

# Mountainside Echo

"Your Best Source For Community Information"

MOUNTAINSIDE, N.J., VOL. 39 NO. 52

THURSDAY, OCTOBER 23, 1997

TWO SECT

609-272-1273  
KARPH CARVANO  
30 HULLER ST  
ELIZABETH NJ 07208

## Borough Highlights

### Taxes are due

Residents are reminded that quarterly property taxes are due Nov. 1.

### Wreaths for sale

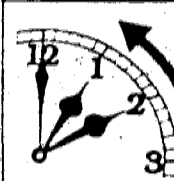
Cub Scout Pack 177 will sell Evergreen Products for their annual fundraiser.

This year the pack is offering garland and wreaths shipped to relatives and friends out of the area. A 22 inch balsam wreath with pine cones and a red velvet bow can be purchased for \$15. A 25 foot balsam garland can be had for \$18 or a wreath shipped via UPS for \$22.

To place an order, or for more information call 233-3647 or 232-9551.

### Fall back one hour

Turn clocks back one hour on Saturday night before retiring to bed in anticipation of a return to Eastern Standard Time.



### Library's book sale

The Friends of the Public Library will sponsor a book sale on Saturday from 10 a.m. to 5 p.m. and on Monday from 10 a.m. to 9 p.m.

Everyone with a paid Friends membership is welcome to the Preview Sale today, 7-9 p.m. Memberships may be purchased at the door. The Public Library is located at Constitution Plaza. For questions, call the library at 233-0115.

### Trip to New York City

The Womens Club of Mountainside is planning a trip to New York City on Nov. 5. The day in New York includes transportation by bus, lunch and a cabaret show. The cost for the entire day is \$45. For more information contact Vera Cocchia at 654-3061.

### Leaf collections

This fall, the Department of Public Works will collect only those leaves stored in paper biodegradable bags, which will be provided by the borough at 50 cents each in the DPW garage.

Bags are to be placed for curbside pick-up between Nov. 3 and Dec. 5.

Residents living on county roads will be serviced by the Union County DPW and will not have to use bags for leaf collection.

Bag Purchase Schedule: Oct. 18, 9 a.m. to noon; Oct. 23, 3:30 to 6:30 p.m.; Oct. 25, 9 a.m. to noon; and Nov. 1, 9 a.m. to noon.

### Fundraising effort

Mountainside Lions Club is raising funds by selling the 1998 Entertainment Book.

Each book contains hundreds of two-for-one discounts for fine dining, family dining, fast food, movies, sports activities, special attractions and hotels, 50 percent savings on almost everything. The book is being sold by the Lions Club for \$30 and a portion of the proceeds from the sale of each book will help fund a worthy cause. To order an Entertainment Book, contact Jerry Kamen of the Lions Club at (908) 687-9120, days, 277-1953, evenings.

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## Highlanders' big victory



Photo by Milton Mills

The Governor Livingston High School football team improved to 3-1 by beating undefeated Roselle 19-0 Saturday in Roselle. The Highlanders were sparked by the play of borough resident Bill Stolling, No. 81, and ball-carrier Jeff Smith, who scored two touchdowns. See additional coverage on Page 11.

## Dems again say council should televise meetings

By Jim Foglio  
Staff Writer

Last year, Democratic candidate Michael Krasner proposed using the local cable channel to create public interest in the '96 election. The matter again has surfaced in this year's race, as the Democrats seek to follow the examples of surrounding communities.

The practice of using television to make the council meetings public, especially around election time, is used by many communities, including Scotch Plains, Westfield, Union and Summit. But the implications such a program might have on Mountainside remain uncertain.

When Krasner sought action on this issue, he was met by negative responses. In the Oct. 17, 1996 edition of the Echo, Krasner quoted a borough official saying "the station should not be used for political gain." He also wrote that the Republicans had a fear of setting a precedent for future political use, a concern that there was no local unbiased sponsor, and not enough facilities or volunteers to implement such a program. These

responses have all been documented by the GOP. But regardless, Mayor Bob Vigilanti said that he agreed, in January, to establish a committee regarding such a program.

Krasner said this committee is nowhere to be found, and the council members will put off the issue until the election is over. A process very similar to last year, he also said.

Krasner continued, "Our local television is underutilized and doesn't cover the election campaign. Our cable company permits it. They don't want to do it because they have everything to lose and nothing to gain. And again, with an all-Republican council, why should they budge?"

Vigilanti said there is little interest in watching these meetings. "We will put something together if the voters are interested," he added. "The response I received from a recent survey taken was extremely minimal."

Bill Van Bloncom, chairman of the Republican Committee to elect incumbents Ron Romak and Tom Perotta, took a different angle: "There is enough harassment that goes on at

the public council meetings as it is," he said.

When asked about the potential local televising, Perotta said "I have no problem with them taping it. If we can get volunteers, I'm all for it. I just wouldn't want it to cost residents extra money, though."

Since the availability of volunteers has been a concern of the GOP, Krasner said that he volunteered himself to tape the meetings. "I was called once, but after that they never called me again."

Vigilanti responded by saying, "Krasner volunteered and then he quit. He said he had too much to do. All these particular Democratic candidates have to offer is bitterness. I know many Democrats that agree with the Democratic philosophy, and are fine. But all these candidates do is complain — and complain about things that do not hold water."

The Comcast Cable Network said such programs would be "within contract." It could prove to be a determining factor in the November election, but the public must show an interest in such a program.

## Mabel Young Award presented to Hoffert

By Jim Foglio  
Staff Writer

On Tuesday evening, at the regular session of the Mountainside Borough Council, two ordinances were passed regarding violations of land use laws. But the meeting was dominated by a presentation honoring a Mountainside resident. Instead of discussing politics, renovations or new ordinances, most of the crowd came specifically to watch the presentation of an award to a borough resident.

At the beginning of the meeting, nearly 100 residents watched as Helen Hoffert was honored as the 1997 recipient of the Mabel Young Good Neighbor Award. The award is given each year for a person who has done extensive volunteer work in the community.

William Biunno who made the presentation, called Hoffert "a person who has given her time and talents and love in unassuming ways, seeking no acclaim or recognition." Sandra Burdage of the Recreation Department said Hoffert made Mountainside a better place to live.

An emotional Hoffert accepted the award and saying simply, "I'm stunned, and very, deeply touched."

After the presentation nearly all of the audience filtered out, a disappearance that was anticipated by Mayor Vigilanti. "I know you all are going to run out now," he said.

The first ordinance discussed in the meeting amended Article 12, Section 1205, of the borough land use ordinance, and increased the penalties for owners of buildings that violate state codes.

Any person employed in connection with a violating structure, such as a contractor or real estate agent, also is liable under the new amendment. The amendment includes penalties for owners of properties that could be labeled as uninhabitable, and could carry a fine of \$1,000 or a prison term of 90 days.

An ordinance was also passed that prohibits the depositing of waste materials into storm drains. The amendment specifically targets landscapers and homeowners who, according to several council members, have negligently deposited leaves, grass, garbage and other debris down storm drains into the borough's storm water sewer system.

Persons violating this provision will be fined between \$250 and \$1000 for a first offense, and a fine between \$1,000 and \$2,000 for each subsequent offense.

## Miller-Cory fest draws residents

By Jim Foglio  
Staff Writer

The Miller-Cory House Museum held their 20th annual Fall Festival on Sunday.

Each year, the free event typically features classic autumn traditions, emphasizing those popular in colonial times. The audience was filled with excited children, who got to learn about history and partake in a variety of fun activities.

The festival began at noon and estimated attendance was between 275 and 300 people. The entertainment included specialized crafts, including colonial spinners and weavers, a rug-hooker, and many simple crafts for children to perform.

There was also the second annual scarecrow contest, where children and adults from primarily Westfield and Mountainside, got to show off their creativity and Halloween spirit when designing scarecrows.

The festival also featured a bake sale where delicious homemade pies and cupcakes were displayed. Refreshments, including fresh apple cider were also available. Many of the goods were provided by parents and sponsors to the museum.

Museum Services Coordinator, Joan Barna, described the Miller-Cory as a "farm house with a 1740-1820 time period as a model." She said, "We have two bedrooms and a kitchen, and other features that are modeled after a home in the colonial period." The museum offered costume guided tours through the house, in addition to the special craft demonstrations.

Museum employees dress in traditional colonial clothes and wear wigs modeled in eighteenth century fashion. Their knowledge of colonial history is quite accurate, and they amazed not only the children, but some adults. "The setting was so realistic, and the tailoring was extremely accurate," said Charles Goodman, a history buff from Westfield. "It really had the feel of colonial America."

## Borough is home to change in elder care

By Jim Foglio  
Staff Writer

Brighton Gardens is a residential community in Mountainside that offers assisted living for senior citizens. Although they have a special five-step program for people with Alzheimer's disease, they do not limit their enrollment to those with memory loss problems. What makes their community unique is that they offer a

social atmosphere where residents can interact and perform tasks according to their abilities.

Assisted living is a middle ground between conventional housing and nursing homes. The program is based on a social model for residents, rather than a more obsolete institutional one, and attempts to provide different levels of care for Alzheimer's patients as well as for patients with very little

or no memory loss. The Marriott-owned facility has over 100 suites and tries to provide a social atmosphere for its residents.

Michael and Audrey Goldman, formerly of Bricktown, shared their views on their new home.

"The staff and service is so nice. It's like they've known us for years. I once accidentally pressed one of the alarm buttons and within 10 seconds

people were knocking at my door. They really go all out, you can't find a better place — and the women are sexy," said a surprisingly witty Mr. Goldman, 91.

Mrs. Goldman, 88, who seemed unperturbed by her husband's flirting, said "There is such beautiful scenery here, and the entertainment. Oh, the entertainment. I get up and dance all the time. They dance with me." Mrs.

Goldman, who used to be a ballroom dancer herself, mentioned that the best things about assisted living, in contrast to living on her own, are that she has her meals on time and does not have to do everything for herself.

"When we were living in Greenbrae we had so much to do, but there were always accidents. We were just physically unable to handle it," Mrs. Goldman said.

## Newcomers take a walk to fund cancer research

By Jim Foglio  
Staff Writer

The Newcomers Club of Mountainside took part in "Making Strides Against Breast Cancer," on Sunday.

The five mile walk was sponsored by the American Cancer Society, with the national Breast Cancer Awareness Month of October. The program was held to increase funding for research and treatments of breast cancer. A goal of the program was also to increase awareness in order to detect early and prevent the perils of breast cancer. The walk was held in Liberty State Park in Jersey City, and was one of 11 sites that held walks on Sunday. The Newcomers Club was con-

tacted by the American Cancer Society because they "are a women's organization with relevant interests," said Doreen Lane, Ways and Means Chairperson for the club. Therefore, they sent out notice to their 96 members and received a very convincing response.

The walk consisted of a 5 mile course in the park and over 5,000 participants were involved. Nearly half of the Mountainside club's members were scheduled to attend. This was the first walk in which the Newcomers Club took part.

Every participant pledged a choice amount of money to the cause, according to Lane. The Newcomers

Club members walked individually, rather than as a group. This promoted a more socially integrated atmosphere. "We are all in this together," said an American Cancer Society spokesperson from the American Cancer Society state headquarters in Elizabeth who wished for her name to be withheld. "Cancer affects everyone, we all must stand united." No donation was too small, yet according to Lane, several major corporations took part in the event.

The American Cancer Society has funded more than 103 million dollars in aid to breast cancer since 1972. They currently sponsor 117 grants, of which amount to 22 million dollars,

aiding in research and treatment of breast cancer to women of all ages. The group maintains, "Rain or Shine, we will walk to fight breast cancer."

The organization sponsored ten other "Making Strides" events. Other walks were held in Madison, Point Pleasant, Flemington, Pennsauken, Hammonton, Mount Lake, Ocean City, Plainsboro, Pennsville, and Titusville. The site of Liberty State Park was chosen because it was created for the bicentennial in 1976. "Such a historically significant landmark should symbolize what we are trying to create today with the walk against breast cancer," said the spokesperson.

The Mountainside Newcomers Club is a "social club for new members of the community, or members that have experienced a change in lifestyle and need support," said Lane.

The Newcomers Club of Mountainside sponsors a "Ladies Night Out" each month, and take part in other charitable events as well. They are sponsoring a Holiday Banquet on Nov. 19 at 6 p.m. at L'Affaire Restaurant. Attendance in any of their functions is not restricted to females or members of the club.

Any inquiries about how to help fight breast cancer should be directed to the New Jersey Division of the American Cancer Society at (973) 331-9300.

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How to reach us:

Our offices are located at 1291 Stuyvesant Avenue, Union, N.J. 07083. We are open from 9 a.m. to 5 p.m. every weekday. Call us at one of the telephone numbers listed below.

Voice Mail:

Our main phone number 908-686-7700 is equipped with a voice mail system to better serve our customers. During regular business hours, a receptionist will answer your call. During the evening or when the office is closed, your call will be answered by an automated receptionist.

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News items:

News releases of general interest must be in our office by Friday at noon to be considered for publication the following week. Pictures must be black and white glossy prints. For further information or to report a breaking news story, call 908-686-7700 and ask for Editorial.

Letters to the editor:

The Leader and Echo provide an open forum for opinions and welcome letters to the editor. Letters should be typed double spaced, must be signed, and should be accompanied by an address and day time phone number for verification. Letters and columns must be in our office by 9 a.m. Monday to be considered for publication that week. They are subject to editing for length and clarity.

e-mail:

The Leader and Echo accept opinion pieces by e-mail. Our address is WCN22@localsource.com. e-mail must be received by 9 a.m. Monday to be considered for publication that week. Advertising and news releases will not be accepted by e-mail.

To place a display ad:

Display advertising for placement in the general news section of the Leader and Echo must be in our office by Monday at 5 p.m. for publication that week. Advertising for placement in the B section must be in our office by Monday at noon. An advertising representative will gladly assist you in preparing your message. Call 908-686-7700 for an appointment. Ask for the display advertising department.

To place a classified ad:

The Leader and Echo have a large, well read classified advertising section. Advertisements must be in our office by Tuesday at 3 p.m. for publication that week. All classified ads are payable in advance. We accept VISA and Mastercard. A classified representative will gladly assist you in preparing your message. Please stop by our office during regular business hours or call 1-800-564-8911, Monday to Friday from 9 a.m. to 5 p.m.

Facsimile transmission:

The Leader and Echo are equipped to accept your ads, releases, etc. by Fax. Our Fax lines are open 24 hours a day. For classified, please dial 201-763-2557. For all other transmissions please dial 908-686-4169.

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The SPRINGFIELD LEADER (USPS 512-720) is published weekly by Worrall Community Newspapers, Inc., 1291 Stuyvesant Avenue, Union N.J. 07083. Mail subscriptions \$22.00 per year in Union County, 50 cents per copy, non-refundable. Second class postage paid at Union, N.J. and additional mailing office.

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RELIGION

Sunday lecture

Temple Sha'arey Shalom's Scholar-in-Residence Committee will present a Sunday brunch and lecture Sunday at 10 a.m. Author Jenna Weissman Joselit will speak on the topic, "From Slum to Shrine: The Lower East Side and the Jews." Admission is \$18 per person, with advance reservations required by Monday.

From more than a century, the Lower East Side has captivated the American Jewish imagination. Some have called it the "Jewish Plymouth Rock," others have labeled it "America's Great Ghetto" and still others have referred to it as a "Nursery School of Crime."

In her lecture, Joselit takes a look at the myths and realities of Jewish immigrant life in New York.

Jenna Weissman Joselit is a nationally acclaimed historian and author who has lectured and written widely on American Jewish culture and history.

Her publications include "The Wonders of America," which won the National Jewish Book Award in History in 1995 and "Our Gang," a volume hailed by the New York Times for its insights into the Jewish immigrant experience. She was educated at Barnard College and Columbia University, from which she received her Ph.D. in history.

The brunch and lecture is open to

the public. For additional information, call (973) 379-5387. To mail reservations, make checks payable to Temple Sha'arey Shalom, and send to 78 So. Springfield Ave., Springfield, NJ 07081.

Craft show and sale

Saint James the Apostle Roman Catholic Church in Springfield, will have its first holiday craft show Saturday from 9 a.m. to 4 p.m.

Hand-crafted items including ceramics, folk art, knit sweaters, gift baskets, and jewelry will be sold. Lunch and snacks will be available.

Lecture series starts

Two Springfield residents are helping the Jewish Cultural Society present a five-part adult course titled "Jews of Italy" beginning tonight at 7:30 p.m.

Milt Zisman is the coordinator for this course which will be held at the event "Ethical" Culture building in Maplewood. Interested non-member participants may sign up for the whole series for \$35 or pay \$8 for each individual session attended; members pay \$30 or \$7.

Salo will discuss the "Origin of Italian Jewry" particularly the life and writings of Josephus Flavius. On Nov. 6 the topic is "Jews in Medieval Italy" about the establishment of the ghettos in Venice and Rome and Jewish cultural life.

COMMUNITY CALENDAR

The Community Calendar is prepared by the Springfield Leader and Mountainside Echo to inform residents of various community activities and government meetings. To give your community events the publicity they deserve, mail your schedule to P.O. Box 3109, Union, 07083.

Tomorrow

The Springfield Public Library will hold its annual book sale tomorrow and Saturday from 10 a.m. to 4:30 p.m. in the Donald Palmer Museum at the library, 66 Mountain Ave.

Saturday

The Friends of the Mountainside Library will hold its annual book sale Saturday through Tuesday. The Mountainside Public Library is located at Constitution Plaza in Mountainside. For more information, call 233-0115.

The James Caldwell School will hold its second annual Fall Festival from 11 to 4 p.m. The festival will feature games prizes, pumpkin decorating, pony rides, and plenty of food and Halloween treats.

There is no admission fee for this day of old-fashioned family fun. The festival will be held at the Caldwell playground on Caldwell place in Springfield, rain or shine.

For further information please contact Lynn Cozzi at 201-379-2824.

Sunday

A tour of the Deserted Village in the Watchung Reservation will be conducted by Dan Bernier, chief of the Bureau of Park Operations, who is coordinating the county's program to restore the village's 10 buildings and 130 acres.

The county will present a tour of the village at 2 p.m. as part of Trailside Nature and Science Center's regular Sunday family program schedule.

Oct. 30

A second tour of the Deserted Village in the Watchung Reservation will be conducted by Dan Bernier,

chief of the Bureau of Park Operations. At 7:30 p.m., a candlelight tour will be held, lending a Halloween atmosphere to the history lesson.

Nov. 1

The Mountainside Board of Health will conduct a health screening from 9 to 11 a.m. at the Mountainside Borough Hall, 1385 Route 22 East, Mountainside. The screening is open to residents of Mountainside and Springfield.

The health screening will offer an extensive blood screening including a complete blood count and tests for blood cholesterol levels.

Anyone taking the blood test must fast 12 hours prior, with the exception of drinking water.

Pre-registration for the blood test is mandatory and will be conducted by the Westfield Health Department, 425 East Broad St., Westfield. The registration deadline is Oct. 30. All fees must be paid at the time of registration.

Nov. 2

The Summit Symphony will present a concert at 3 p.m. at Summit High School, featuring the music of Wagner, Brahms and Dvorak.

The featured soloist will be Boris Strulev performing Dvorak's "Concerto for Cello in B Minor." Under the direction of James Sadewhite, the orchestra also will perform the "Introduction to Act III of the Opera 'Lohengrin'" by Wagner, and Brahms' "Symphony No. 3 in F Major." Admission is free.

Nov. 5

The Womens Club of Mountainside will travel to New York City. The day includes transportation by bus, lunch and a cabaret show. The cost is \$45. For more information contact Vera Cocchia at 654-3061.

Nov. 10

The Springfield Firemen's Mutual Benevolent Association local 57, will hold its third annual charity and fundraising golf tournament at Baltusrol on Nov. 10.

UCUA wins 2nd consecutive Golden Award

For the second year in a row, the Solid Waste Association of North America has named the Union County Utilities Authority and Ogden/Martin Systems the winner of its "Golden Award For Excellence."

The award was presented at the 35th Annual International Solid Waste Exposition of SWANA, the world's largest solid waste management association comprised of 6,000 members in 50 states.

Two Springfield residents help run the utilities authority: Bill Ruocco serves on its board of commissioners

and Harry Pappas is the deputy executive director.

The SWANA award measures a wide variety of technical and administrative categories including general operations, regulatory compliance, emissions, siting process, ash testing, pollution control, sizing and technology of facility design, permitting pro-

cess, ambient monitoring, environmental assessment, facility integration with overall solid waste system, public information, and operational safety and training.

UCUA Chairman John Kulish said that receipt of the award for the second consecutive year confirms what the Authority has felt about the effectiveness of its operations. "It's very reassuring," said Kulish, "to be iden-

tified by the industry's national experts as the best in the business, especially when that identification has been made for two years running."

The SWANA designation is among a number of industry awards received by the Rahway-based facility. Last year, it was the recipient of the Society of Mechanical Engineers' "Facility Recognition Award for Combustion Process."

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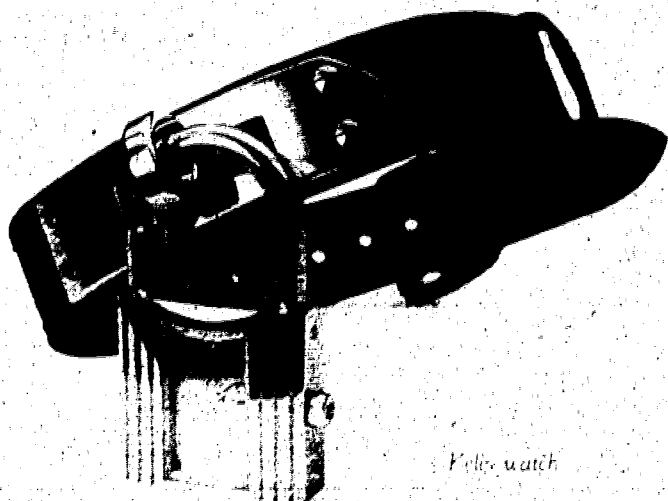
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IRVINGTON: 34 Union Avenue

1331 Springfield Avenue

LIVINGSTON: 453 South Livingston Avenue

271 East Northfield Road

LONG BRANCH:

163 Broadway

MADISON: 15 Waverly Place

MILLBURN: 243 Millburn Avenue

NAVESINK: Highway 35 and Valley Creek

PLAINFIELD: 130 Watchung Avenue

SHORT HILLS: The Mall Upper Level

173 Mountain Avenue

Mountain and Morris Avenues

SPRING LAKE HEIGHTS: Highway 71 and Warren Avenue

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LIFESTYLE

HAPPY BIRTHDAY

Caroline Murphy



Caroline Murphy turned 5 years old on Sept. 24. She celebrated with friends and family, including her mom, dad, sister Katie and brother Jonathan.



Gregory Berman and Shari Schwartz



Lauren Saft and Andrew Berman

Saft to wed Berman

Phyllis and Arthur Saft, of Dresher, Pa., have announced the engagement of their daughter, Lauren Stacey, to Neil Andrew Berman, son of Caren Berman of Springfield and the late Ronald Berman.

Saft earned a bachelor of arts degree in business administration from American University. She is employed as a senior talent coordinator at SW Networks in New York City.

Berman, a CPA, earned a bachelor of arts degree in accounting from George Washington University and is employed as a senior derivatives accountant at Sanwa Financial Products in New York City.

A May 1998 wedding is planned.

CLUBS IN THE NEWS

Fall recreation programs

The Mountainside Recreation Commission is accepting registration for fall programs.

Fun 'n' Fitness will meet at 7 p.m., Tuesdays and Thursdays at Deerfield School. Instructor Kathy Barbella will offer low-impact aerobics combined with a step class for the next five weeks. A health waiver and registration form must be completed by each participant prior to the class. Cost is \$36.

Start Smart, a sports readiness program for children ages 3 to 5 with an adult, is offered on Tuesdays, from 6 to 7 p.m. at Deerfield School. Start Smart helps parents instruct their children on how to properly develop the basic motor skills necessary for sports participation. The cost is \$35. Pre-registration is required.

The annual Fall battling clinic will

be led by instructor Lew Satulsky. The clinic will be held Saturday, from 4:30 to 6 p.m. for boys and girls ages 8 to 12. Registration fee is \$7 a person.

Registration for all programs can be made at the Mountainside Recreation Commission office in Borough Hall. Call (908) 232-0015 for more information.

Schwartz to wed Berman

Harriette and Alan Schwartz, of Southampton, Pa., have announced the engagement of their daughter, Shari Michelle, to Gregory Adam Berman, son of Caren Berman of Springfield and the late Ronald Berman.

Schwartz, a graduate of Penn State University, earned a bachelor of arts degree in early education, and is a teacher.

Berman, also a graduate of Penn State, earned a bachelor of science degree in actuarial science and works for Metropolitan Life Insurance in Bridgewater. A July 1998 wedding is planned.

B'nai B'rith fundraiser conducted

B'nai B'rith of Springfield and the Mountainside Lion's Club are raising funds by selling the Entertainment Book. Each book contains hundreds of two-for-one discounts for fine dining, family dining, fast food, movies, sports activities, special attractions and hotels. Save 50 percent on almost everything. Price \$30.

To order an Entertainment Book, contact Jerry Kamen at 687-9120 days or 277-1953 evenings. Orders with check enclosed can be mailed to Day Drive-in Cleaners, 2824 Morris Ave., Union, N.J. 07083.

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Attorneys

**Christopher Luongo, Esq.**  
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# COMMUNITY FORUM

## Breakthrough

There was a candlelight vigil held recently in Elizabeth in memory of the women in Union County who have lost their lives through domestic violence. Rev. Edna Dismus of the Roselle Methodist Church spoke, and candles were placed on the steps of the YWCA next to placards bearing the names of towns like Roselle and Hillside for the victims of domestic violence.

We applaud the gesture because it helps to publicize the single most common cause of injury to women in this country today.

That vigil was a wake up call to all the residents of New Jersey and the rest of the country as well.

More women will be hurt by the men with whom they live than in auto accidents, muggings and rapes combined. The idea of a man using his hands, fists and feet as a weapon has been practiced for too many centuries among reputedly civilized societies.

Until 100 years ago, wife beating was acceptable and legal. It was an all too common crime that occurred behind closed doors in the very best and worst of communities. The common denominators were silence about the abuse and protection of the abuser.

Domestic violence is not limited to any geographic area, income level, ethnic background, religious affiliation, educational level or genetic code. The wife of the CEO who cancels on a fundraiser at the last minute, the mother at the PTA meeting who keeps her sunglasses on, and the waitress with extra thick hosiery to hide her leg bruises all share the horror of being abused by their spouse.

Between 1959 and 1975, 58,000 American soldiers were killed in Vietnam. During that same period, 51,000 American women were murdered by their male partners.

There were orchestrated protests staged every other week during the latter stages of the Vietnam era, but it wasn't until 1970 that the first shelter was created for women who were beaten and hated.

Historically, the perception that "she must deserve it or even like it" was a commonly held belief among family and community members when the acknowledged abuse was made public knowledge. If not, why didn't she leave? A good strong stick to beat the wife with was included among the wedding gifts in some cultures.

Even now, in the United States, a woman is battered every 15 seconds. By the time the average reader finishes this editorial, five women will have been forced to beg for mercy from the man they live with, forced to plead not to be hurt by the man who professes his love in apologetic tones after the blows have landed, forced to submit to embraces that make them cringe with fear, forced to engage in physical relationships because they are afraid not to.

Here are some thought provoking statistics:

- Each year, at least 4,000 women die as a result of domestic violence.
- The FBI reports that one out of two females will be physically abused by the males with whom they live.
- Violence will occur at least once in two-thirds of all marriages.
- Nationally, approximately 35 percent of women who use hospital emergency services are abused women.
- In the United States, 1,400 women die each year because of domestic violence.
- In New Jersey, the most frequent day of domestic violence occurrences is Sunday, and the most frequent hours of abuse are between 8 p.m. and midnight.
- In 1995, police reported 86,631 cases of domestic violence in New Jersey, more than half of which resulted in personal injury.
- One act of domestic violence occurs every 10 minutes and 14 seconds in New Jersey.

Unfortunately, victims of domestic violence under-report the incidences of assault that take place. The above statistics are only the documented cases. Now think of the related deaths that are not attributed like heart attacks, hypertension-related strokes, and the fact that battering is the cause of one of every four suicide attempts by women. Someone in your family, your sister or neighbor may be a victim.

Say what you will about O.J. Simpson, but his despicable treatment of his murdered wife Nicole raised the consciousness of a nation that for too long has turned its back on the female citizens who needed help to escape lethal environments.

Holding candles in the wind offers some hope to the women of Union County that their suffering is no longer being ignored.

*"The freedom of speech and the freedom of the press have not been granted to the people in order that they may say the things which please, but [that they have] the right to say the things which displease."*

—Samuel Gompers  
labor leader  
1908



A BOARD OF EDUCATION — Shown above are Deerfield kindergarteners Elizabeth Oberer, Gerard Fenn, Paul Mirabelli, Angelo Fiorenza, and Michael Miller working together on a number board.

### Tom Ryan

I would like our township to offer the very best it can to all residents. I believe that Springfield must be fully prepared to keep taxes stable as we move into the 21st century.

My professional and academic background is in finance, with an MBA in finance from Rutgers University and a bachelor's in business administration from the University of Hartford, School of Business. I feel this background well positions me to provide leadership in developing fair tax policies, which the current leadership has neglected to do.

The tax rate in Springfield needs a deep review and our local government needs to look to the future to reduce taxes that have caused many to leave our community.

I fully support Committeeman Ruocco's stand on the proposed lease agreement on the Union County Utilities Authority, which will save Springfield \$375,000 dollars in the first year. That money must go back as property tax relief.

Discrimination, harassment and lack of respect for diversity will come to an end if I'm elected.

The infighting in our Police Department is unacceptable and can be resolved through educating our police leadership to communicate more efficiently.

I agree on having the State of New Jersey, Department of Treasury conduct a no cost audit of Springfield's local government and the Attorney General's office to look into the management of our Police Department. In



Tom Ryan  
Republican challenger

a blink of an eye, our high priced labor attorney will be discharged along with our current town attorney, who is working with a land owner on low income housing seeking higher profit margins.

Furthermore, I would like to see that any attempt to push out our invaluable Township Clerk Helen Keyworth is stopped.

I am also against the current plan on low income housing, which if accepted in its current form will hurt many of our residents.

I ask for your vote on Nov. 4 as a member of Springfield's Township Committee.

Tom Ryan is a Republican challenger seeking election to Springfield's Township Committee.

### Roy Hirschfeld

Greg Clarke and I are running for election again this year because we care deeply about Springfield and the quality of life in our town. We have spent the last three years keeping promises to residents and creating a spirit of cooperation to get the local government moving. We hope to continue the progress and the changes we have made to bring Springfield into the 21st century.

First, I would like to update you on how this administration is using your tax dollars. A vicious cycle of tax increases was the norm in the past. We stopped this process by delivering the lowest municipal tax increase in years. The municipal portion of the tax bill increased three points, to cover wage requirements and needed services. This year we took a tough stand to stop the main reason for large tax increases — controlling costs on wages, benefits, and programs.

Let's now take a look at a few departments where dollars were, for once, correctly spent. We totally reorganized the recreation department, including personnel management and summer programs. Children had two summer camps, one at the pool and the other at the Chisholm School.

The Chisholm School is finally going through conversion to become a real Community Center. We are working out a deal with the Summit YMCA to rent out part of the new facility to cover the costs of the construction bond interest.

You will notice the safety and protection of our streets has improved



Roy Hirschfeld  
Incumbent Democrat

with our top notch fire and police staff. We have purchased new state of the art fire equipment and engines and new police cruisers. You will also notice a strong effort to stop speeding in the Morris Avenue business district, on Shunpike Road and on Mountain Avenue.

There are many, many more new and exciting activities and ideas that Greg and I hope to bring to the town if re-elected. The most important idea for the future is for all of us to continue working together to enjoy our family lives, to continue government working for the people, and to enhance the sense of caring in the community. I hope you will consider voting for Greg and I in November.

Roy Hirschfeld is an incumbent Democrat seeking re-election to Springfield's Township Committee.

### Greg Clarke

When Roy Hirschfeld and I ran for the Township Committee three years ago, we use the slogan, "Cooperation, not Conflict." We were both appalled at the previous decade of petty politics, rancor and divisiveness which had beclouded the functioning of our local government and directed focus from the energy of our governing body away from the legitimate goal of serving the needs of the community.

Since our participation on the Township Committee, many citizens have remarked on the positive changes that have taken place in the governing environment.

By keeping our campaign promise of "Cooperation, not Conflict," we have begun to see progress. Obvious things such as pride in our town, long neglected, have resurfaced. Things as simple as flying of the American flag around town on patriotic holidays, placing containers of flowers and planting trees around town, and creating an "adopt a spot" program to clean up forgotten corners of our community, have actually been achieved. In the very near future, we will have a town sign in front of the municipal building communicating messages to passers-by in our community. We have begun dialogue with the county on maintaining our county parks. Our town parks have been refurbished with new, safer play equipment.

We have achieved a consensus on the use of the Chisholm School building for a recreation center and should be breaking ground on reconstruction



Greg Clarke  
Incumbent Democrat

by the end of the month. We have wrestled with the bear of the Mt. Laurel affordable housing court mandate after years of avoidance, which in the long run has proven harmful to the town's interests. We have been able to get some movement in the Marion Avenue water table problem with legislation introduced in the state Assembly.

I would like to continue a hands-on, go-see approach to a variety of issues, while at the same time keeping in mind my fundamental goal of keeping town government lean and responsive to the times.

Greg Clarke is an incumbent Democrat seeking re-election to Springfield's Township Committee.

### Kevin Scholla

The major issue in Springfield is taxes. We pay one of the highest tax rates in Union County. According to the *Star-Ledger*, we have the fourth-highest tax rate in the state for the years 1993-96. This is due to a major lack of leadership on our governing body, who have no vision or plan for the future. I believe that we should review government spending.

First, let us remove our high-priced labor attorney and get back to dealing directly with our township employees. Second, I will ask that the State Department of Treasury and the Attorney General's office conduct an audit of Springfield's government. This service is supplied by the state at no charge to the community. The audit reviews every aspect of local government and suggests savings, changes or new purchasing or spending policies. Third, I fully support the lease agreement being worked out by the Union County Utilities Authority, of which Committeeman Bill Ruocco is a commissioner. When signed, Springfield will save about \$372,000 and I will ask that the savings made be



Kevin Scholla  
Republican challenger

used for property tax reduction and nothing else.

I ask for Springfield's support on these issues. A vote for me is a vote for this program.

Kevin Scholla is a Republican challenger seeking election to Springfield's Township Committee.

## Wanted: local columnists

The *Leader* and *Echo* are searching for local columnists to write for the Community Forum Page.

Prospective writers will contribute monthly, or more frequently if so desired. Columnists will write of local issues, current events or just a day in the life; your goal will be to inform, entertain and engage the reader. No politicians, please.

Anyone willing to try should call Regional Editor Jay Hochberg at (908) 686-7700 ext. 328 during business hours.

### Springfield Leader

Published Weekly Since 1929

### Mountainside Echo

Published Weekly Since 1958

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## VIEW POINT

### QUESTION OF THE WEEK

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#7557 - NO

### LAST WEEK'S RESULTS

Should the state play a bigger role in your family?

YES — 2%  
NO — 98%

# CANDIDATES

## Michael Krasner



Michael Krasner  
Democrat challenger

For the second year in a row I am a Democratic candidate for the Mountainside Borough Council. In a town where registered Democrats are heavily outnumbered by registered Republicans, I received over 1,300 votes last November. More than half of these votes came from Independents and Republicans. This tells me a significant number of voters are dissatisfied with the status quo and want change.

My running mate, Steve Brociner, and I are conducting a door-to-door campaign. This is a first for Mountainside candidates and Mountainside voters, both of whom are unaccustomed to meeting one-on-one to discuss the issues.

What we have discovered is that the voters support our reasons for seeking office. They agree that the time has come to put a Democrat on the council, that the current administration is complacent and arrogant, and that a council member not linked through party connections to every other party member is what Mountainside needs.

For reasons best known to them, the current governing body is determined to keep voters in the dark. They still refuse to use our local cable television station to cover their monthly meetings. They refuse to use the sta-

tion in any way to cover the local election. Our Republican opponents refused our offer to participate in a candidates night sponsored by the Area League of Women Voters. The council refused to allow voters to decide whether or not they wanted to participate in an annual clean-up day.

Last spring when the dissolution of the regional high school system was accomplished, Mountainside home

owners were promised substantial tax savings. The council members said they were "shocked" to discover that the accounting procedures which they authorized to make payments to the Union County Regional School District had created a budget shortfall of \$1.7 million in back taxes, which ultimately required the depletion of our borough reserves to pay off.

What a disgraceful example of fiscal irresponsibility. If we can't rely on our elected officials to oversee the proper management of our tax revenues, what good are they? Who was minding the store?

There are other fiscal management issues which cry out for review such as garbage collection, the purchase of public works vehicles and equipment, fair tax revenues from major new development projects such as the Sony Theater and Marriott senior care facility, and the adequate use of state funding for infrastructure improvements.

The point is that with no dissenting voice on the council, it's always business as usual. The council members march in lock step with the mayor, and the interest of the citizens are lost in the shuffle.

We should let in a little light and elect two new voices to breathe some life and energy into the political process.

These issues may strike some voters as commonplace, but they are part of the municipal life of surrounding communities. These Republican "refusals" only strengthen my conviction that the council's complacency serves its own interests and not those of the voters.

Finally there was the promise of tax relief resulting from the dissolution of the regional school district? When will that happen? This year? Next year? After the millennium? Never? The payment of \$1.7 million in taxes to the Union County Regional School District last June 30 came as a surprise to our municipal officials! If they were surprised by this unanticipated event, imagine the reaction of local taxpayers who were led by them to expect substantial savings on their 1997-98 tax bill.

I think Mountainside voters deserve better. Those 1,300 Democrats, Independents, and Republicans who voted for me last November, as well as all the other discontented residents, deserve new representation on the council to create a vital and more effective municipal government. That is what I promise.

Michael Krasner is a Democrat seeking election to Mountainside's Borough Council.

## Steve Brociner



Steve Brociner  
Democrat challenger

It's time to open the town of Mountainside to a real discussion of our concerns. A Democrat has never been elected to office in the history of the borough. This has created a smug, closed-door attitude on the part of our officials and apathy from our residents. We need a change and that's why I am a candidate for Borough Council.

The one-party rule in Mountainside has bred a shocking arrogance among the mayor and council members. For example, after the proposed multi-million dollar renovation of Borough Hall went down in a resounding defeat by a vote of more than 2-1 in a 1993 public referendum, the administration went ahead and authorized that the project go ahead as planned. In fact, the actual construction costs exceeded the budgeted amount.

Although the mayor always says he wishes more citizens would attend Borough Council meetings, he has repeatedly quashed efforts to use public access cable television to broadcast those meetings and other public events. In fact, attendance at council meetings reveals the practice

of rubber-stamping all proposals introduced by the mayor, giving the short shrift to concerns raised by citizens who attend, and retreating to private "special sessions" to discuss any matters of real consequence which impact on the lives of Mountainside residents.

