

# Health and fitness section in this week's Focus

# Springfield Leader

"Your Community Leader"

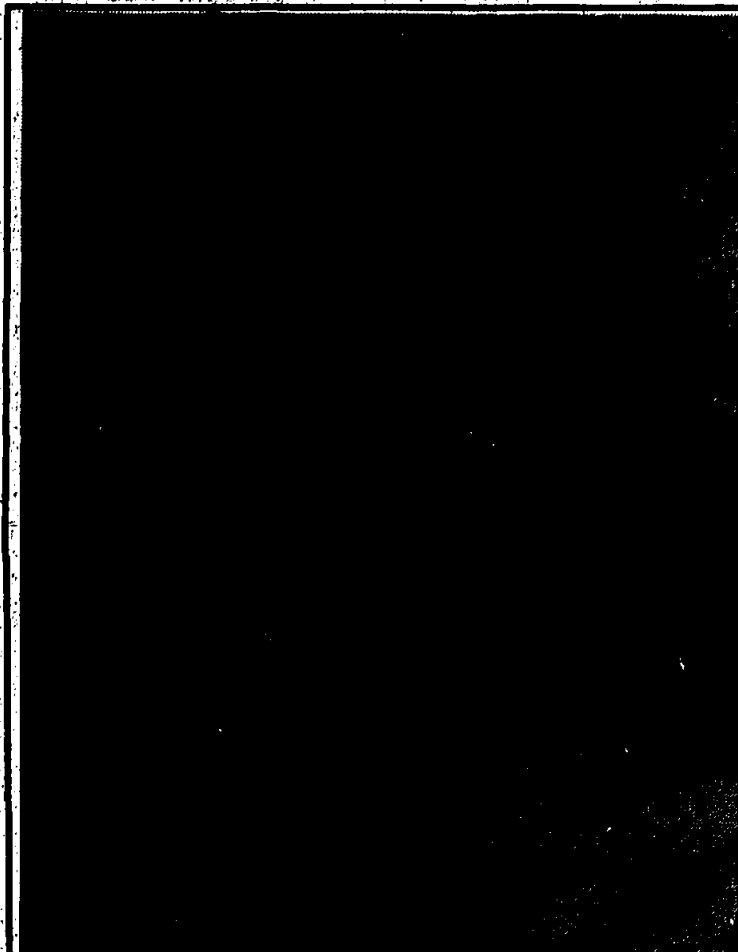
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SPRINGFIELD, N.J., THURSDAY, MAY 3, 1984

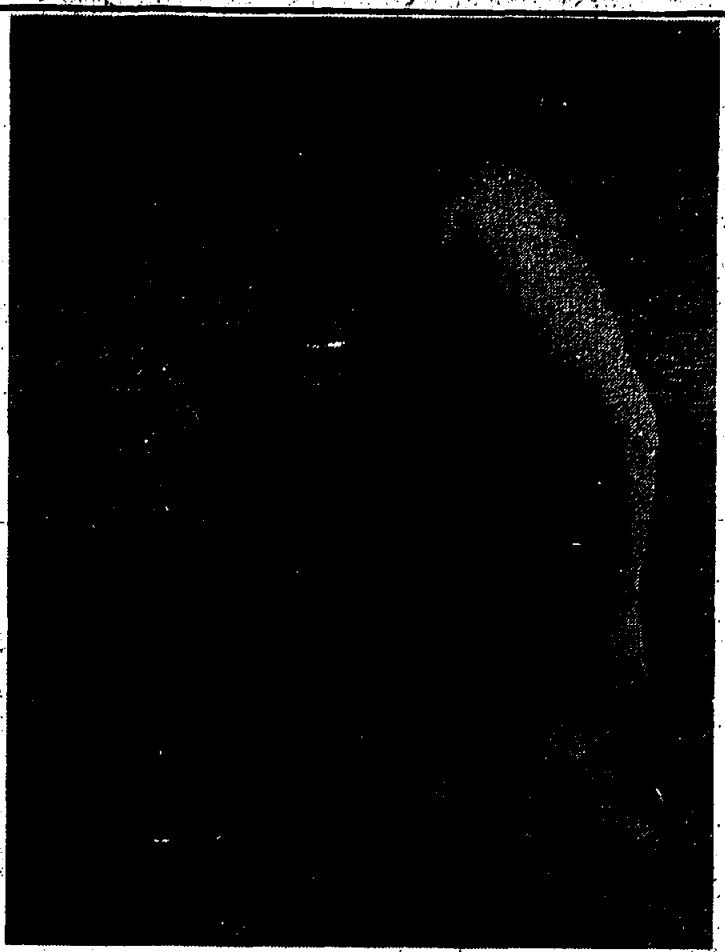
Two Sections



30 cents



THE OLD FISHING HOLE—This week's balmy spring weather was perfect for fishing at Echo Lake Park in Mountainside as shown by these Springfield youngsters. At



left, Nick Parente and Andrew Curlik use the traditional method while Anthony Parente tries the more direct approach. (Photo by John Boutsikaris)

