkin is our maiden name. And," she mused, "we thought it would make an impression when we exhibited our art works for the first time together in August in the library. I've exhibited my art in a number of places including Maplewood and Springfield. And my sister, who specializes in sculpture, exhibited in Summit and Springfield among other places."

Rauch admitted that she has had "no formal training," but she explained that she learned to express her "feelings for color and form by studying and reading the great works of art in books and museums." During her years of "extensive travel, my interest in painting led me to create original cards and notes for my personal correspondence. I gave them as gifts, and after friends and relatives began framing them, I was encouraged to attempt more ambitious projects, such as impressionists, still

lives, landscapes and seascapes in various media including oils, pastels and acrylics. I do small paintings mostly, but I have done larger ones. I work on boards or canvas, and most of them were framed. I exhibited about a dozen framed paintings in the Springfield Library.

"I also have painted wool on burlap," laughed Rauch. "I call it painting with wool on burlap. I've exhibited in a number of libraries over the years. I'm 93 years old," she said proudly, "and on occasion, I do sell my paintings, if people are interested. But mostly, I give them away."

Rauch said that she has been "interested in art for many years. I go back a long time," she chuckled. "I haven't been doing anything in the last year or so. After all these years, it was enough. And I really enjoyed it."

Actually, said Rauch, "both my sister and I are interested in art, literature, music and the theater. We haven't been going to the theater recently, but we used to go a great deal."

Both sisters were born in New York City. Rauch said that they came to Newark when she was two years old. She had married Louis Rauch, a professor of mathematics and physics. He died in 1982.

She said that she and her husband had come to Springfield "about 30 years ago because my sister's husband had died. We came by way of California. And we came to live with her."

Rose Popkin Simon reiterated that "we have always been interested in art, and we were always going to see art exhibits most of our lives. As far as doing sculpture," she recalled, "it was

after my retirement in 1968. I retired from teaching physical ed and dancing. I taught in Newark at South Side High School mostly. And when I retired from there, I began to travel and then I became affiliated with the Springfield Public Library. I offered my services as a volunteer, and I continued until 1989 after I started wearing stronger glasses. I've had some trouble with my eyes. After all," she mused, "I am 95 years old."

"When I started at the library," said Simon, "I used to review non-fiction books and had them published, you know. I reviewed books in our local newspaper, the *Springfield Leader* for about 15 years."

She was married to Dr. Ben Simon, a dentist, and he died in 1959. "Since I retired in 1968 or 69, I've been working in clay sculpture. I did that for a number of years and exhibited now and then. Gertrude and I had never exhibited together until recently. We each went on our own merry way," Simon chuckled. "We lived together, but we were independent of one another."

"This was our first exhibit together in August in the Springfield Library — the only one we ever did together. It was quite a surprise to both of us that at this late stage in our lives, that we should have a joint exhibition."

What do the sisters think of each other personally?

"I think Gertrude's wonderful," exclaimed Simon. "I can't begin to tell you how much I admire her work. I'm very proud of her work. I was a real amateur of art. But I did try it."

Rauch said, "Rose is wonderful! Thank God that we feel the way we do about each other. Believe me, we're very lucky. Very, very lucky."



Photo By Barbara Kakkalis

Rose Popkin Simon, 95, and Gertrude Popkin Rauch, 93, relax now they've retired. The two had been active artists until recently; Simon was a painter and Rauch was a sculptor. The sisters reside together in Springfield, and remain interested in the arts, theater and music.

Evangel Church to hold concert

The past, present, and future of contemporary Christian music will be represented, when Randy Stonehill and Julie Miller, plus local favorites Mary Taylor and Midnight Cry are featured in a special benefit concert at Evangel Church in Scotch Plains, on Oct. 14. Proceeds from the concert will benefit Christian Overcomers, a New Jersey-based ministry to the disabled.

Releasing his first album, *Born Twice*, in 1971, Randy Stonehill's musical career is almost as old as contemporary Christian music itself. He has remained active with his 1995 release, *The Lazarus Heart*, featuring guest musicians Michael W. Smith, Gary Chapman, Phil Keaggy and many others.

Discussing how his music has remained consistent after 16 albums, Stonehill said his work "has always been to celebrate the wonder of a living God who remembers our names and wants to touch every part of our lives."

"In my life, as in my songs, I try to paint an honest picture of our daily walk of faith with all its struggle, mystery and shining hope," he added.

Along with the music and lyrics is the wit and humor which has become Stonehill's trademark. The onstage antics and musings of "Uncle Rand" have come to be loved and expected over the last 25 years.

Julie Miller brings a childlike innocence with the reality of a hard world to her music. Illuminating subjects such as child abuse through her own personal experience. Miller demonstrates how God's love can revive a

lost soul to far beyond merely surviving. Putting in time as a singer with the house band at New York's famed Lone Star Cafe in the '80s, the Austin, Texas native released her first Christian album in 1990.

Meet Julie Miller turned out three Top 5 singles, including the No. 1 hit "How Could You Say No?" Three more albums, *He Walks Through Walls*, *Orphans and Angels*, and *Invisible Girl* followed, highlighted by her lyrics, folk/rock style and a voice reminiscent of Cyndi Lauper's.

Julie Miller and Randy Stonehill will share a small ensemble of backing musicians for the concert, including Miller's husband, Nashville guitarist Buddy Miller.

With a voice sometimes compared to the late Janis Joplin, Mary Taylor and her band, Midnight Cry are a natural complement to Stonehill and Miller, with a blend of pop and roots rock, and a warm, yet seasoned stage presence. The Nyack, NY singer has become extremely popular in Christian coffeehouses in the New York metropolitan area over the past few years.

Christian Overcomers is an organization made up of handicapped people, for handicapped people, with the mission of sharing the Good News of Jesus Christ and helping disabled adults. The purpose of the concert is to raise awareness as well as financial resources for this ministry. One donor has offered to match contributions to the ministry, three dollars for every one contributed during this campaign, up to a total of \$20,000. Contributions can be sent to Christian Overcomers,

P.O. Box 724, Clark, NJ 07066. Advance tickets to the concert are \$10, with tickets at the door \$12, if available.

Tickets are available from Allendale Christian Bookstore, Allendale; Body & Soul, Jamesburg; Family Bookstores of Mountain Lakes & Fairfield; Good News Bookstore, Hillsdale; Jesus Book & Gift of Green Brook & Iselin; and Praise The Lord, Raritan. The concert starts at 7 p.m., with doors opening at 6:30. All seating is general admission. Evangel Church is at 1251 Terrill Rd. in Scotch Plains and is easily accessible from routes 22, 78, 287 and the Garden State Parkway. For more information, call (908) 388-0504.

YWHA to hold art exhibit

The YM-YWHA of Union, located on Green Lane, is well noted for creating an annual Russian Concert Series which promotes new American talent. Less publicized, however, is the addition of a "New American Artisan Exhibit" that precedes and follows each concert.

"This is a wonderful opportunity for recent new American craft people to show their wares to a large and varied audience," said Myrna Friedman, coordinator of the program. The Y seeks moderately priced items such as pottery, quilts, dolls, crafts, jewelry, etc.

New American Concert dates slated for the 1995-96 year are Saturday evenings, Nov. 18, Jan. 20, and March 16 at 8 p.m. For further information contact Friedman at (908) 289-8112.

Annual antiquing



Courtesy of New Providence United Methodist Church

Wilma Gilkey displays the handmade "New Providence lily quilt" that will be auctioned Tuesday night at the New Providence United Methodist Church's 40th annual antique show and sale. The event will be held Tuesday from 11 a.m. to 9 p.m., and Wednesday from 11 a.m. to 7 p.m. The show will feature jewelry, ceramics and furniture from more than 30 dealers. Homemade soups, salads and sandwiches will be served for lunch, and a hot buffet will be available for dinner. The church is located at 1441 Springfield Ave. in New Providence. For more information, call the church office at 464-5535.

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DINING/ENTERTAINMENT

Directors' duet



Edel Thomas, assistant choir director at Chatham United Methodist Church, and Mark Miller, the director of music at CUMC, practice for their piano duet. The two will perform in the church sanctuary on Sunday at 8 p.m.

Cranford Rep will present Holocaust education program, Anne Frank story

On Oct. 22 at 1 p.m. at Cranford High School, the Cranford Repertory Theatre will sponsor a Holocaust education program titled "Triumph of the Human Spirit," commemorating Christian rescuers and survivors of the Holocaust.

CRRT has planned the program as a prelude to its fall play "The Diary of Anne Frank," which will be performed on Nov. 30, Dec. 2, 3, 7, 9, and 10 at Randolph Hall in Cranford.

The year 1995 marks the 52nd anniversary of the rescue of 95 percent of Denmark's Jewish community by their Christian countrymen — from the simplest fisherman to the king himself — 7,200 Danish Jews were hidden, housed, and smuggled to safety in Sweden.

Danish rescuer Preben Munch-Nielsen will be a guest speaker for this special program. When the Germans occupied Denmark in 1940, Preben joined the resistance as a courier.

In October 1943, when the Gestapo began the round-up of Danish Jews, Preben and his group in the resistance began to help the Jews. They hid them in houses near the shore and brought them to waiting boats. Under cover of darkness, Preben and his friends took up to 12 Jews at a time across the straits to Sweden. The four-mile trip

took about 50 minutes. Preben helped transport 1,400 Jews to Sweden. He fled to Sweden as well in November 1943 when the Germans seized the Danish government. Preben returned home in May 1945.

Other special guests will include Tove and Niels Bamberger who were Danish survivors hoisted to freedom by Preben and his group.

The town of Cranford will also be honoring two of its own residents: Orest and Helena Zahajkewycz.

Orest and his sister Helena and their father hid two Jewish families for two years. They also provided food and shelter to other Jews. They lived in Peremysl which is in the Ukraine, and they currently reside in Cranford.

The cost of the program is \$5. All proceeds will benefit the Jewish Foundation for Christian Rescuers. There will be a dessert reception following the program.

For more information call Michael Goldberg at (201) 912-9051.

Westfield Community Players return to '1940'

The Musical Comedy Murders of 1940 by John Bishop, walls move, rooms disappear and the characters are so funny who we think they are. It's not a musical, but a comedy about a madcap comedy backer's audition replaced with a Nazi spy, a stage-door masher and a house with a life of its own.

With this premise in mind, Director John Correll and Assistant Director Linda Bahre Correll, both of Westfield, have prepared for the opening on Saturday at Westfield Community Players, 1000 North Ave. West in Westfield.

The cast includes Linda Correll as Hilda Wenzel, the crazed German maid of Elsa Van Grossenkneten, a wealthy economic patroness of the arts played by Jeanette Gould. Elsa is backing a new play by the team of Roger Hopewell and Bernice Roth played by Carl Barber-Steele and Marina Alshiro.

Producer Marjorie Braverstock (Dorsey Winant) and Director Ken DeLaMaize (Gordon Weiner) are trying to keep Nikki Crandall (Diane Matthews) and Eddie McCuen (Jeff Meyer) out of each others' hair and in the show. Irish Tenor Patrick O'Reilly (Stuart Hershkovitz) is trying to break into the big time, while New York policeman Michael Kelly (Tim

McGovern) is looking for Nazi spies.

Other show dates are: Oct. 20, 21, 27, 28 and Nov. 3 and 4; all at 8 p.m. in the theater. Tickets for \$12 are available at Rorden Realty and the Town Bookstore in Westfield, as well as the box office at (908) 232-1221.

County sponsors folk arts festival

"A Celebration of Traditions," a one-day Folk Arts Festival, will take place from 10 a.m. to 5 p.m. on Oct. 21, 1995 at Union County College in Cranford. This special event celebrates the cultural life of the ethnic communities in New Jersey.

The program, which is co-sponsored by the Union County Office of Cultural and Heritage Affairs and Union County College, will showcase more than 200 visual and performing artists, highlighting their talents and community traditions.

"The festival is a wonderful opportunity for the many cultural groups in Union County to share the significance and value of their heritage with the community," said Freeholder Linda-Lee Kelly, liaison to the Cultural and Heritage Affairs Programs Advisory Board.

Open to the public and free of charge, the festival overflows with musical and dance performances, arts and crafts demonstrations, workshops, storytelling and much more.

Visitors will enjoy musical and dance performances from Ireland, Haiti, Ecuador, the Philippines, India, China, West Africa, Bulgaria, Colombia, Puerto Rico, Portugal, Greece, Eastern Europe and Native Americans.

See the differences and similarities as folk artists from Poland and the Ukraine demonstrate egg decorating, compare dolls from Africa and Japan, look at paper cutting from Poland, Korea and Germany and weaving from Korea and the Ukraine; compare quilts from Africa and China.

Children of all ages will delight in storytelling and puppetry presenta-

tions, dance and music workshops.

A distinctive feature of the festival is a special art exhibit of folk artists. Ten artists will be exhibiting their work. The artists are: Linda-Lee Kelly, Linda-Lee Kelly, Linda-Lee Kelly, Linda-Lee Kelly, Linda-Lee Kelly, Linda-Lee Kelly, Linda-Lee Kelly, Linda-Lee Kelly, Linda-Lee Kelly, Linda-Lee Kelly.

The public is invited to bring an opening reception to presenting all folk artists on Oct. 21 from 10 a.m. to 5 p.m.

For further information on the Union County Folk Arts Festival or to RSVP for the reception, contact the Union County Office of Cultural and Heritage Affairs, 24-52 Rutherford Avenue, Elizabeth, NJ 07208, 908-558-2550.

