

UNION COUNTY NEWS

WORRALL COMMUNITY NEWSPAPERS

THURSDAY, SEPTEMBER 26, 1996

SECTION B

From The
Editor's
Notebook

By Tom Canavan
Editor in Chief



The New Jersey Press Association has been fighting for many years to get a bill advanced in the Legislature that would change New Jersey's Open Public Records Act. The first hurdle of the long race, according to the executive director of the NJPA, has now passed.

The Senate Judiciary Committee on Sept. 19 released bill S-332, which is supposed to make the open records law more comprehensive and permit access to almost any information kept by state, county and municipal governments, as well as independent authorities in written, audio and electronic form.

Citizens across the state may not realize the importance of this bill, because there are probably few citizens in each town who actually take advantage of the Freedom of Information Act. It may not be a reflection on the citizenry, but moreso a reflection on government, which, through the years, makes it more and more difficult for the public to gain access to public information.

It's important, however, for print and broadcast media because the media must act on behalf of the citizenry to gain this information and report it.

Worrall Community Newspapers serves 23 towns in Essex and Union counties with local weekly newspapers. We run into many obstacles in our pursuit of public information and sometimes have to fight to get it and deal with officials who respond as if they're making the access easy but know they are making it a difficult process. Other officials make you threaten legal action before they're willing to release anything.

This way of thinking, as was pointed out in a newspaper article this week by an editor at *The Press of Atlantic City*, makes it seem like the current law is based on the "preposterous proposition that access to government information is an inherently bad thing."

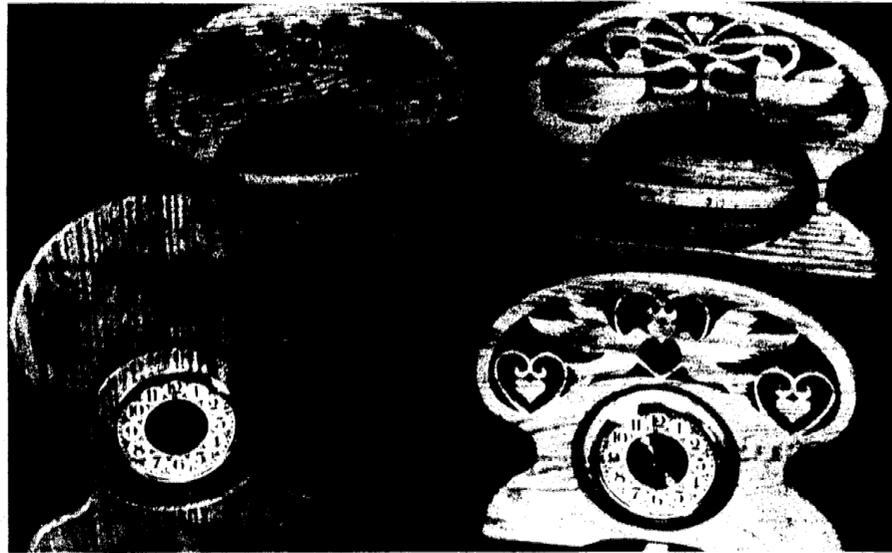
I ran into a scenario recently when trying to obtain the salaries of teachers and staff in the Roselle Park School District. I wasn't outright denied the information, but I received a letter from the board secretary which stated, "We like to maintain a good working relationship with the press, and are willing to expend time culling and compiling information in cases where we expect that it will be presented in an informative context. Your letter does not happen to mention the reason why you wish the information, or otherwise describe the type of article that you have in mind."

Quite frankly, he doesn't need to know why I want the information. Salaries are paid by the taxpayers, and taxpayers should have every right to every bit of information when their money is involved. I simply was interested in the information. This was clearly a run-around, and I wound up getting the information from another source.

In Nutley, residents return meeting after meeting asking the same questions of their local legislators. The questions range from salaries of school district bus drivers to tax

See NOTEBOOK, Page B2

Craft show countdown



These carved baskets and clocks will be among the handmade items included in the Fall Fine Art and Crafts at Nomahegan Park show next month. More than 125 artists, photographers and craftspeople will display and sell their works Oct. 5 and Oct. 6 at Nomahegan Park, located on Springfield Avenue in Cranford, across of Union County College. The show is free and open to the public, and will be held from 10 a.m. to 5 p.m. rain or shine.

Springfield will host next chemical waste collection

The Union County Utilities Authority will hold another Household Special Waste Day collection event Saturday in Springfield.

UCUA Chairman William Ruocco announced that the Springfield Municipal Swimming Pool, located on Morrison Road, will be the collection site from 8 a.m. to 2 p.m. of household chemicals.

There is no cost to participate, but registration with the UCUA is required. The event is open to Union County residents, and proof of residence is required to ensure the program serves Union County taxpayers only.

Acceptable materials include oil-based paints and varnishes, pool chemicals, corrosives and cleaners, pesticides and herbicides, caustics, solvents, thinners, aerosol cans, asphalt sealers, fire extinguishers, flammable liquids and solids, motor oil, motor oil filters, automotive products, batteries, propane tanks, fluorescent bulbs, thermostats and mercury switches. Only materials in their original containers will be accepted.

An item has been added to reduce the improper disposal of lead and cadmium, two toxic heavy metals.

Rechargeable batteries contain nickel cadmium. Small nickel cadmium or lead batteries should be recycled with other batteries. Rechargeable appliances contain nickel cadmium batteries which cannot be removed. The authority will accept small rechargeable appliances, such as cordless tools, flashlights, etc.

Residents are advised to bring only the part of the unit which contains the battery.

Unidentified materials, explosives, radioactive materials, gas cylinders or materials containing PCBs will not be accepted.

For more information or to register, residents can call the UCUA at (908) 382-9400 tomorrow, 1-4:30 p.m.

The final Household Special Waste Day event for the fall will be held at the Cranford Municipal Swimming Pool on Memorial Drive on Oct. 19, from 8 a.m. to 2 p.m.

All schools in Union County also will be allowed to dispose of laboratory chemicals at this event, but must pre-register by Oct. 4.

Freeholders choose firm for UCUA audit

Again, board is divided by party

At its meeting Sept. 19, the Board of Chosen Freeholders voted to hire a private firm to audit the finances of the Union County Utilities Authority. The board hired Hutchins, Laezza, Farrell & Allison to perform an audit of the UCUA's bond-related debt and its contract with Ogden Martin, the firm that built and operates the authority's incinerator.

As it has been throughout most of the year in its discussion of the UCUA, the board was split along party lines. The Republican majority favored Hutchins-Laezza and the four Democrats pushed for Ernst & Young.

In its decision, the board selected from among three firms that submitted proposals. Hutchins-Laezza's was the least expensive, totaling \$17,500. Ernst & Young's offer would have cost the county \$23,000.

Showing his support for the financial study, Elizabeth Mayor J. Christian Bollwage told the board he thought it had been stalling since he requested an audit in February.

"Clearly a Republican majority decided a Republican state treasurer would audit a Republican agency," he added, referring to the state audit of the UCUA management structure approved Sept. 12.

Responding to comments made by Freeholder Chairman Edwin Force during that Sept. 12 meeting, when Force read a letter written by Bollwage five years ago in support of the UCUA's plan to build the incinerator, the mayor said that has not changed.

"I did support construction of the incinerator, but I never imagined the blatant mismanagement," he also said.

Bonds downgraded

Bollwage also referred to a story published in *The Bond Buyer*, reporting the decision of Standard & Poor's to downgrade the UCUA's bonds.

The authority had a top rating, which the investment services firm lowered to a below investment grade rating last week, citing both a recent federal court decision allowing UCUA clients to seek competitive service elsewhere in two years and the possible resulting UCUA default on its debt.

Conflict of interest alleged

During the debate over which auditing firm to hire, Democrat Linda Stender lobbied for Ernst & Young, in part, she said, because a founding partner of Hutchins-Laezza also serves in the government of Cranford, where Force had been mayor.

Because John Laezza is that township's clerk and administrator, Stender added, Force should have abstained from the vote.

Force said no conflict of interest existed because Laezza was hired by that township after he'd left office. He also said hiring Ernst & Young would pose problems, since that firm has represented both the utilities authority and the City of Elizabeth in the past.

When casting his votes, Freeholder Walter McNeil confused the board by supporting both firms.

"We're not picking the best," he said of Hutchins-Laezza, "but I want to move forward on this."

The Board of Chosen Freeholders will not meet tonight and instead will attend a viewing of the lunar eclipse at the Trailside Nature and Science Center in Mountainside. The board will meet Oct. 3 at 6:30 p.m. on the sixth floor of the county Administration Building in Elizabeth.

UCUA schedules fall composting classes

For residents interested in learning to compost, the Union County Utilities Authority will hold composting classes next month.

Each course is about two hours and covers all aspects of backyard composting. A \$10 registration fee entitles each person to a composting bin and a handbook titled "Backyard Composting: Your Complete Guide to Recycling Yard Clippings."

Learning to compost yard waste is helpful as residents begin their fall clean-up.

Yard waste materials, such as grass, leaves and brush are not accepted at the Union County Resource Recovery Facility due to their high nitrogen content. Burning these materials would form smog.

The following classes have been scheduled:
Tuesday at 6 p.m., at the Scotch Plains Municipal Building.
Oct. 3 at 2 p.m., at the Cranford Municipal Building.
Oct. 17 at 2 p.m., at the Westfield Town Hall.
Oct. 22 at 6 p.m., at the Roselle Community Center.

All classes are open to Union County residents. Pre-registration is required. Class size is limited and will be filled on a first come, first served basis. For more information or to register, call the UCUA at (908) 382-9400.

Pride in the parks



Hillside resident Carmine Dill, front, center, was honored for his 15 years of service as a member of the county Parks and Recreation Advisory Board. Front row, from left: board members JoAnn Holmes of Springfield and Herman Schreiber of Union; Dill; Division of Parks and Recreation Director Chuck Sigmund; and Freeholder Henry Kurz. Rear, from left: Freeholders Ed Force and Linda-Lee Kelly; and board members Ed Oakie of Hillside and Diane Kurz of Roselle Park.

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NEWS CLIPS

Eclipse tonight

A copperish-red orb will accent the darkness tonight when a total lunar eclipse graces the New Jersey skies for the last time this decade.

The Board of Chosen Freeholders will celebrate the phenomenon of the moon passing through the shadow of the Earth with a special program beginning at 8:30 p.m. in the planetarium of Trailside Nature and Science Center in Mountainside.

The next total lunar eclipse visible in the state will be Jan. 20, 2000.

An instructor at Trailside Planetarium will explain eclipses, while a simulation is projected on the inside of the dome. The group then will go outdoors before the moon enters umbra, the Earth's inner shadow. The event will conclude at 11 p.m., shortly after the moon is engulfed in shadow.

Saturn will appear to be closer to the moon during the eclipse, making it easier to locate. Depending on the Earth's atmosphere, the eclipsed

moon could be any of several shades of red.

The event, open to everyone 6 years and older, costs \$4 per person. Registration is required. People should bring lawn chairs, blankets and insect repellent.

Safety bill

Legislation sponsored by Assemblymen Alan M. Augustine and Richard H. Bagger that would improve pedestrian safety at crosswalks was released Sept. 16 by the Assembly Transportation and Communications Committee.

The measure, Assembly Bill,

A-2123, would permit counties and municipalities to install pedestrian right-of-way signs in streets at locations under their jurisdiction.

The signs would be placed at the discretion of the county or municipality, but they would be required to conform to guidelines issued by the commissioner of transportation.

"This bill would improve the safety of shoppers in central business districts, school children walking to and from school, and the elderly crossing busy county and municipal roads," Augustine said. "I see these signs as a reminder to drivers that according to the law, motorists are supposed to yield to pedestrians in crosswalks."

Greek fest planned

Holy Trinity Greek Orthodox Church will hold its annual Greek festival Oct. 4-6.

The festival is open to the public and will feature homemade Greek food and pastries, live Greek music, and dancers in traditional costume. This year's focus is on family fun.

On the weekend of the festival, the church hall and grounds will be transformed into a Greek "village." The hall will become a tavern where traditional foods such as roast lamb, mous-saka, and Greek salads will be served. There also will be pastries like baklava and other honey-laden treats. The

outside grounds will come alive with children's games, rides and crafts, with many prizes to win. On Friday and Saturday nights, a Greek orchestra will play traditional music, and throughout the festival, costumed dancers will perform and teach ethnic Greek dances.

There also will be small shops selling books, tapes and CDs, gold, silver, and costume jewelry, and imported items like Greek olive oil and coffee.

All food is available for takeout and may be ordered, for pickup, by phone at (908) 233-8533 or fax at (908) 233-0623. The festival will be held rain or shine and ample parking is available.

Holy Trinity Greek Orthodox Church is located at 250 Gallows Hill Road in Westfield. Festival hours will be 11 a.m. to 11 p.m. on Oct. 4 and Oct. 5, and noon to 7 p.m. on Oct. 6.

Admission is \$1 and children under 12 enter free. For more information, call the church at (908) 233-8533.

Retired educators to meet

The fall luncheon meeting of the Union County Retired Educators Association will be held Oct. 15, at the Westwood Restaurant, 438 North Ave., Garwood.

The business meeting will begin at 11 a.m.

Notebook

(Continued from Page B1)

assessments on various properties, yet they are stymied by their legislators in pursuit of the public information.

In another town in our coverage area, we have been in the process of pursuing a court order for information a town will not release which has to do with the spending of federal funds. The administrator in the town didn't even have the courtesy or professionalism to respond to the three letters that were sent to him requesting the public information.

Hopefully, bill S-332 will advance further in the Senate and be brought to a full vote and pass. Only then will the public be closer to true access to public information.

PUBLIC NOTICE

NOTICE TO ABSENT DEFENDANTS (L.S.) STATE OF NEW JERSEY TO: SEBRANT SMITH

YOU ARE HEREBY SUMMONED AND REQUIRED TO appear upon FEIN, SUCH, KAHN & SHEPARD, plaintiffs, Cause No. 02-001, Parsippany, New Jersey 07054, telephone number (201) 536-4700, an Answer to the Complaint, and Amendment(s) to Complaint, if any, filed in a civil action, in which CITICORP MORTGAGE, INC. is plaintiff and SEBRANT SMITH et al., are defendants, pending in the Superior Court of New Jersey, Chancery Division, Union County, Cause No. 02-001, Case No. F-8375-96, within thirty-five (35) days after September 28, 1996 exclusive of such date. If you fail to answer and judgment by Default, may be rendered against you for the relief demanded in the Complaint. You shall file your answer and proof of service in duplicate with the Clerk of the Superior Court, Hughes Justice Complex, CN-971, Trenton, New Jersey 08625, in accordance with the Rules of Civil Practice and Procedure.

