

# Echo LEADER

Serving Springfield, Mountainside and Summit

SPRINGFIELD, N.J., VOL. 69 NO. 46

THURSDAY, JULY 16, 1998

TWO SECT

## THIS WEEK

### NEWS

#### Facing absorption

The Board of Chosen Freeholders is considering an ordinance that would dissolve the Union County Regional Environmental Health Commission. Its powers, duties and even employees will be passed along to the Office of Environmental Health in the county Bureau of Environmental Affairs. Some officials are not too happy about it. See Page B1.

#### Farmers' markets

Summer is the time when New Jersey residents can truly enjoy their good fortune of living in the Garden State. Several towns in Union County have farmers' markets available for residents. See Page B1.

#### THE ARTS

##### Traveling time

Look for something completely different in the Shakespeare Festival's Travels with My Aunt. See Page B3.



#### Cooperative effort

Richard McNamara of Springfield is Bill Bigelow and Melissa Miller as Julie Jordan star in Rodgers and Hammerstein's *Cabaret*. See Page B1.

#### NEW MEDIA

##### News updates

Get local updates throughout the week. Call our information hot line at 908-686-9898. Selection 5210.

##### Web site

Visit our site on the World Wide Web, which can be accessed at <http://www.localsource.com>.

#### WEATHER

Friday: Partly expected 84°.



Saturday: Partly sunny and warm 86°.



Sunday: Partly cloudy 84°.



**For the meet-up to date reports, call (908) 686-9898, Ext. 1700.**

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## Saks Fifth Avenue to give way to Edwards

By Walter Elliott

Staff Writer

The long awaited Royal Ahold supermarket chain's plan to build a new Saks Fifth Avenue store on Millburn Avenue in Springfield would be set to begin in August.

This meeting has been in the making since Stop & Shop Supermarkets bought the property in 1994. Royal Ahold bought the Stop & Shop chain last year. Interpretations over previous site plan variances, neighborhood

concerns over traffic volume and a continuing lawsuit with Millburn, however, have prolonged the matter.

The applicant has shown infinite patience in proceeding with this matter, said attorney James V. Segreto. We have infinite resources to see the application through. We are exercising due diligence and a supermarket can't be located in an unpopulated area, he argued.

Opponents from local residents have been critical of Springfield's zoning board, reasoning that the variance Saks received in 1998 cannot be passed on to new landlords. The variance allotted parking space and a building addition across into Springfield's residential zone.

Segreto, by questioning design

changes Carlo Hudson, showed that a new building and fewer parking spaces will be in the residential zone.

The proposed 14 drawings involve designs for a two-story and three-story building, including traffic standards, site plan and landscape plan.

Segreto and Thompson vehemently rejected the original plan and drawings, however, made from township Planning and Engineering requests. Some, like combining two enclosed loading docks for a 25-year fixed drainage pattern, are being drawn up.

James Della and Eric Wasser, attorneys for Millburn and the Colonial

Associates objected to the construction, which would glorify Stewart Apartment buildings.

Royal Ahold is nevertheless proceeding with some construction on the property. They will shortly demolish a concrete canopy to the back entrance, cover all glass windows and doors with security shudders, and install and weld/gun all metal doors.

Ahold Real Estate Director

Lester Garry Stevens and the warden are going to prevent further site variations. Stevens, in a press release from the Echo Leader Monday, said three Millburn teenagers were found inside the building July 7.

In the release, Stevens said there was evidence of fire and interior property damage and empty liquor

bottles. Stevens said police believe the intruders climbed into the canopy to the roof, broke a hatch door and entered the building with a tool.

"This is the type of crime that stalks teenagers," said Garry Stevens. "Because of the many details that have been finalized in the approval process, we've been denied the protective perimeter use of our own property. This has resulted in our property becoming targeted for vandals."

All parties agreed to continue the hearing at the high school on Aug. 1 at 8 p.m. The zoning board of adjustment next regular order of business is a general overlay, set to be heard at the Springfield Municipal Building Tuesday at 8 p.m.

## Administrator takes unexpected retirement

By Walter Elliott

Staff Writer

There are rare Springfield Township committee meetings like the one Tuesday night, where the unexpected took center stage.

It comes at the end of the meeting in the Municipal Building Committee Chamber, expecting word from Township Police Captain Vernon Petersen that person would be disappointed.

The retirement of Township Administrator Clerk Helen Keyworth, however, came as a surprise.

Deputy Mayor Greg Clarke announced Keyworth's retirement without fanfare. He, Mayor Sy Maysky and Commissioner Roy Hirschfeld voted to accept the resignation and to advertise a nameship announcement.

Keyworth, 57, will be leaving on Aug. 15.

She has been in the position since 1985, marking 12 years in the township. She is leaving to work in the background work at her home.

The community, however, is still learning details of the search.

Commissioner Sam Majewski attended a township transformation workshop held by NJ Transit for attendees in the Municipal Building July 8. That's part of his administration's plan to seek out and apply for state grants.

Keyworth's departure is a loss.

She is leaving to work in the background work at her home.

During a telephone conversation Aug. 15, Shari Wasser, a resident of Larkland, asked if Keyworth had been replaced by a new administrator.

Wasser, 45, was possible impressed by Keyworth's leadership, especially how smoothly she'd handled the transition.

Keyworth's replacement is unknown.

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Other action taken included the

changed orders for the Clubhouse Commissions' Recreation Center.

