

Merry Yuletide carolers



Photo by Wilson Mills

Washington Rock Girl Scouts Jessica and Angela Reino join mom Elizabeth Reino in singing Christmas carols during Springfield's holiday festivities outside Town Hall Monday night.

Discrepancies in dates lead to legal questions about clinic

(Continued from Page 1)

were concerned about their constituents as they say, why wasn't the mayor or any committee member at the "Zoning Board hearings," he asked.

"If there were any availability, the mayor and council would have been at the hearing of the Board of Adjustment," Teretza said.

Werther agreed that Springfield has made political issue of the matter. "The sun by Springfield is nothing more than political," Werther said.

And Committeeman John Paragon, of Union added that the Zoning Board is empowered to make a decision like it did in Springfield.

The attorney representing the association of business owners and area residents, Bruce W. Fahey, made similar arguments in his complaint, which was filed earlier.

He asserted that besides the board making a capricious judgment, proper notification procedures were (Tartaglia) flouted. "The legal notice, which was issued on behalf of the applicant,

and which identified September 23, 1998 as the hearing date before the Zoning Board of Adjustment, was issued on September 10, 1998, the date before the application was even filed and submitted for administrative review and completeness to the Union Zoning Board of Adjustment," Fahey wrote.

"The legal notice dated and issued September 10, 1998 is of no legal consequence since there were no proceedings other than pending before the Union Township Zoning Board of Adjustment and it failed to adequately and appropriately describe the nature of proceeding and relief requested."

At the meeting, Cuckler ruled that sufficient notice had been given, according to Zoning Board minutes. Also, many errors were made in marking documentation, Fahey wrote.

"The plan for the use of structure and lot was prepared by EKA Associates on September 15, 1998 and therefore was put on file the required 10-day period before the September 23, 1998 hearing, despite the intervening fact that those September 15, 1998 plans

were date stamped September 11, 1998 by the Union Zoning Board of Adjustment."

What effect a bill being considered in Trenton might have on these matters is unclear. Sponsored by Assemblyman Joel Weingarten, R-Umion, the bill sharply restricts where drug treat-

Supermarket plan may be dismissed

By Craig Garrison
Staff Writer

The Springfield Zoning Board of Adjustment plans on delivering the coup de grace to the proposed Millburn Avenue supermarket at their next meeting, as the state Appellate Court has declined to reconsider their decision on the case.

Royal Ahold, the Dutch-based parent company of Edwards Super Food Store, had sought to place a super market at 941 Millburn Ave. on the site of what had been the Saks Fifth Avenue department store. The proposal had been opposed by both Springfield and Millburn, with residents in both townships complaining that the new supermarket would create traffic, noise and other quality-of-life issues.

Roger Clapp, the Dutch-based attorney appointed by his township on Dec. 1 meeting that the Appellate Court had denied Royal Ahold's request to reconsider their earlier ruling, which overturned a 1997 decision by Union County Superior Court Judge John Pisansky.

Pisansky had ruled that two zoning variances obtained by Saks Fifth Avenue 20 years ago were acquired by Royal Ahold.

& Shop Supermarkets when they purchased the property in 1994 for \$12 million. Royal Ahold subsequently acquired the property when they bought the Saks & Shop chain two years ago.

But the Appellate Court ruled Oct. 23 that a variance may not be "expanded or substantially changed" without further approval by the zoning board.

Pisansky's ruling moved the application to the Springfield Zoning Board, where it stalled for five months as attorneys representing Springfield and Millburn joined forces to overturn the Superior Court's 1997 ruling. The Appellate Court's reversal gives the Springfield Zoning Board the opportunity to immediately dismiss Royal Ahold's site plan application.

Royal Ahold's next step would be to appeal the decision to the New Jersey Supreme Court, or file for new variances with the Springfield Planning Board. Clapp said Royal Ahold's attorney indicated that he would accept the former route and appeal the decision to the state's highest court application.

Variances granted for home expansion

By Craig Garrison
Staff Writer

The Springfield Planning Board approved plans by township residents to redevelop at their 102-2 Meeting Eagle Business Interiors, at 201 Commer-

ce Street. The plan called for the board's next meeting, scheduled for Jan. 6.

Henry and Sherry Stein of 580 Ashwood Ave. received permission from the board to redevelop a neighboring property, 600 Vornone Lane, in The Steins had purchased 584 Ashwood Ave. with the intent of demolishing the existing home and expanding their home across both lots.