## Judge upholds sale of Walton

By VICKI VREELAND  
An administrative law judge has ruled that the Springfield Board of Education's sale of Edward Walton School last June was legal.

Judge Stephen Weiss, who presided over the 11 court sessions in the Office of Administrative Law, Newark, released his 25-page decision Friday, three days before the end of the 45-day decision period.

The case, filed by the Springfield citizen group C.A.R.E., charged all nine members of the Springfield Board of Education acted in an "arbitrary and capricious" manner in their move to close and sell the Walton School.

Superintendent of Schools Dr. Fred Baruchin, who testified on behalf of C.A.R.E., said Monday he had "no comment" because he had yet to hear about the decision.

David Biederman, attorney for the board, quoted Weiss as saying "the decision wasn't even a close one." Biederman, who is no longer with the

firm of Giblin and Giblin, the board's former law firm, commented, "It was a long trial and it is always nice to win. In my own view, I always thought the board was perfectly correct."

Yale Greenspoon, a spokesman for C.A.R.E., said Monday that the organization had not read or analyzed the decision yet, but the possibility of appealing will be discussed.

Before an appeal can be made, the decision is sent to state Education Commissioner Saul Cooperman for his review. He has 30 days in which he may choose to uphold Weiss's recommendation or reverse it.

Jim Stahl, attorney for C.A.R.E., said he "doubted" that the decision would be

(Continued on page 3)

## Lawyers hired, workers fired by Board of Ed

By VICKI VREELAND  
The Springfield Board of Education fired and hired at its monthly business meeting Monday, with three board members absent.

The firing came as the board approved the layoffs of 5.6 district employees.

The hiring came when the board appointed a permanent board attorney and a separate negotiating attorney.

The abolishment of 3.6 teaching positions, one custodial and one library/secretary position, were approved in a 5-1 vote, with Pepe casting the dissenting vote. Board members George Gomes, Pietro Petino, and Lou Monaco were not at the meeting.

According to Superintendent of Schools Dr. Fred Baruchin, the layoffs were, "predicated solely on the issue of enrollment decline." Reductions of 6.8 positions were incorporated in the 1984-85 school budget that was approved in a 5-4 vote in March.

The eliminated positions were an Industrial Arts teacher and a Language Arts teacher in the in the Florence Gaudinier School, a district-wide speech education teacher for three days a week, and a kindergarten teacher at the James Caldwell School.

Adler said the other teaching position would be abolished by not replacing a retiring teacher.

Board member Stuart Applebaum, stated, "Some of us voted to keep a quarter of million dollars in the budget."

(Continued on page 3)

## Town is ready to take over 'new' building

The wheels are in motion, but it will be at least another eight months before Springfield residents reap the benefits of the township's "new-old" building, the Raymond Chisholm School.

The township will purchase the school building from the Board of Education on July 1, for \$346,000. Mayor Phillip Feintuch commented recently "It is a major expense for a much needed service." The school, which was closed more than 10 years ago, was built in 1921. An addition was put on in 1936. Feintuch said the building is generally "in good shape."

The governing body intends to use the older portion of the school to eventually relocate municipal offices and the Office of Emergency Management. Vacating sections of the municipal building will provide additional space for township police.

Recently, spring rains flooded the basement of the municipal building where the police locker room is located, forcing members of the force to abandon their lockers and live out of cars.

Feintuch called the current Police Department office, "an abomination."

"It is something Springfield should be

(Continued on page 3)

## Regional's graduation date set for a Friday

By PHILIP GIMSON  
In response to the results of a recent survey distributed to the parents of graduating seniors throughout the district, the Union County Regional High School Board of Education decided to change the date for commencement ceremonies to Friday, June 22.

In a unanimous vote, the board decided to amend an earlier proposal to hold the graduation on Sunday, June 24, after learning that 57 percent of the parents surveyed expressed a preference for the Friday graduation date.