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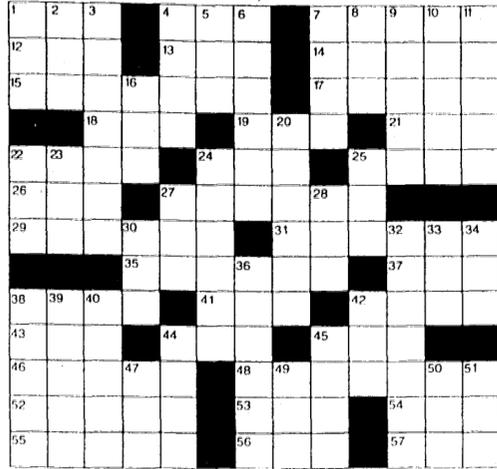
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CROSSWORD PUZZLE



CLUES ACROSS

1. Take unlawfully
4. Bridge-building degree
7. Empty area between things
12. Mixture of gases required for breathing
13. Possess
14. Characterized by opposite extremes
15. Tributary of the Mobile River
17. City of Troy (Spanish)
18. Company that rings receipts
19. Waterproof raincoat
21. Not neg
22. Obtain data from magnetic tapes
24. Numbered compartment in a post office
25. You
26. Having adverse effect
27. Percussion instrument
29. Implement used to erase something
31. Set whose members are members of another set
35. Favoring one person or side over another
37. News organization
38. Bru-Mandara
41. Father
42. As fast as can be done, abbr.
43. Caliph
44. Radioactivity unit
45. Substitute
46. Magnoliopsid genus
48. Saturday
52. Endorsement
53. Sphere
54. Plant hormone
55. Athapaskan language
56. No (Scottish)
57. Sign of assent, salutation or command

CLUES DOWN

1. Cry made by sheep
2. Cause bodily suffering to
3. Spanish city
4. Hog
5. Steep walled semicircular basin in a mountain
6. Inspire with love
7. Detailed description of design criteria
8. Leader
9. First letter of the Hebrew alphabet
10. Small, light boat
11. Wipe out magnetically recorded information
16. Number, in base two
20. Humbled
22. Relative biological effectiveness, abbr.
23. Article
24. Ceremonial procession
25. Bill in a restaurant
27. Japanese ornamental tree
28. Freed
30. Helps little tuns
32. Be the support of
33. Environmental Protection Agency
34. Top point of a mountain or hill
36. ... and Delilah
38. Slams
39. Bastard wing
40. Tivoli
42. Liturgical vestment worn by priests
44. Isidor ... American Nobel physicist
45. French abbr.
47. Chemical elements
49. Macaws
50. Religious belief
51. Sustained

ANSWER TO PREVIOUS PUZZLE:

SOLUTIONS ACROSS

1. Rapt
4. Acne
9. ATP
12. Amah
13. Wood
14. Car
15. Muni
16. Nazi
17. Mho
18. Ace
20. Tatters
22. Tacked
25. Roe
26. Ade
27. Generates
32. Tear
34. Mon
35. Tame
36. Unsecured
39. Hin
40. Dar
41. Satire
43. Madeira
47. Bat
48. Aar
49. Maas
51. Aide
54. Ara
55. Agha
56. Laic
57. Reb
58. Nest
59. Snug

SOLUTIONS DOWN

1. Ram
2. Amu
3. Panacea
4. Thick
5. Awn
6. Coat
7. Nazarenes
8. Editor
9. Acme
10. Tahr
11. Pros
19. EEG
21. Teat
22. Tatu
23. Aden
24. Demurrage
28. Nor
29. Tahitian
30. Emir
31. Sene
33. Rede
37. Caiman
38. Dab
42. Taals
43. Maar
44. Aare
45. Drab
46. Aahs
50. Sat
52. Dii
53. ECG

Arts Calendar

The Arts Calendar, prepared by Worrall Community Newspapers, is a list of upcoming theatrical and musical performances, art exhibitions and other cultural events in the area. To contribute to the calendar, forward all relevant information to: Arts and Entertainment section, 1291 Stuyvesant Ave. Union, NJ 07083, or fax to (908) 686-4169.

Today

A cultural arts series, "Tango X 2," will be held at 8 p.m. at the Wilkins Theater for the Performing Arts, Kean College, Union. A theatrical tour will trace the history of this dance form. Admission is \$13 for the public, and \$9 for alumni and senior citizens. For more information call (908) 527-2337.

Tomorrow

Fairleigh Dickinson University will host the Colorado String Quartet at 8 p.m. in Lenfell Hall. General admission is priced at \$12; senior citizens and students, \$6. Tickets may be purchased at the door. For more information, call (201) 593-8646.

Saturday

"End of Summer" will be presented by the Elizabeth Playhouse, 1100 East Jersey St., Elizabeth, through Sunday. Performances will be held Friday and Saturday nights at 7:30 and Sunday matinees are at 2 p.m. Tickets are \$8; for students and senior citizens, \$6. For reservations call (908) 355-0077.

The Opera at Florham Cabaret Series presents the 1995 vocal competition winners at 8 p.m. in the Fairleigh Dickinson University's Lenfell Hall on Madison Avenue in Madison.

The event will feature Cassandra Riddle, soprano; Danielle Sinclair, coloratura soprano; and Louise Toppin, soprano. General admission is priced at \$25; for seniors and students, \$20; and for the series of five performances, \$90.

For tickets or more information, call (201) 593-8620.

William Shakespeare's "The Tempest" will be the topic of discussion at the FDU-sponsored colloquium, The Disputed Island.

The event will be held from 9:30 a.m. to 3:30 p.m. in FDU's science building, room 11, at 285 Madison Ave. in Madison. It is free and open to the public, and advance registration is recommended. Call (201) 593-8714.

Oct. 20

Melinda Mendel, a plastic artist, poet and actress, brings her art experience to wall relief and sculpture to The Jacob Trapp Gallery of the Unitarian Church, 4 Waldron Ave., Summit. The exhibit will be featured through Dec. 1 between 9 a.m. and 3 p.m. weekdays, and Sundays from 10 a.m. to noon. For information call (908) 277-6933.

Through Dec. 1, the Jacob Trapp Gallery will present Melinda Mendel's show of free standing sculptures and wall reliefs.

The show will be open weekdays from 9 a.m. to 3 p.m. and 10 a.m. to noon on Sundays. The gallery is located 4 Waldron Ave.

Oct. 21

The Parents Guild of Union Catholic High School will hold its craft fair from 9 a.m. to 4 p.m. at the school, located at 1600 Martine Ave. in Scotch Plains.

The Clark Public Library will host "Storyweaver" Yvonne Ceaser, who will blend poems, chants and traditional stories from different cultures to explore the human condition.

The event begins at 10:30 a.m. The library is located at 303 Westfield Ave. For more information, call (908) 388-5999.

PUBLIC NOTICE

NOTICE OF PUBLIC AUCTION PURSUANT TO RS 39:10A-1 United American Lien & Recovery Corp will sell the following autos to highest bidder subject to any liens; 15% BUYER PREM Cash or Cashier Check; any persons interested ph (305) 947-7922. SALE DATE NOVEMBER 3, 1995 at 2:00 p.m., 1421 Oak Tree Rd., Iselin, NJ 08830. LOT 1141 1985 Audi 4 dr vin#: WAUFB0449FN133771 Lienor: AAA Auto Sales, 800 E. Elizabeth

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Ave., Linden, Nj LOT 1142 1988 Toyota 2 dr vin#: JT2MA71J5J0081697 Lienor: Gabes Towing, 1408 S. Stiles St., Linden, NJ LOT 1143 1987 Chevrolet 2 dr vin#: 1GCDM1529H228551 Lienor: South Ave. Service, 42 South St., Fanwood, NJ LICENSED AND BONDED AUCTIONEERS APPRAISERS U2973 Worrall Community Newspapers, Oct. 12, 19, 1995 (Fee: \$27.20)



FLEA MARKET

SATURDAY
OCTOBER 14, 1995
EVENT: Flea Market
PLACE: Redeemer Lutheran Church, 134 Prospect St., Irvington, NJ, 374-9377.
TIME: 9AM to 3PM
PRICE: New and Used items. Clothes, jewelry, housewares, etc. Hot and cold lunches. Tables available for \$15.00. Call 372-0084 or 763-3281.
ORGANIZATION: Redeemer Lutheran Church.

SUNDAY
OCTOBER 22, 1995
EVENT: Flea Market Craft Fair.
PLACE: Linden Elks Ladies Auxiliary #1960, 225 Lutgen Place, Linden, NJ.
TIME: 9 AM to 4 PM For information call Terry, 686-8387.
ORGANIZATION: Linden Elks Ladies Auxiliary #1960. Proceeds to benefit Handicapped children and Veterans.

RUMMAGE SALE

FRIDAY AND SATURDAY
OCTOBER 20, 21, 1995
EVENT: Rummage Sale
PLACE: 321 North Wood Avenue, Linden NJ (next to City Hall)
TIME: Friday, 9AM to 2PM; Saturday, 9AM to Noon. Clothes, toys and White Elephant Items.
ORGANIZATION: United Methodist Church.

FRIDAY & SATURDAY
OCTOBER 20th and 21st, 1995
EVENT: Rummage Sale
PLACE: Battle Hill Community Moravian Church, 777 Liberty Avenue, Union, NJ.
TIME: Friday, 9:30am-4PM, Saturday, 9:30AM-12Noon
PRICE: Free Admission. Clothes, bric-a-brac, etc. Also homemade baked goods.
ORGANIZATION: Battle Hill Community Moravian Church

CRAFT

SATURDAY
OCTOBER 14, 1995
EVENT: Juned Craft Show and Sale (with lunch available)
PLACE: Morrow Memorial United Methodist Church, 600 Ridgewood Road, Maplewood, NJ.
TIME: 10am to 4pm
PRICE: Free Admission. Call 201-761-0607 for information.
ORGANIZATION: United Methodist Women.

What's Going On is a paid directory of events for non-profit organizations. It is pre-paid and costs just \$20.00 (for 2 weeks) for Essex County or Union County and just \$30.00 for both. Your notice must be in our Maplewood office (463 Valley Street) by 4:30 P.M. on Monday for publication the following Thursday.

CONCERT-MUSIC

SUNDAY
OCTOBER 15, 1995
EVENT: Concert
PLACE: First Presbyterian Church (Chestnut St & Fifth Ave.), Roselle, NJ.
TIME: 3PM Celebration Singers, 22 members present "Molody Magic": Tunes from The Sound of Music, The Man of LaMancha; works of Cole Porter & Rogers and Hart; songs from Disney movies; hits from 50's & 60's; sing-a-long.
PRICE: Tickets at door, \$10.00. Special family rate (parents with children) \$20.00
ORGANIZATION: First Presbyterian Church

ART

SUNDAY
OCTOBER 15, 1995
EVENT: An Afternoon of Fine Art. Featuring the Creative work of Especially Frames.
PLACE: St. Luke's Episcopal Church (Fourth and Walnut), Roselle, NJ.
TIME: 2PM to 6PM.
PRICE: Donation, \$3.50. Hors D'oeuvres being served. Visa, MasterCard and Personal Checks accepted. Layaway Plan with 25% deposit.
ORGANIZATION: St. Luke's Episcopal Church

OTHER

SUNDAY
OCTOBER 15, 1995
EVENT: Jersey Animal Coalition 2nd Annual Dog Walkathon
PLACE: Maplewood Memorial Park (corner of Oakview and Valley), Maplewood, NJ.
TIME: Noon thru 4PM. Check-in 10:30AM.
PRICE: \$5.00 per adult; \$5.00 per dog; \$3.00 per child 14 and under, children under 5 are free. Team rates 50% of fees listed. Call 763-7322 for information.
ORGANIZATION: Jersey Animal Coalition, Inc.

FRIDAY AND SATURDAY
NOVEMBER 3, 4, 1995
EVENT: Holiday Gift Festival
PLACE: First Presbyterian Church in Orange (Main Street and Scotland Road), Orange, NJ.
TIME: Friday, 10AM to 5PM; Saturday, 9AM to 2PM.
PRICE: Free Admission. Free Parking. New and Good-as-new Clothing, Boutique, Household Goods, Handicrafts, Vintage Clothing, Books, Trifles and Treasures. Featured on Saturday ONLY, A Country Kitchen. Call 201-678-1719 for information.
ORGANIZATION: First Presbyterian Church in Orange.

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HEALTH & FITNESS

Lecturer warns of workplace violence

Working in America could be hazardous to your health — or fatal, according to a speaker at the National Association of Prevention Professionals conference, who said nearly 1 million people are victims of workplace violence annually, making it the second leading cause of death in the workplace.

"Yet, despite corporate concerns about protecting employees from potential harm, little has been done. Most companies are unprepared for acts of violence because they do not believe it can happen in their organization," added George Schloicka, director of Educational Services at Union Hospital, an affiliate of the Saint Barnabas Health Care System.

Speaking at the conference in Atlantic City, which ends today, Schloicka said "when an incident occurs, everything in the workplace changes — it is like a sacred trust that has been violated. The financial and

psychological impact on the victims, their families and fellow workers is devastating."

Schloicka, a witness of workplace violence, now helps companies learn how to prevent incidents through workplace seminars and workshops.

"There are changes that can be made in the work environment to prevent or minimize workplace violence," Schloicka also said. "Aside from increased security measures and screening of internal and external job applicants, a company also can create a less volatile environment by providing workers with more say in day-to-day decisions. Support mechanisms such as employee assistance programs also can be provided to ensure that all employees can deal with their personal issues or needs."

The Saint Barnabas Institute for Prevention, through a grant from the U.S. Department of Labor, has developed prototype prevention programs

relating to drugs and violence in the workplace. Recently, the Institute for Prevention, along with the Rutgers University Center of Alcohol Studies, the New Jersey departments of Labor and Health, the non-profit group Drugs Don't Work, and the Governor's Council on Alcohol and Drug Abuse, have begun working on the development of a standard by which community-based substance-abuse programs and corporate substance-abuse programs can work as partners.

"We need to begin to recognize that violence in the workplace can happen anywhere and at any time," said Ronald Gaetano, executive director of the Institute for Prevention, a component of the Saint Barnabas Behavioral Health Network.

"Disgruntled employees are not the only cause of workplace violence — drug and alcohol abuse and domestic problems are also leading causes. That's why we need a concerted effort among community leaders, local businesses and grassroots organizations to ensure the safety of employees," he added.

Information about the Institute for Prevention can be obtained by calling (908) 686-6644.

news clips

'I Can Cope' sessions set

Rahway Hospital and the American Cancer Society have scheduled their "I Can Cope" series of education classes for people facing cancer, their families and friends.

The sessions will be held Wednesday evenings through Nov. 8, from 7:30-9 p.m. at Rahway Hospital, 865 Stone St. in Rahway.

The "I Can Cope" program is a support-group series which provides individuals the opportunity for questions, discussions and sharing. There is no charge for the group but pre-registration is requested. For more information and to register, please call the hospital's Education Department

at (908) 499-6193, between 9 a.m. and noon, or the American Cancer Society at (908)354-7373.

The American Cancer Society is the nationwide, community-based voluntary health organization dedicated to eliminating cancer as a major health problem by diminishing suffering from cancer through research, education and patient services.

Blood-drive scheduled

The Westfield and Mountainside Chapter of the American Red Cross, in cooperation with New Jersey Blood Services, will hold a blood-drive at the Presbyterian Church on Mountain

Avenue in Westfield from 2:30 p.m. until 8 p.m. tomorrow.

Call the Westfield/Mountainside Chapter of the American Red Cross for additional information and referral services to other blood programs such as Autologous Donations, giving for oneself; Intraoperative Transfusions, recycled patient's blood; Direct Donor Program, family and friends donate for patient at donor collection-centers; and Rare Blood Donor Registry, which is tapped daily, responding to more than 1,000 requests a year.

The Red Cross asks healthy people to give blood regularly to help meet the need for blood throughout the year.

Conference attendees cite workplace violence statistics

- Between July 1992 and July 1993, 2.2 million full-time workers were physically attacked on the job; 6.3 million workers were threatened with violence; and 16.1 million workers were harassed on the job.
- One act of workplace violence can cost companies up to \$25,000.
- One in 10 workers is an alcoholic.
- One in four drug users sells drugs to co-workers.
- Employed substance abusers are responsible for 40 percent of all industrial fatalities.

Joslin Center schedules diabetes awareness night

The Joslin Center for Diabetes at Saint Barnabas will hold a family diabetes management night titled "Teens and Pre-Teens Speak Out About Diabetes" on Tuesday from 6:45 to 8 p.m. in Suite 415, at 101 Old Short Hills Rd. in West Orange.