At 9,930 square feet, the new Stein home would be larger than any home on Ashwood Avenue, according to their architect, Lawrence Stern. "It will be the largest house on the street," Stern said. "Perhaps one-and-a-half times the size of other houses. But the lot will also be twice as big."

Stern said the new home's proposed size would not dominate the street, as landscaping and open space would be used as a buffer from neighboring homes. He also said the new home's height, color and style would be consistent with other homes in the neighborhood. "It will be very quiet and simple," Stern said. "We're not trying to make this jump-off-the-page." The use of open space will increase the large size of the house. The overall package will be much more pleasing than what exists today."

The Steins received variances on building coverage and total lot coverage in a 9 1/2 vote, with only Planning Board member Debra Title dissenting from the majority. Title offered no public comment on her vote against the request.

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COMMUNITY FORUM

Residents have the law on their side

Springfield's dispute with the Township of Union regarding whether Suburban Treatment Association's private methadone clinic should be permitted to relocate near the Springfield border made news again last week as attorney Bruce Bergen filed suit in Superior Court in Elizabeth seeking to block the move. In the interest of maintaining a safe neighborhood for Springfield residents near the proposed site, we support this action and hope Judge John Pisarsky has the good sense to rule against the relocation.

Moving the methadone clinic from the residential Vauxhall section to an industrial district makes sense for Union. Union residents and business owners near the current clinic location have been complaining for more than two decades that the facility disrupts an otherwise peaceful neighborhood, attracting not only those seeking help for their addiction but also drug dealers and those looking to make a profit from the methadone dispensed at the clinic.

Moving the facility out of this area and into a fairly barren industrial zone means Vauxhall residents will be relieved from this nightmare. Unfortunately, it also means Springfield residents near the Union border may be plunged directly into a possibility with too many unpleasant ramifications to ignore.

Springfield's lawsuit to block the clinic move joins the opposition launched by the Progress Business Association, a group of Union business and property owners near the proposed site who have filed a complaint against the Union Zoning Board. According to their complaint, the methadone clinic is "a magnet for criminal mischief, crime and public nuisance circumstances" — confirming Springfield residents' fears that the clinic will have a detrimental effect on their neighborhood.

All the sound, sensible reasons that a narcotics clinic should not be located near a residential street seem to have been lost on the Union Zoning Board — the board seems to hear only the reasons why the clinic should not be located near Union residents.

Fortunately, Springfield's lawsuit against the proposed site has not only good sense but the law on its side. While Union's own land-use ordinance allows a professional medical office to occupy the site, it fails to specify or mention narcotics clinics. Any reasonable court will rule that a world of difference exists between an innocuous doctor's office and a clinic performing the sole function of dispensing methadone to drug addicts.

Since reason and fellowship cannot dissuade Union from transferring the problem of one residential neighborhood to another, we anticipate the law will.

Festival of Lights

A little more than 2,000 years ago, Jerusalem was ruled by the Syrian Greeks.

In 165 B.C., the Maccabees, a group of Jewish teachers, saw that their people were quickly being assimilated into the Syrian Greek culture.

With their race facing the likelihood of extinction, these teachers rallied the Jews to resist the Syrian Greek regime and resist they did.

They fought in the hills and valleys, alleys and streets, they fought for their beliefs, their homeland, Judah, who was one of the leaders of the Maccabees, which means mallet or hammer — led his people in some of the fiercest battles, that resulted in overwhelming the Syrian Greeks, and even helped make Jerusalem.

When the Jews entered their Holy temple for rededication, they only had enough oil to light the lamps for one night. The oil miraculously lasted eight nights, enough time to prepare more oil.

Thus the Festival of Lights, more commonly known as Hanukkah, was born.

Everyone can take a lesson from the Jews' resolve and determination. They have never backed down. Through the Romans, the Syrian Greeks and Hitler, Jews have stayed together in the face of great adversity.

We wish our Jewish readers a Happy Hanukkah. The fight to retake Jerusalem has been fought many times, and continues to this day. Keep the fight in your hearts, and Jerusalem will not fall again.

This year, Hanukkah begins Sunday at sundown and ends on the evening of Dec. 27.

For God's sake, let us freely hear both sides.

