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WORRALL COMMUNITY NEWSPAPERS

THURSDAY, JUNE 25, 1998 • SECTION B

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## Workplace drug abuse topic of floating seminar

By Sean Dally  
Staff Writer

Like the castaways in "Gilligan's Island," members of the Union County Chamber of Commerce recently set sail on a three-hour tour. Well, two-and-a-half hours, to be accurate.

About 100 chamber members boarded the Amberjack V at the Elizabeth Marina on June 17. The Amberjack V cast off at 12:30 p.m., sailed up the Arthur Kill as far as the Brooklyn Bridge, then turned around and headed back to Elizabeth, docking at about 3 p.m.

It was a perfect day for a cruise to nowhere — hot, sunny and, on the return trip, breezy. But this wasn't a pleasure trip, the cruise to nowhere had a serious purpose — to inform chamber members about a problem that costs businesses thousands of dollars each year: substance abuse.

According to Nicole Koroghlian of the Union County Coalition for the Prevention of Substance Abuse, business owners have two choices: they can help substance-abusing employees get treatment, or they can ignore the problem and pay the price in the form of on-the-job accidents, theft, and absenteeism.

Substance abuse is rampant in the workplace, Koroghlian said. It is estimated that 90 percent of the alcoholics and 70 percent of the drug abusers in the U.S. are employed. According to statistics compiled by the Governor's Council for a Drug-Free Workplace Inc., one in every 23 employees is a substance abuser.

Council member Deborah Johnson said substance abuse costs American businesses a total of \$600 billion a year. Employees who abuse substances have workers compensation

costs five times higher than average; medical insurance costs for substance abusers are three times that of sober employees.

Substance-abusing workers are 30 percent less productive than employees who don't get intoxicated on the job, according to Johnson. She said substance abusers are responsible for a high percentage of accidents, theft and violence on the job.

An employer's first impulse might be to fire substance abusers. That may solve the short-term problem, but usually, employees who are let go from large companies with drug testing and substance abuse policies just move on to smaller companies where there is no drug testing, according to Johnson.

According to Koroghlian, the answer to creating a drug-free working environment is fivefold: A drug-free workplace policy; drug testing,

education and prevention; training employees and managers on "reasonable suspicion" or how to detect alcohol or drug abuse and, for those who need it, an Employee Assistance Program, or EAP.

An EAP counselor provides referrals for in- or outpatient treatment. The counselor also acts as a neutral third party between the employer and the employee.

NJ Transit has had an EAP for 14 years, ever since drug testing was federally mandated for commercial drivers.

According to Elizabeth Schneider, the company's medical director, NJ Transit has seen its percentage of positive drug tests drop from 25 percent to 10 percent. It has also been declared the nation's safest railroad for the third consecutive year.

Alan Martin of St. Barnabas Beha-

vioral Health Network added that those caught in drug tests are often just starting to abuse substances. Martin said this is the best time to intervene, when the employee's habit is easiest to treat.

Jim Coyle, president of the Union County Chamber of Commerce, agreed.

"Substance abuse prevention is a very important issue," he said. "What you find is early intervention is the best form of prevention and the best place for early intervention is in the workplace."

Coyle said the Chamber of Commerce does not keep statistics on how much substance abuse costs county businesses each year.

Amy Hoey of the human resources department at Schering-Plough said

she came on the cruise, "because we believe a drug-free, alcohol-free workplace."

Hoey described Schering-Plough's drug policy: "If employees are found to have substance abuse problems or they tell health services that they have a substance abuse problem, we refer them to an assistance program. Health services and the assistance programs find the best treatment for the employee to enter."

The passengers on the cruise included former Phillis Dickie Noles and representatives from NJ Transit and the Governor's Council for a Drug-Free Workplace Inc. The cruise was sponsored by the Union County Coalition for the Prevention of Substance Abuse and was part of a statewide Drug-Free Workplace Week. The coalition is a part of the St. Barnabas Behavioral Health Network.

## Kanka speaks on Linden shooting

### Wants improved victim services, better training for judges

By Jill Lerner  
Staff Writer

The mother of the late Megan Kanka, for whom the sex offender notification and registration laws were named, denounced the June 16 incident in which shots were fired into the Linden home of a convicted sex offender.

At a June 17 conference on investigation and prosecution of child abuse and sex crimes sponsored by the Essex County Prosecutor's Office at the Essex County Police Academy in Cedar Grove, Maureen Kanka discussed the shooting, and the current status of the law's enforcement.

Although Kanka said she hoped the person who fired at the paroled sex offender would be prosecuted to the full extent of the law, she maintained the premise of the legislation to be a good one, and noted it was still in its early stages of implementation.

In the early morning hours of June 16, five shots were fired into the Linden home of a paroled "high-risk" sex

offender who was not injured. The shooting followed neighborhood notification of his residency in accordance with the mandates of Megan's Law.

"We must develop programs to effectively look at what we can do in New Jersey to make it safer for our kids," said Kanka. She stressed the importance of law enforcement officials working with communities not only to enforce the law, but to "effectively change the problem."

Although Kanka thought the three-tiered system was "one of the best systems out there," she said the total approach to safeguarding children needs to be re-evaluated.

Among the improvements she hoped to see was better information for judges regarding the nature of sexual assaults. Though she noted there were many wonderful judges in New Jersey she said they could benefit from more education regarding sexual offenders.

Kanka also identified victim ser-



Photo By Barbara Kankas

Essex County Prosecutor Pat Hurt welcomes Maureen Kanka to a June 17 conference on the investigation and prosecution of child abuse and sex crimes.

vices as a target for improvement. Not enough money is generated to cover all the victims, she said, and cited as an example the counseling needs of her own children. She said such services could be prohibitively expensive. "We need to provide nest for families for counseling."

Other initiatives already are being pursued by the Megan Nicole Kanks Foundation Inc. Kanka said her foundation hopes to fund background

checks in an effort to "make it as difficult as possible" for sex offenders to gain access to children. She said under state law, private entities can do individual background checks with permission.

The foundation plans to reach out to corporations and parents to fund the \$25 background checks for individuals — such as little league coaches — who come in contact with children.



Linden resident Mabel Wadell receives a plaque from Union County Freeholder Vice Chairman Nicolas Scutari in honor of her 90th birthday.

## Freeholders thank longtime employee

Mabel Wadell, who has worked in the records room of the Union County Prosecutor's Office for the last 27 years, was recognized by the Board of Freeholders last week in celebration of her 90th birthday.

Union County Freeholder Vice Chairman Nicolas Scutari of Linden presented a resolution extending the sincere birthday wishes of the board to Wadell, a resident of Linden.

"I believe it's important that the county acknowledges appreciation for her many years of dedicated service in addition to the fact that Mabel just celebrated her 90th birthday and is still a valued employee of the county," Scutari said.

He noted that Wadell, who has lived in Linden for more than 50

years, has been an active member of the Reformed Church in Linden and has participated in a group that supports her Norwegian heritage.

"We are fortunate that in addition to being known for her bright and cheery disposition, and her concern for others, Mabel is an inspiration to all who work with her in the county," Scutari said.

Scutari said.

## ESL among summer offerings at UCC

Union County College's Division of Continuing Education and Community Services will expand its English-as-a-Second Language course offerings to include an assortment ranging from newly introduced pronunciation and writing workshops, to more traditional grammar and conversation courses that have proven to be popular.

Additionally, the college will begin a new cycle of General Educational Development or GED preparation classes in late July, with sessions conducted in English and also in Spanish. These courses are designed to assist members of the public who wish to take the GED high school equivalency examination.

In ESL, the college will introduce "American English Pronunciation for the Foreign Born." This course is designed for foreign born individuals who already have a strong command of English but who still retain a foreign accent that they wish to reduce. The course will familiarize students with the sound system and intonation patterns of American English. Presented from 8:10 to 10:10 p.m., students can choose to take the course either on Mondays and Wednesdays, July 20 through August 12 at the Cranford Campus, or on Tuesdays and Thursdays, July 21 through August 13 at the Elizabeth Campus.

Another new course, "ESL Writing Workshop," will afford ESL students the opportunity to practice their writing skills. Designed for advanced level students, the course will explore how to write clear, organized thoughts in American English. Presented from 6 to 8 p.m., students can choose to take the course either on Mondays and Wednesdays, July 20 through August 12 at the Elizabeth Campus, or on Tuesdays and Thursdays, July 21 through August 13 at the Cranford Campus.

Students can also select from "Beginning ESL Grammar," which affords practice in basic grammar and simple instructions. Offered from 6 to 8 p.m., participants can choose to take the course on Mondays and Wednesdays, July 20 through August 12 at the Elizabeth Campus, or on Tuesdays and Thursdays, July 21 through August 13 at the either the Cranford Campus or Plainfield Campus.

"Beginning ESL Conversation" will afford practice of conversational skills in English while also improving one's listening skills. Presented from 8:10 to 10:10 p.m., the course is offered simultaneously to the Grammar course, with a time frame choice available on the same dates as above.

"Intermediate ESL Grammar" will continue with practice of grammar and simple instructions on a higher level from the beginning class. Presented from 6 to 8 p.m., participants can choose to take the course either on Mondays and Wednesdays, July 20 through August 12 at either the Cranford Campus or Plainfield Campus, or on Tuesdays and Thursdays, July 21 through August 13 at the Elizabeth Campus.

"Intermediate ESL Conversation" will continue with practice of conversational and listening skills at a higher level than that of the beginning class. Presented from 8:10 to 10:10 p.m., the course will be conducted on the same dates as the Intermediate "ESL Grammar" course so that students can take both classes simultaneously.

For ESL students with a good working knowledge of English, "Advanced ESL" will offer training in English grammar and conversation and improving one's listening skills, all on an advanced level. Presented from 6 to 8 p.m., students can choose to take the course either on Mondays and Wednesdays, July 20 through August 12 at the Cranford Campus, or on Tuesdays and Thursdays, July 21 through August 13 at the Elizabeth Campus.

The college will also conduct GED preparation classes in Spanish from 6 to 8 p.m. on Tuesdays and Thursdays, July 21 through August 27 at the Elizabeth Campus only.

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# COUNTY NEWS

## \$1.3 M for seniors

The NJ Transit Board of Directors on June 17 authorized the distribution of more than \$26 million to help New Jersey's 21 counties provide local transportation services for senior citizens, people with disabilities and residents in rural areas.

Of the \$22.5 million allocated for the state's Senior Citizen and Disabled Resident Transportation Assistance Program, \$1.3 million is to go to Union County.

Funding for the program is provided by the state Casino Revenue Tax Fund, the Federal Transit Administration, the counties and NJ Transit. The money will be used during Fiscal Year 1999, which begins July 1.

## Cable program

In July, "Vintage Views," the Union County Board of Chosen Free-

holders' cable TV program for older residents, will emphasize the county's commitment to providing services which will help senior citizens to live independent lives.

Program host Lou Coviello will speak with County Manager Michael Lapolla about the county's commitment of its elderly.

More than 99,000 persons who are 60 years of age or older live in Union County, accounting for about 20 percent of the county's population. Most of them are healthy, well adjusted, and financially sound, Daniel P. Sullivan, freeholder director, said. But some have health, social, and financial problems. These latter seniors make up the principal group for whom the Division on Aging targets its services.

"Vintage Views" is made possible through the facilities and technical direction of Cablevision of Elizabeth.

The program is available throughout the county; check local listings.

For more information about "Vintage Views," or to comment on programming, call Lou Coviello at (908) 527-4872.

## Group for moms

FEMALE, Formerly Employed Mothers at the Leading Edge, is a national support group for all women who have decided to temporarily leave the work force to stay at home with their young children. The North-Central New Jersey Chapter offers evening discussion groups, presentations with outside guest speakers, and mother's night out, as well as weekly daytime play groups.

Discussion groups are usually held on the first Wednesday of each month, at 7:30 p.m., at the Cranford Library, 224 Walnut Ave., Cranford.

Prospective members are encouraged to meet the group at this informal meeting.

Formal meetings with outside guest speakers are held on the third Wednesday of each month, at 8 p.m., at the Westfield Y.M.C.A., 220 Clark St., Westfield.

For more information on FEMALE, call Margie at (908) 620-1220.

## Literacy workshop

Literacy Volunteers of America, Union County Affiliate, has scheduled its 1998 Summer Workshop Programs for adult training. The first English as a Second Language workshop will be held at the main Elizabeth Library.

Registration starts today at 11:30 a.m.; classes are July 25, Aug. 1, 8, 15, 22 and 29 from 12:30 to 3:30 p.m.

There also will be a Basic Literacy workshop at the Elmhurst Library in Elizabeth. Registration is July 1, at 10 a.m. classes are July 1, 8, 15, 22, 29, and Aug. 5 and 12 from 10 a.m. to 1 p.m.