William Holland, Thomas Fanning and Brian Chen were approved to form the Springfield Clubhouse Fine Company.

The club will be open to the public.

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## RELIGION

## Temple sponsors trip

An all-inclusive trip to celebrate Israel's 50th anniversary will be sponsored by the Renaissance Temple Shavayt Shalom, Springfield, Nov. 2 to 15, 1998. The 14-day fully escorted deluxe tour of Israel will leave from Newark Airport on El Al Airlines. The round-trip double occupancy cost is \$8,795 per person. Single and triple occupancy rates are also available. All are invited to join the group. There will be no additional charge for non-Temple members.

The tour will begin in Jerusalem with a circumnavigation of the new Zion Pearl Hotel for four nights including extensive sightseeing and celebrating the Sabbath. After a dining and service breakfast the day, the group will leave for Masada and an overnight stay at the Hyatt Siwa at Dead Sea North continuing south with a visit to the Monastery of St. Simeon. After a visit to the Monastery of St. Simeon, Mar Elias Grotto and a stop at a working Kubayat for lunch, the overnight stay will be at the Moriah Hotel in Ein Karem followed by a tour of the underground

Judaean Bird sanctuary and Biblical

Next, on the Jordan through the Arava Valley, arriving at the city of Petra where the night will be spent. The following day there will be a tour of the ancient buildings of red sandstone, traveling north over the Jordan, across mountains, visiting Mount Nebo where Moses first viewed the Promised Land, and stopping at Amman and Jerash. Toward evening the group will cross back into Israel over the Husesse Bridge and on Wednesday stay at the Moriah Hotel in Tiberias. There will be an early morning visit to Sataf followed by the Galilee Heights, Megiddo, Tantur and Capernaum. The final destination will be Tel Aviv to view such attractions as the Haifa Marina and Jaffa and a farewell Middle Eastern dinner at the hotel.

Space for the Shabbat Sabbath Renaissance Group Tour of Israel is limited. For more information or to make reservations, contact Marcy Grossbart or Arlene Newman through the Temple office at 973-575-5333.

## Choir to perform

On Aug. 2 at 7:30 p.m., the Everbest Youth Choir, a 55-member senior high school choir from Cambridge Lutheran Church in Cambridge, Minn., will perform at Faith Lutheran Church in New Providence.

Everbest will present an inspiring selection of songs and drama appropriate for all ages, with the theme "In His Presence." The performance will be approximately one-and-a-half hours in length. This performance of the Everbest Youth Choir is one of 11 taking place during the 16-weeks of Everbest's 30th Annual Summer Tour.

Luthierian invites the public to this free performance of the Everbest Youth Choir. Admission is \$5. It is taken to assist the choir with their travel expenses. Cambridge Lutheran Church is located at 224 Summit St. in New Providence. For more information, call the church at 973-575-5177.



The Everbest Youth Choir of Cambridge, Minn., prepares for its Aug. 2 performance at Faith Lutheran Church in New Providence, part of a tour which will take them to 10 states and into Canada.

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## NEWS CLIPS

### Host families sought

ASSE International Students Exchange Program is seeking host families for boys and girls between the ages of 15 and 19 from overseas who are coming to this area for the upcoming high school year.

These personable and academic all-spirited exchange students spend 12 months here, bringing with them a desire to learn about this country through living as part of a family attending high school and sharing their own culture and languages as they're now adopted into ours.

The students are sponsored by ASSE, an organization founded by a Swedish Ministry, and is affiliated with the Canadian Provincial Ministries of Education and is supported by the American and New Zealand Departments of Education.

The Exchange Students arrive after their home country starts before school begins and return at the end of the school year. Each ASSE Student will bring \$1,000 to spend money and expects to spend half in his share of the household.

### Friends want magazines

The Friends of the Springfield Free Public Library would like donations of magazines within a year's date of issue. For more information, call 497-1750.

### Youth aid the deaf



The Rev. Walter Lichtenberger, Greg Buttitta, Eric Lange, Kari Oman, Erin Lewis, Christi Cook, and Allison Walwyn from Faith Youth Making a Difference, the senior high school youth group at Faith Lutheran Church in Newark, prepare to deliver a television set to the Bruce Street School for the Deaf in Newark on June 17. The television was among hundreds of donated items the youth group delivered to the Bruce Street School. The items were collected in an outreach program selected and administered by the high school youth. They ranged from toys to bulk school supplies to a television and VCR, which were purchased by the youths themselves from their own operating budget. Other donations were given by members of Faith Lutheran Church. For more information on youth activities at Faith Lutheran Church, call the church office at (908) 464-5177.

## OBITUARIES

### Nancy Meyer

Nancy Meyer, 83, of Springfield died July 7 at home. Born in St. Louis, Mo., she lived in Springfield for several years. Mrs. Meyer was an elder at the First Reformed Church in Springfield and a past president of its Ladies Benevolent Society. She was also a member of the Springfield Senior Citizens Club.

Surviving are two daughters, Nancy A. Feltz and Sally A. Meyer; son, William E.; three grandchildren; and five great-grandchildren.

### Sidney Kanengiser

Sidney Kanengiser, 85, of Springfield died at home.

Born in Newark, he lived in Head before moving to Springfield 10 years ago. Mr. Kanengiser was a captain of the local Memorial Park Team. However, for 35 years before he joined this year, he also served on the board of directors of America on Wheels, Elizabeth, for 35 years.