Thomas Jefferson
3rd U.S. president

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1991 Stewart Avenue
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(908) 666-7702

David Werni
Publisher

Tom Cardman
Editor-in-Chief

Debra Remond
Managing Editor

Patricia Lerner
Advertising Manager

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George S. Johnson
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HOLIDAY KICK-OFF —
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Mountainside sings at the
borough's holiday tree-
lighting ceremony
Saturday.

Property taxes may drop by sharing costs

When Frejlich President Charles DeGaulle was asked why governing France was so difficult, DeGaulle said he had to respond: "How can a man govern a country with 600 kinds of cheese?" When one begins to examine the cost of operating government in New Jersey, one does not come from 600 cheeses but 611 school districts, 566 municipalities, 489 smaller independent taxing districts and 21 counties — nearly 1,000 units of government, which raise \$12.5 billion from us in property taxes and then spend our money on governance which can affect as few as 100 residents — four municipalities — or no citizens at all — 24 school districts.

There is no way around the fact that 6,000 taxing governments share too many. What the proper number is, I can't say. But 600 governments in state our size — inefficiently, high costs and annoyed taxpayers. We simply must become more efficient.

Heeding this call, Gov. Christine Whitman appointed a Property Tax Commission to look at ways we can lower our property tax bills by becoming more efficient at delivering services. The commission studied the problem thoroughly and did its work diligently. The commission's report is comprehensive. While some of the recommendations are problematic,

We who treasure home rule and self-determination know that compelling people to surrender local control is a bad idea. But we also know that with the right incentives, most of those 1,600-plus governments will realize the value of sharing costs, which, in turn, will allow us to share in lower property taxes. For that reason, the legislature should pass a bill sponsored by my colleagues Assem-

Point of View

By Richard H. Bagget

others make a tremendous amount of

For too long, we have allowed ourselves to be lulled into believing that building more properties to be taxed is the key to lower taxes. As the commission recognized, the average property tax doubled during the 1980s, even though 80 percent of New Jersey's commercial office space was built during that decade. If growth simply equaled lower taxes, then property taxes should have fallen, not soared. We cannot build ourselves into lower property taxes; we must come up with another approach.

We who treasure home rule and self-determination know that compelling people to surrender local control is a bad idea. But we also know that with the right incentives, most of

those 1,600-plus governments will realize the value of sharing costs, which, in turn, will allow us to share in lower property taxes. For that reason, the legislature should pass a bill sponsored by my colleagues Assem-

lyman Leonard Lance, R-Huntingdon, and Assemblyman Joseph Roberts, D-Camden. This bipartisan approach provides strong financial incentives to municipalities to band together to achieve economies of scale and real savings to the property tax bills for their citizens.

There is something else that should happen: too big, bad, old days "Jersey Justice" was a synonym for a flawed court system that frequently turned out unfair and unfortunate results largely dependent upon where your case was heard. In 1947, we took a big step to curing this problem when we created a unified state court system in our new Constitution. Several years ago, the state began paying the \$350 million cost of running those courts, which had until then been paid for with property taxes.

Now it is time for a next step. The counties still pay for the prosecutor's offices, a significant cost to local property taxpayers. Assemblymen Joseph Charles, D-Hudson, and I are sponsoring legislation that would have the state pay these bills, providing nearly \$200 million in immediate property tax for local taxpayers.

We should also explore having the state pay for the costs of county prosecutors that augment existing state services such as county offices of aging, consumer affairs, and environmental

commissions. Where these offices provide crucial ancillary services to state government, they should be kept and funded by the state. Where they are simply duplicative, they should be eliminated.

There is one final thing we must do. The Legislature should follow the suggestion of Jersey City Mayor Fred Schenck and move to index the amount of state aid a municipality gets to the rate of inflation. By doing this, we will prevent a municipality from being shortchanged in years when inflation is high and state aid is flat. The percentage of state aid would remain constant and municipalities and their property taxpayers would not be left in the lurch or be forced to make up for an inflation-generated shortfall by raising property taxes.

New Jerseyans do not want to see their property tax dollars taken needlessly from their wallets to overpay for programs that can and should be paid for more efficiently by the state. We can — and must — reduce the duplication that exists among our many levels of government. Governor Whitman's Property Tax Commission report offers some significant steps to do just that.

Richard Bagget is state assemblyman for the 21st district.