The originally scheduled commencement date of June 21 was postponed to June 24 by the board as a result of a one-day extension of the school year caused by a snow-closing. A number of students had previously turned out to protest postponing the graduation until Sunday citing vacation plans and summer job commitments.

A total of 948 surveys were sent out, yielding a total return of 589 responses, or 62 percent, as of Tuesday night. The number of parents favoring the Friday graduation totalled 336, compared to 227, or 39 percent, who selected Sunday as their preference. Another 4 percent suggested alternative commencement dates.

Parents of Dayton High School seniors selected Friday over Sunday by a two to one margin, although Brearley High School parents — where the vote was the closest in the district — opted to change the commencement date by only a 52 to 50 margin.

In voting to change the com-

mencement date, a number of board members expressed the sentiment that the decision on when to hold the graduation might have been handled better in order to avoid inconveniencing the district's parents.

"I think surveys should be made before the fact rather than after the fact," board member Elizabeth Waldt stated. Later in voting for the proposal, Waldt said "I want the record to show that I'm very unhappy with the way this whole thing was handled."

The board's Steven Marcinak said, "Perhaps it would have been a good

idea to begin to poll the parents before a recommendation was made."

Dayton High School Principal Lon DeRosa pointed out that based on the relatively small margin of difference in the survey preference, "the board was in a no-win situation on this. No matter which way you decide, you're going to be wrong." Board member David Hart agreed, noting "If we had selected and stuck with Sunday, we would have been going along with a lot of other communities in Union County."

Schools Superintendent Donald Merachnik requested that the board consider allowing teachers and staff to

begin their summer vacation on the same day as students, prompting board members to suggest that the matter should be decided by school administrators.

In other business Tuesday, the board approved a proposal submitted by business administrator Harold R. Burdge, Jr., to institute a Wang word processing system in order to make up for a clerical vacancy in the business office. The \$13,816 cost of the program will actually save the district over \$9,000 in overhead costs, according to Burdge's information.

## Seeking accountability, mayor presses for administrator post

By VICKI VREELAND  
Springfield's mayor has come away from his first five months in office with a feeling that something has to be done about the way the township should be run.

"There is a serious breach of accountability in what municipal employees are doing, with part-time elected officials being the final word in municipal government," Mayor Phillip Feintuch said. "We need a full-time managerial person."

"I have a funny idea that if we weren't here," Feintuch said referring to the township's elected officials, "the town would still be functioning the way it is. This town is entitled to full-time government and one to whom everyone is accountable."

Feintuch has presented his idea for a township administrator to the Township Committee, but said he needs the support of the general citizenry of Springfield the proposal initiated.

The mayor also knows what type of person is needed as an administrator and feels that there are many qualified individuals in the field.

"We need someone familiar with the intricacies of grants and fundings," Feintuch said. "There are people who have studied this in school and who have practical experience," he said.

The mayor also realizes that it won't be an easy goal to accomplish.

"I know the first cry will be that we can't afford it, but I don't buy it," Feintuch said. "If your roof is falling, you find the money to fix it. We have an operating budget of \$6 million and 100 people employed, and there's no manager!"

Ten years ago the League of Women Voters suggested the idea of a township administrator, noted Feintuch, but no action was taken. Ten years is long enough, he believes.

"It is even more ripe now because government has become more complex," Feintuch said. He also added that most municipalities in the state employ business administrators.

"For the most part, the elected officials do the best we can, but we don't

have the time to see that what we are doing is implemented. We also don't know if we are lacking as a governing body or if we are doing a good job, because we don't have anyone with professional guidance to guide us," he said.

Kim Thompson, an employee of the Building Department and president of the local Municipal Employees Union, agreed that a business administrator might be beneficial, "if they ran the building the way it should be."

Thompson said presently, office workers and laborers are responsible to their department heads.

She added that the office staffs know when and where to reach their supervisors, but are also prepared to

handle office situations while the supervisors are on outside jobs.

Thompson said she believes the governing body does not have a full understanding of the daily problems that the township's employees encounter.

"They (the township committee) are not contactable enough. A business administrator could serve as a liaison between the township committee and municipal employees," she said.

On the whole, Feintuch is pleased with his duties as mayor. "I find it very exciting and challenging. It's a little more time than I thought it would be, but no matter how much time I devote to it," he said, "I still need more to do all that has to be done."

Feintuch called the current Police Department office, "an abomination."

"It is something Springfield should be

(Continued on page 3)

## Candidates set for committee in the primary

In the wake of last Thursday's filing deadline, two candidates for the Springfield Township Committee will run unopposed in the June 5 primary election.