Steve Brociner is a Democrat seeking election to Mountainside's Borough Council.

## Thomas Perrotta

One of the reasons I chose to run for the Mountainside Borough Council was to give something back to the community I grew up in. As I have stated in the past, I have lived in Mountainside for 27 years and my entire family still resides in town.

For the past 18 months, I have been able to serve our community as a member of the Borough Council. In this time, I have been on the Recreation Committee, and the Administrative and Executive Committee.

One aspect of Mountainside that I am very proud of is the volunteerism that exists in our borough. Although often overlooked, these people make such a tremendous difference to our quality of life. Some groups that come to mind are the Volunteer Fire Department, the Volunteer Rescue Squad, the Hatfield House Group, the Planning Board, the Youth Recreation coaches, the Library Committee and many others who I am sure I am leaving out. It is this volunteer spirit that makes Mountainside what it is. I want

this spirit to continue and if re-elected I will ask all to do their part.

I feel we should reconsider the cost-effectiveness of having a community clean-up day and curb side leaf removal as they do in several surrounding towns.

I will also continue to fight for lower taxes for Mountainside. With the addition of the Sony Theater, the Brighton Gardens senior care facility and with the deregionalization of our school system, I am confident we will all be paying less in taxes in the very near future.

In closing, my platform, to put it simply, is a "common sense, no nonsense" approach to local government. I appreciate the opportunity I have had to serve on the Borough Council and I thank you for all your support.

Thomas Perrotta is an incumbent Republican seeking election to the Mountainside Borough Council.

# LETTERS TO THE EDITOR

## Spirit must be fostered

To the Editor:  
One of the main reasons I decided to move to Springfield was that as a small town it represented certain ideals that are important to me. I believed that in a small town, one would know their neighbors, friends, and merchants, sort of like Mayberry on the old "Andy Griffith Show." I had hoped that this would create a great town spirit.

Town spirit is something I hear and read about from many in the community, including our elected officials, school board, and recreation department. What many fail to realize is that words alone will not accomplish it. Deeds and actions, along with recognition and appreciation are what create and fuel town spirit. To flourish, town spirit also needs communication and cooperation, and often times all it takes are little things.

I am starting to see those little things happening in Springfield, in the new message board outside Gaudineer School, in the banner hanging over the ball fields on Mountain Avenue. Word has it that we may soon also have a basketball program for our girls.

I would personally like to extend my thanks to our Township Committee, PTA groups, Recreation Department, Board of Education and everyone else involved with these changes.

I know it's election time and each party takes credit for any good things that happen, and blames all that's bad on the other, but why not forget about party politics and become united so as to create harmony and town spirit.

Our school board established committees made up of neighbors who shared ideas on common goals. Here was a vehicle for people to communicate on topics ranging from school curriculum, facilities, and sports programs with members of our Board of Education so that our feelings and philosophies could be heard and understood, and I hope they continue.

For town spirit to exist we need to communicate and cooperate. Our Recreation Department can create new programs but without the cooperation of the Board of Education to use the facilities, the programs will not succeed, and instead of nurturing the spirit that has begun, we will surely snuff it out.

The deregionalization was to have created a new beginning in Springfield and some initial signs are present that the future looks bright. My thanks to those who have begun the process and my best wishes for those who will carry it forward.

Bob Dash  
Springfield

## Let's charge a fee for buses

To the Editor:  
Back in the 1940s, children that needed transportation to school rode local buses. Students purchased bus tickets for about 3 cents. Keep in mind families were not as well off as most are today. Why should school transportation be provided at no direct cost? I suggest we can still maintain the school bus system but charge a small fee as once was. Also, I never received a free school lunch; we paid 5 cents a week for milk and a graham cracker. This even made sense for attending the neighborhood school usually within walking distance. Most often transportation was needed for high school students where the 3 cent tickets were used. My thinking may be going up stream, but it is not unrealistic. Also, walking is good exercise. As for the little one, either mothers, neighbors or the older siblings walked the younger ones to school. Of course, mothers now either need to work or have careers to sustain their interests besides being mothers.

An update comment: By not providing free transportation it might encourage families to live in our urban communities, near schools that exist and discourage flight to the suburbs where transportation would be needed and schools to be built.

Joseph Chieppa  
Mountainside

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## CANDIDATES

### Ann Conti

I have served the people of Union County as surrogate since 1983, and I am proud of the reputation my office has earned over the past 15 years for efficient and compassionate service.

I have identified three programs as priorities that will be continued and completed over the next five years:

- conversion of the three computer systems in my office into one IBM compatible system. This includes converting the manually prepared index of surrogate records from 1856 into our current computerized index, which will give us one of the most cost- and time-efficient programs in the state.
- increased access to the Surrogate's Office. In addition to the personal visits I make to take signatures from home, hospital and nursing home-bound persons, I offer evening hours in four locations. I



Ann Conti

have also brought the Surrogate's Office to the Internet to allow preliminary applications to be completed before an office visit, thus saving a great deal of time, and

- guardianship monitoring. This

unique program has received national recognition for training volunteer court visitors to report to the court through the Surrogate's Office on the physical status of incompetent persons.

This program, which will be expanded to include financial monitoring, allows the court to follow through on its responsibilities to incompetent persons and is operated at no expense to the taxpayers.

Most importantly, I have learned that the Surrogate's Office must be administered with compassion. At times of major change — adoptions, guardianships, and deaths — those who use the Surrogate's Office must be treated as individuals, with special needs.

If re-elected, I will continue to offer the assurance that I am always available to assist all those who use the Surrogate's Office, and that I will continue to do so in a competent, knowledgeable and understanding manner.

### Peter Lijoi

The three primary issues that Union County faces as we approach the year 2000 include:

- reinventing government and eliminating duplicative services and lowering policies of inclusion,
- embracing technology to provide essential public services at the lowest possible cost,
- and privatization of public services, such as sewers, record-keeping and waste disposal.

In a small, densely populated state like New Jersey, our taxpayers and our economy can no longer sustain local, county and state government stepping on each other's toes, providing similar and duplicative services at taxpayer expense. As a Republican, I am committed to reducing the role of government in our lives and limiting it to the provision of constitutionally mandated essential services on an efficient, equitable and fair basis to all citizens.

I believe in home rule and feel that most essential services can and should be provided by our local municipalities or local non-profit organizations. They are most capable of making decisions that meet the needs of their constituents, while controlling the purse strings.

We must examine the layers of government and determine which governmental level can best fulfill a given mandate and assign that mandate accordingly. County government is clearly a poor place to start.

The state takeover of the courts would only be the first step in state assumption of certain services. The county should begin a dialogue with Trenton and examine other similar legislation, such as social services,



Peter Lijoi

county parks, youth detention facilities and the like.

This would equalize the burden of providing these services across the state and reduce county taxes. Services such as roads and parks could be provided by the town with those tax dollars generated by the town and state.

It was inefficient for the State of New Jersey to expect 21 small New Jersey counties to site solid waste burners and resolve solid waste issues at a time when the constitutional challenge to flow control was well known in governmental circles and regional solutions clearly would have been more cost effective.

One only needs to look to neighboring Connecticut, a state that made the bold decision to eliminate county government.

The health of our state continues to depend on...

government years ago, as an example. We must begin a dialogue with technology-based companies in our county on how to utilize modern technology to make local government more efficient, responsive and accessible to the people.

Clearly, offices like the County Clerk's Office and Surrogate's Office could benefit from the insight of Lucent Technologies in dealing with record keeping in the next century. It is time to examine whether our sewer systems, clerk's functions, deed registries, and even the surrogate's functions can be privatized — or at the least, privatize certain record keeping and other administrative procedures. Even these offices' functions could be assumed by state government. For example, years ago, county government in New York ran their own motor vehicle offices. After study and dialogue, these functions were assumed by New York state government.

The challenge of the state Legislature is to follow up on the governor's successful tax cut program with an aggressive program that would force the repeal of unnecessary and duplicative regulations and impose effective constraints on the regulatory process, again focusing on reducing the role of government in citizens' lives.

Land use, for example, is now regulated by local, county and state government and different departments in these governmental entities, siphoning economic investment in our state. Changes such as these will not occur overnight, but if studied and planned properly, could be accomplished without hurting our dedicated public works force and provide a framework for governing our state in the next century.

## Duty calls at Fire Prevention Day

Members of the Summit Fire Department showed they can be called on anytime, anywhere, even during Fire Prevention Day at the Jefferson School, Saturday.

Fire personnel were at their display around noon when patrons approached them about an 11-year-old girl who fell in the inflatable moonwalk ride nearby. After the child complained of back pain below the neck, firefighters removed her from the ride and turned her over to the Summit Volunteer Fire Department, who transported her to Overlook Hospital for care.

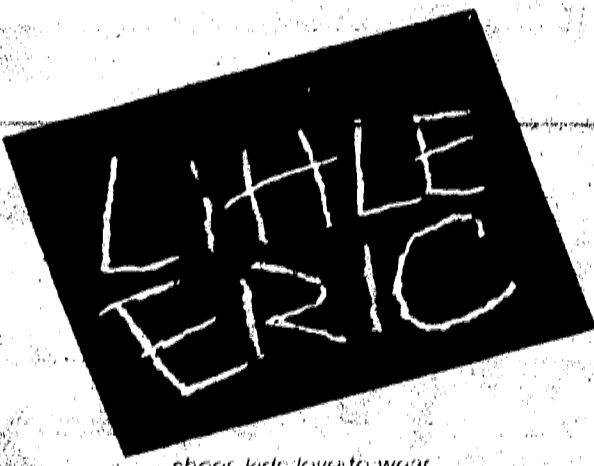
- A report of fire and explosions brought a unit out to the NJ Transit Stanley Avenue Station and Summit transfer station at 8 p.m. Monday. While no evidence of fire or explosions were found at those sites, members noticed some electrical arcing at the General Public Utilities station nearby and called it to the company's attention.
- Summit's bravest returned to the Morris Avenue railroad bridge for a report of an overturned car 10 a.m. Saturday. Before the 1989 Suzuki station wagon was righted, fire personnel

freed the driver and took her to Overlook Hospital. Summit Police officers assisted by diverting traffic.

- Where there's smoke, there's fire sometimes. On one hand, a unit responded to a report of smoke at a Springfield Avenue apartment, and extinguished a fireplace ash pile at 1:55 p.m. Sunday. On the other hand, an engine responded to a report of a car fire at Route 24 and Summit Avenue at 6:20 p.m. Friday, only to discover the vehicle was overheated.


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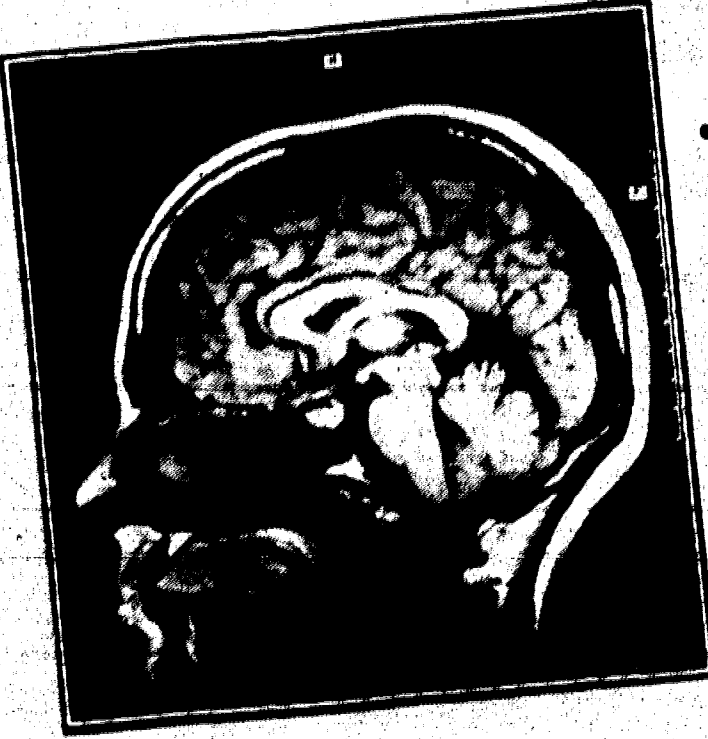


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# The Henry R. Liss Neuroscience Center at Overlook Hospital.

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- One of the first in New Jersey to use stealth X-ray capabilities to locate and identify lesions and tumors.
- The leading Blood Disorder Center in New Jersey for diagnosis and treatment of stroke.

Overlook Hospital's Neuroscience Center is dedicated solely to the diagnosis and care of neurological injuries and disorders — such as Parkinson's disease, stroke, spinal cord injuries and brain tumors — and to treating pain associated with the neck, head, spine and nerves.

Our advanced approach to care relies on a powerful combination of technology and teamwork. And with specialized Care Teams — made up of experts from a variety of disciplines, such as radiology, neurosurgery, neurology, physical therapy, electrodiagnosis (EEG & EMG) and nutrition — we can ensure that each patient

receives personalized attention and the best treatment possible, from diagnosis through rehabilitation.

Being first speaks to our commitment to offer our patients the most advanced care options available today.

For more information about the Henry R. Liss Neuroscience Center at Overlook Hospital, or for a referral to an Overlook physician, call 1-800-AHS-9580.

**Overlook Hospital**  
 ATLANTIC HEALTH SYSTEM

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# Area hospital puts together support groups

St. Barnabas is offering the following ongoing programs, classes, and support groups:

**HIV/Aids Support Group**  
This support group offers education, information and mutual support for caregivers, families and/or significant others. Meetings are held on alternating Mondays from 6:30 to 8:30 p.m. in Room 308 of the East Wing Building at Saint Barnabas. The program provides an opportunity to discuss issues of both a medical and emotional nature and is facilitated by clinical specialists in the field. For further information or to register for the program, call (973) 533-5193.

**Living With Metastatic Cancer**  
This group is open to patients facing cancer which has returned or spread to another part of the body. This group provides a place in which people can explore feelings, obtain emotional support and develop coping skills to deal with the issues of recurrent cancer. Meetings are held on the second and fourth Wednesday of each month from 6:30 to 8 p.m. in the Cancer Center Conference Room located on the second floor of the East Wing. For more information, call (973) 533-8414.

**Family And Friends Support**  
This group is designed to offer family and friends of cancer patients a forum to discuss issues related to caring about someone with cancer. This group meets on the second and fourth Wednesday of each month from 6:30 to 8 p.m. in Suite 302 of the East Wing Building. Call (973) 533-8414 for additional information.

**Coping Through Creativity**  
This group offers adults undergoing treatment for cancer a new means for expressing their feelings. By creative endeavor, people with cancer have the opportunity to express emotion and develop new ways to cope with the stress of a cancer diagnosis and treatment. Prior experience with art is not necessary. The group meets every other Thursday from 9:45 to 11:15 a.m. For more information call Lissa Parsonnet, coordinator of Psychosocial Programs at The Cancer Center of Saint Barnabas, at (973) 533-8414.

**HIV/Aids Support for Patients**  
This support group provides participants with an opportunity to discuss medical, emotional and spiritual issues relative to the disease with an emphasis on the mind/body connection. Meetings are held on alternate Mondays from 6:30 to 8:30 p.m. in Room 308 of the East Wing Building at Saint Barnabas Medical Center. The program is facilitated by clinical specialists in the field. Educational programs on specific interests and other activities are planned by the group. For further information or to register for the program, call (973) 533-5193.

**Growing Through Loss Bereavement**  
These support groups offer a caring and supportive environment for persons grieving the loss of loved one. Some topics of discussion include "Why does it hurt so much?" "Dealing with feeling of anger" and "Changing perspective on life and letting go." The evening group meets on Tuesdays from 6 to 7:30 p.m. The daytime group meets on Thursdays from 10 to 11:30 a.m. For further information or to register, call the Pastoral Care department at (201) 533-5016.

**Look Good — Feel Better**  
Saint Barnabas hosts "Look Good — Feel Better" sessions in conjunction with the American Cancer Society, the Cosmetic, Toiletry and Fragrance Association, and the American Cosmetology Association. The session include information on wig, skin care, make-up application and turban styling. Each participant receives a complimentary make-up kit. Attendance is limited. Call (201) 533-5164 for reservations.

**Breast Cancer Support**  
This group is open to women currently receiving treatment for breast cancer. The group provides a supportive atmosphere in which to gain emotional support and practical information about issues specific to breast cancer. Meeting are held on the first and third Wednesday of each month from 6 to 8 p.m. in the Cancer Center Conference Room located on the second floor of the East Wing Building.

From more information, call (201) 533-8414.

**Children's Asthma Support**  
This support group is for parents of children with asthma. When a child is diagnosed with asthma, it impacts every aspect of family life. Through the Children's Asthma Center's Family Support Group, parents can meet others who have similar experiences. Together, families can learn and gain

support from one another. In addition, education regarding the care of a child with asthma is offered. The group is led by a Pediatric Nurse Practitioner and meets monthly. For more information, call (800) Asthma-3.

**Basic Life Support Courses**  
Fee \$45.00 per student. The basic of life support and cardiopulmonary resuscitation are taught in this six-hour course for the layperson. The

course includes adult one-man CPR and Adult Foreign Body Airway Obstruction Management, Heimlich Maneuver for choking victims. The course is offered once a month either in two 3-hour evening sessions or one 6-hour day session. Pre-registration is required. Call (201) 533-5023 for further information.

**Pre/Postnatal Exercise Classes**  
"Moms in Motion," is a pre/postnatal exercise series designed to enhance pregnancy; and, after the baby is born, to help you get your pre-pregnant figure back. The program is under the direction of licensed physical therapists and follows guidelines set forth by the American College of Obstetrics and Gynecology. Classes are held every Tuesday and Thursday from 6 to 7 p.m. in the Physical Therapy Department located on the ground floor of the Medical Center. For registration and schedule fee, call the Physical Therapy Department at (201) 533-8990.

**You're invited to...**

## Community Day at Overlook Hospital

*A look into the future of health care.*

**Sunday, October 26 • 4 to 6 p.m.**

The Overlook Hospital Foundation cordially invites you to "Community Day at Overlook Hospital," on Sunday, October 26, from 4 to 6 p.m.

Join Overlook physicians and staff as they discuss and guide you through a look into the future of health care.

The program features a keynote session, entitled, "Brain Attack: Stroke prevention in the '90's," and a panel discussion regarding "Neuroscience Centers of Excellence."

You may then attend one of eight tours and breakout sessions, each of which explores current trends and technological advances in health care.

To register, please contact the Overlook Hospital Foundation at (908) 522-2840. Indicate which tour and breakout session (and an alternate) you wish to attend. Please advise our staff if you require a wheelchair or any special assistance. The program includes complimentary refreshments and parking.

Preregistration is required.

### Agenda

- Keynote Session 4 to 4:30 p.m.** *Brain Attack: Stroke Prevention in the 90's* Richard Hodosh, M.D., Chief of Neurosurgery
- Panel Discussion 4:30 to 5 p.m.** *Neuroscience Centers of Excellence* Overlook Hospital physicians will discuss the treatment and prevention of stroke through a team approach.
- 5:15 to 6 p.m.** **Tours and breakout sessions:**
  1. *Tour of Blood Disorder Center* New Modes in Current Therapies of Stroke • David P. Saur, M.D. Current Research and Treatment of Stroke • Yale Arkel, M.D.
  2. *Tour of Magnetic Resonance Imaging Center (MRI)* Imaging Evaluations and Neuroradiological Treatments of Stroke • Amir Salomon, M.D.
  3. *Tour of Comprehensive Rehabilitation Center* Healthy Living • Gregory J. Mulford, M.D.
  4. *Tour of Cardiovascular Services/Chest Pain Center* Heart Healthy Living • Robert D. Slama, M.D. Cardiovascular Services • Pramod L. Goodluck, M.D.
  5. *Tour of Radiation Oncology Center* Stereotactic Radiosurgery: Star Wars and Beyond • Louis Schwartz, M.D.
  6. *Tour of Cancer, Mobile Intensive Care Unit & Emergency Department* Prehospital and Emergency Care • James A. Espinoza, M.D.
  7. *Tour of Women's Imaging Center/Bone Densitometer* Women's Health Issues • Eileen Klein, M.D.
  8. *Tour of John E. Reeves Same Day Surgery Center, Rehabilitation Center, Endoscopy Suite, Library and Healthy Avenues Van* • David H. Freed, President, Overlook Hospital

To register, please call (908) 522-2840.

Sponsored by the Overlook Hospital Foundation as a free service to our community



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### Correction policy

It is the policy of this newspaper to correct all significant errors that are brought to the editor's attention. If you believe that we have made such an error, please write Tom Canavan, editor, 1291 Stuyvesant Ave., Union, 07083, or call him at (908) 686-7700 weekdays before 5 p.m.

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## OBITUARIES

### Robert Groot

Robert Groot, 49, of Millington, formerly of Summit, died Oct. 12 at his home.

Born in Oak Park, Ill., Mr. Groot lived in Summit and New Providence before moving to Millington two years ago. He was a vice president of Jopari International, of Lyndhurst, for the last four years. Mr. Groot received a bachelor's degree in education from the University of Wisconsin in 1971. He was named an All-Chicago Running Back in 1966 at Central High School, in Wheaton, Ill.

Surviving are his wife, Carol, two daughters, Kristen and Lindsay; two sisters, Elizabeth Oswald and Ann Sinnott; his father, John B. Groot; his mother, Jeanne Groot Devore; and his stepmother, Sally Groot.

### Raymond Tamagni

Raymond J. Tamagni, 87, of Summit, an investment banker and Doris Duke's business manager, died Oct. 12 at home.

Born in New York City, Mr. Tamagni moved to Summit in 1967. He joined F.S. Moseley, a Boston-based investment firm. Starting as a runner on Wall Street a year before the stock market crash in 1929, Mr.

Tamagni rose through the ranks to become a general partner of the firm. During more than a half-century of investment banking, he was involved in many corporate transactions and municipal projects, including the successful underwriting of the Massachusetts Turnpike in 1954.

Following his retirement in 1979, Mr. Tamagni was the business manager to Doris Duke, one of the nation's wealthiest women, for two years. Mr. Tamagni served on the Vestry of the Calvary Episcopal Church, Summit,

and contributed nearly 5,000 hours of volunteer service to Overlook Hospital, Summit.

Surviving are a son, John S.; four grandchildren and a great-grandchild.

### Inez Babbs

Inez Babbs, 79, of Summit died Oct. 11 in Overlook Hospital, Summit.

Born in Wrightsville, Ga., Mr. Babbs lived in Philadelphia and Newark before moving to Summit five years ago.

Surviving are her husband, Emery Sr.; three sons, Emery Jr., Marshall and Marvin; two daughters, Towana Boatwright and Angela Wilburn; a brother, Clarence Thomas; nine grandchildren and a great-grandchild.

### Elizabeth Mahon

Elizabeth Mahon of Springfield, who turned 105 years old in March, died Oct. 11 in Springfield, Va., at the home of her daughter, Jane Kratz.

Born in Ballinamore, Ireland, Mrs. Mahon settled in Boston and lived in Wallington, Cnoon., and Brooklyn

before moving to Springfield more than 30 years ago.

Also surviving are her son, John; 10 grandchildren and six great-grandchildren.

### Lucy Lieber

Lucy Lieber, 90, of Bridgewater, formerly of Mountainside, died Oct. 14 in the Eastern Star Home, Bridgewater.

Born in Irvington, Mrs. Lieber lived in Mountainside before moving to Bridgewater. She was a sales clerk

for 20 years with Macy's, Newark, and retired 25 years ago.

Surviving are two brothers, Howard and Wilber Bretzger.

### Obituary policy

Obituary notices submitted by local funeral homes or families must be in writing. This newspaper cannot accept obituaries by telephone. Obituary notices must be typed and include a telephone number where writer may be reached 9 a.m. to 5 p.m. For additional information, call 686-7700.

## RELIGION

### Sunday lecture

Temple Sha'arey Shalom's Scholar-in-Residence Committee will present a Sunday brunch and lecture Sunday at 10 a.m. Author Jenna Weissman Joselit will speak on the topic, "From Slum to Shrine: The Lower East Side and the Jews." Admission is \$18 per person, with advance reservations required by Monday.

From more than a century, the Lower East Side has captivated the American Jewish imagination. Some have called it the "Jewish Plymouth Rock," others have labeled it "America's Great Ghetto" and still others have referred to it as a "Nursery School of Crime."

Jenna Weissman Joselit is a nationally acclaimed historian and author who has lectured and written widely on American Jewish culture and history.

Her publications include "The Wonders of America," which won the National Jewish Book Award in History in 1995 and "Our Gang," a volume hailed by the *New York Times* for its insights into the Jewish immigrant experience. She was educated at Barnard College and Columbia University, from which she received her Ph.D. in history.

The brunch and lecture is open to the public. For additional information, call (973) 379-5387. To mail reservations, make checks payable to Temple Sha'arey Shalom, and send to 78 So. Springfield Ave., Springfield, NJ 07081.

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Selecting an Atlantic Health System hospital means access to cardiac surgery survival rates that rival the nation's leading heart

centers, and a partnership with The Cancer Institute of New Jersey that ensures advanced oncology diagnosis and treatment. It also means that the highest standards of newborn and pediatric care, the latest infertility treatments, innovative behavioral health services and much more are available to you and your family.

Although our name is relatively new, the health care facilities comprising Atlantic Health System are well-respected and familiar. They include Morristown Memorial Hospital, Overlook Hospital,

in Summit, Mountainside Hospital in Montclair/Glen Ridge, The General Hospital Center at Passaic, and our affiliate, Newton Memorial Hospital.

To find out more about which health plans are included in our system, visit our web site at [www.AtlanticHealth.org](http://www.AtlanticHealth.org). To learn if your physician is in our system or for a physician referral, call us today at 1-800-AHS-9580. Good health care. It's as simple as eating your vegetables. And as easy as choosing Atlantic Health System in your health plan.

# Atlantic HEALTH SYSTEM

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# With diabetes, diagnosis is vital

Today more than 13 million people in the United States have diabetes. Unfortunately, more than half are not aware that they have the disease.

Every 60 seconds at least one person is diagnosed with diabetes. About 65,000 people will be diagnosed this year.

Diabetes is the fourth-leading cause of death by disease in the United States; this year, more than 160,000 will die from this disease and its related complications.

Diabetes is a chronic disease that has no cure.

Diabetes is a silent killer. Many people first become aware that they have diabetes when they develop one of its life-threatening complications.

- **Blindness:** Diabetes is the leading cause of blindness in people ages 25-74. Each year from 15,000 to 39,000 people lose their sight because of diabetes.

- **Kidney Disease:** Ten percent of all people with diabetes develop kidney disease. In 1990, more than 13,000 people initiated treatment for end stage renal disease because of diabetes.

- **Amputations:** Diabetes is the most frequent cause of non-traumatic lower limb amputations. The risk of leg amputation is 27.7 times greater for a person with diabetes. Each year, 54,000 people lose their foot or leg to diabetes.

- **Heart Disease and Stroke:** People with diabetes are 2 to 4 times more likely to have heart disease more than 77,000 deaths due to heart disease annually. And, they are 5 times more likely to suffer a stroke, with more than 11,000 deaths each year.

If you have recently learned that you or someone in your family has diabetes, you are probably worried. But diabetes is a manageable condition. In fact, with proper care, most people can live much as they did before developing diabetes.

Diabetes is a disease that affects the way the body uses food. It causes sugar levels in the body to be too high. Normally, during digestion, the body changes sugars, starches, and other foods into a form of sugar called glucose. Then the blood carries this glucose to cells throughout the body. There, with the help of insulin glucose is changed into quick energy for immediate use by the cells or is stored for future needs. This process of turning food into energy is crucial, because the body depends on food for every action, from pumping blood and thinking to running and jumping.

In diabetes, something goes wrong with the normal process of turning food into energy. Food is changed into glucose readily enough, but there is a problem with insulin. In one type of diabetes, the pancreas cannot make insulin. In another type, the body makes some insulin but either makes too little or has trouble using the insulin. When insulin is absent or ineffective, the glucose in the bloodstream cannot be used by the cells to make energy. Instead, glucose collects in the blood, eventually leading to the high sugar levels that are the hallmark

## House Calls

By Dr. Eric Munoz

of untreated diabetes.

Of the 14 million Americans who have diabetes, more than 1 million people have insulin-dependent diabetes, and almost 13 million people have non-insulin dependent diabetes. Unfortunately, an estimated 6 million people have non-insulin-dependent diabetes and do not know it. The people most at risk for this type of diabetes are over 40, overweight, and have a family history of diabetes. Anyone with these characteristics should see a doctor periodically to be tested for diabetes.

The causes of diabetes are still a mystery. But researchers believe that the tendency for diabetes is present at birth. In insulin-dependent diabetes, any of several different viral infections and processes called autoimmunity are believed to trigger diabetes. In the autoimmune process the body's defense system attacks its own cells, the insulin-producing beta cells in the pancreas. Note: Although viruses may help to cause some cases of insulin-dependent diabetes, diabetes is not "caught" from someone else. In people prone to non-insulin-dependent diabetes, being overweight can cause diabetes, because excess fat prevents insulin from working properly.

Diabetic complications are usually caused by changes in the blood vessels and nerves. Unfortunately, they can include eye and kidney disease, heart attack, numbness or pain in the legs, foot infections, leading to gangrene, and stroke. Fortunately, however, treatments continue to improve.

So far, insulin-dependent diabetes cannot be prevented, although researchers are working on many promising approaches. Non-insulin dependent diabetes can often be prevented by maintaining normal body weight and keeping physically fit throughout life. A major aim of treatment is to control blood sugar levels, which means keeping them in the normal range. Research suggests that tight control can help prevent or delay long-term diabetic complications.

- **Insulin-dependent diabetes:** is treated with daily insulin injections, regular exercise, and a balanced meal plan that limits sugar. Your meal plan will be tailored to your individual needs and is likely to include three meals and two or three snacks a day. You will generally have to eat these meals and snacks at set times each day to properly balance insulin, which is also given at fixed times. Insulin lowers blood sugar, and food raises it. To control diabetes, you need to balance these effects.

- **Non-insulin dependent diabetes:** is treated with an individualized diet plan that restricts calories. If you are overweight, you need to slim down. Treatment also includes restricting sugar and following an exercise plan. These steps should improve your

body's ability to use its insulin. If diet and exercise alone do not control blood sugar, prescribed pills or insulin may be needed. They do not take the place of diet and exercise, however.

- **Children usually develop insulin-dependent (type I) diabetes** which requires daily insulin injections and regular monitoring of blood sugar levels.

- **There are about 1.7 cases of insulin-dependent (type I) diabetes per 1,000 people under age 20** in the United States.

- **There are more than 123,000 children and teenagers with diabetes** in the United States today.

- **The risk of developing insulin-dependent (type I) diabetes is higher than virtually all other severe chronic diseases of childhood.**

- **About 18 out of every 100,000 people under 20 years of age will develop diabetes.** Peak incidence is around 10 to 12 years old in girls and 12 to 14 years old in boys.

- **They symptoms for diabetes can mimic the flu in children.** Insulin-dependent (type I) diabetes tends to run in families. Brothers and sisters of children with insulin-dependent (type I) diabetes have about a 10 percent chance, or a 20-fold increased risk, of developing the disease.

The identical twin of a person with insulin-dependent (type I) diabetes has at least 50 times the risk of developing type I diabetes as a child in an unaffected family.

Diabetes prevalence appears to increase with age. There are more than 31 million people, aged 65 years or older, in America.

- **Of nearly 14 million Americans with diabetes, more than 95 percent have non-insulin dependent (type II) diabetes.**

- **People with non-insulin dependent (type II) diabetes often develop the disease after age 30, but are not aware they have diabetes until treated for one or its serious complications** such as heart disease, stroke, blindness, amputation or kidney disease.

- **By ages 65 to 74, nearly 17 percent of the United States white population, 25 percent of African-Americans, and more than 33 percent of Hispanics, have diabetes.**

Studies indicate that diabetes is generally under reported on death certificates, particularly in the cases of older persons with multiple chronic conditions such as heart disease and hypertension. Because of this, the toll of diabetes is believed to be much higher than officially reported.

Diabetes is likely to cause changes in your life. But you will be able to work these changes into your usual routines. At times, however, living with a chronic disease may cause anger and frustration. When you feel that way, you may find it helpful to talk about your feelings to a family member, friend, clergy member, or health professional.

Dr. Eric Munoz, a surgeon, is chief medical officer of UMDNJ-University Hospital, and serves on the Summit Common Council.

## Calling with EASE

The Union County Division of Aging's toll-free telephone number is making it easier for senior citizens to find services.

When residents call (888) 280-8226, staff from the Division on Aging, with New Jersey Easy Access Single Entry Project, provide information on community programs, in-home services, housing and long-term care.

"Senior citizens told us they want and need a free telephone number they can call for 'one-stop' information," said Susan Chasnoff, director of the Division on Aging. "We are happy to meet their wishes."

Among the many community programs available through NJEASE are information and assistance; outreach; care management; transportation; volunteer opportunities; employment; and educational programs. In-home services include visits, telephone reassurance and meal-delivery programs, while housing and long-term care options include adult day-care, alternate family care, assisted living facilities, nursing homes, respite care, subsidized housing and retirement communities.

## Fraud hotline open

The Social Security Administration's Office of Inspector General fraud hotline is open.

The hotline is available for live operator assistance from 10 a.m. to 4 p.m., Mondays through Fridays. Recorded message service is available and a person can leave a message 24 hours a day. The hotline telephone number is (800) 269-0271.

In addition, an address is available for reporting suspected fraud for those choosing not to use the telephone hotline. The address is: Social Security Administration, Office of Inspector General, P.O. Box 17768, Baltimore, MD 21235.

## Institution outreach

The Social Security Administration has a program of incentive payments to state and local correctional and mental health authorities that report the names of newly institutionalized Supplemental Security Income beneficiaries.

The move is aimed at ensuring that persons in correctional and certain mental health institutions do not wrongfully continue to receive SSI benefits.

Generally, residents of public institutions are not eligible for SSI payments. Under the law, SSI recipients or their representative must inform Social Security of the recipient's confinement to an institution. However, Social Security does not always receive timely information from these sources.

State and local institutions that want to participate in the incentive payment provision must sign an agreement with the commissioner of Social Security to provide monthly the following information about all inmates whose period of confinement

# NEWS CLIPS

or incarceration began March 1997 and later:

Social Security number, Name, Date of birth, Date of confinement, incarceration, Other identifying information about the confinement as required by the commissioner.

Incentive payments of \$400 will be paid for information received within 30 days of the confinement date or \$200 for information after 30 days but within 90 days after confinement.

## Past due benefits paid

Effective with past due benefits paid on or after Dec. 1, 1996, people who are due Supplemental Security Income past due benefits will receive the benefit in installments at six-month intervals.

The new law will apply to past due benefits — minus any reimbursement to a state for interim assistance reimbursement — that are 12 times or more than the monthly federal benefit rate plus any federally-administered monthly state supplement. The installment payments must be paid in no more than three payments at six-month intervals.

The law also provides for an increase in the installment payment in certain circumstances. For example, if an underpaid person has incurred debts for food, clothing or shelter; has expenses for disability-related items and services that exceed the installment limit; or is purchasing a home, the installment payment may be increased by the amount needed to cover these debts and expenses. Full retroactive benefits also will be paid to a person who is terminally ill, or if ineligible for SSI, is likely to remain so for the next 12 months.

## Book on loans available

Seniors who own their homes can request a free workbook titled "HouseMoney" that describes a reverse mortgage plan that provides cash advances based on equity held in the home.

The workbook answers questions about reverse mortgages and shows how seniors can use "HouseMoney" to meet financial and lifestyle needs. "HouseMoney" plans are designed for people age 65 and over who have a home valued at \$75,000 or more. These plans are offered by Transamerica HomeFirst in New Jersey.

Seniors interested in obtaining a free copy of the workbook should call Transamerica HomeFirst toll-free at (800) 538-5569, or write the company at 505 Sansome St., San Francisco, Calif. 94111.

## Credit info available

Information about the "Ever Yours" reverse mortgage credit line from Household Bank can be obtained by walking into any of the 16 New Jersey branches of its affiliate company, Household Finance Corp.

Reverse mortgages are programs which provide homeowners age 62 and over with a method of getting cash from their residence by borrowing against their home equity, with no payment due until the home is sold or ownership is transferred. There are no income or credit qualifications, and title remains in the name of the customer.

"Ever Yours," is more accessible, as consumers have the option of either visiting an HFC branch or calling (800) 414-3837.

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# WORSHIP CALENDAR

## BAPTIST

**EVANGEL BAPTIST CHURCH - "CHRIST OUR HOPE AND PEACE" - 242 Shurpik Rd., Springfield. Rev. Frederick Mackey, Sr. Pastor. Sundays: 9:30 AM Bible School for all ages - Nursery through Seniors. 10:30 AM Worship Service and Nursery care - 5:30-7:00 PM AWANA Club Program for Children ages 4-11. 6:00 PM Evening Service & Nursery care. Wednesdays: 7:15 PM Prayer, Praise and Bible Study. Junior/Senior High, Ministry, Active Youth Ministry, Wide-Range Music Program, Super Seniors and Thursday at 11 AM followed by lunch. Ample Parking. Choir/Lit provided with assistance. All are invited and welcomed to participate in worship with us. For further information contact church office (973) 379-4351.**

## EPISCOPAL

**ST. STEPHEN'S CHURCH, 119 Main Street, Millburn, (973) 376-0688-4 blocks from Springfield Center. The Episcopal Church for Springfield since 1854. St. Stephen's Church is a welcoming community committed to education, outreach, and worship for all who are spiritually hungry. The Rev. Cork Tarplee, Rector. The Rev. Judy Baldwin, Associate, Karen Eberhardt, Seminarian, Assistant, Robert Demmitt, Music Director. WEEKLY ACTIVITIES: Sundays 8:00 a.m. Holy Communion in traditional language; the Rector preaching 9:00 a.m. Adult Forum 9:00 a.m. Intergenerational Events first Sunday of every month 10:00 a.m. Holy Communion in contemporary language, music by the choir. Church School for children K-6 and nursery care also at 10:00 a.m. 7:00 p.m. Youth Group for grades 9-12. Tuesdays 7:30 p.m. Education for Ministry, an adult Bible study linking faith and everyday life. Monthly book discussions. Many opportunities for service. FOR "NO-STRING" INFORMATION PACKET CALL (973) 376-0688.**

## JEWISH-CONSERVATIVE

**TEMPLE BETH AHM 60 Temple Drive, Springfield. 376-0539. Perry Raphael, Rabb, Rabbi, Richard Nadel, Cantor, Simon Rosenbach, President. Beth Ahm is an egalitarian, Conservative temple, with programming for all ages. Weekday services (including Sunday evening and Friday morning) are conducted at 7:00 AM & 7:45 PM; Shabbat (Friday) evening 8:30 PM; Shabbat day 9:30 AM & sunset; Sunday, festival & holiday mornings 9:00 AM. Family and children services are conducted regularly. Our Religious School (third-seventh grade) meets on Sunday and Tuesdays. There are formal classes for both**

High School and pre-Religious School aged children. The synagogue also sponsors a Nursery School, Women's League, Men's Club, youth groups for fifth through 11th graders, and a busy Adult Education program. A Seniors' League meets regularly. For more information, please contact our office during office hours.