Government decision is music to the ears

Problem Solver

Robert Lapidus

had his bridge. But an arts center in

So when then-Governor Tom Kean proposed building a cultural center in Newark, there was every reason to presume it wouldn't work. You could build it, but they'd never come.

Sure, Kean needed a monument to himself. Nelson Rockefeller, who had only slightly more riches than Kean, had his Lincoln Center. Governor Byrne had his arena, and Governor Driscoll had his arena, and Governor Driscoll

would not come to Newark, even though they, or their parents, used to live there. Newark was known only as a city pulverized by rioting three decades ago, and in a steady state of decline since.

Well, wouldn't you know it, they just would not listen to the conventional wisdom. They went ahead and built the New Jersey Performing Arts Center.

And guess what? There is no way to imagine how this complex could have turned out any better than it is. It is perfect in every way — artistically, acoustically, acoustically.

They built it, and the people did come. NJPAC regularly played to capacity audiences at its premiere season. Now, in its second year, with the

audience seeking weed out, it continues to play full houses.

And well, it should. Everything about it is about as good as it gets. Let the public spaces be warm and spacious. The sightlines are excellent. The acoustics are perfect.

It is so good, in fact, it almost beggars belief about it. Getting the word out to the uninformed means that it will be tougher for us to get good seats for our favorite performances. But as a public service institution, I guess we have an obligation to let the facts out.

So here's to all the planners, the thinkers, and the fund raisers. And even the politicians. This time you got it right.

Robert Lapidus is a frequent contributor to this newspaper.

LETTER TO THE EDITOR

Education will abate violence

To the Editor:

I am writing with respect to the most complex and troubling problems facing our nation and our state today. This problem is particularly vexing because it occurs in our homes and hurts our loved ones, and severely endangers the risk and love within families as well as the protection and comfort of our homes. Statistics indicate that the problem can occur anywhere in our society regardless of race, economic status, social status of any other consideration. Frighteningly, the problem is a cyclical one in that today's victims often become tomorrow's perpetrators. The problem I would like to discuss is domestic violence.

It has been estimated that between 2 and 4 million women nationwide are victimized by domestic violence every year. In 1991, at least 21,000 domestic violence crimes against women were reported to the police, according to the New Jersey State Police. 42 people were murdered as a result of domestic violence disputes in 1994 alone. In that same year, the total number of offenses rose 7.7 percent from the previous year.

Sadly, children and senior citizens are also the victims of domestic violence. In fact, studies have shown that in 70 percent of homes where women are being

harassed, children are also being abused. Additionally, many elderly men and women often suffer abuse at the hands of their children.

While these facts are indeed sobering, there is hope. In the fall of 1997 I was appointed by Assembly Speaker Jack Colline to be a member of the Assembly Task Force on Domestic Violence. The task force was created to evaluate and improve, where necessary, the Domestic Violence Prevention Act of 1991. As a member of the task force, I spent time in Family Court observing trials of domestic violence cases and countless hours with County Prosecutors, Law Enforcement Officials, Social Workers and victims of domestic violence who shaped their stories with me.

Based upon these and other efforts and the comprehensive study and review of current domestic violence laws and their implementation, the task force concluded its work in June 1998 and announced 67 recommendations of improvement to be acted upon by the Legislature. In my view, the most important aspect of these recommendations is their educational nature. Knowledge really is power, and, in that case, could save lives. It is my belief that with heightened awareness on the part of not only victims and abusers, but everyone in the state, we can finally eradicate the pernicious problem of domestic violence and ensure that our homes can be a place of love, trust and caring.

Assemblyman Kevin J. O'Brien

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I'm shopping mostly online stores. There is one that's quite far away where I've been going, Toys With Love. A bunch of teachers got together to work it.

There are a few stores nearby. They are mostly stores of Westfield and K-Mart in Linden.

I am doing a great deal of catalog shopping.

I've been all over the Shun Hills Mall.

Area native takes to stage in Crown Heights drama

By Pamela Isaacson

Staff Writer

Springfield's Aaron Brinen is a link between the local community and Crown Heights, Brooklyn.

The Springfield native is currently starring as Judah in the off-Broadway production of "Crown Heights," a new play written by Dan Friedman, Jayneque Saltz and Fred Newman.