The program is designed to help parents and their teenagers better understand each other's need and concerns. A panel of Youth Division participants, aged nine to 16, will address diabetes issues and share their thoughts with other pre-teens, and their parents.

The Joslin Center for Diabetes at Saint Barnabas, an affiliate of the Joslin Diabetes Center of Boston, is a program of diabetes treatment, education and research for adults and children, with three additional divisions in Princeton, Toms River and Lakewood.

The Joslin Youth Division in West Orange offers specialized pediatric services for infants, children and teens with diabetes.

There is no charge for the event, but seating is limited and reservations are required. Call (201) 325-6555.

Group publishes guide to low-cost dental care

A new booklet on dental care expenses is available to help patients find affordable care.

The Cost Containment Research Institute in Washington has published the 32-page booklet, titled "Free & Low Cost Dental Care." The booklet gives information on how and where to get free and low-cost dental care.

"We've published a state-by-state listing of all the programs across the country that offer free and low-cost dental care.

Consumers can receive a copy by sending \$2 to cover postage and handling to: Shipping Center Dept. DB-926, Free & Low Cost Dental Care, P.O. Box 462, Elmira, NY 14902-0462.

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HEALTH & FITNESS

Conference focuses on drug, alcohol use by young athletes

Reacting to a statistic showing one-third of high school coaches believe drug and alcohol abuse among student athletes is a serious problem, doctors and civic leaders met in Atlantic City this week at the annual conference of the National Association of Prevention Professionals and Advocates.

"Student athletes are generally the biggest, fastest and strongest among their peers, so most people have the mistaken notion that it is impossible for them to have problems with drugs or alcohol," said Ron Gaetano, executive director of the Saint Barnabas Institute for Prevention.

The conference, which ends today, has been attended by doctors, members of grassroots organizations, politicians, health care workers and other professionals.

In discussing the difficulties in dealing with student drug and alcohol abuse, Gaetano described the case of a girl who was caught with alcohol on her breath at a school affair. After being suspended from school, she was brought to the institute for evaluation and counseling.

According to Gaetano, many of her teachers and several parents asked him not to be too harsh with her because she was on the dean's list, was pretty and was one of the best athletes in the school.

"Even though this young girl exhibited all of the symptoms of alcohol abuse — including black-

outs and loss of control — no one wanted to confront her because she was a star student in their eyes," Gaetano said.

In addition, the Institute for Prevention addresses these issues in workshops, educational programs, training sessions and conferences on the local, state and national levels. In particular, the institute recently offered a two-day conference on substance abuse prevention for sports aimed at athletic directors, coaches, physical education teachers, recreation directors, school nurses and administrators. The institute also runs two-hour and half-day seminars on the topic for high school and college athletic directors and coaches.

Professional athletes are role models for youngsters everywhere, but their behaviors and attitudes may not be the best examples for youths," Gaetano said. "We can stop this dangerous chain reaction by teaching young athletes positive behaviors which develop healthy lifestyles, so they can be good role models for our future stars."

The Institute for Prevention is part of the Saint Barnabas Behavioral Health Network, which offers a comprehensive system of mental health and substance abuse services for inpatients and outpatients at 17 locations throughout New Jersey and New York. Information about the institute is available at 908-888-8888.

A little bit of relaxation can work wonders

Everyone is subjected to daily stressful conditions. This is particularly apparent during certain times of the year.

By October, when a hint of fall is in the air, we already have left behind our vacation mentality. Life becomes more frenzied as we resume our hurried pace. Somehow, despite technological advances which have resulted in more time-saving devices and conveniences, we are more hurried than ever. This "time crunch," whether real or perceived, results in extreme pressures which, in turn, are often translated into emotional and physical pain. We feel frustrated, angry, irritable, anxious, and depressed; we develop headaches, high blood pressure, insomnia, ulcers, heart conditions and cancer. This internal pressure, coupled with external events, expectations, and conflicted relationships, are the primary sources of stress in our lives.

Focus On Mental Health

By Barbara Albenberg



Both positive and negative events can be stressful since both require us to change and adapt. A marriage, a new baby, a new home or a job promotion can cause almost as much stress as a death, a divorce, or the loss of a job. In fact, no matter what kind of change your life undergoes, it will cause you stress.

Stress is not necessarily bad. To the contrary, it may be stimulating, challenging us to try new things and stretch our limits. However, when there are too many forces we feel incapable of controlling, or the stress is prolonged, we experience distress.

A build-up of stress can cause both physical and emotional problems. Extended periods of distress leave us vulnerable to infection, physical illness and disease. In fact, a high percentage of all physical illness is stress-related.

In managing stress, it is important to define success on your terms rather than by living by other people's standards and rules. Strive for competence rather than perfection. Try not to be hard on yourself and allow for mistakes and failures. View unexpected events as challenges rather than

threats. Avoid being overly responsible.

Although you can't control all the pressures in your life, you can control how you'll respond. Often the events, themselves are not as important in determining stress levels as our emotional reactions to them. These emotional reactions, in turn, are largely dependent upon the thoughts, interpretations and attitudes we have about the situation.

How you deal with stress and how you adapt to change will largely determine how smoothly your life will progress. Ease up a bit, judge yourself and others less, open up to others and you may find a lot more joyfulness and pleasure in life.

Barbara Albenberg is a licensed marital and family therapist with offices in both Essex and Union counties. She can be reached at (201) 325-3232.

Experts urge caution with medications

Every year Americans take approximately 1.6 billion prescriptions, costing \$30 billion. Unfortunately, most patients do not ask questions about these medications. This can lead to serious problems, including misuse of medications.

In recognition of October's designation as "Talk about Prescription Month," the New Jersey Poison Information and Education System, located at Newark Beth Israel Medical Center, in conjunction with the Society of Health System Pharmacists, suggested patients ask their health-care providers:

- What is the name of the drug, and what is it supposed to do?
- How and when should the medication be taken and for how long?

- What foods, drinks, and other medications should be avoided?
- What activities should be avoided while taking this medication?
- What are the most common side-effects of this medication?

To avoid complications due to the mixing of medications, it is recommended patients inform their health-care providers of the following information:

- The name of all prescription and non-prescription medicines being taken.
- Any allergic reactions the patient may have toward a medication.
- If the patient is pregnant.

For information about medications, call your health-care provider. If this

is not possible, the NJPIES is available for assistance 24-hours-a-day at 1-800-POISON-1.

NJPIES was created in 1983 as a source of information for the public concerning toxicological and poison

situations. Staff members who answer hotline calls are able to dispense advice and direct victims needing hospital care to nearby emergency rooms. NJPIES receives more than 84,000 calls annually.

Overlook to host asthma education program

In an effort to help the community it serves manage normal, active lifestyles, Overlook Hospital is offering, Coping With Asthma — for Adults and Children, Oct. 21, 9 a.m. to 1 p.m. at the hospital for anyone diagnosed with asthma, aged four and up.

Participants will be counseled on the disease, what it is, what are its causes, and what might trigger an attack. In addition, they will learn the latest treatments for asthma, and how to manage medications and respirator equipment. Stress management will also be offered.

There is a \$10 fee for the course, and pre-registration is required. For more information, or to register, please call Health Connection at 908-522-5353.

Physical fitness classes scheduled

The Women's Physical Fitness Class for residents of Union will begin Oct. 19. Classes will be held Thursday evenings in the Washington School gym from 7:30-9:30 p.m.

The sessions will cover exercise, body sculpting, stretching, yoga, ballet, stress reduction and jungle volleyball. For further information, call the Union Recreation Department at 886-4200.

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Orest V. Pelechaty, C.A.
Perry Grossman, M.D.
Directors

CHIROPRACTIC FOR BETTER HEALTH

DR. DONALD ANTONELLI CHIROPRACTOR

NECK STRAIN

You may take your neck for granted, but you shouldn't. It is one of the most important parts of your body. Composed of seven small bones or vertebrae and supported by muscles and ligament, your neck must hold and balance a head that weighs approximately 10 pounds.

This makes the neck susceptible to stresses and strains from many sources. It may react traumatically to seemingly minor accidents or falls. Some authorities say the neck is strained more frequently than any other part of the body.

Any misalignments in your neck may cause pain and discomfort because of an interference with the normal functioning of your body's nervous system. The neck is next to the brain, the source of your body's nerve impulses. They travel from the brain through the neck and spinal cord to all parts of your body.

Through gentle manipulation and other therapies, the Doctor of Chiropractic will correct any misalignments, restoring your body's structural balance and allowing your nervous system to function unimpeded.

In the interest of better health, from the office of
Dr. Donald Antonelli
Chiropractor
Antonelli Family Chiropractic Center
2575 Morris Ave., Union
908-688-7373

Richard H. Bodner, M.D., F.A.C.O.G. P.I.N.S.
Diplomate
American Board of Obstetrics and Gynecology

is pleased to announce that he is now participating in the following managed care health plans:

- U.S. Healthcare
- The Guardian Life Insurance Company
- Cigna
- Jefferson-Pilot Life Insurance
- Co Med
- John Alden Life Insurance Company
- GHI
- Motorola
- Blue Select
- National Elevator Industry
- Blue Shield Pace
- The New England Mutual Life Insurance Company
- BMA
- New York Life Insurance Company
- Central States Health and Welfare Fund
- Northwestern National Life Insurance Company
- CoreSource
- Pacific Mutual Group Life Insurance Company
- CUNA Mutual Insurance Group
- Phoenix Home Life
- Employer's Health Insurance
- Provident Life and Casualty Insurance
- Fortis Benefits and Time Insurance Company
- State Mutual Life Assurance Company of America
- General American Life Insurance Company
- Trustmark Insurance Company
- Great-West Life & Annuity Insurance Company

1379 Morris Avenue
Union, New Jersey 07083
908-687-0102

Good News for Users of TIMOPTIC
(Timolol Maleate)

Now there's a form of TIMOPTIC called **TIMOPTIC-XE**
(Timolol Maleate Ophthalmic Gel Forming Solution).

Ask your eye doctor today about TIMOPTIC-XE

MERCK

WOMEN SEEKING MEN

WHERE'S MY KING?
I'm a 40 year old professional female...

WHERE ARE YOU?

WHERE ARE YOU?
I'm a 40 year old professional female...

WHERE ARE YOU?

WHERE ARE YOU?
I'm a 40 year old professional female...

WHERE ARE YOU?

WHERE ARE YOU?
I'm a 40 year old professional female...

Connections
WHAT A WAY TO MEET!

Call 1-900-786-2400 (\$1.99/min.) to respond to these ads.
Touch-tone or rotary phones. You must be 18 or older.

LOOKING FOR LOVE

41 year old divorced female...

HEART OF GOLD...

Divorced white male...

YOUNG LADY WANTED

35 year old single white male...

GOOD JAZZ...

40 year old male...

DARK-EYED ITALIAN

40 year old single white male...

EASY GOING GUY

41 year old male...

NOT SUPERFICIAL!

40 year old male...

ARE WE COMPATIBLE?

41 year old male...

ENJOYABLE TIMES

40 year old male...

CALL ME SOMETIME

40 year old female...

HEY GUYS...

40 year old female...

STILL SINGLE

40 year old female...

GOOD TIMES AND FUN

40 year old female...

TALK THINGS OVER...

40 year old female...

TALK TO YOU SOON

40 year old female...

SOMETHING IN COMMON?

40 year old female...

WANT AMERICAN MALE

40 year old female...

SOMETHING LONG TERM

40 year old female...

GOOD HUMORED MALE

40 year old male...

DON'T BE SHY...

40 year old female...

CATCH ME!!!

40 year old female...

SLEEPLESS IN N.J.

40 year old female...

HARDWORKING MAN

40 year old male...

VARIED INTERESTS???

40 year old male...

LEVEL HEADED PERSON

40 year old male...

COLLEGE GRADUATE...

37 year old male...

LET'S TALK SOME MORE

Handsome caring romantic...

FIT YOUR DESCRIPTION

Empowered single black male...

SEE WHAT HAPPENS...

40 year old male...

FATHER OF ONE CHILD

35 year old male...

ITALIAN GUY

Single professional male...

HERE'S MR. GOOD GUY

Single 21 year old male...

ARE YOU OUTGOING?

38 year old male...

FAINTLY EMPLOYED!

40 year old male...

VERY CUTE!

21 year old female...

WANT SPECIAL WOMAN

Looking for a woman who...

ONE SPECIAL FEMALE...

36 year old single white male...

FIT WOMAN WANTED

39 year old very athletic male...

SPEND TIME TOGETHER

52 137 pound handsome single...

LET'S CHAT

31 year old college graduate...

BLACK FEMALE WANTED

6 200 pound single white male...

GOOD HEARTED MAN

39 year old professional teacher...

COULD YOU BE HER?

Single black male...

GO TO COLLEGE

21 year old male...

LET'S TALK SOON

40 year old male...



It Could Happen To You!

ENJOY MANY THINGS

Single white male...

GOOD HEARTED MAN

40 year old professional black male...

ANYTHING CAN HAPPEN

Tall slim smoking white male...

IS THIS YOU?

Single professional male...

MEN SEEKING MEN

LET'S HAVE SOME FUN

18 year old B. curvus black male...

LET'S GO ON A DATE!

Gay white male...

DREAM COME TRUE...

30 year old white male...

GOOD LOOKING MAN

Gay white male...

ITALIAN MAN

Seeking someone Italian male...

CALL ME

B. white male...

ARE YOU OUT THERE?

Black male...

LOOKING FOR SAME

27 year old B. white male...

FIRST TIME

Single gay white male...

CARING MAN

195 pound male with brown hair...

I WANT YOU!

6 light skinned black male...

LET'S GET TOGETHER

20 year old gay white male...

LIKE MANY THINGS

25 year old gay black male...

NEW TO THE AREA...

Looking for some new friends...

LET'S DO SOMETHING

27 year old B. curvus white male...

TELL ME EVERYTHING...

B. curvus white male...

ARE YOU THE ONE???

46 year old professional single...

SINCERE AND CARING

43 year old single gay white...

UNION COUNTY MAN

43 year old B. white professional...

I WANT YOU!

23 year old 6 black male...

I WANT YOU!

311 black male...

LET'S MEET SOMETIME

Gay white male...

SEE WHAT'S UP!

58 year old male...

DRAG QUEEN WANTED

If you are a tall black drag queen...

LET'S SEE WHAT'S UP!

Gay white male...

LET'S GET TOGETHER

33 year old gay white male...

GOOD LOOKING GUY

Gay white male...

SOUND LIKE FUN?

Very good looking gay white male...

POSSIBILITIES HERE

Gay white male...

CALL ME

Spanish female...

FRIENDSHIP AND FUN

Very attractive B. curvus female...

LET'S DO SOMETHING

57 120 pound black female...

FRIEND WANTED

59 11 attractive non smoking B. female...

ARE YOU REAL?

Warm caring person looking for the same...

SPORTS PARTNERS/FRIENDS

(Not for couples seeking...) your ad will not be accepted.

SEEKING FRIENDS

Single white female seeking friends...

LOVE TENNIS...

Ornella female...

MALE WANTED!!!

Looking for a theater and movie partner...

LET'S ENJOY WEEKENDS

54 year old single B. white male...