There is a Workshop fee of \$15 to cover supplies. For additional information or to register for any of the workshops, call (908) 490-0333.

## Burn safety tips

With school out for the summer, children will soon be spending their days playing Nintendo, watching television, attending camp or swimming in the neighborhood pool.

But, according to Chris Ruhren, administrative director of The Burn Center at Saint Barnabas, New Jersey's only state certified burn treatment facility, "Kids get bored. Accidents happen; and every summer, we

see children who are either admitted to The Burn Center at Saint Barnabas or treated in our Outpatient Department who have suffered burn injuries as a result of careless or mischievous behavior."

Each year, nearly half of The Burn Center's 350 patients are under age 18; 25 percent of those are under age two. The most common burn injuries afflicting children are caused by hot liquids.

The Burn Center at Saint Barnabas offers the following safety tips to keep all family members safe this summer:

- Barbecue Tips**
  - Adults should start the grill or campfire and cook the food. Children should never be allowed to play nearby.
  - Store highly flammable propane gas for the grill in a cool, well-ventilated area.

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# ARTS & ENTERTAINMENT

## Summit author recalls his pet's golden days

"Golden Days: Memories of a Golden Retriever," a book every animal lover would love to read, and dog lovers, in particular, especially golden retriever lovers, is a light, frothy tome for "must summer reading," and it's worth its weight in gold.

No one who can write from the inside of his heart about a dog about how it feels to be cuddled by it, what it's like to look into its loving, searching, uncompromising eyes, what it sounds like when it taps its way across a kitchen floor, or romps along sand beaches, or turns over on its stomach to catch the warm sun, without being a really special human being.

And that special human being is Arthur T. Vanderbilt II of renown, a prestigious attorney — and an equally prestigious writer. After writing heavy and heavier books about law and his ancestors, this tiny, 143-page book, published by Bantam Books in New York City, is a refreshing change in direction. In fact, Vanderbilt has written a book that will change a reader's life — especially a reader who loves dogs the way he does — and especially golden retrievers.

In this, his seventh book, Vanderbilt not only writes about his and his family's love affair with a golden retriever named Amy, but his and his family's love affair with an embracing place called Cape Cod in Vermont. It's a wonderful thing to have such an affectionate relationship with a dog like Amy, and to be able to spend summer vacations along the shore area of the cape with Amy resting alongside of you, keeping a keen eye on you in the rolling waves, and hiding, trembling, under your legs during a sail boat ride. She may love the beach, but she hates the boats.

## On The Shelf

By Bea Smith  
Staff Writer

landlubber that she is. The very essence of her comes alive through these pages — almost as if one can reach out and touch her — and feel her response.

In his book, Vanderbilt recalls a summer vacation — like so many others — spent with his parents and his sister — and Amy — down at the shore. From the moment Amy bounds over hysterically to greet her Arthur as he litters from his car, to the frantic search for a hidden, well-chewed slipper — in a closet, to the tanning, flitting flicker of her golden eyelids over the idea of a piece of sheep cheddar, the dog has taken over. To Amy, the four Vanderbilts are in her charge; they are her pack, her responsibility, and she does a serious nightly bed check to make sure everyone is safe and sound in his bed.

God forbid her pack should leave her even for a few hours to go out to dinner — why, her brooding is enough to keep one from enjoying a dinner out. Of course, all is forgiven when the family returns home. No one is greeted with such an overwhelming sense of love than the Vanderbilt family on such an occasion.

The book, interspersed with marvelous illustrations and drawings by Marjori W. Stoll, is divided into eight chapters. The first, called "A Morning in October," allows a glimpse into reality — a dog who is

getting ready to die — and who tries to keep from dying — to spare the family. It also gives glimpses of what Cape Cod is all about, and Vanderbilt's respect and love and description and mouth-watering history of the small site, whets the appetite of the tourist.

In Chapter Two, "Homecomings," it is July, the beginning of summer and of fun with Amy, who has a mind of her own, and a tennis ball that must be thrown and chased and returned. She also visits visitors on the beach for hugs and kisses and compliments. "Oh, look! It's Amy!"

In Chapter Three, "Roughhousing," there's a section where a storm is brewing on the cape, with torrents of rain clapping at the windows, and Vanderbilt's mother insisting that someone take the dog out. Of course, everyone is so comfortable and reluctant that Vanderbilt has to do it. And Amy hates the rain; back indoors, she swishes the rain from her body, but when a towel is produced to "wipe her stomach," she has a rug of war with both Vanderbilt and his sister, appropriately growling and snarling.

In the other chapters, "Swatch," "Over the Bounding Main," "Partings" and "October Light," after an exceptional experience reminding a reader of one's own deeply loving experience with a dog, a reader tearfully acknowledges the end of Amy's life. A reader also acknowledges Vanderbilt's quotations from Rudyard Kipling: "Brothers and sisters, I bid you to bear, of giving your heart for a dog to wear."

As long as there are memories, dogs like Amy never die, especially when there are people like Arthur Vanderbilt around.



Arthur T. Vanderbilt II, attorney and best-selling author, poses with his late golden retriever, Amy, about whom he has written, not as a dog, but as close to a human being as possible in his latest book, 'Golden Days — Memories of a Golden Retriever.'

## Best-selling author breaks his 'golden' silence

By Bea Smith  
Staff Writer

It took attorney-writer Arthur T. Vanderbilt II of Summit about the same amount of time — "two to three years" to write a 143-page book about the last of his family's golden retrievers, Amy, and his beloved Cape Cod, as it did for him to write enormously thick books about the law in New Jersey and an exceptional biography of his beloved grandfather, Chief Justice Arthur T. Vanderbilt, for whom he was named. The book is called "Golden Days — Memories of a Golden Retriever."

It takes a really special human being, who has such a love of animals, particularly dogs, to be able to write about a dog with such a deep and uncompromising love. Vanderbilt, an ever-smiling, warm-hearted individual, who is as brilliant as he is caring, visited this office just to talk about Amy.

He has written seven books, including "Changing Law: A Biography of Arthur T. Vanderbilt," "Jersey Justice: Three Hundred Years of the New Jersey Judiciary," with Carla Vivian Bello, "An Introduction to the Study of Law," "New Jersey's Judicial Revolution: A Political Miracle," also with Bello; "Treasure Wreck: The Fortunes and Fate of the Pirate Ship Whydah," which was turned into a Japanese television documentary and winner of the Union Club of Boston Award, and "Fortune's Children: The Fall of the House of Vanderbilt," which became a Book-of-the-Month selection, Readers Digest's "Today's Best Nonfiction" and Easton Press' "The 100 Best Books of American History." Vanderbilt also is listed in "Contemporary Authors," International Authors, "Writers' Who's Who" and "Who's Who in America."

This prestigious gentleman, who is a partner in Carlella, Byrne, Bain, Gifflian, Cecchi, Stewart & Ottem in Roseland, where he specializes in public finance, public utility law and administrative law, was one assistant counsel to the Governor of New Jersey in Trenton in 1978, where he represented the Department of Energy, the Department of Health and the Department of Civil Service. He served as deputy attorney general for the State of New Jersey in Newark in 1976, where he was counsel to the New Jersey Board of Public Utilities, and a judicial clerkship for Herman D. Michels, New Jersey Superior Court, Appellate Division. He was a member of the New Jersey Supreme Court District Ethics Committee, and served as chairman and vice-chairman; a member of the New Jersey State Bar Association Task Force on Attorney Disciplinary System.

The New Jersey Supreme Court's Advisory Committee on Professional Ethics, has written articles for law journals and is a speaker on public finance issues.

"It was almost an intellectual challenge to write 'Golden Days,' an opportunity not in research but my own personal experience," Vanderbilt said. "I wanted to recreate a time and a feeling so that all those events connected — to a slice of life. So, it was a different type of book than the books I had written in the past 20 years."

Vanderbilt agreed that "dogs are incredibly bright. Even though this book is just about one dog, people will see their pets in this book. It's the kind of dog that all of us had. And, you know," he smiled his special smile, "it's great to hear that others recognize their dogs in Amy. Dogs are really incredible the way they pick up the rhythm of our lives."

"People have had this kind of communication with dogs for hundreds of years. That's why I was encouraged to write this book — when I got their reactions. The moods, emotions and personalities of dogs are recorded here in this book about Amy," he declared. "People who have lived with dogs know what special beings they are."

The Vanderbilt family has had "20 years of golden retrievers, but Amy was the last. No more," he said, shaking his head sadly.

Born in Summit, Vanderbilt is a fourth-generation member of Summit. My great-grandparents came in the 1870s. He graduated from Summit High School, where he was editor-in-chief of the student newspaper. Vanderbilt also graduated from the Wesleyan University, Middletown, Conn., magna cum laude, where he received a bachelor of art degree, and the University of Virginia School of Law, in Charlottesville, where he received his law degree.

"In my senior year in college, we had to do a thesis. I got the idea of writing the biography of my grandfather. I worked on it off and on for about three years before I completed it. That's about the time it took to write Amy's book, too. And the family has vacationed in Cape Cod for over 40 years. You know, the book it all takes place in a small square mile in Cape Cod, but you get a whole cycle of history in one piece of land."

Vanderbilt said that when his clients and his colleagues heard about the book, they asked incredulously, "Did you write that book?"

"I really find it enjoyable and relaxing — as a hobby."

## Renaissance troupe visits Kean University

Parents can only do so much to introduce their children to the wonders of literature. They can read bedtime stories nightly. They can stuff Christmas stockings with favorite selections. They can encourage frequent visits to the library. Or, they may let professional actors bring children's literature to life through comical, eloquent dialogue.

The New Jersey Renaissance Kingdom's Story Book Performers perform the latter with the grace and ease of a child at play. At a free performance at Kean University Wednesday, the group of eight actors consolidated "Beauty and the Beast" into a half-hour of meaningful dialogue accompanied by actions and dress that seemed almost as paradisaical as a princess named Beauty falling in love with a creature made beautifully ugly by a magical spell.

The players were all attired in proper Renaissance-like garb, but acted like a bunch of hoologians when the time called for it, an attribute that made them most accessible to the children in the audience. Players

## Theater View

By Ed Friend  
Staff Writer

silently laughed and danced at stage right when Yenta was trying to show Beauty, played by Jamie Parks, how superficial county life was. And Queen Yenta, played by Jackie Ourosow, even earned audience participation by looking for the playful fairy, Ariel, played by Lauren Moran. Children throughout the audience yelled, "She's over there. She's right behind you."

The performance was not entirely about getting laughs, however. The players had a few serious messages to convey, which they did with utmost certainty. Whether Beauty was realizing there is more to being happy than riches and a palace or that there is more to true love than a pretty girl and an eloquent tongue, the players

maintained perfect poise and elegance throughout the performance.

Other performers worth mentioning were Lou Mastro, who played King Pupon, and David Withridge, who played the beast. Mastro captured all of Pupon's idiosyncrasies while maintaining a steady flow of comic relief, while Withridge held a Hamlet-like air about him as he felt entrapped by his inability to relate to Beauty despite his love for her.

The players are currently performing "Beauty and the Beast" with about 250 other performers at the tenth annual New Jersey Renaissance Kingdom festival in Somerset, on Saturday and Sunday from 11 a.m.-6 p.m. on weekends through June 28. Mastro described the event as "Disney Land in New Jersey." Tickets are \$10 for adults, \$8 for senior citizens and \$6 for children. For more information, call (732) 271-1119.

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## Visit the Red Room for fine art

The Red Room, a fine art gallery specializing in the works of African-American artists, has opened at 900 Park Ave., Plainfield. All originals, limited editions and open prints are affordably priced. Gallery hours are Tuesday through Saturday from 10 a.m. to 6 p.m. and Sunday from 11 a.m. to 5 p.m. Additional information can be obtained by calling (908) 791-9700 or (908) 561-8799.

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# ARTS & ENTERTAINMENT

## HOROSCOPE

**For the week of June 28 to July 4**

**Aries March 21-April 20**

The key this week — don't try to do everything yourself. Family and friends will be more than happy to help out. More things will get done that way, and you will stay more relaxed. Celebrate by treating the people who have helped you to dinner.

**Taurus April 21-May 21**

Be ready for some shocking news from a friend you haven't seen in some time. Even though you may not be excited about it, play the part. Don't complain about a difficult situation at work. Complaining this week also can really backfire, so tough it out.

**Gemini May 22-June 21**

Those long-neglected chores are still waiting. Set aside a little time to get them done. The sooner you finish them, the sooner you'll be able to enjoy something fun. As a special reward, plan something fun for you

and a friend or buy yourself a small luxury item.