## SUMMIT JEWISH COMMUNITY CENTER

77 Kent Place Boulevard, Summit, 273-8130. William B. Horn, Rabbi; Janet Roth Krupnick, Cantor; Janice Wilson, President. The Summit Jewish Community Center (SJCC) is an egalitarian, conservative synagogue, serving families from Summit and nearly 35 surrounding towns. Shabbat Friday services are held at 8:30 PM. Saturday Shabbat Services are at 9:30 AM and Shabbat Mincha and Havdalah are held at sundown. Weekday services, Monday through Friday are at 7:00 AM and Sunday at 9:30 AM. A Family Service is held on the first Friday of each month at 7:00 PM. In addition to regular Sunday Shabbat services, a Young Family Shabbat Services for families with children ages 2-7, is held every third Saturday from 10:30-11:30 AM, and every second and fourth Saturday from 10:15-11:30 AM. There is a service for preschool children. The SJCC religious school provides instruction for children from kindergarten through Grade 7 and Post-Graduate classes for Grades 7 through 12. The SJCC also offers a complete pre-school nursery program including a morning and afternoon Nursery School, Wee Two, designed for children 18-24 months and a parent/caregiver and Parents and Enrichment program for kindergarten-aged children. A wide range of Adult Education Programs is offered as well as a Sisterhood, Men's Club, Young Couples Group and Senior Adult Group. For more information about programs or membership, please call the SJCC office at 273-8130.

## JEWISH - ORTHODOX

**CONGREGATION ISRAEL 339 Mountain Avenue, Springfield 201-627-9666. Daily services are 6:30 A.M. and 7:15 A.M. and 15 minutes before sunset. There are minyan on Sundays and civil holidays at 8:00 A.M. with Shabbat and Holiday services at 7:30 A.M. and 9:00 A.M. We offer a full range of religious, cultural and social programming. On Monday evenings, we learn Biblical archeology from 7:30-8:30 P.M., and from 8:30-9:30, we will survey the history of the Jewish experience in America. Please call our office for information regarding our special programs. These offerings assume no Hebrew or Judaic background whatsoever. Our Tuesday evening sessions is devoted to the religious thought of Maimonides, offered in the Hebrew language. On Sun-**

day mornings, after our 8:00 A.M. services, we study Maimonides' legal code, and from 9:00 A.M.-10:00 A.M., we have an advanced program in the study of Jewish law. On Shabbat afternoons we review the weekly Biblical portion in light of traditional and contemporary commentaries between the mincha and marbit prayers. We have a dynamic Sisterhood, vibrant Junior and Senior NCSY chapters, a Boy Scout troop, Karate classes for all ages, a Nursery School and Summer Camp. We are a family oriented, modern Orthodox community and we welcome you to join with us for our programs. Rabbi Alan J. Yuter, Dr. Leonard Strulowitz, President.

## JEWISH - REFORM

**TEMPLE SHALOM 76 S. Springfield Avenue, Springfield, (201) 379-5387. Joshua Goldstein, Rabbi; Amy Daniels, Cantor/Education Director; Nina Greenman, Pre-School Director; Bruce Pitman, President. Temple Shalome Synagogue is a Reform congregation affiliated with the Union of American Hebrew Congregations (UAHC). Shabbat worship, enhanced by volunteer choir, begins on Friday evenings at 8:30 PM with monthly Family Services at 7:30 PM. Saturday morning Torah study class begins at 9:15 AM followed by worship at 10:30 AM. Religious school classes meet on Saturday mornings for grades K-3, on Tuesday and Thursday afternoons for 4-7, and Tuesday evenings for post barbat mitzvah students. Preschool classes are available for children ages 2-7 through 4. The Temple has the support of an active Sisterhood, Brotherhood, and Youth Group. A wide range of programs include Adult Education, Social Action, Interfaith Outreach, Singles and Seniors. For more information call the Temple office, (201) 379-5387.**

## LUTHERAN

**HOLY CROSS LUTHERAN CHURCH 629 Mountain Avenue, Springfield, (970) 201-379-4525, Fax 201-379-8887. Joel R. Yoss, Pastor. Our Sunday Worship Service takes place at 10 a.m. at JONATHAN DAYTON REGIONAL HIGH SCHOOL, Mountain Ave., Springfield. For information about our midweek children, teen, and adult programs, contact the Church Office Monday through Thursday, 8:30-4:00 p.m.**

**REDEEMER LUTHERAN CHURCH AND SCHOOL, 229 Cowpenhwaite Pl., Westfield, Rev. Paul E. Kritch, Pastor, (908) 232-1517. Beginning Sunday, July 6, Summer Worship Times are as follows: Sunday Worship Services: 8:30 and 10:00 a.m. Sunday morning Nursery available. Wednesday Evening Wor-**

## METHODIST

The SPRINGFIELD EMANUEL UNITED METHODIST CHURCH, located on 40 Church Mall in Springfield, NJ invites people of all ages and backgrounds to join us for Sunday mornings for Adult Christian Education Forum at 9:15 AM, and for worship at 10:30 AM. We are a warm and welcoming congregation of Christians who gather together to be encouraged in the faith, strengthened in hope, and empowered to be brave and faithful followers of Jesus Christ. Child care and nursery are available following the part of our worship service that is especially geared toward young children. Holy Communion will be celebrated on the first Sunday of every month. Know that all people are welcome here! If you have any questions, interest or concerns, please call the pastor, Rev. Jeff Markey at 201-376-1695.

## PRESBYTERIAN

**FIRST PRESBYTERIAN CHURCH, 210 Morris Ave. at Church Mall, Springfield, 379-4320. Sunday School Classes for all ages 9:00 a.m. Sunday morning Worship Service 10:15 a.m. (July and August 9:30 a.m.) with nursery facilities and care provided. Opportunities for personal growth through worship, Christian education, Choir, church activities and fellowship. Communion first Sunday of each month. Ladies' Benevolent Society - 1st Wednesday of each month at 11:00 a.m.; Ladies' Evening Group - 3rd Wednesday of each month at 7:30 p.m.; Kaffeeklatsch - 1st and 3rd Tuesday of each month at 9:30 a.m.; Choir - every Thursday at 8:00 p.m. in the Chapel. The Rev. Daniel J. Russell, Jr., Pastor.**

## ROMAN CATHOLIC

**THE PARISH COMMUNITY OF ST. JAMES, 45 South Springfield Avenue, Springfield, New Jersey 07081. 201-376-3044. SUNDAY EUCHARIST: Sat. 5:30 p.m. Sun. 7:30, 9:00, 10:30 a.m., 12:00 Noon, Reconciliation: Sat. 1:00-2:00 p.m. Weekday Masses: 7:00 & 8:00 a.m. ST. TERESA'S OF AVILA, 306 Morris Avenue, Summit, NJ 07901, 908-277-3700. Sunday Masses: Saturday, 5:30 PM; Sunday, 7:30, 9:00, 10:30 AM, 12:00 Noon, 1:15 (Spanish), 5:00 PM in the Church; Children's Mass 9:30 AM Memorial Hall will resume September 14th. Weekday Masses: 7:00, 8:30 AM, 12:10 PM; Saturday weekday Mass, 8:30 AM; Holy Days: Same as weekday masses with a 5:30 PM anticipated Mass and a 7:30 PM evening Mass. Sacrament of Reconciliation: Saturdays 4:00 - 5:00 PM.**

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## THIS IS H.S. FOOTBALL

By J.R. Parachini  
Sports Editor

At the halfway point of the season it appears that Elizabeth, Johnson and Summit have the best chances of making the state playoffs in their respective sections.

Teams such as Union, Linden, Governor, Livingston, Roselle, Roselle Park and Brearley also have post-season aspirations.

Elizabeth won its 21th consecutive regular-season game when it defeated Union 21-7 last Friday in Union. Elizabeth and Plainfield, both 4-0, are the only unbeaten teams remaining in North Jersey, Section 2, Group 4.

Johnson is halfway to making it in North Jersey, Section 2, Group 2 for a fourth consecutive season. Johnson (4-0) hosts Roselle (3-1) in a key Mountain Valley Conference Mountain Division clash this Saturday at Clark's Nolan Field.

Summit (3-1) and Dover (4-1) meet in Dover tomorrow night in a key Iron Hills Conference-Hills Division clash.

### WEEK FOUR

**Last Friday**  
 Elizabeth 21, Union 7  
 Roselle Park 33, Dayton 9  
 Brearley 22, Highland Park 14  
 North Plainfield 19, Hillside 14

**Last Saturday**  
 Linden 35, Newark East Side 0  
 Johnson 14, Newark Central 0  
 Gov. Livingston 19, Roselle 0  
 Summit 27, Mount Olive 7  
 Shahazz 21, Rahway 0

### WEEK FIVE

**Friday, Oct. 24**  
 Plainfield at Union, 7:00  
 Westfield at Elizabeth, 7:00  
 Brearley at Middlesex, 7:30  
 Summit at Dover, 7:30

**Saturday, Oct. 25**  
 Roselle at Johnson, 1:00  
 Gov. Livingston at Hillside, 1:00  
 Roselle Park at New Prov., 1:00  
 Bound Brook at Dayton, 1:00  
 Linden at Irvington, 1:30  
 Newark East Side at Rahway, 1:30

### J.R.'s picks

Union over Plainfield  
 Elizabeth over Westfield  
 Brearley over Middlesex  
 Summit over Dover  
 Johnson over Roselle  
 GL over Hillside  
 Roselle Park over New Providence  
 Bound Brook over Dayton  
 Linden over Irvington  
 Rahway over Newark East Side  
**Last Week: 7-2**  
**Season: 32-16 (.762)**

### Andrew's picks

Plainfield over Union  
 Elizabeth over Westfield  
 Brearley over Middlesex  
 Summit over Dover  
 Johnson over Roselle  
 GL over Hillside  
 Roselle Park over New Providence  
 Bound Brook over Dayton  
 Linden over Irvington  
 Rahway over Newark East Side  
**Last Week: 6-3**  
**Season: 31-11 (.738)**

### TERRIFIC TWELVE

- Elizabeth (4-0)
- Union (2-2)
- Linden (3-2)
- Johnson (4-0)
- Summit (3-1)
- Gov. Livingston (3-1)
- Roselle (3-1)
- Roselle Park (3-1)
- Brearley (3-2)
- Rahway (1-3)
- Hillside (1-4)
- Dayton (0-4)

## Dayton girls' tennis played in sectional

The Dayton High School girls' tennis team did well enough to qualify for the state playoffs in North Jersey, Section 2, Group 1.

The Bulldogs, seeded third, were one of five teams to make it in the section and Tuesday were scheduled to play at defending champion and second-seeded Mountain Lakes in one of two semifinal matches.

The other semifinal pitted fifth-seeded Madison at top-seeded Roselle Park. Madison won at fourth-seeded New Providence 3-2 to advance to the semis.

The sectional final is scheduled for today at a neutral site.

Dayton's team consists of Julia Radakov at first singles, Tracy Saladino at second singles, Tara Neumeister at third singles, Jen Lisante and Lori Fishkin at first doubles and Sarah Naggar and Lindsay Parnum at second doubles.

# GL was up to the challenge

## Highlanders tackle undefeated Rams

By J.R. Parachini  
Sports Editor

Each week presents a different challenge and last weekend's game was as big a challenge as its going to get for this year's Governor Livingston High School football team.

Following its first loss of the season, the Highlanders were faced with having to meet an undefeated Roselle team in Roselle as the Mountain Valley Conference-Mountain Division portion of its schedule continued to be highly competitive.

Not only were the Highlanders prepared to do well, but they went out and executed and made a major statement in posting an impressive 19-0 victory.

### Gov. Livingston 19, Roselle 0

"We eliminated our mistakes, committed very few penalties and played a pretty solid game," GL head coach Joe Hubert said.

The Highlanders improved to 3-1 overall and 1-1 in the Mountain Division while Roselle fell to 3-1 overall and 1-1 in the Mountain.

The schedule remains very tough as GL will continue on the road against Hillside this Saturday at 1. The Comets, although just 1-4, have lost three close games the past three weekends and are a much better team than their record suggests.

Roselle had defeated Hillside 20-18 in triple-overtime in Hillside the week before to move to 3-0 and has aspirations of making the state playoffs for the first time since 1990.

GL also has aspirations of making the state playoffs for the first time since 1989 and its win over Roselle helped a great deal toward reaching that goal.

Running backs Jeff Smith and Joe Leone did all the scoring against Roselle, Smith scoring two touchdowns and Leone one.

Smith scored on a three-yard run and then caught a five-yard touchdown pass from quarterback Dan Guyton, both scores coming in the second quarter and giving GL a 12-0 lead at the half.

Leone, one of several Mountanside residents on the team, scored on a one-yard run in the fourth quarter to clinch the victory.

Smith was called on to carry the ball after senior halfback Jim Debbie had to leave the game with a concussion. Debbie recovered and will be in uniform and ready to play this weekend.

While Roselle was without its No. 1 running back Aseer Clay, GL had to play without the services of Mountanside resident Bret Oberhauser (a senior two-way lineman), who suffered a sprained ankle injury during the latter stages of the Immaculata game.

"He may be able to play for us against Hillside," Hubert said. "It depends on how well it comes along."

The solid play on defense provided by Chrs Petracoro and Mountanside residents Chet King, Phil Statile and Dermck Whittenour kept Roselle quarterback Jameel Dumas at bay.

Petracoro recorded 16 tackles and came up with two fumble recoveries. King, playing defense only, had his usual solid game while Statile and Whittenour, both juniors, made their first varsity starts.

"We had to stop Dumas from coming out of the pocket and running around because he can cause trouble that way," Hubert said.

"Phil and Derrick both did a good job for us," Hubert said. "Chet and Vinnie Belleci contained the quarterback so others could make the tackles."

A fifth consecutive road game will take place against Hillside and then hopefully the season's first home game on Saturday, Nov. 1 against Roselle Park in the school's new stadium.

"We're expecting Hillside to step it up," Hubert said. "We're going to continue to work real hard because it's another big game for us."

## B Team posts first win

The Springfield Minutemen B Team won its first football game of the season, posting a come-from-behind 20-12 win over Millburn last Sunday at Meisel Field.

The B Team, which improved to 1-4, scored all 20 of its points in the second half after Millburn scored on runs of nine and 53 yards.

Halfback Joe Kahoonei scored Springfield's first touchdown on a 42-yard run, completing the team's first second-half possession.

Springfield took the lead for the first time at 13-12 by scoring early in the fourth quarter. Quarterback Yuri Portugal completed a 26-yard touchdown pass to tight end Eric Dector and then completed the extra-point pass to fullback Brian Stitt for the lead.

## Youth Football

Halfback Leo Ferrine, who rushed for 106 yards, scored the Minutemen's final touchdown on a 12-yard sweep. Portugal completed the extra-point pass to Dector for the final 20-12 score.

Malcolm Gordon was the leader on defense for Springfield, recording seven tackles, two of which were quarterback sacks.

Also playing well on defense for the Minutemen were Timothy Cubukcu, Steven Bernknopf, Jake Morano, Sean Appicella, Keith Garcia and A.J. Garciano.

The C Team was defeated by Millburn 12-0.

The defense was led by Vin DeMaio and Lee Silverman. Also playing well were Jordan Gerber, Matt Boetcher, Matt Farley, Jesse Weatherston and Gregg Stefanelli.

The offense recorded its highest yardage of the season behind quarterback Kenneth Suarez, center Mike Mannarino, Dan Kahoonei, Stephen Suarez and Silverman.

Also contributing were Brian Romoser, Paul Belliveau, David Tarullo, Jordan Fish, Ryan Weller, Cornell Wolfe and Jeff Fader.

Both Springfield teams will be in action at home again this Sunday against Perth Amboy. The C Team starts at noon at Meisel Field and the B Team takes the field at 1 p.m.

### Springfield Girls Basketball and Softball registration this weekend

Springfield Recreation Girls Basketball registration is scheduled for this Saturday and Sunday from 10 a.m. to 1 p.m. at the Sarah Bailey Civic Center. Girls must be in grades 3-6.

This program is designed to teach youngsters fundamentals and increase their skills. Any girl who plays for the Neutes' Travel League team is not eligible to play in this recreation program.

The fee (non-refundable) is \$20 and can be made payable by check to: Springfield Recreation. All games will be played at Gaudineer School.

Springfield Recreation Girls Softball registration is scheduled for this Saturday and Sunday from 10 a.m. to 1 p.m. at the Sarah Bailey Civic Center. Youngsters in grades 2-3 will be in an instructional league, grades 4-5 in the lower league, and grades 6-8 in the upper league.

The fee is \$45 and two checks are necessary. One should be made for \$20 and payable to: Springfield Recreation. One should be made for \$25 and made payable to: Girls Softball Parent's Organization.

Anyone who signs up after Nov. 24 will be placed on a waiting list. Anyone who signs up after uniforms have been ordered will be charged an additional \$20 late fee.

More information about girls basketball and/or girls softball can be obtained by calling the Springfield Recreation Department at 908-912-2227.



Photo by Milton Mills  
 Jeff Smith, left, scored two touchdowns and Mountanside resident Joe Leone, right, one to spark the Governor Livingston High School football team past undefeated Roselle 19-0 last Saturday in Roselle.

## Dayton captures first two victories

### Bulldogs record shutouts vs. Manville, Bound Brook

By J.R. Parachini  
Sports Editor

The Dayton High School girls' soccer team, comprised of Springfield resident students from Dayton and Kenilworth resident students from Brearley, won its first game of the year last week when it blanked Mountain Valley Conference foe Manville 1-0 in Springfield Oct. 14.

After an overtime loss in a preliminary-round Union County Tournament contest, the Bulldogs won again.

Dayton won its second game of the season last Friday when it blanked Bound Brook 1-0 in conference play.

The Bulldogs were eliminated from UCT action when Roselle Catholic posted a 2-1 overtime victory in Roselle last Thursday.

### H.S. Girls' Soccer

In the first win of the season against Manville, senior Theresa Lyle scored the game's only goal in the first half off an assist from Melissa Bayer. Goalkeeper Maria Stravato earned her first shutout of the season by recording 10 saves.

In the second win against Bound Brook, Karen Snyder scored the game's only goal unassisted off a direct kick in the first half.

Stravato made 11 saves for her second shutout.

In the UCT loss against Roselle Catholic, Lyle tied the game at 1-1 with a goal two minutes from the end of regulation. Kristen Lomonaco earned an assist on the goal.

Christine O'Grady scored both goals for Roselle Catholic, the first coming 13 minutes from the end of regulation and the second coming with just two minutes remaining in the second full overtime period.

Roselle Catholic had previously defeated Dayton 1-0 in conference play back in early September.

Dayton, which began the week at 2-11 with five of their losses by one goal, were scheduled to host Oak Knoll Tuesday, play at New Providence today and close the season out at home tomorrow against Governor Livingston.

#### September (0-8)

Immaculata 4, Dayton 1; Roselle Catholic 1, Dayton 0; Mt. St. Mary's 3, Dayton 1; Manville 3, Dayton 2; Roselle Park 1, Dayton 0; Oak Knoll 4, Dayton 0; New Providence 2, Dayton 0; Ridge 8, Dayton 0.

#### October (2-3)

Johnson 9, Dayton 0; Mt. St. Mary's 2, Dayton 0; Dayton 1, Manville 0; Roselle Catholic 2, Dayton 1 (OT); Dayton 1, Bound Brook 0.

### DAYTON BULLDOGS Remaining Schedule

**Today: Dayton at New Providence, 4:00**  
**Tomorrow: Gov. Livingston at Dayton, 4:00**

### UCT soccer quarters set for this Saturday

Both soccer Union County Tournaments were seeded last week as Scotch Plains earned the top spot on the boys' side and defending champion Westfield on the girls' side.

Here's a look at each tournament:

#### BOYS'

**Top 8 Seeds:** 1-Scotch Plains, 2-Westfield, 3-Rahway, 4-Plainfield, 5-Cranford, 6-Elizabeth, 7-Roselle Park, 8-New Providence.

**First Round:** (last Friday) Plainfield 2, Hillside 0. (Last Saturday) Roselle Park 3, Union 2; Cranford 4, Summit 0; Scotch Plains 5, Linden 0; Elizabeth 8, Gov. Livingston 3; Westfield 6, Brearley 0; New Providence 3, Johnson 2; Rahway 4, Roselle Catholic.

**Saturday's Quarterfinals (the top 8 seeds advanced):** 8-New Providence at 1-Scotch Plains, 7-Roselle Park at 2-Westfield, 6-Elizabeth at 3-Rahway, 5-Cranford at 4-Plainfield.

The semifinals are scheduled for Saturday, Nov. 1 at Williams Field in Elizabeth and the final for Saturday, Nov. 8 at Williams Field at 8 p.m.

#### Girls'

**Top 8 Seeds:** 1-Westfield, 2-Union Catholic, 3-Cranford, 4-Johnson, 5-Union, 6-Oak Knoll, 7-Governor Livingston, 8-Summit.

**First Round:** (last Friday) Cranford 8, Roselle Park 0; Union 8, Linden 0; Mother Seton 3, Elizabeth 1. (Last Saturday) Scotch Plains 1, Summit 0; Johnson 6, Rahway 1; Union Catholic 9, Roselle Catholic 0; Oak Knoll 6, Kent Place 1; Westfield 9, Mother Seton 0; Governor Livingston 4, New Providence 0.

**Saturday's Quarterfinals (7 of the top 8 seeds advanced):** Scotch Plains at 1-Westfield, 7-Governor Livingston at 2-Union Catholic, 6-Oak Knoll at 3-Cranford, 5-Union at 4-Johnson.

The semifinals are scheduled for Friday, Oct. 31 at Union at 5 and 7 p.m. and the final for Saturday, Nov. 8 at Williams Field at 5:30.

NEWS CLIPS

Golf outing planned

The Springfield Fire Department's Firemen's Mutual Benevolent Association Local 57, will be holding its Third Annual Charity and Fund Raising Golf Tournament at Baltusrol Golf Club on Nov. 10.

This event will again support the F.M.B.A. and its causes. A portion of the proceeds will support Springfield's fire prevention education programs, the Saint Barnabas Burn Center, various Springfield Youth Activity programs, various charitable organizations and other activities for the good and welfare of our organization.

Opportunities still exist for citizens and businesses to become a part of this charitable and worthwhile event. At present we still have a limited number of sponsorships available. Your tax deductible sponsorship of \$50 will entitle your business to have a sign or advertisement with the name of your company and logo at a tee or hole on the Golf Course during the tournament.

In addition tickets remain available for a full day of golfing at Baltusrol on Nov. 10. Golf tickets for the tournament are \$250 per golfer. All golfers will receive driving range and putting green privileges, complimentary buffet brunch, shotgun start on the lower course, the use of a golf cart per two-some or caddy per foursome, cash locker bar, post tournament cocktail/dinner reception on the Terrace at Baltusrol and a tournament gift.

Flemington car and truck country is sponsoring, for the third year in a row, our "Hole-In-One" contest and all players get a chance to win a brand new Ford Mustang Coupe. Additional prizes will be awarded at the reception.

For further information on the tournament call the Springfield Firemen's Mutual Benevolent Association at 973-376-8558 or stop by the Firehouse for an application.

Artist to speak

Nina Lalin, a prominent artist, will speak on "My family from the past to the present," at the Oct. 30 8 p.m. meeting of the Springfield Hadassah in Temple Beth Ahm, Springfield.

Lalin, who has her studio in Wayne, has traced her family back from the present through the Holocaust and to before the Spanish Inquisition in 1492, according to Eleanor D. Kuperstein, chapter president.

Lalin, who works in oil and water colors, has had exhibitions in many American galleries and is listed in Who's Who in American Art Publications.

PUBLIC NOTICE

RESOLUTION OF THE TOWNSHIP OF SPRINGFIELD, PLANNING BOARD, COUNTY OF UNION, STATE OF NEW JERSEY. WHEREAS UNION CENTER NATIONAL BANK, Applicant, filed an application with the Springfield Planning Board, #6-97S, relating to the property at Block 3601, Lots 6 and 7 on the Tax Map of the Township of Springfield, County of Union, State of New Jersey, more commonly known as 763 Mountain Avenue, Springfield, New Jersey...

WHEREAS, by resolution at the meeting of the Planning Board of July 2, 1997, said Board granted Applicant a minor subdivision, preliminary site plan approval, and the requested variances which resolution was memorialized on August 6, 1997; and WHEREAS, the Applicant appeared before the Board on September 3, 1997 seeking final site plan approval pursuant to the resolution of Memorandum and Order of July 2, 1997...

WHEREAS, the Planning Board considered the presentation on September 3, 1997 and the Applicant's request for final site plan approval with Richard C. Greenstein Esquire appearing as counsel to the Applicant and Mr. Greenstein having advised that he would appear in person at the meeting of the July meeting of the Applicant's engineer, Mr. Lanzetta, had worked with the Township Engineer to address all of the conditions of the resolution and to obtain the approval of the Union County Division of Engineering, Land and Facilities Planning which approval has now been obtained and submitted to the Board, and WHEREAS, the Planning Board determined that all notices provided with respect to the meeting of the Planning Board at which the Application was heard were legally sufficient; and

WHEREAS, the Planning Board considered the presentation on September 3, 1997 and the Applicant's request for final site plan approval with Richard C. Greenstein Esquire appearing as counsel to the Applicant and Mr. Greenstein having advised that he would appear in person at the meeting of the July meeting of the Applicant's engineer, Mr. Lanzetta, had worked with the Township Engineer to address all of the conditions of the resolution and to obtain the approval of the Union County Division of Engineering, Land and Facilities Planning which approval has now been obtained and submitted to the Board, and WHEREAS, the Planning Board determined that all notices provided with respect to the meeting of the Planning Board at which the Application was heard were legally sufficient; and

WHEREAS, the Planning Board relied upon the report and testimony of the Township Engineer, the testimony of the witness, and representations of the Applicant in taking action with respect to the subject application; and THEREFORE, based upon the foregoing of the Planning Board and that the Applicant has met the burden for the grant of final site plan approval; and WHEREAS, at the conclusion of the September 3, 1997 hearing upon motion of Mr. Kurnos the Springfield Planning Board members hearing the application voted by the majority to grant final site plan approval.

By: RICHARD COLANDREA, CHAIR U6777 SLR Oct. 23, 1997 (\$33.50)

TOWNSHIP OF SPRINGFIELD OFFICE OF THE BOARD OF ADJUSTMENT Take notice that the following decision was made at the regular meeting of the Board of Adjustment held on Tuesday, September 16, 1997.

1. Appl. #97-26 Applicant: Dianna Mellon Site Loc: 217 Hill Avenue-Block 107 Lot 14 For a Use Variance and Minor Site Plan Denied

The resolution memorializing the decision was adopted at the regular meeting of the Board of Adjustment on Tuesday, October 21, 1997 and is available for public inspection in the office of the Municipal Clerk, Secretary Lynda Gaigliano U6782 SLR Oct. 23, 1997 (\$9.00)

Fall festival

The James Caldwell School will hold it's second annual Fall Festival on Saturday, from 11 to 4 p.m. The carnival will feature games prizes, pumpkin decorating, pony rides and other fall treats.

There is no admission fee for this day of old-fashioned family fun. A music recording booth, hair painting tattoos, and plenty of food and Halloween treats will be held at the Caldwell playground on Caldwell place in Springfield, rain or shine!

For further information contact Lynn Cozzi at 201-379-2824.

Consumer symposium

The county Division of Consumer Affairs will hold a free symposium today in Westfield.

Held to introduce National Consumer Week, Oct. 25-31, as part of the state Division of Consumer Affairs' Consumers Month, the event will be in the auditorium of the County Complex at 300 North Ave.

The symposium, featuring experts from the New Jersey Division of Consumer Affairs, will focus on utilities and investments and provide information on medication. It will start with a breakfast at 8:30 a.m., and conclude with refreshments at 12:30 p.m.

Literacy days

Literacy Volunteers of Union County will be holding Library Literacy Days in many of the local libraries.

This is to introduce how Literacy Volunteers can help adults learn to read or speak English. Prospective tutors and students are invited to the Union Library on Nov. 22 from 10 a.m. to 2 p.m.

Anyone who would like to be assessed as a student should call the LVA-UC office at (908) 925-7755 to set up an appointment.

Recycling day contest

In the tradition of Earth Day, the Union County Utilities Authority will join in America Recycles Day, a national, environmental partnership effort to increase consumer purchases of recycled products.

The theme of the contest is Keep Recycling Working: Buy Recycled. Students are asked to make a holiday ornament or display from recycled materials. Judging will be based on the most creative entry. The contest will end Nov. 3. The authority has planned a fun-filled day for Nov. 15 at the Trailside Nature and Science Center in Mountainside. Tin Can Teddy the UCUA mascot will award

PUBLIC NOTICE

TOWNSHIP OF SPRINGFIELD OFFICE OF THE SECRETARY OF THE BOARD OF ADJUSTMENT Take notice that the following decision was made at the regular meeting of the Board of Adjustment held on Tuesday, September 16, 1997.

1. Appl. #97-23 Applicant: Consulto Silbert Site Loc: 65 Highlands Avenue-Block 3302 Lot 12 For a Variance for violation of side yard, rear yard, building and lot coverage.

Approved. The resolution memorializing the decision was adopted at the regular meeting of the Board of Adjustment on Tuesday, October 21, 1997 and is available for public inspection in the office of the Municipal Clerk, Secretary Lynda Gaigliano U6783 SLR Oct. 23, 1997 (\$9.75)

PUBLIC NOTICE

TOWNSHIP OF SPRINGFIELD NOTICE OF HEARING PLEASE TAKE NOTICE THAT THE PLANNING BOARD OF THE TOWNSHIP OF SPRINGFIELD WILL CONDUCT A PUBLIC HEARING ON THE ADOPTION OF THE MASTER PLAN AT 7:30 P.M. ON WEDNESDAY, NOVEMBER 8, 1997, IN THE COURT ROOM AT THE MUNICIPAL BUILDING, LOCATED AT 100 MOUNTAIN AVENUE, SPRINGFIELD, NEW JERSEY. COPIES OF THE MASTER PLAN ARE AVAILABLE FOR PUBLIC REVIEW AT THE TOWNSHIP CLERK'S OFFICE AT 100 MOUNTAIN AVENUE, THE PLANNING OFFICE, IN THE MUNICIPAL ANNEX BUILDING, AND THE TOWNSHIP OF SPRINGFIELD LIBRARY.

PLANNING BOARD SECRETARY October 23, 30, 1997 U6784 SLR (\$16.50)

NOTICE OF APPROVAL

PLEASE TAKE NOTICE that on the 7th day of October, 1997, the Planning Board of the Township of Springfield, County of Union, in re Application #5-97S, adopted a Resolution memorializing the grant of variances as follows: (a) front yard set back; (b) number of parking spaces provided; (c) provision for only two loading spaces; (d) fifteen or more parking stalls in a continuous row without a landscape break; (e) number and height of wall signs; (f) number, height and area of free-standing signs and set back of free-standing signs, together with preliminary and final site plan approval, to permit retail sales and service store entitled "Bed Bath & Beyond" in the general commercial zone on premises located at Block 501, Lot 2 as shown on the Township Tax Map also known as 715 Morris Turnpike. Said Resolution is on file with the Administrative Officer of the Planning Board and is available for public inspection.

RICHARD C. SHERMAN, ESQ. SHERMAN & SHERMAN, ESQS. 26 Linden Avenue Springfield, NJ 07081 U6786 SLR Oct. 23, 1997 (\$11.00)

NOTICE TO CREDITORS

ESTATE OF WILLIAM F. LITTLE, JR., also known as WILLIAM FRANCIS LITTLE JR. WILLIAM LITTLE and WILLIAM FRANCIS LITTLE. Pursuant to the order of J.N.P. CONTI, Surrogate of the County of Union, made on the 17th day of October, A.D. 1997, upon the application of the undersigned, Executor of the estate of said deceased, Notice is hereby given to the creditors of said deceased to exhibit to the undersigned their oaths or affirmation their claims and demands against the estate of said deceased within six months from the date of said order, or they will be forever barred from prosecuting or recovering the same against the subscriber.

Joyce S. Little, Executor Christopher D. Armstrong, Attorney 30 Vail Place P.O. Box 187-D Railway, NJ 07065 U6785 MEC Oct. 23, 1997 (\$9.75)

prizes of U.S. Savings Bonds to the winners.

Sign an America Recycles Day Pledge Card to buy recycled products and you are eligible to win an American Green Dream House as the national prize. The house will be built with recycled-content products and energy efficient products. Sponsors will provide materials, money for land and the in-kind donations.

Deserted village tour

Did you know that Union County's largest park, the Watchung Reservation, is home to a village that dates to the pre-Civil War era? The area encompassing the Deserted Village of Feltville was first settled in the early 1700s, built into a thriving milltown in 1845, and converted into a summer resort in the late 1800s.

During October, there will be two opportunities to tour the Deserted Village with Dan Bernier, chief of the Bureau of Park Operations, who is coordinating the county's program to restore the village's 10 buildings and 130 acres.

On Oct. 26, at 2 p.m., the county will present a tour of the village as part of Trailside Nature and Science Center's regular Sunday Family Program schedule. On Oct. 30 at 7:30 p.m., a candlelight tour will be held for a Halloween atmosphere with the history lesson.

Pre-registration is required for the candlelight tour only. There is a \$2 per adult program fee for either program; children are admitted free, but must be over the age of six to participate. Both programs will be held rain or shine. Meet at the top of Cataract Hollow Road, off Glenside Avenue, on the Berkeley Heights side of the park. For the candlelight tour, bring a flashlight. For either tour, be sure to wear shoes suitable for walking on dirt paths. For information, or to register, call (908) 789-3670.

Skating rink opens

Warinanco Ice Skating Center is open for the 1997-98 season.

Skating sessions will be: Tuesdays, 12:30-2:30 p.m.; Wednesdays, 10 a.m. to noon p.m., and 12:30-2:30 p.m. for hockey; Thursdays, 12:30-2:30 p.m.; Fridays, 10 a.m. to noon, 3:30-5:30 p.m., 6-8 p.m. and 8:30-10:30 p.m.; Saturdays, 10:30 a.m. to 12:30 p.m., 1-3 p.m., 8:30-10:30 p.m.; Sundays, noon to 3 p.m., 3:30-5:30 p.m. and 8:30-10:30 p.m.

Admission to the general sessions is \$5 for adults, \$4 for children age 17 and under, and \$4.25 for senior citizens age 62 and over with proper identification.

Discount cards for county residents who plan to skate on a regular basis are on sale.

The Warinanco Ice Skating Center

PUBLIC NOTICE

NOTICE OF HEARING TOWNSHIP OF SPRINGFIELD PLEASE TAKE NOTICE that an application has been made to the Planning Board of the Township of Springfield by Cecilia W. Blau for the conditional use of a home professional office pursuant to Land Use Ordinance Section 701.2(c). All sections referring to the zoning ordinance of the Township of Springfield. Also any other variances that may be necessary as evidenced by the plans now on file as may be modified at the request of the Planning Board. This application is made for premises located at 627 South Springfield Avenue, Springfield, New Jersey, Block 2093, Lot 1.

This application will be heard at the public hearing ordered for 8:00 p.m., November 5, 1997, in the Municipal Building, 100 Mountain Avenue, Springfield, New Jersey, and when the calendar is called, you may appear either in person or by agent or attorney, and present any objections which you may have to the granting of this application. All papers pertaining to this application may be seen in the office of the Administrative Officer of the Planning Board of the Township of Springfield located in the Annex Building, 20 N. Trivet Street, Springfield, New Jersey.

Cecilia W. Blau Applicant U6799 SLR Oct. 23, 1997 (\$13.50)

is located off Thompson Avenue in Warinanco Park, Roselle.

Tutors needed

Literacy Volunteers of America's Union County affiliate is providing two workshops for volunteers who wish to be trained as English as a second language tutors and provide instruction to adults who need help in English. The workshops will be held at:

Westfield Y. 2322 Clark St., Westfield.

The six-session workshop will be held Wednesday nights Oct. 29, Nov. 5, 12 from 6:30 to 9:30 p.m.

Liela Bernstein will be the instructor. There is a registration fee of \$15.

Hillside Library, at JFK Plaza, Liberty and Hillside avenues. The six-session workshop will be held Wednesday mornings Oct. 25, and Nov. 1 from 10 a.m. to 1 p.m.

Donna Sandorse will be the instructor. There is a registration fee of \$15.

Upon completion of training, volunteers are required to make a commitment to tutor for approximately 1-2 hours each week for at least one year. Tutoring may be done during the day or evening at any public library in Union County.

For further information and to register, telephone the LVA-UC office at (908) 925-7755.

Vo-Tech help wanted

The Adult Division at the Union County Vocational-Technical Schools is seeking certified instructors to fill vacancies as they occur.

The courses include computer assisted drafting; heating-ventilating air conditioning; plumbing; oil burner; reading of blueprints/architectural drawings; power engineering; masonry; carpentry; baking; electricity; Quark Xpress, and citizenship preparation.

Resumes should be sent to the Adult Division, Union County Vocational Schools, 1776 Raritan Road, Scotch Plains, NJ 07076.

'Advocates' sought

People are needed to be advocates for nursing home residents in Essex.

Hudson, Morris and Union counties. This program is administered by Senior Services, a non-profit agency and is supervised by the state Department of Health and Senior Services.

Responsibilities include visiting a nursing home, interacting with residents, families and staff, preparing written reports and representing the concerns of nursing home residents. A free 32-hour training program will be given in the fall. Adults over 18 who are looking for important, interesting volunteer work and want to help improve the quality of life for elderly people are needed.

Contact Sue Rosenkranz at Senior Services for additional information at (201) 673-0640, ext. 38.

Tutor-trainers needed

Literacy Volunteers of Union County is looking for tutors who would like to become tutor trainers.

Those who have a teaching background and have gone through the tutoring course may call (908) 925-7755.

Tutor-trainer is a paid position for just a few hours each year. Candidates must have gone through the Literacy Volunteer tutor training previously or will in the immediate future, and must have a desire to help people.

Gardener program to open

Rutgers Cooperative Extension of Union County is accepting applications for its 1997-98 Master Gardener Program.

The program gives people with an interest in horticulture an opportunity to become more educated in a variety of horticultural topics and share their expertise with county residents through volunteer programs sponsored by Rutgers Cooperative Extension. The program is open to all Union County residents.

Master Gardeners complete a course that involves attending weekly horticulture and entomology lectures taught by Extension faculty and staff from Rutgers University. They are also trained to answer telephone inquiries, diagnose plant problems and identify insect pests.

The students complete a team land-

scaping project for a Union County Park; an Integrated Pest Management assignment for their home and a Garden Hotline Training Manual.