Surviving are four children, three of 21 years; two daughters, Deborah Asken and Peggy Kahn; a son, Paul; and four grandchildren.

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Charter Membership: Join before October 1, 1998 and we'll waive the initiation fee. The first 10 members to receive a YMCA membership for \$100.00 each, single & spouses are not subject to initiation fees.

Springfield YMCA South Springfield and  
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Call 497-2222 or 497-2223

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## Township given new fire-pump

Glenmoor Inc., a single-unit manufacturer of safety equipment, recently donated one of its newest products, the Ves-Tank portable fire pump, to the Mountainside Volunteer Fire Department. The Ves-Tank portable fire pump is compact, durable and designed to easily distributed and weight to provide firefighters with reduced physical strain and protect water supply. A portable system can be necessary to fight fires that are hard to reach with a large truck and hose assembly.

The Borough of Mountainside has selected to receive additional equipment because of the unique geographic makeup. With areas of park preserves, hills and wooded areas, as well as two major highways, the Mountainside Fire Department receives more calls per year than average. For more than 50 years, the department has relied entirely on volunteer efforts and charitable contributions.

Mountainside Fire Chief, Mark Francisco expressed gratitude as he received the Ves-Tank pump. He commented, "Because of the poor reviews of the town's wooden water tower for brush fires, especially in the summer, we've tried to set aside money in these areas where we can buy more efficient apparatus and hose."



Craig Nease, owner of Glenmoor Inc. (left) presents the Ves-Tank, a portable fire pump to Mountainside Fire Chief, Mark Francisco (right). The Ves-Tank is a portable fire pump designed to easily distributed and weight to provide firefighters with reduced physical strain and protect water supply.

## Making a splash at bingo



Anmarie Correia, 21, of Union, plays bingo at the Spring Valley Senior Center.

## Area dentist elected treasurer

Dr. Christine Feinberg, a Mountainside resident with a private practice of Cranford, has been elected treasurer of the New Jersey Dental Association. She is a past president of the Union County Dental Society and served the State Association as an alternate trustee for four years and as a trustee for three years.

Dr. Feinberg earned her bachelor's degree from New York University and her D.D.S. from Washington Square University College in 1972, and her D.M.D. from the NYU College of Dentistry in 1980. After completing her year as a

dental resident in anesthesiology at New York's Mount Sinai Medical Center, she returned to NYU to complete her post-graduate training in periodontics. Dr. Feinberg was an assistant clinical professor of periodontics at NYU from 1987 to 1994 and is currently on the staff of Elizabeth General Medical Center.

Along with her involvement in NJDA, she is affiliated with the American Academy of Periodontology, the New Jersey Society of Periodontics, the Northeastern Society of Peri-

odontics and the Pierre Fauchard Academy.

Dr. Feinberg resides in Mountainside with her husband, John Wynne, and their daughters, Haley and Rebecca.

### Editorial deadlines

Balloting are deadlines for news, Church, club and social - Thursday noon.

Entertainment - Friday noon.

Sports - Monday noon.

Letters to the Editor - Monday 9 a.m.

General - Monday 5 p.m.

### ADVERTISEMENT

## FOOTBALL FANS - A LETTER FROM JOE MORRIS

Suppose you had the right to determine how much money you could afford to pay for a house, a car or maybe a sports event. The New Jersey Red Dogs are the first to offer this opportunity!

My name is Joe Morris, ex-Giant running back and I am the President of the New Jersey Red Dogs Arena Football franchise. My team plays professional indoor football on a 50 year old field most of the players go both ways it's a 5-a-side American football that exists today only in our league. Our players are great athletes who come from some big-time college football programs and showcase their talents in what we refer to as the "50 Yard Indoor War". Our season starts from June through August and the Red Dogs are competing their second season playing in the Continental Airlines



Many fans have told me how much fun they have coming to our games. They love how close they sit to all the action and how responsive our players are to signing autographs as well as the great promotions at all our games. They love one of most popular players #8 - Alvin Ashley - jumping into the stands high-fiving fans after scoring a touchdown as well as our annual gates in parking lot on gorgeous summer evenings. They just love the whole Red Dogs experience.

We have begun to plan for next season and I've come up with an innovative ticket program that I believe is the most fan friendly program ever used by a professional sports franchise. Our program will allow you to buy season tickets for next season at a discounted price.

In most cases, the best deal is the house discount for the people who can afford to pay top dollar. It's great if you can afford to pay the price but what happens to the people who can't? I want everyone to view a Red Dogs game from a different vantage point. Here's how the ticket plan is going to work:

"Next season we will play 8 home games at the Continental Airlines Arena. To get the best seats in the house for all 8 home games, a season package will cost \$199. That's about \$25 a game. But if you'd like me to do things as a family and are working on a tight entertainment budget, you need a break. My partner Harry Carson (another ex-Giant) is setting up a seasonal assistance fund to sell that same season ticket for \$119. That's about \$15 a game. Same pest seat but at a more affordable price. Our other partner Bruce Harper (ex-EEL) who has been rated from the NFL a lot longer than most of us here, is giving away our season tickets at \$59 which is about \$8 per game. Again, the same best seat but at a price that is definitely affordable for most people."