**Cancer June 22-July 22**

If you're called upon to shoulder a new responsibility, shoulder it the best you can, and you'll do just fine. Don't let anyone limit your ideas, and most importantly, don't hurt yourself. Take an evening off and go to a movie or read a good book.

**Leo July 23-Aug. 23**

Play it cool when dealing with a difficult person at work this week. By not letting him/her get to you, you'll gain the respect of many people you work with and for. Then celebrate with a special dinner for you and your partner at a fine restaurant.

**Virgo Aug. 24-Sept. 22**

It romance a foreign word these days? How about saving the weekend for someone special in your life? Your partner has had to take a back seat to work. Change that this weekend. Get away for a couple of days, or if all else

fails, set aside time for a romantic dinner.

**Libra Sept. 23-Oct. 23**

If you've been putting off mental tasks, it's time to get them done. The sooner you get them out of the way, the better you'll feel about yourself, and the sooner you'll be able to have some fun. Reward yourself by buying something new, but don't go overboard.

**Scorpio Oct. 24-Nov. 22**

It looks as if the worst is behind you, so take a deep breath. You can feel good about that personal problem you've been dealing with, and it's time to move on. Take the weekend off to celebrate your accomplishment with an extra-special activity.

**Sagittarius Nov. 23-Dec. 21**

Don't take time off work for frivolous reasons this week. You may need it for more important obligations in the near future. Don't take your family for granted; this could be a good time to visit relatives you haven't seen for awhile.

**Capricorn Dec. 22-Jan. 20**

Things may continue to get worse at work, but be sure you don't let it get you down. Keep your chin up; in the coming weeks things will work themselves out. A special friend will be around to help you get through the problems and vent frustration.

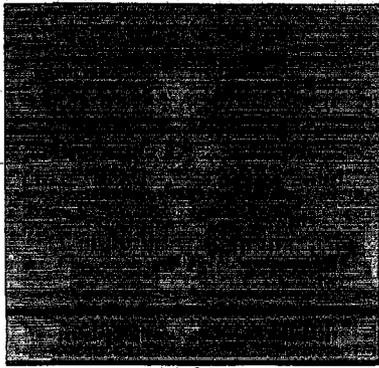
**Aquarius Jan. 21-Feb. 18**

Think about taking a chance this week. You could play the stock market or take a chance on love. Once you do, you'll gain confidence to help handle the big problems at work and home. Whatever you do, keep your temper in check.

**Pisces Feb. 19-March 20**

Sometime close to you may be having a rough time but doesn't want to admit it. Give your opinion when asked but be careful not to hurt feelings. Plan a romantic evening for your partner. Start by going out to dinner or try preparing your own gourmet meal.

Save your newspaper for recycling.



Judy Collins

## Judy Collins graces the Paper Mill stage

By Bea Smith  
Staff Writer

From the moment the slightly built, serious-faced, long-haired singer-writer Judy Collins walked on stage in concert at the Paper Mill Playhouse in Millburn on the evening of June 16, she had the audience enraptured and in the palm of her hands.

Many folks remember Collins, whose career has spanned more than 38 years, and many of them were in the audience that night, when strumming her guitar, she sang in a soft, near-religious style, "Amazing Grace," accompanied by pianist Russell Wald. Collins, whose many record albums and recordings, have, through the years, echoed her feelings about life and war, can sing about every one of these emotions, and transfer the emotions to a receptive audience.

Tapping and caressing her guitar and speaking about its own omeny moods — no matter how much you tune it, it still does what it wants to do — the versatile singer offered "Somebody Soon," and such love songs as "Where or When," with a substance of Collins' rendition of "America, the Beautiful," reached into the hearts of every member of the audience. Then in a single spotlight, with shadows playing around her, she strummed her ever faithful guitar and sang some of the most beautiful Irish melodies ever to be performed, including "Danny Boy." Collins also demonstrated her ability to hold a note for an outrageously long time.

Then moving along to a portable keyboard, Collins offered the classic "Chelsea Morning," which, incidentally, influenced President and Mrs. Bill Clinton so significantly that they named their daughter, Chelsea, after that song.

She sang her interpretations of the work of such artists as Bob Dylan,

Pete Seeger and Tom Paxton. Collins moved the audience to happiness and tears as she offered songs from "Forever, The Judy Collins Anthology," which is a culmination of a musical legacy including 19 albums that had been released by Elektra during which time she received gold and platinum awards.

And when she sang "Send in the Clowns," she brought the house down. Other songs included Rodgers and Hammerstein's controversial "You've Got to Be Taught," from "South Pacific," Leonard Cohen's "Suzanne" and "Bird on a Wire," and her famous "Colorado." Collins sang some of the songs she had written, and at times, her voice had a sultry quality, at times, an upbeat sound.

In the first part of the concert, Collins wore a beautiful white gown, which seemed to accentuate her mood. After a brief intermission, she wore a sparkling black gown, and sang "songs with stories," such as "I Dream of Peace" — she had been an activist during the 1960s — and "The Forgotten War," a powerfully emotional number. When the veteran singer introduced her granddaughter, Holly, who was in the audience "being very critical," one became aware of the fact that this exceptionally attractive woman is a grandmother, not only trying to please an audience, but her granddaughter as well. It gave another meaning to "Amazing Grace," which had opened and now closed the show.

## Correction policy

It is the policy of this newspaper to correct all significant errors that are brought to the editor's attention. If you believe that we have made such an error, please write Tom Canavan, editor in chief, 1291 Snyway Ave., Union, 07083, or call him at 686-7700, ext. 329 on weekdays before 5 p.m.

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**Community Dining Guide**

**TIFFANY'S**

The place to go to satisfy a craving.

By Michelle Ruge  
Staff Writer

When was the last time you had succulent tasty spareribs that were so good you tried to get the recipe from the chef? The smoky, tender slabs of lean, meaty baby back ribs basted in a tangy sauce are one of the reasons that customers keep coming back to Tiffany's, located on Vauxhall Road in Union.

These ribs really are amazing; the meat slides off the bone, the sauce intensifies the flavor and the portions are generous enough that you can take some home with you.

Chef Marcy Wilson has been at Tiffany's Union location for eight years and works with a 18-person staff, who are both friendly and knowledgeable. While Wilson will not tell you her cooking secrets for these delectable spareribs, she will share the ingredients that go into some of the other menu items.

Tiffany's menu is so packed with mouth-watering flavorful offerings that customers have a hard time choosing how to satisfy their cravings. Some of the crowd-pleasing favorites include crab cakes that are made from freshly caught crabs, Tex Mex eggrolls that feature chicken, black beans, corn and tomatoes and cheese, and a huge pile of thinly sliced onion deep-fried and fried to form a tasty loaf that is perfect for sharing, with a potato, or several.

If you can't make up your mind for starters, try the Munchie Platter, that offers a sample of several spectacular side dishes such as potato skins slathered with sour cream, cheese and bacon, chicken fingers and mozzarella sticks. Another tasty seafood appetizer is the Cajun popcorn shrimp. Chicken wings covered with that secret barbecue sauce are another crowd pleaser.

Tiffany's ambience is unique because within the friendly confines of the 120-seat restaurant there are cozy tables intimate enough for two, and plush longer benches with tables and chairs for larger parties. Sports paraphernalia and photographs keep the kids mutually impressed and a truly eclectic range of CDs are on the jukebox.

"We're family-friendly and we meet any special dietary needs our customers prefer," said manager Helene Cota. "We have a happy hour from 4-7 Monday through Friday and reservations are required only when there are eight or more people in a party."

A perfect place for graduation parties, Tiffany's boasts a dessert menu that can satiate even the most finicky palate.

We sampled the hot Hot Apple Crunch and a chocolate concoction called the Dark Side of the Moon.

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## Stars of the show



Participating in the recent Overlook's Stars are Filing show are, front, from left, Jack Palmoro, executive director, Ancillary Services, and David Fred, president; kneeling, Colleen Kelly, advisor, Patient Satisfaction, Back Michelle Lazzarotti, manager, Public Relations; Mickey Syrop, manager, Physical Therapy; Gina Fishbein, manager, Central Access; Mary Ann Bross, director, Human Resources; Elena Zucker, executive director, Hospital and Emergency Services; Linda Kosnik, unit manager, Emergency Dept., and Maureen Howard, cardiovascular clinical specialist.

## Hospital, school team up on research

A joint research collaboration has been announced by Saint Barnabas Medical Center in Livingston, and the Lautenberg Center for General and Tumor Immunology at the Hobart University and Hadassah Medical School of Jerusalem, aimed at developing a better understanding of common, serious disorders characterized by a malfunction of the immune system. Working together, investigators from both institutions will seek more effective approaches to prevention and treatment of such diseases as rheumatoid arthritis, leukemia, colon cancer, hereditary immunodeficiency and other disorders.

In this new alliance, basic research will be focused at the Lautenberg Center, while clinical studies will be emphasized at Saint Barnabas.

"I anticipate our joint efforts to be most productive," states Professor Eitan Yefenof, Ph.D., chairman of the Lautenberg Center for General and Tumor Immunology, "because the challenge we face together is a universal challenge. People are affected by these diseases as much in Jerusalem as they are in New Jersey and throughout the rest of the world."

"This collaboration has enormous potential for making a significant advance in the prevention and treatment of some of the world's most serious diseases. We are very excited to join with the Lautenberg Center in this effort," states Ronald J. Del Mauro, chairman and chief executive officer, Saint Barnabas Medical Center.

Following discussion and several exchange visits between researchers and clinicians at the two centers dur-

ing the past four months, four projects have been identified for collaborative study, as follows: interfering with an adhesion molecule on white blood cells, thus preventing increased inflammation, which may result in diseases such as rheumatoid arthritis; identifying deficiencies in the immune system which allow cancers and other immune disorders to develop, and providing treatment through the use of genetic engineering; predicting when chronic myelogenous leukemia is at crisis point, so that the timing of a bone marrow transplant can be most effective; and preventing metastasis by interfering with the "velcro effect" of breakaway cancer cells, which typically seek out specific organ sites and adhere to them.

"Saint Barnabas Medical Center is excited about the opportunity to develop this special relationship with the Lautenberg Center. It represents a wonderful blending of the two institutions — the clinical excellence of Saint Barnabas with the scientific expertise of the Lautenberg Center," said Richard S. Panush, M.D., chairman of the Department of Medicine, Saint Barnabas Medical Center.

Richard Michaelson, M.D., chief medical officer of the Saint Barnabas Cancer Center, added, "A good example of the potential benefit of this collaboration is in the study of chronic myelogenous leukemia. Interesting work in basic science is currently being done at the Lautenberg Center which, in the long term, could have a major impact upon the treatment that we use here at Saint Barnabas. Their

analysis of tissue which we provide may ultimately allow us to tailor more effective treatments for our patients with this disease."

The Medical Center and the Lautenberg Center will work together jointly to raise funds from individuals, corporations and private foundations.

Saint Barnabas Medical Center in Livingston, is New Jersey's oldest and largest nonprofit, nonsectarian hospital, where more patients are treated annually than at any other facility in New Jersey. An affiliate of the Saint Barnabas Health Care System, The Medical Center is recognized for a wide variety of services, including a full range of cancer services, a Valerie Fund Children's Oncology Center, the state's only certified burn treatment facility, a world-class assisted reproductive technology program, and the Joslin Diabetes Center, an affiliate of the internationally recognized Boston Center.

The Lautenberg Center began as Israel's first academic department of immunology in 1968 with a grant from U.S. Senator Frank R. Lautenberg and his family. Today, it is recognized as a leading world research center in the study of how and why cancers and other autoimmune diseases function. Research is conducted in the areas of basic cellular immunology, molecular biology, tumor biology and immunology, and transplantation immunology.

## Massage therapy courses may earn college credit

Courses offered by Somerset School of Massage Therapy are now recommended for college credit by the American Council on Education College Credit Recommendation Service. Students who successfully complete the school's course requirements may earn college credit when they apply to one of more than 1500 colleges and universities nationwide who accept the ACE recommendations. Nearly 40 colleges and universities in NJ have accepted ACE College Credit Recommendation Service.

"We're honored to be one of the few massage schools in the USA approved by ACE's College Credit Recommendation Service," comments Director Susan Edwards. "The evaluation process was rigorous, but the outcome gives our graduates a formal process to apply to earn college credit for massage therapy courses and obtain other educational goals they may have. Many of our student immediately open a massage therapy practice upon graduation. Some already have bachelor's degrees and advanced degrees. For a significant number of others, massage therapy school is a first step in their career path, which may include college education at a later date."