The lectures will be held on Friday mornings from 10 a.m. to noon at the Rutgers Cooperative Extension of Union County Auditorium, 300 North Ave. East in Westfield. Class will begin tomorrow and run through May of 1998. Applications can be obtained by calling (908) 654-9854.

Forty applicants will be accepted. Upon acceptance to the program a \$90 tuition fee is due.

Students in the Master Gardener Program are committed to 100 hours of volunteer service to Rutgers Cooperative Extension. Master Gardeners provide county residents with information on gardening and maintaining their property through a Speakers' Bureau, Garden Hotline 654-9852, and Garden Fairs.

The volunteers also provide horticultural therapy programs for disabled adults and youth.

Award nominees needed

The Union County Commission on the Status of Women, an advisory board to the county freeholders, is seeking applicants for its sixth annual Award of Excellence, which will be presented at the "Women of Excellence" dinner.

The dinner will be held March 13 at the Westwood, on South Avenue in Garwood, from 7 to 10 p.m., with a cocktail hour, dinner and dessert.

"Women are making significant contributions in society," said Freeholder Carol Cohen, liaison to the commission. "We urge people to submit nominations so we can honor the women who truly deserve recognition."

Applicants should submit a cover letter and a resume/biography that highlights their accomplishments in a particular category, as well as volunteer work, community service or humanitarian efforts, to: Carol Wortmann, UCWSW Dinner Chair, AT&T, Suite 3000, 150 Allen Road, Liberty Corner, N.J., 07938. For further information, contact Wortmann at (908) 903-6045. The deadline for submission is Nov. 28.

LEADERSHIP THAT WORKS FOR YOU DISTRICT 22 - RI-ETCI Senator DON DiFRANCESCO Assemblyman RICH BAGGER Assemblyman ALAN AUGUSTINE A RECORD OF ACHIEVEMENT \*Restored the property tax deduction \*Cut State income tax by 30% \*Protected educational excellence in local schools \*Eliminated car insurance surcharges & automatic rate increases \*Enacted "No Early Release Act" to keep violent criminals out of our neighborhoods VOTE REPUBLICAN - NOVEMBER 4

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# *Healthy Living*

OCTOBER 23, 1997

*Advertising Supplement To*  
**WORRALL COMMUNITY NEWSPAPERS**

Union Leader, Kenilworth Leader, Roselle Park Leader,  
Summit Observer, Springfield Leader, Mountainside Echo,  
Hillside Leader, Elizabeth Gazette, Linden Leader,  
Roselle Spectator, Clark Eagle, Rahway Progress

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## With comfort for patients, MRIs make clear images

With recently available technology patients can now take advantage of the comfort of a truly "open-air" MRI while still obtaining high quality, premium images.

"MRIs provide a non-invasive, non-radiation method to view specific organs inside the body," explains Dr. Robert F. Traflet, a board certified radiologist. Because the MRI machine is a magnet, the patient is not exposed to any radiation. One of the newest developments in health care diagnostic imaging, MRI not only helps to avoid traumatic and expensive exploratory surgeries, but it can also reduce the number of tests and the time required to make accurate diagnoses.

"Many patients continue to be reluctant to go through with the procedure if they have to use a superconductive "Tunnel-type" machine," said Dr. Traflet. "However, MRIs have come a long way in the past few years, and are now much more comfortable."

Dr. Traflet is the medical director of Magnetic Resonance of New Jersey, a facility that offers patients the choice of two MRI machines: closed, with the largest opening available and at a fast scan time; or a completely open-air MRI.

"The open-air machine is perfect for claustrophobic or large patients who would prefer to avoid smaller spaces," said Dr. Traflet. "A completely open-air machine is also beneficial for children. It gives parents the opportunity to be close to their child dur-

*'Many patients continue to be reluctant. However, MRIs have come a long way and are now much more comfortable.'*

— Dr. Robert Traflet,  
board certified radiologist

ing the scan, which can be very calming and comforting for a child." At MRNJ, children as well as adults can watch a video or listen to their favorite CD while actually having an MRI.

The open-air machine at MRNJ is one of the newest models available on the market today, offering images that are of superior resolution and tissue contrast than in previous open air models.

MRNJ—Open MRI and Radiology Center is located at 410 Center St., Nutley. In addition to offering both high field MRI and fully open—air lower field MRI at the same location, MRNJ offers x-ray, ultrasound, ACR accredited mammography, computed tomography fluoroscopy, nuclear medicine, and bone density scans.

This fall, MRNJ will be opening a third open MRI facility in Westfield.



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- Licensed Professional Interdisciplinary Team - Dietary, Nursing, Physicians, Recreation Pain Management.
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# For many, alternative care accompanies medicine

Last year, Americans spent over \$20 billion on alternative medical care, much of it out of their own pockets. More and more, people in pursuit of good health are looking to alternative treatments and therapies to compliment traditional medicine.

But what exactly is alternative medicine? Alternative medicine is a catch-all term for a variety of therapies, the most common of which are acupuncture, homeopathy, chiropractic, biofeedback and massage. Some of these therapies go back two thousand years. In some countries, these therapies are still considered standard.

Some alternative therapies are based on recent discoveries. In the U.S., most have been relegated to the margins of conventional, or allopathic, medicine.

This was not always the case. At the beginning of the 20th century, many American doctors routinely used homeopathy, herbal concoctions and folk remedies. With the advent of modern drugs, especially antibiotics in the 1950s, and improved antiseptic techniques that allowed more invasive techniques, drugs and surgery became the conventional way to treat illness.

Despite advances in technology that have improved diagnosis, conventional medicine can fall short. Its failure to provide cures to high-profile diseases such as AIDS and cancer demonstrates that conventional medicine has its limitations. "The problem with conventional medicine is that it has focused on a 'cure' model following the successes of antibiotic therapy, but the kinds of health problems most people encounter are

progressive, chronic, deteriorating and not subject to cure," said Dr. David Spiegel, professor of Psychiatry and Behavioral Sciences, Stanford University, at a recent California Board of Medicine conference on alternative medicine.

"Conventional medicine is about getting rid of disease, while alternative medicine is about the potential to be well," said Dr. Jan Teitelbaum, a New York chiropractor who says many people come to his practice not to get rid of their back pain, but stay healthy.

This desire to stay healthy and active leads many to seek alternatives. The movement is driven in part by the Baby Boom generation and its increasing demographic clout. This generation grew up questioning established procedures and is comfortable with new experiences. Ever preoccupied with preserving their youthful vitality, boomers are now concerned with avoiding the medicine-dependent old age experienced by many of their parents.

The trend is also driven by the increased awareness of the healing practices of other cultures. The Internet, increased tourism and immigration have opened national borders and brought us into contact with other ways of life.

Once cynical about alternative therapies, today's medical profession is recognizing their value. Managing high blood pressure through meditation or using biofeedback to treat bowel disorders without surgery are example of the non-invasive types of treatment offered by alternative medicine. Coupled with the increased consumer

demand for alternatives, 70 percent of health maintenance organizations reported increased requests for alternative care. Health planners see the emergence of "complementary" or "integrative" medicine. More and more health plans are beginning to recognize the need to offer health consumers a wider choice of treatment options. One such health plan located in our own backyard, Oxford Health Plans, Inc., headquartered in Norwalk, CT, was the nation's first health plan to offer a comprehensive network of credentialed alternative medicine providers, including 2,000 chiropractors, acupuncturists, yoga instructors, naturopathic physicians, massage therapists and nutritionists located throughout New Jersey, New York, Connecticut, Philadelphia, New Hampshire and Florida.

But how is the public to know which models to use? Health planners see the public becoming more and more involved with it's own care as access to information and cost consciousness about expensive treatment increases. Knowledge, then, is the key to choosing alternatives.

• Acupuncture has been used in China for thousands of years and in Western Europe for several hundred years. The insertion of tiny, hair-thin needles into specific points of the body is based on the belief that gi, pronounced chi, or vital energy, is responsible for health, and that an imbalance of gi results in illness. Acupuncture is used to restore the flow of gi through the body's channels.

• Chiropractic operates on the theory that improper alignment of the bones of the spine

and the spinal cord they protect is a primary cause of disease. Chiropractors apply pressure in a specific manner to realign the vertebrae in the spinal column.

• Herbal medicine is used by about 80 percent of the world's population. It uses plants as the source for medicine. In fact, 77 percent of conventional medicine's 150 most commonly prescribed drugs are of plant origin.

• Homeopathy is based on the idea that a substance that causes adverse reactions when given in large doses to a healthy person can cure those same symptoms when given in small doses. For instance, quinine, which causes malarial symptoms when ingested in large doses, can in small doses be used as a cure.

• Naturopathic medicine attempts to restore overall health instead of suppressing key symptoms. Practitioners seek to find the underlying cause of a condition and apply a variety of treatments intended to work the body's natural healing mechanisms.

• Massage Therapy is the direct mechanical effect of rhythmically applied pressure which, depending upon its form, has its own unique theoretical and philosophical perspective. Massage therapy is most commonly used to reduce muscle fatigue and pain caused by normal movement, strenuous activity or daily stress. Massage therapy can also be used to elicit the relaxation response of the nervous system which, in turn, strengthens the body's immune system.

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St. Elizabeth Hospital's Heart Center remains committed to the community in providing an interdisciplinary approach to the prevention, diagnosis and treatment of heart disease.

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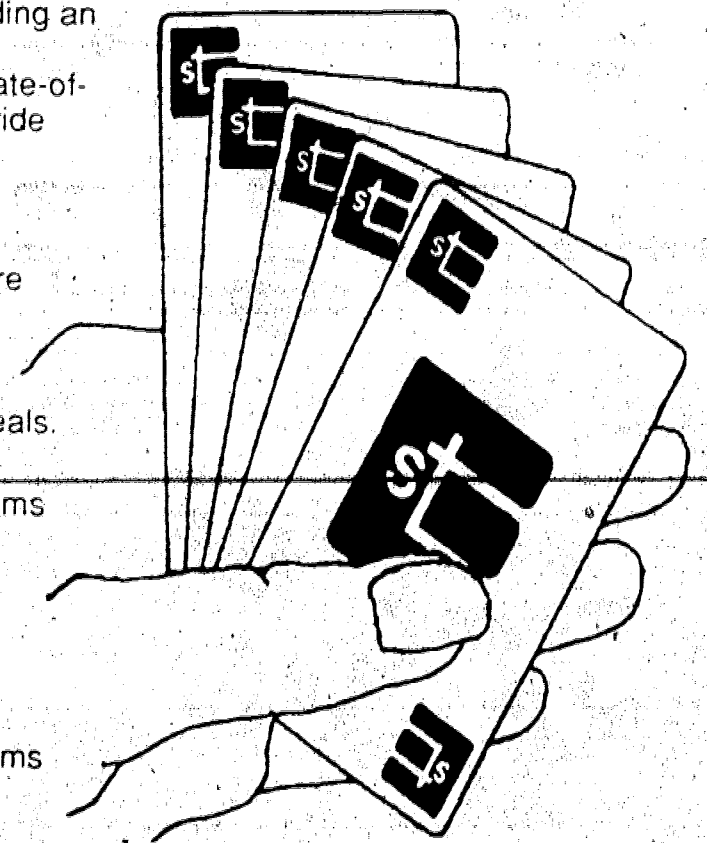
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For More Information

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# St. Barnabas Med Center offers programs

St. Barnabas is offering the following ongoing programs, classes, and support groups.

## HIV/Aids Support Group For Caregivers, Families and/or Significant Others

This support group offers education, information and mutual support for caregivers, families and/or significant others. Meetings are held on alternating Mondays from 6:30 to 8:30 p.m. in Room 308 of the East Wing Building at Saint Barnabas. The program provides an opportunity to discuss issues of both a medical and emotional nature and is facilitated by clinical specialists in the field. For further information or to register for the program, call (973) 533-5193.

## Living With Recurrent Or Metastatic Cancer

This group is open to patients facing cancer which has returned or spread to another part of the body. This group provides a place in which people can explore feelings, obtain emotional support and develop coping skills to deal with the issues of recurrent cancer. Meetings are held on the second and fourth Wednesday of each month from 6:30 to 8 p.m. in the Cancer Center Conference Room located on the second floor of the East Wing. For more information, call (973) 533-8414.

## Family And Friends Support Group

This group is designed to offer family and friends of cancer patients a forum to discuss issues related to caring about someone with cancer. This group meets on the second and fourth Wednesday of each month from 6:30

to 8 p.m. in Suite 302 of the East Wing Building. Call (973) 533-8414 for additional information.

## Coping Through Creativity

This group offers adults undergoing treatment for cancer a new means for expressing their feelings. By creative endeavor, people with cancer have the opportunity to express emotion and develop new ways to cope with the stress of a cancer diagnosis and treatment. Prior experience with art is not necessary. The group meets every other Thursday from 9:45 to 11:15 a.m. For more information call Lissa Parsonnet, coordinator of Psychosocial Programs at The Cancer Center of Saint Barnabas, at (973) 533-8414.

## Hiv/Aids Support

## Group For Patients

This support group provides participants with an opportunity to discuss medical, emotional and spiritual issues relative to the disease with an emphasis on the mind/body connection. Meetings are held on alternate Mondays from 6:30 to 8:30 p.m. in Room 308 of the East Wing Building at Saint Barnabas Medical Center. The program is facilitated by clinical specialists in the field. Educational programs on specific interests and other activities are planned by the group. For further information or to register for the program, call (973) 533-5193.

## HIV/AIDS Support Group For Patients

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## Growing Through Loss Bereavement Support Groups

These support groups offer a caring and supportive environment for persons grieving the loss of loved one. Some topics of discussion include "Why does it hurt so much?," "Dealing with feeling of anger" and "Changing perspective on life and letting go." The evening group meets on Tuesdays from 6 to 7:30 p.m. The daytime group meets on Thursdays from 10 to 11:30 a.m. For further information or to register, call the Pastoral Care department at (201) 533-5016.

## Look Good — Feel Better: Cosmetic Make-Overs For Female Cancer Patients

Saint Barnabas hosts "Look Good — Feel Better" sessions in conjunction with the American Cancer Society, the Cosmetic Toiletry and Fragrance Association, and the American Cosmetology Association. The session include information on wig, skin care, make-up application and turban styling. Each participant receives a complimentary make-up kit. Attendance is limited. Call (201) 533-5164 for reservations.

## Breast Cancer Support Group

This group is open to women currently

receiving treatment for breast cancer. The group provides a supportive atmosphere in which to gain emotional support and practical information about issues specific to breast cancer. Meeting are held on the first and third Wednesday of each month from 6 to 8 p.m. in the Cancer Center Conference Room located on the second floor of the East Wing Building. From more information, call (201) 533-8414.

## Children's Asthma Center's Family Support Group

This support group is for parents of children with asthma. When a child is diagnosed with asthma, it impacts every aspect of family life. Through the Children's Asthma Center's Family Support Group, parents can meet others who have similar experiences. Together, families can learn and gain support from one another. In addition, education regarding the care of a child with asthma is offered. The group is led by a Pediatric Nurse Practitioner and meets monthly. For more information, call (800) Asthma-7.

## Basic Life Support Courses. Fee \$45 per student.

The basic of life support and cardiopulmonary resuscitation are taught in this six-hour course for the layperson. The course includes adult one-man CPR and Adult Foreign Body Airway Obstruction Management, Heimlich Maneuver for choking victims. The course is offered once a month either in two 3-hour evening sessions or one 6-hour day session. Pre-registration is required. Call (201) 533-5023 for further information.

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# Insurer moves to become 'consumer focused'

Oxford Health Plans announced it is reorganizing certain delivery systems and enhancing key products and services as part of its move toward providing the next generation of "consumer-focused" healthcare. The effect will be to offer wider choices, better information and broader decision-making power to the consumer.

As part of this shift, Oxford has tailored many of its products and services specifically to meet consumer demands. These new initiatives will establish a holistic approach to healthcare, centered on getting or keeping the patient well versus simply paying for procedures.

The changes include revamping the way specialty care is delivered to Oxford members; assigning a personal service agent to each member to minimize administrative hassle; and creating 24-hour telephone and on-line access to improve convenience; and expanding choice of providers.

"Consumer sentiment is decidedly in favor of greater choice and less restriction," said Oxford Chairman and CEO Stephen F. Wiggins. "Oxford is restructuring its systems to give our physicians and members more freedom to choose from a wider range of treatment options that will get them better and keep them healthy." Oxford is calling this new approach to healthcare "Health and Healing."

Oxford Health Plans began 13 years ago when managed care was just beginning to gain widespread acceptance. The company broke ground then by instituting many programs that have since become standard in the industry. Oxford recruited only board-certified or board-eligible doctors and instituted the region's first point-of-service plan, giving consumers the option of using any doctor they choose. The result: Oxford grew rapidly to 1.7 million members and won plaudits for its care, repeatedly ranking #1 in customer service in numerous independent surveys.

Now Oxford is once again setting standards for the industry, introducing many new programs, establishing itself as a health and healing company and making the company a model for health care. "We listen to our customers and always strive to improve," explains Wiggins. "These new initiatives, we believe, will make Oxford far more consumer-friendly."

The most far-reaching change Oxford is initiating involves reorganizing how specialty care is delivered. Traditionally, specialty care has been one of the most complex areas in health care. Patients often receive disjointed care as services are delivered piecemeal. Specialists are reimbursed for procedures, rather than outcomes. Under Oxford's new model, specialty care will be handled on a case-based approach that emphasizes healing and solutions.

In nine specialty areas ranging from obstetrics to oncology, Oxford is organizing teams of physicians, hospital, therapists and other professionals who will be responsible for a patient's medical treatment from initial diagnosis to the conclusion of care. "Oxford will no longer simply buy time from physicians. Instead, the company will pay physicians to deliver solutions and heal patients," explains Wiggins.

In another consumer-focused move, a "performance profile" will be created for each team to allow consumers to compare success rates for the procedures they are preparing to undergo. More than 200 specialty care teams have already been formed and the Company anticipates that an additional 500 care teams will form in 1997.

Just as Oxford members have signaled their desire for greater freedom in seeking specialist services, an internal survey made another demand clear: almost one-third of Oxford members would like to seek treatment from an alternative practitioner, either as an adjunct to or as a replacement for conventional therapy. In response, Oxford created the country's first credentialed alternative medicine network, with roughly 1,500 acupuncturists, chiropractors, massage therapists, yoga instructors, nutritionists and naturopaths.

Customers also told Oxford that they wanted greater access to information concerning their healthcare. And they often need this access on a Friday after 5 p.m. To address such concerns, Oxford developed Oxford-On-Call, a 24-hour, seven-day-a-week tollfree hotline. Oxford-on-Call is staffed by trained nurses, who ask callers about symptoms and, aided by expert computer systems, direct callers to the appropriate setting for care. In cases requiring a hospital visit, the members to obtain referrals to see specialist.

Following the lead of great customer service companies,

Oxford has always made easy medical and administrative access a high priority. But, recognizing that access could be even easier, the company is introducing Oxford-On-Line, a series of programs based on the principles of self-service, simplicity and interactivity.

Taking advantage of new technologies, Oxford created a web site so that members will be able to check their benefits and the status of their claims, switch doctors and look up the latest treatments in an extensive medical encyclopedia - all with just a few keystrokes.

Should Oxford members lack on-line capabilities or simply prefer to discuss their questions with an Oxford representative, they will be able to access Oxford's new Dedicated Service Manager.



**Life Begins at 80!**

A black and white photograph of a baby sitting and smiling broadly, looking towards the camera. The text "Life Begins at 80!" is overlaid on the left side of the image in a large, bold, serif font.

We're not content to just celebrate our 80th anniversary this year. We're spending our time making sure that the community can rely on us for health services now and in the 21st century. We'll be offering the best information on health maintenance and disease prevention. We have all the modalities necessary for early diagnosis and intervention for

disease processes. Our childbirth services are family-centered. Adults and children can rely on leading edge emergency and acute care services. For the best recoveries we provide subacute care and rehabilitation. Together with our partners and affiliates we offer home care, long term care and end-of-life services. And that's cause for celebration!

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## St. Joseph's offers pediatric heart care

One of the sweetest sounds to a parent's ears is the first audible heartbeat of an unborn child through the obstetrician's stethoscope. That faint "lub-dub" is what tells Mom and Dad-to-be, "Yes, I am really here."

But what happens when that some little heart shows an abnormality in rhythm or function? What does a parent do if a new infant comes into the world a defect or malformation of its tiny heart?

While the majority of infants are born with strong, healthy hearts, eight out of every 1,000 children have heart defects present before birth.

But the joy need not turn to fear. Advances in medical research and high-tech procedures — even before birth — are available to correct most cardiac-related problems for infants and children.

According to Dr. John Messina, chief of Pediatric Cardiology at St. Joseph's Children's Hospital in Paterson, an affiliate of The Mount Sinai Medical Center in New York, special equipment designed for even the tiniest of patients gives medical personnel the ability to detect problems prior to the baby's birth. "State-of-the-art equipment, like pediatric EKG, fetal echocardiogram and holter monitoring helps to ensure the highest level of specialized care," stated Dr. Messina.

And this kind of care can be especially reassuring to parents as well as vital to the little patients.

The development of the fetal heart is a very complex process. The human heart begins to develop from a single tube in about the third week of pregnancy and starts beating

***Disturbances in the mother's oxygen supply, infections, drugs, smoking and nutritional deficiencies are factors that harm the fetal heart, especially during the first three months of pregnancy.***

about the fourth week, even though a fetal heartbeat is not detected until the tenth to 12th week. The tube twists and divides in such a fashion as to form four chambers, valves, and other parts. Since the developing fetus gets its oxygen from the mother's blood, the fetal circulation bypasses the lungs via a short vessel or duct, that links the aorta, the main artery, and the pulmonary artery.

In the normal course of events, this duct closes shortly after birth and the infant heart, lungs and circulatory system begin to function on their own.

Since the heart's development is so complex, many circumstances can affect its progress. Therefore, it is understandable that defects occur with some frequency.

Disturbances in the mother's oxygen supply, infections, drugs, smoking and nutritional deficiencies are among the major factors that can harm the fetal heart, especially during the first three months of pregnancy when the heart is undergoing its basic formation.

Genetics or heredity also play a role in causing heart defects. In about 97 percent of

the babies born with congenital defects, the specific cause of the abnormality cannot be identified; in a small number, the defect can be traced to a specific cause, such as the mother's having rubella or chromosomal abnormalities.

Most congenital heart defects involve either an obstruction to blood flow or an abnormal routing of blood through the heart chambers, a small number of babies are born with disturbances of the heart's normal rhythm.

Some congenital heart abnormalities may be so mild that they are barely noticeable; others may correct themselves in time. However, there are others that are serious enough to be life threatening or to interfere with normal growth and development.

"Cardiac defects don't discriminate," commented Dr. Messina. "We see heart problems in children of all races, all socioeconomic backgrounds, and in all environments," he added.

Diagnosing treating heart problems as early as possible is key to turning around a child's life, and helping that child to have a happy, healthy future.

## Women's group features speaker at next meeting

Dr. Sorosh Roshan, will discuss "Women's Health Issues — Local, National and International" at the Oct. 30 dinner meeting of Executive Women of New Jersey. Dr. Roshan is a Board Certified Obstetrician and Gynecologist, a Fellow of the American College of Obstetrics and Gynecology and the American College of Surgeons. Presently, Dr. Roshan is an Attending Physician at Overlook Hospital in Summit.

Dr. Roshan founded and is president of the International Health Awareness Network, which is a non-profit organization dedicated to improving the health and welfare of women and children, particularly in developing countries.

As a non-governmental organization's delegate to the United Nations since 1987, Dr. Roshan has been in the forefront of health issues affecting women locally, nationally and internationally.

The program begins at 6 p.m. at the Short Hills Hilton. Cost for the evening is \$45 for members and \$55 for non-members, including dinner. Advanced reservations are required. For additional information regarding the program or membership, call the EWNJ office (908) 530-4098.

Executive Women of New Jersey is an organization designed to promote the advancement for women.

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# New front opens in war against prostate cancer

The Prostate Center of the New Jersey, a medical service providing diagnosis and treatment of benign and malignant prostate disorders as well as counseling for patients and their families, has opened in Livingston.

Louis C. Galdieri, M.D., and Matthew I.S. Whang, M.D., are co-medical directors of the center, which is a service of Physicians in Urology, P.A.

Though prostate cancer is the second leading cause of cancer death in men, the symptoms common to the disease do not always reflect malignancy, according to Dr. Galdieri.

Prostate problems occur primarily in men over 50 and can result in symptoms such as difficulty urinating, pain while urinating, the need to urinate frequently, especially at night; painful ejaculation, and pain in the lower back or pelvis. An annual prostate examination is recommended for all men beginning at age 40. "With early detection and treatment, the chances of surviving prostate cancer are ninety percent," Dr. Galdieri said.

Non-malignant conditions of the prostate, points out Dr. Whang, M.D., which are quite common, include prostatitis, an inflammation or infection of the gland usually caused by a bacterial infection, and Benign Prostate Hypertrophy or BPH, which is an enlargement of the prostate. Enlargement, Dr. Whang explains, occurs as a natural result of aging.

Physicians at The Prostate Center of New Jersey, board certified urologists who are on the staffs of Saint Barnabas Medical Center and Overlook Hospital, utilize advanced diagnostic tools to evaluate patients including ultrasound, uroflow, urodynamics, Prostate Specific Antigen blood test, and a wide range of comprehensive laboratory tests.

Physicians employ a wide range of treatment options ranging from "watchful waiting" to advanced therapies, radioactive seed implantation and surgical procedure.

The Center's medical staff participates in national prostate cancer research studies and patients may qualify to participate in clinical trials for new medications being developed for both benign prostate disease and prostate cancer.

In addition to medical diagnosis and treatment, The Prostate Center of New Jersey provides counseling for patients and families.

According to Ginger P. Archer, MSW, a counselor at the Center, "Just at the time when interpersonal communication is most needed, it often breaks down. If cancer is diagnosed, an entire new set of fears and conceptions must be dealt with immediately and effectively." Archer, a clinical social worker, is available to provide individual and family counseling at the patient's request.

To request information, or to make an appointment, call The Prostate Center of New Jersey at (800) 983-7770.

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### Advice on Funeral Planning

Because families must arrange a funeral service when they are most vulnerable emotionally, it's important to make decisions based on one's own past experience and good judgement.

That's the advice of Hugo F. Barth III, partner in Haeberle Barth of Union, Smith and Smith of Springfield and Brough Funeral Home in Summit. "When families choose a funeral director at the time of a death, they should seek out a home in which they feel comfortable as a result of their own experience in visiting friends and relatives who have lost loved ones," Barth says.

As a third-generation principal of a 93-year old family establishment, Barth believes that those who must make arrangements at the time of need should also consult a trusted friend or relative who has been involved in planning a funeral in the recent past.

"I'd suggest that they ask the friend or relative if they had felt comfortable with the professionalism of the funeral director and the sensitivity of the staff," Barth continues. "If the individual consulted shares the same values, the comments should weigh heavily in the decision making process."

Although most funerals are arranged at the time of a death, a growing number of thoughtful individuals are pre-planning their own arrangements, Barth points out. "By pre-arranging a funeral, one is assured of having precisely the type of service he or she would prefer--and avoid leaving the decisions to others who might not be familiar with the wishes of the deceased."

"Pre-arranging one's funeral is really nothing more than sensible planning, just as making out a will or purchasing life insurance are steps most prudent people take," Barth notes.

Haeberle & Barth, Smith and Brough Funeral Home offer free booklets that provide complete details on pre-planning.

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# Doctor offers emergency room common sense

Many people think of emergency rooms in terms of television dramas like "ER" and Rescue 911. Although the heart-pounding action of these shows can have you on the edge of your seat, have you ever wondered what to expect if you or a loved one has a medical emergency? The following information is provided by Union Hospital's Chairman and Medical Director of Emergency Services John Bertolini, M.D., to ease the hesitation that most people feel when they are unsure if they need to visit an emergency room.

Dr. Bertolini advises that before an emergency situation arises, talk with your primary care physician about what you should do if you or someone in your family needs unscheduled emergency care. "Your physician can best advise you as to when you should call his or her office or head straight for the emergency room," said Dr. Bertolini. "Your physician will also be able to advise you as to the particular requirements of your medical insurance. Certain health plans require notification either before or within a certain time frame after a visit to the Emergency Department."

According to the American College of Emergency Physicians warning signs of a possible medical emergency include: difficulty breathing or shortness of breath, chest or upper abdominal pain, fainting, sudden dizziness, weakness or change in vision, sudden severe pain anywhere in the body, uncontrollable bleeding, severe or persistent vomiting, coughing up or vomiting blood, or unconsciousness. Other situations requiring

emergency care include snake or animal bites, poisoning, drug overdoses, broken bones and bullet or stab wounds.

Upon arriving at the hospital you will be greeted by a trained registered nurse who will assess the severity of your problem in a process called triage. A medical history will be taken. Vital signs — blood pressure, pulse — will be checked and a brief exam performed. If your condition permits, a clerk will obtain information which will allow a medical record to be made. No one who comes to the emergency department will be refused examination because of a lack of insurance or inability to pay.

Most patients are generally seen in the order which they arrive in the Emergency Department. However, patients with relatively less severe problems may have to wait if a more serious emergency comes in. "The Emergency Department staff must treat and stabilize the sickest or most gravely-injured patients first, no matter when they arrive," said Dr. Bertolini. "In life-threatening situations, time is of the essence and every second counts. Our patients understanding this, and would want the same for themselves or their families if the situation was reversed."

When it is your turn, you will be treated by an Emergency Department physician. If the physician decides to admit you, you will stay at the hospital. If admission is not necessary, a discharge nurse will explain how to take care of yourself at home. If your condition deteriorates after you leave the Emergency Department, call the hospital

and request instructions. The Emergency Services Department of Union Hospital is comprised of board certified emergency physicians, registered nurses, technicians and secretaries experienced in treating patients with emergency health conditions. They have access to the latest medical technology as well as all the

resources of the Saint Barnabas Health Care System.

Union Hospital, an affiliate of the Saint Barnabas Health Care System, is located at 1000 Galloping Hill Road in Union. If you need assistance in finding a physician, call Care Finders, Union Hospital's physician referral service, at (908) 688-8777.

## Course at Union Hospital teaches baby-sitter safety

Can your babysitter perform basic life-saving techniques, such as the Heimlich maneuver? Does your babysitter know what to do if a child swallows a poisonous substance? Does he or she know what steps to take in case of a fire? If the answer to any of these questions is no, you may be putting your child at risk.

The Safe Sitter course at Union Hospital can provide your babysitter with the first aid and emergency skills needed to help ensure your child's safety.

Safe Sitter teaches young people, aged 11 and older, to handle potential minor emergencies, as well as life-threatening situations which can occur while they are babysitting. Certified instructors lead lessons in safety and security precautions; hands-on rescue breathing; care for a choking infant or child; recognizing emergencies; and calling for emergency help.

In addition, they teach the basics of traditional child care, including how to feed and diaper an infant.

The Safe Sitter program was founded by pediatrician Patricia Keener, M.D. after she learned of the accidental death of one of her colleague's children while in the care of a babysitter. Keener's goal is to circumvent unnecessary disasters.

"The skills which participants learn in the course will be useful to them throughout their lives," said Union Hospital Volunteer Services Director Juleanne Trumbull, who organizes Union Hospital's Safe Sitter program.

The Safe Sitter course is held four times a year at Union Hospital, and according to Trumbull, it has received an overwhelming response.

"Apparently, the program has become invaluable to many parents in the community," she said.

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# Seniors largely at risk for improper nutrition

Good eating habits and proper nutrition are vital for feeling healthy and alert no matter how old you are, but sometimes you can't control how much you eat or when you have time to eat. This makes getting the proper nutrients to stay healthy difficult and if this happens at contributing factors, 18 percent of people over 60 ingest fewer than 1,000 calories a day. Due to a poor diet or other reasons they are not getting proper amounts of vital nutrients that are needed. Here are the main causes of poor nutrition among the elderly:

- Isolation and depression: Seniors who live alone tend to eat faster and consume less food than those who have dining companions. Feelings sad, lonely or depressed may also decrease appetite.

- Acute or chronic diseases or conditions: Illnesses like Parkinson's disease, cancer and heart disease often affect appetite, while arthritis may impair a person's mobility, making it difficult to shop for groceries or prepare meals.

- Poverty: Malnutrition often accompanies economic hardship. Faced with a lack of funds, some seniors sacrifice food to pay other bills.

- Dependence: Those who are physically unable to prepare their own meals risk malnutrition.

- Medications: Some drugs suppress appetite or have side effects that make eating difficult, such as mouth sore, nausea or vomiting.

- Alcohol abuse: Heavy drinkers tend to eat less.

- Dental problems: Ill-fitting dentures and missing, loose or rotten teeth make it hard to eat.

- Sensory impairment: There is often a loss of pleasure in eating food when it doesn't smell, look or taste as good as it used to.

"The elderly must counter poor nutrition by adjusting their eating habits," explained Leslie Killeen, R.D., coordinator of Clinical Nutrition at Union Hospital. "Considering that malnourished patients take 40 percent longer to recover from illness and have two to three times more complications, the conditions is often easier to prevent than treat. Fairly simple approaches often go a long way toward improving nutritional status."

Mrs. Killeen suggests the following as

possible solutions for increasing appetite and achieving better nutrition:

- Make sure your dentures fit properly. Brush and floss your teeth every day and get regular dental checkups.

- Drink plenty of liquids to counteract dry mouth, a common side effect of many medications that diminish appetite.

- If you're too tired to prepare a meal in the evening, eat your main meal for lunch or make supper in advance.

- Visit Union Hospital for a Senior Supper. Served seven days a week, Union Hospital's cafeteria provides a healthy well balanced meal at a discount price to senior citizens.

- If food shopping and preparation is difficult, recruit a family member or hire a caregiver to help purchase groceries or make meals. Consider food programs such as Meals on Wheels — consult your local agency on aging for details.

- Participate in meals and other activities at a local senior citizens center to alleviate loneliness.

- Take nutritional supplements for extra calories, vitamins and minerals. They are not substitute for a well balanced diet, however.

For more information regarding proper nutrition, consult your physician. For assistance in obtaining a physician, contact care Finders, Union Hospital's physician reference service, at (908) 688-8777. For more information on Union Hospital's Senior Supper program, call (908) 964-0444.

Union Hospital, located at 1000 Gallop Hill Road, is an affiliate of the Saint Barnabas Health Care System.

## What is physical therapy?

Physical therapy is made up of several components. The personalized exercise program enables the therapist to develop a routine to strengthen muscles and correct faulty mechanics of the body. Exercise equipment is used to also build strength and offer resistance to areas of the body that need reconditioning. Electrical Muscle Stimulation or EMS and Ultrasounds are tools used to restore function. Hot packs are used to increase circulation, thereby decreasing spasm and pain. Cold packs are used for decreasing swelling and inflammation. Each exercise program is designed to treat the part of the body that needs to be rehabilitated.

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# Elizabeth General and St. Elizabeth to merge

Hailing one of the biggest changes in healthcare in the area, officials at Elizabeth General Medical Center and St. Elizabeth Hospital have signed a "Memorandum of Understanding" expressing their intent to proceed with a consolidation into one hospital corporation under a single parent organization.

The new hospital will be a Catholic institution, and the private, not-for-profit, voluntary status of both hospitals will be preserved in the new non-profit voluntary entity.

Both hospitals have entered into this process as partners and will share equally in the governance of the new system. As part of the agreement, Sister Elizabeth Ann Maloney, president of St. Elizabeth Hospital, will be come the chairman of the governing board of the parent organization and David A. Fletcher, president and chief executive officer of Elizabeth General Medical Center, will become the parent's president and chief executive.

The exclusivity of discussions between the two hospitals had been temporarily suspended last year over issues relating to the Catholic character of the parent organization. The two presidents reported that they have resolved this issue to the satisfaction of both hospitals and the Church by designating the parent as an entity that will follow the ethical teachings of the Catholic Church.

The next phase of the consolidation plan is likely to take up to four months. The Memorandum of Understanding marks the beginning of the formal process which is

expected to result in a "definitive agreement" which must be approved by both governing boards. Following approval of the "definitive agreement" the transition process commences in full.

"Key members of the governing bodies of both hospitals have spent months discussing this matter to ensure that we make the right move for our hospitals, physicians and the community we jointly serve," the two presidents explained, adding that the Memorandum of Understanding encompasses the input and approval from the highest levels of both organizations from various regulatory bodies and from the Church.

"They continued, "Our two hospitals have a rich history of service to the region. By combining our resources and strengths we can bring our fine array of services to an even higher level than we could have done independently. We can also bring a united approach to introducing other services into the community such as wellness and prevention services. This concept also has the potential to enhance the value of the care we provide by lowering costs."

"Historically, both hospitals have shared the mission of providing for the healthcare needs of our communities. Just as these needs have changed dramatically over the last several years, so too must our institutions. We believe strongly that by bringing our hospitals together we will be better able to enhance a common mission and to provide new, broader services to improve the health status of the communities we serve."

Both presidents emphasized that the new

hospital will incorporate St. Elizabeth Hospital's Catholic healthcare mission through sponsorship by the Sisters of Charity as well as the mission of Elizabeth General Medical Center which has guided the institution since its founding in 1879. St. Elizabeth Hospital was established in 1905.

Members of management, the governing boards and medical staffs of both hospitals have been active since discussions were first initiated between the hospitals two years ago. Representatives of these groups will continue to address and resolve matters

relating to operations, medical affairs, strategic issues, finance and consolidation management.

At this time there have been no final decisions regarding consolidation of specific services and staff. The presidents stated, "We believe that this development will provide greater opportunities for growth and meeting community needs in the years ahead. This growth and development of new services will offer our employees opportunities to develop and apply new skills and capabilities."

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- Health and Rehabilitation Center — providing a full range of fitness, therapeutic exercise and wellness programs.
- Health Centers — a continuum of care is provided in private medical office settings offering services in family practice, women's health and pediatric health.
- Heart Center — offering an interdisciplinary approach to the prevention, diagnosis and treatment of heart disease offering a Chest Pain Center, diagnostic testing including cardiac catheterizations, prevention-based screenings and cardiac rehab.
- Magnetic Resonance Imaging — an advanced technology of diagnostic imaging using magnetic and radio frequency fields to image body tissue in a non-invasive manner.
- Seton Center for Chemical Dependency — providing a variety of levels of care including detoxification, partial hospitalization, intensive outpatient services and outpatient recovery programs.
- Radiological Services — offering full radiological services including CT scanner; ultrasound services; accredited mammographic imaging services; and stereotactic breast biopsy.

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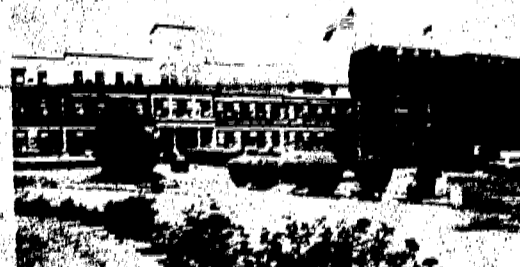
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# Young allergy sufferers create education calendar

Suffering from itchy eyes, runny noses, and sneezing proved to be a good thing for the 15 young allergy sufferers, ages 6 to 12, who were recognized as winners of the first "Young Artists Against Allergies" calendar, available this month.