This action has been instituted for the purpose of (1) foreclosing a mortgage dated September 11, 1990 made by SEBRANT SMITH and JOY LAING as mortgagors to CITICORP MORTGAGE, INC. recorded on 09/27/90, in Book 4129 of Mortgages for Union County, Page 0075, of sec. 1, and (2) to recover possession of, and certain premises commonly known as 826 WEST 8TH STREET, PLAINFIELD, NJ 07060.

If you cannot afford an attorney, you may communicate with the Legal Services Office of the County of venue by calling 908-354-4340 or the legal services office of the county of your residence by telephone in New Jersey. If you are unable to obtain an attorney, you may call or communicate with the Lawyer Referral Service of the County of Venue at 908-353-4715, or at the Lawyer Referral Service of the County of your residence if you reside in New Jersey. If there is none, contact the Lawyer Referral Service of an adjacent county.

YOU, SEBRANT SMITH and JOY LAING, are notice party defendant(s) to this foreclosure action because you are one of the mortgagors and may be liable for any deficiency and/or any lien, claim, or interest you may have in, to or against the mortgaged premises by reason of the Mortgage made by you, SEBRANT SMITH and JOY LAING, as set forth above.

Dated: September 26, 1996

DONALD F. PHELAN, Clerk of the Superior Court of New Jersey

U1314 WCN Sept. 26, 1996 (\$34.65)

NOTICE OF PUBLIC AUCTION PURSUANT TO RS. 39:10A-1

United American Lien & Recovery Corp. will sell the following automobiles to highest bidder subject to any liens; 15% BUYER PREM Cash or Cashier Check; any persons interested ph (305) 947-7922.

SALE DATE OCTOBER 11, 1996 at 2:00 p.m., 1421 Oak Tree Rd., Iselin, NJ 08830

LOT 3471 1990 Dodge 2 dr vin#: JKAZD811L1A01903

Lienor: JDS Cycle Parts, 550 North Ave., Union, NJ

LOT 3454 1987 Cadillac 4 dr vin#: 1G6CD5185H4308839

Lienor: Church Auto, 183 South Ave., Fairwood, NJ

LOT 3455 1991 Mercury 2 dr vin#: 1MEPM6040MH625108

Lienor: Church Auto, 183 South Ave., Fairwood, NJ

LOT 3456 1988 Pontiac, 4 dr vin#: 1G2NE14U5JC643829

Lienor: Church Auto, 183 South Ave., Fairwood, NJ

LOT 3457 1988 Honda 4 dr vin#: 1HGCD3540JA017949

Lienor: Rt. 22 Honda, 105 Rt. 22, Hillside, NJ

LOT 3458 1987 Honda 2 dr vin#: JHMEC1340H503222

Lienor: Rt. 22 Honda, 1465 N. Broad St., Hillside, NJ

LOT 3459 1992 Honda 4 dr vin#: 1HGCB765NA167821

Lienor: Rt. 22 Honda, 1465 N. Broad St., Hillside, NJ

LICENSED & BONDED AUCTIONEERS APPRAISERS

Sept. 19, 26, 1996. U1194 WCN (\$44.10)

NOTICE OF PUBLIC AUCTION PURSUANT TO RS. 39:10A-1

United American Lien & Recovery Corp. will sell the following automobiles to highest bidder subject to any liens; 15% BUYER PREM Cash or Cashier Check; any persons interested ph (305) 947-7922.

SALE DATE OCTOBER 25, 1996 at 2:00 p.m., 1421 Oak Tree Rd., Iselin, NJ 08830

LOT 3484 1992 Kawasaki mc vin#: JKAZD811L1A01903

Lienor: Patrillia Towing, 958 S Springfield Ave., Springfield, NJ

LICENSED & BONDED AUCTIONEERS APPRAISERS

Sept. 26, Oct. 3, 1996 U1319 WCN (\$39.20)

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Updated Daily!



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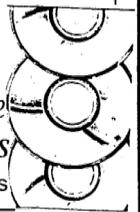
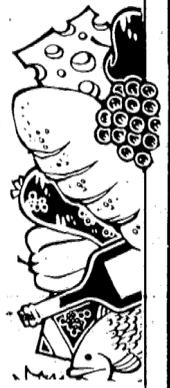
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County carries on



The Union County Workforce Investment Board honored the members of the former Private Industry Council at the first meeting of the WIB. The PIC's purpose was to support job training efforts and the WIB, created by Gov. Christine Whitman, is intended to expand on that.

Fanwood to become the home of an assisted living residence

Families in the Union County area, who may be concerned for the welfare of elderly loved ones no longer able to live alone safely, soon will have a housing and health care alternative which combines independence with daily personal care.

The Chelsea at Fanwood, a new assisted living residence located at 295 South Ave., is slated to open in early winter. The Chelsea has been designed to respond to the individual needs of those who require help with the activities of daily living, but do not need the skilled nursing care provided in a nursing home.

Formerly the Mansion Hotel, the Chelsea is being renovated by Long Term Care Management Co. in Roseland. The residence will accommodate up to 70 residents in furnished or unfurnished one- or two-room suites, each with a private bath with walk-in shower and grab bars, a kitchenette with refrigerator, a closet, wall-to-wall carpeting, and custom designated draperies.

With the help of a round-the-clock staff, residents will be able to live in

an atmosphere of independence with their possessions. Individualized personal care is provided for residents who choose or require supervision and/or assistance in areas such as medication monitoring, bathing, dressing, grooming, or walking. The assistance is provided by a trained staff whose goal it is to preserve the dignity and pride of residents in a welcoming, residential setting of security, comfort, and community.

Services at the Chelsea include: ongoing health evaluation, three home-cooked meals a day prepared under the supervision of a registered dietician, housekeeping, linen service, social, spiritual, education, and recreational programs. Also included are scheduled transportation, an emergency response call system, and all utilities except for telephone. The residence has appointed public rooms and an enclosed landscaped garden with walking paths. Podiatry, medical consultation, physical therapy, laboratory, and pharmacy services also will be available. A diverse social calendar is designed to encourage participation in a variety of activities.

Long Term Care Management Co. provides a range of services including nursing home, subacute care, and assisted living residence operations, development and supervision of health care quality assurance programs, and formulation of standards of care in compliance with local, state, and federal regulations.

The company's principals, Elie Mendelshoh and Herbert Heflich, have experience in developing, building, financing, refurbishing, marketing, and operating long-term care facilities and assisted living residences in New Jersey.

The Chelsea at Fanwood is the first of several assisted living residences to be opened throughout the state by Long Term Care Management Co. Other facilities will be located in Florham Park, East Brunswick, and Warren.

The grand opening of The Chelsea's model suites will take place in October. For further information regarding The Chelsea at Fanwood, call (908) 654-5200.

Save your newspaper for recycling.

New hockey facilities to mark Warinanco arena's '96 season

Warinanco Ice Skating Center, a facility of the Union County Division of Parks and Recreation, will open for the 1996-97 season on Oct. 4 at 5:30 p.m.

"It's hard to believe that the summer is over and that winter sports are beginning," said Freeholder Chairman Edwin Force, who also serves as the liaison to the Parks and Recreation Advisory Board. "Our parks staff has been working hard to get the Skating Center ready for the opening. A new set of locker rooms are on the way to completion, as are restrooms with features accessible to persons with disabilities."

"Hockey has increased in popularity over the past several years," added County Manager Ann M. Baran. "The impending addition to the building will enable us to address this demand. I understand that there are two open hockey sessions where anyone interested in playing may participate. I have also been told that extra hours of general sessions will be added on school holidays. The public is encouraged to call the Skating Center for the exact dates and times."

Skating sessions will be:
Open Hockey — participants must be 18 years or older. Helmets with a cage or shield required. Admission is \$7. Ten-visit discount cards are available.

Tuesdays, 12:30 to 2:30 p.m.
Wednesdays, 10 a.m. to noon;
12:30 to 2:30 p.m.

Thursdays, 12:30 to 2:30 p.m.
Fridays, 10 a.m. to noon; 3:30 to 5:30 p.m.

Saturdays 11 p.m. to 1 a.m.
Sundays, noon to 3 p.m.; 3:30 to 5:30 p.m.; 8:30 to 10:30 p.m.

Family Session — No one under 17 admitted without an adult. 6 to 8 p.m.;

8:30 to 10:30 p.m.

Admission to the general sessions is \$5 for adults, \$4 for children and \$4.25 for senior citizens.

Discount cards for Union County residents who plan to skate on a regular basis also are on sale. For those who are interested, semi-private and private lessons are available as are hockey clinics for children. Skate

rentals, a pro shop and a refreshment stand are other features of the center.

The Warinanco Ice Skating Center is located off Thompson Avenue in Warinanco Park, Roselle. Park entrances are located on St. Georges Avenue, Thompson Avenue and Third Avenue. For further information, call (908) 298-7850 for a recorded message.

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Right: Wood sculpture by Edward Cope of Orange, MA.
Below: Etching by Catherine Colsher of Gilbertville, PA

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ARTS & ENTERTAINMENT

Artists share their inspiration and good fortune

By Jacquie McCarthy
Associate Editor

The Children's Specialized Hospital in Mountainside has displayed the works of many local artists over the years. Works in many different mediums bedeck the halls of the East Wing, bringing cheer to visitors strolling the halls, and providing needed funds to the hospital through a donation of a portion of the sale of each piece. Artists exhibiting at the hospital receive exposure for their work as well as the opportunity to contribute to a worthy cause.

Three New Jersey artists are currently taking advantage of this two-fold opportunity at the Children's Specialized Hospital. Deborah Majeski of Neshanic Station, Alison Hooper of Westfield and Jerry Winick of West Paterson have all been lucky enough to realize the dream of becoming artists in their own right, and are sharing their good fortune with others.

Deborah Majeski hadn't been aware that the hospital had a gallery at all. She had approached the hospital with the thought of donating some photographs to "cheer the children up, but this is better yet!" said the part-time still photographer. A recent graduate of Middlesex County College with a degree in photography, Majeski had approached her education in the same tentative manner she approached the hospital gallery. She bought some cameras, then took some courses just to understand the medium, and ended up matriculating.

Majeski's encounters with the subjects of her photos are just as spontaneous.

"I just see them, and its not-like I say to myself, I'm gonna shoot carousel horses. Its a gift." The artist receives some inspiration from her father, a retired artist. "My father said I have a creative eye."

Although a few of Majeski's scenes are arranged, most of them happen spur of the moment, requiring the artist to be on guard for each photo opportunity. She pointed to a scene of a long road lined by beautiful trees, and said that she had had to Stop her car in the middle of the road to snap that one. She described an early evening relaxing on her deck at home, when her husband pointed to a tiny frog under some green leaves. Although tired from a long day, Majeski got down on her stomach with her camera to get the shot. "Its a lot of work to take creative pictures," she laughed.

A beautiful shot of a corner of a wicker couch arranged with pillows was the product of a Cape May vacation. A step outdoors at home caught a shot of a lovely grove of trees with a branch of amber leaves falling across, and another of a mirror-shaped circle of dried leaves on the deck. "It struck my fancy, so I took it," said Majeski. Ducks in a pond, lined up in perfect synchronicity, seemed to play to Majeski's camera.

The artist thinks fate plays a role in her timing, with her passion for the medium factoring in heavily. Whatever the reason, there is no question that the scenes her camera reveals are just waiting for an appreciative eye to discover them.

Majeski's photographs are on permanent display at St. Peter's Hospital

and Robert Wood Johnson Hospital. Alison Hooper of Westfield describes herself in her artist biography as "a versatile artist." This statement only begins to scratch the surface of her many talents, which include color still-life photography, black and white landscapes, and abstract acrylic painting.

Part of Hooper's well-rounded approach to art is a result of her education — she is a graduate of Ohio Wesleyan University with a Bachelor of Fine Art and recently completed a Master's Degree in Art from Kean College. She shares her wide-range of artistic expertise with her students, as an elementary school art teacher at the John P. Faber School in Dunellen.

"I'm kind of a jack of all trades," she laughed as we looked at her exhibit. "I find that for my teaching background, I need to know so many things, so many different media."

Hooper recalled being interested in art as a child, an interest nurtured by her family, whom Hooper reports is "very artistic." Her inspiration for her colored still-life photos comes from her mother, an antique dealer specializing in items from the 1930-40s, "so I have plenty of subject matter to grab." Using antique dolls, toys, shoes, hatboxes, and kitchen items, Hooper arranges intimate scenes accented by lace and dried flowers to create an Americana theme.

One of the scenes features Hooper's own doll, rescued from a yard sale when Hooper was a child and restored. "Now she's worth several hundred dollars, so I'm glad I hung onto her! She's special to me."

Hooper's black and white photos include striking landscapes from hiking trips to Arizona and Colorado. "Poofy clouds, wonderful textures," she commented on these scenes. These landscapes translated into Hooper's abstract series, which use deep textures and vivid colors to depict "Summertime," "Horizon" and "Abstract."

Finally, the artist found beautiful images practically in her own backyard, exhibited in the black and white snow scenes from Brightwood Park in her hometown of Westfield. Additionally, a "junkyard section" of the park provided items for even more still-lives, arranged from old bottles, jugs, a bird's nest and an animal skull.

Although Hooper is obviously multi-talented, her specialty, sculpture, is not part of the East Wing display. In addition to being difficult to transport, Hooper states that the sculpted pieces are more expensive, attracting a unique clientele. "I think people are more interested in the 2-D work."

The artist works in gold or sterling silver with very small one-of-a-kind single casting, set on marble and other unique stones. Prices begin at \$300. Her sculpture is on permanent display at Gull Studios in Bay Head.

Jerry Winick needs no special equipment to bring his work to life. Like most aspiring artists, he began sketching with a pencil as a child — and never stopped. Rather than moving on from pencil drawings to another medium like most of his peers, Winick has refined his skill and earned renown with his detailed and realistic black and white images.

"They are very detailed pencil drawings. It is a medium that is very neglected; very few people ever do

completed art work in just pencil. Specifically, it is HB pencil. Its a very soft grade of pencil, its the only pencil that I use for the work."

Winick draws from photographs taken himself or by his son, who is a photographer as a hobby. "I work from life occasionally, but I ultimately use the photo reference because (the pieces) take so long to do. Each piece takes between a month to three months to do. I'll only do about 5 to 6 pieces a year."