As a result of the approval by the ACE evaluation, team, Somerset School of Massage Therapy will be listed in the prestigious National Guide to Educational Credit for Training Programs. The evaluation was coordinated by Dan Negron, assistant director of Corporate-Higher Education Programs at Thomas Edison State College and consisted of professors from NJ, Pennsylvania and Connecticut colleges. The team reviewed documentation of course content, learning outcomes and administrative procedures, as well as conducting on-site observation of classes. Audits of courses are conducted annually and re-evaluation of courses takes place every three years.

If you are a recent Somerset School of Massage Therapy graduate attending college, call the School at (732) 356-0787 to learn more about how your SSMAT courses could qualify for his recommendation. If you are interested in attending Somerset School of Massage Therapy, call for a free catalog or appointment, or e-mail to [smm@massagetherapy.com](mailto:smm@massagetherapy.com). The school hosts a web page of general and specific information about the field of massage therapy at [www.massagetherapy.com](http://www.massagetherapy.com).

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# St. Barnabas symposium held to discuss cancer development, detection

"The fault, dear Brutus, is not in our stars, but in ourselves."

This famous line from William Shakespeare's play, "Julius Caesar," was used recently by N. Peter Zaubner, MD, to highlight the significant part that genetics can play in the development and early detection of cancer, particularly colorectal cancer.

At a scientific symposium held recently by the world-renowned Lautenberg Center for General and Tumor Immunology, Zaubner, hematologist and section chief, Department of Medicine at Saint Barnabas Medical Center, joined Ann Graham Zaubner, associate attending biostatistician, Department of Epidemiology and Biostatistics at Memorial Sloan-Kettering Cancer Center, and Michael Baniyash, assistant professor of The Lautenberg Center, Department of Immunology at the Hebrew University and Hadassah Medical School, Jerusalem, to discuss colorectal carcinoma from three different and intertwined perspectives — genetics, epidemiology and immunology. Professor Elian Yefenof, chairman of The

Lautenberg Center in Jerusalem, moderated the panel discussion.

New information has emerged recently regarding gene mutations, which are believed to play a major role in triggering cancer. Such mutations, according to Zaubner, may either be inherited and are, therefore, present in every cell throughout the body, or acquired due to an injury, such as radiation exposure. One such inherited mutation is a gene that appears to be present in nearly 6 percent of Jews of Ashkenazi, or eastern European descent. Inherited from one parent, it is present throughout the body, but may have a serious effect primarily in the colon. Interestingly, all individuals who inherit the same gene mutation do not necessarily develop colorectal cancer. It is unknown at this time whether this variation is also due to heredity or is determined by the environment.

Colorectal cancer will kill more than 56,000 Americans in 1998, ranking second only to lung cancer as the major cause of cancer deaths in the United States. Ironically, it is also one

of the most preventable forms of the disease, according to Dr. Ann Graham Zaubner. She stressed that early screening, detection and removal of adenomas — polyps — in the colon are known to reduce the risk of developing colorectal cancer by as much as 76 to 100 percent. Screenings are recommended to begin at age 40 for those with a genetic predisposition to colorectal cancer.

The three main screening tools to detect colorectal cancer are the fecal occult blood test, which should be done annually, the sigmoidoscopy, which should be done every five years, and the colonoscopy, which is the most definitive test for this type of cancer, resulting in a 76 to 90 percent risk reduction and is recommended by some experts at 10-year intervals.

In her discussion regarding the immune system's response to cancer, Baniyash stated, "Any change in the immune system's delicate balance can induce tumor occurrence." She explained that the job of T-lymphocytes on the cell's surface is to recruit cells from the immune system

to target foreign antibodies. In most cases, these targeted cells die. However, genetic mutations are not always expressed on the surface of the target cell and the T-lymphocytes do not recognize or respond to this enemy attack. With no immune system response, a tumor can develop.

A second scenario, which is often present in the case of colon cancer, is that as a massive immune response takes place, the enemy cells secrete antibodies which have the effect of paralyzing the T-cells, ultimately stopping the immune response.

Baniyash described the research currently in progress in her laboratory at The Lautenberg Center in Jerusalem to define the components secreted by the colon tumor. Once these are identified, agents can be developed to neutralize the secretion and encourage a functional immune response.

Peter Zaubner concluded, "We understand many things today about the body's response to cancer. But, as yet, we are unable to manipulate genes. Thus, it is necessary to rely

upon clinical screening to reduce the risk of colon cancer."

"And," added Ann Zaubner, "this disease is almost completely preventable with a high fiber, low-fat diet, regular exercise and periodic screenings. Initial screenings are like a vaccine against colorectal cancer, and subsequent screenings are like booster shots. We can be almost risk-free by being proactive."

The Lautenberg Center for General and Tumor Immunology at The Hebrew University began as Israel's first academic department of immunology in 1968 with a grant from US Senator Frank R. Lautenberg and his family. Today it is recognized as a leading world research center in the study of how and why cancers and other autoimmune diseases function. Research is conducted in the areas of basic cellular biology, molecular biology, tumor biology and immunology, and transplantation immunology.

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You can feel confident in the care you will receive because our Mobile Intensive Care Unit, Chest Pain Emergency Center, and comprehensive Cardiac Diagnostics, from stress testing to cardiac catheterization, and state-of-the-art Coronary Care Units, offer quick response, diagnosis and treatment.

In addition, the dedicated staff of the Nicholas Quadrel Healthy Heart Center provides Monitored and Maintenance rehabilitation programs that focus on education, exercise and nutrition counseling.

And, following your treatment, we offer a Cardiac Support Group designed to provide current information and social support for people with cardiac problems.

We offer the convenience and comfort of a full array of community-based cardiac services because your good health is our main concern.

Following a heart attack, a strong support system is crucial to recovery. Love and encouragement from family and friends, in addition to guidance, advice and monitoring by a well-trained and dedicated professional staff are most important. Rahway Hospital's Cardiac Rehabilitation Program has been an integral part of my recovery process during the past two years. The caring doctors, nurses and dietitians, as well as integration with fellow patients through the Cardiac Support Group, provided the support and guidance I needed for recovery.

— Nick Delmonaco from Edison

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# HEALTHY Living

## Hospital focuses on prevention of strokes

Did you know that stroke is our nation's third leading single cause of death, killing more than 150,000 Americans annually? Or that about a third of all strokes happen to people under the age of 65? Did you also know that up to 50 percent of strokes are preventable? Union Hospital, an affiliate of the Saint Barnabas Health Care System, wants you to know that there are ways to help prevent strokes from occurring.

A stroke, or brain attack occurs when blood flow to an area of the brain is interrupted by a blocked or broken blood vessel. When a stroke occurs, it kills brain cells in the immediate area. When these brain cells die, they release chemicals that set off a chain reaction, endangering brain cells in a larger, surrounding area of brain tissue. Without prompt medical treatment, this larger area of brain cells will die.

While some people recover completely from less serious strokes, others will lose their lives to very severe ones. Strokes that occur in the

right side of the brain affect movement of the left side of the body and analytical and perceptual tasks, while strokes that occur on the left side of the brain can affect movement of the right side of the body and speech and language abilities.

There are two different kinds of strokes: ischemic strokes and hemorrhagic strokes. In the ischemic stroke, a clot blocks a blood vessel in the brain or leading to the brain, or may form in another part of the body such as the heart and travel to the brain. This type of stroke can also occur as a result of unhealthy blood vessels clogged with a buildup of fatty deposits and cholesterol in the wall of an artery. Approximately 80 percent of all strokes are ischemic.

In hemorrhagic strokes, a blood vessel in the brain ruptures. This can be caused by a number of disorders which affect the blood vessel, including long-standing high blood pressure and cerebral aneurysms. An aneurysm is a weak or thin spot on a blood ves-

sel wall. Hemorrhagic strokes account for 20 percent of strokes.

Stroke is one of the most preventable of all life-threatening health problems. While some risk factors are not controllable such as age, gender, race, family history of stroke or personal history of diabetes, many others can be controlled such as:

- High blood pressure — increases stroke risk four to six times and is the single most important controllable risk factor.

- Atrial fibrillation and other heart diseases — Having heart disease increases stroke risk up to six times. Fifteen percent of all stroke patients have heart disease.

- High cholesterol — can directly increase risk of stroke by putting people at greater risk of heart disease.

- Smoking — doubles the risk of stroke by damaging blood vessels and speeding up the clogging of arteries, which in turn raises blood pressure and makes the heart work harder. When someone stops smoking, the stroke risk after five years will be the

same as someone who never smoked.

- Alcohol — excessive consumption of alcohol is associated with stroke in a number of research studies. Its specific role has not yet been determined.

- Weight — excess weight makes people more likely to have other stroke risk factors such as high cholesterol, high blood pressure and diabetes.

- Carotid artery disease — one of the major contributors to ischemic stroke is a build-up of fatty deposits in one of the two main arteries in the neck supplying blood to the brain. Surgery to remove the blockage is often necessary and quite successful.

Even among those who recognize brain attack as a medical emergency, many are unable to recognize the symptoms of a stroke. The most typical symptoms include:

- Weak, numb or paralyzed in one side of the body.
- Sudden blurry vision or loss of vision in one or both eyes.

- Unable to speak clearly or understand simple statements.

- Loss of balance or coordination, especially when combined with another symptom.

- Sudden severe headache, often described as "the worst headache of your life."

If you experience any of these symptoms, immediate treatment may save your life and enhance your chances for a successful rehabilitation and recovery.

For more information, contact your physician. If you do not have a physician, call CareFinders, Union Hospital's Physician Referral Service, at (908) 688-8777.

Union Hospital, located at 1000 Galloping Hill Road in Union, is an affiliate of the Saint Barnabas Health Care Center.

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Overlook Hospital is a member of the Saint Barnabas Health Care System. For more information, call 908-686-7753. www.overlookhospital.com

# New assisted living facilities are constructed

ManorCare Health Services, on the leading edge of the booming \$12 billion assisted living industry, announces its plans to introduce its assisted living facilities — called Arden Courts Alzheimer's Assisted Living and Springhouse Assisted Living — into the New Jersey area beginning in June 1998.

Growth in the number of seniors in New Jersey increased by 20 percent between 1980 and 1990. The current senior population of 1,091,000 is expected to rise to 1,654,000 by the year 2025. It is estimated that over 115,000 New Jersey seniors would benefit from the types of services provided at an assisted living facility. These demographics indicate a strong demand for specialized Alzheimer's care and general assisted living services, since one person out of ten over age 65 and five people out of ten over age 85 suffer from some form of dementia.

ManorCare Health Services will open Arden Courts in West Orange

June 1998, followed by another Arden Courts in Wayne in October 1998. They will be opening Springhouse facilities in West Orange in August 1998, Wayne in October 1998 and Emerson in November 1998.

The New Jersey openings are part of ManorCare Health Services' aggressive, multi-million dollar growth plan, which will see hundreds of similar facilities constructed throughout the country over the next five years. On average, the costs to build Arden Courts and Springhouse facilities are in excess of \$3 million and \$7 million, respectively.

Arden Courts was designed by Law/Kingdon Inc. of Wichita, Kansas and Springhouse was designed by Lanz-Boggio of Englewood, Colorado.

The new West Orange and Wayne Arden Courts facilities are one-floor, 55-bed facilities, each containing 27,000 square feet of living space.

The new West Orange Springhouse is a two-story, 67,000 square-foot build-

ing containing 116 beds, while the Wayne and Emerson Springhouse facilities are three-story, 66,000 square-foot buildings containing 105 beds. In West Orange and Wayne, both an Arden Courts and Springhouse will share the same 15-acre campus. The Emerson Springhouse is free-standing and sits on 3.8 acres. Ground was broken for the West Orange and Wayne campuses in June and September 1997, respectively, while ground was broken for the Emerson Springhouse November 1997.

"Everything is on schedule for our openings to begin in the next few months," said Patrick Collins, director of operations ManorCare Health Services Northeast District. "A great deal has already been invested into the local market during the initial phases of these projects, and we are now gearing up to hire the many local residents — nurses, caregivers, maintenance staff, food service personnel — we will need to properly staff our new

facilities and provide residents the high quality, personal care long associated with ManorCare Health Services."

Arden Courts enhances residents' quality of life by enabling them to maintain as much independence as possible while continuing their daily routines. The residential facility's architecture is specifically designed to provide an environment in which residents can safely and securely exercise a large degree of personal freedom. Four separate houses are joined by a common area where residents are encouraged to socialize with one another and engage in ongoing and meaningful activities to keep them interested and involved. Visual cues throughout the facility help residents stay oriented; "home-like" living areas provide a cozy and inviting atmosphere; specially trained staff are on hand 24-hours-a-day to meet residents' personal care needs, and ongoing programs and services encourage family members to enjoy time

together with their loved one and actively participate in his or her care as desired.