Invited by Schering Laboratories, marketer of Claritin, loratadine, syrup 10 mg/10 mL, to visually portray the impact allergies have on their lives, the winners' selections highlight a broad range of physical and emotional challenges faced by allergic children which parents and educators should be aware of as the high-allergy, back-to-school season rapidly approaches.

Some of the contest winners said that they had less self-confidence when they were suffering from allergies. In her own words, one contest winner often "feels like everyone is staring at her because her nose is so red." Other contest winners focused on how their eyes "get all itchy, watery and red during the spring and summer." Still other contest winners talked about how their friends see their allergies, with one saying that her "friends see their allergies, with one saying that her "friends think she is always crying when she suffers from allergies."

None of the children's sentiments surprise allergy experts. Seasonal allergies may have a negative impact on a child's ability to learn and perform in school. According to Philip Fireman, M.D., professor of Pediatrics and Medicine, University of Pittsburgh School of Medicine, "Seasonal allergies can be associated with a host of serious and long-term conditions like sinusitis, frequent headaches, nasal polyps, dizziness and even hearing loss. Proper diagnosis and treatment are imperative."

The calendar design contest and resulting calendar were created to help open a dialogue between children and their parents about allergies. In addition to the children's artwork, the calendar includes valuable allergy management tips and resource information for parents and children. It is available free by calling (800) 782-4545.

The 15 winners were selected from more than 1,000 entries received from across the United States and Japan. Five entries were chosen from each of three age groups: 6 to 7 years, 8 to 9 years, and 11 to 12 years. Judging criteria included the child's creativity, presentation of ideas, originality and the extent to which the drawing expressed the child's feelings about his or her allergies.

The judging panel for the "Young Artists Against Allergies" Calendar Design Contest included Dr. Fireman; Rex Barron, illustrator of children's books, including "Irma the Flying Bowling Ball," "The Day the Daisies Danced," and "Egbert: The Slightly Cracked Egg," published by G.P. Putnam's Sons; and representatives from the Asthma and Allergy Foundation of America, Allergy and Asthma Network/Mothers of Asthmatics, and the National Association of School Nurses.

Schering Laboratories is the U.S. prescription pharmaceutical marketing arm of Schering-Plough Corporation of Madison, a research-based company engaged in the discovery, development, manufacturing and marketing of pharmaceutical and healthcare products worldwide.

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# Winchester Gardens allows residents to 'age in place'

Today's trend for seniors to retire and live in the same region where they worked and raised families is growing in New Jersey and across the US. Called "aging in place," many older adults choose retirement housing near their children, friends, religious groups and doctors rather than face a resettlement to the traditional retirement states of Florida, Arizona and southern California. Continuing Care Retirement communities are growing in number in northern New Jersey. One of the oldest is Ward Homestead, now expanding to incorporate Winchester Gardens for a full-service community.

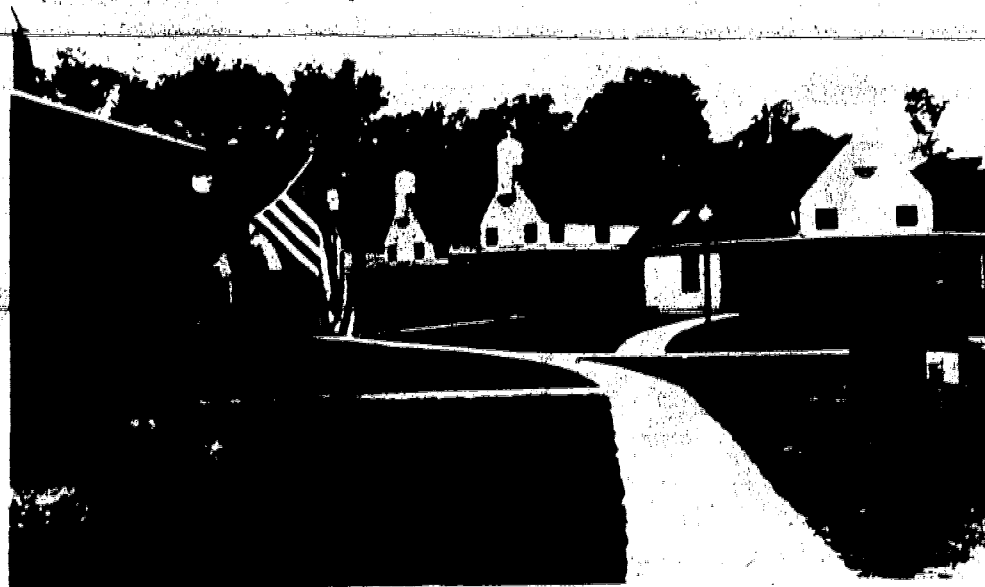
When the Ward Homestead was incorporated in 1921 and named for former Governor Marcus Ward of New Jersey, it was the beginning of a legacy to the town of Maplewood. This legacy came through the governor's son, Marcus Ward, Jr. who left his wealth in a way that would have a long-lasting and unique impact on Maplewood and all the surrounding towns — the building of a solid and respectable retirement community.

Ward's executor of his estate chose the famed New York architect John Russell Pope to head the project. His design grouped the buildings in such a way as to create a serene estate-like environment. Expansive, natural park-like grounds complete with walking trails were designed by Frederick Law Olmstead, designer of Central Park, and along with Pope's use of stone, brick and slate gave the community an old-world elegance. It finally opened its doors in August 1927 to accommodate 80 gentlemen from the area.

Today, Winchester Gardens is expanding to continue to serve the needs of older adults. Many from the area live in a gracious style at Winchester Gardens in the new villas, and soon the apartments will be completed. Winchester Gardens is more than an address, it is a lifestyle. The renovated community center will include a beautiful dining room with glass walls that face a courtyard garden, a modern swimming pool and exercise complex, new library, the famous Great Hall for gatherings and concerts, meeting rooms, game room, and much more. The villas are 95 percent reserved with many already occupied. The Duffield apartments are 83 percent reserved and open in Jan. There are still some choice locations for Penthouse and one two-bedroom apartments available in The Duffield and The Johnson buildings.

This complete program is rounded out by residents having guaranteed access to quality on-site health care. Pitney Downs Assisted Living is part of the comprehensive supportive and nursing services offered by a staff of caring professionals, an individualized health care approach where your entrance fee can be used to pay for your care and you do not pre-pay for someone else's. Pitney Downs Assisted Living at Winchester Gardens also offers specialized, supportive care for residents with Alzheimer's and other cognitive impairment in a secure environment.

The services at Winchester Gardens allow residents lots of free time to enjoy favorite pastimes. Full maintenance services inside and out, linen, housekeeping, heat and electric, 24-hour security, healthcare on-site if needed, and one meal per day are all included in the



monthly service fee. It is all within the town of Maplewood, celebrating its 75th anniversary year, plus so close to all that metropolitan New York has to offer with the Mid-Town Direct line coming right to the village station.

All things are coming together for Lucille and Jack Chance as they relax in their new villa at Winchester Gardens at Ward Homestead and watch the progress. They still go back to Montclair twice a week for community activities. This was where Jack grew up and it became their home town for 45 years. Lucille grew up in Glen Ridge. Jack ran his own company of manufacturing sales reps for industrial components until his retirement.

New villa residents since February of this year, Jack and Lucille have had time to do some unpacking and enjoy themselves at a leisurely pace.

"We've enjoyed being pioneers and watching the last four groups of villas being built," remarked Jack Chance.

Winchester Gardens holds monthly Open Houses at the New Marketing Information Center. The next Open House will be held Nov. 12 from 10 a.m. to 3 p.m., and Informational Seminars will be held Nov. 6 at 2 p.m. and Nov. 18 at 10 a.m. Call (800) 887-7502 for reservations.

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## Seniors who live independently need to keep their spirits up

Up to 15 percent of people over 65 who live independently experience depressive symptoms which significantly affect the quality of their lives. Yet, depression often goes unrecognized in this population.

"There are several reasons for this, including the fact that depression in advanced age often presents differently than in younger people," said Edward Kim, M.D., at a presentation sponsored by the Senior Health program, held at Saint Barnabas Medical Center. Dr. Kim, who is medical director of Geriatric Psychiatry at Saint Barnabas, explained that, "Overt feelings of sadness may be absent. Instead, apathy and feelings of emptiness or boredom may be discomfort such as stomach or back pain with no identifiable cause."

Furthermore, anxiety, sleeplessness and irritability — common depressive symptoms — tend to be treated symptomatically with tranquilizing medications which do nothing to treat the underlying depression. Social isolation and apathy may be explained away as a product of old age or a diminishing circle of friends. Finally, there is a general public misconception that depression is a "natural" and "normal" consequence of aging.

Depression is a significant cause of disability in all age groups, but particularly in older individuals. The physical effects of this condition include sleep problems, weight loss, low energy and impaired concentration. People who have pre-existing physical or cognitive impairment may experience a drastic decrease in their level of functional independence.

"There are a number of medical conditions which significantly increase the risk of depression, usually due to effects upon brain chemistry," said Dr. Kim. These include:

- Stroke
- Parkinson's disease
- Alzheimer's disease
- Huntington's disease
- Vascular Dementia — "hardening of the arteries"
- Heart disease

Changes in life which accompany advancing age may threaten emotional well-being, increasing the risk of depression. Retirement may be seen as a loss of productivity and usefulness in workaholics for whom career has been a central aspect of identity and self worth. Furthermore, loss of friends and family through disability and death challenges people to develop new relationships and greater personal independence.

## Medical students learn benefits of massage

When medical students want to know more about massage therapy, or when physicians and nurses do, or when patients and families do, they call Susan and Robert Edwards.

The Edwards are the directors of the Somerset School of Massage Therapy. For the second year in a row, Robert Edwards has been invited to explain the medical benefits of massage to medical students at University of Medicine and Dentistry of New Jersey, located in Newark.

"We're seeing an ever-increasing use of massage therapy as a complement to hospital-based medicine," Mr. Edwards says. "Massage therapy is conducted as a preventive measure for people with stress-related conditions. Myofascial and neuromuscular massage are used as adjunct therapy to reduce healing time for injuries and surgeries. Speciality applications such as pre-natal, infant, geriatric and sports massage are growing as well."

The Edwards explain that professional massage therapists assess patients and plan treatments accordingly. Keeping detailed records of a patient's progress.

Although medical journals have published the results of research on massage therapy, physicians and medical students typically want to know when to refer their patients for massage therapy, how to integrate it with other treatments, and how it effects recovery.

"Demonstration is the most popular part of these presentations," Edwards continues. "We often ask our massage therapy students to join us. Our students participate by performing seated massage on members of the audience using on-site massage chairs. At UMDNJ, we massaged more than 25 medical students plus two security guards who really wanted to be included!"

In addition to the presentation at UMDNJ, the Edwards have recently appeared at Robert Wood Johnson University Hospital and Warren Hospital in Phillipsburg, where Susan described the techniques and benefits of reflexology massage. She also talked about the history of massage and the transition to scientifically-based modern techniques.

State licensing and national certification of massage therapists have been important to the growth the field and its acceptance by mainstream medicine.

Modern massage therapy education requires detailed coursework in anatomy and physiology as well as hands-on massage methods, and includes training in the business of running a private practice, adding up to between five and six hundred hours of training.

Presently, 50 of the nation's 135 medical schools have added alternative therapies to their curriculums, and the National Institutes of Health have recommended that all medical and nursing students be introduced to massage and other alternative theories and techniques.

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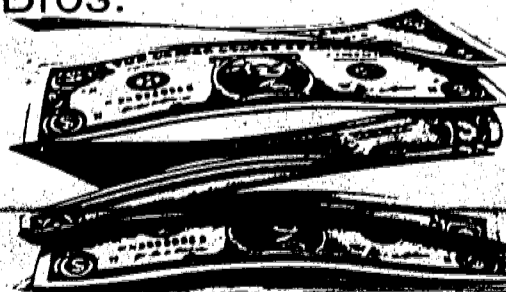
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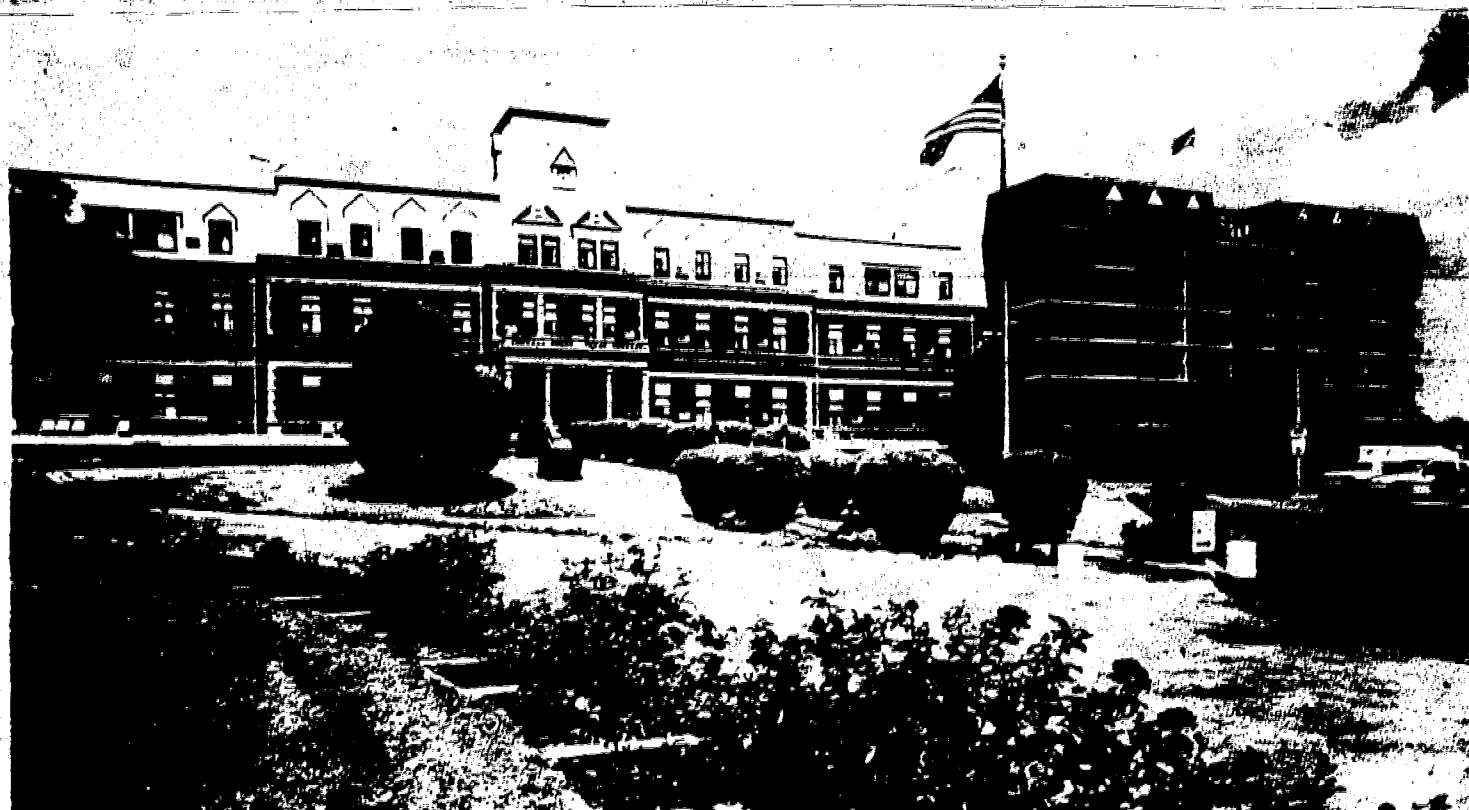
# Retirement community offers total 'lifecare'

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"Total continuous care for life is available under one roof. Our facility has 100 years of experience in the field of health care. It has been in existence since 1897 and has always been a retirement home with a skilled nursing wing," Wendt said. "It is a charitable not-for-profit organization supported by tax deductible donations, etc. The Fritz Reuter Altenheim celebrated its 100th Jubilee on June 1, 1997.

There are 3 levels of care...total independent apartments, residential care and skilled nursing care. The independent apartments were built 5 five years ago and consist of studio, 1 and 2 bedrooms. Residents moving into the apartments may live independently for as long as they are able. The main meal is included in the entrance fee and is served in our beautiful dining room. Housekeeping and laundry services are available as well as activities, beauty parlor, bank, billiards, arts and crafts, exercise equipment and classes, sauna, library and chapel. Each apartment is equipped with an emergency call bell system in each bedroom and bathroom.

"If residents can no longer manage living in the apartment, they may then be transferred to our residential facility. In the residential facility residents receive a private room with bath, 3 meals served in our beautiful dining room, housekeeping and laundry.



At Fritz Reuter Lifecare Retirement Community, residents may live independently in apartments for as long as they are able. The community is located at 3161 Kennedy Boulevard, North Berge. For information, call (201) 867-3585.

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## NEWS CLIPS

### Players wanted

The Mental Health Players of Union County are educational volunteer performers using interactive discussion to depict stressful situations such as mental illness, AIDS, suicide, alcoholism, coping with a mentally ill friend or relative, dealing with the hyperactive child, pressure in the work place, discord, divorce and their effects on the family. Their presentations engage the audience emotionally, making them aware of their attitudes and reactions in similar circumstances.

The group's members include housewives, actors, police officers, lawyers, social workers, therapists, students, teachers and mental health professionals. They welcome volunteers of all ages who like to act and are interested in mental health.

If you are interested in becoming a Mental Health Player or would like more information, call Rosario Torres at (908) 272-0300.

### Alzheimer's support

Alzheimer's support groups are sponsored by the Northern New Jersey Alzheimer's Association on the second Monday of the month at 1:30 p.m. and 7 p.m., by Westfield Center, Genesis ElderCare Network, located at 1515 Lamberts Mill Road, Westfield. The meeting is open to the public. If you are a caregiver or if you know someone who is suffering from Alzheimer's disease or a related dementia, you will find this group discussion helpful. Guest speakers often address the meeting and provide helpful information. Call (908) 233-9700 for further details.

### Cancer support group

Pathways invites women who have or have had breast cancer to join one of the organization's support groups. Meetings are free and will be held at one of Pathways' three sponsoring agencies — the Summit YWCA, the Resource Center for Women at Calvary Episcopal Church, or Overlook Hospital.

Call Margaret Meola, director of Pathways, at (908) 277-3663 to register for any of these groups or for more information about Pathways.

"Facing Breast Cancer Together," for women who have been recently diagnosed, is an 8-week series that meets on Thursdays from 5:30 to 7 p.m. at the Summit YWCA. Topics will include breast cancer treatments, communication with the health care system, coping strategies, and issues involving families and friends. Vaughan Schwarz, PhD will facilitate.

"Living with Breast Cancer," is a weekly support group for women with nonrecurrent breast cancer that offers a safe, supportive environment in which to share resources and ways of coping. This group discusses living with the ongoing issues of breast cancer. Facilitators are Mary Hill, RN, MSN and Kay English, MSW.

"Adjusting to Recurrent Breast Cancer," meets twice a month and is for women with recurrent or metastatic breast cancer. Discussion will include ways of regaining a sense of control in one's life and education about recurrent breast cancer issues. Virginia Burns, LCSW, MSW will facilitate.

Pathways provides non-medical breast

cancer resources to women and their families. It is sponsored and coordinated by Overlook Health System, the Resource Center for Women and the YWCA, all of Summit. The organization sponsors support groups, physical fitness and rehabilitation programs and breast cancer awareness efforts. Pathways also maintains a lending library of breast cancer information and books that are available to the public. Pathways has a variety of areas in which volunteers are essential. Anyone interested in donating her or his time or services should call Pathways.

### Photo tribute

For its second year, Pathways will be displaying a photographic tribute during October in observance of National Breast Cancer Awareness Month. It is an exhibit of photographs of breast cancer survivors and loved ones lost to breast cancer and will be displayed at the Summit YMCA during October.

Last year there was a wonderful response which created a moving tribute and promoted awareness of the disease. The organization hopes to display more pictures this year.

Stop by the YMCA lobby at 79 Maple St. to see the exhibit. For additional information, call (908) 277-3663.

### Yoga classes

A new series of yoga classes has begun at the YM-YWHA of Union County.

"Grow Young with Yoga" is a beginners class perfect for anyone, at any age, who wants to look and feel their best, learn to relax and develop greater mental clarity.

The instructor is Paula Borenstein, a teacher of yoga, meditation and creative movement for adults and children.

The one-hour classes meet Monday evenings at 7:30 p.m. for ten sessions. The fee is \$35 for Y members, \$55 for others.

The Healing Circle will meet the first Tuesday of every month. The Circle is a safe, comfortable space for relaxation and renewal. Participants will learn how to ease tension and pain and discover their own inner guide to health and well being.

Participants should wear loose, comfortable clothing and bring a towel or mat. The Circle is open to all. It is free to Y members. There is a \$5 fee for non-members, but no one will be turned away.

To register for the Monday evening class, call the YM-YWHA at (908) 289-8112. The YM-YWHA of Union County is located at 501 Green Lane in Union Township.

For more information about yoga classes or the Healing Circle, call the instructor at (908) 289-3584.

### '98 Safety Calendars

The Eastern Union County chapter of the American Red Cross is now selling 1998 Child Safety Calendars to raise much needed funds. The calendars have been jointly developed by Red Cross and Laerdal Medical Corporation and include a free detachable quick-reference guide called "Lifesaving First Aid for Children." Prevention steps that you can take to make 1998 a safer year for children are also included.



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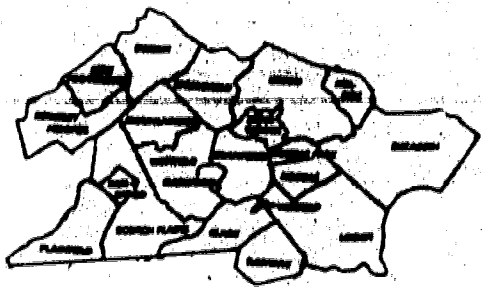
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# Union County

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WORRALL COMMUNITY NEWSPAPERS

THURSDAY, OCTOBER 23, 1997 - SECTION B

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## In school, law is not kids' stuff

For those who sometimes wonder what their 6-year-olds are learning in school, I report one activity. The New Jersey State Bar Foundation is sending a lesson-plan to school districts in the hope that youngsters will be taught the vagaries of America's judicial system. In kindergarten and first-grade, students will see Goldilocks on trial for breaking and entering, theft and vandalism. Second-graders will get to the bottom of "The Case of the Missing Puppy."

In *The People v. Goldilocks*, the "prosecutor" — a boy of European descent, no doubt — will have a tough time trying to force the values of our racist, sexist society on a jury.

Conversely, the defense should have it easy. Not shackled with the burden of proof, counsel could delve into the psychology of the defendant and the sociology of the times.

## Common Sense

By Jay Hochberg  
Regional Editor

Perhaps the accused didn't understand our Anglo-Saxon patriarchal customs regarding private property. What do we really know about Goldilocks? What is her family background? Had she the economic resources to support herself? Wasn't she the victim of discrimination at some time? What other social forces drove her to crime?

The defendant will say, according to the lesson-plan, that she was "tired, hungry and desperate." Surely there must be some sort of abuse or dysfunction in her past. Where were the state and county governments, with their Food Stamps and education and jobs training programs, during all of this?

"Girls and boys of the jury," defense counsel could say, "clearly the state has no case. Because of the absence of a videotape of the 'crime' and any credible DNA evidence, the state is relying on the testimony of the 'victims' — those three scary bears."

Testifying for the prosecution, animal rights activists will say Goldilocks' actions represent another encroachment into the habitat of wildlife.

The verdict: not guilty, because Goldilocks said she was sorry and didn't really mean to hurt anyone.

In "The Case of the Missing Puppy," 13-year-old Amanda was hired by Mr. and Mrs. Green to babysit for their son and his dalmatian, named Spot. While preparing lunch for the boy, Spot got loose and ran away.

It's a tough case to call.

By finding for the Greens, the jury would blame a 13-year-old for failing to secure the dog, implying that a boy might have, which is bad. But, by not securing the animal, she was not cruel to the animal, which is good.

By finding for Amanda, the jury would hold the Greens accountable for employing a 13-year-old, while raising questions of child labor and Social Security taxes, which is bad. But, by giving her the opportunity, the Greens only tried to boost the self-esteem of the girl, which is good.

Aren't the children the losers in this case? By being indoctrinated in this manner, they'll be turned into judges of the attitudes, values and behavior of others.

If diversity is our strong point, isn't a mock trial a moot lesson in civics? Aren't we all unique and members of different cultures, and consequently should be exempt from the restrictions of any single standard? Shouldn't the legal profession exploit this to create multiple legal systems in the untied states of America?

## Night makes right



Freeholder Walter McNeil, center, stands between Nancy Bedner and Barbara Santucci, both county employees at Runnells Specialized Hospital who've completed the Public Management Program at Kean University. "This is an example of Kean and the County of Union working together to improve government," McNeil said. "It is difficult to work fulltime, while completing a course of study at night, but the rewards are certainly worth the effort." At left is Jon Erickson, director of Kean's Masters in Public Administration Program; at right is County Manager Michael Lapolla.

## Former county manager feted

By Jim Foglio  
Staff Writer

Former County Manager Ann Baran was honored Oct. 15 by Community Access Unlimited for her work on behalf of the disabled.

Baran, now the director of Kean University's Gateway Institute, was given the Public Leadership Award at a banquet held at L'Affaire in Mountainside.

Baran, originally from Milltown, began her term as county manager in 1991. However, she has been affiliated with Union County politics since 1985.

Before being appointed county manager by the freeholders in 1990, Baran worked in the county Department of Human Resources for 15 years. It was her commitment to social equality, that made her different, said a spokesperson from Community Access Unlimited.

While serving as county manager, Baran sought to "ensure that all the basic needs of the citizens were met. I

took state, county, and federal money to the social services community," Baran said. "I had to make sure that any vulnerable citizens had the resources to become independent. By vulnerable, I mean anyone who was disabled or at a major disadvantage."

Baran is director of operations at the Gateway Institute, which works to foster economic development in the region and to enhance all students, socially and culturally, with projects and proposals that broaden their education and allow them to interact with the community.

"The emphasis is on all students, with or without disabilities or limitations," said an employee for the institution.

Also honored that night were retired Kean professor Meyer Schreiber of South Orange, who was named Humanitarian of the Year, and Floyd Daugherty of Westfield, who was honored with a Lifelong Achievement Award. Daugherty founded Community Access Unlimited.

## Efforts to accommodate handicapped cited

Four local establishments have received awards from Union County government for their efforts to accommodate the handicapped.

Schering-Plough Corp. in Kenilworth, Union County College in Cranford, the Westfield Y in Westfield and the Olive Garden restaurant in Springfield won the second annual Access/Union County Awards.

During ceremonies at the County Administration Building in Elizabeth, they received framed resolutions from Freeholder Ed Force and members of the Board of Chosen Freeholders' Advisory Board on the Disabled.

"These establishments have gone beyond complying with laws established by the Americans with Disabilities Act," Force said of the law mandating places of public accommodation to make their facilities, goods and services accessible to the disabled.

"They have taken additional, voluntary steps to break down barriers. Not only because they were required to do so by law, but because they wanted to."

The Access/Union County Awards Program was initiated in 1990 by the Advisory Board on the Disabled, with the county Office for the Disabled and

the Eastern Paralyzed Veterans Association to promote compliance with the ADA, improve access for people with disabilities and recognize establishments that take optional steps to further accommodation.

Nominations for this year's awards were made by county residents with disabilities and disability advocates. The winners were selected by a subcommittee of the Advisory Board on the Disabled.

• Schering-Plough's Drug Discovery and Manufacturing Facility was recognized in the category of Private Sector, For Profit. It accommodates

## County prepares for Amtrak strike

Parking spaces, police to be available

By Sean Daily  
Staff Writer

65,000 Union County commuters could be stranded if Amtrak workers go on strike.

That's "if." President Bill Clinton ordered a seven-day cooling-off period between the Brotherhood of Maintenance of Way Employees and the management of Amtrak, which began yesterday.

The union could still decide to strike after this — on Wednesday. This would mean that Union County commuters that use NJ Transit's trains would have to find another way to get to and from work.

On the county level, Freeholder Dan Sullivan said the county will try to make large county-owned parking spaces available to carpools.

Freeholder Donald Goncalves also warned, with the increased number of vehicles on the road, that public safety could be at increased risk. Because of this, county officers including the Sheriff's Department and County Police may have to be recruited for traffic control.

"We're monitoring the situation and we want to make sure this is addressed," he said. "And if this does occur, we want to have all Union County residents' transportation needs addressed."

Amtrak does not own NJ Transit. Rather, NJ Transit uses tracks owned by Amtrak — tracks that NJ Transit needs Amtrak's permission to use. If the Brotherhood strikes, then NJ Transit, with other train companies in the Northeast, may be denied the use of Amtrak's rails.

There are a number of lines that travel through Union County. The ones that have stops here are:

- The Northeast Corridor line, which travels through Elizabeth, Linden and Rahway.

- The Raritan Valley line, which traverses Hillside, Union, Roselle Park, Cranford, Garwood, Scotch Plains, Westfield, Fanwood and Plainfield.

- The Morris & Essex or M&E line, which traverses Summit and has a branch, the Gladstone branch, that traverses Berkeley Heights and New Providence. 20 percent of these trains are Midtown Direct service to Penn Station.

According to Ken Miller of NJ Transit, the M&E line will not be immune. Midtown Direct service meets the Northeast Corridor line in Kearney, which is owned by Amtrak. In case of a strike, all trains will use Hoboken.

NJ Transit will provide 511 additional buses should there be a strike. These will honor NJ Transit monthly and weekly rail passes; daily bus tickets will be sold at train stations.

- On the Northeast Corridor line, NJ Transit's regular route bus service will be increased in Rahway, Linden and Elizabeth, on weekdays.

- On the Raritan Valley line, trains will only operate between High Bridge and Westfield on weekdays. Shuttle bus service will be available to Newark or New York from Westfield. On weekends, regular route bus service will be increased at or near train stations. There will not be extensions or additional mini-buses on the 986 Wheels line between the Plainfield and Summit stations.

The potential impact on commuters has gotten the notice of politicians from the state level too.

"I call on President Clinton to get this thing done," said Gov. Christine Whitman on Monday. "I urge the president to use his authority to resolve this issue before it creates a commuting and economic nightmare for hundreds of thousands of Americans."

## Global warming of relations



Officials representing Union County and Wenzhou, China sign an agreement that forms a committee to promote trade and cultural and educational programs. "Its benefits will be far-reaching for residents of Union County and Wenzhou, China," said Freeholder Linda Stender. Signing the papers are Zhan Youyu, chairman of the Standing Committee of the People's Congress of Wenzhou and Deputy County Manager George Devaney.

## Kean's Independent is not autonomous

By Maddy Vitale  
Staff Writer

Student newspapers serve their readers by reporting the news about campus activities and organizations.

At Kean University, the *Independent* has not been published this year, and won't be until problems between the newspaper staff and the student government are resolved, said President Ronald L. Applbaum.

The government, Student Organization Inc., is withholding funds until production problems are remedied. "We want the Student Organization to resolve their problems with the student newspaper," Applbaum said.

According to officials, the newspaper frequently was published late last year, and sometimes not at all. "Funding is given for 19 issues by the organization," Applbaum said. "Last year only nine issues were produced."

"The last issue came out near a holiday during the last semester and was of little use to the campus," he added.

Recently the Student Organization hired a professional journalist to review the editorial staff and conduct an audit of management. "They are moving forward," Applbaum said.

He said the issue was not about editorial content. "Getting the newspaper out and on time and having qualified people operate the publication are the primary concerns," Applbaum said.

The selection of the editor in chief would be done, he said, through the faculty advisor and students selected by the newspaper and the business manager.

Applbaum also brought up the issue of liability. "The school newspaper is the publisher of record. The members of the staff are responsible for any suit brought against them. They have to be qualified to do their job."

Some concerns were raised by staff members of the *Independent* who argued control of certain aspects of the publication by the student government violate First Amendment rights.

"The Student Organization is responsible to make sure the decisions are made correctly and legally," Applbaum said.

The organization funds several organizations and gives approximately \$500,000 to support various groups.

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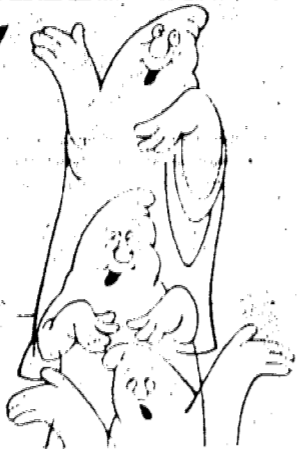
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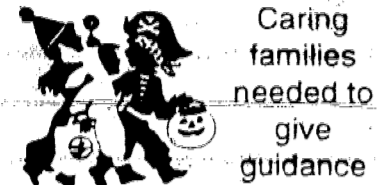
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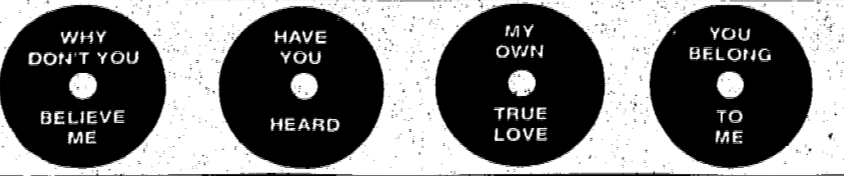
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ARTS & ENTERTAINMENT

# NJPAC opens its doors to a world of culture

By Jacquie McCarthy  
Associate Editor

A testimonial to the unswerving faith of New Jersey's arts patrons, corporations and government representatives, and a tribute to the spirit of National Arts and Humanities Month of October, the New Jersey Performing Arts Center opened its doors to an expectant audience for Opening Night celebrations on Saturday.

And they were not disappointed. Men in black tie and ladies in glittering evening gowns gathered prior to the show to sip champagne in the beautiful new lobby of Prudential Hall.

The enthusiasm and positive energy was contagious as NJPAC hosts and ushers opened doors at 6:30 p.m. — so contagious that the multitude remained calm, and guests were more than cordial and patient during the tedious seating process. The 2750-seat hall was filled to capacity, and the staff was very helpful and concerned, if overwhelmed.

The first standing ovation of the evening was most appropriately for NJPAC President and CEO Lawrence P. Goldman, who spoke with feeling about NJPAC's journey from concept to reality.

"Some ideas are so powerful that they gain an inexorable momentum in spite of the obstacles," said Goldman, commenting on "the wonders that emerge when diverse people work together" for a common goal. His shortest sentence, however, summed up the sentiment of the evening: "It's our turn."

Goldman lauded NJPAC Co-chairs Raymond G. Chambers and Dr. P. Roy Vagelos for creating more than a cultural center, and also for restoring a "sense of common humanity." "Thank you for believing in the power of an extraordinary idea," Goldman said, stating that, after ten years of striving, Opening Night was only the beginning.

Goldman introduced "the real heroes" in the audience, including Governor Christine Whitman, former governors Jim Florio and Thomas Kean, Newark Mayor Sharpe James, Senator Frank Lautenberg, and Congressman Donald Payne. Goldman recognized Opening Night sponsors Amelior Foundation, ATKearney, Merck, and Prudential.

NJPAC Co-chair Raymond P. Chambers, whom Goldman referred to as "the soul of the New Jersey Performing Arts Center," spoke about his youth as a native of Newark, as a student at West Side High School and later at Rutgers University School of Management.

"We should feel more proud of New Jersey and Newark than we have for decades," said Chambers, and remarked on his hope that Newark would become not only a city in which to work and study, but also to live and enjoy.

After Governor Whitman pronounced the arts center officially open, the inner-curtain rose to reveal distinguished operatic recording artist Kathleen

Battle, who delivered a beautiful a capella version of "Over My Head." The rest of the stage was then revealed, occupied by New Jersey Symphony Orchestra conducted by Zdenek Macal. NISO's first performance in its new home was Wagner's Prelude to Act 1 of "Die Meistersinger von Nurnberg." As befits the marvelous talent of NISO, the Orchestra went on to accompany Battle as she sang Puccini's "O Mio Babbini" and Rossini's "Una Voce Poco Fa," directed by assistant conductor David Commanday. NISO also performed the music to American Ballet Theatre's perfect "White Swan" Pas de Deux from "Swan Lake," and backed "West Side Story" 's most passionate Anita as Chita Rivera took the stage with Vegas flair.

The second half of the program opened with Newark native, tap master Savion Glover, who performed an impassioned and motivated solo tap. Glover made his own music, and the highly interpretive dance and rhythm kept the audience entranced.

terful dance duo of Gachi Fernandez and Sergio Cortazzo. The evening closed with excerpts from "Revelations" by Alvin Ailey American Dance Theater, including "Take Me to the Water" and "Move Members Move." The dance was an extraordinary depiction of a spiritual journey, backed by the amazing vocals of a gospel choir arranged by Dr. Emily Cissy Houston.

The concert was taped by WNET/Channel 13 in association with New Jersey Network for national release as a part of the PBS "Great Performance" series.

NJPAC's Opening Night festivities were arranged to give the audience a "snapshot" of the cultural events and acts to follow in the inaugural year. The featured performers have and will continue to have an impact on the future of international arts and culture. Battle performed at last year's NJPAC groundbreaking ceremony. NISO has finally found an appropriate venue for their incredible repertoire. Both Lincoln Center Jazz Orchestra and Alvin Ailey American Dance Theater are NJPAC Principal Affiliates, with Alvin Ailey making their presence known in NJPAC's Arts Education programs.

NJPAC's stage is designed to accommodate the needs of many different kinds of performers and groups. The traditional red curtain is raised to reveal the outer stage, backed with a divider with a sharply curved geometric design. This design separates to become an eye-catching border for the deeper part of the stage, large enough to contain a sizeable orchestra.

NJPAC was designed to produce state-of-the-art acoustic clarity. Unaugmented individual sounds, such as Glover's tapping, was clear and audible, and orchestra sections could be heard distinctly without being overwhelming or distracting.

Prudential Hall is a modern building, built in an office style. It is not meant to be a monument to art, but to facilitate art. The outer glass walls allow a clear view of surrounding Newark. Glossy cherry wood lines the interior. The hall's stadium seating on ground level, and four balcony tiers and eight opera-type boxes along the back and side can accommodate up to 2750 people. Balcony seats are supplemented with lobby tiers, allowing guests to remain on an upper level while enjoying intermission. The performance hall is lined with circular rows of glittering lights, from the height of the rotunda down through the balcony levels.

In addition to Prudential Hall and Theater Square, Phase One includes Victoria Theater, a 500-seat playhouse; two restaurants, and banquet and meeting facilities.

The New Jersey Performing Arts Center is located at One Centre St. on the Newark Riverfront, near Gateway Center, Newark's Penn Station, and the downtown Ironbound District. For information about performances, call (888) GO-NJPAC.