LET'S GET TOGETHER

27 year old single white male...

FRIENDSHIP AND FUN

25 year old B. curvus female...

LIKE THE SAME THINGS

23 year old B. curvus black female...

LET'S DO SOMETHING

23 year old B. curvus black female...

Worrall Newspapers... we do not discriminate on the basis of race, sex, religion, or national origin.

FREE VOICE GREETING FREE MESSAGE RETRIEVAL ONCE A WEEK
Respond to a Connections ad by calling: 1-900-786-2400
\$1.99 per minute. TouchTone or rotary phones. You must be 18 or older.

WORRALL Classified



1-800-564-8911



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UNION COUNTY

Union Leader • Springfield Leader
 Clark Eagle • Kenilworth Leader
 Mountainside Echo • Roselle Spectator
 Hillside Leader • Roselle Park Leader
 Linden Leader • Rahway Progress
 Summit Observer • Elizabeth Gazette

CLASSIFIED RATES
 20 words or less.....\$14.00 per insertion
 Additional 10 words or less\$4.00 per insertion
 Display Rates.....\$22.00 per column inch
 Contract Rates Available
 Blind Box Number\$12.00 per insertion

ESSEX COUNTY

News-Record of Maplewood & South Orange
 West Orange Chronicle • East Orange Record
 Orange Transcript • The Glen Ridge Paper
 Nutley Journal • Belleville Post
 Irvington Herald • Vailsburg Leader
 The Independent Press of Bloomfield

CLASSIFIED RATES
 20 words or less.....\$14.00 per insertion
 Additional 10 words or less\$4.00 per insertion
 Display Rates.....\$27.00 per column inch
 Contract Rates Available
 Blind Box Number\$12.00 per insertion

BEST BUY

CLASSIFIED COMBINATION RATES
 Ad appears in all 22 newspapers
 20 words or less.....\$20.00 per insertion
 Additional 10 words or less.....\$6.00 per insertion
 Display Rates.....\$42.00 per column inch
 Contract Rates Available

DEADLINES

Business Directory 4 p.m. Thursday
 Display - Space reservation 5 p.m. Friday
 Ad copy 12 Noon Monday
 In Column 3 p.m. Tuesday

CLASSIFIED ADVERTISING DEPARTMENT HOURS

Monday through Friday 9:00 A.M. - 5:00 P.M.
 Additional Phone Hours
 Monday 8 a.m. - 6 p.m. • Tuesday 8 a.m. - 5 p.m.

CALL

(201) 763-9411

CLASSIFIED POLICIES

All classified advertising is payable in advance. We accept Visa and MasterCard. You may also mail your ad with payment (check or money order) to us, or come into one of our offices to place your ad.

Offices where ads can be placed in person:

ESSEX COUNTY

463 Valley Street
 Maplewood, N.J.

170 Scotland Road
 Orange, N.J.

266 Liberty Street
 Bloomfield, N.J.

UNION COUNTY

1291 Stuyvesant Avenue
 Union, N.J.

Adjustments: We make every effort to avoid mistakes in your classified advertisement. Please check your ad each time it appears, should an error occur please notify the classified department within seven days of publication. Worrall Community Newspapers, Inc. shall not be liable for errors or omissions in any advertisement for which it may be responsible, beyond the cost of actual space occupied by item in which error or omissions occurred. We can not be held liable for failure, for any cause, to insert an ad. Worrall Community Newspapers, Inc. reserves the right to reject, revise or reclassify any advertisement at any time.

HELP WANTED

49 PEOPLE Needed to Lose weight or earn \$ money \$ 100% all natural herbal products Doctor recommended. 908-688-6102, Joanne

ACCOUNTING CLERK, part time, billing/ collection for Union, N.J. contractor. Resume: P.O. Box 1615, Union, N.J. 07083 Attention Joe. 908-688-6363.

ADDRESS ENVELOPES. Part time at home. \$200/ day. Enclose self addressed stamped envelope. Department 43, P.O. 7153 Richmond, Virginia, 23221.

ADMINISTRATIVE SECRETARY, full time, for local law firm. Great opportunity for self motivated individual with exceptional phone manner. Must have good organizational skills, professional appearance and good working knowledge of WP6.1. Some dictaphone required. Minimum of 3 years experience. Send resume with cover letter and salary requirements to: Joan Amato, T.A. Tamberlane, PC, 1044 Route 22 West, Mountainside, N.J. 07092 or Fax to 908-789-9699.

ADMINISTRATIVE ASSISTANT Excellent professional presentation, written and oral skills a must. Union business, greet clients, answer telephone, computer input, general office duties. Flexible hours. \$8-10/Hour depending on skill and experience. Send resume to: Joan Amato, T.A. Tamberlane, PC, 1044 Route 22 West, Mountainside, N.J. P.O. Box 158 Maplewood, New Jersey 07040.

ADMINISTRATIVE ASSISTANT. Will train. Great entry level position in Maplewood. Computer entry, answering telephones, customer service. Good attitude and reliability a must. Fax resume, attention Dave, 201-761-0395.

ANSWER PHONES \$9.00/ hour. Part time/ full time. No experience. Local hiring. 809-474-6545. International long distance call.

APPOINTMENT SETTERS WANTED

Union Area. Monday thru Thursday, 9a.m.-1p.m. and 4:30p.m.-9:00p.m. Spanish/ English and English speaking. Call Angie, Monday thru Thursday, 1pm-5pm. **908-851-9640**

ARTIST ASSISTANT. Decorative painter with commercial and residential murals, faux finishes, painted furniture. Call 201-763-0660.

ASSEMBLE ARTS, crafts, toys, jewelry, wood items, typing, sewing; computer work from home in your spare time. Great pay. Free details call 1-800-632-8007, 24 hours. (Fee).

ATTENTION: EXPERIENCED truck drivers drive to own! \$0 down/78 cents all miles. Ownership possible in 18 months. Average 10,000+ miles/month. Company drivers; newer equipment. Competitive pay, benefits. Call New Apple Lines 1-800-843-8308 or 1-800-843-3384 Madison, SD, Monday- Friday, 8-5p.m. Central. Call!!!

AVON - A BEAUTIFUL Job. Earn Extra \$\$\$ Work your own hours for Fun and Profit. To sell in any area, Call Toll Free 1-800-662-2922.

STAND OUT

Does your ad need a little more attention? You can create ad-impact by using larger type. This Type size is...

- 12 Point
- 14 Point
- 18 Point
- 24 Point

Add impact by using larger type - ask our Classified Representative for the type you would like for your ad.
 For low cost people-to-people advertising get into the Classified Pages. Call 1-800-564-8911.

BOOKKEEPER Experienced Real Estate Management

Full charge thru General Ledger with experience in computer and manual recordkeeping. This important permanent position is for a person with a minimum of 7-10 years experience. Real estate background a plus. Management office is in South Orange. The company only manages their own properties. Resume and references required. Salary open. Excellent benefit package. Non-smoking environment. Call **201-763-3030**

CAFETERIA HELP for Springfield elementary school. 3 hours per day, weekdays. Call Janette, 201-376-1025, Ext. 9227.

CHILD CARE, part time. After school, in my Maplewood home, 3pm-6pm. Non smoker. Driver preferred. References required. Call 201-761-7075.

CLERICAL POSITION

Full time, entry level, available for a reliable individual, in our Union Township newspaper office. General office duties including typing, filing and good telephone skills. Benefits offered. To arrange interview, call 686-7700.

CLERICAL OPPORTUNITIES

Summit Medical Group, NJ's largest multispecialty group practice, has the following clerical opportunities available:

***RECEPTIONIST (Full-Time)**
 Responsibilities include heavy phones, scheduling appointments and general clerical duties.

***PAGE OPERATOR (Part-Time)**
 Evenings/Weekends/Holidays

We offer competitive salaries and excellent benefits. For immediate attention, contact Human Resources at (908) 277-8633 or send resume to: Human Resources, SUMMIT MEDICAL GROUP, P.A., 120 Summit Avenue, Summit, NJ 07901. EOE.

CONSTRUCTION

Responsible individual to perform labor work for a general contractor. Industrial and residential. Bulk of work masonry, carpentry, excavation, general building, and maintenance. CDL a plus. Valid driver's license a must. Call **908-789-1137**

HELP WANTED

DENTAL ASSISTANT full time, busy orthodontic office. Dental experience/ x-ray license a must. Call between 10am-12pm, Monday-Friday only. 201-376-7131.

DRIVER: EXPERIENCE the growth! Opportunities for shorthaul, reefer, blanket wrap. For details, call Burlington Motor Carriers. Ask about our \$500 safe driving bonus. 1-800-JOIN-BMC, EOE.

DRIVER. EXPERIENCED in home fuel oil deliveries. Must have CDL Class B endorsement. HN. Call 8a.m.-5p.m. 908-862-2726.

DRIVERS: SOLO and teams, \$2,000 sign on. Top teams earn \$103,000+. Major benefits, motel and deadhead pay. Driving school grads welcome. Covenant Transport 800-441-4394. Students call 800-338-6428.

DRIVER(s)

With full size van, for overnight newspaper deliveries once a week to local post offices and stores. NO COLLECTIONS, NO SUNDAY PAPERS.

Call Mark Cornwell **908-686-7700, ext. 305.**

EXPERIENCED WAITRESS Only. Full time, 11am-5pm. Also one counter person. Call 201-624-1532. Call before 11am or after 2pm.

EXPERIENCED STYLIST, 4 days, busy salon. Salary and benefits. Following preferred but not necessary. 908-354-6288.

FASHION IMAGE Consultants offer color analysis, skincare, glamour and wardrobe. Personal/corporate. Professional training. Call for interview. Allison 201-761-8874.

FORKLIFT DRIVERS WANTED Full and Part time Must have New Jersey license. Apply in person between 10am-3pm.
PEERLESS BEVERAGE CO. 1000 Floral Avenue N. Union, NJ 07083

FULL TIME or part time. Take charge of in store sales and telephone orders. Computer knowledge. Interviews on Friday only. Call for appointment. **908-688-9400**

FULL TIME/ PART TIME SALES HELP
 Our New Pharmacy needs Sales Persons for mornings, afternoons, evenings, and weekends. Excellent opportunities for college students, homemakers and others. Please call Mr. Goldstein.

NORTHFIELD PHARMACY 992-4050 For Interview

HAIRDRESSER BORED with your atmosphere? Bring your Customers to a brand new shop in Linden! Experienced Operators and Manicurist. Call Rose, 908-925-3430 or 908-925-7623.

HERBAL LIFE Independent Distributor. For products or business opportunity. Call Francis, 908-688-6102, 24 hours.

HOME TYPISTS needed. Also PC/ word processor users. \$40,000/ year income potential. Toll free 1-800-898-9778, ext. T-5139 for details.

INSTALLER FOR flag pole company. Installing flag poles, decorating. Full time. Needs valid drivers license. Start immediately. 1-800-638-3524.

LAW ENFORCEMENT Jobs. No experience necessary. Now hiring U.S. Customs, Officers, Etc. For information 219-794-0010 extension 3154, 9am-11pm, 7 days.

MARKETING. I need someone to learn my business. Must have leadership ability, strong desire for above average income. Andrea: 201-736-1198.

MEDICAL ASSISTANT, Part time, for Springfield Urologist's office. Tuesday and Thursday, 11am-7pm. Experience necessary. Call 201-379-6949.

MEDICAL OFFICE MANAGER

Looking for take charge person for full time Livingston doctor's office. Permanent position, variable hours. Must have computer skills, medical office experience and people skills necessary. Part time help needed also. Competitive salary and benefits. Please call 201-465-5807.

MODELS WANTED for TV and national magazines. Male, female, children. All types, all sizes. No experience necessary. For information call 1-800-238-5459. (Fee).

NANNY. SEEKING experienced nanny for infant in Roselle Park. References mandatory. Monday- Friday 7:30a.m.-5:30p.m. November 9th. Background check. Call 908-241-6052.

YOUR AD could appear here for as little as \$14.00 per week. Call for more details. Our friendly classified department would be happy to help you. Call 1-800-564-8911.

OIL BURNER Service Person. Experienced in home heating oil. Full time. Benefits. Call 8a.m.-5p.m. 908-862-2726.

PART TIME. Unique afterschool program in Maplewood/ South Orange seeks adult leaders for September thru June positions. Available in Maplewood and South Orange. Work 2:45 or 3:15 until 6pm daily, following school calendar. Must be reliable, organized and enjoy working with elementary/ middle school aged children. Interest in crafts, sports, music or dance a plus. Excellent opportunity for recreation or elementary education major or person with teaching or scouting skills. Must have own transportation. Hourly salary based on experience. Call 201-762-0183 or Send resume to: Afterschool Program, 124 Dunnell Road, Maplewood, N.J. 07040.

PART TIME Personal Assistant for busy Real Estate Professional. Work processing and computer skills a must. Current or referral license a plus. 15-20 hours weekly. Call 201-325-9050, Voice mail #2025.

FULL TIME or part time driver. Will train. Flowers By Aicha, Morris Avenue, Union. Call 908-964-6166.

PART TIME ASSISTANT GYMNASIAC COACH/INSTRUCTOR

Gymnastic background needed Local YMCA- Late Friday afternoons and Saturday mornings- 6 hours total. Call **908-688-9622**

PART TIME office helper needed for construction company. Diversified duties. Flexible hours. Call Sandy at 908-686-7272.

HELP WANTED

PLUMBING COUNTER SALES

Plumbing/heating background required for wholesale company in Hillside. Permanent, full time position. Good working conditions, salary commensurate with experience and excellent benefits.

JERRY **908-351-3600**

REAL ESTATE PROPERTY MANAGEMENT OFFICE

Efficient, well organized person with bookkeeping/collection/computer skills for assistant manager. Send resume to Attention: Management, P.O. Box 3131, Union, NJ 07083.

RECEPTIONIST/ FILE Clerk. Experience preferred. Full time, for Hillside Security Company. FAX resume, 201-923-4648 or call 201-923-4600.

AT&T, MCI SPRINT NETWORK SALES

WE LOVE HOW WE STARTED:
 • \$9/hour Initial Training Program
 • No Experience necessary!

AND HOW WE FINISHED:
 • \$800-\$900 Per Week Commission!
 • Long Term Profit Sharing Residual!
 • Leads, Leads, Leads!
 • Prestigious Bloomfield Location!

For an interview, CALL **201-893-0355, ext. 100**

SALES: LOOKING for motivated sales people. Work part or full time. Earn \$500 - \$1,000 per week. Call 201-399-4784.

SALES
 Tired of the Minors? Try the Big League! Automotive Sales are up and at Autoland we can offer the right person a career in Auto Sales. Only at Autoland you'll receive the following benefits:
 • \$400 Per Week Guarantee
 • Daily, Weekly and Monthly Bonuses
 • Health Plan
 And much more...For details call our 24 hour electronic application line at 1-800-795-0617. Call Now!

SECRETARY - (Gail/ Guy Friday). Immediate opening. Full time for new home improvement company in West Orange. General office duties. Call Mr. Miller, M.M. Home Improvement Sales, Inc. 201-669-0337.