Springhouse is assisted living for seniors who want to maintain their privacy and independence in a home-like setting and requires some supervision and support, but who do not need the more intensive services provided at a skilled nursing center. Residents receive, and only pay for, exactly the amount of assistance they need with such activities of daily living as bathing, medication management, dressing and grooming. Although Springhouse apartments are furnished, residents are encouraged to incorporate their own furniture and other private belongings into their Springhouse apartments. This often facilitates their transition from private residences to assisted living.

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## St. Elizabeth Hospital Opens New Inpatient Pediatric Unit

St. Elizabeth Hospital is proud to announce that its new inpatient Pediatric Unit opened on May 4, 1998. Located on the seventh floor of the North Wing, the six bed unit has secure doors where visitors to the unit are buzzed onto the floor.

The Pediatric Unit has been designed for a child's point-of-view with a play area located in full observation from the nurses' station. Low walls, designed so that little ones can easily see into an area, are used around the nurse's station. Also, all pediatric patients receive free television service.

A colorful and cheerful aquarium theme graces the Unit's decor of boarders and wall prints. The corridors and rooms are furnished in light-colored woods and brightly decorated accessories pleasing to children. Room furniture includes cribs, youth beds and nightstands with flexible, soft handles to prevent injuries. The rooms' ceiling tiles are gently embossed with moon and star shapes. And all of the rooms have "grip strips" for displaying the children's artwork and cards!

St. Elizabeth Hospital is a partner in the *Healing Through Happiness Program*, sponsored by the McDonald's Corporation and Medline Industries Inc., a hospital supply company. The program is intended to help make a child's hospital stay more pleasant through special activities; colorful special admission kits full of high quality, fun and useful items that will be used during the child's hospital stay; and Ronald McDonald liners and sleepwear featuring Ronald McDonald and the McDonald characters kids love so much.

"The Pediatric Unit is staffed with nurses trained in pediatric care," states Catherine Sheedy, RNC, BSN, Nurse Manager of the Maternal Child Division at St. Elizabeth Hospital.

The unit is also equipped with a treatment room where any type of invasive exam or procedure is done, even the simple starting of an intravenous medication. "This is so that the child does not associate his or her room with unpleasantness or pain," explains Sheedy.

In order to lessen the child's anxiety of separation, parents are allowed 24 hour access to the Pediatric Unit and are encouraged to "sleep-over" if they, or the child, so desire; comfortable lounge chairs that fold out into a single bed are provided for this purpose.

According to Paula Nadig, MD, the Hospital's Chairman of Pediatrics, the Pediatric Unit was planned in response to the community's needs and bed size for the unit was determined based on trends in bed utilization and length of stay for pediatric patients in the Hospital's demographic area. St. Elizabeth Hospital also responded to the current trends in hospital insurance plans when they planned for the Pediatric Unit.

Current managed care plans look more



Paula Nadig, MD, St. Elizabeth Hospital's Chairman of Pediatrics (left) and Catherine Sheedy, RNC, BSN, the Hospital's Nurse Manager of the Maternal-Child Division (right) look over some of the "Ronald McDonald" sleepwear in one of the private rooms, set up with a small crib, on the new Pediatric Unit.

favorably at hospitals where clients can receive full health care services for all family members," Dr. Nadig explains. "And based on the utilization of the Hospital's Pediatric Health Center, more and more community members are looking toward St. Elizabeth Hospital for their family's health care

needs." Pediatric surgical services will be expanding to include general and orthopedic surgery that requires a stay of overnight or more. Currently, only same-day surgery is available for pediatric patients.



For the older child, the new Pediatric Unit offers youth beds as seen here in a semi-private room.

"Caring for Every Member of Your Family"

Stepping Out is a weekly calendar designed to guide our readers to the many arts and entertainment events that take place in Union County area. The calendar is open to all groups and organizations in the Union County area. To place your free listing, send information to Associate Editor Jacquelyn McCarthy, Worral Community Newspapers, P.O. Box 3109, Union, New Jersey, 07083.

# Stepping Out

The library is located at Fiferberg Park, Morris Avenue, Union. For information, call (908) 681-5450.

The tavern is located at 114 Chestnut St., Roselle. For information, call (908) 241-1226.

1033 Springfield Ave., Cranford. For information, call (908) 232-8956.

entire. Entry fee is \$20 per team. Entries close on July 19 at 5 p.m. Tournament begins on Aug. 1.

### OPERA

OPERA FESTIVAL OF NJ will run "The Marriage of Figaro" through July 19 at McCarter Theatre Center for the Performing Arts. Opening Saturday and running through July 19, 7 p.m. The center is located at 61 University Place, Princeton. For information, call (609) 883-9000.

## ART SHOWS

### JACOB TRAPP Gallery in Summit will display "Synaggy (Themes and Variations)" through tomorrow.

Gallery hours are weekdays from 9 a.m. to 3 p.m. and Sundays from 9 a.m. to noon. The gallery is located at 4 Waldon Ave., Summit. For information, call (908) 273-5245, (908) 522-1100 or (908) 522-0229.

### CHILDREN'S SPECIALIZED HOUSING

will present color photography by Sheila R. Lengua of Union, Heinz W. Otto of Warren and James J. Stachaki of Parsippany through June and July.

Hours are 8:30 a.m. to 8:30 p.m. daily. Visitors are requested to enter the hospital through the ambulance entry. CSH is located on New Providence Road in Mountainside.

### SPRINGFIELD LIBRARY

will display self-authored and collected children's books by kindergarten classes at Edward V. Walton School in Springfield through June.

The books are on display in the children's department. The library is located at 65 Mountain Ave., Springfield.

### SUMMIT FRAME AND ART

will have an exhibit of oil paintings by Geoffrey Mawby throughout June.

Hours are Monday through Saturday from 8:30 a.m. to 8:30 p.m. and Sundays until 7 p.m. The store is located at 465 Springfield Ave., Summit. For information, call (908) 273-8663.

### NEW JERSEY CENTER FOR VISUAL ARTS

in Summit will exhibit works by Doug Schiller through Tuesday.

Gallery hours are weekdays from noon to 4 p.m., Thursday from 7 a.m. to 4:30 p.m., and Saturday from 10 a.m. to 4 p.m. NJCVA is located at 58 Elm St., Summit. For information, call (908) 273-9121.

### MARK ME FOR LIFE

, a photography exhibit by John Wyatt, will be on display at the Donald B. Palmer Museum of the Springfield Public Library through July 1.

Hours are Monday, Wednesday and Thursday from 10 a.m. to 8:30 p.m.; Tuesday, Friday and Saturday from 10 a.m. to 4:30 p.m. The library is located at 66 Mountain Ave., Springfield. For information, call (973) 374-4930.

### SKULSKI ART Gallery of the Polish Cultural Foundation in Clark

will display paintings by Andre Galicki through July 3.

Gallery hours are Tuesday-Friday from 5 p.m. to 9 p.m. and Saturday from 10 a.m. to 3 p.m. The foundation is located at 177 Broadway, Clark. For information, call (973) 382-7197.

### SWAIN GALLERIES in Plainfield

will display "Voyages/Viages," paintings by 24-year-old NJCVA artist, Pia de Sisto of Roselle through July 3.

Gallery hours are Tuesday through Friday from 9:30 a.m. to 5:30 p.m., and Saturday to 4 p.m. Swain is located at 703 Westburg Ave., Plainfield. For information, call (908) 756-1707.

### LES MALAMUT Art Gallery in Union

will present "Journey Into Personal Abstractions," an exhibition of paintings by Alfred T. Kaercher of Cranford, through July 7.

The gallery is located in Union Library, Fiferberg Park, Union. For information, call 851-5450.

### ANNUAL MEMBERS SHOW of New Jersey Center for Visual Arts in Summit

will be on display through July 12.

Gallery hours are Monday through Friday from noon to 5 p.m., Tuesday through 7:30 p.m., and Saturday and Sunday from 2 to 4 p.m. NJCVA is located at 68 Elm St. in Summit. For information, call (908) 273-9121.

### SENIOR ARTS EXHIBIT

will be on display through July 31 at Scherling-Pugh in Kenilworth.

Hours are Monday through Friday from 9 a.m. to 5 p.m. Scherling-Pugh is located at 2000 Galloping Hill Road in Kenilworth. For information, call (973) 382-7197.

### AVATAR Gallery in Westfield

will display "My Back Pages," paintings by Ed Ador through Aug. 21.

Gallery hours are Tuesday through Friday from 1:30 to 5 p.m. The gallery is located at 102 Elm St., Westfield. For information, call (908) 232-8956.

### NJ CENTER FOR VISUAL ARTS in Summit

will host the 39th International Malta Biennale through Aug. 23.

NJCV is located at 68 Elm St., Summit. Gallery hours are Monday-Friday from 10 a.m. to 5 p.m., Saturday from 10 a.m. to 4 p.m., and Sunday from 12 to 4 p.m. For information, call (908) 273-9121.

### NJ COUNCIL ON THE ARTS

Feeling Exhibition will run through Sept. 19 at Jersey City Museum.

The museum is located at 472 Jersey Ave., Jersey City. For information, call (201) 547-4514.

## AUDITIONS

### BAIRD THEATER of South Orange

is looking for a musical director for the 1998-99 season, with opening performances in late October.

The Baird Theater is located in the Baird Center, 5 Mead St., South Orange. For information, call (973) 763-2028.

### BLOOMFIELD ORCHESTRA

is looking for musicians for the string and woodwind sections.

There are no auditions. Rehearsals are every Wednesday evening at the Bloomfield Civic Center. For information, call (908) 688-1224 or (201) 239-2420.

### THE PHILHARMONIANS of FANWOOD

needs technical help for ongoing season. For information, call Bob Peiser at (908) 688-0312.

### GEMINI GROUP

is seeking cameramen and technicians for filming original works for broadcast on local cable stations.

For information, call Scott Coffey at (908) 654-1054 or write to: Gemini Group, 595 Thirity Place, Westfield, 07090.

Thursday — Acoustic Open-Mic Night. Blues guitar singer and vocalist Rhett Tyler opens the show, and then opens the stage to any aspiring player who enters. The show opens at 9:30 p.m.

Wednesday — B.B. of B.B. and the Singers hosts Open Blues Jam with all musicians welcome.

Thursday — Psychedelic Thursdays presents the greatest sounds of classic rock, performed by local bands.

Weekend performances include blues, roots and rock music. An upscale and traditional brunch is presented every Sunday, and Karaoke with Leo Hay and Danson.

Crossroads is located at 78 North Ave., Garwood. For information, call (908) 232-5656.

### PHYL'S PLACE

presents live musical entertainment on weekends. On Saturday from 2-9 p.m., pig roast with entertainment featuring DJ, dancing, table, basketball throw. \$10 in advance, \$15 at the door.

The tavern is located at 638 Elizabeth Ave., Linden. For information, call (908) 925-8990.

Swingfest at Tavern in the Park, Roselle Park will feature Don Brooklyn's band tomorrow at 9 p.m.

Free dance lessons. Vintage guitar vendors. 18 to enter, 21 to drink. Admission is \$10, \$12 for under age 21. The restaurant is located at 147 W. Westfield Ave., Roselle Park. For information, call (908) 241-7400.

### SWINGIN' TERN DANCES

will present the following line-up:

July 4, Sam Rosenberg and Four Points Sw.

July 18, Peter Sid and Redless Abandon.

Dances are held at 666 Memorial Church on Main St. in Chatham, at 7:30 p.m. Admission is \$7 per person. Sneakers only are required. For information, call (973) 598-8286 or (973) 228-9729.

## DANCE

Annual Senior Men's and Women's Public Links Tournament at Oak Ridge Golf Course. Open to men and women ages 50 and over. Entry fee is \$10. Entries close on Aug. 30 at 5 p.m. Tournament begins on Sept. 11.

Tournaments are open to county residents age 16 and older unless otherwise specified, who qualify as amateur golfers and are not members of private clubs. Applications can be obtained and turned in at any of the specified courses.

Ash Brook Golf Course, Raritan Road, Scotch Plains. (908) 756-0414. Gallop Hill Golf Course, Gallop Hill Road, Manwaring. (908) 683-1655.

Oak Ridge Golf Course, Oak Ridge Road, Clark. (732) 374-0139.

Two-Time Reservation Phone Number: 853-0533. Session Chair: CRESCENT GOLF Range offers a driving range, baseball batting and a miniature golf course.

60 tees available. Open year-round. The range is located at 2235 Springfield Ave. in Union. For information, call 683-9767.



'Mark Me For Life,' a photography exhibit by John Wyatt, will be on display at the Donald B. Palmer Museum of the Springfield Public Library through July 1.