"It is an attempt to explore, dramatically, the human tragedy of Crown Heights," said playwright Newman. "We are bringing Black and Jewish youths from this project — from Crown Heights and other communities — to play themselves, that is, to play those who have been most affected by what happened seven years ago. We are not creating this problem in the interests of making a judgment, but rather in the interests of creating something new together."

Brinen plays Judah, the character representing Yankel Rosenbaum, a Jewish student who was stabbed and killed in Crown Heights in August 1991. The murder occurred after the death of Gavin Cato, a seven-year-old Black child who had been struck by a car in the neighborhood of the Lubavitcher Grand Rebbe while playing with his cousin on the sidewalk. These events exacerbated already simmering tensions between the blacks and Jews who share Crown Heights.

"What I have learned from this is that so many people are the same," Brinen said. "Each of the groups had similar problems."

There are two scenes that directly express Brinen's sentiment. After the character of Judah is killed, the Jews are fearful that they are no longer safe in America because Jewish blood has been shed. They cite examples of pogroms in Russia and Poland and the Nazi genocide during World War II in order to explain why anti-Semitism still shuns. "Kill the Jews," demands attention. "Just like our ancestors, we want to be left alone," they cry.

Springfield Fire Department boasts new Internet site

By Pamela Isaacson

Staff Writer

Rather than using 911, the community of Springfield now has another means for communicating with the Fire Department: <http://springfieldnj.com/>.

The website, designed by Firefighter Tom Lims, went online July 14 of this year. "We hope that citizens will be able to use it to get fire safety tips, upcoming events, consumer recall information and homeowner fire safety," Lims said.

A large portion of the site contains background information about the Department itself, as well as a great deal by Fire Chief William Grae.

The proficiency of our personnel goes well beyond the extinguishment of fires and entries to fields such as emergency medical service, vehicle extrication, heavy rescue, hazardous materials, fire prevention, code enforcement, fire investigation and last but certainly not least, public education," said Grae online. "Another measure we're taking to better educate the public is to provide this online information center. We invite you to spend some time reading and learning about our department."

The site also includes links to federal and state organizations that dis-

cern home safety, as well as an outline of programs provided for children and families through the Fire Department.

It covers a large audience and lets us get out our message," Lims said.

So far, the site has been visited by nearly 200 guests.

"Things happen behind closed doors that people don't get to see," Brinen said. "People were hurt. This was a tragedy on both sides."

Before attending Penn State, Brinen starred in several plays at Jonathan Dayton High School, namely as Joseph in "Joseph and the Amazing Technicolor Dreamcoat." In January, he plans to journey to Los Angeles to participate in a

showcase for the International Modeling and Talent Association.

The non-profit Castillo Theatre, located in West SoHo, contains a mission dedica-

ted to multiculturalism, developmental theater and independence.

"Crown Heights" will run until Dec. 13.

A skillful artist

Photo by Jeff Gould

Jimin Hwang, second grade student at Sandmeier School in Springfield, paints a perfume bottle during an afterschool art program.

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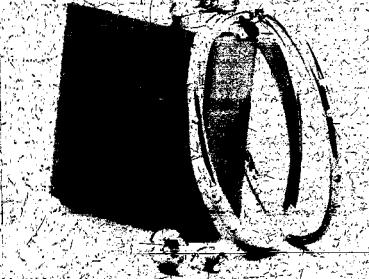
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24" DELUXE
DISHWASHER
\$197

*XDB125RGER

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**13" DELUXE
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COMBO
\$217**

*SCB13

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GoldStar
30" OVER RANGE
MICROWAVE
\$297

*MVG1310

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GoldStar
07 Cu. Ft.
MICROWAVE
\$67

*MMG1780

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— CLIP THIS ANNIVERSARY COUPON —

FRIGIDAIRE
5 Ft. Chest
FREEZER
\$197

*FAF5204K

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WASHER
• DRYER
• DISHWASHER
• RANGE
• WALL-OVEN
\$15

*WDR15

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49th ANNIVERSARY C-O-U-P-O-N CELEBRATION

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MICROWAVE
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*MA022W

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**24" DELUXE
DISHWASHER
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*GS020002

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WASHER
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*MAD165AWW

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ZENITH
27" DELUXE
COLOR TV
Stereo Remote, Cable Ready
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*ZG27A1T

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RCA
19" DELUXE
COLOR TV
Cable Ready, Remote
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*LRG524