SECRETARY/ RECEPTIONIST. Full time position for energetic organized and reliable individual with growing company in Union. Be responsible for phones, filing, copying, faxing and office support for pleasant group of engineers and construction professionals. Previous experience in a busy office is key to competitive salary and benefits. PG skills desirable. Resume letter: S. Himber, Himber Construction, 2810 Morris Avenue, Union, N.J. 07083. No calls please.

SECURITY OFFICERS AND SHIFT SUPERVISORS UP TO \$300/WEEK PART TIME/FULL TIME WEEKDAYS/WEEKENDS ALL SHIFTS

For immediate hire, Call USA at 201-343-7777

SOCIAL SERVICES, Counselor positions, part time. Train adults with mental retardation in developing independent living skills in group home. Positions available in Millington, Chatham, Summit, New Providence or Berkeley Heights. Flexible hours. Substitute counselor positions also available. \$7.50/ hour. Send resume to: Our House Inc. 599 Springfield Avenue, Berkeley Heights, New Jersey 07922.

TELEMARKETING/SALES

Reliable, dynamic professional needed with excellent presentation, verbal and written skills. Existing corporate client base and marketing leads. Union professional business. Sales or telephone marketing experience required. Salary plus monthly bonus. Send resume to Box 501, Worrall Newspapers, P.O. Box 158 Maplewood, New Jersey 07040.

TELEMARKETER, WORKS from home to obtain leads for roofing, siding, renovations and office contractor. We will pay for each lead. Write T.S.S., P.O. Box 161, Montclair, New Jersey 07042. Fax 201-783-0666.

TELEPHONE CALLERS

Part time to recruit volunteers for The American Heart Association. Friendly smoke free Milburn office. Weekday evenings and some weekend hours. \$8 paid during training. Please call, leave message. **201-376-1366**

Tree Climbers and Foreman

SavATree is looking for Climbers and Foremen to join our professional team. We offer seasonal and year round work, training programs, excellent salaries and benefits, and state-of-the-art equipment. CDL or CDL permit and previous experience required. Stop by our office at 43 Progress Street, Union or call 908-851-0077. EOE.

TWO TEENAGE boys - wrestlers to help moving. After school and weekend. Call immediately. 201-763-7711.

YOUR AD could appear here for as little as \$14.00 per week. Call for more details. Our friendly Classified Department would be happy to help you. Call 1-800-564-8911.

WAREHOUSE HELPER. Full time must read and write English. Ability to pool orders, consisting of weights and exercise equipment. Fork lift or UPS experience a plus. Apply in person at: Body-Solid Inc., 251 South 31st Street, Kenilworth, N.J., between 9am-2pm, Friday October 13 and Monday October 16.

\$1,000 WEEKLY STUFFING envelopes at home. For info send SASE to P.O. Box 4820, Clifton, NJ 07015.

WHEN REPLYING TO A UNION COUNTY CLASSIFIED BOX NUMBER
 please address envelope to:
BOX NUMBER ---
Worrall Newspapers
 P.O. Box 158
 Maplewood, NJ 07040

HELP WANTED

\$1000 WEEKLY stuffing envelopes (your location). Easy work, excellent pay, part time, full time. Workers needed now. Free beta send SASE: P.O. Box 500-KT, Lima, PA 19037.

WILDLIFE CONSERVATION Jobs. Game wardens, security, maintenance etc. No experience necessary. Now hiring. For information call 219-794-0010 ext. 7946. 9am-10pm 7 days.

WORKING PARENTS spend more time with family. Very high earnings. exceptional benefits. Full training for home business. Please write with phone number to: Crista, Clear Concepts, Suite 508B, City Towers Bloomfield, New Jersey 07003.

WORKING PARENTS spend more time with family. Very high earnings. exceptional benefits. Full training for home business. Please write with phone number to: Crista, Clear Concepts, Suite 508B, City Towers Bloomfield, New Jersey 07003.

\$35,000 YEAR INCOME potential. Reading books to free 1-800-686-9075 ext. 85109 for details.

EMPLOYMENT WANTED

CERTIFIED NURSING ass start. home health care seeking employment for elderly care as a companion. References available. Call 908-468-3529.

CERTIFIED NURSING Ass start. 15 years experience with references to care for elderly or infirmed. Includes both housekeeping and errands. 908-662-8527.

CERTIFIED ACE seeks full time part time weekends or nights position for the very good references. Own transportation. 201-762-8659 201-763-0993

CHILD CARE in my Springfield home. Over 20 years experience. Part time or full time. Excellent references. Small group. 201-467-3328

CHILD CARE After school care, my home. Washington, Livingston area. Will cook, Snacks, homework, pay time. Reasonable affordable, reliable. References available. 908-688-7913.

CHILD CARE Evenings. Will watch your children while you go to school, work, or just out on the town. Can provide meal. For more information: 201-372-5119. ask for Miss Tee

DETAIL ORIENTED individual with 10 years experience, excellent references looking for house and office cleaning jobs. Call Bev at 201-673-5749.

EXPERIENCED WOMAN seeks position as Nurse's Aide Companion to elderly. References. Call 908-468-6113 or 201-474-5588

EXPERIENCED WOMAN seeks job to care for sick and mature adult. Own transportation and references. Available every shift. Call 201-677-0908.

EXPERIENCED POLISH woman's looking for house cleaning job. References and transportation. 201-352-0342.

EXPERIENCED POLISH woman's looking for housecleaning position. Good references and own transportation. Call 201-673-6862.

HOUSE CLEANING Responsible woman looking for offices and houses to clean. Have references and car. Call 201-374-2315.

IF YOU are looking for housekeepers, housecleaners, maids, companions, book care for the elderly, call Yolanda 201-235-5565.

LADY looking for housecleaning, laundry and ironing position. Call anytime. Maplewood area. 201-275-0195

POLISH AGENCY Inc. Specializing in elderly and sick care. Housekeepers, daily housecleaners. Live in/out. Excellent references and experience. 908-862-0289

YOUR AD could appear here for as little as \$14.00 per week. Call for more details. Our friendly classified department would be happy to help you. Call 1-800-564-8911.

ANNOUNCEMENTS

SPORTS. Spreads Scores Daily horse races Soaps and Stocks 1-900-878-2700 ext. 5585 \$2.99 per minute. Must be 18 years. 800-342-6022-954-7420 29th North 55th Avenue Phoenix, Arizona.

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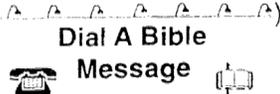
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GARAGE SALE

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HILLSIDE, 1264 ROBERT Street (1 block from North Broad)... 908-964-1455

HILLSIDE, 19 CLARK Street (off North Broad at Mertz Avenue)... 908-964-1455

GARAGE SALE

HILLSIDE, 1267 ROBERT Street (1 block from North Broad... 908-964-1455

HILLSIDE, 82 HILLSIDE Avenue, 3-family sale... 908-964-1455

HILLSIDE, 1066 PROSPECT Street, Saturday... 908-964-1455

KENILWORTH, 305 North 16th Street... 908-964-1455

KENILWORTH, 642 SUMMIT Avenue... 908-964-1455

LINDEN, 101 EAST Morse Avenue... 908-964-1455

LINDEN, 15th, 9am-5pm... 908-964-1455

LINDEN, 53 Alexander Avenue... 908-964-1455

LINDEN, 417 Family Sale... 908-964-1455

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MAPLEWOOD, 10 EAST Cedar Lane... 908-964-1455

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UNION, 1040 Grandview Avenue... 908-522-1311

UNION, 1110 WEBER Street... 908-522-1311

UNION, 1276 WILSHIRE Drive... 908-522-1311

UNION, 1308 Vauxhall Road... 908-522-1311

UNION, 1340 WOODRUFF Place... 908-522-1311

UNION, 1730 Burnet Avenue... 908-522-1311

UNION, 1753 NORTH Edward Terrace... 908-522-1311

UNION, ESTATE Sale... 908-522-1311

UNION, 1052 POTTER Avenue... 908-522-1311

UNION, 966 RAHWAY Avenue... 908-522-1311

GARAGE SALE

UNION, 1842 LONG Terrace... 908-522-1311

UNION, 195 CAROLYN Road... 908-522-1311

UNION, 2050 STECHER Avenue... 908-522-1311

UNION, 2683 HAWTHORNE Avenue... 908-522-1311

UNION, 2744 KILLIAN Place... 908-522-1311

UNION, 381 WHITEWOOD Road... 908-522-1311

UNION, 384 Ward Street... 908-522-1311

UNION, 436 Huntington Road... 908-522-1311

UNION, 645 SALEM Road... 908-522-1311

UNION, 709 SUBURBAN Road... 908-522-1311

UNION, 823 BISHOP Street... 908-522-1311

UNION, 917 Yvonne Place... 908-522-1311

UNION, ESTATE Sale... 908-522-1311

UNION, HOUSE Sale... 908-522-1311

UNION, HUGE Sale... 908-522-1311

UNION, SATURDAY... 908-522-1311

ROSELLE, 435 HORY Street... 908-522-1311

ROSELLE, HUGE Sale... 908-522-1311

UNION, 1052 POTTER Avenue... 908-522-1311

UNION, 966 RAHWAY Avenue... 908-522-1311

TOWNLEY PRESBYTERIAN Church... 908-522-1311

YARD SALE

KENILWORTH, 283 South Michigan Avenue... 908-522-1311

ROSELLE, 435 HORY Street... 908-522-1311

ROSELLE, HUGE Sale... 908-522-1311

UNION, 1052 POTTER Avenue... 908-522-1311

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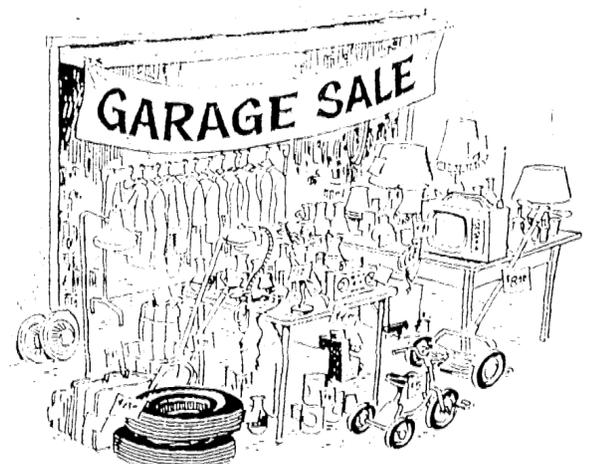
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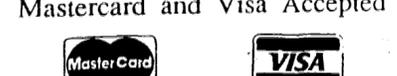
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Real Estate

transactions

Real estate transactions are recorded in the office of the county clerk. *Worrald Newspapers* publishes an abbreviated version of all transactions recorded in the 12 Union County municipalities the newspapers cover. The information is provided by TRW Property Data, a Fort Lauderdale, Fla., information service, and is published approximately six weeks after it is filed in the county clerk's office.

Clark

 Arnold J. and Phyllis Gold sold property at **55 Stonehenge Terrace** to Anthony Ciaramella for \$220,000 on July 28.

 Michael E. and Suzanne M. Grimes sold property at **15 Dawn Drive** to Stephen Gates for \$154,000 on July 28.

Elizabeth

 Robert L. and Theresa C. Balint sold property at **837-9 Park Ave.**, to Lawrence J. Wolgin for \$153,000 on July 27.

 Jose F. and Margarita Bieda sold property at **1142 Louisa St.**, to Ernest Fuentes for \$130,000 on July 27.

Luis D. Guzman et al sold property

 at **160 Grove St.**, to Carlos Marin for \$102,000 on July 27.

 Efran and Carmen Morales sold property at **865 Anna St.**, to Cesar G. Pabon for \$75,000 on July 27.

 Bristol Oaks LP sold property at **1019 Anna St.**, to Marie A. Rigaud for \$79,000 on July 28.

Hillside

 Antonio Paredes sold property at **565 Yale Ave.**, to Gustavo Silva for \$200,000 on July 28.

 Angel E. and Carmen N. Milanes sold property at **1528 Munn Ave.**, to Georgeann S. Frieron for \$125,000 on July 28.

 Anita Pellerito et al sold property at **1061 Thomas St.**, to Jose Pimentel for \$123,500 on Aug. 2.

Linden

 Nicholas Renna sold property at **1125 DeWitt Terrace** to Wladyslaw Krupa for \$130,000 on July 28.

 Jan and Maria Dabrowski sold property at **619 W. Blanche St.**, to Robert Nixon for \$130,000 on July 28.

 Michael J. and Debra M. Petrusky sold property at **2037 Alberta Ave.**,

to Marco A. Arrendondo for \$114,000 on July 31.

 Adam Pakulski sold property at **111 Husca St.**, to Henry Biernacki for \$210,000 on Aug. 2.

 Kathleen Cowell sold property at **3110 Fedor Ave.**, to Raul Wong for \$128,000 on Aug. 3.

Mountainside

 Gary Vayianos et al sold property at **1089 Prospect Ave.**, to Ullrich Von-seckendorff for \$398,000 on Aug. 1.

Rahway

 Peter A. McMichael sold property at **631 Hamilton St.**, to Andrew Greshko for \$107,000 on July 27.

 Josephine E. Hickey sold property at **198 W. Lincoln Ave.**, to Barbara Hoose for \$107,000 on July 27.

 Stephen S. and Nancy J. Bolic sold property at **295 Cornell Ave.**, to Jac-

quelyn A. Heny for \$132,500 on July 28.

 Thomas E. Nicholson et ux sold property at **439 Central Ave.**, to Thomas E. Mintel for \$215,000 on July 28.

 Thomas E. and Barbara Mintel sold property at **681 Union St.**, to Spring J. Banks for \$110,000 on July 28.

Roselle

 Anthony and Norine Marando sold property at **433 E. 5th Ave.**, to Drew D. Bass Jr. for \$139,000 on July 28.

 Doris L. Stalker sold property at **211 Holly Drive** to Samuel U. Morgan for \$140,000 on July 28.

 Fred and Agnes Queiroz et al sold property at **320 Hory St.**, to Alex R. Colas for \$160,000 on July 28.

 Edward J. and Anne M. Loso sold property at **116 Independence Drive** to Deauwand K. Thomas for \$105,000 on July 28.

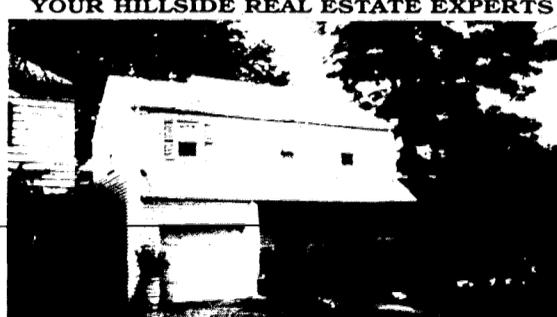
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TOP ASSOCIATE OF THE MONTH

Anthony Martucci, manager of the Coldwell Banker Schlott Realtors Union office is pleased to announce that Dolores Ulisse has been named Associate of the Month for August. Dolores produced a greater sales and listing volume during August than any of her colleagues in the Union office. Consistently a high achiever, Dolores has been frequently cited as a top real estate producer. She is a member of the prestigious Coldwell Banker Schlott Multi-Million Dollar Club. In addition, she is a Certified Residential Specialist and Dolores also has her brokers license. Dolores is an active member of the Greater Eastern Union County Board of Realtors and is a member of the N.J. Million Dollar Sales Club. For award winning real estate services call a Coldwell Banker Schlott top producer. Call Dolores Ulisse in Coldwell Banker Schlott Realtors Union office at 908-687-5050.