Regarding the subject matter in his works, Winick says the image depicted is second in importance to the medium itself. "It's not about giving a message or making a statement. Its about, 'Look at what a pencil can do!' I call them oil paintings with a pencil."

Winick finds himself standing alone in the field of pencil drawing. "I think I've been to shows where I've been participating with 300 artists, and I'm the only one who does this work in pencil. And I've been doing it over 40 years; I started when I was a young boy."

Winick describes himself a self-taught, having had no formal schooling in the medium. He began drawing at age 8, stopped for some years, then picked it up again. Only a full-time artist for the past five years, Winick quipped, "I've always worked for a living." His wife encouraged him, "and now I'm involved in art everywhere, I teach it, I sell my own work, I do framing, everything to do with art." It is doubtful that the artist will ever put the pencil down again. "I can't wait to sit down at the drawing board, that's the greatest joy to me in the world, its creating."

Winick has a permanent exhibit at the Lena DiGangi Gallery in West Paterson and participates in many juried art shows and solo exhibitions. He teaches pencil drawing at the Lena DiGangi Gallery and at adult night schools in northern New Jersey.

What advice does he give students on working with this unusual medium?

"Oh, I think its a wonderful medium to get into, its unknown, its unexplored, its different, unusual, its about form. There's no color, so you're not distracted by that. Its about form and substance and depth and lights and darks and that's it. You can't get more detail in drawings and paintings with anything other than a pencil. The point of a pencil is about the detail. You can't do it with a paintbrush."

The pencil drawings of animals are very detailed. Winick commented on the zebra, "I tell people this one's in color." The artist used the pencil to exploit a wolf's hair, an elephant's wrinkles, a leopard's spots. He explained that some subject matters work better for the medium, especially ones with drastic contrasts and details and reflections. Faces need to be larger, and Winick has been lauded for a series about Rabbits done for the Hebrew Tabernacle in New York, and the face of an elderly woman called "Great Grandma," which is realistic enough to be mistaken for a photograph. Winick has won 19 awards for the latter, and it has become his signature piece.

Children's Specialized Hospital is located on New Providence Road in Mountainside.



"The Horserace," a pencil drawing by Jerry Winick of West Paterson, on display at Children's Specialized Hospital in Mountainside.



Carousel horses photographed by Deborah Majeski of Neshanic Station, on display at Children's Specialized Hospital.



"First snow," from a series of works by Alison Hooper of Westfield, on display at Children's Specialized Hospital in Mountainside.

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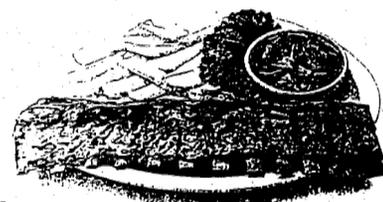
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DINING/ENTERTAINMENT

Denzel finds that moonlighting is not as 'Easy' as it seems

It's 1948. The war is over, the soldiers are back from the battlefield, and the country is looking forward to a prosperous 1950's. "Easy" Rawlins, played by Denzel Washington, though, is not looking that far ahead. Just one year ago he accomplished his dream of buying his own home and he's already behind on the mortgage. He's an educated, stable citizen so he's not about to start robbing banks, but when a shifty, well-dressed "businessman" named Dewitt, played by Tom Sizemore, puts a \$100 bill in his hand — remember, it's 1948 — and tells him to find a missing young lady, Easy takes the job.

The Video Detective

By Jim Riffel

Mouse. Mouse is from Chicago and likes to kill people. And he's good at it. But don't worry, the film doesn't turn into a 10,000 bullet, 500 body mess. Director Carl Franklin, who made the excellent *One False Move*, sticks to a stylish film noir and the mystery unravels as cool and smooth as the notes from the jazz clubs that populate this picture.

Denzel Washington facts: Denzel was born in Mount Vernon, N.Y. on Dec. 28, 1954. He went to Fordham University and planned on becoming a doctor but later had a change of heart. In 1981 he made his screen debut in *Carbon Copy*. Three years later he received critical praise for his role in *A Soldier's Story*. In 1989 he won a Best Supporting Actor Oscar for *Glory*. Other films include *Cry Freedom*, 1987, *The Mighty Quinn*, 1989 — he also wrote a song for the film, *Malcolm X*, 1992, and *The Pelican Brief*, 1993.

Video Detective Trivia: What Hollywood legend, considered one of the greatest actors of all time, did Denzel Washington beat out for the Best Supporting Actor Oscar in 1989?

Answer: Marlon Brando, nominated for *A Dry White Season*.

Also just out on video: *The Quest*, action; *Oliver And Company*, family; *Before and After*, drama.

From the *Video Detective's Guide to the Top 100 Films of all time*, by Jim Riffel.

A resident of Mountainside, Jim Riffel is the author of "The Video Detective's Guide to the Top 100 Films of All Time."

Realism shines through tale of war, women

By Randee Bayer-Spittell
Staff Writer

When you find a work that truly touches you, and which makes you see a new truth, the urge is to scream "Walk, don't run to see this phenomenal show," or something equally trite.

It is hard to capture in words the success of a performance which really does make one laugh and cry.

"Waiting for MacArthur," a new play at the New Jersey Women's Theatre Cooperative, is such a work. Without exaggeration, this show is an example of theater at its best and would be the envy of many New York companies.

The play tells the story of an Annie Lou Holsum, played by Keaton Douglas, nurse on Corregidor in the weeks before it fell to the Japanese.

The story is told through the letters which she sends home to her friend Rosalie, her former English teacher and her mother.

In her letters Annie Lou can speak the truth to only one of her correspondents, her former teacher Margaret Greer. In her other letters she seeks to keep a light tone to entertain her friend Rosalie, and tries to protect her mother, played excellently by Mary Scruggs, from the truth of her situation.

Douglas is the glue which holds this play together. Her touching performance as the young Annie Lou is excellent. She sees this gung-ho young woman through her first love, a sergeant on Corregidor, through los-

ing that love and to the end of her war with humor and pathos.

However, it is her moments portraying the effect that the constant bombardment of "the rock," as she calls it, by the Japanese, which are the toughest to play and where she excels the most.

Annie Lou changes from the young woman that she was into the jaded veteran that she would become. Douglas's hands shake and her voice quavers as she tells you of the constant bombardment and the stays spent underground without fresh air. The fear, loneliness and uncertainty plays plainly across her face and it is here that she is the most moving, the most frightening.

She makes us re-look at World War II, not as a glorious victory or as the greatest days of our country which now fills our memories, but closer, at the fear, filth and pain which truly accompany war.

It is here that playwright Phyllis Paulette MacDougal is at her best. Her words bring this reality into our world; realistically showing the gal-lows humor and true bravery which kept these nurses alive. Not a shining, heroic bravery we associate with wars, but the true courage it takes merely to stay alive in such an untenable situation.

MacDougal's words and Douglas's performance are complimented by the equally strong performance of Judith Gantly as Annie Lou's former English teacher and chief correspondent Margaret. She shows the struggle of those on the home front as they tried to

understand the reality of the war and reconcile it with the newspaper stories about the glorious battles being fought.

Gantly takes the very proper Margaret through understanding and believably brings her to her own action, working in the end of the war as an ambulance driver in France.

Diane Elise Neighmond gives a very strong performance as Rosalie, Annie Lou's best friend. Rosalie represents the young women left behind, from whom the realities of war were but distant words heard from the horizon.

Neighmond makes us care for Rosalie, not an easy task, since much of what Rosalie cares about could be viewed as selfish next to Annie Lou's sacrifice.

Kudos must go to director Barbara Krajkowski, who did an excellent job of pulling such good performances from these skilled actresses. She met the challenge of the script, which allows limited physical movement for the actresses, by making each movement count, and by focusing on the intensity of voices and faces rather than big theatrical gestures. She makes good use of the sparse set and turns having somewhat limited technical resources into an asset rather than a detriment.

Overall, this play has very few false moments or wrong steps. It is not only worthy of seeing, it is a must see.

"Waiting for MacArthur" runs through Oct. 6, performances are Thursday, Friday, and Saturday 8 p.m. and Sunday at 3 p.m. Tickets are

Antique photos wanted

The Union County Arts Center, formerly the Rahway Theatre, a nationally landmarked vintage vaudeville movie-house, is seeking old photos of the theater from its early years, especially from its opening in 1928 to the '50s.

The Arts Center would like to supplement its pictorial archive with whatever additional photos and other memorabilia people may have collected over the years and are willing to share. Especially desired at this time, during restoration of the building's facade, are photos that show the kiosk type ticket-booth that had been in use for only a short time.

If anyone has in their possession historic photos or other materials with which they do not necessarily wish to part, the Arts Center would be content merely to borrow them long enough to have reproductions made for its archives. It will handle the originals with great care and return them to the lenders after copying.

The number to call at the Arts Center is 499-0441 on weekdays between 9 a.m. and 5 p.m.

\$15 for all performances and \$12.50 for students and seniors. There will be a free symposium held after the September 29 performance entitled "WACS, WASPS, and War Stories" with guest speaker Dr. Barbara B. Tomblin, author of "G.I. Nightingals," the first full-length account of the U.S. Army Nurse Corp in World War II.

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DINING REVIEW
September 26, 1996

Three Squares
Great food in a relaxed setting.

By Kevin Singer
Staff Writer

Looking for restaurant-style food in a laid back deli-style atmosphere? Try Three Squares — as in three square meals — at 339 Springfield Ave. in Summit.

As soon as one walks in and sees the eclectic decor, it becomes obvious that Three Squares is not a run-of-the-mill eatery. Diners make their selections at a deli counter, which are brought to the table by servers, not waiters. And there is the option, at least for a few more weeks, of sitting outside cafe-style and enjoying the weather.

The term deli conjures up visions of quickly thrown together sandwiches, but at Three Squares this is not the case. The full dinner menu, which changes on a weekly basis, offers everything from appetizers, soups, full meals, pasta dishes, desserts and coffee, and even sandwiches, all moderately priced.

Kate Formichella, who owns and operates the eatery with her husband Michael, said the pair were aiming for a casual place that served good, homemade food. They have 45 years combined experience in the restaurant business, and this expertise, with the care in plan-

ning the menus and preparing the food, is evident.

The chicken and sausage soup, at \$2.50, has the perfect mix of seasonings and fresh meat and vegetables. It also is a restaurant rarity: The portion was huge and hot, something not found too often in this era of hot coffee lawsuits.

The chicken francaise with rice and vegetables, \$12.95, is again more than ample, and all three were cooked to perfection. No dried out poultry here. Having never had the dish before, I thought the lemony sauce was delicious, but my companion said it was the best tasting she's ever had.

For those on a tighter budget, Three Squares offers sandwiches such as London broil, or foccacia with grilled vegetables, from \$5.95, and pasta dishes like fettucine with pink vodka sauce for \$7.25. There's also a \$2.99 menu for kids ages 8 and under.

Not having a waiter made me feel a little lost at first, especially when I didn't realize that I had to get my own drink, but I liked the fact that I could eat my meal without someone asking me if I needed anything every five minutes.

Three Squares is open for breakfast, lunch and dinner six days a week from 7 a.m. to 9 p.m., and serves a Sunday brunch buffet from 9 a.m. to 2 p.m.

Three Squares is located at 339 Springfield Ave., in the heart of Summit's downtown shopping district.

This column is intended to inform our readers about dining opportunities in the area

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Wedding Guide



Travel



Cruise travel offers value for vacations

The city of Springfield is catching the hottest wave in vacations — cruising. Cruise Holidays of 256 Morris Avenue, a local retailer specializing in cruise travel, has reported a dramatic increase in cruise bookings.

Joe Amabile believes the increased interest in cruising is due to a number of factors. "We have utilized a combination of aggressive marketing and promotions to make the area aware that cruising is the best vacation value around," said Amabile.

"The traveling public is beginning to realize that the all-inclusive nature of a cruise makes this type of vacation far more budget-friendly than the average vacation at a land-based resort. That's because the airfare, accommodations, entertainment and food are included in one low price. It also makes cruising one of the most convenient forms of travel as it frees the vacationer from having to make separate arrangements for each facet of the trip. Cruisers simply unpack once, and the cruise ship takes care of the rest," added Amabile.

"In fact, the cruise ship has become the resort destination itself," said Amabile. "Today's cruise liners are filled with entertainment options such as top quality Broadway-style shows, numerous dining choices, lavish gambling casinos, sports activities, movies and more."

Amabile also attributes their increased sales to the quality of customer service they consistently deliver. "We have worked hard to establish a reputation for high quality and attention to detail. Because we deal solely in cruises, we're the cruise experts. We know the various cruise lines, destinations, prices and most importantly the 'personality' of each ship. We take the time to discuss travel preferences, desired activities, atmosphere and budget with our customers in order to recommend the cruise that's just right for them," said Amabile.

"We expect to continue to see an increase in cruise bookings in the years to come as we introduce more and more people to the excitement and value of a cruise vacation," concluded Amabile.

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Giving a small gift as a token of appreciation to bridesmaids, ushers, honor attendants, flower girls and ring bearers has long been a custom of brides and grooms.

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For the ushers and best man, a gumball machine filled with a favorite candy; shaving case; great looking vest for the wedding day and beyond; a bottle of vintage port; portable compact disc player; a day of skiing, fishing, etc.; or a cabinet of double corona maduro cigars.

For either, a leather business-card case; fountain pen; sports wristwatch; weekend bag; leather address book;

engraved stationery or two tickets to a concert or sporting event.

For children, computer game software; heart locket; charm bracelet; classic children's book or autographed baseball.

"Wedding attendants are special friends and relatives of the bride and groom who often are called into service to help with the wedding arrangements as well as provide moral sup-

port to the couple during an emotionally charged time," said Millie Bratten, editor in chief of "Bride's Magazine." "A small, heartfelt gift from the bride and groom shows consideration and appreciation for their love and friendship."

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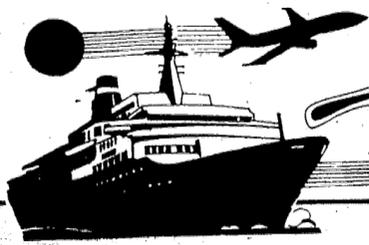
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Wedding Guide



Travel



Honeymoons can combine cultural, sporting activities

If your ideal honeymoon destination combines tropical sunshine with a culturally rich area, consider the Bays of Huatulco on the southern Pacific coast of Mexico.