### RAHWAY VALLEY JERSEYAIRES

barbershop quartet rehearses in the First Baptist Church Hall, 170 Elm St., Westfield, every Monday evening at 7:30 p.m. Men of all ages are invited to stop by. For information, call (908) 233-7188 or (908) 382-2870.

### SANGRECHOR men's chorus

rehearses Friday evenings at 8:30 p.m. Schwabacher's Sangreband mixed chorus rehearses Thursday evenings at 8:30 p.m. at the Deutscher Club in Clark. New members are welcome. For information, call Manfred Schneider at (908) 382-4900.

### UNION HARMONICA BAND

holds practice sessions at the Senior Citizen Building, Caldwell and Morris avenues, Union, every Friday from 7 to 9:30 p.m.

### WESTFIELD GLEE CLUB

invites male singers to come and sing at rehearsals on Mondays at 8 p.m. at the Presbyterian Church Parish Building Assembly Hall, 140 Mountain Ave., Westfield.

Interested male singers are invited to call Dale Junilla at (908) 232-0676.

### PUB ZONE in Union

features DJ and live bands on weekends.

The tavern is located at 103 North Union Ave. in Union.

### SHOUT!

presents live musical entertainment on weekends.

The tavern is located at 116 Watchung Ave., Roselle. For information, call (908) 769-5500.

## COMEDY

### JOE'S BASEMENT

at Tavern in the Park features popular comedians on Fridays, July 10, Richie Gold, July 24, Dennis Ross.

Admission is \$8 for show only, \$25 dinner package is available. Show begins at 9 p.m. Tavern in the Park is located at 147 West Westfield Ave., Roselle Park. For information, call (908) 241-7400.

### CASUAL TIMES

restaurant features comedians on weekends.

The restaurant is located at 1085 Central Ave., Clark. For information, call (908) 388-6511.

## CONCERTS

### STARLITE CHORALE

will present "Timeless Treasures: Songs We'll Remember Forever" at Osceola Presbyterian Church, 1889 Raritan Road, Clark, today at 8 p.m.

Tickets are \$10 for adults, \$8 for seniors, \$2 for children. Call (732) 855-3454 for information and reservations.

### NJ SYMPHONY ORCHESTRA

will perform Garshwin tunes on Sunday at 6 p.m. at Girardia Farms in Madison.

Picnics allowed at 2 p.m., no pets, no barbecues. Advance tickets are \$6 for adults, \$4 for children under age 12. AT the gate, tickets are \$10 adults, \$4 for children under 12. Rain site is Montrosson High School, 50 Early St., Montrosson. For information, call (973) 377-5622.

### POLKA NIGHT

with Gene Mandelst and the "G" Men will take place on Tuesday at 7:15 p.m. George N. Milkozy Memorial Park in Linden.

Rain site is the John T. Gregorio Center, 330 Helen St., Linden. For information, call (908) 474-8827.

### TOBY JONES

will perform on Tuesday at 8 p.m. at Paper Mill Playhouse.

### THE MIRACLE WOMAN

will be screened on Tuesday at Springfield Library as part of the Frank Capra series.

The library is located at 66 Mountain Ave., Springfield. For information, call (973) 374-4930.

## FILMS

### RIN TIN TIN

will be screened today at 11 a.m. at Union Library.

The library is located at Fiferberg Park, Morris Avenue, Union. For information, call (908) 851-5450.

### THE MIRACLE WOMAN

will be screened on Tuesday at Springfield Library as part of the Frank Capra series.

The library is located at 66 Mountain Ave., Springfield. For information, call (973) 374-4930.

## GARDENING

### REEVES-REED ARBORETUM

in Summit will hold "Fun With Flowers" tomorrow from 3:30 to 4:30 p.m.

For pre-kindergarteners, Fee is \$13 or \$10 for family category members. No fee is charged for accompanying adults. The arboretum is located at 185 Hobart Ave., Summit. For information, call (908) 273-8787.

### REEVES-REED ARBORETUM

in Summit will host a garden photography workshop with noted artist Dwight Hisceno on Tuesday from 9 a.m. to 2 p.m. as part of the contest.

For information on the photography workshop and fees, call Nancy Wright, adult education director, at (908) 273-8787. The Reeves-Red national and state historic site and nature preserve specializing in environmental education, is located at 185 Hobart Ave., near Rt. 94, Summit.

## GOLF

### GOLF TOURNAMENTS

in Union County have announced the following deadline and dates:

Annual Women's Public Links Tournament at Ash Brook Golf Course. Entry fee is \$12. Entries close on Sunday, July 6, 9 p.m. Tournament begins on Aug. 14.

Annual Senior Men's and Women's Public Links Tournament at Oak Ridge Golf Course. Open to men and women ages 50 and over. Entry fee is \$10. Entries close on Aug. 30 at 5 p.m. Tournament begins on Sept. 11.

Tournaments are open to county residents age 16 and older unless otherwise specified, who qualify as amateur golfers and are not members of private clubs. Applications can be obtained and turned in at any of the specified courses.

## RADIO

### NEW JERSEY'S radio program

will present "Sons and Daughters" through Saturday.

For information on stations, call Rutgers Office of Television and Radio at (732) 445-3710.

### WBGZ, Jazz 88.3 FM

programming will present the following shows this week:

Today — "Arboret" a weekly magazine show covering all facets of the arts, will be aired at 6:30 p.m.

Marian McPartland's Piano Jazz, 7 p.m.

Tomorrow — "Portraits in Blue," 7 p.m.

Saturday — "Jazz Classics," 6 a.m.

"Babe Street Concerts," a one-hour magazine show about the Blues, 1 a.m.

"Jazzset With Branford Marsalis," 8 p.m.

Sunday — "Jazz From the Archives," 10 p.m.

Monday — "Billy Taylor's Jazz at the Kennedy Center," 7 p.m.

Tuesday — "Jazz Profiles," 7 p.m.

WOLN, 89.3 FM features Leone and Simon's "Put God in Your Life" every Sunday from 10:30 p.m. to 12:30 a.m.

The soundtrack you hear in your head as you hand the toll collector your last dollar bill and drive tentatively into the lonely tunnel toward the Jersey Turnpike, but the music is playing that crazy FM, TRX, Bob Dixon, WFUM 91.1 FM, weekdays at 11 p.m.

## LECTURES

### TOWN BOOK STORE

in Westfield will feature Elizabeth Cady Bate's, author of "Soul Satisfaction" on Saturday from noon to 2 p.m.

The bookstore is located at 255 E. Broad St., Westfield. For information, call (908) 233-3535.

### WESTFIELD YOGA and Wellness Center

will feature the Jewish mystical tradition of Kabbalah with Rabbi Spivak on Sunday from 2-4 p.m.

The center is located at 102 Elm St. in Westfield. Call the center for details at (908) 232-8956.

## MUSEUMS

### DRAKE HOUSE MUSEUM

will exhibit "Painted a Flag: 1900-1920" through June 30. The museum is open on Sunday from 2-4 p.m.

Admission is \$3. Children are admitted free. The 1746 Drake House chronicles New Jersey history from colonial times through the Civil War and Victorian eras. The house is located at 602 W. Front St., Plainfield. For further details, call (908) 785-5831.

## ON LINE

### A WRINKLE IN TIME

features more than 200 Out-TIME and 360 science photos. Free, daily, digital content, all select on March 20 using the Equinox.

Milburn, NJ is featured as the only panoramic view from New Jersey captured by local photographer David Decker. The photos are available on the Equinox website.

### BATTLE OF BLOOMINGHURST

will be re-created by local photographer David Decker. The photos are available on the Equinox website.

### THE GREAT ESCAPE

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## POOLS

### COUNTY POOLS

are outdoor facilities with handicapped accessible features, and are now open.

John Russell Wheeler Pool is located on Simpson Avenue, Linden, off Route 1 South.

Walter E. Union Memorial Pool in Rahway River Park, off of Valley Road, and Clark and St. Georges avenues in Rahway.

Sessions at the pools vary as to day and times, so the public is urged to contact the pool they wish to attend at the Division of Parks and Recreation for an information sheet. A schedule of swim lessons and classes can also be obtained.

For further information, contact the Union County Division of Parks and Recreation at (908) 527-4900.

## THEATER

### OPEN SPACE THEATRE COMPANY

will present "Cloud 9" through June 28 at Crescent Avenue Presbyterian Church in Plainfield.

Tickets are \$10 for seniors and students. The church is located at 716 Watchung Ave., Plainfield. For information, call (908) 226-0982.

### CYRANO DE BERGERAC

will be performed at New Jersey Shakespeare Festival through July 5.

The festival is located at 96 Madison Ave., Madison, on the campus of Drew University. For information, call (973) 406-5800.

### WILL ROGERS FOLLIES

will be performed through July 28 at Paper Mill Playhouse.

The theater is located on Brookside Drive in Millburn. For information, call (973) 378-4343.

### ELIZABETH HIGH SCHOOL

will be the site of St. Anthony R.C. Church and St. Mary's R.C. Church production of "Jesus and the Amazing Technicolor Dreamcoat," today, tomorrow and Saturday at 8 p.m. and Sunday at 3 p.m.

Tickets are \$8 in advance, \$6 at the door. The high school is located on Pearl Street in Elizabeth. For information, call (908) 351-3300.

## VARIETY

### EVENING AT THE RACES

benefit for Union County College will be held today at 6 p.m. at Meadowlands Race Track, Bay Meadow.

For information, call Ms. Brachner at (973) 795-7046.

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# Real Estate

**Always members of the club**



Michael A. Prisco, broker/owner of Arch Agency Better Homes and Gardens Real Estate in Clark, congratulates his top agents, from left, Joanne Mordas, Michele Savage and Eileen Prisco for their recurring membership in the New Jersey Association of Realtors' Million Dollar Sales Club, this time for 1997. They recently were honored at a banquet for the area's outstanding achievers in the real estate industry. Mike and Eileen Prisco, both brokers, have a combined 45 years of real estate experience. The Sister Team, Mordas and Savage, together have 23 years in the real estate business. Arch Agency, still in its original location at 112 Westfield Ave., Clark, will celebrate its 20-year anniversary next year.

**Weichert Insurance Agency named top branch**

Since 1982, Weichert Insurance Agency and CNA, one of the world's premier insurance organizations, have "worked together to meet and exceed client expectations," said Steve Gordon, senior vice president of Weichert Insurance Agency, and Phil Dumont, senior vice president and branch manager of CNA Commercial Insurance.

"Weichert Insurance Agency has greatly contributed to our success," said Phil Dumont. "In fact, with the help of the agency's profitability, we were recognized in 1997 as our company's Small Commercial Management Branch of the Year."

Dumont continued, "Georgiana Klach, CNA underwriter, and Ginny Guider, Weichert Insurance Agency Commercial Lines marketing manager, have a terrific working relationship that is focused on providing superior service."

"We're very proud of our relationship with CNA," said Steve Gordon. "In 1991, we were honored with the High Performance Agency designation — CNA's designation given to top performers based on growth and profitability — and have exceeded our business goals each year since."

Weichert Insurance Agency is a full-service insurance agency licensed for property and casualty, and life and health in Connecticut, Delaware, New Jersey, New York, Pennsylvania, Virginia, Maryland and Washington, D.C. A member of the Professional Insurance Agents and Independent Insurance Agents associations, Weichert Insurance Agency boasts 65 top-notch sales and customer service representatives.

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**Branco is top producer at Weichert**

Marie Anne Branco, a sales associate with Weichert Realtors' Summit office, has won the office's top producer award for the month of May. It is the most recent office honor for Branco, who qualified for the New Jersey State Million Dollar Club and Weichert's Million Dollar Sales Club in 1997.

A licensed real estate professional for three years, Branco won a Rising Star Award in 1996. She is a member of the North Central Jersey Association of Realtors and its community relations committee.

Branco, a lifelong resident of Springfield, is a graduate of Kean College, where she earned a bachelor's degree in marketing. Before entering real estate sales, she was a store manager for an apparel company in Manhattan.

She may be reached for real estate transactions at Weichert Realtors' Summit office, (908) 277-1200, located at 474 Morris Ave.

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# Real Estate



**Weichert Realtors' Union office raised nearly \$1,500 during a recent telepledge campaign for the American Heart Association.** Community Services Director Nicole Hodge, left, presented Union branch manager Jon Eklund with the plaque awarded to the top fund-raising office in the region. Offices throughout New Jersey participated in the campaign, raising more than \$38,000 for the AHA.