So based on what you can afford to pay, you choose from one of three options:

- 1. Red Dogs season tickets for \$199 per season
- 2. Red Dogs season tickets for \$119 per season through Harry Carson assistance program
- 3. Red Dogs season tickets for \$59 per season through Bruce Harper assistance program

If you have determined what's best for you, there is what you need to do to lock up your maximum seat now! Purchase your season tickets at the Continental Airlines Arena on Sunday, July 26 at 3:00 PM to see the Red Dogs take on the Arena Football - Bay Area's reigning champs, the Arizona Rattlers who are coached by former Dallas Cowboy great Danny White. The game will be televised nationally on ESPN. For just \$10 a ticket you can see this great game and also get a free Whopper or Kids Value Meal from Burger King. If you need to do is come to the game with this letter. After you purchase your Burger King meal, bring it to the Season Ticket booth on the concourse between Gates 1 and 2 and show the ticket stub to the ticket taker.

2. On call our office at 1-888-RED-DOGS and sign up over the phone. Please note that because seat locations are going to be first come first serve. This offer expires August 31, 1998.

3. Log onto our website at [www.red-dogs.com](http://www.red-dogs.com) and register for our computerized ticketing program. This commitment that our Red Dogs organization is making to fulfill our promise to provide our fans and potential fans the most affordable and exciting brand of sports entertainment to

our local state.

Joe Morris, President, New Jersey Red Dogs

## BUSINESS & SERVICE DIRECTORY

### ADDITIONS

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## Storms may pose threats

New Jersey has seen the most intense El Nino of record. The result of this phenomenon is continuing warm temperatures, humidity, and, of course, thunderstorms. As the summer temperatures increase, so does the probability of severe storms which pose a threat to property and the safety of those gather outdoors.

A severe storm is characterized by half-inch in diameter and winds of 55 mph or greater. Severe thunderstorms produce lightning, dangerous winds, flash floods, and even tornados. On average lightning kills 75 people each year, and is responsible for fires and electrical surges. Tornados have violent winds that can reach speeds of up to 250 mph and can cause millions of dollars of damage to homes and property.

Robert Linnert of the Independent Agents of Essex County warns that everyone should review their insurance policies with their independent

agent to ensure their property is protected. In addition, severe storm approaches follow these guidelines:

- Keep shelter — stay away from open fields, wire fences, telephone poles, tall isolated trees, open water, bicycles, motorcycles, lawn mowers, and open containers.

- Do not talk on the telephone — it might interfere with open lines, such as cell phones, seek low areas like ravines, and off-metal roofs, do not carry golf clubs, if caught, spread out.

- Remember that lightning can strike miles away from its source. As a result, people often struck right before and after a storm when the storm is not directly overhead.

- If you feel your car is stuck on end, drop to your knees and lie flat toward the front. Do not lie flat, as lightning may be about to strike.

- Computer values are always moved in surge protectors.

## El Nino affects weather

Now is the time to get ready for severe weather hits. Something like the summer the most intense El Nino is not far off. But, some meteorologists warn that El Nino's will be replaced by its' sibling opposite, La Niña, in July. La Niña tends to be less intense than usual. The phenomenon may play a role in this year's hurricane season, which began June 1.

A hurricane is an intense tropical weather pattern consisting of a large, low-pressure system with winds of 40 mph or greater. The Atlantic hurricane season runs from June 1 through November. An average of ten tropical storms, six of which become hurricanes, develop in the Atlantic each year. Typically only five strike the U.S. coast every three years, and since 1950, this is usually considered a greater storm in La Niña, the probability of an Atlantic hurricane hitting land increases.

As hurricanes move ashore they keep the ocean in mind, producing

large and intense waves along the coast of the independent Agents of Union County's "Waves." Along the coast the increased tides are the greatest threat to property, while inland flooding is limited to drainage flooding. There are ways to protect property and oneself. Stanford suggests the following guidelines during a hurricane watch:

- Stay informed of the risk in your area by monitoring radio and TV broadcasts.

- Plan for evacuating high-rise buildings and roadside areas.

- Remove items on your property which could become flying debris and strike objects.

- Board up windows or use storm shutters.

- Finally, add Stanford's plan ahead, be prepared and review your insurance policy.

## Seniors targeted for fraud

Each year focus telemarketers fall people over 60 million dollars. Individuals 60 and over are the primary targets of telephone fraud. Saint Barnabas Senior Health program is offering a unique series of self protection beginning with "Identifying Fraud."

The program will be held on July 21 at 10:30 a.m. in Union Hospital's Community Resource Center, 975 Newark Street, in Union. FBI special agent Thomas Markakis will

provide information on how to report suspected fraud and tips to avoid becoming a target. He will also play examples of typical phone calls of actual telemarketing scams. For more information call to reserve a seat at 973-764-3442.

Senior Health, a free membership organization for people ages 50 and older, is an affiliate of the Saint Barnabas Health Care System. The program currently has over 30,000 members who enjoy a variety of programs,

## Program openings available at Kent Place Girl's Institute

The Kent Place Girls' Leadership Institute, a summer program for middle school girls, has openings for its Aug. 37 session.

Established in 1996, the Kent Place Girls' Leadership Institute provides an opportunity for girls ages 12-14 entering 7th and 8th grades to explore their leadership potential.

Girls at this age are particularly vulnerable to a decline in self-esteem, comments Institute Director Christine Clements. Each girl who attends the institute will discover and develop her own unique leadership style through a broad range of hands-on activities," she adds.