With fewer than half a dozen resorts around Tangolunda Bay, this area offers close glimpses of sea turtles, dolphins and tropical fish. The landscape is rocky with large saguaro cactus dotting the hillsides and the beautiful Sierra Madre mountains as a backdrop to palm trees and sandy beaches.

The majority of the resorts are all-inclusive, which means you'll know just what your expenses will be before you arrive.

Water-sports abound. The calm bay provides opportunities for snorkeling, sea kayaking and sailing. Picture yourself horseback riding through the Oaxacan jungle and galloping along a beach or sipping a refreshing tropical punch on a romantic sunset cruise.

Just a five-minute cab ride from Tangolunda Bay, is the small town of La Crucecitas. There are a number of shops which offer excellent buys on silver items, a market area and some good sidewalk restaurants with a variety of menus from seafood and sushi to the excellent regional mole sauces,

which combine chocolate and spices.

The nearby town of Santa Cruz has picturesque, beachfront thatched-roof restaurants serving the freshest seafood found anywhere.

Set in a valley surrounded by the Sierra Madres, the colonial city of Oaxaca is a 45-minute plane ride from Huatulco. Here the evidence of cultures dating from several centuries B.C. blends with magnificent architecture. The archaeological zone of Monte Alban is located six miles southwest of the city.

Originally a Zapotec sacred city begun in about 600 B.C., it covers a 15-square mile flattened mountaintop.

The priceless objects from Tomb 7 at the site are now on display at the Oaxaca Regional Museum, located next to the ornate Church of Santo Domingo in town.

Huatulco can be reached from Dallas in two-and-a-half hours and provides a winning combination of an area rich in culture with warm, unspoiled surroundings.

This newspaper is a reliable means of researching the community market. To boost your business in the community, call our ad department at 908-686-7700 today.

Announcement policy

Couples are encouraged to send their engagement and wedding announcements to the lifestyle editor. Announcements should be typed, doubled spaced or legibly handwritten and no longer than one page. All announcements should have a daytime phone number for verification or if questions arise.

Information requested for engagements are parents names, high school name and town, college name, town and degree, name of employer and town where located, job title, and the date of marriage.

Information requested for weddings are parents names, date of wedding, where the wedding took place, who officiated, who attended

the bride and groom, high school name and town, college name, town and degree, name of employer and town where located, job title, and where the couple honeymooned and will reside.

When sending a picture with the announcement, a check for \$10 is required. Black and white or clear color pictures are acceptable. Pictures of the couple sitting or standing together are preferred. Pictures of one person standing and the other seated present design problems, so, if possible, side by side is better.

For more information call the managing editor at 686-7700.

Jacquie McCarthy, Editor

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Organizations submitting releases to the entertainment section can mail copy to 1291 Stuyvesant Ave., P.O. Box 3109, Union, New Jersey, 07083.

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HEALTH/FITNESS & MEDICINE

Cataracts may require surgery, but don't rush

A cataract is an entity which identifies a clouding of the lens of the eye. If we look at the eye like a camera, we find that there are two "lenses" which focus light on the "film" — the retina.

The two-lens focusing system is comprised of the cornea, the superficial lens which is bathed by our tears and is like the windshield of the eye; and the lens, behind the colored part of the eye — the iris.

When the lens becomes filled with fluid, protein, and pigment, it thickens and changes color. At this point, the lens is called a "cataract." This term is specific only to the second lens of the eye.

Cataracts form from different processes, including: physical aging, trauma to the eye, infection, abnormal changes in the body for processing of different chemical pathways, excessive exposure to sunlight, long-term use of steroids, and chronic inflammations in the eye. Cataracts occur in every human being. They may begin to show their effects early in life or later.

Congenital cataracts are found in newborn children, and are a broad topic related to the uterus. Babies, while still in the uterus, may be exposed to harmful chemicals, infections, or genetic defects which may cause cataracts even before a baby has

Insight into Eyesight

By Dr. Farid F. Shafiq



seen the first light of birth. The symptoms of cataracts are different in each person, but generally are summarized as: decreased vision, glare, changes in color contrast, and faint halos around objects. These differences are related to where the clouding occurs in the identified layers of the lens.

When it is time for an evaluation to perform surgery for cataract removal, the patient must describe in detail lifestyle and visual needs, symptoms and expectations. The physician in turn must tell the patient the risks, benefits, and options for surgery. It is only after this careful dialogue that one should enter into surgery.

The surgical options are varied, but they evolve into two major surgical procedures. All the hype and glorified ads are really only variations of the two major techniques.

The first is extracapsular cataract extraction, which is an incision made into the eye and the entire inner lens is

removed leaving behind the bag in which it sat. The surgeon places a plastic lens in its place to allow for proper focusing and alleviate the need for the very thick glasses that were used in the past when an implant lens was not utilized.

The second procedure is phacemulsification — or "phaco" in ophthalmic jargon — it is misconceived by the general public as "laser" surgery. This is not the case.

Phacemulsification is an incision into the eye followed by the fragmentation of the lens into very fine particles by high speed vibrations with the fragments suctioned through a tube. An implant lens then is inserted. This second procedure is more difficult, but when performed by an experienced surgeon allows for quicker recovery from surgery and return of vision.

Depending on the technique, stitching may or may not be required after surgery. In most cases, overnight stay

in the hospital is not needed.

After surgery, the patient can expect some pain which is alleviated in most cases with an over-the-counter drug. A regimen of drops are utilized to prevent infection and excessive inflammation. Having cataract surgery may eliminate the need for glasses in that eye, however in most cases glasses are required. One should note that since the dynamic focusing mechanism is no longer in effect after surgery, one's ability to focus up close is hindered and reading glasses are required.

There are approximately 1.5 million cataract procedures performed in this country every year. The complication rate depending on the source is .7 to 1.2 percent. No surgery performed by even the finest surgeon is routine. One should enter into surgery not because of an ad, or urging of another person, but only when the true need exists — when the benefit outweighs the risks.

Do not be embarrassed to ask questions. Remember, it is your eye, and vision is a gift which helps to give beauty to our lives and existence.

Dr. Farid F. Shafiq is an ophthalmologist specializing in the cornea, external diseases and refractive surgery. He maintains offices in Belleville and Point Pleasant.

Don't be silent about your high blood pressure

Hypertension, or "high blood pressure," plays a part in some 700,000 deaths a year from stroke, heart disease, and kidney failure. As many as 50 million Americans have this condition, although many of them do not know it. There are few warning signs, and people may not find out they have high blood pressure until problems develop.

"Once high blood pressure has been diagnosed, it can usually be controlled by making some simple changes in your diet and exercise habits and, if necessary, taking prescription medications," said Richard Paris, M.D., Medical Director of the Overlook Hospital Millburn Family Practice. "However, many people resist the idea of treatment. After all, it's hard to believe that anything is wrong when you're not having any symptoms."

However, he warned, don't get careless with your doctor's recommendations. "Remember, this problem won't go away without ongoing treatment. It is very dangerous if left untreated for an extended period of time. It's up to you to follow through."

In the majority of people, the exact cause of high blood pressure is unknown. However, certain factors are known to be associated with its development. These include heredity, increasing age, sensitivity to salt, lack of exercise, being overweight, and heavy drinking. In a minority of cases, high blood pressure is caused by another illness such as kidney disease. For reasons that are not fully understood, hypertension occurs about twice as often among African Americans as among whites, as well as developing earlier and becoming more severe. About half of all African Americans over the age of 50 have high blood pressure.

If it is not controlled, high blood pressure damages the walls of the arteries, including those in the heart, brain, and kidneys, greatly increasing the risk of heart attack and stroke. Untreated hypertension can have the following consequences: the heart may become enlarged and may eventually become weak; an aneurysm, similar to a blister, may form in the brain's blood vessels and rupture, causing a stroke; blood vessels in the kidneys can become narrowed, possibly leading to kidney insufficiency; hardening of the arteries may be speeded up, and eyes may age more quickly.

"In general, people do not feel any different because of their hypertension," said Dr. Paris. "The problems usually take years to occur and you would never know

you had it unless your blood pressure is checked."

The blood pressure reading consists of two figures. The first number is the systolic pressure, which is the pressure on the artery walls when the heart beats, or pumps. The second is the diastolic pressure, which is the pressure on the artery walls between heartbeats, when the heart is resting.

In general, a systolic pressure under 140 and diastolic pressure under 90 are considered healthy in a resting person. If only one of these readings is high, you may still have high blood pressure. Readings consistently over 140/90 may require treatment. As the stage of hypertension increases, so does the risk of heart attack, stroke, and kidney disease.

Although high blood pressure is a chronic condition that cannot be cured, it can be controlled. Once you are diagnosed with hypertension, it must be managed carefully for the rest of your life.

"Your physician will decide whether making adjustments in your lifestyle will be enough to bring your blood pressure under control or whether you should be taking a prescription medication to lower it further," said Dr. Paris. "Weight loss is almost always a good idea and many people can avoid the use of medication even with the loss of a few pounds. If your hypertension is the result of another disease, the answer is to treat the underlying illness. If drugs are prescribed, it is absolutely essential that you take them every day as prescribed by your doctor."

Once you have high blood pressure, even if you're controlling it as described above, your risk of heart disease and stroke will always be higher than if you had never had it.

Physicians seek to integrate alternative, traditional medicine

According to a study published in the New England Journal of Medicine, one in three patients in the United States routinely uses alternative therapies, and seven in ten such users do not discuss their practices with their physicians. Expenditures for complementary therapies in a recent year exceeded \$13.7 billion, a figure which is comparable to the \$12.8 billion spent out-of-pocket for all U.S. hospitalization.

In light of such statistics, "there is clearly a need for professional education and improved channels of communication between patients and physicians," says Arthur Maron, M.D., M.P.A., Director of the Department of Graduate Medical Education at Saint Barnabas Medical Center.

To this end, Saint Barnabas recently held a symposium entitled "Alternative Medicine: What Physicians Need to Know." More than 200 physicians and other health professionals gained a better understanding of various modalities of alternative medicine, also referred to as complementary or unconventional therapies. Participants were expected to increase their familiarity with alternative medicine, become better able to evaluate the scientific basis and rationale for the therapies, become familiar with the extent of public acceptance, and decide which, if any, of the alternatives might be suitable in their practice.

Alternative medicine includes, but is not limited to, folk and herbal medicine, special diets, homeopathy, faith healing, "New Age" healing, chiropractic care, acupuncture, massage, meditation, music therapy, biofeedback and relaxation techniques. The

symposium discussed modalities such as clinical acupuncture, nutritional medicine, rolling-connective tissue manipulation; and mind-body imagery. In addition to discussing alternative therapies which seem promising, presenters agreed that there is danger in the use of unproved, unconventional alternative approaches when they are used to the exclusion of proven, scientific remedies.

"Patients need to have frank and honest discussions with their physicians of the various options, both helpful and hazardous, which are available," said Dr. Maron.

"I personally prefer the term 'complementary' instead of alternative medicine," he continued. "I think most practitioners would better accept this term, which means employing traditional medicine and complementing it with additional approaches."

Some of the complementary practices, Dr. Maron discusses, are diet/nutritional programs to prevent or treat heart disease and massage or heat therapy for back problems related to stress.

Jay Kaplan, M.D., FACEP, Chairman of the Department of Emergency Medicine, is an advocate of holistic medicine, which involves treating the person as a whole and using nontraditional as well as traditional medical approaches. Dr. Kaplan, who completed a fellowship in Family Medicine and Holistic Health, finds some aspects of "alternative" therapies to be "simply the good practice of medicine."

"Alternative medicine focuses on the mind/body connection. We know that when people are stressed, their immune system has a lower level of

functioning and lower antibody levels. Mirthful laughter through humor therapy, for example, or the use of relaxation techniques have the exact opposite effect and can actually increase the body's ability to fight infection. There is clearly an interrelationship," says Dr. Kaplan.

In the Emergency Department, Dr. Kaplan has found success with guided imagery techniques. For example, a person with an asthma attack may be focused to a detrimental degree on his or her feelings of distress. While administering traditional medicine to the patient, Dr. Kaplan may ask that individual to visualize a place where he or she feels safe, relaxed and happy, such as a beach. The relaxation of the air passage ways complement the medicine, allowing air to pass into the lungs more easily while the medicine takes effect.

In the near future, the Emergency Department will have soft music, such as ocean sounds, available for patients to listen to using headphones. The music would be offered to further soothe patients and their families.

Another alternative therapy cur-

rently under investigation at the Cancer Center of Saint Barnabas is shark cartilage. The studies are trying to determine if high doses of shark cartilage powder can induce remissions in people with advanced breast or prostate cancer. These studies, which are monitored by the U.S. Food and Drug Administration, are one of only a few clinical trials in the United States attempting to objectively assess the ability of shark cartilage to fight cancer.

"The excitement over shark cartilage began several years ago when a nutritionist and biochemist published a book, "Sharks Don't Get Cancer," and then appeared on the television show "60 Minutes," said Stuart P. Leitner, M.D., Attending Physician in Medical Oncology.

"Studies such as ours at St. Barnabas are important to provide a definite answer on the effectiveness of shark cartilage as a cancer treatment," Dr. Leitner added.

When combined with traditional medicine, Dr. Maron summarizes, alternative medicine may meet some needs of the patients who seek it.

Letters and columns

Worrall Community Newspapers welcomes submissions from its readers. Either letters to the editor or opinion pieces on any subject will be considered for publication on the opinion pages.

This opportunity also is open to all officials and employees of the County of Union.

Worrall Community Newspapers reserves the right to edit all submissions for length, content and style. Writers must include their name, address and daytime telephone number for verification.

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- 5192 Male Infertility
- 5193 Kidney Stones
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If you're suffering from pain of unknown origin in any part of your body, it may be caused by irritation along one or more nerve pathways. Sometimes there are burning and tingling sensations along with the pain. This condition is known as neuritis.

Neuritis means "inflammation of a nerve". It often begins with inflammation of the sheath that covers the affected nerve. When it penetrates to the trunk of the nerve, the condition may become chronic and continue to deteriorate, causing serious problems accompanied by pain.

If the inflammation has been caused by a misaligned vertebra in the spinal column, treatment is needed to relieve the pressure. The greater or more complex the misalignment, the more serious the condition can become.

You don't have to suffer the pain of neuritis when treatment is available to relieve this condition. It should not be ignored. It won't go away unless you get the help you need.

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HEALTH/FITNESS & MEDICINE

Breast cancer survivor to speak on climbing back to good health

Rahway Hospital will hold a Breast Health Forum and luncheon Saturday at the Westwood in Garwood from 9:30 a.m. until 2 p.m. The event is sponsored by Rahway Hospital Foundation which provided funding. There is a \$20 fee for the luncheon only. Laura Evans, author of the new book, "The Climb of My Life," and a breast cancer survivor, will be the keynote speaker at the luncheon.