## Weichert in Union raises dollars

Volunteers in the Union office of Weichert Realtors raised nearly \$1,500 for the American Heart Association during a recent telepledge campaign. The Union office was recognized as the top office in the sales region encompassing Morris, Union and Essex counties. It was the second consecutive year that Weichert teamed with AHA to support the ongoing research and public health education efforts in the battle against heart disease and stroke. New Jersey's number one and number three killers. The 1998 campaign raised \$38,197. Weichert's Union office has been serving the community since 1983 and is one of 200 offices in Connecticut, New York, New Jersey, Pennsylvania, Delaware, Maryland, Virginia and Washington, D.C., offering on-site shopping services. Visit Weichert's website on the Internet at <http://www.weichert.com>.

## Total funds raised by Weichert reaches \$38,000 for heart group

Volunteers in Weichert Realtors' sales offices throughout New Jersey raised \$38,197 for the American Heart Association during a recent telepledge campaign, announced James M. Weichert, president. It was the second year that Weichert and the AHA joined forces to raise money for the battle against heart disease and stroke. New Jersey's number one and number three killers. This year, the American Heart Association is celebrating its 50th anniversary and launching a program focusing on women's heart health. Volunteers in Weichert's sales offices throughout New Jersey called past donors to solicit pledges of financial support for ongoing research and public health education efforts. "We cannot thank Weichert Realtors enough for supporting the tele-

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### REAL ESTATE

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PRODUCT	RATE	PTS	APR	PRODUCT	RATE	PTS	APR	PRODUCT	RATE	PTS	APR
Apple National Mortgage	6.62	2.75	1.75	Keybank Financial Svcs.	6.00	3.50	1.75	Keybank Financial Svcs.	6.00	3.50	1.75
30 YR FIXED	7.25	0.00	7.25	30 YR FIXED	7.00	0.00	7.13	APP	7.00	0.00	7.13
1 YEAR ARM	5.88	0.00	5.88	15 YR FIXED	6.75	0.00	6.88	PEE	6.75	0.00	6.88
15 YR ARM	7.00	0.00	7.00	30 YR JUMBO	6.88	0.00	7.00	APP	6.88	0.00	7.00
Aaa First National											
30 YR FIXED	7.13	0.00	7.13	30 YR FIXED	7.00	0.00	7.00	APP	7.00	0.00	7.00
15 YR ARM	7.00	0.00	7.00	15 YR JUMBO	7.25	0.00	7.25	PEE	7.25	0.00	7.25
1 YR ADJ.	5.25	0.00	5.25	15 YR JUMBO	6.63	0.50	6.70	APP	6.63	0.50	6.70
Aaa Federal Savings											
30 YR FIXED	7.38	0.00	7.38	30 YR FIXED	7.00	0.00	7.00	APP	7.00	0.00	7.00
15 YR ARM	7.00	0.00	7.00	15 YR JUMBO	7.25	0.00	7.25	PEE	7.25	0.00	7.25
1 YR ADJ.	5.25	0.00	5.25	15 YR JUMBO	6.63	0.50	6.70	APP	6.63	0.50	6.70
Chance Popular FSB											
30 YR FIXED	7.13	0.00	7.13	National Future Mortgage	6.00	2.75	1.75	INFO-93	6.00	2.75	1.75
15 YR ARM	6.75	0.00	6.75	30 YR FIXED	6.88	0.00	6.88	APP	6.88	0.00	6.88
1 YR ADJ.	6.50	0.00	6.50	15 YR FIXED	5.50	0.00	5.57	PEE	5.50	0.00	5.57
C. Brink's Mortgage Co.											
30 YR FIXED	6.63	3.00	6.67	30 YR FIXED	7.75	1.00	7.75	APP	7.75	1.00	7.75
15 YR ARM	6.00	3.00	6.48	15 YR FIXED	7.00	1.00	7.00	PEE	7.00	1.00	7.00
30 YR JUMBO	6.63	3.00	6.92	1 YR ADJ.	4.75	2.50	6.95	APP	4.75	2.50	6.95
Columbia Savings Bk											
30 YR FIXED	7.25	0.00	7.27	30 YR FIXED	7.25	0.00	7.25	APP	7.25	0.00	7.25
15 YR ARM	6.63	0.00	6.61	15 YR FIXED	7.00	1.00	7.00	PEE	7.00	1.00	7.00
1 YR ADJ.	5.63	0.00	5.68	1 YR ADJ.	5.75	0.00	5.75	APP	5.75	0.00	5.75
Commonwealth Bank											
30 YR FIXED	7.13	0.00	7.13	30 YR FIXED	6.25	0.00	6.59	APP	6.25	0.00	6.59
15 YR ARM	6.75	0.00	6.77	15 YR FIXED	7.00	0.00	7.05	PEE	7.00	0.00	7.05
1 YR ADJ.	5.63	0.00	5.67	30 YR JUMBO	6.00	0.00	7.00	APP	6.00	0.00	7.00
Credit One Mortgage											
30 YR FIXED	7.13	0.00	7.13	30 YR FIXED	6.25	0.00	6.59	APP	6.25	0.00	6.59
15 YR ARM	6.75	0.00	6.77	15 YR FIXED	7.00	0.00	7.05	PEE	7.00	0.00	7.05
1 YR ADJ.	5.63	0.00	5.67	30 YR JUMBO	6.00	0.00	7.00	APP	6.00	0.00	7.00
Crestline Mortgage											
30 YR FIXED	6.75	0.00	6.75	30 YR FIXED	6.25	0.00	6.59	APP	6.25	0.00	6.59
15 YR ARM	6.38	0.00	6.37	15 YR FIXED	6.87	0.00	6.89	PEE	6.87	0.00	6.89
1 YR ADJ.	5.25	0.00	5.25	30 YR JUMBO	6.00	0.00	7.00	APP	6.00	0.00	7.00
First Savings Bank											
30 YR FIXED	6.63	0.00	6.67	30 YR FIXED	7.15	0.00	7.15	APP	7.15	0.00	7.15
15 YR ARM	6.75	0.00	6.75	15 YR FIXED	6.83	0.50	6.71	PEE	6.83	0.50	6.71
1 YR ADJ.	5.50	0.00	5.53	10/2-30 YEAR	6.89	0.00	7.27	APP	6.89	0.00	7.27
First Savings Bank											
30 YR FIXED	6.63	0.00	6.67	30 YR FIXED	7.15	0.00	7.15	APP	7.15	0.00	7.15
15 YR ARM	6.75	0.00	6.75	15 YR FIXED	6.83	0.50	6.71	PEE	6.83	0.50	6.71
1 YR ADJ.	5.50	0.00	5.53	10/2-30 YEAR	6.89	0.00	7.27	APP	6.89	0.00	7.27
HomeTown Mortgage Cn.											
30 YR FIXED	5.50	0.00	5.53	30 YR FIXED	7.13	0.00	7.13	APP	7.13	0.00	7.13
15 YR ARM	6.13	3.00	6.61	15 YR FIXED	7.00	0.00	7.00	PEE	7.00	0.00	7.00
30 YR JUMBO	7.50	1.00	7.50	1 YR ADJ.	6.88	0.00	7.48	APP	6.88	0.00	7.48
Interim Group											
30 YR FIXED	6.63	1.50	7.04	30 YR FIXED	7.25	0.00	7.25	APP	7.25	0.00	7.25
15 YR ARM	6.63	1.40	6.97	15 YR FIXED	7.00	0.00	7.00	PEE	7.00	0.00	7.00
1 YR ADJ.	5.63	1.00	5.92	30 YR JUMBO	6.88	0.00	7.50	APP	6.88	0.00	7.50
Lenders											
30 YR FIXED	6.63	1.50	7.04	30 YR FIXED	7.25	0.00	7.25	APP	7.25	0.00	7.25
15 YR ARM	6.63	1.40	6.97	15 YR FIXED	7.00	0.00	7.00	PEE	7.00	0.00	7.00
1 YR ADJ.	5.63	1.00	5.92	30 YR JUMBO	6.88	0.00	7.50	APP	6.88	0.00	7.50
Rates compiled on June 16, 1998											
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# Automotive

## Cadillac introduces the newly redesigned 1998 Seville

Seville, Cadillac's prestige-luxury sedan, has been completely redesigned for 1998. Building on its strengths of styling, technical innovation and performance, the Seville is a comprehensive vehicle that will lead Cadillac into the global market.

From the beginning of the 1998 Seville program, Cadillac was committed to a car that would meet the needs and wants of customers in more than 40 countries throughout the world. The result is a Seville that is truly standard of the world, offering the performance of a European sport sedan, the comfort and quietness of a Japanese luxury sedan, and a uniquely American sense of style.

To meet the demands of the European and Japanese markets, Seville will be the first volume right-hand-drive Cadillac built since 1941. All Sevilles are assembled at General

Motor's Detroit-Hamtramck Assembly Center and manufactured in full compliance with all applicable legal and market requirements. Approximately 20 percent are destined for sale in markets outside the United States during the Seville's life cycle.

The 1998 Seville features a cleaner, more aerodynamic interpretation of the classic look of the 1992-97 model. The car is recognizably new, yet recognizably a Seville.

After benchmarking prestige-luxury competitors, as well as gaining feedback from customers around the world, designers were convinced that the 1998 Seville should evolve its distinctive styling. This evolutionary approach allowed for many improvements and enhancements while maintaining the Seville's popular and enduring look. Although the Seville's exterior

design is evolutionary, the 1998 model is based upon a completely different architecture. From the beginning, engineers were asked to provide stylists with the most efficient package possible — while expanding interior and cargo room — for a firm, internationally sized vehicle. What they produced was a vehicle shorter in overall length, but with more interior space.

In 1998, Cadillac introduces two exclusive technologies with the Seville that will make driving more enjoyable.

The Bose 4.0 entertainment system, standard in the 1998 Cadillac Seville Touring Sedan and available in the Seville Luxury Sedan, is the fourth generation Bose music system offered in the Seville. With its deep bass extension, lifelike dynamic range and panoramic soundstage, this custom automotive entertainment system

established a new-world reference standard for mobile music.

The Bose 4.0 music system is the result of a "clean sheet" collaborative approach between Bose acousticians and Cadillac engineers. The music system is a technological showcase that evolved from the corporations ongoing leading research into acoustics, psychoacoustics and electronics. One of the key contributors to the system's performance is custom equalization. The result is a truly lifelike, accurate musical sound.

The 1998 STS is the first car in the world to offer adaptive seating, an innovation that eclipses conventional adjustable seats with impressive comfort, especially on long trips, and range of adjustment.

Adaptive seating technology uses a network of 10 air cells, located behind the standard leather upholstery and foam in the seat cushion and

back. Every four minutes, sensors attached to these air cells measure internal pressure — and supply that information to a control module, which compares the measurements to an optimal pressure pattern stored in its memory. If a discrepancy exists, pressure inside the air cells is adjusted.

Seville features a choice of 4.6 liter Northstar V8 powerplants, sophisticated dual-overhead-camshaft aluminum engines that are smooth, powerful and efficient. A 300-horsepower Northstar V8, engineered for ultimate performance, is standard for the STS, while a 275-horsepower version, tuned for enhanced mid-range torque, is standard for the SLS.

Seville's Northstar system also includes a computerized four-speed automatic transmission with gear ratios matched on the torque curves of

each engine, providing quick acceleration and quiet cruising. Standard for the STS is Cadillac's new Performance Algorithm Shifting transmission, which programs the gearbox to perform intuitively like a manual during aggressive driving.

Continuously variable road-sensing suspension, which optimizes ride and handling on all types of roads, is standard on Seville, as is all-speed traction control and anti-lock braking. Also standard on all 1998 Sevilles is StabilityTrac, Cadillac's integrated yaw control system, which can help the driver maintain control in bad weather or during emergency maneuvers.

Positioned as stand-out values when compared to competitive offerings in the prestigious segment, prices start at \$47,495 for the well-equipped SLS and \$46,995 for the STS flagship.

## Special features are standard equipment at Infiniti

The Q45 flagship luxury performance sedan continues Infiniti's renowned tradition of offering customers vehicles that are well appointed, providing nearly all features as standard equipment.

Two models of the luxury sedan are available, the Q45 and a performance-oriented Q45 Touring Model. The Q45 was designed to appeal to the premium luxury buyer, with a refined ride and elegant dish-style alloy wheels. The sportier Q45t is equipped with a sport-tuned suspension, performance-cast aluminum alloy wheels and an attractive rear spoiler designed to add a hint of athleticism to the vehicle's styling.

Both models of Q45 are equipped with a long list of standard equipment and features, surrounding the driver and passengers with comfort, convenience and security.

Leather seating surfaces, available in Beige, Stone Beige and Black, and 10-way power front seats invite driver and passengers alike into Q45's elegant interior. The driver's seat includes a two-seating exit and entry memory system that enables the seat, as well as the power-assist telescopic and height-adjustable steering column, to move to fully "relaxed" positions for eased driver entry and exit when the front door is opened. The seat and steering column return to one of two pre-programmed positions when the driver's door has been closed.