Participants will enjoy the challenges of a ropes course and will meet women role models who, as guest speakers, share their personal and professional histories. Kent

Place Upper School students serve as interns and provide close monitoring relationships with the girls.

The institute, a full-day, overnight program including an overnight, is held on the beautiful 28-acre campus of Kent Place School in Summit. Under the direction of Clements, a Kent Place Middle School teacher, the institute is designed to teach leadership skills that strengthen girls' confidence and self-esteem. The program inspires each participant to cover her own voice and develop her own personal leadership goals.

The Kent Place Girls' Institute is part of the school's ongoing commitment to being a community resource on women's issues and education. The tuition for the institute is \$350. Scholarships are available. For more information and an application form, contact Amy Zurhaar at (908) 273-0000, ext. 266.

## Dinner meetings announced

"I am excited about all our plans for next year," said 1998-1999 Program Chair Rhonda Flure. "The energy at our meetings continues to grow stronger. For me, the most important aspect of our meetings is the networking with other business owners. Making strong professional and personal friendships is so valuable. Having great programs at our meetings is the icing on the cake."

On the next scheduled meeting of the Union County Chapter will take place on Sept. 10 at 6 p.m. at L'Affaire in Mountainside. Anyone interested in attending should call the Union County NJAWBO Hotline at (908) 658-0707.

Founded in 1978, NJAWBO is the largest of 50 chapters within the National Association of Women Business Owners and has 15 chapters within the state. NJAWBO represents more than 7.7 million women business owners within the U.S. Further information can be found at the Union County NJAWBO website, <http://www.idealgraphics.com/njawbo.htm>, or by calling the Union County chapter hotline at (908) 658-0707.

Immediately before dinner there will be a five- to seven-minute presentation given by a member who has been invited to speak about her business. Dinner will be served after the dinner presentation, followed by the evening's featured speaker.

A lending library will be established, and members are asked to donate the use of books, video and audio tapes on the topics of marketing, sales, motivation, organization, etc., which they believe would benefit other members.

## Overlook Hospital Ranked Best in Nation for Quick Treatment of Heart Attack Patients

Overlook Hospital in Summit, where cardiac specialists in the Chest Pain Center at the hospital's Emergency Department have reduced the median time to treatment for heart attack patients to 10 minutes, which is the best in the nation, represents the average number of minutes elapsed between a patient's arrival to the Emergency Department and the administration of clot-busting drugs called thrombolytic agents.

### Receives "Best Practice" designation.

The Federal Health Care Performance Measurement Institute designated the Overlook Chest Pain Center as Best Practice in the country for its adherence to established protocols that rapidly treat heart attack patients and ultimately save lives.

Federal health officials recognized that heart attack patients receive thrombolytic agents within 90 minutes of arrival at an emergency room to reduce the likelihood of death or disability.

### Fast treatment is key to success.

The national average for median time to treatment is 20 minutes.

Thrombolytic agents work to dissolve clots in the coronary arteries that are causing the heart attack. This allows the blood supply to resume flowing to the affected areas, preventing permanent damage to the heart muscle.

The treatment works best given within the first hour after the onset of heart attack symptoms.

More than half of all deaths from heart attacks occur within an hour of the onset of symptoms, usually while people delay seeking emergency care," noted William A. Tarsner, M.D., an Overlook cardiologist who was instrumental in the creation of the hospital's Chest Pain Center.

"We urge anyone experiencing heart attack symptoms to seek the side of caution and seek immediate help, preferably by dialing 9-1-1."

**Mobile units provide pre-hospital ECG.**

Overlook mobile intensive care paramedic units are among a select few in the state equipped to transmit an electrocardiogram (ECG) to the Emergency

Department prior to a patient's arrival. The data helps the Emergency Department physician, along with the cardiologist on-call, to quickly determine whether a patient with chest pain is experiencing a heart attack.

"The pre-hospital ECG is a critical factor in our ability to deliver thrombolytic treatment in the most expeditious manner possible," observed Diane A. Espinoza, R.N., Director of Overlook's Emergency Department, and co-chair, with Andrew D. Beemer, M.D., Lip attending, of the hospital's Chest Pain Performance Improvement Team.

Patients undergoing thrombolytic treatment for a proven heart attack are generally monitored by the Emergency Department staff and admitted to the Coronary Care Unit. These patients with chest pain that is deemed to be coronary related, are monitored for several hours in the Chest Pain Center's Observation Unit.

There, in the comfort of a private room, patients with laptops computers and portable fax machines can even resume work activities.

In the past, these same patients would have been admitted to the hospital for several days of evaluation. Today, they are rapidly evaluated and released home with expert assurance that their symptoms are non-cardiac without missing a beat in their daily routine.

### Indigestion or a heart attack?

Many people have a heart attack and either don't recognize or shrug it off as indigestion," commented Dr. Larson. "Recognizing and responding to the symptoms of a heart attack early on can help prevent damage to the heart muscle and reduce the likelihood for long-term hospitalization, disability or even death."

According to the American Heart Association (AHA), the symptoms of a heart attack vary but usually include:

- Uncontrollable pressure, fullness or squeezing pain in the center of your chest lasting two minutes or more;

- Chest pain that spreads to your shoulder, neck, jaw, teeth, arms or back;

- Lightheadedness, dizziness, fainting, sweating, nausea or shortness of breath.

These symptoms are warning signs that the heart is starved for oxygen, and the AHA recommends that those who experience chest pain lasting two minutes or more get to the nearest hospital emergency room immediately.