Commenting on the objectives of the forum, the hospital's vice president for Clinical Services, Arlene Tomchik explained, "The risk for a woman developing breast cancer during her lifetime is one in eight. Although the odds are dramatic, fear and misinformation are often barriers to early detection which can make all the difference when it comes to her survival." According to Tomchik, the program was designed to raise awareness and to help women make the appropriate choices with regard to their health care needs.

Evans has survived stage-three breast cancer for more than five years

and in 1995 successfully led an American team of breast cancer survivors on a 23,000 foot climb of Argentina's Mt. Aconcagua. The story of this climb has appeared on Public Television and is the subject of her new book, "The Climb of My Life." She is in wide demand as a motivational speaker and was featured at the annual meeting of the American Cancer Society and at the annual meeting of the computer giant, IBM, held in Puerto Rico in June.

Deborah L. Toppmeyer, MD, assistant professor of Medicine, UMDNJ/Robert Wood Johnson Medical School and co-director of the Breast Tumor Study Group for the Cancer Institute of New Jersey, will begin the morning presentations with her perspective "Genetic and Environmental Risk Factors For Breast Cancer."

Following Dr. Toppmeyer, two specialist members of the Rahway Hospital Medical Staff will offer presentations in easy to understand "layman's" terms. Charles A. Saniewski, MD, an attending in radiology, will

discuss "Mammography as a Diagnostic Technology" and Marc S. Mandel, MD, associate attending in surgery, will demonstrate "The Importance of a Yearly Professional Examination and Overview of Surgical Options."

Registered nurses from Rahway Hospital and Rahway Regional Cancer Center will be on hand to demonstrate with breast models, on a one-to-one basis, the techniques every woman should employ in monthly breast self-examinations. Everyone who attends the forum will receive a coupon for complimentary mammography at Rahway Hospital under the guidelines of the American Cancer Society, according to Karen Fairlie, the hospital's Community Outreach coordinator.

To register for the Breast Health Forum or receive further information about this offering and other Community Outreach initiatives, call the Community Outreach Information Line (908) 499-6193.



Laura Evans, keynote speaker at Rahway Hospital's Breast Health Forum & Luncheon to be held Saturday, has survived stage-three breast cancer for more than five years. In 1995, she led an American team of breast cancer survivors on a 23,000-foot climb of Argentina's Mt. Aconcagua.

Nurses to hold meeting

The League for Educational Advancement for Registered Nurses will hold its next meeting on Monday at 7:45 p.m. at the All Saints Episcopal Church, 599 Park Avenue, Scotch Plains, New Jersey.

The speaker will be Karen Cepero, R.N. MSN, CEN, CCRN, CNA ER/Critical Care Coordinator Jersey City Medical Center, Jersey City. The program will discuss the management of acute myocardial infarction treatment with thrombolytic therapy. Particular emphasis will be given to the role of the nurse. The pathophysiology and symptoms/signs of AMI will be described as well as adjunctive therapies.

For further information please contact Betty Rosman at (908) 272-7239.

To place a classified ad call 1-800-564-8911 by 3 p.m. Tuesday.

Correction policy

It is the policy of this newspaper to correct all significant errors that are brought to the editor's attention. If you believe that we have made such an error, please write Tom Canavan, editor, 1291 Stuyvesant Ave., Union, NJ 07083, or call him at (908) 686-7700 weekdays before 5 p.m.

New allergy drug may provide relief to sufferers

Schering-Plough Corporation, the leading allergy company in the United States, announced that Claritin-D 24 Hour Extended Release Tablets, 10 mg loratadine, 240 mg pseudoephedrine sulfate, a new once-daily formulation of the widely prescribed non-sedating antihistamine/decongestant combination Claritin-D, 5 mg loratadine, 120 mg pseudoephedrine sulfate, has received marketing clearance from the U.S. Food and Drug Administration.

Available by prescription, Claritin-D 24 Hour combines the world's leading non-sedating antihistamine, Claritin, 10 mg loratadine, with an oral decongestant, 240 mg pseudoephedrine sulfate, to make the brand's proven effectiveness more convenient in a once-daily dosage schedule. Claritin-D 24 Hour, the first and only once-daily prescription combination product of its kind on the U.S. Market, provides relief of nasal symptoms and congestion for a full 24-hour period with only one daily dose. Like once-daily Claritin and twice-daily Claritin-D, Claritin-D 24 Hour does not have a black-box warning.

"The addition of Claritin-D 24 Hour to our already extensive and successful Claritin product line rein-

forces our leadership position in the U.S. allergy/respiratory market," said Richard W. Zahn, president, Schering-Plough Laboratories, the U.S. prescription pharmaceutical marketing arm of Schering-Plough. "Claritin-D 24 Hour also allows us to broaden the U.S. allergy market and offer consumers another option for safe and effective relief."

Claritin-D 24 Hour is indicated for the relief of seasonal allergic rhinitis, or hay fever, with nasal congestion, a common symptom among many allergy sufferers. It is estimated that 16 million of the 42 million Americans who suffer from seasonal allergic rhinitis also experience nasal congestion.

In clinical trials, improvement in nasal and non-nasal symptoms of seasonal allergic rhinitis including nasal congestion in patients receiving Claritin-D 24 Hour tablets was significantly greater than in placebo recipients, and was generally greater than with loratadine or pseudoephedrine sulfate alone.

"The availability of Claritin-D 24 Hour, a unique once-daily formulation, can help improve compliance with therapy for the millions of people who suffer from hay fever with congestion," said William Storms, M.D.,

associate clinical professor of medicine, University of Colorado Health Sciences Center. "Patients should welcome this new product for its convenience and the effective relief it offers for the treatment of allergy symptoms."

Insomnia is a common side effect of many drugs containing pseudoephedrine. However, Claritin-D 24 Hour has a low incidence of insomnia, occurring in only 5 percent of patients. Other commonly reported side effects using the recommended dose of Claritin-D 24 Hour occurred at a rate similar to placebo and included sedation 6 percent, and nervousness 3 percent. Dry mouth occurred in 8 percent of patients.

Claritin-D 24 Hour, which will be available nationwide by prescription in early September, can be administered to adults and children 12 years of age and older. The recommended dose is one tablet, once daily.

Claritin-D will be marketed as Claritin-D 12 hour Extended Release Tablets.

Schering-Plough is a research-based company engaged in the discovery, development, manufacturing and marketing of pharmaceutical and health care products worldwide.

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Program Schedule:

<p>Wednesday, October 9, 1996 7 p.m. - 9 p.m. Wallace Auditorium Overlook Hospital</p>	<p>Wednesday October 23, 1996 7 p.m. - 9 p.m. Center for Community Health, Room 1 AB, Overlook Hospital</p>
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Fee: \$25 for two sessions (price includes an audiocassette)

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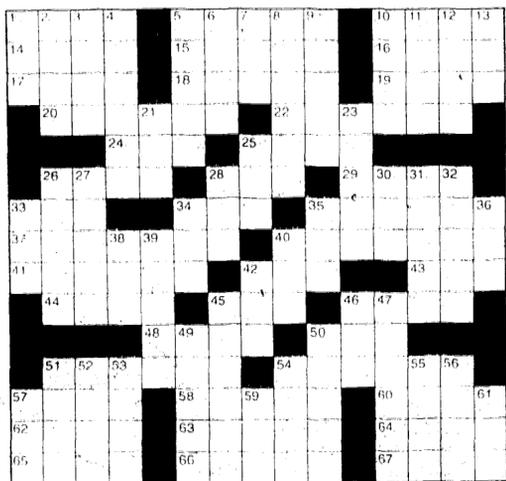
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- 1. Dancer Kaye
- 5. Faithful without sonar
- 10. ... calls
- 14. Prejudice
- 15. Corrosive substance
- 16. Confederate fleet
- 17. Came down to earth
- 18. Garbo or Bette
- 19. Actress ... May Wong
- 20. Muzzles
- 22. Actress Winger et al
- 24. TIG providers
- 25. The Four Seasons actor
- 26. The Sun rises
- 28. Three in Florida
- 29. Be, indisposed
- 33. Sluggish's stat
- 34. Ball or tree
- 35. Owl
- 37. Most honorable
- 40. Ears' wear
- 41. Chita's "Spider Woman" role
- 42. Away from home
- 43. ... how you play the game
- 44. Cab
- 45. Use a cotton ball
- 46. Belonging to us
- 48. Participate in a gabfest
- 50. Big Bird's network

DOWN

- 1. Lakers' league abbr
- 2. Lubricates
- 3. Weather prediction
- 4. Actress Mary et al
- 5. Telemarketers, e.g.
- 6. Enactments
- 7. Shoshonazi
- 8. Built in
- 9. AKC division (Beattles)
- 10. ... "Prudence"
- 11. Forearm bone
- 12. Perfect ones
- 13. Positive vote
- 21. Spanish pronoun
- 23. Tower of
- 25. Prepare for battle
- 26. Around
- 27. DeLillo's JFK story

- 28. "King" (Steve Martin song)
- 30. The (Spanish)
- 31. In motion
- 32. Harvard
- 33. Genetic initials
- 34. Govt pencil-pushing agency
- 35. Foldaway furniture
- 36. MDs
- 38. ... and bagels
- 39. Seavard and Clapton
- 40. Center of commerce
- 42. Feed-bag tidbit
- 45. Budapest's river
- 46. Oriental sash
- 47. Pragmatic
- 49. Expected
- 50. Victims
- 51. Mifed
- 52. Lampreys
- 53. At a loss
- 54. Like Dizzy Gillespie's horn
- 55. Coty or Clair
- 56. Hardens
- 57. Opposite of masc
- 59. He and Sally played the Stivics
- 61. Drunkard

HOROSCOPE

For The Week Of Sept. 29-Oct. 5

ARIES March 21-April 20

Update your skills to be sure you remain on the cutting edge at work. On the home front, be sure that you're being totally honest with a mate or close friend. Avoid telling that person what you think he/she wants to hear.

TAURUS April 21-May 21

Get some basic chores out of the way before letting your hair down. If you've been mulling over a big decision for awhile, now is the time to take the plunge. Discuss the change and then make a choice. Nothing ventured, nothing gained.

GEMINI May 22-June 21

This is good time to start something new, like a business or a relationship. If you're having problems at home, sit down and have a frank discussion. It might be as simple as a couple of crossed wires, or it could be more serious. Find out as soon as possible.

CANCER June 22-July 22

Planning for the future helps you come up with some new and exciting possibilities. Try brainstorming so you know you're not missing anything. Don't be surprised if plans you made a while ago are scrapped for something entirely different.

LEO July 23-August 23

An unplanned getaway drops your stress level. It's about time you've been stewing quite a bit lately. When you return, take a deep breath and then plunge into your routine again. You'll be surprised at what the change in perspective can do for you.

VIRGO August 24-September 22

This is a lucky week for you, so don't hesitate - grab things by the horns and go for it! Being flexible pays off later in the week, as you have the opportunity to better yourself by learning a new skill. Come to a friend's rescue this weekend.

LIBRA September 23-October 23

Your bargain finding radar is working perfectly this week, so it's a good time to go shopping. Be sure to establish your budget before you leave, however, or you could pay a heavy price later. Focus on reducing your debt load later in the week.

SCORPIO October 24-November 22

If you're feeling bounded, try to find a place where you can be left alone. Shut your door, put up a Do Not Disturb sign - do whatever it takes. Follow your instincts when it comes to advancing a personal relationship. Slow and steady does the trick.

SAGITTARIUS November 23-December 21

You're in rare form lately - it's a good time to plan a party. Put together an unusual mix of friends and then expect the unexpected. Don't worry about going over budget either. Just put your creativity to the test and see what you can come up with.

CAPRICORN December 22-January 20

As fall arrives in earnest, your romantic nature is in full blossom. Give yourself a long rein and prepare to sweep your sweetheart off his/her feet. The outdoors is calling - a picnic might be nice. Later in the week, turn your attention to a problem at work.

AQUARIUS January 21-February 18

When it comes to getting day to day chores done, a computer can help, but if you rely on it too heavily, you could be bound for trouble in the long run. If you're making plans for the future, think big! You may not make it, but you'll know you tried.

PISCES February 19-March 20

You can count on most of your friends this week to help you manage a crisis. If one or two people are missing unexpectedly, wait awhile and then check up on them. They could be in need of a little assistance themselves - and you're just the one to help.

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	3605 Leo	It's Free!
	3606 Virgo	
	3607 Libra	

ANSWER TO PREVIOUS PUZZLE:

Acting studio seeks students for fall season

In October, The Acting Studio in Cranford is reopening its doors after being closed for the summer.

On October 8 & 9, David Christopher will hold open, in-person registration at the studio, 189 North Ave. E. in Cranford, for the fall term beginning October 14. It is a good idea for new students to visit the studio on registration days, because there are only a limited number of classes being offered this season, and Christopher would like to meet those who wish to sign up. Only evening classes are taught, during the hours of 6-8 or 8-10 p.m. No class will be held during the weekends.

All the basic acting classes for adults will be offered, Acting Technique 1, Television Acting 1, commercials; Television Acting 2, soaps & sitcoms; Musical Performance, and Speech and Diction. Advanced Acting classes will be scheduled for students who have worked with Christopher before or have studied professionally elsewhere. All acting classes are taught by Christopher.

For more information and a free brochure, call David Christopher at (908) 276-0276.

College brings Bard's best work into modern day

The Hawthorth Shakespeare Festival will present Danny Carrick's multi-racial production of "Romeo and Juliet," featuring leading actors of the Royal Shakespeare Company and the Royal National Theatre of Great Britain, at Kean College in Union this weekend. It is the classic play; the setting is in South Africa and the time is today.

Performances will be presented Friday at 8 p.m. and Saturday at 11 a.m. in Wilkins Theatre. Tickets can be purchased by calling the Box Office at (908) 527-2337. Prices are General Public \$14; Faculty/Staff/Alumni/Sr. Cit., \$10; and Students \$6.

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Theatre calendar available

The New Jersey Theatre Group, the alliance of New Jersey's professional, not-for-profit theatres, offers a free calendar highlighting the upcoming fall and winter professional theatre season. With descriptions of more than fifty productions and box office phone numbers for the state's nineteen professional theatres, the calendar also offers a low-cost, multi-theatre ticket package known as the Theatre Sampler Series. For a free copy of the 1996-97 Professional Theatre Season Calendar call (201) 593-0189.