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 Move-in condition 3 BR colonial offers LR, formal DR, Eat-In-Kit, 1st floor fam rm, 1 car garage, lovely park-like yard w/patio. Priced to sell. \$134,900!
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SPACIOUS SETTING 100' X 115'

 *FAMILY ROOM WITH FIREPLACE on 1st Floor plus Living Room, Dining Room, Kitchen, Bedroom, Bath
 *2nd Floor - 2 Additional Bedrooms
 *Basement - Laundry Area
 *2 Car Garage - Wide Driveway
RESIDENTIAL SETTING \$159,900
PASCALE REALTY

 781 W. Grand Avenue, Rahway
381-3104 REALTORS!

Real Estate

transactions

(Continued from Page B13)

ty at 9 John St., to Steven M. Wood for \$176,500 on July 26.

Victor H. and Nicole D. Mayo sold property at 6 Windsor Road to Paul E. Piechnik for \$275,000 on July 26.

James and Kathryn Burgmeyer sold property at 63 Canoe Brook Parkway to Steven L. Peterson for \$314,000 on July 28.

Angelo F. and Ramona Lucadamo sold property at 167 Kent Place Boulevard to James Burgmeyer for \$384,000 on July 28.

Robert W. and Hester B. McCoy Jr. sold property at 46 Hillcrest Ave., to Sidney J. Dorf for \$680,000 on July 31.

Martha L. Waterhouse et al sold property at 49 Templar Way to Joel C. Horne for \$850,000 on July 31.

Union

Thomas and Dana DiStefano sold property at 684 Palisade Road to Gregory O. Ota for \$143,500 on July 26.

Paul F. Spiduro sold property at 1270 Coolidge Ave. to William Adams for \$15,000 on July 24.

Jose E. and Laura C. Sanchez sold property at 680 Duquesne Terrace to Juan Rivera for \$188,000 on July 24.

Semyon and Yelena Mizikovsky sold property at 940 Carteret Ave. to Juan Gomez for \$190,000 on July 24.

Robert B. Palusis sold property at 982 Carteret Ave. to Marcel Ceide for \$165,000 on July 25.

May DeGeorge et al sold property at 1460 Burnet Ave. to Percy Signal for \$118,000 on July 25.

Salvatore S. DeLuca et ux sold property at 396 Whitewood Road to Manuel A. Goncalves for \$170,000 on July 26.

Lena Tonzola et al sold property at 749 Liberty Ave., to Kenneth C. Tyler for \$164,500 on July 26.

Jose and Maria Duarte sold property at 860 Savitt Place to Manuel L. Navoa for \$169,000 on July 27.

John B. Sutherland et ux sold property at 1305 Amherst Ave., to Gladys Harrison for \$170,000 on July 28.

Philip and Gloria A. Fasso sold property at 856 Niles Road to Kampta Kashidas for \$171,000 on July 28.

Bonnie Weber sold property at 690 Carlyle Place to Jesus Valentin for \$110,000 on July 31.

RENTAL

"All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination."

"We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis."

APARTMENT TO RENT

BLOOMFIELD, 2 BEDROOM Condo. First floor. Carpeted. Dishwasher, washer, dryer hook-up. Near train. \$550 plus utilities. 201-660-9867 for appointment.

BLOOMFIELD - 1 BEDROOM [3 modern room apartment] New carpeting, washer, dryer hook-up. Near train. \$550 plus utilities. 11 months security. Available November 1st. Call 748-0249.

BLOOMFIELD, 4 LARGE rooms, 1st floor. Eat-in kitchen, washer, dryer hook-ups storage space. Many extras. \$750 monthly plus utilities. Available immediately. Call Gerry, 9am-5pm weekdays. 201-429-9100.

EAST ORANGE, Small 4 room apartment. Heat, hot water, parking. \$580/month. 201-678-4647.

ELIZABETH, NEWLY furnished one bedroom apartment. In secure bus stop. Bay View area. Available immediately. \$550 per month. 908-488-8651 or 908-780-0223.

ELIZABETH, TWO 3 1/2 room apartments in bedroom. Available now. No pets. Call 201-917-8907, leave message.

IRVINGTON, UNION border. Apartment for rent. Clean and quiet in good neighborhood. \$625/month plus 1/2 month security. 201-372-0628.

LINDEN, COZY one family ranch. Five rooms, one bath, garage. One block from New York train. No smoking. No pets. Available November 1st. Call 201-433-0325.

LINDEN, TWO bedroom, second floor of two family. No pets. \$695/month plus utilities. Call 6am-5pm, Monday through Saturday. 908-862-5920.

MAPLEWOOD, COZY, small one bedroom, suitable for one neat, quiet person. Security references. \$650 includes utilities. 378-3430.

MAPLEWOOD, 2 BEDROOM, 1st floor. Clean and spacious. References Available immediately. \$900/month. Includes heat. 201-762-5776.

MAPLEWOOD, CHARMING 2 bedroom cozy, eat-in kitchen, enclosed porch, garage, washer, dryer. \$920. Call 201-761-8934.

MILLBURN, ONE bedroom, \$850, Studio, \$685. Plus security. Convenient location. Air, heat, hot water, parking, laundry. 908-273-2670, 6-9pm.

ROSELLE, FIVE room apartment. Heat included, air conditioned, garage, washer, dryer hook up. Call 908-245-8454.

SOUTH ORANGE 2 Efficiency Apartments

Third floor walk-up. Efficiency with eat-in kitchen \$575.00; Other efficiency \$550. Both heat hot water, hard wood floors, freshly painted. Walking distance to all transportation and shopping. 1/2 months security. Super on premises. Call Mrs. Abbate. 201-762-9276.

APARTMENT TO RENT

SUMMIT, 2 BEDROOMS, living room, dining room in new building. \$950. Excellent location near train and major highways. Call 201-533-1318.

UNION SPRINGFIELD, Modern 5 room apartment. 2nd floor. 2-family. Quiet, convenient location. No pets. 908-851-0194. \$875 monthly. Own utilities.

UNION, TWO bedrooms, living room, kitchen, bath, in two family. \$715/month plus utilities. 1 1/2 months security. Call 908-687-8650, evenings.

UNION, TWO family, first floor, two bedrooms, living room, kitchen. No pets. \$750/month plus utilities. Call 908-696-0930 weekdays.

WEST ORANGE, Spacious 1 bedroom apartment with living room, dining room. Excellent condition. With air conditioning, washer, dryer. Call Carol Palma at 201-226-1800.

APARTMENT TO SHARE

FEMALE NON-SMOKER to share 2 bedroom apartment with one bath. Nice area. \$390/month plus 1/2 month security includes utilities and parking. Reference check. 6 month lease. No pets. Furniture available. 201-467-9326.

CONDOS TO RENT

ELIZABETH, BEAUTIFUL 2 bedroom condo with air conditioning, appliances, parking. \$750 plus utilities. Call 201-338-6435.

FURNISHED ROOMS FOR RENT

ELIZABETH, CLEAN, safe furnished room, good location near transportation. Call Mary. 908-862-5191.

OFFICE TO LET

KENILWORTH, 700 square feet 2 room office. Full bath, air conditioned, carpet. \$400 per month plus utilities. Call 908-273-1748 after 5pm.

SALE LEASE

374 Morris Avenue, Springfield. 3,000 square foot, 2-story office building. Call 201-564-6080 for information.

SOUTH ORANGE, furnished office for rent. Near center of town. \$300 per month including utilities. Call 201-763-2940.

STORE FOR RENT

NEW PROVIDENCE, center of town. Ample parking. For retail or office. 1400 square feet. No food. Call after 4pm. 908-665-0158.

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 TO PLACE YOUR CLASSIFIED AD



REAL ESTATE

"All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination."

"We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis."

BUSINESS FOR SALE

WEST ORANGE, Hair Salon for sale. Four stations, low overhead. Seven year lease. Rent \$800/month. Owner to retire, not interested in re-opening. Operators will remain. Call Mary 325-0720, 736-7662.

CEMETERY PLOTS

7 DOUBLE BURIAL plots, Grace and Memorial Park. Ken worth. \$325 each or all 7 for \$2000. Call 908-925-5845.

CEMETERY PLOTS

HOLLYWOOD MEMORIAL PARK
 Gettysmane Gardens, Mausoleums, Office. 1500 Snyvesant Ave., Union. 908-688-4300

HOLLYWOOD MEMORIAL PARK, Snyvesant Avenue, Union. Two double plots, each on 34' x 48' lot. Graves 1 and 2. 908-662-6950.

TOWNHOUSE

ORANGE, LUXURY townhouse, 4 years old. 2 bedrooms, 2 1/2 baths, central air, security system. Good location. \$55,500. Owner will pay \$1,000 towards closing costs. Call 273-675-7637.

REAL ESTATE FOR SALE

BERKELEY HEIGHTS, Large 4-bedroom Ranch in family neighborhood. Full Baths, fireplace, central air, den and finished basement. Serious buyers only. \$239,900. Call 908-771-0382.

REAL ESTATE FOR SALE

BY OWNER, Free list of area homes "For Sale by Owner". Homesellers advertise for only \$150.00. No commissions. Buyers, sellers call toll free 1-800-BY-OWNER.

GOVERNMENT FORECLOSED homes for pennies on \$1.00. Delinquent tax, Repo's, REO's, FDIC, RTC, IRS. Your area. Toll free 1-800-898-9778 ext. H-5139 for current listings.

HOUSE HUNTING? Use your computer! Call for Free floppy disk. Realtors HomeSteadNet Property Search System. No cost for use. NOT on Internet. 1-800-542-7885.

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 Custom 5 bedroom, 3 1/2 bath, brick Ranch, perfect for mother/daughter or professional office, spacious rooms and central air. Close to shopping and transportation. \$275,000.

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 Four bedroom, 2 bath expanded Ranch, tree-lined street, eat-in kitchen, spacious rooms, lovely yard. Asking \$215,000.

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 Realtors Short Hills Office
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UNION, CLEAN, brick cape with new roof, 4 bedrooms, 1 bath, living room with fireplace and much more. Asking \$135,000. 908-687-0083 evenings.

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OUT-OF-STATE

BEAUFORT, N.C. Coast 65% sold out-selling "last" Carolina land's newest intracoastal community, Graystone Landing, #1 address in county. Home in Beaufort. Buy the value, live the lifestyle. Only three waterfronts left. Large, beautiful, wooded off-water homesites from the mid \$20's. Low financing. Call Patten Carolina Land, 1-800-448-5263, ext. 5945.

ROSA AGENCY
OPEN HOUSE
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 966 Cherry Street
 Elizabeth
 Sat. Oct. 14 & Sun. Oct. 15
 1-4 PM
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Welcome Wagon

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SPRINGFIELD..... 467-0132

NEW JERSEY MORTGAGE RATES

Lender, City, Phone	APP FEE	30 YR FIXED RATE	15 YR FIXED RATE	OTHER RATE	PTS APR	PTS APR	PTS APR	PTS APR
American Fed Mtg, Bound Brook 800-767-2961		100 6.50 3.00	6.85 6.63 2.50	7.03 6.63 2.50	6.87 C			
American Savings Bk, Bloomfld 201-748-3600		350 7.50 2.50	7.76 7.00 2.50	7.41 8.70 0.00	8.70 S			
Capital Funding, Parsippany 800-562-6760		0 7.88 0.00	7.88 7.50 0.00	7.50 5.75 1.00	6.49 A			
Columbia Savings Bk SLA, Lindn 800-962-4989		N/P 7.13 3.00	7.46 6.75 3.00	7.29 7.25 1.00	7.90 G			
Consumer First Mortgage 800-296-9444		300 6.50 3.00	6.85 6.88 3.00	7.37 7.25 0.00	7.31 R			
Corestates Mortgage Services 800-999-3885		325 7.05 3.00	7.42 6.63 3.00	7.20 7.38 3.00	7.78 B			
First DeWitt Bank, West Caldwell 800-537-0079		425 8.00 0.00	8.05 7.63 0.00	7.63 4.75 0.00	8.13 A			
First Fidelity Bank 800-435-7332		375 7.25 3.00	7.58 6.75 3.00	7.26 5.13 3.00	8.24 A			
First Savings Bank SLA, Edison 908-225-4450		350 8.00 0.00	8.00 7.50 0.00	7.51 7.00 0.00	7.87 C			
Gentry Mortgage, Inc 800-287-9934		350 7.63 1.00	7.73 7.13 1.00	7.29 5.25 1.00	5.33 A			
Ivy Mortgage Corp. 800-488-5363		300 7.00 3.00	N/P 6.75 3.00	N/P 4.50 3.00	N/P A			
Kentwood Financial Services 800-353-6896		150 7.63 0.00	7.63 7.13 0.00	7.13 N/P	N/P			
Lehigh Savings Bank SLA, Union 908-686-0003		350 7.50 2.00	7.77 6.88 3.00	7.46 6.75 2.00	7.20 E			
Midlantic Bank, N.A. 800-274-0703		380 7.13 3.00	7.44 6.50 2.75	6.96 4.63 3.00	8.25 A			
Morgan Carilton Finl, Ridgewood 800-562-6719		0 6.88 2.88	7.09 6.13 2.88	6.71 3.60 2.88	4.36 F			
Natwest Home Mortgage 800-488-6761		375 7.25 3.00	7.56 6.88 3.00	7.38 5.00 2.50	N/P A			
New Century Mtge, E. Brunswick 908-398-4800		370 7.36 3.00	7.69 7.00 3.00	7.30 5.50 3.00	5.78 A			
Premier Mortgage, Union 908-687-2900		375 6.88 3.00	N/P 6.63 3.00	N/P 5.50 0.00	N/P A			
Provident Savings Bank 800-448-7768		350 7.25 3.00	7.56 7.13 3.00	7.52 6.25 3.00	7.84 C			
Pulse Savings Bank, South River 908-257-2400		350 7.50 0.00	7.50 7.00 0.00	7.00 6.00 0.00	8.20 A			
Rahway Savings Institution 908-358-1800		325a 8.13 0.00	8.13 7.38 0.00	7.38 N/P	N/P			
Source One Mtge Svcs, Crnfrd. 800-870-4657		300 6.50 3.00	6.85 N/P	N/P 7.25 0.00	7.31 R			
Sterling National Mtge, Clark 800-562-6725		295 7.75 0.00	7.78 7.38 0.00	7.42 8.25 0.00	8.27 B			
Union Center Nat'l Bank, Union 908-668-9500		350 7.13 2.88	7.42 6.63 2.38	7.01 7.25 0.00	7.25 J			
United Jersey Bk, Ridgefield Pk 800-932-0811		325 7.13 3.00	7.43 6.63 3.00	7.11 4.38 2.50	8.23 U			
Valley National Bank, Wayne 800-522-4100		450 7.75 0.00	7.81 7.25 0.00	7.35 7.65 0.00	7.73 Q			
West Essex Bank, FSB 201-575-7080		350c 7.75 0.50	7.80 7.25 0.50	7.33 7.38 0.50	7.94 G			
W.F.S. Mortgage, Warren 908-534-1904		0 7.75 0.00	7.75 7.38 0.00	7.38 8.13 0.00	8.13 B			

1 Arm (B) 30 Yr Jumbo (C) 5 1/2 Arm (D) 15 Yr Bi-weekly (E) 10 Yr Fixed (F) COFI Arm (G) 7 1/2 Yr Arm (H) 10 1/2 Arm (I) 30 Yr Home Program (K) 3 3/4 Arm (L) 15 Yr Balloon (M) 3 1/2 Arm (N) 20 Yr Fixed (O) 1 Yr Jumbo (P) Constr Loan (Q) 30 Yr Biweekly (R) 1st Time Buyers restrictions (S) Home Equity (T) HMF (U) 1 1/2 Arm (V) 90 day lock (W) 150 app fee (X) 5 yr Bal (C) (pts) ref at closing (d) 75 day lock (e) free float down rate
 *App fee ref

APP FEE—single family homes
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 Rates are supplied by the lenders and are presented without guarantee. Rates and terms are subject to change. Lenders interested in displaying information should contact Cooperative Mortgage Information at (201) 762-6313. For more information, borrowers should call the lenders. Contact lenders for information on other mortgage products and services. Cooperative Mortgage Information assumes no liability for typographical errors or omissions. Rates listed were supplied by the lenders on 10/4-10/6, N/P—Not Provided by institution.
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UNION TREAT YOURSELF - To this immaculate split w/wood. 4 bed, 3 BR's, 1 1/2 baths, LR, DR, and sunken FR w/FP. Enjoy many extras such as CAC, alarm system, car door opener, fire deck w/BBQ grill, large garden & more. Don't Delay! Call today!