If you or someone you know is experiencing heart attack symptoms, call 9-1-1. For a referral to an Overlook Hospital cardiologist, please call 1-800-AHS-9580 (1-800-247-9580).

Or visit us at [www.AtlanticHealth.org](http://www.AtlanticHealth.org) to take a heart health risk assessment and learn more about what you can do to reduce your chances of developing heart disease.

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**Sports Editor J.R. Parachini**  
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**Maplewood (Tuesdays):** 973-762-0303  
**Fax:** 908-686-4169

## LOCAL SPORTS HIGHLIGHTS

By Andrew McGann

Assistant Sports Editor

Generally in sporting events that pit teams of similar talent against another, the home team will prevail largely because of the advantage of playing in familiar surroundings and in front of the hometown fans.

Such logic holds true most of the time, but this has not been the case when it comes to the Snapple Bowl, the annual high school football All-Star game that pits representatives from Union County against their counterparts from Middlesex County.

The road team has won every Snapple Bowl since the inaugural game in 1994, which also means that no team has yet to win consecutive games.

The series is tied at 2-2, with Middlesex winning twice at Union High and Union winning once each at Sayville and East Brunswick.

Union, which posted a 28-7 victory over Middlesex last year at East Brunswick, behind the MVP efforts of former Raritan High School quarterback Louis Cannavale, now playing basketball at the University of Buffalo, appears poised to become the first squad to win back-to-back games after fielding one of its best teams yet.

A three-rusher to walk-away with MVP honors for this season's Snapple Bowl 5 contest, which will be contested tonight at Union High School at 7 p.m., is to be Eric Gernert, the record-setting fullback of Johnson High School on Clark.

The 6'2", 220-pound Gernert, who will continue his career at Princeton University in the fall, has school records that span seven seasons for 1,381 yards and 29 touchdowns in helping the Crusaders to a 2-2 record and a fourth consecutive trip to state playoffs.

Gernert should have no problems with the exchange from quarterback to former Johnson teammate Dennis Hall, who has also been selected to play.

As the saying goes, "good things come in small packages," and mostly exemplifies that phrase neither is the 5'3", 165-pound Brandon Bowen, who ran for 51 yards and two touchdowns and also passed for five scores and 22 yards during the 1997 campaign.

Other area players invited to the Union County roster include Hillsdale quarterback Greg Stefanis, Roselle running back Jason Drake, Raritan offensive lineman Jake Swizer, Raritan split end Jason Cifredelli, Union offensive linemen Ed Izbicki, Linden offensive linemen Dean Deegan, Brown, Union offensive linemen Dan Scheuerlein, Summit defensive tackle Israel Janney, and Elizabeth offensive linemen Kyle Holmes.

Area players on defense include Roselle outside linebacker Kirk Hopson, Elizabeth defensive back Travis Mack, Union defensive back Damien Lowe, Breckinridge defensive back Mark Armento, Linden inside linebacker Pat Zagalakis, Dayton outside linebacker Jeff Vogt, Linden defensive linemen Charles Leverette, Union defensive back Brian Yawinski, Linden outside linebacker Randy Grinde, Roselle defensive linemen Marcus Williams, Governor Livingston defensive end Eric King, Hillsdale defensive linemen Lamar Williams, and Elizabeth defensive linemen Craig Spiker.

In total, Union boasts six representatives from the teams that participated in the playoffs this season. Aside from Johnson, Elizabeth (10-1), Union (7-3), Breckinridge (7-3), Scotch Plains (6-4) and Plainfield (8-3) all made post-season appearances, with Elizabeth capturing the North Jersey, Section 2, Group 4 title for the first time since 1989.

Proceeds from the event benefit the Lakewood School for the Cerebral Palsy, Specialized Children's Hospital and the Children's Specialized Hospital in Mountainside.

Here's a look at the scores and MVPs of the first four Snapple Bowls:

1994: Middlesex 35, Union 14  
**MVP:** Kiamani Jackson, Monroe-RB

1995: Union 17, Middlesex 15  
**MVP:** Brian Allen, Somers, WR

1996: Middlesex 21, Union 6  
**MVP:** Kenny Rogers, South Brunswick RB

1997: Union 28, Middlesex 7  
**MVP:** Louis Campbell, Raritan QB

# SPORTS

## All-Star baseball players excel

### Springfield Tourney fields many teams

The second annual Springfield Baseball Tournament, organized by Scott Steiman and Fred Silverman, commenced last weekend.

Springfield's age 9-10 team won both of its games while the 11-12 squad dropped both of its contests.

The 9-10 tournament consisted of Springfield, South Orange, Westfield, Maplewood, New Providence and Kentonville.

The 11-12 tournament consisted of Springfield, Westfield, South Orange and Maplewood.

Here's a look at the results:

AGE: 9-10

Springfield 11, South Orange 7: David Steiman drove in singles hitting Ryan O'Reilly and Stephen Suarez with a double and then Steven Tettamanz drove in Steiman with a single to put the first to give Springfield a 3-0 lead against South Orange just 11/2 hours earlier in regular season play.

Jesse Gallopingo belted a single, stole second and scored in the second inning and in the third, Gallopingo hit a triple that scored Steiman, who had reached with a single.

Greg Stefanis belted on a single and then scored on a Gallopingo single. Paul Beliveau blasted a double that drove in one run and Brandon Stern Charles later drove in a couple of runs for Springfield.