"The Theatre Sampler Series allows theatre goers to select three plays - one at each of three different theatres - for a package price of \$55. That's up to fifty percent off the single ticket prices," said Laura Aden, executive director of the Theatre Group.

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What's Going On?

FAIR
SATURDAY
 SEPTEMBER 28, 1996
 EVENT: Harvest Fair by The Roseland Historical Society
 PLACE: Becker Center, 35 Livingston Avenue, Roseland
 TIME: 10am-3pm
 PRICE: Follow signs for parking. Food, handcrafted items, gifts, demonstrations, strolling musicians, square dancing. Refreshments available.
 ORGANIZATION: Roseland Historical Society

FLEA MARKET
SATURDAY
 SEPTEMBER 28, 1996
 EVENT: Flea Market
 PLACE: First Presbyterian Church of Roselle, 5th and Chestnut, Roselle
 TIME: 8:30am-3:30pm
 PRICE: No admission fee. For information call 908-245-7289.
 ORGANIZATION: First Presbyterian Church of Roselle

SUNDAY
 SEPTEMBER 29, 1996
 EVENT: Flea Market and Craft Show
 PLACE: Msgr. Owens Park, 44 Park Avenue, Nutley
 TIME: 9:00am-5pm
 PRICE: Over 100 Quality Dealers!
 ORGANIZATION: Nutley Elks. For more information call 201-997-9535

SATURDAY
 SEPTEMBER 28, 1996
 EVENT: Outdoor Flea Market and Pancake Breakfast
 PLACE: Immaculate Conception School, Prince Street and Union Avenue, Elizabeth
 TIME: 7:30am-4pm
 PRICE: \$10/spacer. Call 908-351-4242 for information.
 ORGANIZATION: Immaculate Conception High School

SATURDAY
 OCTOBER 5, 1996
 EVENT: Flea Market and Crafts
 PLACE: Elmora Presbyterian Church
 TIME: 9:30am-3pm
 PRICE: Free Admission. Household items, crafts, tools, records and hidden treasures.
 ORGANIZATION: Elmora Presbyterian Church, Magie and Shelly Avenue, Elizabeth, near Green Lane. Rain Date October 12.

SATURDAY
 OCTOBER 5, 1996
 EVENT: Big Indoor Flea Market
 PLACE: Roselle Catholic High School, Raritan Road, Roselle
 TIME: 9am-4pm
 PRICE: No admission price.
 ORGANIZATION: Roselle Catholic High School

FRIDAY AND SATURDAY
 OCTOBER 4, 5, 1996
 EVENT: Rummage Sale
 PLACE: Christ Lutheran Church, 1359 Morris Avenue, Union
 TIME: Friday 9:30am-6pm; Saturday 9:30am-12 noon
 PRICE: Clothing, household goods, jewelry, etc. at give-away prices; Bag Day Saturday - \$2 a bag.
 ORGANIZATION: Christ Lutheran Church

THURSDAY
 OCTOBER 10, 1996
 EVENT: Rummage Sale
 PLACE: First Congregational Christian Church, Civic Square and Clinton Avenue, Irvington
 TIME: 10am - 7 p.m.
 PRICE: Free Admission. Clothing, household goods and jewelry
 ORGANIZATION: Trine Circle for more information call 201-373-6683

CRAFT
SATURDAY
 OCTOBER 5
 EVENT: Autumn Craft Show
 PLACE: Townley Presbyterian Church, Salem and Huguenot Avenues, Union, NJ
 TIME: 9a.m. to 3p.m. Delicious luncheon 11:30-1:30
 PRICE: No Admission. Tables are still available at \$25.00 per space. Call Carole 964-3817 or Joan.
 ORGANIZATION: The Townley Presbyterian Church Session.

AUCTION
THURSDAY
 SEPTEMBER 26, 1996
 EVENT: Super Fun Auction, over 100 gifts, "something for everyone." A great variety of prizes!
 PLACE: Women's Club of Maplewood, 60 Woodland Road, Maplewood (between Ridgewood Road and Maplewood Avenue)
 TIME: Doors open at 6:30pm. Calling begins at 7:30pm. Directions: 201-762-9119.
 PRICE: \$4 a card, plus complimentary refreshments and door prizes!
 ORGANIZATION: Women's Club of Maplewood.

GARAGE/YARD SALE
FRIDAY AND SATURDAY
 OCTOBER 4 & 5
 EVENT: 300 Family Semi-Annual Garage/Attic and Rummage Sale
 PLACE: Community United Methodist Church, Chestnut Street and Grant Avenue, Roselle Park, Education Building & Fellowship Hall
 TIME: Friday, 9am-7pm; Saturday, 9am-3pm
 PRICE: Free Parking, No Admission Fee
 ORGANIZATION: Community United Methodist Church

OTHER
SATURDAY
 OCTOBER 5, 1996
 EVENT: Fun Auction
 PLACE: Redeemer Lutheran Church, 134 Prospect Avenue, Irvington, NJ
 TIME: Doors open at 4pm
 PRICE: Admission \$4. Dinner available for sale at 5pm. Calling of prizes, 6:15pm.
 ORGANIZATION: Redeemer Lutheran Church

What's Going On is a paid directory of events for non-profit organizations. It is pre-paid and costs just \$20.00 (for 2 weeks) for Essex County or Union County and just \$30.00 for both. Your notice must be in our Maplewood office (463 Valley Street) by 4:30 P.M. on Monday for publication the following Thursday. Advertisements may also be placed at 170 Scotland Road, Orange, 266 Liberty St., Bloomfield or 1291 Stuyvesant Ave., Union. For more information call 763-9411.



Connections

WHAT A WAY TO MEET!

Call **1-900-786-2400** (\$1.99/min.) to respond to these ads.
TouchTone or Rotary phones. You must be 18 or older.



WOMEN SEEKING MEN
Call 1-900-786-2400
\$1.99 per min.

YOUNG AT HEART
Young 50 year old petite, blonde female. I'm creative, artistic, down to earth and casual. Enjoy movies, music, books, good conversation, long walks and more. Looking for a honest man, 40 to 55, with similar interests. BOX 13091

LOOKING FOR A FRIEND
Attractive and youthful 69 year old white widowed female, enjoy sight seeking, dining out, craft shows and quiet evenings. Looking for a sincere and honest gentleman, 69 to 75, for companionship. BOX 13195

HONEST AND SINCERE
Attractive and sincere, divorced white female, 49. Enjoy laughing, the outdoors, exercise and more. Looking for a tall gentleman, 45 to 55, who is outgoing and sincere for friendship and maybe more. BOX 13444

SEARCHING FOR YOU
20 year old black female, 5'4 1/2", and heavy set. Enjoy quiet evenings, talking, and long walks in the park. Seeking a strong and sensitive male to depend on and talk to. BOX 38949

VOLUPTUOUS LADY
Romantic 49 year old single white female. Enjoy candlelight dinners. Looking for a non smoking man for a long term relationship. BOX 13475

ENERGETIC LADY
Attractive, upbeat, professional female, 47. Looking for a great guy with a sense of humor for friendship and a possible relationship. Enjoy movies, dining out, walks, nights at home and more. BOX 13594

SPIRITUAL WOMAN
Divorced black female, 45, 5'3" and 185 pounds. Enjoy movies, sports, traveling, dancing, dining out, church and more. Looking for a male, 39 to 50, with similar interests for friendship and a possible relationship. BOX 39262

ENJOY LAUGHING
Very attractive and intelligent, 5'6" professional, physically fit female. Don't have that much time to meet men. Seeking a male in his 40's and maybe 50's who is professional, intelligent, communicative and have a sense of humor. (very important). You won't be disappointed if we meet! BOX 39777

MALE WANTED
Full figured, single black female seeking single black male 30-40. Want someone who likes sports, movies, computers, and also loves the theatre. BOX 37630

MUST BE HONEST
Full figured Black woman seeking middle aged man ages 46 to 52. Must be employed, be honest, loving, understanding, and caring. Looking for good relationship and marriage. Like to go to the park, and the shore. BOX 37655

CALL ME SOON!
Pretty single female, 31, 5'7". Seeking a single white male, who is caring and sweet, 25 to 39, thin to medium build, enjoys beach, music and dining out. BOX 12811

GIVE ME A CALL!
Employed black female, 57. Enjoy Atlantic City, bingo, race tracks, rides in the park on week ends, holding hands. I am a smoker, drug and alcohol free. Looking for someone 57 or older for companionship. BOX 13332

ALL CALLS ANSWERED
48 year old male, useful and financially secure, professional, handsome, 6'1" and caring. Seeking a personable and shapely attractive female, 35 and 48, who enjoys candle light dinners, dancing, shows, sports and a lasting relationship. BOX 11977

SPOIL ME
Sincere, overweight female, 5'5", 250 lbs, single mother of one child. Seeking Mr. Right, tall, honest, employed, white or black, 29 to 38, handsome, drug and disease free. BOX 39763

R U MR. RIGHT?
29 year old Italian single white professional female, 5'4", full figured with brown hair and eyes. Enjoy going to the movies, dining out with friends, travel, Atlantic City comedy clubs and hockey games. Seeking Catholic single white professional white male, 5'10" or taller, 27 to 35 years old, non smoking, drug free, and clean cut. BOX 39776

COMPANION NEEDED
Attractive single black mother of one child. Looking for a non smoker, 35 and over male, medium build, 6' and a professional. You must be honest. Friends first, possible relationship later. BOX 37108

OUTSTANDING LADY
38 year single white female, full figured, brown hair with green eyes, and 5'6 1/2". Seeking a single employed male, honest, caring, and employed to have fun together and share special times together. Enjoy flea markets, movies, dining out, the beach and quiet times at home. BOX 37658

CAN YOU LAUGH?
5'3" slim divorced white female, enjoy the outdoors, laughing a lot and having a good time in life. Looking for someone educated, who likes the outdoors, and has a good sense of humor. BOX 16036

ANSWER MY BILL.....
23 year old sincere female, 5'3", 120 pounds. Looking for single male, non drinker and drug free, 24 to 30 years old, 180 to 200 pounds, 5'9" to 6" tall. Enjoy working out, skating, etc. for friendship and possible relationship. BOX 11903

SEARCH OF MR. 60
Trim, 5'6", white widowed female. Seeking a male to dance, talk and just walk with me. Leave your number, and we can talk first. BOX 12502

WOMAN OF SUBSTANCE
Young 45 year old attractive petite female, 5'4", 118 pounds, active lifestyle, is physically fit, and a professional. Seeking a lover and soul mate, who is attractive, has integrity, is masculine, honest and diverse. Enjoy hiking, working out, the beach, and simple things in life. BOX 13547

OPEN FOR NEW IDEAS
37 year old black single female and a parent, enjoy quiet evenings at home, movies, walks in the park, dinner dates, and movies. Looking for a tall professional black man, for friendship and possible long term relationship. Must be drug free, disease free, family oriented, and enjoy similar interests as mine. BOX 13945

IS THIS YOU?
18 year old female, 5'7", 135 pounds. Interested in fun and outgoing guys between the ages of 18 and 23. BOX 14340

HONEST WOMAN
Single white female, 21 years old, brown hair with hazel eyes, 5'10", sweet and shy. Enjoy movies, dancing, camping, clubs, and quiet times. Seeking male, 18 to 21, must be tall, sweet, honest and looking for love. BOX 36529

POISED POSITIVE AND
Playful white professional female with substance, 300 pounds, 5'10" tall, green eyes and dark hair. Seeking an intelligent, sensitive, professional and tall male, 40 to 55, for a long term relationship. No feeders, no games and no inmates. BOX 37634

WHERE ARE YOU?
Divorced white attractive female and mother of one child is in search of professional white male, 31 to 40, who is cute, romantic, sensitive, mature, level headed, financially secure and does not forget holidays. BOX 12649

LIVE LIFE TO FULLEST
49 year old single white female, 5'7", brunette and great sense of humor, enjoy movies, flea markets, long walks and being with that special someone. Looking for a non smoking male interested in a long term relationship. BOX 12629

THE RIGHT STUFF
29 year old single white male, 6'3" and 220 pounds. Looking for a single female, of any age or race for a possible long term relationship. Enjoy long walks, romantic candlelight dinners, the mountains, the shore and more. BOX 13416

SEEK SLENDER FEMALE
39 year old, 5'9" and 165 pound white male and in good shape. Looking for a single or divorced, in good shape, who is sincere, honest and fun to be with. BOX 13612

HONEST GENTLEMAN
Divorced, professional 47 year old male, 5'8" and 180 pounds. Enjoy boating, comedy clubs, movies and traveling. Looking for a fit, intelligent, sharp woman, 45 and under, who has similar interests. BOX 14414

FUN LOVING GUY
25 year old single male. Looking for a female friend, 20 to 30. Enjoy New York, having fun, exercise, parks, animals, shopping and more. If you're interested, please call. BOX 14959

IS THIS YOU?????
I am in search of the 40 something year old woman who longs for a tall athletic built male, who is disease and drug free to spend those special quiet times with. If this is you, leave your name and number..... BOX 16024

YOUNG ATHLETE
20 year old single white male, 5'9" with a medium build. Looking for a female, 19 to 28, for friendship and a possible relationship. If you would like to know more, please leave a message. BOX 39900

CALL MY FRIEND
Friend wants to find girl for a swell guy she knows. If you are really nice, I want you to meet him. BOX 13514

NO HEAD GAMES
Professional black male, 5'9", 240 lbs., 43 years old, and drug free. Seeking full-figured, white female, 25-45, who is drug and disease free. Loves church, playing organ, shore, staying home. Please, no head games. BOX 13802

SINCERE MALE
Handsome, youthful looking, 49 year old, single white professional male, 5'11", 185 pounds. I'm caring, generous and down to earth. Looking for an attractive single female who is open minded and down to earth, for romance and possible relationship. BOX 13201

SAME INTERESTS....
22 year old single white male looking for a single white female who likes walks on the beach, dining out to two, bowling, etc. If you are interested in talking to me...call BOX 13270

SHY GUY
Divorced white male in my mid 40's. Enjoy music, laughing, movies, walks in the park and more. Looking for a female with similar interests. BOX 13482

SOMETHING DIFFERENT
39 year old white male, 5'8", 185 pounds. Looking for an outgoing, enthusiastic black female for companionship and possibly a relationship. Enjoy the outdoors, sports, tennis, volleyball, movies, dining out, music and more. BOX 13586

SEASONS IN THE SUN
37 year old single white male. Looking for a single white female, 27 to 37, who is interested in a fall romance leading into a long term relationship. Enjoy movies, pool, Atlantic City and more. BOX 37945