UNION COMMUTER'S DREAM - Enjoy suburban living & still walk to NY transportation. This charming col offers 3 BR's, full attic and 2 full baths plus LR w/FP, FR, study & FR. All for \$152,900. Call now!



UNION STOP THE CAR - And bring the family in this superb colonial cape featuring beautiful wood appointed porch. LR, FR, LG, ML, DR, 3 BR's, 1 1/2 baths. H/v system, tree bark & stone. Asking \$249,900.



KENILWORTH DON'T MISS IT!! - Immaculate all brick 2 family, 1/2 block to center of town. 2 free room apartments, top utilities, fenced yard, pool, in-ground pool. Offered at \$209,900.



ROSELLE PARK PRICED TO SELL - 3 Bedroom, Dutch colonial 2 car detached garage, living room w/fireplace, 2 full baths. \$139,900.



ROSELLE PARK 8 ROOM SPLIT LEVEL - Walk to schools, shopping & transit. Features Florida Rm., RR, 3 BR, 1 1/2 baths, bsmt w/kit facilities, gas HW heat, large yard, great for children. Clean throughout. Only \$155,000. Act fast. Variant.



UNION PRIDE OF OWNERSHIP - You'll appreciate the love & care that went into this attractive, maint free wash School col. Beaut. Eat in kitch, w/ oak cabinets & pantry. Marbled LR, FR, 3 BR's, 2 full baths, end front porch & patio. Asking \$169,900.



ROSELLE PARK CUSTOM RANCH - One block to grammar school. Features 3 BR's, 2 1/2 baths, FR w/FP, CAC & huge semi fin. basement. Great buy \$179,000.



Automotive

Chevy Van line has come a very long way in 25 years

The year was 1970. George C. Scott turned down an Oscar for Patton, Simon and Garfunkel were at the top of the record charts with "Bridge Over Troubled Water," thousands marched in the first Earth Day observance, and Chevrolet introduced its new full-size van.

Fast-forward to 1995: After 25 years, six U.S. Presidents, several energy crises and the advent of MTV, Chevrolet debuts its first "new from the ground up" full-size van in a generation. Combined with the new interior on the Astro and the all-new front-wheel-drive minivan coming next year, nobody will cover the van market as completely as Chevrolet.

The 1996 Chevy Van and Chevy Express Van have the safety, styling, comfort and convenience features that customers want today. With new aerodynamic exteriors, longer wheelbases, rugged new full-frame construction, higher GVWRs and ergonomically designed interiors, Chevy Van and Chevy Express Van are the most advanced full-size vans on the planet.

The "Voice of the Customer" was heard at every step in the design and manufacture of the new Chevy Van and Chevy Express Van. Both models offer a high level of standard safety and convenience features, including dual frontal air bags—up to 8600 lbs. GVWR—and four-wheel anti-lock brakes.

The new exterior has wide-opening rear cargo doors with hidden hinges that make it easy to load large objects. Getting people in and out is easy, too, thanks to a longer wheelbase and wheelwells that don't block access to the front seats.

There's a lot to like on the inside, too. Chevy Van and Chevy Express

The Chevy Express Van can accommodate a crowd — up to 15 passengers in extended models — with car-like comfort and style. Express Van is a favorite for airport shuttle services, delivery vans, ambulances, motorhomes, large families and tour groups.

Van have new, ergonomically designed interiors and instrument panels. These spacious, full-size vans rank at the top of their class with cargo space of about 267 cubic feet for regular length models and 317 cubic feet for extended length models.

A rugged, new, high-strength steel ladder frame is the rock-solid foundation of these new Chevy vans. The 1996 Chevy Van and Chevy Express Van have longer wheelbases than 1995 models — 135 inches in standard versions and 155 inches in extended models — for improved entry/exit, stability and ride quality. A full-size tire is mounted under the body to add cargo room, and a larger 31-gallon fuel tank increases driving range between fill-ups.

A family of new Vortec V6 and V8 gasoline engines offer more performance without sacrificing fuel economy — up to 60 more horsepower than last year's optional powerplants. And for the first time, a turbocharged diesel is available in Chevy Vans.

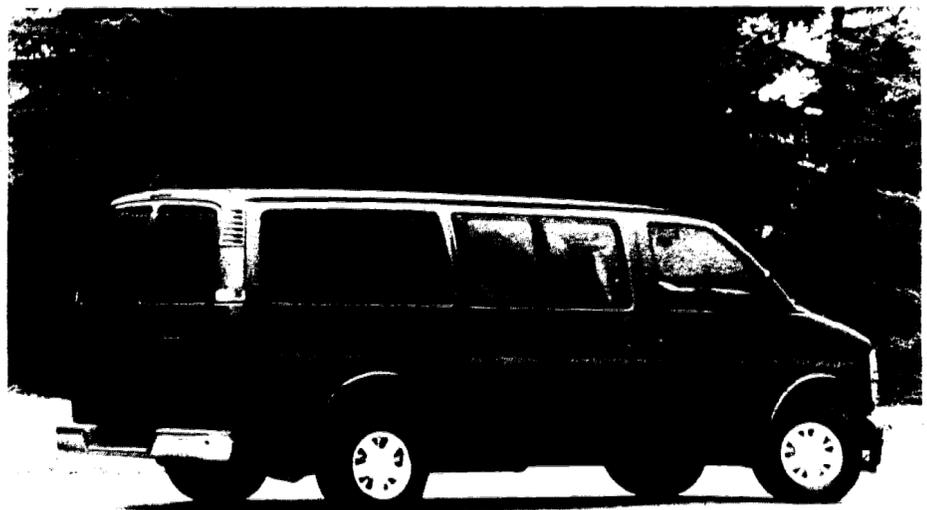
The Chevy Express Van can

accommodate a crowd — up to 15 passengers in extended models — with car-like comfort and style. Express Van is a favorite for airport shuttle services, delivery vans, ambulances, motorhomes, large families and tour groups. Commercial vehicle buyers appreciate Chevy Van's ample interior cargo room and its wide range of door and window configurations. In addition, Chevy Van cutaways are available in GVWR's of 9500 lbs. to 12,300 lbs. with 3 wheelbases: 139", 159", and 177".

The Chevy full-size vans have changed as much as the times. Baby boomers who stayed in vans at Woodstock are now shopping for van conversions for vacations with their families. Vans carry socially conscious commuters to work in ride-sharing programs, ferry desktop computers for delivery services and haul cans and bottles to recycling centers. Chevy Van and Chevy Express Van have the features, room and performance that will propel the full-size van into the 21st century.



The 1996 Chevy Van and Chevy Express Van have the safety, styling, comfort and convenience features that customers want today. With new aerodynamic exteriors, longer wheelbases, rugged new full-frame construction, higher GVWRs and ergonomically designed interiors, Chevy Van and Chevy Express Van are the most advanced full-size vans on the planet. Pictured above is the 1996 Chevy Van, Extended Express Van and Express Van. Pictured below is the 1996 Chevy Express Van.



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DOMESTICS AND IMPORTS			TRUCKS AND VANS	
'92 Chevy Cavalier Blue, 2 dr., 4 cyl. auto., P/S/B, A/C, tint glass, rr. defr., int. wipers, AM/FM, bucket sts. 52,315 mi. VIN#N7246300. \$6495	'93 Chrysler New Yorker Maroon, 4 dr., 6 cyl. auto., P/S/B/W/Lks/St./Ant., A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 56,923 mi. VIN#PD203358. \$9995	'93 Ford T-bird Tan metallic, 2 dr., 6 cyl. auto., A/C, P/S/B/W/Lks/St./Ant., tint glass, rr. defr., int. wipers, fact warr. remaining, AM/FM stereo cass., tilt, cruise. 13,490 mi. VIN#PH226720 \$12,495	'91 Chevy S-10 Pickup Maroon, 6 cyl. 5-spd. man. trans., P/S/B, No A/C, int. wipers, AM/FM, cruise. 51,512 mi. VIN#M0180584. \$6895	'93 Jeep Cherokee Dark green fact warr. 4 dr. 6 cyl. auto., P/S/B/W/Lks, A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 17,859 mi. VIN#P502748 \$16,995
'92 Dodge Dynasty LE Lt. blue, 4 dr., 6 cyl. auto., A/C, P/S/B/W/Lks/St./Ant., tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 42,617 mi. VIN#ND798902. \$7995	'92 Buick LeSabre Silver, 4 dr., 6 cyl. auto., P/S/B/W/Lks/St., A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 49,608 mi. VIN#NH421188. \$10,995	'93 Buick RoadMaster White, 4 dr., leather int., 6 cyl. auto., P/S/B/W/Lks/St./Ant., A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 52,878 mi. VIN#PR400216. \$13,995	'92 Ford F150 Extended Cab Pickup Blue/white, 6 cyl. auto., P/S/B, No A/C, int. wipers, alloy wheels, AM/FM, 21,851 mi. VIN#N818929 \$10,995	'94 Chevy S-10 Ext. Cab Blue metallic, 4x4, 6 cyl. auto., P/S/B, A/C, tint glass, int. wipers, AM/FM, tilt, cruise. 20,000 mi. VIN#N130448 \$17,995
'92 Ford Taurus Green, 4 dr., 6 cyl. auto., P/S/B, A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass. 52,407 mi. VIN#NG158872. \$8495	'92 Buick LeSabre Custom Red metallic, 4 dr., 6 cyl. auto., P/S/B/W/Lks/St./Ant., A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 43,928 mi. VIN#NH521234. \$10,995	'93 Chrysler Concorde Maroon, warr. remaining, 4 dr., 6 cyl. auto., P/S/B/W/Lks/St./Ant., A/C, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 24,147 mi. VIN#PH593393. \$14,995	'92 Chevy G-20 Cargo Van Dark blue, 8 cyl. auto., P/S/B, No A/C, tint int. wipers, AM/FM, 42,650 mi. VIN#N4139029 \$11,495	'92 Chevy K-5 Blazer Teal, 8 cyl. auto., P/S/B/W/Lks/St./Ant., A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 15,858 mi. VIN#N134521 \$18,995
'92 Plymouth Laser RS Teal, 3 dr. hatch, 4 cyl. 5-spd. man. trans., P/S/B, A/C, tint glass, rr. defr., int. wipers, AM/FM, wipers, AM/FM, tilt, cruise. 39,607 mi. VIN#NE145873. \$8495	'91 Caprice Classic White, 4 dr., 8 cyl. auto., P/S/B/W/Lks, A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 38,828 mi. VIN#MW138874. \$10,995	'92 Cadillac Eldorado Pearl white, saddle int., 2 dr., 6 cyl. auto., P/S/B/W/Lks/St./Ant., A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 50,454 mi. VIN#NU620588. \$18,995	'91 Chevy Sport Van 12 passenger, blue, 8 cyl. auto., P/S/B, A/C, tint glass, int. wipers, AM/FM, tilt, cruise, bucket sts. 34,349 mi. VIN#M7124185 \$11,995	'94 Chevy S-10 Blazer Meridian silver, grey leather int., 4x4, 4 dr., 6 cyl. auto., P/S/B/W/Lks/St./Ant., A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 27,887 mi. VIN#N138086 \$19,995
'92 Chevy Caprice Lt. blue, 4 dr., 8 cyl. auto., P/S/B, A/C, tint, rr. defr., int. wipers, AM/FM, 36,063 mi. VIN#NW118848. \$9995	'95 Chevy Corsica Blue, 4 dr., 6 cyl. auto., P/S/B, A/C, tint, int. wipers, wire wheel covers, AM/FM stereo. 5,368 mi. VIN#SY102506. \$11,995	'93 Cadillac Seville Dark green, 4 dr., 8 cyl. auto., P/S/B/W/Lks/St./Ant., A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 57,463 mi. VIN#PU82381. \$19,995	'93 Chevy S-10 Blazer Green, 4 dr., 6 cyl. auto., P/S/B/W/Lks, A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 74,085 mi. VIN#P2124659. \$14,995	'93 Chevy K-5 Blazer Sport edition, auto. start/alarm, auto. window, 8 cyl. auto., P/S/B/W/Lks/St./Ant., A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 49,597 mi. VIN#P359517 \$22,995

'91 Geo Storm
Black, 3 dr. hatch, 4 cyl. auto., P/S/B, A/C, tint glass, rr. defr., rr. wiper, int. wipers, AM/FM, 36,724 mi. VIN#75666773.
\$6495

'92 Olds Delta 88
Red, 4 dr., 6 cyl. auto., P/S/B/W/Lks, A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 38,757 mi. VIN#N1810194.
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'93 Cadillac Sedan deVille
60 Special, navy blue, 4 dr., 8 cyl. auto., P/S/B/W/Lks/St./Ant., A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 40,002 mi. VIN#P4254874.
\$21,495

'93 Chevy Suburban Silverado
Black, 4x4, running bds., 4 dr., 8 cyl. auto., P/S/B/W/Lks/St./Ant., A/C, tint glass, rr. defr., int. wipers, AM/FM stereo cass., tilt, cruise. 35,196 mi. VIN#PJ371092.
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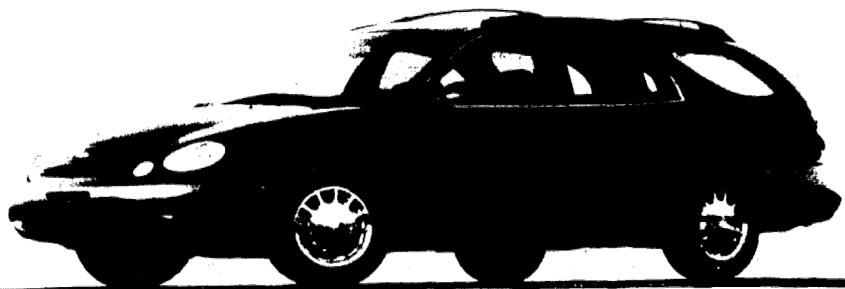
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Next generation Ford Taurus will be an auto benchmark



Powering the all new 1996 Taurus models are a choice of two powerful V-6 engines, each with a 100,000-mile tune-up interval under normal driving conditions with routine fluid and filter changes — except for the Flexible Fuel Version. Standard on the LX is the all-new, high-performance 3.0-liter, 24-valve DOHC V-6 Duratec engine. This newest member of Ford's wonderful family of advanced technology modular engines is rated at 200 horsepower. The second engine is a significantly improved version of the 3.0-liter overhead-valve V-6 Vulcan that has been the base powerplant in Taurus models. Standard on the GL, it has a 145-h.p. rating. Pictured above is the Ford Taurus Wagon perfect for families.