Suarez reached on a bunt and was brought home by another Steiman but Steiman finished the game on the mound and earned a save.

Springfield 16, Kentonville 8: Both teams started three runs in the first. David Steiman drove in Ryan O'Reilly and Stephen Suarez. Steven Tettamanz belted three runs after he singled, was moved after a single by Zach Silverman and then he came home on a sacrifice by Greg Stefanis.

After Kentonville was ahead 4-3, Springfield took the lead when Paul Belliveau singled, O'Reilly walked and Steimanz hit straight both home.

Kentonville took the lead again at 8-4 before Springfield scored the game's final seven runs.

In the bottomed the third, Brandon Stern Charles belted a double, stole third and scored on Pat O'Reilly's sacrifice.

In the fourth inning, Springfield took the lead for good, scoring four runs. Belliveau and O'Reilly were on when Suarez bunted to load the bases.

Tettamanz drove in a run and Stefanis' single drove in two more. After Stern Charles walked to load the bases again, O'Reilly bunted in Springfield's fourth run of the inning.

Suarez earned the mound victory, having pitched two scoreless innings. Tettamanz pitched one inning to earn the save.

AGE: 11-12

Westfield 15, Springfield 7: David Sklar and Sara Steiman both stole home for Springfield in the first inning.

Michael Muñoz, Steven King and David Marullo hit singles and then Sklar drove in one run with a single and Steiman two more with a double.

Joe Silverman drove in Springfield's last two runs.

Maplewood 10, Springfield 4: Sara Steiman belted a double and David Sklar reached base before Lisa Clark stroked a double to drive in both of Springfield's runs.

#### Remaining Schedule

Saturday at Roessner Field: Springfield vs. South Orange at 10 a.m.; Springfield vs. Westfield, 11:30 (9-10); Maplewood vs. Westfield, 2 p.m.; 11-12; Maplewood vs. Kentonville, 5:30 (9-10).

Saturday at Sanderfield Field: South Orange vs. New Providence, 10 a.m.; 9-10.

Sunday, at Roessner Field: Westfield vs. Kentonville, 9 a.m.; 9-10; Springfield vs. New Providence, 11:30; South Orange vs. Maplewood, 1 p.m.; 11-12.

Saturday, July 25: Semifinals.

Sunday, July 26: Championships.

AGE: 11-12 Regular Season

South Orange 7, Springfield 2: Greg Stefanis hit a single that brought home Jesse Gallopingo and then Stefanis scored Springfield's final run when he stole home after a Paul Beliveau single.

Springfield 23, Livingston 10: Driving in runs for Springfield were David Steiman, Steven Stefanis, Randy Herring, Lee Silverman, Pat Curcillo, Greg Stefanis and Stephen Suarez.

Mountainside 22, Springfield 21: Springfield slipped to 4-5 with the defeat as it was scheduled to play at Union Monday and at West Orange Tuesday. Springfield is scheduled to play West Orange again at 4 p.m. on Wednesday.

Age: 13

Springfield 19, Caldwell 8: Ryan Strohmeier and Kevin Dash, who struck in three, pitched well for Springfield.

Also playing well for the Minutemen were Mike Nutoli, Dean Chencrank (three runs), Donald Volpert (triple, three runs, three RBIs), Matthew Stagliano (three runs), Yari Portugal (four RBIs), Christina Palermo, Mattie Stagliano (two runs, three RBIs) and Eric Buttman.

Millburn 16, Springfield 14: Kevin Dash struck out three and Andre Calliere (two) for Springfield.

Also playing well for the Minutemen were Dean Chencrank, Donald Volpert, Matthew Stagliano (two RBIs), Christina Palermo (two-run double), Eric Buttman (single, three RBIs), Mike Nutoli (two RBIs), Ryan Strohmeier (two runs) and Mike Rodriguez (two runs, two RBIs).

Two sets of home-jaded Calliere (in catcher Buttman) and third-base dasher Stagliano to Buttman, Dash and Steve Chen teamed up to pick off a runner at second base.

## Dayton's Horowitz is a Snapple Bowl cheerleader

Snapple Bowl 5 cheerleaders for the Union County squad include Wendy Horowitz of Dayton High School.

The game will kick off tonight at Union High School at 7:30, pitting some of the best 40 players in Union County against those from Middlesex County.

Union County cheerleaders: Lauren Salvaggio, Crawford, Diana D'Amico, Cromwell, Lori Rodolico, Crawford; Nichole Warner, Briarcliff; Shannan Davis, Hillside; Yashia Underwood, Hillside; Lindsey Lehman, Johnson; Nicole Caruso, Johnson; Wendy Horowitz, Dayton; Tiffany Johnson, Linden; Stefanie Givens, Linden; Allison Dwyer, New Providence; Kristen Brauner, New Providence; Karen Clapier, New Providence; Cara Tedesco, New Providence; Mikayla Howard, Plainfield; Jennifer Rose, Roselle; Alexa Smith, Roselle; Jessica Lopez, Roselle; Vanessa Vassour, Scotch Plains; Lauren Karchen, Union; Rachel Rosenblum, Westfield.