THOUGHTFUL GUY
21 year old white single male. Looking for a single white female, 18 to 23, for friendship and maybe more. BOX 39236

LET'S FALL IN LOVE
34 year old single white male enjoys oldies and Elvis. Seeking a female who likes to be in love and knows Elvis was the King of Rock and Roll, between the ages of 25 and 40. Give me a call. BOX 15357

LASTING FOREVER...
52 yr old, 6'2", 185 pound o.k. Enjoy traveling, dining, movies, dancing, etc. I'm educated and affectionate. Seeking a slim to medium built female for a long term relationship. BOX 37738

LET'S GO OUT!
21 year old good looking male. Seeking someone, 20 to 23, to hang out with. Enjoy movies, dining, dancing and partying... BOX 37866

LET'S MEET SOON...
Looking for a single white female 20 to 31, who likes music, movies, playing basketball and football, etc. I am a single black male, 31... BOX 37898

ARE YOU OPEN?
White male in my late 30's, 5'8", 185 pounds with a solid build. I am clean cut, good humored, drug-free, non smoker and rare social drinker. Enjoy movies, dining out, outdoors, sports, parks, museums, etc. Seeking a female 28 to 45, for companionship, friendship, possible permanent relationship. BOX 38529

LAW ENFORCEMENT...
28 yr old, 6'1", single white male enjoys working out, dining out, movies, sports, etc. Seeking a female with similar interests for good times and a possible relationship. Prefer someone older... BOX 38691

FREE TO BE.....
Single black male, 41, 5'9", medium brown complexion, well built and employed. Seeking a single widow or divorced female, race unimportant, attractive and shapely, age, late 20's to 42. Must be disease and drug free, as well as domestic violence free. Let me hear from you. BOX 15756

WANT A REAL FRIEND
38, slender, good looking, single white male seeking a girlfriend. Do not want big spenders, women seeking financial support, over weight women, no phonies. Enjoy videos, the beach, home cooked meals, (I can cook!), bike riding, etc. Smokers and light drinkers are acceptable. Age and race unimportant. BOX 16153

STRAIGHT FROM THE....
Heart... Looking for that special girl to make me smile. 25 year old single white male, who would like to meet you, talk and get to know each other for a supportive long term relationship. Trust me, you won't be sorry. BOX 38002

LOOKING FOR WIFE
30 yr old, 6", black hair, Italian, 240 lb male. Have a strong build. Looking for someone to marry. BOX 38044

A REAL GENUINE MAN
38, white clean cut male, 5'9", non smoker and social drinker. Enjoy sports, dining out, outdoors, parks, malls, flea markets and historic places and quiet times with a special woman. Seeking a woman, any race or origin, who is honest, open, and a good sense of humor for friendship and companionship... BOX 12824

MAYBE WE ARE A MATCH
51 year old male, 5'10", a smoker. Enjoy dining out, long walks and having a nice time in general. Seeking a female, trim to medium shape who has similar interests as mine. BOX 12738

SEARCHING FOR YOU!
Single white professional male, 37. Seeking single white female, 27 to 37. Enjoy spending time together, simple things in life, traveling, New York City and Atlantic City. BOX 13313

QUIET GENTLEMAN
Divorced white male, 34, 5'9", 175 lbs. Enjoy music, movies, comedy clubs, jogging and quiet evenings at home. Seeking honest and mature woman who is attractive for friendship, possible long term relationship. BOX 16343

IS THIS YOU?
Professional male, dark hair and eyes, work out and physically fit. Looking for someone with similar qualities. Enjoy New York, the shore and beaches, casual dinners and picnics in the park. Looking for a female friend who can become my intense passionate lover too. BOX 16379

SEEKING A PEN PAL
24 year old single white male, brown hair with hazel eyes, 5'3" and medium build. Presently incarcerated for small crime and will be out soon. Looking for a pen pal with a good heart for friendship. BOX 36894

SERIOUS MINDED MALE
Separated Italian American, 42, 5'7", 170lbs with average looks. Enjoy art and soft music. Looking for an Italian or Hispanic petite female, no drugs, social drinker okay. For long term relationship. BOX 39845

ESSEX COUNTY
Retired professional, non smoking businessman, 5'5", 140lbs. Looking for a single, lovely, attractive and trim woman, under 5'4", under 130lbs. who is reasonable and understanding to share life with as a friend, lover and companion. Non smoker, social drinker is okay. BOX 39851

STEP RIGHT UP
Tall, handsome, single white male, 34, 5'10". Like dinner and dancing, movies, swimming and quiet romantic times. Seeking a single white female, ages 25 to 37, with similar interests. Non smokers, social drinkers, okay. New Jersey residents only! BOX 12008

MARRIAGE IN MIND
Attractive single white male, Italian, 30 years old, 6' tall, black hair and brown eyes, strong build, 240lbs. Bottom line is, I am looking for a wife. BOX 37640

SEEKING CLASSY LADY
37 year old divorced white Italian professional male, 5'7", 160lbs., brown hair and eyes, romantic and a father. Enjoy Atlantic City comedy clubs, dining out, movies and quiet times. Seeking single or divorced white female, 29 and 35, fit, petite and attractive, a touch of class and zest for life. BOX 37821

NEED A CHANGE
Tired of bar scene and games... 29 year old attractive male, 5'10", 175lbs., short blond hair, blue eyes, clean cut and fit. Enjoy traveling on weekends to shore or PA, renting movies, restaurants and new foods, reading. Essex County. BOX 39690

WAITING TO HEAR YOU
I am visually handicapped male in 40's. Looking for handicapped female, 30 to 50, for friendship, dating, affection and maybe marriage. Give me a call! BOX 36736

SERIOUS GENTLEMAN
Professional, 40 year old black male, 5'9", brown complexion looking for an older woman for friendship, leading to marriage. Race is unimportant. Drug-free. Enjoy outdoors, parks, soul food, and staying home and watching videos. Serious inquiries only. BOX 36802

DON'T BE SHY...REPLY!
40 year old divorced white male, 6'2", 195 LB., physically fit and father of a son. Enjoy the N.Y. Yankees, Ohio State football, jogging, swimming, fun and adventure. Looking for a fit, attractive, responsible lady who has common sense. BOX 37440

LET'S GET TOGETHER
37 year old, single white professional male. Looking for a professional white female, 27 to 37, who is easy going, fun loving, family oriented and a romantic at heart. Enjoy movies, dining in and out, the shore, Atlantic City and New York City, and doing things together. Give me a call. BOX 37471

UNION, NJ AREA
39 year old single white male, 5'8 1/2", 175 pounds, brown hair and blue eyes, drug and disease free. Enjoy dining out, movies, flea markets, reading, long walks, Trivial Pursuit, or just staying home. Looking for a long term relationship, with a special lady, 20 to 35. BOX 37505

CLEAN CUT GENTLEMAN
White attractive male in late 30's, 5'9", 190 pounds, never married, no children, non smoker, drug and disease free and social drinker. Looking for companionship with female, 28 to 46, race unimportant, who is open/honest, motivated, enthusiastic and able to communicate. No games, please. BOX 37510

GOOD SENSE OF HUMOR
Single professional white male, 47 years old, 5'10", 170 pounds, with dark hair and nice looking. Seeking a relationship with an attractive/intelligent woman who is kind and has a good sense of humor. BOX 37556

STARTING SLOWLY
27 year old single professional male, non smoker and non drinker. Enjoy swimming, traveling, movies, music and going out, etc. Seeking single female for fun and friends, eventually leading into a relationship. BOX 37669

CROSS DRESSER WANTED
27 year old Bi white male looking for a cross dresser. If you're interested, please give me a call. BOX 13379

DISCREET TIMES
Professional white male. Seeking a male between the ages of 25 and 50, for a mutually rewarding and discreet relationship. Lets meet and talk first... if interested tell me a little about yourself and how to contact you. BOX 13205

STILL LOOKING
45 year old gay white professional male, healthy, attractive and drug free, 5'10" and 165 pounds. Discreet, outgoing and sincere. Seeking a gay white male, age 45-60 who is honest, sincere and seeking a friendship. BOX 13142

BLUE EYES
Are you tired of it all, like I am? 48 year gay white male, 5'9". Non smoker, moderate drinker. Attractive, masculine, and trim. Looking for an attractive, trim, healthy, nice guy. White, bi, gay, professional male? Give me a call. BOX 13816

ARE YOU THE ONE???
46 year old, professional, single gay white male, 5'8" and weigh about 150 pounds. Have brown hair and blue eyes. HIV negative and healthy. Looking for a sincere, discreet, gay white male age 40 to 55, who has the same qualities. Want a caring friendship, leading to a possible long term relationship. BOX 14283

SINCERE AND CARING
43 year old, single gay white professional male, 5'9", 160 pounds, brown hair, blue eyes, healthy, good looking and trim. Seeking a sincere, caring friendship, leading to a possible long term relationship. Want someone age 40 to 55. BOX 15469

UNION COUNTY MAN
43 year old, bi white professional, 5'10" and weigh 165 pounds. I am healthy, a non smoker and moderate drinker. Looking for a discreet friendship with a bi or gay white male, age 40 to 55. Want someone who is sincere, honest and not confused! BOX 15783

CALL ME GUYS!
27 year old, masculine, handsome, Bi black professional male. Seeking masculine male, under 35, non smokers, drug-free. Interested, give me a call! BOX 39764

HOPE TO HEAR FROM U
42 year old bi curious white male, 5'11", 190lbs. Looking for submissive bi or Gay male for fun and friendship. BOX 39596

SEEKING SAME
Mid 30's male, attractive, straight acting. Seeking some gay men, 25 to 35, looking for some fun and friendship. Like animal rescue operations, running, reading, etc. Must be discreet. Non smoker and only light drinkers preferred. BOX 15632

DISCRETE ENCOUNTERS
27 year old Hispanic male, 5'8", 200 pounds, dark brown hair with hazel eyes. Looking for a masculine 27 to 55, white or Hispanic male, drug and disease free, leave a message. BOX 36630

NEW TO THE AREA
35 year old gay white Italian male, 5'7". Enjoy listening, movies, the beach, swimming and concerts. Seeking gay white males, 21 to 29, clean shaven, slim for friendship and/or possible relationship. No fats, fumes or drug users. Red-heads or blonds a plus. BOX 14524

HOW DOES THIS SOUND?
40 year old good looking gay white male, 5'8", 170 pounds, with brown hair, blue eyes and fair complexion. Varied interests. Seeking a masculine gay male, race unimportant, 35 to 55, for friendship, romance and the possibility of a long term monogamous relationship. BOX 15040

ATT: CROSS DRESSERS
Interested in having a good time and going out? Maybe we can come up with new ideas and check out new areas. Into sports and cycle riding. BOX 14325

WOMEN-ALTERNATIVE
Call 1-900-786-2400
\$1.99 per min.

FANTASY
20 year old male 6'1", 165 pounds, medium build, brown eyes and light brown skin. Looking for a young Puerto Rican male 20 to 35. Hope to hear from you soon. BOX 10596

BIRTHDAY WISH
22 year old full figured, Bi black female. Looking for a feminine Bi curious female, 22 to 29, to make my birthday wish come true. BOX 13221

GIVE ME A CALL.....
Very attractive Bi black slim female in search of a Bi curious black females. You must be pretty, fit, uninhibited, fun, intelligent and creative. Must be clean and drug free as well. BOX 39799

GIVE ME A CALL
Gay, black, feminine female. Does not smoke, drink or do drugs. Wants someone the same. Wants someone special and affectionate. Please call. BOX 13449

SERIOUS REPLIES!!
20 year old single black female, in search of Gay or Bi female, 20 to 26, who enjoys great adventures, music and play time. No drugs, smokers or men. Serious responses only, please. BOX 13712

LETS TALK!
25 year old bi, black, slim female, 5'7 1/2", 120lbs. cute with brown skin. In search of a pretty, fit, secure, generous, healthy, discreet bi white female, 25 to 35, about the same height and weight as I am. BOX 39801

TOGETHERNESS
21 year old Hispanic female, bi sexual, 5'5", 140lbs., with two children. Looking for female, 20 to 28, who is Gay or bi sexual, likes children, spending quiet times together. Prefer Hispanic or white female. BOX 12186

GIVE ME A CALL
20 year old, full figured, Bi curious African American female, 5'9", brown hair and eyes. Enjoy working out and having fun. Have a great personality. Looking for someone attractive with a sense of humor. BOX 37458

IS THIS YOU????
33 year old gay white pretty female, 5'6", 145 pounds. Enjoy music, movies and a little dancing. Looking for a gay white female, 30 and 35. Please no drugs and no alcohol. BOX 14031

GIVE ME A CALL
Beautiful exotic black female, 5'8 1/2" and full figured. Seeking a beautiful bi sexual female who is willing to have lots of fun. Must be drug free and disease free. BOX 16307

SPORTS PARTNERS/FRIENDS
Call 1-900-786-2400
\$1.99 per min.
(Not for couples seeking... your ad will not be accepted.)

UNIONTOWN AREA
Looking for friends in Uniontown area between the ages 29 and 36 for phone conversations, walks and whatever. Leave your name and the town you live in and I will call you back. BOX 10828

ART DEALER
55, female art dealer. I am searching for other people interested in attending art openings with me. BOX 10687

MALE WANTED!!!
Looking for a theater and movie partner who is 40 something and fun. I like to go to off-broadway shows, off-beat cinema, new wave music and New York city... BOX 10680

LET'S ENJOY WEEKENDS
54 year old, single, slim white male, smoker. Looking for a younger, single white female, who is also slim, with a car. Like to go to the beach, mall and camping trips, for a permanent friendship. Would like to share expenses... BOX 12781

LET'S GET TOGETHER.
41 year old, professional and business owner. Enjoy sports, arts, travel, animals, etc. Looking for someone who is willing to share all kinds of things. If you are interested and active...let's talk. BOX 10444

JEWISH SINGLES
Call 1-900-786-2400
\$1.99 per min.