The front design features a dramatic arching hood line with aggressively styled air inlets and sporty headlights. The rear design present a unique rounded back window, a low-liftover trunk and integrated taillights that blend into the body. The side view is accented by three-dimensional sculpting, six flush-glass side windows, and a sweeping roof line.



Ford has focused on putting user-friendly design elements and features throughout the new Taurus. For example, one interior innovation is the Integrated Control Panel, which puts climate and audio controls into a single easy-to-see, easy-to-use oval-shaped unit. Research shows that drivers can learn to use these controls faster and with fewer errors because of their unique design and larger size.

Just as the first Ford Taurus revolutionized the look of four-door sedans and wagons in 1986, the strikingly innovative 1996 Taurus represents a leap ahead design destined to establish another new styling standard.

"We're confident that the head-turning design and customer-friendly advancements of the 1996 Taurus sedans and wagons will attract not only the large body of current Taurus owners, but younger and import buyers, as well," says Ross Roberts, Ford Motor Company vice president and Ford Division general manager.

"Everything is designed to make the new Taurus look and perform better than ever before," adds Jack Telnaek, vice president, Design for Ford Automotive Operations, who had overall design responsibility. "Its highly aerodynamic shape enhances fuel economy and road handling, while reducing wind noise, for example. And the elliptical headlights, with their jewel-like complex reflectors, project a broader, brighter field of light for better visibility."

The front design features a dramatic arching hood line with aggressively styled air inlets and sporty headlights. The rear design present a unique rounded back window, a low-liftover trunk and integrated taillights

that blend into the body. The side view is accented by three-dimensional sculpting, six flush-glass side windows, and a sweeping roof line.

Telnaek notes that while the rounded design may give the impression that the new model is more compact than its predecessors, the 1996 Taurus sedan is more than five inches longer, almost two inches wider, with more interior room than the 1995 Taurus. The wagon is more than six inches longer and nearly two inches wider than the model it replaces.

Powering the new Taurus models are a choice of two V-6 engines, each with a 100,000-mile tune-up interval under normal driving conditions with routine fluid and filter changes — except for the Flexible Fuel Version. Standard on the LX is the all-new, high-performance 3.0-liter, 24-valve DOHC V-6 Duratec engine. This newest member of Ford's family of advanced technology modular engines is rated at 200 horsepower. The second engine is a significantly improved version of the 3.0-liter overhead-valve V-6 Vulcan that has been the base powerplant in Taurus models. Standard on the GL, it has a 145-h.p. rating.

Both Taurus V-6 engines are "managed" by an advanced EEC-V elec-

tronic engine controller with a built-in diagnostic system that monitors performance and allows dealerships to quickly identify service needs in the engines or in either of the two four-speed electronically controlled overdrive transmissions.

Ford has focused on putting user-friendly design elements and features throughout the new Taurus. One example is the Ford-patented three-way center seating/storage system available on six-passenger models. It quickly converts from a center-front seating position with its own safety belts to a comfortable armrest and to a console with room for cups, coins, audiocassettes and other items.

Another interior innovation is the Integrated Control Panel, which puts climate and audio controls into a single easy-to-see, easy-to-use oval-shaped unit. Research shows that drivers can learn to use these controls faster and with fewer errors because of their unique design and larger size.

A 60/40 split-fold rear seat, resembling those found in wagon and hatchback models, adds flexibility in meeting varying passenger and/or cargo needs.

Ford fully expects the 1996 Taurus to sustain, and even accelerate, the car's enormous sales success.

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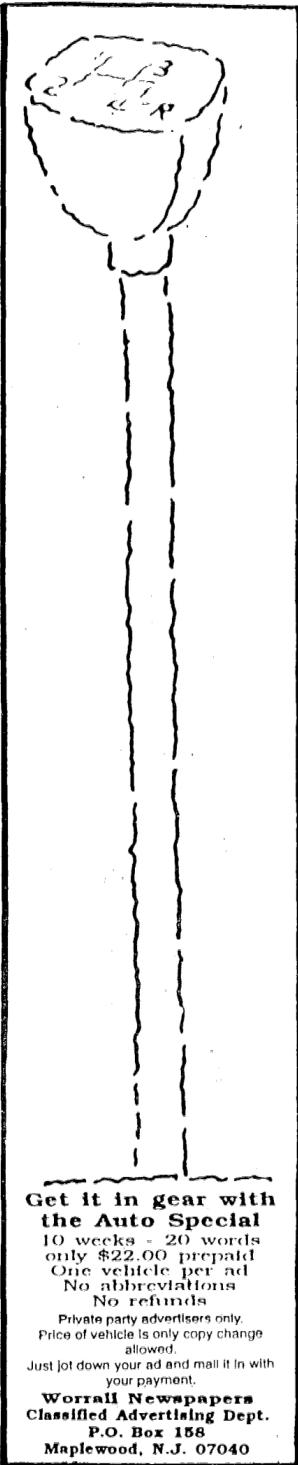
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Drivers should stay alert behind the wheel

Did you know that sleep plays a role in up to 10 percent of the 20 million U.S. automobile accidents?

According to the New Jersey Automobile Club Foundation for Safety, experts agree that lack of sleep and subsequent lack of alertness frequently lead to tragedy, especially on the highway. In fact, most people have taken the wheel at least once when they were too tired to drive. In one study, fully half the drivers admitted to having had near-mishaps because of sleepiness, and one-fifth said they'd actually fallen asleep while driving.

Fatigue impairs judgement, reduces the ability to concentrate and delays reaction time — all essentials of safe driving. Paul Kielblock, AAA's safety manager of the Florham Park based Club, says you can drive more safely by following these suggestions:

Travel rested. Get a good night's rest before you start the trip. Wear a good quality pair of sunglasses in bright sunshine to prevent fatigue.

Exercise during your breaks. Stop periodically for rest and light exercise. Drive for two hours, then take a 10 to 15 minute break outside your vehicle. Run or walk briskly; even if it's around the edge of a rest stop.

Follow your clock. Most people feel sleepy in the mid-afternoon and between midnight and 7 a.m. If you must drive at those times, don't wait until the first wave of sleep hits. Instead, pull off the road and nap.

Share the driving. The most mentally rested person is normally the person sitting in the back seat, not the front. So share the driving with your passengers.

Monitor your medications. Some medications, particularly cold and allergy pills, increase drowsiness so don't use them before you drive. Caffeine, on the other hand, keeps some people alert.

Don't drink. Alcohol doesn't sedate unless you have a sleep debt. But, many alcohol-related mishaps involve a driver who is sleepy as well as drunk.

Look for signs of a sleep disorder. If you snore loudly, feel tired when you wake up and fall asleep at inappropriate times, you may have a sleep disorder known as sleep apnea. If you suspect a problem, see your doctor.

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1984 TOYOTA TERCEL Hatchback. Stick. 83,000 miles. New transmission and battery. AM/FM cassette. Air conditioning. \$1,500. 201-762-4423.

1990 VOLKSWAGEN CARIQLET convertible, automatic, air, stereo cassette, red/ white roof, excellent condition. 76K miles. Asking \$10,500. 908-316-0182 after 4pm.

1989 VOLKSWAGEN CONVERTIBLE, not running, complete, good for parts. \$400. Call 201-669-0351.

1993 VOLVO 240 SEDAN. Mint, factory maintained, air conditioning, AM/FM cassette. Many upgrades: heated seats, alloy wheels, snow tires. \$14,900. 201-564-7583.

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1992 VOLVO 960 WAGON, excellent condition, new tires, brakes, tune-up, dealer serviced, white with leather interior, 36K. \$18,000. 908-273-8184.

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1993 SOUTHWIND MOTORHOME. 33' foot, 6 miles, fully equipped. No pots/ smoke. Like new. Come see. \$50,000. 908-293-6549.

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1984 DODGE VAN Ram 250, good condition.. Ice box included, 122,000 miles. Asking \$3900 or best offer. Call 201-675-1976. 11/2/95

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 Dodge, 4 cyl engine, auto trans, P/steering, P/brakes, ABS, AIR COND, DUAL AIRBAGS, cruise, tilt, 1/2 roof rack, P/L, AM/FM Stereo, 8K #101082, Vin #TR511097. MSRP \$19,915. Incl. \$400 College Grad Reb. (if qual). Based on 24 mo. closed end lease w/ \$13,752.10 purch optn avail at lease end. \$2300 down plus 1st mo pymt. \$299 ref. sec. dep. & \$395 acq. fee due at lease incep. Total of pymts \$17076.
\$199⁰⁰ per mo

NEW '96 STRATUS
 Dodge, 4 cyl eng, A/T, AIR, P/S, P/B, DUAL AIRBAGS, cruise, tilt, tint, P/W/L, AM/FM stereo w/ cass. 8K #111081. Vin #1N111131. MSRP \$17,025. Incl. \$400 College Grad Rebate (if qual). Based on 24 mo closed end lease w/ \$11,286.43 purch optn avail at lease end. \$500 down plus 1st mo. pymt. \$336.84 ref. sec. dep. & \$395 acq. fee due at lease incep. Total of pymts \$6184.16.
\$236⁸⁴ per mo

NEW '96 INTREPID
 Dodge, 6 cyl eng, A/T, AIR, P/S, P/B, DUAL AIRBAGS, cruise, tilt, tint, P/W/L, AM/FM stereo w/ cass. 8K #111081. Vin #1F100210. MSRP \$18,985. Incl. \$400 College Grad Rebate (if qual). Based on 24 mo closed end lease w/ \$12,726.65 purch optn avail at lease end. \$750 down plus 1st mo. pymt. \$349.71 ref. sec. dep. & \$395 acq. fee due at lease incep. Total of pymts \$6543.04.
\$249⁷¹ per mo

NEW '96 AVENGER
 Dodge, 4 cyl eng, auto trans, AIR, P/S, P/B, DUAL AIRBAGS, tilt, 1/2 roof rack, P/W/L, AM/FM stereo w/ cass, bkts. 8K #1A1090. Vin #TE254275. MSRP \$17,008. Incl. \$400 College Grad Rebate (if qual). Based on 24 mo closed end lease w/ \$10,985.12 purch optn avail at lease end. \$750 down plus 1st mo. pymt. \$349.99 ref. sec. dep. & \$395 acq. fee due at lease incep. Total of pymts \$6748.76.
\$249⁹⁹ per mo

Prices include all costs to be paid by the consumer except lic, reg. & taxes. Lessee resp. for excess wear & tear 10¢/mi, 18¢/mi thereafter.

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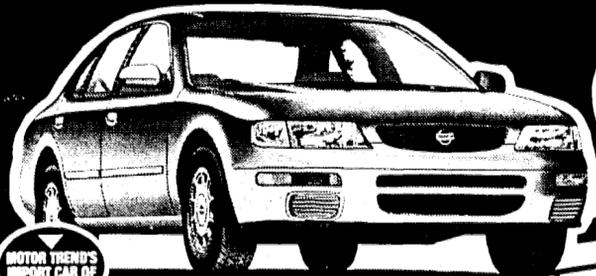
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TRUCKLOADS OF 1996's ARRIVING DAILY!



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NEW '95 SENTRA E
\$169 ONLY 38 MONTHS PER MO.

Nissan, 4 dr., 5 spd. man., 4 cyl. M.S. P/B, no air. MSRP: \$11,404. VIN# SC746798. Based on 38 month closed end lease w/ \$5,999.72 purch. optn. avail. at lease end. No Money Down. 1st mo. pymt., \$250 ref. sec. dep. & \$450 acq. fee due at lease incept. Total of pymts.: \$6,422. 15K mi./yr., 15¢/mi. thereafter.

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ALL WILLOWBROOK STORAGE LOTS ARE BURSTING WITH INVENTORY. FOR 3 DAYS ONLY, EVERY VEHICLE... BOTH NEW AND USED... HAS BEEN DRASTICALLY REDUCED IN PRICE TO MAKE ROOM FOR RECORD INBOUND 1996 SHIPMENTS. NOTHING WILL BE HELD BACK. THIS IS THE BIGGEST CLOSEOUT SALE IN OUR HISTORY AND EVERY VEHICLE IN STOCK IS INCLUDED. THERE WILL BE NO PHONY LEADERS OR DEALER GIMMICKS. THESE PRICES ARE SO LOW THEY MAY DISRUPT THE BUSINESS CONDITIONS OF OUR COMPETITORS. CERTIFIED APPRAISERS ARE ON DUTY AND WILL GIVE YOU TOP DOLLAR FOR YOUR TRADE. BRING YOUR TITLE OR PAYMENT BOOK. FINANCE SPECIALISTS WILL ARRANGE LOW FINANCE RATES. THIS SALE IS FOR RETAIL CUSTOMERS ONLY. AUTO DEALERS NEED NOT APPLY. THERE IS NO REASON TO WAIT FOR LOWER PRICES... REST ASSURED THAT YOU ARE PAYING ROCK BOTTOM!

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NEW '96 MAXIMA GLE
\$329 ONLY 36 MONTHS PER MO.

Nissan, 4 dr., auto trans., 6 cyl., P/S, P/B, climate contr., AIR COND., leather, cruise, tilt, P/W, P/L, CD, 6-disc, MSRP: \$26,684. VIN# 1T711021. Based on 36 month closed end lease w/ \$15,476.72 purch. optn. avail. at lease end. No Money Down. 1st mo. pymt., \$350 ref. sec. dep. & \$350 acq. fee due at lease incept. Total of pymts.: \$11,844. 15K mi./yr., 15¢/mi. thereafter.

NO MONEY DOWN!

Prices incl. all costs to be paid by a consumer except for lic. reg. & taxes. Lessee resp. for excess wear & tear.

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