## Summit High School football in 1998

### Governor Livingston Football in 1998

Sept. 19, at Parsippany Hills: 1:30

Sept. 26, Hanover Park: 1:30

Oct. 3 at Dover: 7:30

Oct. 10, Mendham: 1:30

Oct. 17, Mount Olive: 1:30

Oct. 24 at West Essex: 1:30

Oct. 31, Parsippany: 1:30

Nov. 7 Morris Hills: 2:00

Nov. 25 vs. Washington at Newark's International Field: 2:00

**Fax and mail deadline**  
**Monday morning at 9**  
**for sports copy to be**  
**considered for publication**



Stephen Suarez of the Springfield age 9-10 All-Star baseball team goes into his windup during the second annual Springfield Baseball Tournament, which commenced last weekend at Roessner Field in Springfield.



Springfield Minutemen age 11-12 All-Star pitcher Sara Steiman warms up on the mound while bassman Lisa Clark looks on during the second annual Springfield Baseball Tournament that began last weekend.

## New Jersey bests New York in inaugural Governor's Bowl

By J.R. Parachini

Sports Editor

PIT ATAWAY — Always recognized as being among the elite states in all of the country for the product it annually puts on the field up and down the state, New Jersey high school football put its reputation on the line.

Last Thursday at Rutgers Stadium it was the best 50 players from New Jersey, against those from New York state for the first time in what is called the Governor's Bowl.

After shaking off some early jitters, New Jersey showed the state of New York that it takes its high school football very seriously and responded with a convincing 36-29 victory before a respectable, inaugural game crowd of 16,163.

"It was great to beat them and have a chance to play for your own state," said Elizabeth quarterback Asa Abdur Khaliq, who was the starting signal-caller for the New Jersey squad.

High school football in New Jersey is right there with other powerhouses states such as Pennsylvania, Ohio, Michigan, Texas and California. Florida right now, with the help of the success of Plumb, Florida State and Miami, might lay claim to being the top state in the country, although Florida players don't play in the cold conditions that many northern states face.

Playing consistent blocking on the offensive line was Jerry Derillo of Johnson City, W. Va., the 6'5, 180-pounder who is the latest in a long line of standout Johnson offensive linemen, others ahead of him including Todd Burger (Class of 1988, New York Jets), Ray Redzikowski (Guss off '96, Illinois) and Quebec Kryszon (Class of 1997, Georgia Tech).

Derillo will join Redzikowski in the矢度 of Illinois, one of a number of New Jersey foster players who will continue their careers in the Big Ten Conference.

Kenny fullback Pat Cyrtol, headed to Clemson, scored on two one-yard runs, kicked 2/3 of extra points and just missed a field goal. He also had a number of kickoff returns in the 30-yard zone of New York kick returns.

The defensive MVP was New Jersey's outside linebacker Anthony Weaver of Saratoga Headlined to Notre Dame, the 6'3, 210-pound Weaver was the game's leading tackler with eight tackles, five unassisted and three assisted.

Although Abdur Khaliq did not throw a touchdown pass like he did in the North-South All-Star Game, he did complete 6 of 8 passes for 45 yards and was intercepted once when his primary receiver fell down.

"We were a little rusty in the beginning," said Abdur Khaliq, who was intercepted on his first pass and his backup Craig Pergino of Bergen Catholic lost two fumbles on bad snaps.

"We just had to get ourselves together and calm down," Abdur Khaliq said. "It was tough for me to get in a groove, the way the coaches were platooning me and Craig (for 24 yards). But I felt we could play well. This was great preparation for what I'm about to see in college (that being the University of Minnesota).

"I think everyone expected us to win and we might have been a little overconfident in the beginning," said Ray's Antonio Garay, a starting 6'2, 235-pound New Jersey defensive tackle who almost had an interception and a fumble.

"At halftime, we knew that they were not going to be able to run against us and we just had to tighten up our coverage in the secondary."

Local players who saw a great deal of time in the secondary such as Elizabeth's Maurice McCain, who was even credited with a sack, and Hillside's Gerald Bishop helped shut down New York in the second half as New Jersey exceeded the Empire State 24-0 after being down 20-14 at halftime.

"High school football in New Jersey is a force to be reckoned with and that gives all of us bragging rights," Garay said.

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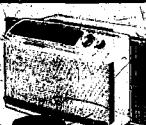
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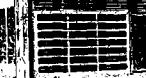
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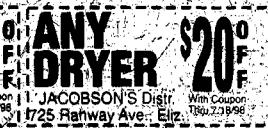
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MON. &amp; THURS. 10AM-5PM

TUE. WED. FRI. 10AM-5PM

SATURDAY 10AM-5PM

CLOSED SUNDAYS

MON. &amp; THURS. 10AM-5PM

TUE. WED. FRI. 10AM-5PM

SATURDAY 10AM-5PM

CLOSED SUNDAYS

**KitchenAid SUPER CAPACITY DELUXE 2 SPEED WASHER****Reg. \$498  
INSTANT REBATE \$50****YOU \$448 PAY****Reg. \$548  
INSTANT REBATE \$70****YOU \$478 PAY****HIGH EFFICIENCY****3 SPEED****Reg. \$548  
INSTANT REBATE \$70****YOU \$478 PAY****HIGH EFFICIENCY****SPECIAL PURCHASE****Frigidaire DEHUMIDIFIER 40 PL. \$169 Capacity****PERSONAL CHECKS GRACIOUSLY ACCEPTED****JACOBSON'S**

725 Rahway Ave., Eliz.

Open 6th Year

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**JACOBSON'S**

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**FREE REMOVAL**