PRETTY LADY
Single Jewish professional female, 38 years old, non smoker, pretty (Loni Anderson look-a-like), childless and financially secure. Seeking trim single Jewish white male, 40 to 55, non smoker, no drugs for a long term relationship. Essex County. BOX 39683

SIMILAR INTERESTS?
5'6", 140lb female with brown hair and eyes. Enjoy music, dancing, walks, going to New York City, movies and playing miniature. Seeking someone who enjoys all of the above that I mentioned. BOX 39854

Worrall Community Newspapers assumes no liability for the contents of, or replies to any personal advertisements; and such liability rests exclusively with the advertiser of, or respondent to, such advertisements. Worrall Community Newspapers may, in its sole discretion, reject or delete any personal advertisements which it deems inappropriate. All advertisers must record a voice greeting to accompany their ad. Ads without voice greetings may not appear in Connections. Connections 900# provider is Advanced Telecom Services, Wayne, PA 19087. When you respond to a Connections ad, your phone bill will reflect a charge of \$1.99 per minute. An average 3 minute call costs \$5.97. Connections is brought to you by Worrall Community Newspapers and Advanced Telecom Services. Call 1-800-247-1287 9 a.m. to 5 p.m. Monday through Friday with any questions about the service.

FREE 20-30 WORD PRINTED AD **FREE** VOICE GREETING **FREE** MESSAGE RETRIEVAL ONCE A WEEK

Call **1-800-382-1746** to place your free ad 24 hrs. a day
(Please have your voice greeting written down before you call.)

- To place your Connections ad and to record your FREE voice greeting, call call 1-800-382-1746. Be ready to write down your mailbox number and access code when you call.
- It's all automated and simple. You don't have to speak to anyone. One phone call sets up your voice greeting and your printed ad.
- When recording your greeting, remember to give a complete description of yourself and the type of person and relationship you seek. A thorough, honest greeting will produce the best results.
- You may place an ad in one of our dating categories or our sports partners/friends category.
- Your ad will appear in 5-8 days.
- You can retrieve your messages free of charge once a week by calling 1-800-382-1746. You may retrieve messages more than once a week by calling the 900 number. There is a charge of \$1.99 per minute.

Respond to a **Connections** ad by calling:

1-900-786-2400

\$1.99 per minute. TouchTone or Rotary phones. You must be 18 or older.

- Listen to greetings of people that interest you. If you like, leave your response. That person will hear your message when they call in.
- Voice greetings are added to the system daily. You can browse all the new advertiser greetings before the Connections ads appear in the newspaper.
- After listening to the simple instructions enter the mailbox number of the ads you want to access or browse all greetings randomly.

Real Estate

Prudential introduces Value Range

The Prudential New Jersey Realty introduced Value Range Marketing this month with two personal presentations by the man who invented it, Denis McNamara.

In introducing McNamara to his 350 sales associates, company President William O. Keleher Jr. observed, "In the 27 years since I began selling real estate, there haven't been any really new techniques in marketing homes. In all that time, we've had the multiple listings services, the newspaper ads, open houses, yard signs and direct mailings. Recently, it's true, we added the Internet. But even that was an extension of what we were already advertising in the print media. Today, we're going to introduce something so new and revolutionary, it will change forever the way we do business. VRM seeks to bring buyers and sellers together by taking into account the seller's dream value, the true market value, and the buyer's wish value all at the same time."

McNamara, and his brokerage, First National — a network of 530 offices throughout Australia, originally developed VRM to bring buyers and sellers together in an objective, cooperative atmosphere, selling homes in less time with higher client satisfaction. It worked so well in Australia that The Prudential Real Estate Affiliates Inc., one of the fastest growing networks of Realtors in the United States, made an exclusive agreement with McNamara to bring the system to North America. Since its inception here in 1995, Prudential VRM has consistently demonstrated, in strong and slow markets, that VRM listings sell in an average of half the usual market time or better.

"Most Realtors do a comparative market analysis to come up with a good idea how much a home will sell for," McNamara said. "Much of the time, a home owner's hopes to actual-

ly get even more than that. But a buyer wants to get the home for much less. For example, let's say the comparative market analysis indicates a home should sell for about \$230,000. But the home owner was hoping to get \$249,000. Traditionally, a Realtor would do a listing presentation with the market analysis, and then the homeowner might agree to list the price for about \$239,000. The psychology of this was to build in a little negotiating room. If it didn't sell in a month, the Realtor would get the owner to drop the price again. But that often reflects badly on the home. And they didn't really take the buyer into account when setting the price. He was hoping to spend about \$210,000."

According to McNamara, there are two reasons why this doesn't work well. "First, today's buyers are pretty well informed, and they'll know if a home is overpriced. Then a lot of buyers tell their agents, 'Don't even show me a house that is more than I want to spend.' So the guy who won't look at a home above \$225,000 may never see the house we're talking about. But if he sees this house, he may fall in love with it."

Value Range Marketing takes all three prices, the seller's dream price, the Realtor's market price, and the buyer's wish price, and brings them together in a single range. The Prudential has developed 50 standard Value Ranges, based partly on statistics from the National Association of Realtors and also on the expertise of First National in Australia.

"Sellers understand this in about 15 minutes, and usually they are savvy

enough to pick the right range for their home," McNamara said. "For the home I just described, we'd use Value Range 17. And then we'd advertise that the owner would be willing to entertain offers from \$210,000 to \$250,000. The homeowner understands that offers may start at the low end of the range, but he or she believes this is preferable to having no offers. There's always room for negotiation. What we see happen again and again is that once someone makes an offer on a home, we will eventually arrive at a price that the seller and buyer are comfortable with." In some markets, such as Colorado Springs, Prudential sales associates report that 65 percent of the sellers actually get a little more than they expected to get on the sale of their home.

For more information about Prudential Value Range Marketing, call The Prudential New Jersey Realty office nearest you, or contact their corporate headquarters in East Brunswick at (800) 344-9624, Ext. 20. The Prudential New Jersey Realty has offices throughout Essex, Union, Morris, Monmouth, Middlesex and Hunterdon counties. With 1995 sales of \$630 million, and 1996 sales ahead of last year's to date, it is ranked in the top 1 percent of all real estate companies in the United States and one of the fastest growing in New Jersey.



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Weichert reports boom in home sales

Home sales are booming at the nation's largest individually owned real estate company. Weichert Realtors this week reported that sales are setting a record pace, with the sales volume to date a staggering \$1 billion ahead of last year at this time.

The unprecedented growth in sales volume occurred throughout Weichert's 200 office market area, which includes Connecticut, New York, New Jersey, Pennsylvania, Delaware, Maryland, Virginia and Washington, D.C.

In commenting on the record figures, James M. Weichert, president of the company, said the high volume was particularly gratifying as it comes on the heels of record 1995 sales. He credited the company's continuing emphasis on personal service and favorable economic conditions.

He stated, "With the economy sustaining its health and interest rates still at comparatively low levels, consumer confidence is at its highest level in six years. There's been good activity in the real estate market for some time now, and our salespeople have been able to capture larger shares of this increased buyer activity by vigorously pursuing the goal of providing the best service in real estate. We've put particular emphasis on our Open House program and the importance of personal follow-up. The robust sales we're now seeing validate those efforts."

Weichert Realtors sees the accelerated sales pace continuing through the fall, as the company anticipates shattering sales records again this year.

In 1995, Weichert Realtors recorded home sales of \$10.75 billion, an all-time company high.

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Lender, City, Phone	APP FEE	30 YR FIXED		15 YR FIXED		OTHER						
		RATE	PTS	RATE	PTS	RATE	PTS					
American Savings Bk, Bloomfld	201-748-3600	350	8.00	2.50	8.27	7.63	2.50	8.04	8.20	0.00	N/P	N
Axia Federal Savings	908-499-7200	350	7.75	3.00	8.07	7.13	3.00	7.62	6.50	1.00	8.21	M
Banco Popular FSB	800-491-2265	100	8.38	0.00	8.41	7.88	0.00	7.91	6.50	0.00	8.52	A
Capital Fin'l Corp, Bernardsville	800-224-4545	295	8.38	0.00	9.06	8.00	0.00	8.97	6.75	1.50	8.86	O
Columbia Savings Bk SLA, Lindn	800-962-4989	N/P	8.38	0.00	8.44	7.75	0.00	7.79	7.50	1.00	8.20	F
Commonwealth Savings	800-924-9091	0	8.50	0.00	8.50	8.00	0.00	8.00	5.63	0.00	8.20	I
Corestates Mortgage Services	800-999-3885	325	7.88	3.00	8.24	7.38	3.00	8.01	7.00	3.00	8.66	C
First DeWitt Bank, West Caldwell	800-537-0079	375	8.63	0.00	8.63	8.25	0.00	8.25	6.00	0.00	8.63	A
First Savings Bank SLA, Edison	908-225-4450	350	7.88	3.00	8.25	8.00	0.00	8.00	7.25	0.00	8.12	C
First Union Mortgage Corp.	800-332-6830	375	8.25	2.13	8.40	7.63	1.88	7.99	N/P	N/P	N/P	
Genesis Mortgage Services	800-304-5757	375	7.75	3.00	8.07	7.25	3.00	7.75	5.00	3.00	9.34	A
Gibraltar Savings Bank	201-372-1221	350	N/P	N/P	N/P	8.13	0.00	8.19	8.00	0.00	8.23	H
Hudson City Savings Bank	908-549-4949	375	8.50	0.00	8.53	7.88	0.00	7.92	7.38	0.00	8.05	C
Intercounty Mortgage Corp	800-811-4264	150	7.88	3.00	8.37	7.25	3.00	7.74	5.63	2.00	N/P	U
Ivy Mortgage Corp.	800-489-5363	325	7.75	3.00	8.31	7.38	3.00	7.92	4.75	3.00	8.57	A
Kentwood Financial Services	800-353-6896	150	8.25	0.00	8.35	7.88	0.00	8.00	7.13	3.00	7.55	R
National Future Mortgage	800-291-7900	N/P	7.25	3.00	7.57	6.75	3.00	6.99	5.38	0.00	5.52	A
New Century Mtge, E Brunswick	908-390-4800	375	8.00	1.50	8.16	7.63	1.50	7.88	5.00	1.50	5.14	A
Penn Federal Savings Bank	800-722-0351/469ad	8.63	0.00	8.65	7.88	0.00	7.92	7.38	0.00	8.12	C	
Premier Mortgage, Union	800-288-1762	350	7.75	3.00	8.12	7.50	2.50	7.51	4.75	2.50	6.95	A
Provident Savings Bank	800-448-7768	350	8.63	0.00	8.63	8.13	0.00	8.13	6.88	0.00	8.04	M
Pulse Savings Bank, South River	908-257-2400	350	8.38	0.00	8.38	8.00	0.00	8.00	6.50	0.00	8.40	A
Source One Mtge Svcs, Clark	800-870-4657	300	7.75	3.00	8.12	7.25	3.00	7.83	8.50	0.00	8.58	B
Sovereign Bank - New Jersey	908-810-9749	300g	7.75	3.00	8.10	7.25	3.00	7.79	7.62	0.00	7.64	E
Union Center Nat'l Bank, Union	908-688-9500	350	8.63	0.00	8.63	8.50	0.00	8.50	7.63	0.00	7.63	J
Valley National Bank, Wayne	800-522-4100	450	8.50	0.00	8.57	7.95	0.00	8.05	8.50	0.00	8.59	D
West Essex Bank, FSB	201-575-7080	350	8.38	0.00	8.38	8.00	0.00	8.00	7.75	0.00	8.14	F
World Savings Bank	908-302-9790	175	7.75	0.00	8.75	N/P	N/P	N/P	4.00	1.50	7.42	G

(A) 1 Yr Arm (B) 30 Yr Jum (C) 5/1 Arm (D) 30 Yr Biweekly (E) 30 Yr Fix, Mod Inc (F) 7/1 Arm (G) COFI Arm (H) 10/1 Arm (I) 1 Yr Jum (J) Home Program (K) 7/23 (L) 5 Yr Bal (M) 3/1 Arm (N) Eq Line (O) 3/3 Arm (P) 1% Down Fixed (Q) 5/5 Arm (R) 15 Yr Jumbo (S) 10/1/30 Arm (T) 7/30 Yr Balloon (U) 1/30 (a) includes appraisal, credit rep, flood cert (b) 150 app fee/5 yr Bal. (c) pts ref at closing (d) 75 day lock (f) app fee ref at closing (g) \$175 credit at closing

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Three leases garnered at Diamondhead

Jacobson, Goldfarb & Tanzman Associates, the Woodbridge-based commercial real estate firm, recently arranged three leases at the Diamondhead Building, located at 200 Sheffield St., in Mountainside. The announcement was made by JGT Principal Stanley Simon.

Negotiated by JGT Senior Vice President Paul Giannone, Vice President David Simon and Associate Robert Linzer, the office transactions include: the lease to Brian W. Cote and Maureen E. Cote, the lease to Internet Centers; and the lease to American Protective Services Inc.

A JGT exclusive, the three-story Diamondhead Building, which is owner occupied with on-site management, provides an array of amenities. It is situated in proximity to Newark International Airport, New York City and Routes 22, 24, 78, 287 and 9, the Garden State Parkway and the New Jersey Turnpike. In addition, the building's optimal location provides access to shopping, restaurants and other amenities.

Giannone, Simon and Linzer arranged for Brian W. Cote and Maureen E. Cote to lease general business and office space at the Diamondhead Building in Union County. JGT was the sole broker in the transaction.

"The Diamondhead Building provides an excellent location in a three-story, quality office facility," Linzer said. "In addition, the building offers a professional working environment for business executives."

The Linzer, Simon and Giannone team also arranged for Internet Centers to lease space in the Diamondhead Building. In this transaction, JGT was the sole broker.

"The 103,000 square foot office building provides an excellent parking ratio, an on-site New Jersey Transit bus stop and food service," Simon said.

"Unique to most office buildings, the Diamondhead Building also features operable windows," Linzer added.

Also in the Diamondhead Building, Linzer, Simon and Giannone arranged for American Protective Services Inc., a security company, to lease space. The firm also selected the Diamondhead Building because of its professional atmosphere and excellent location.

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SOUTH ORANGE, 2 bedrooms, parquet floors, living room with fireplace, dining room, den, eat-in kitchen. Off-street parking. Convenient NY commute. \$1200, 1 1/2 months security. 201-378-2075. Available October 1st or 15th.

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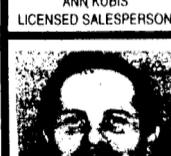
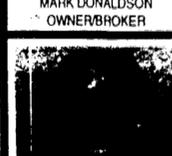
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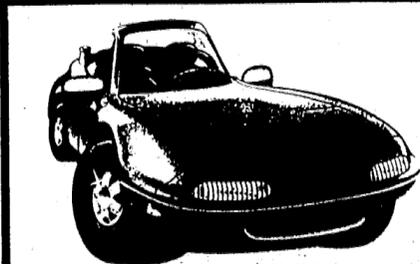
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