David Commanday  
Assistant Conductor,  
NISO

Tango x 2

Lincoln Center Jazz Orchestra had audience members tapping their toes to their spunky ragtime versions of Duke Ellington's "Daybreak Express" and "Happy Go Lucky Local," followed by a Wynton Marsalis original, an energetic and funky piece called "Church: Renewing Vows" from the ballet "Sweet Release."

The sultry sounds of Argentine accordion followed with Tango x 2, the mas-

# Union director is 'Nuts' about his newest production

By Jacquie McCarthy  
Associate Editor

It takes a tough director to deal with a tough issue like incest. Union resident Robert Peyser has what it takes. Vice President of The Philathalians of Fanwood in charge of production, Peyser has taken on the challenge of directing "Nuts," the first show of the season.

No stranger to community theater, Peyser has been acting since 1988. "I did two shows in 1988 at The Philathalians," Peyser recalled. "The first one was 'Inspector Calls,' which later went on to Broadway, and the second one was 'Don't Drink the Water.'" Peyser said he enjoyed playing the character of Eric in "Inspector Calls," because it was an involved character.

After appearing in another production in Essex County that year, Peyser took a five-year sabbatical. Upon his return to theater, Peyser directed his first show, "Butterflies Are Free," in 1994 with now-defunct Open Curtain Theater in Cranford. Peyser has also directed original plays for The Gemini Group of Westfield/Mountainside — "Albee Back," written by John Rupp of Gemini; "The Outlook Wasn't Bright for the Mudville Nine" and "The Jenny and Lenny Show."

In 1995, Peyser returned to The Philathalians to help out on the set of "Busbybody," when he was asked to assume production responsibilities for the company. "Nuts" is the first show he's directed for The Philathalians.

This actor/director seems to be drawn to stories with complex characters. "I like to direct serious dramas, because I like to delve into people's back-grounds. I love psychology, I've been in therapy long enough!" he laughed.

"Nuts," which was made into a film starring Richard Dreyfus and Barbra Streisand, is a play about a mother and stepfather who attempt to have their daughter committed to an institution when she is arrested for prostitution and murder.

"First of all, most of the characters have a lot of dimension; it's not like one character leads all the other characters around," said the director of "Nuts." "The audience has to really pay attention, because there's a lot going on. It's more of a reaction show," he explained. "A number of the characters have a lot of monologues and long lines, and there are emotional scenes, but you've also got to watch their faces and their body actions, and how they react when other people are on the stand."

"What had happen was, she (Claudia) was accused of prostitution and of murdering one of her johns," Peyser explained. "They took her to Bellview, and she was very obstinate and not very cooperative."

"It deals with incest," the director continued, stating that the heart of the matter is Claudia's relationship with her mother and stepfather, Rose and Arthur Kirk. The setting for the play is a hearing to decide if Claudia is of sound mind to stand trial.



Union resident Robert Peyser is directing 'Nuts' by The Philathalians of Fanwood, opening Oct. 25.

In order to achieve the depth of emotion he was looking for, Peyser auditioned and re-auditioned the roles this summer.

"I had held four auditions and then I re-auditioned people because I wanted what I wanted," he said. "I'm very particular and know exactly what I need and want out of the characters."

Peyser said that the cast is all he could have hoped for and more. "It's probably the best cast I've ever worked with, directing- or acting-wise," Peyser said proudly. "They don't need much direction. They need a little guidance, a little tweaking. They're natural actors, which I like. You don't have to lead them around onstage."

The cast of natural actors for Peyser's production are Lisa Silverman in the lead role of Claudia, Sue Barancik as the mother, Rose Kirk; Mike O'Connell of Scotch Plains as stepfather Arthur Kirk; Allan Gershenson of Linden as Dr. Rosenthal; Dennis Freeland of Westfield as Levinsky, the defense attorney; Jeff Caplan of Linden as prosecuting attorney MacMillan, and Pearl Gannett of Clark as the Judge. Rounding out the cast are Daniella Nizzardo as the court recorder and Art Seif of Berkeley Heights as Officer Harry Haggerty.

With a competent cast in place, Peyser began the process of exploring each character.

"Arthur grew up in the depression with a very demanding father. He had to earn every cent he made, he's a self-made man," Peyser said. "His big thing is to reward people with money. There's nothing wrong with rewarding people, but you don't have to do it with money. He does love them, but doesn't know how to express it, I think."

"Rose Kirk was brought up basically to be the dutiful wife, to obey what the husband says. Her first husband walked out on her. Claudia adored the first husband. She was only six-years-old, she didn't understand, and of course, she blames her mother. It's brought up in the play that he was never there, that he wasn't a good husband, but you know how children are, they hold that image."

"She had to know what was going on," Peyser continued, "but I don't think she realized it was going on that long. I think she married him because she wanted someone to take care of her and Claudia. I don't know that there was that much love between them."

"In the meantime, when these people are interrogated, Claudia's sitting at the defense table and taking it all in," said Peyser. "She may not say anything, but you've got to read in the eyes and her expression what is going on. Claudia is difficult, she goes in basically thinking that she's going to be put away."

Claudia's only hope is her defense attorney, Levinsky.

"She comes out with these wise-ass remarks, and he puts her in her place. He's very much in control. He knows exactly what's going on; he's done his homework. He knows about each character and he knows the right buttons to

(See Director, Page B7)

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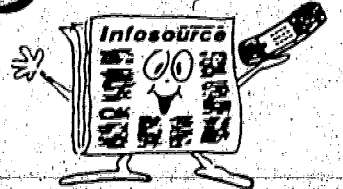
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ARTS & ENTERTAINMENT

**Open Space brings a breath of fresh air**

By John Marinko  
Correspondent

Many community theater companies play it safe when deciding which shows to produce. You don't have to look far to find a group reviving familiar musicals or well-known comedies and dramas written by famous authors. Not to say that these are bad shows, but sometimes a breath of fresh air is nice. The breath of fresh air is the Open Space Theater Company, which is presenting "Angels In America — Part One: Millennium Approaches," a hard-hitting drama which, according to Open Stge, has never before been performed on a New Jersey stage.

Written by Tony Kushner nearly ten years ago, "Angels in America" confronts its audience and challenges it to rethink its perceptions: of AIDS, of homosexuals, and of America itself. Sounds a little overbearing? It isn't. "Angels" is a play which delivers a powerful message without preaching.

Kushner's script is outrageously funny as well as poignant; the comedy balances the intensity, providing contrast as well as relief. Often, these contrasts occur only seconds apart from one another; one minute the walls echo with laughter; an instant later, there is complete silence as the audience is drawn back into the emotionally stirring drama unfolding.

"Angels in America" is set in New York City in 1985-1986, the heart of the Reagan era. Many cultural and political references tie this show to that particular time and place, yet the script does not seem outdated. First, the audience is able to remember and relate to the 1980s from firsthand experience. Secondly, the time which has passed lends a sometimes haunting perspective to the issue of AIDS.

An exceptionally talented cast of eight, brilliantly directed by Arnold Buchiane, brings to life the play's unique blend of humor, political commentary and personal tragedy. Most cast members portray more than one character, which showcases their remarkable versatility. Particularly impressive are Chris Baron as Louis Ironson, Wayne Harris as Prior Walter, Joe Nigle as Roy Cohn, and Ella Ackerman as Harper Pitt. Each one of these performers will bring tears to your eyes. Sometimes they are tears of sadness, sometimes tears of laughter, and sometimes both. Other highlights included memorable performances by Don Meehan as Joe Pitt and George Jose Prieto as Belize.

Director Buchiane has done an amazing job of piecing together these diverse characters and emotional shifts into a work which is not only coherent, but unbelievably flowing and well-paced. Stage Manager Tom Dwyer and his assistant Maurice Hogueira deserve some of the credit for this as well. There are no blackouts or traditional scene changes. At times, two separate scenes are played onstage simultaneously. Rather than creating confusion and distraction, this device keeps the play moving and also serves to highlight parallels among characters and subplots.

The show is staged cozily in the Crescent Avenue Presbyterian Church in Plainfield, giving the audience the chance to experience great theater in an intimate setting. This closeness is helpful, if not essential, to the emotional power of the play. "Angels in America" completes its run this Friday and Saturday at 8 p.m. Tickets cost \$10. Call (908) 226-0082 for more information.

**Players visit 'California Suite' with style**

**Theater View**

By Faith Agnew  
Correspondent

There are cynical theater-goers who believe that when it comes to pre-1980's Neil Simon comedies, they've been there, done that, got the playbill. This may very well be true. However, Westfield Community Players production of "California Suite" shows what effort and talent can do for a dated but entertaining script.

Naomi Yablonsky has skillfully directed this collection of four vignettes which all take place in Suite 203 and 204 of the Beverly Hills Hotel. Each is the story of couples engaged in some sort of warfare, either amongst themselves or against others.

Lynn Langone and John Schweska are the Michaels, a divorced couple meeting to discuss a custody issue. Schweska is engaging as the New York native enjoying his new laid-back California lifestyle. He is a good foil for Langone's showish, frenzied New Yorker. Both actors do a fine job, with a particular credit going to Langone for showing us the human side of essentially a one-note character.

Ed Maher and Donna Snyder are the Michaels, a couple involved in a farcical infidelity. Snyder is all edgy, witty sarcasm as the woman scorned, while Maher is buffoonish as the hapless husband. He delivers admirably in one of the show's funniest moments, a monologue played entirely to an unconscious young lady.

The evening belongs to John Correll and Linda J. Behrle-Correll, a real-life happily married couple playing a sometimes touching, always hilarious, dysfunctional couple. As visitors from London, they are flawlessly British and keep us riveted with the obvious sparks they create together on stage.

Last but not least is the final scene, the only one with two couples. Stuart Hershkowitz and Terri Grant are the Hollanders, a vacationing couple at the end of their rope with best friends, the Franklyns, Tim McGovern and Lori Juliano-Slack, who are along for

the ride. The pacing starts slow, due mostly to script, but it quickly picks up when the actors, led by a gleefully wicked Hershkowitz, descend into a free-for-all of physical comedy peppered with snappy one-liners.

Yablonsky, assisted by her husband Jerry, has assembled a bright, energetic cast. While some of the players are less experienced than others, each is obviously giving 100-percent effort. The script has some lagging moments, and some dialogue is glaringly dated, but with a few exceptions, the evening moves along at an enjoyable pace.

Vince Parlapiano heads the production staff. Bill McMeekan's two-room set designs has a charming Southwestern look, but the actors at times seem crowded by the furniture. Joyce Goldstein and Mary Lou Strafacci have put together some lovely costumes, in particular Behrle-Correll's dress in Scene Three and the snazzy tennis whites in Scene Four. One word of caution: Stage Manager Pam Reinosa runs a tight ship. Latecomers, at curtain or intermission, will find themselves literally in the dark. You will want to be on time so as not to miss this charming evening of comedy.

"California Suite" runs weekends through Nov. 8. Westfield Community Players is located at 1000 North Ave. West, Westfield. For information, call (908) 906-4575.



John Correll and Linda Berle-Correll move into 'California Suite,' the season opener at Westfield Community Players.

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**DINING REVIEW**  
October 23, 1997

**MADRID RESTAURANT**  
The rich taste of Spain and the comforts of home.

By Sandra Cagua  
Staff Writer

If you love delicious and thick sauces to sop your food with, then the Madrid Restaurant is the place to eat.

The restaurant offers many homemade sauces and dressings. I ordered the homemade vinaigrette dressing for my salad instead of asking for the usual Italian or French dressing. I was pleasantly surprised to taste such a rich combination of oil and vinegar among other ingredients. My guest soon stopped pouring Italian dressing on her salad so that she could share my dressing.

My friend ordered the Almejas en Salsa Verde, which is clams in a light parsley sauce. I opted for the Mejillones ala Marinera which is mussels in a marinara sauce. Both of these appetizers cost \$6.95, and it's not a bad price considering the generous amount of mussels and clams we received.

The marinara sauce was excellent because it was thick and a tad spicy. Normally marinara sauce tends to be a little bland with more tomato taste and less spices. This marinara sauce complemented the mussels very well; adding a zest of spice. The parsley sauce was magnificent and appetizing.

My main dish was Pechugas de Pollo Madrid, which is boneless breast of chicken sauteed in extra virgin olive oil, wine sauce and asparagus and mozzarella cheese. Upon biting into my chicken, I noticed a different taste. There was asparagus blended with the chicken. Owners Jose and Pilar Rodriguez informed me that the asparagus is imported from Spain. The chicken and asparagus are assembled and cooked together, adding a different flavor to it. The asparagus certainly complemented the chicken as well as the wine sauce.

My friend ordered Colas de Langosta al Horno. Upon seeing the dish of lobster tails imported from South Africa, with large eyes of astonishment she pointed at her plate in the waiter's hands. "It's so big," she exclaimed. The lobster tail filled the entire plate, and required my friend to eat barely half of it.

Actually, we were saving the rest of our appetite for dessert. I ordered Mil Hoyas, a flaky pastry with layers of cream and topped with powdered sugar. The pastry was set on the left side of the plate while the fruit sauce laid on the right. Chocolate sauce drizzled all over the plate. How sumptuous!

Pilar recommended the Home-made Crema Catalana which is Catalonian burnt cream. My friend ordered this dessert. She saved half of the cream for me. It was orange and tangy with a creamy taste.

What made our meal enjoyable was the casual relaxed atmosphere as well as the lovely interior design. The Rodriguez family has owned the restaurant locate on New Point Road for 11 years. A Spanish soloist named Freddie entertains the restaurant eaters on Saturdays by playing Latin classic music on his guitar.

This column is intended to inform our readers about dining opportunities in the area

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# HOROSCOPE

**For the week of Oct 26 to Nov. 1**

**Aries**  
**March 21-April 20**  
 Home and family situations improve even as pressure increases at work. A deadline looms for an important project. Take a deep breath and dig in. That's the only way you stay on top of things. Friends and loved ones are understanding. Keep in touch with someone from the past.

**Taurus**  
**April 21-May 21**  
 Mystery and intrigue are major factors right now. The clues are there; you just need to follow them and put everything together. Someone in authority is looking out for you and working on your behalf. Take some time away with friends or family to put things in perspective.

**Gemini**  
**May 22-June 21**  
 Your powers of persuasion are in high gear. People will be attracted to you and your cause; even the ones who were most skeptical at the start. Someone who support you may have their own agenda. Know this and refuse to be duped. An unlikely source offers advice and support with a major purchase.

**Cancer**  
**June 22-July 22**  
 You rebound from a recent setback and are headed back stronger than ever. You'll also get out from under a burden that never belonged to you in the first place. Organize your priorities

and keep focused on your goals. A short trip with a friend or love done could be an exciting bonding experience.

**Leo**  
**July 23-Aug. 23**  
 Take the initiative. Starting fresh or heading in a new direction could pay big dividends. Refuse to get bogged down in the same old routine. Look at life in a different light. Be gracious when a friend repays an old debt. You will be the peacemaker in a family dispute.

**Virgo**  
**Aug. 24-Sept. 22**  
 You need to know what you want before you can go after it. Look behind the scenes for the answers you need to make an important decision. Keep an eye on money and budgets. Someone may be trying to pull a fast one. Be careful. Someone you admire will come to you for advice and encouragement.

**Libra**  
**Sept. 23-Oct. 23**  
 You have been the focus of attention. People have been watching and listening to you. Now comes the time when you have to put words and ideas into practice. Timing is crucial. It's also important to keep your good humor. Take time to cheer up a close friend.

**Scorpio**  
**Oct. 24-Nov. 22**  
 Finish up paperwork and study the fine print. Your intuition is on target and others look to you for support. You may need to revise previous opinions as new information comes out. Your popularity increases. A family member will come through in a pinch.

**Sagittarius**  
**Nov. 23-Dec. 21**  
 Emotions are running high. Be sure to give logic equal time. Don't say or do things you'll regret later. It might be wise to step away for a while and

try to be the objective party. You may be too caught up in the situation. Treat yourself to a small luxury or indulgence, but watch for a bargain.

**Capricorn**  
**Dec. 22-Jan. 20**  
 Home and property are a top priority now. Don't put off small projects and repairs — they'll only grow into costly problems. Things may be quiet at work, but changes are brewing.

Work behind the scenes to get your message out. A loved one offers much-needed support and encouragement.

**Aquarius**  
**Jan. 21-Feb. 18**  
 Now is not the time to deceive yourself. See friends and family members as they really are. Be realistic. Don't be afraid to stand up for what you think is right.

**Pisces**  
**Feb. 19-March 20**  
 Analytical communication skills are crucial now. Your beliefs and opinions are on target. You're on a roll at home and gaining status at work, too. Now could be the time to make the break you've been thinking about. Keep an eye on your budget, but don't hold the purse strings too tightly.

## Lights are on

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# The Best Of Autumn Dining

**Stepping Out** is a weekly calendar designed to guide our readers to the many arts and entertainment events in the Union County area. The calendar is open to all groups and organizations in the Union County area. To place your free listing, send information to Associate Editor Jacquie McCarthy, Worrall Community Newspapers, P.O. Box 3109, Union, New Jersey, 07083.

# Stepping Out

## AUCTIONS

**ANNUAL ART AUCTION** will be held at St. Agnes Church in Clark on Saturday at 7 p.m.  
The church is located at 332 Madison Hill Road, Clark. For information, call (732) 388-7852.

## ART SHOWS

**HAROLD SWEET** of Hillside will exhibit works of art at Van Gogh's Ear Cafe through Saturday.  
The cafe is located at 1017 Stuyvesant Ave., Union. For information, call (908) 810-1844.

**UNION COUNTY TEEN ARTS** Touring Exhibit will be displayed at Exxon Chemical Company through Tuesday.

The exhibit consists of 26 pieces of art selected from the 513 works shown at the 1997 Union County Teen Arts Festival held in March at Union County College.

Exxon Chemical is located at 1900 Linden Ave., Linden. For information, call (908) 558-2550.

**LES MALAMUT** Art Gallery will present "Perspective of Kat Works" by Kathleen A. Thompson of Cranford through Oct. 30.

The gallery is located in the Union Public Library in Fraberger Park on Morris Avenue. Gallery hours are Monday, Wednesday and Thursday from 9 a.m. to 9 p.m., Tuesday and Friday from 9 a.m. to 6 p.m., and Saturday from 9 a.m. to 5 p.m. For information, call (908) 686-0857.

**TOMASULO GALLERY** will feature postindustrialism paintings by Tim Gaydos through Oct. 30.

Gallery hours are Monday through Thursday from 1 to 4 p.m., Tuesday through Thursday from 6 to 9 p.m., and Saturday and 1 to 4 p.m. The gallery is located at Union County College, 1033 Springfield Ave., Cranford. For information, call (908) 709-7155.

**CONTEMPORARY GRAPHICS**, a collection of signed and numbered limited editions, will be exhibited through Oct. 31 at Swain Galleries in Plainfield.

Gallery hours are 9:30 a.m. to 5:30 p.m. weekdays and Saturday to 4 p.m. Swain Galleries is located at 703 Watchung Ave., Plainfield. For information, call (908) 756-1707.

**WATCHUNG ARTS CENTER** juried art show, "Things That Go Bump in the Night," will be on display through Oct. 31.

The arts center is located on the Watchung Circle. For information, call (908) 753-0190.

**ELIZABETH LIBRARY** will present oils and drawings by Ralph Sanders throughout October.

The library is located at 11 South Broad St., Elizabeth. For information, call (908) 354-6060.

**CHILDREN'S SPECIALIZED HOSPITAL** will display art work by Ralph Garafola, Ivan Kyupit and Barbara Zietlich throughout October.

Exhibits are displayed in the hospital's East Wing. A portion of sale proceeds benefit the hospital. CSH is located on New Providence Road in Mountainside.

**PATHWAYS** will be displaying a photographic tribute during October in observance of National Breast Cancer Awareness Month. It is an exhibit of

photographs of breast cancer survivors and loved ones lost to breast cancer and will be displayed at the Summit YMCA during October.

The Y is located at 79 Maple St., Summit. For additional information, call (908) 277-3663.

**UNION LIBRARY** will present a display of decorative painting through October.

Local artists Joan Sewell and Sue Deller will display colonial art forms for the Brushing Violet Chapter of Decorative Painting.

The library is located on Morris Avenue in Union.

**GARDENIA** Installation by Cindy Tower, is an environmentally conscious exhibit created entirely from recycled materials. The exhibit runs through Nov. 2 in the Palmer Gallery at New Jersey Center for Visual Arts.

NJCVA is located at 68 Elm St., Summit. For information, call (908) 273-9121.

**KENT PLACR GALLERY** will present "Mon-Key Passages and Wild Beasts," an exhibit of kinetic sculptures by Wendy Lewis, through Nov. 14. A reception will be held on Sunday from 2 to 4 p.m.

Gallery hours are Monday through Friday from 11 a.m. to 4 p.m. The gallery is located on the campus of Kent Place School, 42 Norwood Ave., Summit. For information, call (908) 273-0900, ext. 249.

**NEW JERSEY CENTER FOR VISUAL ARTS** will display photographic works by Owen Luck in the Members' Gallery through Nov. 18.

Gallery hours are Monday through Friday from 10 a.m. to 5 p.m. and 7 to 9 p.m., Saturday from noon to 4 p.m. and Sunday from 2 to 4 p.m. NJCVA is located at 68 Elm St. in Summit. For information, call (908) 273-9121.

**NEW JERSEY CENTER FOR VISUAL ARTS** will present an exhibit by sculptor and artist Peter Reginato through Nov. 30. The exhibit will take place in the Center's outdoor Art Park.

NJCVA is located at 68 Elm St., Summit. For information, call (908) 273-9121.

**SUMMIT FRAME AND ART** will feature a wide and varied collection of American prints dating from "the golden age of printmaking," 1900 to 1950. Store hours are 9:30 a.m. to 5:30 p.m. Monday through Saturday, Thursday until 8 p.m., and Sunday from noon to 4 p.m. Call (908) 273-8665 for more information.

## AUDITIONS

**RAVISHING ENTERTAINMENT** is casting for its upcoming season of film and theatrical projects throughout the metropolitan area today from 6 to 10 p.m., tomorrow from 5 to 10 p.m. and Saturday from 11 a.m. at Kean University.

Kean is located on Morris Avenue in Union. For information, call (212) 726-8384.

## CAFES

**VAN GOGH'S EAR CAFE** presents an artsy coffeehouse atmosphere. Musical entertainment is presented on Sunday evenings. A \$3 cover is charged.

Open Mic Night is presented every Tuesday from 7:30 to 10 p.m., with sign-up at 7 p.m.

Van Gogh's Ear is located at 1017 Stuyvesant Ave. in Union. For further information, call (908) 810-1844.

**AMORE DI Caffe** is located at 485

Springfield Ave., Berkeley Heights. For information, call (908) 665-8366.

**BARNES & NOBLE CAFE** in Springfield emulates a coffeehouse atmosphere with a literary spin, appealing to young and old alike.

The Cafe hosts a wide variety of family-oriented entertainment, ranging from folk singers to jazz ensembles. In addition to other programs, the Cafe holds Open Mike Poetry Night on the third Sunday of the month at 7:30 p.m. Barnes & Noble is located at 240 Route 22 West in Springfield. For information, call (201) 376-8544.

**CAFE ROCK** is a rock-n-roll memorabilia coffeehouse. Seating is available at outside tables in the summer.

The cafe is located at 5 Eastman St., Cranford. For information, call (908) 276-0595.

**MINSTREL COFFEEHOUSE** is a coffeehouse/concert series run by the Folk Project, a non-profit folk music and arts organization. The Project is located at the Somerset County Environmental Center, 190 Lord Stirling Road, Basking Ridge. Shows are held every Friday year-round, presenting folk music in its broadest sense. Coffee, tea and baked goods are served, no alcohol or tobacco are allowed. Admission is \$5. For information, call (908) 766-2489.

**MUSIC BOX CAFE** of the Donald P. Palmer Museum is located in the Springfield Free Public Library. Musical and other entertainment is presented on scheduled days.

Those interested in performing at the Music Box Cafe should submit a resume or letter of introduction to Susan Parnahos, Springfield Free Public Library, 66 Mountain Ave., Springfield, 07081.

## CLASSES

**LINDEN ART ASSOCIATION** is offering visual arts classes on Wednesdays in five-week segments. The schedule is as follows:

- Nov. 19, Dec. 3, 10, 17, Jan. 7, Jan. 14, 21, 28, Feb. 4, 11, Feb. 18, 25, March 4, 11, 18, March 25, April 1, 8, 15, 22, April 29, May 6, 13, 20, 27.
- Classes will be held at Sunnyside Recreation Center, on Melrose Terrace at Orchard Terrace, Linden. For information, call (908) 486-1408.

## CLUBS

**BACK PORCH**, a friendly neighborhood Irish pub, features live musical entertainment on Friday evenings.

The pub is located at 1507 Main St., Rahway. For information, call (908) 381-6455.

**CLUB BENE Dinner Theater** shows cases popular entertainers on weekends.

Dinner-and-show, as well as show-only tickets are available. Club Bene is located on Route 35 in South Amboy. For information, call (908) 727-3000.

**CHENILLE'S** Seafood and Steak House presents jazz entertainment every weekend.

The restaurant is located 1114 Liberty Ave. in Hillside. For information, call (908) 352-5234.

**COVE LOUNGE** presents live music by alternative bands every weekend.

The tavern is located at 114 Chestnut St., Roselle. For information, call (908) 241-1226.

**CROSSROADS in Garwood** presents a weekly lineup of musical rotation:

- Tuesdays — Acoustic Open-Mic Night. Blues guitar stringer and vocalist Rhett Tyler opens the show, and then opens the stage to any aspiring player who enters. The show opens at 9:30 p.m.
- Wednesdays — B.B. of B.B. and the Stingers hosts Open Jam with all musicians welcome.
- Thursdays — Psychedelic Thursdays presents the greatest sounds of classic rock, performed by local bands.

Weekend performances include blues, roots and rock music. An upscale and traditional blues brunch is presented every Sunday.

The Crossroads is located at 78 North Ave., Garwood. For information, call (908) 232-5666.

**ELLA'S BAR & GRILL** presents live musical entertainment on weekends.

The tavern is located at 648 Franklin St., Elizabeth. For information, call (908) 352-8405.

**PHYL'S PLACE** presents live musical entertainment on weekends.

The tavern is located at 836 Elizabeth Ave., Linden. For information, call (908) 925-8990.

**SHOUT!** presents live musical entertainment on weekends.

The tavern is located at 116 Watchung Ave., Plainfield. For information, call (908) 769-5860.

**WAITING ROOM**, lunch, dinner and rock-n-roll, hosts Open Mic Night every Wednesday and weekend entertainment. The tavern is located at 1431 Irving St., Rahway. For information, call (908) 815-1042.

## COMEDY

**CASUAL TIMES** restaurant features comedians on weekends.

The restaurant is located at 1085 Central Ave., Clark. For information, call (908) 388-6511.

## CONCERTS

**LYRICA CHAMBER MUSIC** will present its 10th anniversary subscription series with four chamber music concerts.

All concerts will be held in the auditorium of the Presbyterian Church of Chatham Township, 240 Southern Boulevard. Tickets are \$17 for general admission, \$13 for seniors, and \$6 for students. Discounts are available for early subscription. For information, call (201) 701-1734.

## HOLIDAY

**HAUNTED VILLAGE** will hold tours today through Nov. 1 from 6:30 to 10 p.m.

The village is located on Davidson Avenue in Somerset. For information, call (732) 271-1119.

**MERCHANTS AND DROVERS TAVERN** will host evenings of true ghost stories, candlelight and the atmosphere of a 200-year-old inn on Saturday for the third annual ghost tours for children. The old tavern will be inhabited by characters from the past who will recount legends of ghosts as the visitor are escorted through tavern rooms from the first to the third floor. Sponsored by the Rahway Historical Society, the tour is designed for young people from the ages of six to 14.

Advance purchase of tickets is required for each tour, as only a limited number of participants can be accommodated. Parents with tickets may accompany their children. Tours will be conducted hourly beginning at 5:15 p.m., with the last tour starting at 9:15 p.m. Refreshments will be served following the tour. Tickets, which cost \$5, may be purchased by calling Cathy Nevins at (908) 499-0279.

**SPIRITS OF THE PAST**, a Halloween tour of vintage homes, will be held on Sunday from 10 a.m. to 4 p.m. The tour is sponsored by the Van Wyck Brooks Historical District of Plainfield.

For information, call (908) 754-8918.

**WILLIAMS NURSERY** is hosting hayrides, pony rides and pumpkin-picking through Nov. 2.

The nursery is located at 524 Springfield Ave., Westfield. For information, call (908) 232-4076.

## KIDS

**SPRINGFIELD RECREATION** will host a Halloween party for youngsters Pre-school through 8th grade at Gaudineer School gym on Saturday at 1 p.m.

For information, call (908) 912-2227.

**MISCHIEF-FREE NIGHT** will be held on Oct. 30 at 6 p.m. at Burnet Middle School in Union.

The evening will feature at Battle of the Bands/Halloween Ball and Parents Reception. The school is located at Caldwell and Morris avenues in Union. For information, call (908) 686-6644.

**YOUNG ARTISTS' CONCERTO COMPETITION** invites young musicians, excluding pianists, to participate. Age limitations are between 14 and 21 inclusive and candidates must be legitimate residents of the US, although they may temporarily reside elsewhere for the purpose of attending school.

The competition will be held Nov. 23 in Livingston. The application deadline is Nov. 1. For information, call (973) 635-2345.

## LECTURES

**JUST ABOUT ART**, the ongoing series of informal discussions at New Jersey Center for Visual Arts, will feature Valerie Larko and Industrial and landscape art today, and Cindy Tower and environmentally conscious art on Oct. 30.

Hours are 7:30 to 9 p.m. NJCVA is located at 68 Elm St., Summit. For information, call (908) 273-9121.

**WESTFIELD ART ASSOCIATION** will present a Watercolor Demonstration by artist Denise Collins on Sunday from 2 to 4 p.m.

The demonstration will take place in the Westfield Community Room at 425 East Broad St., Westfield. For information, call (908) 654-3831.

**UNION COUNTY COLLEGE** will present a Visiting Artist Lecture by internationally renowned photographer Dawood Bey at 5:30 p.m. on Wednesday.

The lecture will be held in the Main Lecture Hall, Nomahegan Building, on the College's Cranford Campus. The College is located at 1033 Springfield Ave., Cranford. For information, call (908) 709-7183.

## MISCELLANEOUS

**HAYRIDES AND CAMPFIRES** will be offered at Trailside Nature and Science Center this fall.

Hayrides will be tomorrow and Nov. 7, beginning at 6:30 p.m.

In case of rain, participants will be rescheduled for one of the remaining rides, as space allows, or on an alternate night.

A \$3 ticket entitles the ticket holder to a hayride through the Watchung Reservation, singing and storytelling with Jim Rohe, and hot chocolate and marshmallows with a roasting campfire. All tickets must be purchased in



Costumed tour guides will take visitors on a tour of Plainfield's historic homes on Sunday.

advance; no tickets will be sold at the hayrides. Participation is limited and early registration is encouraged. Group tickets will be limited to a maximum of 25. Large groups should consider a private hayride rental, offered by the Parks Division through November. The hayrides are wheelchair accessible.

For additional information, contact the Division of Parks and Recreation at (908) 527-4900.

Trailside Nature and Science Center is located at 452 New Providence Road in Mountainside.

**HORSEBACK RIDING**, including lessons, are available at Watchung Stables.

For girl scouts troops, there is a program designed to allow them to earn a Horse Lover Badge. Also offered is a one-hour tour of the barn and its facilities. Lesson programs can be arranged at date and time convenient for any group.

There is a \$20 fee per hour; actual horseback riding is available at an additional cost. Contact Jean Jacobus at (908) 789-3665 for further information. Watchung Stables is a facility of the Union County Division of Parks and Recreation and is located at 1160 Summit Lane, Mountainside.

**LINDEN LANES** features Laser Light Bowling to the music of the 70s every Saturday night after 10 p.m.

Games cost \$3 per person. Linden Lanes is located at 741 N. Stiles Ave., Linden. For information, call (908) 925-3550.

**SPORTLAND**, Union's indoor family fun center, offers bumper cars and assorted rides, video games, air hockey tables, redemption games, basketball games, and more. The center also features a Laser Tag Arena available at a cost of \$5 per person.

Sportland is located at 2441A Route 22 West, Union. For information, call (908) 687-0500.

## RADIO

**WBGO**, Jazz 88.3 FM programming will present the following shows this week:

Today — "Artbeat," a weekly magazine show covering all facets of the arts, will be aired at 6:30 p.m.

"Marian McPartland's Piano Jazz," 7 p.m.

Tomorrow — "Portraits in Blue," 7 p.m.

Saturday — "Jazz Classics," 6 a.m.

"Beale Street Caravan," a one-hour magazine show about the Blues, 1 p.m.

"Jazzset With Branford Marsalis," 8 p.m.

Sunday — "Jazz From the Archives," 10 p.m.

Monday — "Billy Taylor's Jazz at the Kennedy Center," 7 p.m.

Tuesday — "Jazz Profiles," 7 p.m.

**WFMU**, 91.1 FM Free Form Radio will feature the return of veteran free form DJ Bob Rixon of Rahway. Featuring spontaneous mixes of jazz, pop, punk, funk, soundtrack music and personal anecdotes, Rixon's programs carry the classic 60s radio style into the late 90s.

## TELEVISION

**THE ARTS** is a half-hour cable television program about the visual and performing arts in New Jersey. Each month the viewer is introduced to the creative people and nonprofit organizations directly involved in upcoming cultural events. An additional feature is the monthly calendar. Each program is closed captioned for people who are

deaf or have hearing impairments, as well as for those who may need assistance with the English language.

The program is carried on Comcast Cablevision Channel 57 in Union on the second and fourth Wednesday of the month at 8:05 p.m. It will be carried on CTN/NJ on the second and fourth Wednesday at 4:30 p.m. and 5 p.m. beginning Fall 1997.

For more information about "The Arts" and/or for a broadcast schedule, call (908) 745-4489/3888.

## TELEVISION

**EGGTV**, a diverse comedy show based in Scotch Plains, will air their newest show on Comcast Channel 57 on Saturday at 10:05 p.m.

## THEATRE

**BIG RIVER** has opened at Paper Mill Playhouse and runs through Sunday.

Mark Twain's immortal characters of Huck and Jim and their adventures on the Mississippi River are brought to musical life in the rollicking 1985 Tony Award-winning Best Musical with a vibrant country-western score by Roger Miller.

Performances are Wednesday through Sunday at 8 p.m., with matinees on Thursday at 2 p.m., and Saturday and Sunday at 3 p.m. Audio-described performances will be presented on Saturday at 3 p.m. and Sunday at 8 p.m. Sign-interpreted/open captioned performances are scheduled for Sunday at 8 p.m. and Oct. 27 at 8 p.m.

The theater is located on Brookside Drive in Millburn. For information, call (201) 376-3636.

**MEDEA** will be presented at Kean College of New Jersey through Sunday. Show dates are Oct. 22, 23, 24 and 25 at 8 p.m. and Oct. 26 at 3 p.m.

The play will be presented in the Vaughn Eames theater. The college is located on Morris Avenue in Union. For information, call (908) 527-2000.

**OPEN SPACE THEATRE COMPANY** will present the New Jersey Premiere of the award-winning Tony Kushner play "Angels in America Part I — The Millennium Approaches" at the Crescent Avenue Presbyterian Church, 716 Watchung Ave., Plainfield. The curtain goes up at 8 p.m. tomorrow and Saturday with a matinee performance on Oct. 26 beginning at 3 p.m.

Tickets for all performances excluding the gala are \$12 and \$10 for students and senior citizens. For further information and gala reservations call (908) 226-0082.

**CALIFORNIA SUITE** will be presented by Westfield Community Players on weekends at 8 p.m. through Nov. 8.

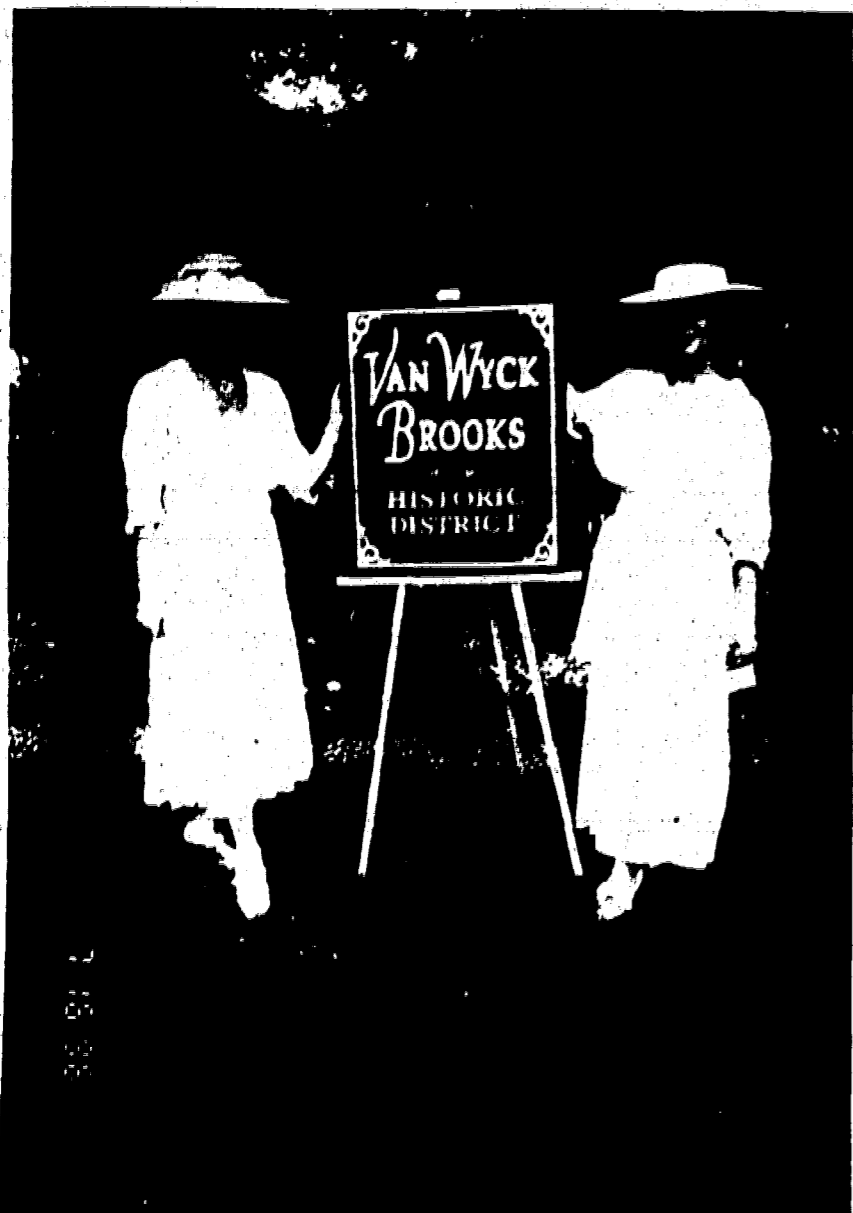
WCP is located at 1000 North Ave., Westfield.