Once seated, occupants will find a custom-designed eight-speaker Bose audio system with AM/FM/cassette/CD player, a two-way power operated sunroof with tilt feature, an Integrated HomeLink Transmitter for remote opening of gates and garage doors, and an automatic climate control system with CFC-free air conditioning system.

Also standard are rear seat heating and air conditioning vents, an innovative three-way opening center console, full complement of analog gauges, and wood-trim accents throughout the interior.

The Q45t Touring Model adds as standard interior equipment two-seating

heated front seats and a sportier steering wheel with ergonomically-designed "grips" for added driver control.

Both Q45 models are powered by a new 4.1-liter DOHC 32-valve V8 engine that produces 266 horsepower at 5,600 rpm and 278 bhp-ft of torque at 4,000 rpm. This technically advanced engine features aluminum-alloy block and heads, molybdenum coated pistons and Nissan's Variable Timing Control System.

Also standard on both models is a 4-wheel independent suspension systems with front MacPherson struts and a rear multi-link design. A 34.0 mm stabilizer bar is used on the front suspension in conjunction with sub-frame mounted coil springs and a rear lower bar. The Q45 uses a 24.2 mm rear stabilizer bar. Q45t is equipped with a larger 19.1 mm stabilizer bar. Vehicle-speed sensitive steering is standard on both models, to provide the driver with more power assistance at lower speeds and more feedback from the road as speed increases.

A standard electronically controlled 4-speed automatic overdrive transmission with DUET-IV shift management produces smooth, controlled shifts that are responsive to driver input via the throttle. Both Q45 models also feature standard traction control system and viscus limited-slip rear differential.

Stopping power for the flagship Q45 models is provided by 4-wheel disc brakes with large ventilated front and rear brake rotors and a standard 3-channel/4 sensor anti-lock braking system.

The elegant styling of Q45 features a strong horizontal character line which runs from the slanted aerodynamic front of the car to the distinctively styled inverse curve of the C-pillar. The Q45t takes the look a step further, adding a unique grill with blacked-out center brightwork at the front and a body-color rear decklid spoiler with integrated center high mounted stop lamp at the rear of the car. Unique "H" badging further distinguishes the sporty Touring Model from its Q45 stablemate.

### USED CAR Sale

1988 CHEVY CAPRICE WAGON \$3995	1987 BUICK 324 ZDR \$4595	1988 OLDSMOBILE CHEIRA WAGON \$4095
1993 GEO STORM ZDR \$3995	1993 OLDS CUTLASS SUPREME SI \$3595	1992 OLDS TORONADO TRUCK ZDR \$2995
1995 CADILLAC SEDAN DeVILLE \$13,595	1995 CADILLAC SEDAN DeVILLE \$14,995	1995 CADILLAC SEDAN DeVILLE \$16,995

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## AAA supports deactivation of air bags

AAA said it supports the decision by the government to allow the installation of switches to temporarily deactivate airbags.

"This ruling enhances the safety of all drivers and their passengers," said Fred Gruel, president and chief executive officer for AAA New Jersey Automobile Club in Florham Park. "The on-off switch preserves the safety value of airbags while offering protection for the few people at risk from airbag deployment."

AAA has launching a campaign to educate its 40 million members and all motorists on the proper use of air-bag switches. Brochures and other educational material are available.

"Airbags save lives when drivers and passengers are properly positioned and restrained," said Gruel. "The overwhelming majority of motorists should never deactivate their airbags."

Before the switches can be installed, motorists must receive an authorization letter from the National Highway Traffic Safety Administration. To get authorization, motorists must send a form to NHTSA stating they meet at least one of four criteria. The criteria are:

- Unable to sit 10 inches from the airbag.
  - At risk from airbags due to a medical condition.
  - Must transport children in a vehicle without a car seat on.
  - Must transport more children than can be accommodated in the rear seat.
- AAA also reminds motorists that the safest place for children to ride is in the back seat, even in vehicles not equipped with airbags.
- "For children, the key to airbag safety is to be properly restrained in the back seat," said Gruel. "For adults, the key is to properly reseat with a safety zone of at least 10 inches between their chest and the airbags."

The AAA New Jersey Automobile Club, through offices in Florham Park, Randolph, Springfield and Verona, provides automotive, travel, insurance, financial, legislative and educational services to the residents of Essex, Morris and Union counties. For more information, call 1-800-AAA-3333 or 908-344-3311.

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<b>BMW</b> 4519	<b>JAGUAR</b> 4899	<b>PONTIAC</b> 4799
<b>BUICK</b> 4529	<b>JEEP</b> 4689	<b>PORSCHE</b> 4809
<b>CADILLAC</b> 4539	<b>KIA</b> 4709	<b>SAAB</b> 4819
<b>CHEVROLET</b> 4549	<b>LANDROVER</b> 4719	<b>SATURN</b> 4829
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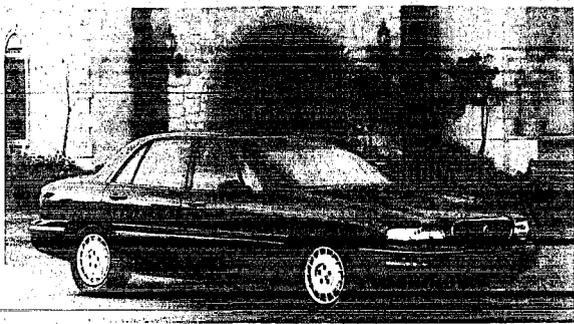
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# Automotive



1998 Buick LeSabre Limited

## LeSabre retains record sales for five consecutive years

LeSabre carries an unsurpassed record of market success into the 1998 model year, as the best-selling full-size sedan in the United States for five straight years.

"The continuing strength of LeSabre is in its hundreds of thousands of owners who are among the most loyal in the country," said Joseph J. Fitzsimmons Jr., LeSabre brand manager.

"LeSabre meets the needs of those customers with its solid reputation for safety, quality and value, and it has won independent awards in those categories to back up that reputation. LeSabre is also noted for its comfort, modest purchase price, excellent fuel economy — 30 miles per gallon on the highway — and virtually no scheduled maintenance, except for oil changes, for up to 100,000 miles."

LeSabre's 3800 Series II V6 engine is now linked to the 4T65E four-speed automatic overdrive transmission, with electronically controlled capacity clutch, which is smoother and more fuel efficient than the previous transmission.

Cruise control, which was previously standard on LeSabre Limited, is now standard on Custom as well. On Limited, a new option is heated outside rearview mirrors, electronically with automatic dimming on the driver's side.

For 1998, LeSabre's Personal Choice features are optional on Custom and standard on Limited. The remote keys entry fob allows each of two drivers, using separate fobs, to activate pre-programmed settings for memory door locks, delayed locking, security feedback with remote locking, and perimeter lighting.

Buick's 1998 Regal LS and the sporty, supercharged

Regal GS achieve new, higher levels of standard equipment in the midsize sedan market. Regal is designed to meet the needs of an active, on-the-go consumer who desires a midsize sedan with exceptional performance, style and family accommodations. Launched as the "Official Car of the Supercharged Family," Regal GS is the most power and standard safety features of any car in its class.

"Regal has a well-deserved reputation for impressive performance," said Roger W. Adams, Regal brand manager. "The 1998 Regal offers solid performance credentials that will continue to appeal to a new breed of buyers."

Even though Regal was introduced as a 1997 I model, a number of refinements and improvements are incorporated in the 1998 model.

The 4T65E four-speed automatic overdrive transmission, with electronically controlled capacity clutch, standard on the Regal GS in '97, will be standard on both Regal GS and LS in 1998. It provides excellent fuel economy, smoother shifts and adapts transmission shift characteristics over the life of the car.

Standard equipment items on Regal include dual ComfortTemp air conditioning and air filtration, traction control, magnetic variable effort power steering, automatic power door locks, PASS-key II theft-deterrent system, cruise control, leather-wrapped steering wheel and shifter, adjustable steering column, two-speed variable delay wipe, power heated folding outside mirrors, power windows and a rear seat pass-through to the trunk.

### AUTOMOTIVE

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**BUICK LESABRE**, 1984, 4 door, vinyl roof. All new, 300-5850 after floor.

**DAEWOO SEDAN DE VILLE**, 1988. Belg. leather interior. New tires, mint condition, loaded. \$4,000. Call 908-851-0307.

**CAMARO**, RS Rally Sport, 1987. 23th Anniversary Edition. White. Loaded. Excellent condition. \$19,900. Call 873-781-4504.

**CHEVELLE MALIBU** white convertible top, 1988. Red with white interior, 4 speed, 32 mpg. dual exhaust. excellent running condition. Call 873-738-8313.

**CHEVROLET G60 Tracker** LSI, 1991, 4 WD Utility. Good condition, silver, automatic, air conditioner, AM/FM cassette. Reliable. Call 873-738-1789.

**CHRYSLER CONCORD**, 1985. 13,000 miles. power seats, windows, steering, air conditioner, aluminum rims, garage kept, factory warranty. Asking \$12,000. 908-899-8778, evening.

**DOODS CORVETTE**, 1948. Restored. Call 908-898-8777, 8am-5pm.

**DOODS NISSAN**, 1997. Highline. Like demo new. Excellent condition. 16,000 miles. Cruise, air, AM/FM cassette, power steering, bumper to bumper warranty. Great buy \$2550 or best offer. 973-525-8525.

**DOODS SHADOW**, 1987. Dark blue, automatic, 87,000 miles, original owner, excellent, air, well maintained. \$4,400. Days 908-548-4100, evenings 928-638-7377.

**DREAM MACHINES** - get a picture of your car! Run it for 4 weeks, only \$40. Call Classified at 800-554-8311 for details.

**FORD AEROSTAR**, 1992. Extended. Edge Rover. Fully loaded, perfect, clean, custom paint. \$5,800 negotiable. Call days, 908-928-1818 or evenings, 908-832-0984.

**FORD PROBE GT**, 1994. White. 5-speed, air power, air conditioner, alarm, 20000, negotiable. 72,000 miles. Mint. \$9,000. negotiable. 908-268-4020.

**GEN STORM GS**, 1991. Black, grey interior, 5 speed, air-conditioner, stereo cassette, 115,000 miles. Rural, looks excellent. \$1700. negotiable. 908-268-4020.

**GEN SOYOMA Pickup**, 1991, grey, 6 speed, manual steering, alarm, tool box, low miles, 41,000 miles. \$5,800. best offer. 908-548-4100.

**GEN SUBURBAN Truck**, 1989. Good tires, full aluminum body, 9 door, 8550 or best offer. 873-751-4141 after 5pm.

**ISUZU TROOPER**, 1996. 4 door, 5 speed, 4 wheel drive. Asking \$2500, willing to negotiate. Call 908-685-7202, please leave message.

**JAGUAR XJS**, 1988. Mint condition. 78,000 miles. \$9500. Call 908-733-8444.

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**JEEP**, 1988. Excellent running condition. New. Floor, power, many new parts. Have records. 973-738-5513.

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**LINCOLN TOWN Car**, 1985. All power, forest green with silver leather interior, getcure wheel covers. Reduceto \$17,500. 973-871-1524 after 5pm.

**MARZDA**, 1993. Silver. Maroon. 33,000 miles. V-6. Leather interior, moon roof, phone, many extras. Garage. Mint condition. Asking \$12,250. 908-156-1897.

**MERCEDES BENZ**, C230, 1996. Silver/grey glass sun roof, climate control, remote locking. 27,000 miles. \$24,000. Days: 201-973-2644. Eves: 973-782-5524.

**MERCURY COUGAR**, XRT, 1994. Automatic. air conditioner, AM/FM cassette, power locks, power windows, alloy, 01 cruise. 53,000 miles. \$9,900. 908-899-8778.

**MERCURY-CAPRI**, XR2 Convertible, 1991. Red, 100k, standard shift. Excellent looking brakes. Very well tuned up. \$2200 or best offer. 973-533-8121.

**MGB**, 1977. Red convertible, good condition. \$3500. Call 973-427-0047.

**OLDSMOBILE SILHOUETTE** GLS 4door, 22,000 miles, garaged, fully loaded, cashless, chairs, power doors, CD stereo. \$27,000 new, now \$21,000. 973-782-5525.

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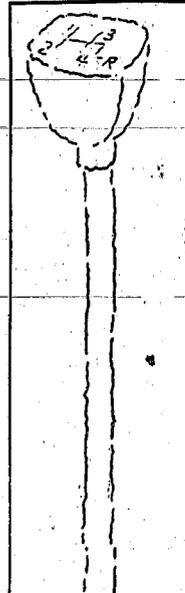
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