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30" GAS RANGE
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*F1920SGY

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— CLIP THIS ANNIVERSARY COUPON —

ZENITH 2 HEAD
DELUXE VCR
\$97

*ZAE4910

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- KitchenAid • Amana
- Frigidaire • Gallery
- Freestanding Gas Range
- Martec

BUILT-IN REFRIGERATORS

BRANDS WE CARRY

- Sab-Zero • Ultra
- Marvin • Go-Morristown
- KitchenAid • Amana
- Refrigerator
- Martec

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SET \$498**

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FULL SIZE SET**

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**QUEEN SIZE
SET \$598**

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QUEEN SIZE SET**

With
Purchase

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SET \$795**

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KING SIZE SET**

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Purchase

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AN ELIZABETH TRADITION

OUR 49th YEAR

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OPEN SATURDAY 10:00 AM-6:00 PM, CLOSED SUNDAYS

Friends of NJCVA sponsor trip

The Friends of the New Jersey Center for Visual Arts are sponsoring a bus trip to the New Jersey Performing Art Center in Newark to experience Cirque Ingenue, a family treat for the holidays. On Sunday, departure time from the art center will be 12:45 p.m.

Cirque Ingenue is a whimsical flight of fancy that the whole family can enjoy together. After touring North America, it has arrived at NJPAC in time for the holidays. It deftly weaves the artistry and magic of the French "cirque" tradition with the rich history of the theater into an irresistible tapestry of beauty, comedy, fantasy and stunning human prowess. The fun, the spectacle and the mystery will mesmerize old and young alike.

Music by Golden Globe Award winner Kitaro captures a landscape of curious creatures who appear and disappear in the blink of an eye. Dreamlike and drama unfold, revealing unexpected treasures of joy and adventure.

The trip concludes with dinner at the Benihana Restaurant in Short Hills, a restaurant famous for delicious food and family fun.

The New Jersey Center for Visual Arts also offers bus trips to New York City once each month. The bus leaves at 9 a.m. from behind the A&E in New Providence. It stops at the Metropolitan Museum of Art and continues down 5th Avenue to 57th Street for other museums, galleries and shops which passengers are free to enjoy on their own. The bus arrives from the Metropolitan Museum at 3:15 p.m.

For further information and reservations for the bus trips, call NJCVA at (908) 273-9121. The non-profit New Jersey Center for Visual Arts, a full-scale art school with two interior galleries and outdoor exhibition space, is located at 8 Elm St. in Summit. It is funded in part by the NJ State Council on the Arts/Department of State, a Partner Agency of the National Endowment for the Arts.

College students may use YMCA during holiday

The Summit Area YMCA is offering a holiday membership plan for college students home during winter break. Beginning Dec. 3, a Holiday Plan at each of the Y's three branch locations including the Berkeley Heights YMCA, the Springfield YMCA and the Summit YMCA will be available.

The Holiday Plan gives students full facility use at selected YMCA branch. Each family offers a state-of-the-art fitness center including a circuit of CYBEX Strength Training equipment, dumbbells, 3 variety of cardiovascular equipment and a personal training option. Health and fitness classes include step, body sculpting aerobics and a host of other get-fit classes. In addition, the Springfield facility offers Reebok cycling and the Summit facility offers a pool with

morning, afternoon and evening lap swim hours.

A two-week Holiday Plan is \$30. A one-month Holiday Plan is \$50. Current college identification is required for membership. The Berkeley Heights YMCA is located at 550 Springfield Ave. and the phone number is (908) 464-8333. The Springfield YMCA is located at 100 South Springfield Ave. and the phone number is (973) 467-0868. The Summit YMCA is located at 67 Maple St. and the phone number is (908) 273-3330.

Faith Lutheran hosts live Nativity

Faith Lutheran Church has invited the public to a re-enactment of the Christmas story Dec. 20 at 7 p.m. The evening will begin indoors with refreshments served amidst festive Christmas decorations in the rear of the church.

The refreshments will include hot cocoa, cider, tea, coffee and cookies. The Faith Drama Troupe, dressed in period costume, will begin their tell-

ing of the "Nativity of Our Lord" promptly at 7:30 p.m. on the church lawn.

The stage used in the re-enactment has already been built. With materials donated by Berkeley Heights in Stirling, it can be seen when passing by the church on South Street. Refreshments will also be available after the nativity for those wishing to warm up after the performance. Faith Lutheran Church is located at 524 South St. in New Providence. For more information, call the church office at (908) 464-5177.