**TWELVE ANGRY JURORS** will be presented by Stony Hill Players tomorrow through Nov. 2.

The play will be presented at Oakes Memorial Outreach Center, located at 120 Morris Ave., Summit. For information, call (908) 464-7716.

**NUTS** will be presented by The Philathallians of Fanwood beginning Saturday.

The play will take place at The Carriage House, located at 129 Watson Road, Fanwood. For information, call (908) 322-8686.



Plainfield visitors are in for a spooky tour of the town on Sunday.

# Everybody gets what they want in 'The Big Squeeze'

**'The Big Squeeze'** — This well-written, well-directed, well-acted independent film is once of those movies that you watch and wonder — Why didn't this film go anywhere? Directed by newcomer Marcus DeLeon, the film reminded me of a Jonathan Demme-ish dark comedy.

Tanya, played to perfection by Lara Flynn Boyle of Twin Peaks fame, decides she's had enough of her injured, ex-baseball star husband Henry when she finds out he's been hiding some much needed money from her. Rather than continue to support him and his dream of recovering from his broken knee and rocketing to baseball stardom, she decides to leave. Since she worked two jobs for years to support his early days of baseball dreaming, she feels entitled to half the hidden cash. He doesn't agree. She is convinced by a charismatic con who has been frequenting the bar she tends that the money can be got.

The religious Henry has long believed a miracle from God is going to put him back on the ballfield. Benny plans to use Henry's devoted spirituality to convince him to save the local church from being closed. The church needs \$130,000 for some repairs, and Henry has the money they need. Benny's job is to convince Henry that the church has the power to help Henry get his prayers answered. Unknown to Henry, Tanya's prayers will be answered when Benny diverts the cash back to their pockets.

True to con-man form, Benny figures out a way to convince Henry to give up his fortune. First he plants himself at the church doing some vol-

## The Video Detective

By Jim Riffel

unteer landscaping so Henry can see him and see what a good person he is. Next he plants a tree with a seed that one of the Fathers at the church blesses and Benny makes sure that Henry sees the blessing. This tree, which begins to grow at a crowd-gathering rate, is the key to the miracle that will reel Henry, and his money, in. The plot takes some twist and turns, as a good plot should, and ends up delivering an entertaining 107 minutes.

Although a little short of reality, the film is funny and a good diversion. And really, given the choice between reality and a good laugh, I know what I'd pick. And for those of you who like happy endings, I can tell you this because I promise it won't ruin the film for you — the girl gets romance, the romance gets the girl, the con man gets what he deserves, the mission is saved and the ex-husband gets the surprise of his life.

Video Detective Trivia: What was Lara Flynn Boyle's film debut?

Answer: "Poltergeist 3," 1988. Also new On video: "Breakdown," thriller; "Double Team," action; "Disney's Jungle Book," rerelease; "Gross Point Blank," dark comedy.

A resident of Mountainside, Jim Riffel is the author of "The Video Detective's Guide to the Top 100 Films of All Time."

# Historical site presents 'ghost' tours for children

True ghost stories, candlelight and the atmosphere of a 200-year-old inn will set the scene at the Merchants and Drivers Tavern in Rahway on the evening of Oct. 25 for the third annual ghost tours for children. On Saturday night, the old tavern will be inhabited by characters from the past who will recount legends of ghosts as the visitor are escorted through tavern rooms from the first to the third floor. Sponsored by the Rahway Historical Society, the tour is designed for young people from the ages of six to 14.

"Each Ghost Night will interpret the inn as it was about 1800," Catherine Nevins, event chairman said. "Costumed tavern staff reenacting customary tavern activities in the candlelit tavern will help to establish the atmosphere of almost two hundred years ago."

The Merchants and Drivers Tavern was built near the Presbyterian church graveyard immediately following the American Revolution, a fact that enhances the building's ability to evoke a ghostly atmosphere. The first innkeeper is buried in sight of the tavern, as are many former patrons of the establishment. First used as a store, it became a tavern in 1798. It was enlarged to a four-story hotel by the 1820s and served continuously as an inn until the 1930s.

The first floor taproom and the exterior have been restored, but most of the upper rooms remain empty and unrestored. "The Ghost Night tours are among the last few events to be held at the tavern before we close it for restoration of the interior," said Society Executive Director Linda McTeague. The tavern is expected to close to the public early in 1998 so that a full restoration of the upper three floors can be accomplished.

The historical society acquired the site in 1971. The Merchants and Drivers Tavern is listed in the National Register of Historic Places. The smaller Terril Tavern, built prior to the American Revolution, was moved to the property in 1976 where it now serves as the museum shop. The shop, which carries a number of unique gift items, will be open for both ghost tours.

Advance purchase of tickets is required for each tour, as only a limited number of participants can be accommodated. Parents with tickets may accompany their children. Tours will be conducted hourly beginning at 5:15 p.m., with the last tour starting at 9:15. Refreshments will be served following the tour. Tickets, which cost \$5, may be purchased by calling Cathy Nevins at (908) 499-0279.

# Director is in control of newest production

(Continued from Page B3)

press," said Peyser. "It's like a chess game, you can see the wheels turning. Every question is setting up the next question."

Control plays a large factor in this drama, as exhibited by other characters — Macmillan, the prosecuting attorney; the judge, the officer, and the doctor. "He's basically a paid agent of the state," Peyser said of Dr. Rosenthal, a crucial character. "He's put away over one hundred people. Everything she (Claudia) does isn't what a so-called normal person in his opinion would do, and she's very unresponsive to him."

"The show is not about incest, it's basically about taking control of your life," Peyser added. "Claudia would rather rot away in jail than be sent to a mental institution."

Peyser can't say enough about the dedication of cast and crew to bringing this drama to life. "You're not watching people act, you're watching real life," he said.

Peyser spoke well of every member of the cast, and mentioned that Nizzardo is making her community theater debut.

"She's really excited about it, she's having fun. And I think it's a good learning experience," the director said.

Carol McGee, president of The Philathalians, is assistant director of "Nuts." "She's very helpful. She picks up things I might not pick up," said Peyser. As a long-time member of The Philathalians and a veteran of community theater, Peyser said he has seen the theater company grow in a positive direction.

"We have changed over the years. They had rejected 'Nuts' a few years ago," said Peyser. "A lot of theaters wouldn't touch a subject like that."

"I'd like us to do some socially relevant plays," Peyser commented on the future of The Philathalians. "We do need these light comedies, but I also want to do plays that make people think. I want to direct 'Who's Afraid of Virginia Woolf?' You really need really strong actors. There's so much being said that's not being said. There's so much going on under the surface."

Like "Nuts" and like so many serious plays that have been made into films, the director stresses that the play is different from the film, and is better, in his opinion.

Audiences can pronounce their verdict beginning Oct. 25 at The Carriage House, located at 129 Watson Road in Fanwood. For information, call (908) 233-3209.

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3177	<b>CINEPLEX ODEON UNION THEATRE</b> 990 Stuyvesant Avenue • UNION
3179	<b>LOST PICTURE SHOW</b> 2395 Springfield Avenue • UNION
3181	<b>GENERAL CINEMA BLUE STAR</b> 1701-65 Route 22 West • WATCHUNG
3183	<b>RIALTO THEATRE</b> 250 East Broad Street • WESTFIELD
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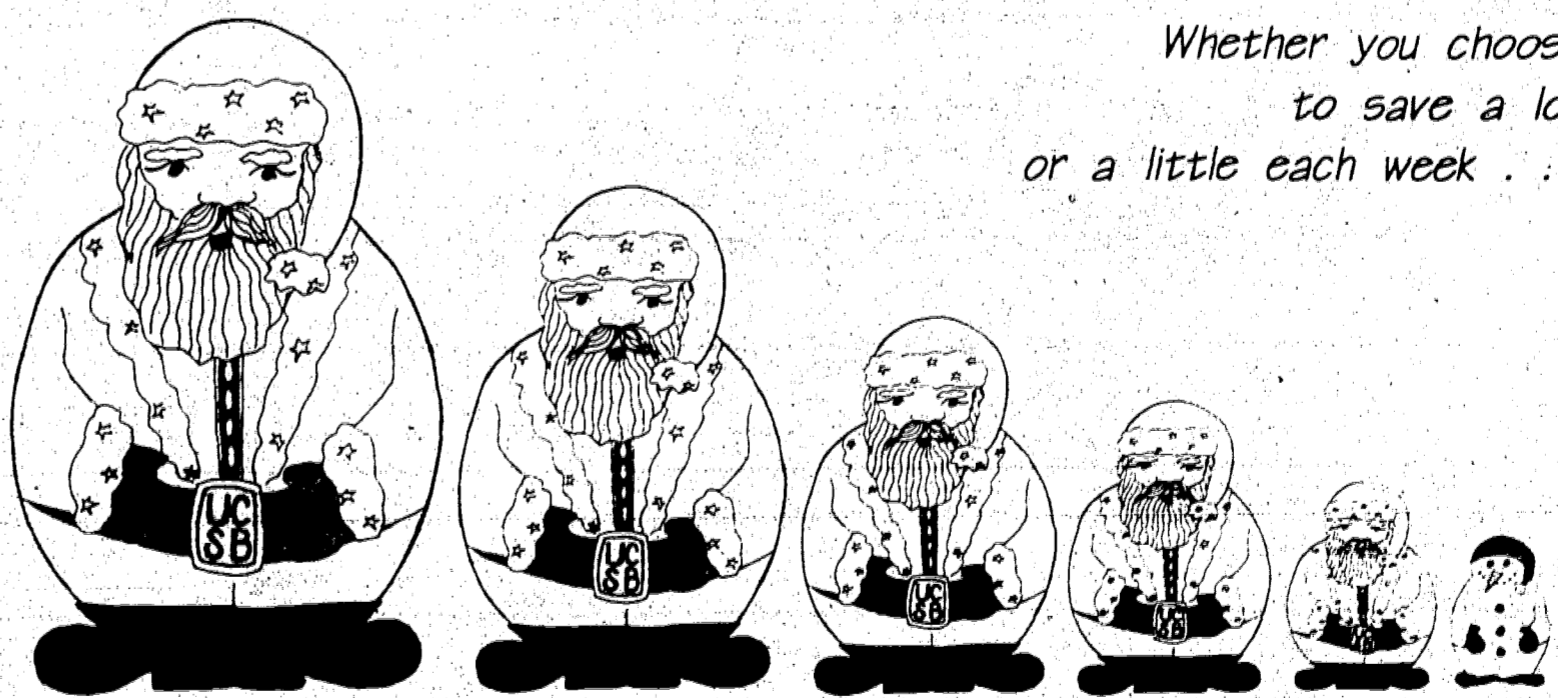
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## Paper Mill presents classics for children

Representing the finest in theater for young audiences, the fall series of Weekend Children's Theatre at Paper Mill Playhouse will present a variety of classic stories that are sure to entertain. The series will take audiences through popular legends, favorite fairy tales and holiday treasures that parents and children can enjoy together.

Theatre IV of Richmond, Virginia, opens the season with "The Legend of Sleepy Hollow" on Nov. 8 and 9. Washington Irving's literary masterpiece is brought to the stage to tell that tale of that famous schoolmaster, Ichabod Crane, his sweetheart Katrina, the handsome Brom Bones and, of course, the Headless Horseman. This comic adaptation promises not to be too scary, and is recommended for ages 6-12.

In the second production of the series, "Hansel and Gretel," the beloved Brothers Grimm fairy tale about two innocent children who venture into the woods to find food for their family is told in this faithful musical adaptation. As is well-known, their journey takes them to the wonderful gingerbread home of an evil witch and the adventures continue. The Paper Mill stage again hosts Theatre IV for this production, which is more heartwarming than frightening. Performances are Nov. 15 and 16 and recommended for ages 4-8.

An original musical score highlights the Gingerbread Players and Jack Production of L. Frank Baum's charming and humorous "The Wizard of Oz." One of the most popular works of children's literature, this show tells of Dorothy's trip to the magical land of Oz with colorful scenery, an uproarious wicked witch and all the familiar characters, as well as a few special surprises. Performances will be Nov. 22 and 23, and is recommended for ages 4-8.

Theatreworks USA presents a special holiday event on Nov. 28 at 11 a.m. and 2 p.m. with "Babes in Toyland." Featuring special effects and memorable melodies, this production follows Jack and Jill, Little Bo Peep and other storybook favorites as they travel through the "Forest of No Return" on their way to Toyland. Recommended for "children of all ages."

"Hans Brinker's Christmas," presented by ArtsPower on Nov. 29 and 30, is based on Mary Mapes Dodge's century-old novel. Hans, his sister and his rival, Peter, are all brought to life as young Hans enters his village's skating race to win the money needed to help save his father and keep his family together. This original holiday musical is recommended for ages 5-10.

The fall series of children's musicals ends with Paper Mill's traditional holiday offering, the Yates Musical Theatre production of the holiday classic "A Christmas Carol," Dec. 6 and 7. This spirited musical retelling features all of Dickens' memorable characters, including the Jezzies, Bob Cratchit, Tiny Tim, and, of course, Ebenezer Scrooge. This show is recommended for ages 5-12.

All performances in this series are on Saturday and Sunday at 11 a.m., except for "Babes in Toyland," as noted. Tickets are \$8 for orchestra seats and \$7 for mezzanine. For information, call the box office at (973) 376-4343. Visa, Mastercard and Discover are accepted.

Paper Mill Playhouse is barrier-free and wheelchair accessible. Programming at Paper Mill is made possible in part by the New Jersey State Council on the Arts/Dept. of State.

## Sing out with the glee club

The Westfield Glee Club invites male singers to come and sing at rehearsals on Mondays at 8 p.m. at the Presbyterian Church Parish Building Assembly Hall, 140 Mountain Ave., Westfield.

Director Thomas Booth of Maplewood, Accompanist George Lachenauer of Roselle and the music committee have selected new and previously sung selections for a

varied program of seasonal, sacred, classical, traditional and folk songs.

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# What's Going On?

## FLEA MARKET

**SATURDAY**  
November 1, 1997  
**EVENT:** Flea Market  
**PLACE:** Hehly High School, 590 Raritan Road, Clark, N.J. Indoors and outdoors.  
**TIME:** 9am-5pm  
**PRICE:** Over 100 quality dealers! For information call 201-997-9535.  
**ORGANIZATION:** Sponsored by the Clark Lions.

## RUMMAGE SALE

**FRIDAY & SATURDAY**  
October 24, 25, 1997  
**EVENT:** Rummage Sale  
**PLACE:** United Methodist Church of Summit, Kent Place Boulevard and DeForest Avenue, Summit, NJ  
**TIME:** Friday, 10:00am-9:00pm; Saturday, 9am-12 noon.  
**PRICE:** Gigantic sale. Low prices. Bag Sale Saturday.  
**ORGANIZATION:** The United Methodist Church of Summit

**SATURDAY**  
October 25, 1997  
**EVENT:** Fall Rummage & Elephant Sale  
**PLACE:** Grace United Methodist Church, 555 Russell Avenue, Wyckoff, N.J.  
**TIME:** 10:00am-2:00pm  
**PRICE:** Free Admission.  
**ORGANIZATION:** Grace United Methodist Church, Phone 201-891-4595, e-mail: jmelangon@worldnet.att.net, website: http://www.graceumc.org

**FRIDAY AND SATURDAY**  
October 24, 25, 1997  
**EVENT:** Annual Rummage Sale  
**PLACE:** St. George's Episcopal Church, 550 Ridgewood Road, Maplewood, NJ  
**TIME:** Friday, 9:30am-4:00pm; Saturday, 9:30am-1:00pm.  
**PRICE:** Free Admission.  
**ORGANIZATION:** Parish Life Committee.

## BAZAAR

**SATURDAY**  
October 25, 1997  
**EVENT:** Attic Treasures Sale  
**PLACE:** Ridgeview Community Church, 174 South Valley Road (corner of Meeker Street), West Orange.  
**TIME:** 10:00am-4:00pm  
**PRICE:** Collectibles, jewelry, cookware, art work, toys, tools, books, small furniture. Free. Call 731-6486 for more information.  
**ORGANIZATION:** Ridgeview Community Church.

## GARAGE/YARD SALE

**SATURDAY**  
October 25, 1997  
**EVENT:** Garage and Bake Sale  
**PLACE:** Trinity Covenant Church, 343 E. Cedar Street, Livingston, NJ.  
**TIME:** 9:30am-2:30pm. We have Everything!  
**ORGANIZATION:** Trinity Covenant Church.

## OTHER

**SATURDAY**  
October 25, 1997  
**EVENT:** Caribbean Night '97  
**PLACE:** First Congregational Christian Church, 1240 Clinton Avenue, Irvington, NJ.  
**TIME:** 8pm-1am.  
**PRICE:** \$15.00 per person.  
**ORGANIZATION:** First Congregational Christian Church Fund Committee.

What's Going On is a paid directory of events for non-profit organizations. It is prepaid and costs just \$20.00 (for 2 weeks) for Essex County or Union County and just \$30.00 for both. Your notice must be in our Maplewood office (463 Valley Street) by 4:00 P.M. on Monday for publication the following Thursday. Advertisement may also be placed at 170 Scotland Road, Orange, 266 Liberty St., Bloomfield or 1291 Stuyvesant Ave., Union. For more information call 763-9411.

# Hold a birthday party at Center for Visual Arts

Celebrate your child's birthday or any other occasion at the New Jersey Center for Visual Arts. Each party will start with an art and craft project or show for the first hour, then cakes, drinks, etc. provided by the parents or care givers may be served in the last half-hour. An instructor and art-party host will make this a day to remember!

There is a theme for every age-range and taste. All materials are provided. Choose from among the following:

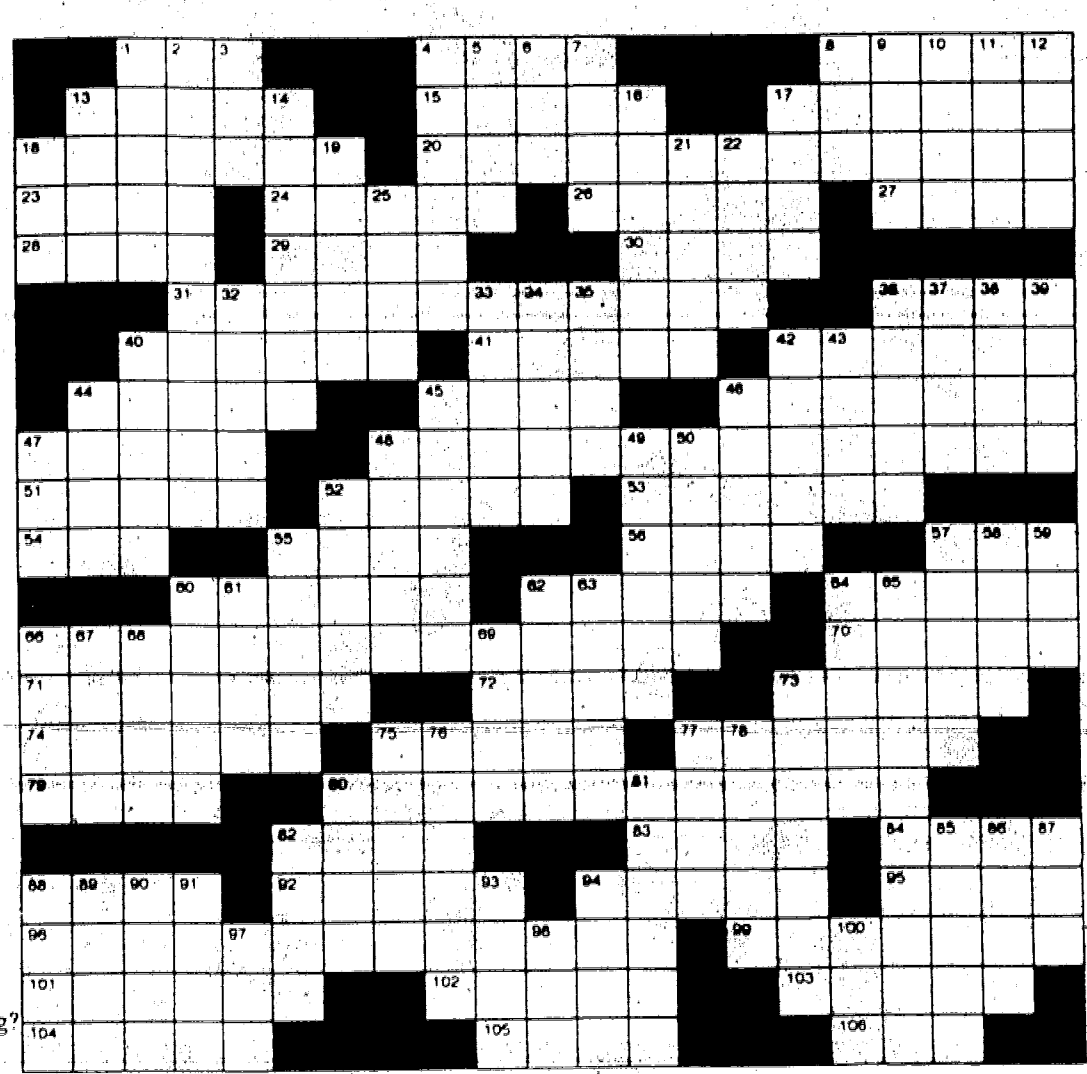
- Puppets shows — Ages 3 - 6
- Children will enjoy a puppet show featuring glove puppets and a ventriloquist dummy. There will also be magic tricks, featuring the birthday child. Everyone will make an origami hand puppet to take home.
- Colored sand bottles — Ages 5 and up
- Every child will fill a tall stretched bottle with multi-colored sand, either layering or swirling the colors.
- Earrings — Ages 6 and up
- Each child will make three pairs of either clip-on or pierced earrings. Children will be able to choose from hundreds of different beads and semi-precious stones.
- Seed bead necklaces — Ages 7 and up
- Each child will make a seed bead necklace from 6mm glass beads with a special center bead of their choice.
- Caricature-Cartooning party — Ages 8 and up
- Each child will create a caricature which will them be monitored on colored poster board. No drawing ability required. Lots of laughs while you work!

Parties can be scheduled every Friday from 3:30 to 5 p.m. and many Sundays from either 12:15 to 1:45 or 2:15 to 3:45. Call ahead for specific Sunday dates and times.

For further information and requirements, call NJCVA at (908) 273-9121. NJCVA is located at 68 Elm St., Summit.

# In Retrospect

- ACROSS**
- Genetic template; abbr.
  - Italian province
  - Severe
  - Ends
  - Garlic unit
  - Breakfast cereal
  - Fabricate
  - Back street?
  - Vista
  - Singer Midler
  - Alluring nymph
  - Pins
  - of Green Gables
  - Diverse comb form
  - Swell
  - Back water?
  - Admits
  - King of Wessex
  - Breaks bread
  - Repeat
  - Report
  - Concurrence abbr.
  - Divided by a membrane
  - Prohibit
  - Back Scratch?
  - Run off
  - Knew how to
  - Melodic
  - Strife
  - Scream
  - Servicewoman abbr.
  - Prank
  - Catkins
  - Second-stringers sit here
  - Building material
  - The return of the King?
  - Question
  - Involving the bladder
  - Helper
  - Branch of knowledge
  - Niche
  - Harmonize
  - Decanter
  - Without
  - Reverse psychologist?
  - City of Adda
  - mater
  - Departed
  - Alter end of church



- DOWN**
- Paris port?
  - Rising star?
  - High spot
  - Producing vinegar
  - Swing around
  - Pounds and pounds
  - US composer
  - Includes development agency
  - Seed coat
  - Harry
  - Catch
  - Cuts of meat
  - Show of amusement
  - Undermine
  - Exhibit
  - Canonical hymn
  - Source
  - Resource
  - development agency
  - Calm
  - Expenses
  - tide
  - Stepped
  - Blazing
  - Pastoral poem

- Punished
- Edge
- Right; prefix
- Coat
- Memo
- Stalk
- Woody spot
- Payment for tacos
- Group of bees
- Composer Bartok
- Pointillist painter
- Verse
- Moisture
- Bridge hand
- Platte River Indian
- Spinach-like vegetable
- Island of fun
- Noblemen
- Defraud
- Advice columnist
- Fetch
- Dancer de Mille
- Orangutan
- Give instructions to
- Terminated
- Mr. Stevenson
- Upside-down cake
- Fling
- Fort location
- Sound from drunks
- Corn spurry
- Fundamental
- Verily records
- Teahouse girl
- Group of devotees
- Capital of Jordan
- Cooked
- Captured
- Kent's co-worker
- Century plant, e.g.
- Broadway award
- Controversial amendment abbr.
- Morphology branch abbr.
- Size of type
- Religious group
- Raison d'—
- Tan
- Sagacious
- Big
- Dawn goddess
- Greek character

(See ANSWERS on Page B11)

# There is a seat waiting for you at Union County Arts Center

The Union County Arts Center, a 1300-seat multi-purpose performing arts center located in Rahway, New Jersey is seeking individuals to volunteer for ushering, concessions, fundraising, marketing, mailings and office support.

Built in 1927, the building originally served as a vaudeville theatre, silent movie house and finally a mainstream movie theatre. Currently, more than forty quality performing arts events, spanning music, adult and children's theatre, classic and contemporary films and dance are presented annually.

Located in the southbound part of Union County, the center is housed in what is formally known as the "Old Rahway Theatre." Since 1984, the facility has undergone major renovation restoring the theatre to its original charm and beauty.

Individuals interested in serving as board and committee members should forward a letter of interest to the Union County Arts Center at 1601 Irving St., Rahway, N.J. 07065, or call 499-0441 and speak to Sharon Surber. New Jersey TT Relay users call (800) 852-7899.

**Jacque McCarthy, Editor**  
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Organizations submitting releases to the entertainment section can mail copy to 1291 Stuyvesant Ave., P.O. box 3109, Union, New Jersey, 07083.

## PUBLIC NOTICE

**NOTICE TO ABSENT DEFENDANTS (L.S.) STATE OF NEW JERSEY TO: CARRIE SMALLWOOD deceased, her heirs, devisees, and personal representatives, and her, their or any of their successors in right, title, and interest.**

YOU ARE HEREBY SUMMONED AND REQUIRED to serve upon ZUCKER, GOLDBERG, BECKER & ACKERMAN, ESQs, plaintiffs attorneys, whose address is 1139 Spruce Drive, Mountaineer, New Jersey 07092-0024, telephone number 1-908-233-8500, an Answer to the Complaint and Amendment To Foreclosure Complaint filed in the Superior Court of New Jersey, Chancery Division, Union County, and bearing Docket No. F-18488-96 within thirty-five (35) days after October 23, 1997, exclusive of such date. If you fail to do so, judgment by default may be rendered against you for the relief demanded in the Complaint and Amendment to Foreclosure Complaint. You shall file your Answer and proof of service in duplicate with the Clerk of the Superior Court of New Jersey, Hudson County, at 271 Tinton, New Jersey 08625, together with your check in the sum of \$105.00 representing the filing fee in accordance with the rules of civil practice and procedure.

This action has been instituted for the purpose of (1) foreclosing a Mortgage dated April 3, 1986 made by Carrie Smallwood, as mortgagor, to First Suburban Investment (also known as First Suburban Investment Inc. recorded on October 18,

## PUBLIC NOTICE

1995 in Book 5742 of Mortgages for Union County, Page 198, which Mortgage was assigned on May 8, 1995 to the plaintiff, FIRST BANK (N.A.), AS CO-TRUSTEE UNDER THE POOLING AND SERVICING AGREEMENT DATED AS OF AUGUST 31, 1995, SERIES 1995-B by Assignment of Mortgage recorded on January 31, 1996 in Book 873 of Assignments of Mortgages for Union County, Page 248; and (2) to recover possession of, and concerns premises commonly known as 324 McDowell Street, Plainfield, New Jersey 07063.

If you are unable to obtain an attorney, you may communicate with the New Jersey Bar Association by calling 609-394-1101. You may also contact the Lawyer Referral Service of the County of venue by calling 1-908-354-7116. If you cannot afford an attorney, you may communicate with the Legal Services Office of the County of venue by calling 1-908-558-1842.

Carrie Smallwood, deceased, her heirs, devisees, and personal representatives, and her, their or any of their successors in right, title and interest are made party defendants to this foreclosure action for their claim or interest you may have in, to or against the mortgaged premises by reason of the death of Carrie Smallwood, who was the record owner of the mortgaged premises being foreclosed herein and who died intestate on or about April 1996, a resident of the City of Plainfield, County of Union, State of New Jersey.

DOUGLASS PHELAN, CLERK SUPERIOR COURT OF NEW JERSEY

THIS IS AN ATTEMPT TO COLLECT DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. U6779 WCN Oct. 23, 1997 (\$45.15)

## PUBLIC NOTICE

**NOTICE TO ABSENT DEFENDANTS (L.S.) GLOBE INDEMNITY COMPANY**

You Are Herby summoned and required to serve upon PLUSE, LEONE, INCOLLINGO & MATEZ, A Professional Corporation, Plaintiff's attorneys, whose address is 21 East Euclid Avenue, Haddonfield, NJ 08033, an Answer to the Complaint, (and amendment to Complaint) filed in a civil action, in which Sovereign Bank, FSB, Plaintiff and Donald S. Chapman, et al. are Defendants, pending in the Superior Court of New Jersey, Chancery Division, Union County, bearing Docket No. F-10112-97, within thirty-five days after October 23, 1997, exclusive of such date.

The Plaintiff, named above, has filed a lawsuit against you in Superior Court of New Jersey. The complaint, amendment to complaint, attached to this summons states the basis for this lawsuit. If you dispute this complaint, you or your attorney must file a written answer or motion and proof of service with the deputy clerk of the Superior Court, Clerk of Union County, Deputy Clerk of the Superior Court, 105 Court House, 2 Broad Street, P.O. Box 6099, Elizabeth, NJ 07207-6099 within 35 days from the date you received this summons, not counting the date you receive it. If the complaint and amendment to complaint is one in foreclosure, then you must file your written answer or motion and proof of service with the Superior Court Clerk's Office, Hughes Justice Complex, 25 W. Market Street, CN871, Trenton, NJ 08626. A \$105.00 filing fee is payable to the Clerk of the Superior Court and a completed Case Information Statement (available from the deputy Clerk of the Superior Court in Trenton) must accompany your answer or motion when it is filed. You must also send a copy of your answer or motion to plaintiff's attorney whose name and address appear above, or to plaintiff, if no attorney is named above. A telephone call

## PUBLIC NOTICE

will not protect your rights; you must file and serve a written answer or motion (with fee and completed Case Information Statement) if you want the court to hear your defense.

If you do not file and serve a written answer or motion within 35 days, the court may enter a judgment against you for relief plaintiff demands.

This action has been instituted for the purpose of (1) foreclosing a mortgage dated May 22, 1991, made by Donald S. Chapman and Jill K. Brown, both single persons to Jersey Shore Savings and Loan Association, recorded on May 24, 1991, recorded in Book 4246 of Mortgages for Union County, Page 0298; and (2) to recover possession of, and concerns premises commonly known as: 205 Dermody Street, Trenton, Union County, New Jersey.

You may contact the Lawyer Referral Service of the County of venue by calling (908) 354-4715. If you cannot afford an attorney, you may communicate with the Legal Services office of the County of venue by calling (908) 354-4340.

THIS PLAINTING IS AN ATTEMPT TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

You, GLOBE INDEMNITY COMPANY, are made a party defendant to this foreclosure action because you entered a Judgment in the Superior Court of New Jersey, entered in the amount of \$899.22, plus costs and may be liable for any deficiency and for any lien, claim or interest you or they may have in, to or against the mortgaged premises being foreclosed herein by the Plaintiff.

Dated: October 15, 1997  
DONALD F. PHELAN  
Clerk, Superior Court of New Jersey  
U6781 WCN Oct. 23, 1997 (\$50.40)

# Join the book club for women only

Women who love to read, especially about other women's lives — whether similar to their own or very different — are invited to help launch a multicultural reading group at the Resource Center for Women on Nov. 19 at 7:30 p.m. A group of women whose family histories stretch back toward Africa, the Caribbean, Europe and Japan are forming "The Woman That I Am" Reading Group to explore commonalities and differences in women's experience through reading the work of women writers from a broad range of cultural perspectives. The group takes its name and initial selections from D. Soyini Madison's anthology of writings by contemporary women of color.

This ongoing group will meet monthly at the Resource Center, and is open to all interested area women. At the first meeting participants will read and discuss several short pieces from Madison's anthology, as well as make plans for future reading. Participants are invited to bring along two books written by women to "show and tell" — both an old favorite that has had an important impact on you or that might help an "outsider" understand you and your world, and a new discovery that you would love to read with an eclectic group of enthusiastic women. From this smorgasbord the menu for future sessions will be chosen.

The group is free to all, but advanced registration is appreciated. For information, call (908) 273-7253. The Resource Center is located in Calvary Episcopal Church at the corner of Woodland and DeForest avenues in downtown Summit.

**Misha Dichter**

Sunday, November 2, 1997  
Kean University, 3 p.m.  
Wilkins Theatre

Now in the third decade of a highly distinguished international career, Misha Dichter has established himself as one of the foremost pianists of our time. Renowned for his powerful musical vision and keyboard mastery in the grand virtuoso tradition, he has regularly performed with every major orchestra in the world, including the Berlin Philharmonic.

All seats are reserved; Public (Orchestra) \$20, (Mezzanine) \$15, Senior Citizens \$10  
Call (908) 527-2337 for further information.

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DR. DONALD ANTONELLI  
CHIROPRACTOR

**TREATING NEURITIS**

If you're suffering from pain of unknown origin in any part of your body, it may be caused by irritation along one or more nerve pathways. Sometimes there are burning and tingling sensations along with the pain. This condition is known as neuritis.

Neuritis means "inflammation of a nerve." It often begins with inflammation of the sheath that covers the affected nerve. When it penetrates to the trunk of the nerve, the condition may become chronic and continue to deteriorate, causing serious problems accompanied by pain.

If the inflammation has been caused by a misaligned vertebra in the spinal column, treatment is needed to relieve the pressure. The greater or more complex the misalignment, the more serious the condition can become.

You don't have to suffer the pain of neuritis when treatment is available to relieve this condition. It should not be ignored. It won't go away unless you get the help you need.

In the interest of better health from the office of Dr. Donald Antonelli - Chiropractor - Antonelli Family Chiropractic Center 2575 Morris Ave., Union 908-688-7373

# Community Classified

## 1-800-564-8911

Search your local classifieds on the internet  
<http://www.localsource.com/classifieds/>

### SALES HOURS

Monday through Friday  
 9:00 AM - 5 PM  
 After Hours Call  
 908-686-9898  
 Selection # 8100

### ADDRESS

Classified Advertising  
 Worrall Newspapers  
 P.O. Box 158  
 Maplewood, NJ 07040

Offices where ads can be placed in person:

**ESSEX COUNTY**  
 463 Valley Street, Maplewood  
 170 Scotland Road, Orange  
 266 Liberty Street, Bloomfield

**UNION COUNTY**  
 1291 Stuyvesant Ave., Union

### RATES

**CLASSIFIED RATES**  
 20 words or less.....\$16.00 per insertion  
 Additional 10 words.....\$4.00 per insertion  
 Display Rates.....\$24.00 per column inch  
 Contract Rates Available  
 Blind Box Number.....\$12.00 per insertion

### BEST BUY

**CLASSIFIED COMBINATION RATES**  
 Ad appears in all 22 newspapers  
 20 words or less.....\$22.00 per insertion  
 Additional 10 words.....\$6.00 per insertion  
 Display Rates.....\$45.00 per column inch  
 Contract Rates Available

### CHARGE IT

All classified ads require prepayment.  
 Please have your card and expiration date.



### NEWSPAPERS

**ESSEX COUNTY**  
 News-Record of Maplewood & South Orange  
 West Orange Chronicle • East Orange Record  
 Orange Transcript • The Glen Ridge Paper  
 Nutley Journal • Belleville Post  
 Irvington Herald • Vailsburg Leader  
 The Independent Press of Bloomfield  
**UNION COUNTY**  
 Union Leader • Springfield Leader  
 Clark Eagle • Kenilworth Leader  
 Mountainside Echo • Roselle Spectator  
 Hillside Leader • Roselle Park Leader  
 Linden Leader • Rahway Progress  
 Summit Observer • Elizabeth Gazette

### DEADLINES

Business Directory 4 PM Thursday  
 Display - Space reservation 5 PM Friday  
 Ad Copy 12 noon Monday  
 In-column 3 PM Tuesday

### ADJUSTMENTS

Adjustments: We make every effort to avoid mistakes in your classified advertisement. Please check your ad each time it appears, should an error occur please notify the classified department within seven days of publication. Worrall Community Newspapers, Inc. shall not be liable for errors or omissions in cost of actual space occupied by item in which error or omissions occurred. We can not be held liable for failure, for any cause, to insert an ad. Worrall Community Newspapers, Inc. reserves the right to reject, revise or reclassify any advertisement at any time.

### CLASSIFIED SPECIALS

#### GARAGE SALES

25 words \$21.00 or \$28.00 combo  
 Garage Sale signs, price stickers, balloons, helpful hints, inventory sheet and Rain Insurance.

#### ECONOMY CLASS

20 words \$7.00 or \$11.00 combo items for sale under \$100.00 One item per ad price must appear.

#### AUTOS FOR SALE

20 words - 10 weeks \$31.00 or \$44.00  
 combo no copy changes

#### DREAM MACHINES

Photo of your car plus 20 words  
 4 weeks - \$40.00  
 Call now 1-800-564-8911

### HELP WANTED

\$1000 POSSIBLE TYPING. Part-time. At Home. Toll Free 1-800-218-9000. Extension T5139 for listings/ directory.

**ADMINISTRATIVE ASSISTANT**, part time/full time, experienced self-starter for small office. Must have good phone voice, computer and typing skills. Fax resume with salary request to 973-763-8733.

**Advertising**  
 Worrall Community Newspapers has 2 positions available in our classified advertising department.

**Telemarketing/Inside Sales**  
 Full time. Sell advertising. We're looking for motivated self-starters who enjoy working with people in a busy environment. A good command of the English language, organizational skills, excellent spelling and typing ability necessary. Earning potential commensurate with experience.

**Customer Service Representative**  
 Part Time. Work in a busy environment taking classified ads over the phone. Ads are typed directly into computer system while advertisers talk. Requirements are typing minimum of 45wpm, good command of the English language, organizational skills and excellent spelling (we don't have a spell checker). Work 2 days per week Monday and Tuesday, 9am-5pm.

Call Classified Advertising Manager, 10am-3pm, 973-763-0700 to arrange an interview.

**ASSEMBLE ARTS**, crafts, toys, jewelry, wood items, typing, sewing, computer work from home in your spare time. Great pay. Free details. Call 1-800-632-8007, 24 hours. (Fee)

**ASSISTANT BOOKKEEPER**  
 Morning, 3 days per week. Computerized accounting system. Willing to train the right person. For more information call Janet at: **PAPER PEDLAR** 973-376-3385 681 Morris Turnpike Springfield, NJ 07081

**AVON NO Door To Door Necessary**. Have fun and make money too. MLM available. Great money-making opportunity. Independent Representative 1-800-814-2866.

**BEAUTICIANS**: Experienced hair stylists, colorist and manicurist needed. Full or part time. Springfield area. Call 973-379-7962.

**BOOKKEEPER ASSISTANT**, Skin Care company seeks individual with experience accounts receivable/accounts payable, general ledger and clerical duties. Phone skills and manners are also required. Fax resume to 973-379-1959, Attention: Controller.

**BOOKKEEPER, FULL TIME**. For large credit union. Experienced in general ledger, bank reconciliations. Must be computer literate. Excellent benefits package. Send resume and salary requirements to: Atlantic Federal Credit Union, 1700 Galloping Hill Road, Kenilworth, NJ, 07033.

**CLERICAL, FULL TIME**, typing, filing. Medical benefits, 401K. Call 687-0056, ask for Ms. Finne.

**CLERICAL**  
 Maplewood area. Busy industrial distributor needs Clerk/ Receptionist to handle phones and diversified office duties. Excellent working environment and benefits. Call R. Romano for interview 973-761-4150.

### HELP WANTED

**CLERICAL**. LOOKING to return to the work force? Rapidly growing franchise company has a position for you: typing, filing, phones, etc. \$6.50 per hour. Call 908-687-3283.

**COORDINATOR (ACTIVITIES)** wanted for senior citizens building in Orange. This is a 20 hour per week position. Successful candidate will be an experienced, creative, dynamic person who enjoys working with senior citizens in a pleasant environment. Send resume to: Social Services Department, Orange Park Apartments, 300 Oakwood Avenue, Orange, NJ 07050.

### CUSTOMER SERVICE REPRESENTATIVE

**LINDEN AREA COMPANY To Hi-Teens plus Generous Benefits Full-Time**

We seek an articulate and personable individual to assist customers over the phone. Must be detail-oriented, PC skills a plus. Fast-paced environment. Excellent phone skills a must.

CALL NURY...908-351-5032

### CUSTOMER SERVICE

Entry level opportunity for individuals with excellent customer service and communication skills to work in a fast paced environment. Candidates should have good math and problem solving skills, data entry and pleasant phone manner.

We offer excellent growth potential and a competitive benefits package.

Fax or Send resume to: **FIRST INVESTORS** Fax: 732-855-2536 581 Main Street Woodbridge, NJ 07095

### Custodial/Maintenance Positions Kenilworth Public Schools

•Groundskeeper/Maintenance  
 •Day Shift Custodian  
 •Night Shift Custodian

Requirements include physical health and ability to perform tasks related to job. Individuals wishing consideration should submit an application, resume and three (3) written letters of reference. Positions available November 1, 1997. Application deadline October 30, 1997. Applications can be obtained in person at the Harding School, 428 Boulevard, Kenilworth, NJ 07033 or requested in writing to the attention of Vincent A. Gonnella, Board Secretary/ Business Administrator. EOE/AEE.

**DELIVERY DRIVERS**  
 Days, Nights, Weekends! Apply at: **The Chicken Coop** 237 West St. Georges Avenue Linden, NJ Or Call 908-486-3374

**DENTAL ASSISTANT**. Livingston general practice. Part time/ full time. Reliable, enthusiastic, good communicator for patient oriented practice. Some training desired. 973-533-9000.

**DIRECT SALES, Telemarketers**. Tired of that rotten manager who drives you crazy in that boiler room they call a telemarketing company? Work at home telemarketing to businesses \$12-\$24 per hour. Call 800-698-1716 for details.

### HELP WANTED

**DRIVERS, IMMEDIATE** Openings for T/T Drivers: 1 Year CDL-A required. Plenty of Home Time! Top Pay & Benefits! Call Dom 800-444-1272.

**DRIVER OTR** Convantent Transport We Keep the Road Hot! Family Security. Full Benefits. Top Pay and Miles. Experienced Drivers and Owner Operator Teams. Call Convantent Transport 1-888-MORE-PAY or call 1-800-441-4394 Graduate Students call 1-800-338-6428.

**DRIVERS WANTED**. Full time and part time for Livingston Taxi. Good driving record required, will train. Call 201-669-8778.

**DRIVERS, IMMEDIATE** Opportunities North-east, dedicated runs. You'll enjoy full benefits right from the start. \$17.22/hour, frequent overtime, excellent pay and a total compensation package that's second to none. To qualify, you must have a years' verifiable OTR experience. And CDL-A with Hazmat. To learn more call: Con-Way Truckload Services 800-555-CWTS (2987). EOE

### DRIVERS

**Suburban Cab Company is looking for full and part time help. Quality equipment, nice atmosphere. Call: 973-762-5700**

**DRIVERS, TRACTOR/ Trailer Drivers Needed!** CDL, training through All State Career School. Excellent Pay, Complete Benefits. Home Orten, Job Stability, Rider Programs, Swift Transportation. 1-800-800-7315 (908-nd).

**DRIVERS, "THE" Best Driving Job**. North Sectional & OTR. More Home, \$\$\$, Bonuses, Conventions plus Per Diem! Students Welcome! TSL 800-527-9588. www.transstates.com. EOE.

**FLORAL DESIGNER** wanted for distinctive shop in Maplewood. Must have experience. Part time driver position also available. 973-450-1487.

**FLOWER DESIGNER** with 1 year experience for flower shop in Union. Full time or part time. Call 908-964-6166, 9:30am-6pm.

**FULL TIME Telemarketing Phone Pros** Wanted for best deals in the state. Immediate openings in offices throughout NJ, NY. Call 800-752-6484.

**GOVERNMENT JOBS** Hiring Now. \$11-33 per hour, Paid Training. Full Benefits. 7 Days 1-800-433-7353 extension 3181 Refundable Fee.

Home Health Aides **TRAINING COURSE FOR CERTIFIED HOME HEALTH AIDES**

Applications and Interviews will be held on Friday October 24, 1997 at Union Boys & Girls Club of Union County, 1050 Jeanette Avenue, Union, NJ 07083. Training classes will begin on Monday November 10th. Applicants must drive and willing to work in Cranford, Kenilworth, Union or Springfield. Please call (908) 355-1999.

**HOME TYPISTS**, PC users needed. \$45,000 income potential. Call 1-800-513-4343 extension B-5097.

**INSURANCE AGENCY** looking for full time experienced policy typist/ receptionist. Excellent benefits. Call Sharl at 908-272-6100.

### HELP WANTED

**INSURANCE**. Insurance Agency looking for full part time person who is experienced in either Personal or Commercial Lines. Must be able to rate and write. Good Typist, 9am-4pm. Call 763-6734.

**INSURANCE CLAIMS Processor** for Chiropractor in West Orange. Computer skills and experience required. 8:30AM-3:00PM Monday, Tuesday, Thursday. Call 973-669-3873.

**INSURANCE**. Career opening for licensed personal lines Customer Service Representative with computer experience. Liberal benefits. Springfield, 201-467-8850.

**LOOKING FOR Something To Do Part time?** Why not wear and show ladies fashion jewelry! You can earn \$150.00 in only 2 evenings! We will train you! Car is required. For more information call 908-355-4477.

**MEDICAL SECRETARY/ OFFICE MANAGER**  
 Full time for Union office. Computer literate. Flexible hours. Excellent salary and benefits. References a must. 908-688-1330

**MEDICAL SECRETARY/ Assistant** for lively internal medicine practice in Maplewood. Must be personable, efficient with good phone skills and have experience with HMO's. Experience preferred, but will train. Call 973-763-5770.

**Medical**

**PHYSICAL THERAPIST ADULT & PEDIATRIC**  
 Union County

Continuous growth has created additional openings at the VNA of Central Jersey, New Jersey's largest certified home health care provider. We are currently seeking a PER VISIT Adult & Pediatric Physical Therapist for areas in Union County.

We offer a competitive salary and flexible scheduling. For immediate consideration, please send or fax resume to Dorothy Callahan, RN, Manager, Recruitment.

The VNA of Central Jersey changed its name from MCOSS in 1994.

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 141 Bodman Place  
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### PART TIME SECRETARY

For Millburn office. Knowledge of computers and Word For Windows helpful. Steno a must. Call Maria, 973-267-4300, Ext. 146.

**PART TIME**. Survey takers, in Union, mornings or evenings. Hourly plus bonus. Call Mary, 908-851-9640.

**PART TIME/ Full time** counter help needed for busy pizzeria in Livingston. Experience preferred, but not necessary. Must be 18 or older to operate slicer. Call Bill 973-992-4500, after 2pm.

### HELP WANTED

**PART TIME/ Full time** delivery driver for busy pizzeria in Livingston. Must have car. Great earning potential. Call Bill 973-992-4500, after 2pm.

**PART TIME**. File clerk and various office duties. Monday-Friday, 9:30-5:30pm, Saturday 10am-1pm. For travel agency in Union Center. Excellent for student with good telephone skills. Call 908-686-4600.

**PART TIME Secretary**. Diversified duties. Proficient in Microsoft Word and telephones. 20-25 hours weekly, flexible hours available. Send resume to AAMC, 66 Morris Avenue, Suite 2A, Springfield, NJ 07081 or Fax to 973-379-6507

**PART TIME** permanent position for floral designer in Maplewood florist. Pleasant working conditions. Drivers license required. Call 973-763-8347 for appointment.

**PART TIME** Counter help, mornings. Neat appearance, good with numbers. Apply in person: "Sweets & Treats", 183 Maplewood Avenue, Maplewood.

**PART TIME** Office Assistant to answer phones, filing, computers, light accounts receivable. Valley Street, South Orange. Call Susan 201-763-2319.

**PLASTICS FOREMAN** for injection moulding. 1st shift or 2nd shift available. Experience necessary. Apply in person. 8:30AM-4:00PM weekdays: Ectio Molding Inc., 911 Springfield Road South, Union. 908-688-0099.

**PLUMBER'S HELPER**. Minimum 2 years experience. Excellent opportunity for right individual. Call 973-882-0102.

### RECEPTIONIST

Large medical specialty group located in West Orange seeks individual for it's front desk operation. Full time position, 10am to 6pm. Some overtime involved. Pleasant environment, benefits. Send resume to: **Box # 325**

**Worrall Community Newspapers**  
 P.O. Box 158, Maplewood, NJ 07040

**RECEPTIONIST FULL TIME** for private dental practice in Maplewood. Experience preferred. Salary negotiable. Call 973-781-4910 for interview.

### RECEPTIONIST

Doctor's office needs an energetic, neat appearing, personable Front Desk Person. Position involves some daily bookkeeping, word processing, computer work and general office work. Must be friendly, have a good head for detail and a positive attitude. Full time hours varied. Call 973-761-0022.

**RETAIL MERCHANDISERS** and **RESETTERS** needed to service area stores in these towns: Livingston, Rockaway, Parsippany, Washington, Union, Montvale, Calton, Newark and Orange. Flexible hours, excellent starting wages. Call 1-800-877-8639 ext. 2618.

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At Discovery Zone, America's leading family entertainment center, we take fun seriously. That's why we created DZ University, an exciting new enrichment program for children 3 months to 4 years old and their parents or caregivers. Now we're looking for motivated people to lead these interactive classes:

**Parent/Toddler Gym Instructors**  
**Parent/Toddler Music/Activity Leaders**

Positions are now available at the following location:  
 1235 Route 22 W., Union, NJ.  
 Phone: (908) 686-4386.

Experience in an education or daycare environment, including experience conducting group activities, is desirable. A musical background would be a plus. Apply in person at the above location. EOE



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Worrall Community Newspapers is looking for experienced and aggressive salespeople for outside and inside sales. Earning potential commensurate with experience.

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YOUR AD could appear here for as little as \$16.00 per week. Call for more details. Our friendly classified department would be happy to help you. Call 1-800-564-8911

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Fall Clean Ups, Gutters Cleaned, Snow Plowing & Removal, Fully Insured, Free Estimates. Call for details.

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GREGORY ZALTSSTEIN Painter. Exterior/ Interior. Plaster and sheetrocking. Fully insured, references. All jobs guaranteed. Free estimate. 201-373-9438.

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INTERIOR AND EXTERIOR  
Fully Insured  
Free Estimates  
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**PAINTING & PLASTERING**  
25 YEARS EXPERIENCE  
FREE ESTIMATES  
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EXPERT PAPER Hanging and Painting done by Mike Tufano. Free Estimates and measuring. References available. 908-665-1885. Servicing Union and Morris County.

STANLEY PAINTING. Interior/ Exterior painting, paperhanging, sheetrock, spackling, small carpentry, tile installation, additions. American/ European experience. Insured. Free estimates. 973-373-9386.

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PROFESSIONAL WALLCOVERING Installations. Interior Painting, Exterior Painting Commercial/Residential Free Estimates. Fully Insured. Certified by PHI. Call Joseph. 973-537-1393.

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**Real Estate**

**TRANSACTIONS**

Real estate transactions are recorded in the office of the county clerk. Worrall Newspapers publishes an abbreviated version of all transactions recorded in the 12 Union County municipalities the newspapers cover. The information is provided by TRW Property Data, a Fort Lauderdale, Fla., information service, and is published approximately six weeks after it is filed in the county clerk's office.

**Clark**

Paul D. and Phyllis Chanin sold property at 41 Maebelle Drive to Arthur Borchert for \$275,000 on July 15.

Regina E. Mills sold property at 14 Georgian Drive to Bruce G. Peters for \$156,000 on July 23.

John H. and Susanne F. Bilavsky sold property at 12 Rose Terrace to Tracy Roszkowski for \$171,000 on July 28.

**Elizabeth**

Rose Ruckley sold property at 317 John St., to Joseph Vitabile for \$150,000 on July 17.

John L. and Charlotte M. Pascoal sold property at 43 Kerlyn Court to Michael Clark for \$77,000 on July 18.

Anna Balchunas sold property at 1137-1141. Kipling Road to Maria Tignini for \$185,000 on July 22.

J. Walter and Aurora MacFarlane sold property at 12 Summit Road to Michael J. MacFarlane for \$140,000 on July 23.

Natverial P. and Virbala N. Patel sold property at 20 Cedar Ave., to Edison Restrepo for \$40,000 on July 23.

Federal National Mortgage Association sold property at 528 Burnham Road to Indal Pramnauth for \$75,000 on July 23.

**Hillside**

John T. Bolan sold property at 1128

S. Long Ave., to Carlos Morgan for \$70,000 on July 24.

Steven E. and Irene F. Sadlon sold property at 546 Leo St., to Carmen Rivas for \$110,000 on July 25.

Susan Soprani sold property at 606 Leo St., to Luis Barreira for \$105,000 on July 28.

**Kenilworth**

Mary T. Valenzano sold property at 650 Union Ave., to Edward Dillon for \$149,550 on July 14.

**Linden**

Michael and Gail Fiorillo III sold property at 719 Meacham Ave., to

Edison Vargas for \$125,000 on July 11.

Jakob Schlesinger sold property at 427 Livingston Road to Robin Radil for \$162,000 on July 14.

Ruth Capriles sold property at 709 Mack Place to George Vega for \$90,000 on July 15.

**Mountainside**

Carole Sterling sold property at 320 Summit Road to Fortunato Mimosa for \$255,000 on July 15.

**Rahway**

Marie McCarthy sold property at 370 Concord St., to Lawrence G. Schmid for \$133,000 on July 8.

Gary T. and Linda M. Gruber sold property at 470 W. Inman Ave., to Cesar Castro for \$145,000 on July 15.

Richard P. and Mary J. Yurick sold property at 774 Hillside Road to Robert S. Turek for \$160,000 on July 16.

**Roselle**

Gwendolyn Symes sold property at 211 E. 8th Ave., to HMS Affordable for \$90,



# Real Estate

## TRANSACTIONS

(Continued from Page B12)  
to Vincent Sottile for \$578,000 on July 2.  
Michael and Laura Brody sold property at 100 Canoe Brook Parkway to Melissa M. Garcia for \$303,000 on July 3.  
Frank J. and Lucille J. Lamagna sold property at 145 Passaic Ave., to Frederick B. DeCesare for \$195,000 on July 3.  
Daniel A. and Marcy B. Salvatore sold property at 39 Clark St., to Hoai Vo for \$175,000 on July 7.

### Union

William and Margaret Cole sold property at 1319 Amherst Ave., to John Bolden Jr. for \$155,000 on June 30.  
Thomas W. and Barbara Pietrosanti sold property at 284 Parkside Drive to Marina Torres for \$240,000 on June 30.  
Edward F. Brannagan Jr. sold property at 215 Longview Road to Carolyn B. Bunnell for \$149,000 on June 30.  
Alfred Rafanello et al sold property at 2452 Steuben St., to Kantibhai S. Patel for \$223,000 on June 30.  
Leo and Edith Fram sold property at 1214 Coolidge Ave., to Sandra Sanvil-Deronecay for \$105,000 on June 30.  
Richard Tavares sold property at 1170 Burnet Ave., to Kenneth W. Adams for \$202,500 on June 30.  
Gerard and Pamela T. Cocuzza sold property at 2742 Larchmont Road to Stella Vayas for \$197,000 on June 30.  
John J. and Deborah S. Vroom sold property at 1083 W. Chestnut St., to Gilbert Villaverde for \$167,000 on July 1.  
Marion A.Y. Tyms sold property at 270 Beechwood Ave., to Glenn L. Hart for \$128,500 on July 8.  
Leo J. Halniowski sold property at 1507 Rose Terrace to Wovil Verener for \$129,000 on July 9.  
Rose Ciecwisz sold property at 684 Lehigh Ave., to George Krpyel for \$125,000 on July 11.  
Viola T. Slater sold property at 1608 May St., to Teofilo Zarzuela for \$143,000 on July 11.  
Rose C. Fioravanti et al sold property at 452 Euclid Ave., to Joanne A. Hart for \$101,500 on July 11.  
Dorothy Wright and Dana Wright sold property at 576 Stratford Road to Heriberto Alceia Jr. for \$157,000 on July 11.

## BUSINESS OPPORTUNITIES

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**BELLEVILLE, SPACIOUS 2-3 BEDROOM.** Dining room, eat-in kitchen, front porch, near transportation, good neighborhood, \$850, plus utilities. Available December 1st. Call 973-290-9699.  
**BLOOMFIELD, CHARMING 1 bedroom** apartments. Near transportation and parking. Laundry facilities. From \$545 includes heat/hot water. Security. References. 201-748-5086.  
**BLOOMFIELD, 1st FLOOR, 4 large rooms.** Eat-in kitchen, laundry hook-ups, near shopping and schools. Available immediately. \$735 plus utilities. Call 973-429-8100 weekdays, 9:00AM-5:00PM.  
**BLOOMFIELD, NO Fee, Owner managed.** 2 1/2 and 3 large rooms. \$825 and up. All utilities paid. New York bus at door. 973-428-8444 or 973-489-3251.  
**EAST ORANGE, 2 bedroom, partially furnished,** laundry hook-up. Supply own heat, hot water. 1 1/2 months security. \$650. 973-676-2539, after 7pm.  
**ELIZABETH, FOUR bedrooms, yard, off-street parking.** Fully renovated. Close to transportation. All utilities included \$998. 908-862-0805 or E-mail ancient1@aol.com

## APARTMENT TO RENT

**IRVINGTON STUDIO Apartment.** Quiet neighborhood. Heat, hot water, cooking gas supplied. \$525 monthly. Call 973-373-0596.  
**LINDEN, (Two) 2 bedroom apartments** in two family house. Pay own utilities. 1 1/2 month security. Section 8 welcome. Available immediately. Call after 12:00 noon, 908-925-3091.  
**MAPLEWOOD, FIVE rooms.** Bright living room, garage, basement storage, heat water supplied. Near transportation. \$1000 monthly. Prefer no pets. 1 month security. 973-761-5538.  
**NEWARK**  
**STUDIO and 1 BEDROOM APARTMENTS** Very Spacious 1/2 Month FREE Rent Nice, Quiet Building and Neighborhood Near Park, Transportation, Schools, Stores. Superior Service Program. References Required. 24 HOUR ON SITE SECURITY. SECURED UNDERGROUND PARKING. COMPETITIVE PRICES. Call 201-705-8488  
**ROSELLE PARK, 1 and 2 bedroom modern** garden apartments. Heat/hot water, parking included. \$625, \$750. 1 1/2 months security. 201-997-9664.

## APARTMENT TO RENT

**UNION, 1 BEDROOM, 4 1/2 rooms, air conditioning,** washer/dryer, garage, storage room, wall to wall carpeting. First floor of 2 family. \$600 month, plus utilities. 1 1/2 month security. Days: 973-912-9154.  
**UNION 3 1/2 ROOMS, No pets, heat/hot water,** wall to wall carpeting, off street parking, transportation at door. \$700 monthly, 1 1/2 months security. 908-688-2983.

## APARTMENT TO RENT

**UNION, ONE bedroom apartment.** Pay own utilities. \$700. 1 month security. Available November 1st. 908-686-5438.  
**WEST ORANGE, Beautiful, spacious 1 bedroom** apartment available on Main Street. Like new condition. \$600. Utilities not included. Call Carol 973-226-1800.  
**WEST ORANGE, Three bedroom apartment,** \$950. Also 6 bedroom house with parking. \$1500 in East Orange. Call 973-325-8136.

## Who's buying? Who's selling?

Worrall Newspapers publishes local real estate transactions every first and third Thursday of the month. Compare home values, know your new neighbors. Read them on these pages.



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**NOTICE OF PUBLIC AUCTION PURSUANT TO N.J.S. 39:20A-9, UNITED AMERICAN LIEN & RECOVERY WILL SELL THE FOLLOWING AUTO(S) TO THE HIGHEST BIDDERS SUBJECT TO ANY LIENS, 15% BUYER PREM, CASH OR CERTIFIED FUNDS; ANY PERSON(S) INTERESTED PH: (954) 563-1999. SALE DATE NOVEMBER 14, 1997 AT 2:00 P.M., 1421 OAK TREE RD., ISELIN, NJ 08830**  
LOT 4101 1991 Hyundai 4 dr vin #: KMHFJ32R3NU126218  
Licnor: Linden Auto Repair, 16 S. Wood Ave., Linden, NJ  
SALE DATE NOVEMBER 21, 1997 AT 2:00 P.M., 1421 OAK TREE RD., ISELIN, NJ 08830  
LOT 4120 1989 Mitsubishi 4 dr vin #: JA3BR58VKZ014403  
Licnor: Thunder Auto Body, 1085 E. Grant St., Elizabeth, NJ  
LOT 4121 1986 Mercedes 4 dr vin #: WDBCA230EA197469  
Licnor: Auto Svc, 1052 Magnolia Ave., Elizabeth, NJ  
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**UNION POSITIVE CASH FLOW**  
This maintenance free 2 family offers 2 five room apts, att. garage, new windows, separate utilities and great rents! Won't Last!! U-3837. \$189,900.

**ROSELLE PARK EXPANDED CAPE COD**  
Move in condition colonial featuring Lr w/FP, FDR, extra lg Modern Kit, Family room, new full tied bath, 3 br's, 2 full baths, deck, skylights in hall and MB and hardwood floors. U-3735. \$189,900.

**ASSOCIATE OF THE MONTH ARLYNE HARRIET MIRRO**  
Our agent of the month for September is Arlyne Harriet Mirro. Arlyne was responsible for over \$1,200,000 for sales and listings for the month of September. A consistent "Top Producer" Arlyne is once again a leader in the Company. Arlyne resides in Elmora with her husband Tony and son Michael. If you're looking to buy or sell a home call a proven professional Arlyne Harriet Mirro at (908) 688-3000.

**Weichert**  
BUY FOR \$670 MO. UNION MINT CONDITION COLONIAL A-1 Cond, Very Lg Rms, Nice Yard, Walk-up Attic, Gas Heat, Parklike Yard, Long Drwy, Poss Prof Use (U5787) Call 908-687-4800. \$127,800  
BUY FOR \$625 MO. UNION COMFY & COZY Wonderful Starter Home! 2/3 BR's! Nice Fam Rm! Huge Kitchen! 2 Bath! Don't be "TO LATE" for this one! (U5921) Call 908-687-4800. \$118,900  
BUY FOR \$760 MO. UNION BATTLEHILL CAPE 3 BR, Good Size Rms, Nice Yard, New Furn & CAC, Great Value (U5923) Call 908-687-4800. \$144,800  
BUY FOR \$786 MO. UNION LG RMS & CHARM! 2 Full Bths, 4 BR, Garage, Yard, Move in Cond, A Beauty w/Big Rm! Full Barn w/Workroom (U5895) Call 908-687-4800. \$149,800  
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PRODUCT	RATE	PTS	APR	PRODUCT	RATE	PTS	APR		
American Savings Bk	201-748-3600	INFO	1761	Intercountry Mortgage	800-811-4264	INFO			
30 YR FIXED	7.75	0.00	7.75	APP	30 YR FIXED	7.63	0.50	7.69	APP
15 YR FIXED	7.38	0.00	7.38	FEE	15 YR FIXED	7.38	0.45	7.47	FEE
3/1-30 YR	6.75	0.00	7.84	\$ 395	1 YR ADJ.	5.50	1.50	8.06	\$ 150
Apple National Mortgage	800-692-7753	INFO		Kentwood Financial Svc	800-353-6896	INFO	1760		
30 YEAR FIXED	7.63	0.00	7.63	APP	30 YR FIXED	7.50	0.00	7.63	APP
1 YEAR ARM	5.75	0.00	5.75	FEE	15 YR FIXED	7.13	0.00	7.25	FEE
15 YEAR FIXED	7.25	0.00	7.25	\$ 475	15 YR JUMBO	7.25	0.00	7.38	\$ 325
Axia Federal Savings	732-499-7200	INFO	1752	Loan Search	800-591-3279	INFO	1757		
30 YR FIXED	7.63	0.00	7.63	APP	30 YR FIXED	7.50	0.00	7.50	APP
20 YEAR FIXED	7.38	0.00	7.38	FEE	15 YR FIXED	7.13	0.00	7.13	FEE
15 YR FIXED	7.25	0.00	7.25	\$ 350	1 YR ADJ.	4.25	2.00	7.70	\$ 395
Banco Popular FSB	800-491-BANK	INFO	1768	National Future Mortgage	800-291-7900	INFO	1758		
30 YR FIXED	7.75	0.00	7.79	APP	30 YR FIXED	6.38	3.00	6.61	APP
15 YR FIXED	7.38	0.00	7.41	FEE	15 YR FIXED	5.88	3.00	6.23	FEE
1 YR ADJ.	6.50	0.00	8.10	\$ 100	1 YR ADJ.	5.25	0.00	5.41	N/P
Columbia Savings Bk	800-962-4989	INFO		Penn Federal Savings Bk	800-722-9351	INFO			
30 YR FIXED	7.63	0.00	7.65	APP	30 YR FIXED	7.63	0.00	7.65	APP
15 YR FIXED	7.00	0.00	7.04	FEE	15 YR FIXED	7.25	0.00	7.29	FEE
1 YR ADJ.	5.63	0.00	7.96	N/P	5/1-30 YR	6.88	0.00	7.70	\$ 358
Commonwealth Bank	800-924-9091	INFO	1771	Premier Mortgage	800-288-1762	INFO			
30 YR FIXED	7.50	0.00	7.50	APP	30 YR FIXED	7.75	3.00	8.12	APP
15 YR FIXED	7.00	0.00	7.00	FEE	15 YR FIXED	7.50	2.50	7.51	FEE
1 YR ADJ.	5.38	0.00	N/P	\$ 0	1 YR ADJ.	4.75	2.50	6.95	\$ 350
Corestates Mgt Svcs	800-993-3885	INFO	1763	Pulse Savings Bank	908-257-2400	INFO	1753		
30 YR FIXED	7.00	2.75	7.20	APP	30 YR FIXED	7.63	0.00	7.63	APP
15 YR FIXED	6.50	2.75	7.00	FEE	15 YR FIXED	7.25	0.00	7.25	FEE
1 YR ADJ.	5.00	2.50	7.64	\$ 325	1 YR ADJ.	6.38	0.00	8.06	\$ 350
First Savings Bank	908-726-9700	INFO	1751	Source One Mortgage	800-870-4657	INFO	1742		
30 YR FIXED	7.00	3.00	7.36	APP	30 YR FIXED	7.00	3.00	7.38	APP
15 YR FIXED	6.88	0.00	6.88	FEE	15 YR FIXED	6.63	3.00	7.21	FEE
5/1-30 YR	6.75	0.00	7.63	\$ 350	30 YEAR FHA	7.50	2.00	7.87	\$ 300
First Union Mortgage	800-332-0599	INFO		Sovereign Bank	908-810-9749	INFO	1762		
30 YR FIXED	7.00	2.75	7.37	APP	30 YR FIXED	7.37	0.00	7.37	APP
15 YR FIXED	6.50	3.00	7.10	FEE	15 YR FIXED	6.99	0.00	6.99	FEE
N/P	N/P	N/P	\$ 375	30 YR AFFORDABLE	6.37	0.00	6.37	\$ 300	
Gibraltar Savings Bank	888-242-4686	INFO	1755	Union Center National Bk	908-688-9500	INFO	1740		
10/1-30 YR	7.25	0.00	7.81	APP	30 YR FIXED	7.63	0.00	7.63	APP
5/1-30 YR	7.00	0.00	7.79	FEE	15 YR FIXED	7.25	0.00	7.25	FEE
7/1-30 YR	7.13	0.00	7.70	\$ 350	5/1-30 YR	6.88	0.00	7.68	\$ 350
Hudson City Savings Bk	732-549-4949	INFO	1764	West Essex Bank, FSB	201-575-7080	INFO	1754		
10/1-30 YR	7.13	0.00	7.55	APP	30 YR FIXED	7.50	0.00	7.50	APP
5/1-30 YR	6.88	0.00	7.77	FEE	15 YR FIXED	7.13	0.00	7.13	FEE
15 YR FIXED	7.13	0.00	7.17	\$ 375	5/1-30 YR	7.00	0.00	7.72	\$ 350

Rates compiled on October 17, 1997 N/P - Not provided by institution  
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## Communication is the key to a well-maintained car

Communication is the key to getting your car or truck fixed right the first time, says the AAA New Jersey Automobile Club.

When you take your vehicle to have it repaired, the most important thing you can do is clearly communicate why you think there's a problem. When the communication link between you, the service manager and the technician is weakened because of poor communication, the probable result is a botched job.

How can you do your part? "Tell what you know, no more," says Mike McQuoid, the club's Approved Auto Repair program coordinator. "Customers shouldn't make their own diagnosis. They should describe only the symptom as best as they can and let the technician find the cause."

Lose your inhibitions and carefully describe the symptoms as best as you can. This includes making noise if you have to. If your car squeals, thumps or hums, mimic the sound. If your car leaks fluid, what color is it? If there's an unusual odor, what does it smell like? If there's a vibration, what does it feel like?

The bottom line is to be as accurate as possible when describing your vehicle's symptoms. After you've given every detail to the service manager or attendant, be sure to check the work order that has been written for the technician to see that nothing has been lost in the translation.

Once you've approved the work, the last step to having your car fixed right the first time is to get a written estimate. In most states, including New Jersey, repair facilities can't exceed their written estimate by more than 10 to 15 percent without your okay. If the service manager gives you a cost range, "anywhere between \$50 and \$300," for instance, insist that he get your permission to proceed once the diagnosis is more specific.

The AAA New Jersey Automobile Club, through its offices in Florham Park, Randolph, Springfield and Verona, provides automotive, travel, insurance, financial, legislative and educational services to the residents of Essex, Morris and Union counties.

## Spare some attention for your vehicle's tires

While most motorists keep a constant vigil on their car's oil and antifreeze levels, exhaust system and brakes, most don't realize there's another part of their automobile that needs periodic attention too: tires.

"Most people don't pay much attention to their tires," said Mike McQuoid, Approved Auto Repair program coordinator for the AAA New Jersey Automobile Club in Florham Park. "They're aware of the dangers that incur when they neglect other components, such as their engine, but they don't realize that tires need attention, too."

AAA offers the following tips to help you properly maintain your tires:

- Keep a quality tire pressure gauge in your car and use it periodically. Tires perform better and last longer if they're properly inflated. Properly inflated tires also improve your car's fuel economy.
- Check your vehicle owner's manual for appropriate tire size and recommended pressure.
- While checking tire pressure, keep your eyes open for uneven tire wear. All grooves should be visible and worn evenly. Good tread helps you steer around corners and during sudden stops.
- If you regularly travel on high-speed highways, consider buying tires that have a high temperature resistance. This will reduce your chances of experiencing a blowout.
- Always keep an inflated full-size spare in your trunk with the appropriate tools and jack.

## Volvo renames models, but keeps quality, sales intact

Volvo car sales during calendar year 1996 showed strong increases in both the 850 and 960 product lines. The 0.6 percent increase, while mathematically small, was anything but insignificant, as it was achieved with one less model being sold — this was the first model year that the 940 series was no longer sold in North America. The 850 series turned in a 15.3 percent increase over 1995, while sales of the 960 series were 39.3 percent higher than in 1995. Once again, the Volvo 850 was the U.S.'s best selling import car in the over \$25,000 class.

Sales expectations are high for 1997 as Volvo introduces its new models under new names. The 1998 S70 series, now sold as the S90 and V90, will also conform to Volvo's new naming system, but remain largely unchanged except for new interior elements.

Volvo's new nomenclature is based on platform designations that denote both the type of model and its series lineage. The letter "S" signifies the model is a sedan, while "V," representing versatility, indicates the vehicle is a wagon. "C" denotes both coupe and convertible. The number following the letter provides a sense of the platform size. For example, the



Sales expectations are high for 1997 as Volvo introduces its new models under new names. The 1998 S70 series, now sold as the S90 and V90, will also conform to Volvo's new naming system, but remain largely unchanged except for new interior elements.

S90 is larger than the S70, which is in turn larger than the S40. Volvo's small platform offering which is not available in North America.

The prices of the S70 and V70

Sportswagon have been increased over the 850 series on a sales-weighted average of 1.4 percent, while the S90 and V90 pricing is unchanged from the announced pricing at the time of their August 1996 introduction. Overall, the combined upgrade pricing reflect an overall sales-weighted increase of an average of 1.1 percent.

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### NEW '98 OLDSMOBILE CUTLASS GL



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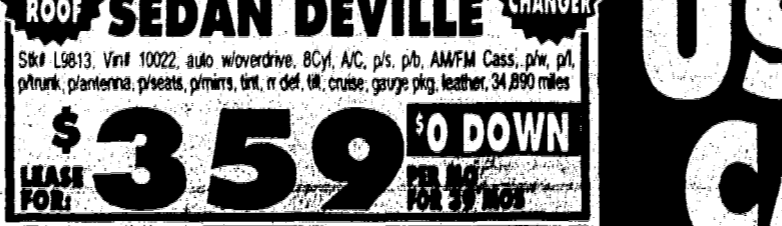
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Stk# 8069, Vin# WF320394, auto w/overdrive, V6, A/C, p/s, p/b, AM/FM Cass, p/w, p/l, p/mirrs, tint, rr def, tilt, cruise, remote mirrs, MSRP \$21,400

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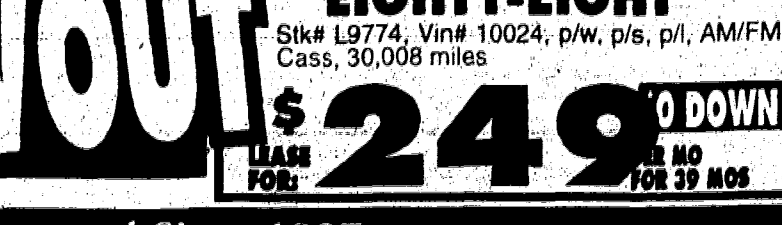
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# AAA tries to prepare all for chilly weather

Properly maintained vehicles can usually weather winter's chilly temperatures, but special steps are required to protect cars from the season's fiercest arctic blasts, according to the American Automobile Association.

As part of National Car Care Month of October, AAA is urging motorists to prepare now for the severe cold snaps that strand millions of motorists each winter.

"In 1994, AAA received nearly 27 million calls for emergency road service," said George Geik, managing director of AAA Automotive Services. "Much of that record volume is directly attributable to periods of single-digit and sub-zero temperatures in many parts of the nation."

The best strategy to combat severe winter weather is to make sure your car's battery is in proper working condition.

"Motorists should check to make sure the cable connections are tight and there is no corrosion on the terminals," said Geik. "Also, if the battery fluid level can be checked, make certain the fluid covers the battery plates."

If the engine fails to start, turn on the headlights. If the headlights work, even if they are dim, the battery power may only be low and a jump start does not work, the vehicle may require service by a qualified technician.

If the temperature has been extremely low and the battery is weak, the battery could be frozen. Motorists should not attempt to jump start a frozen battery.

Moisture in the fuel line can sometimes freeze, blocking the flow of fuel and preventing engine start-up. AAA recommends adding a commercial additive containing isopropyl alcohol to the gas tank when filling up before and during periods of extreme cold weather.

For motorists who live in areas prone to extremely cold temperatures, an engine block heater that warms the engine oil can be installed to help ease cold weather starts. Even something as simple as burning a 100-watt light bulb under the hood can provide warmth to assist in starting the engine.

Severe cold also can strand motorists by causing door locks to freeze. If locks are frozen, AAA recommends motorists try using a hair dryer to heat the lock area. Also, heating the tip of the door key with a match will sometimes be effective. If the lock still does not function, contact your auto club or a certified service facility for assistance.

Basic vehicle maintenance also plays a vital role in cold weather vehicle performance. In addition to the battery, ignition and engine cooling systems should be inspected, and engine oil changed before frigid temperatures hit. Be certain the engine coolant is a 50/50 mix of anti-freeze and water. Motorists who live in areas prone to severe weather may want to change to a winter-grade oil, such as 5W-30, which performs better in cold weather.

AAA is a not-for-profit federation of 119 motor clubs with more than 1,000 offices providing 37 million members in the United States and Canada with travel, insurance, financial and auto-related services.

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PLYMOUTH ACCLAIM LX, 1991. 4 door, blue, V-6, fully loaded, air bag, new tune up, tires, new brakes, excellent condition. Asking \$4,695 or best offer. 201-731-6972.

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SATURN SE2 1994. Automatic. White/tan, 117,500 miles. Sun roof, bra, air, AM/FM stereo cassette, alloy wheels. Mint \$10,500. 908-686-1065.

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TOYOTA TERCEL, 1991. 2-door, automatic, AM/FM cassette. 98K miles, good condition, original owner. \$4,000 or best offer. Call 973-661-3227.

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VOLKSWAGEN FOX, 1990. 4 door, air conditioning, AM/FM cassette, 4-speed, 50K miles, excellent condition. Asking \$3,450. Call 908-688-8086.

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VOLVO 945 WAGON, 1993. Black, automatic, power sunroof, AM/FM cassette, third seat, built in child's seat. Crystal clean. \$15,300. 212-673-8241, 201-763-8149.

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