Correction policy

If it is the policy of this newspaper to correct all significant errors that are brought to the editor's attention, if you believe that we have made such an error, please write Tom Cavanagh, editor in chief, 1291 Steeplegate Ave., Union, 07083, or call him at 686-7700, ext. 329, on weekdays before 5 p.m.

Overlook Hospital Ranked Best in Nation for Quick Treatment of Heart Attack Patients

Yes minutes count when treating heart attacks, and nowhere are minutes counted more closely than at Overlook Hospital in Summit where cardiac specialists in the Chest Pain Center of the hospital's Emergency Department have reduced the median "time-to-treatment" for heart attack patients to 16 minutes. The time, which is rated the best in the nation, represents the average number of minutes elapsed between a patient's arrival to the Emergency Department and the administration of clot-dissolving drugs called thrombolytic agents.

Receives "Best Practice" designation: The Federal Health Care Financing Administration has designated the Chest Pain Center at Overlook a "Best Practice" in the country for its leadership role in establishing protocols that rapidly treat heart attack patients, and ultimately, save lives.

Federal health officials recommend heart attack patients receive thrombolytic agents within 30 minutes of arrival at an emergency room to reduce the likelihood of death or disability.

Fast treatment is key to success.

The national average for median time to treatment is 55 minutes.

Thrombolytic agents work by dissolving clots in the coronary arteries that are causing the heart attack.

This allows the blood supply to resume flowing to the affected areas, preventing permanent damage to the heart muscle.

More than half of all deaths from heart attacks occur within an hour of the onset of symptoms, usually while people delay seeking emergency care," noted William A. Farise, M.D., an Overlook cardiologist who was instrumental in the creation of the hospital's Chest Pain Center. "We urge anyone experiencing heart attack symptoms to err on the side of caution and seek immediate help. Preferably by dialing 911."

Mobile units provide pre-hospital ECG

Overlook's mobile intensive care paramedic units are among a select few in the state equipped to transmit an electrocardiogram (ECG) to the Emergency

Department prior to a patient's arrival. The data helps the Emergency Department physician along with the cardiologist on call, to quickly determine whether a patient with chest pain is experiencing a heart attack.

The pre-hospital ECG is a critical factor in our ability to deliver thrombolytic treatment in the most expeditious manner possible," observed James A. Espinosa, M.D., Director of Overlook's Emergency Department and co-chair, with Andrew D. Beamer, M.D. (an attending cardiologist), of Overlook's Chest Pain Performance Improvement Team.

Patients undergoing thrombolytic treatment for proven heart attacks are continuously monitored by the Emergency

Department staff and admitted to the Coronary Care Unit. The patients with a pain that is deemed to not be coronary related are monitored for several hours in the Chest Pain Center Observation Unit.

There, in the comfort of a private room, patients with laptop computers and portable fax machines can even resume work activities.

In the past, these same patients would have been admitted to the hospital for several days of evaluation. Today, they are rapidly evaluated and released home with expert guidance that their symptoms are non-cardiac without missing a beat in their daily routine.

Indigestion or a heart attack?

"Many people have a heart attack and either don't recognize it or shrug it off as indigestion," commented Dr. Farise. "Recognizing and responding to the symptoms of a heart attack early on can help prevent damage to the heart muscle and reduce the likelihood of long-term hospitalization, disability or even death," he added.

According to the American Heart Association (AHA), the symptoms of a heart attack vary, but usually include:

- uncomfortable pressure, fullness or squeezing pain in the center of your chest lasting two minutes or more;
- chest pain that spreads to your shoulders, neck, jaw, teeth, arms or back;
- lightheadedness, dizziness, fainting, sweating, nausea or shortness of breath.

These symptoms are warning signs that the heart is starving for oxygen, and the AHA recommends that those who experience chest pain lasting two minutes or more get to the nearest hospital emergency room immediately.

If you or someone you know is experiencing heart attack symptoms, call 911. For a referral to an Overlook Hospital Cardiologist, please call:

1-800-AH6-9580 (1-800-247-9580).

Or visit us at www.AnadisHealth.org to take a heart health risk assessment and learn more about what you can do to reduce your chances of developing heart disease.

NEWS CLIPS

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