William Ruocco, a Republican incumbent on the governing body, will seek his fifth township committee term. Ruocco is a resident of Joanne Way.

Edward Fanning, a former township attorney and resident of Shelley Road, will run on the Democratic line for township committee. Fanning also ran for township committee a number of years ago.

If elected, when he and Ruocco face one another in November's general election, Fanning would join fellow Democrats William Cieri and Stanley Kalish in forming a Democrat-controlled majority on the five-member township committee.

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## Trash pickups disrupted by HMDC landfill closing

An unexpected landfill site closing temporarily disrupted garbage collection in the township Monday — the same day that the landfill's operators were granted a hefty rate hike which will eventually mean higher costs for township residents.

The state Board of Public Utilities on Monday granted the Hackensack Meadowlands Development Commission (HMDC) a \$19.6 million increase — less than half of the \$42.2 million that the commission sought. The figure is based on a hike of 70 cents, or 40 percent, per cubic yard for compacted municipal wastes and 92 cents, or 70 percent, for uncompacted wastes.

While this is expected to mean added costs for the township, no information was available immediately on how much it would be. One local contractor said that three different calls to the HMDC Tuesday produced three different figures.

Garbage collections were threatened when the HMDC, acting under orders from the state Department of Environmental Protection, closed the

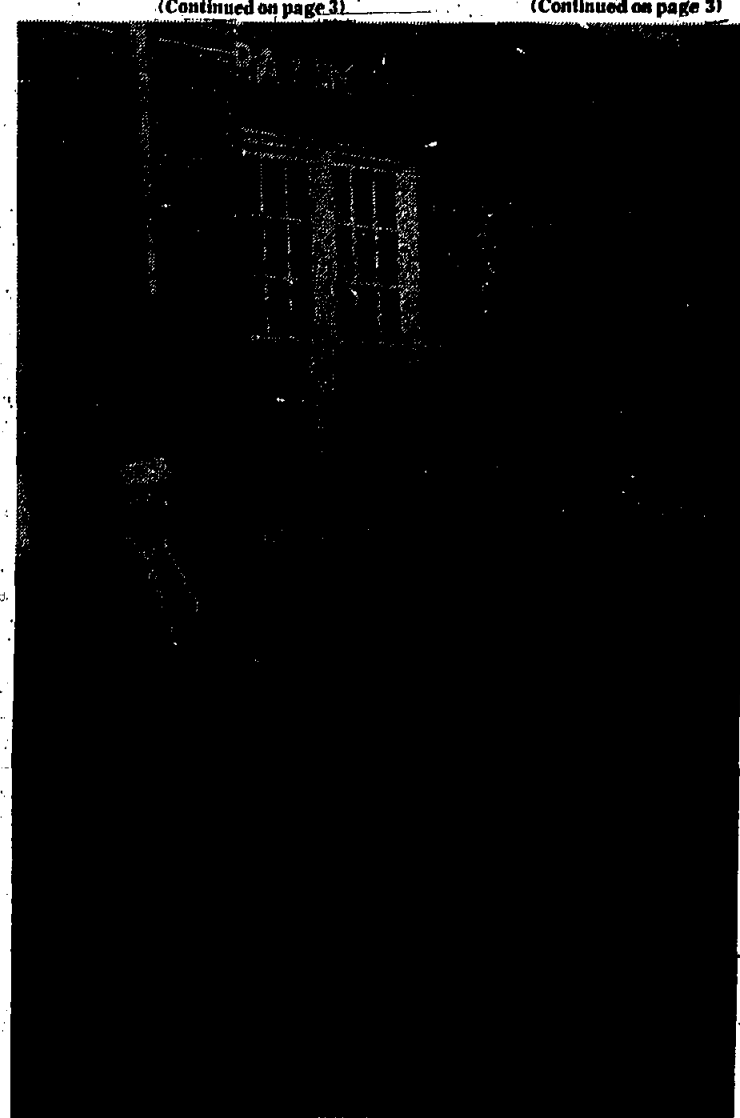
dump site used for solid wastes from communities in Essex and Union counties, including Union and Springfield.

The action was taken Saturday because the site, located in Kearny and designated 1-A, was filled, according to HMDC.

On Tuesday, the HMDC reopened another landfill site, 1-C, which was in use until being closed down several years ago. Wastes dumped there have sunk about 30 to 40 feet in the meantime, making it useable once more, an HMDC spokesman said. However, he cautioned, that site is expected to be good for only about a year — and, at present, no other site is available.

According to Township Clerk Arthur Buehrer, a few calls were received early this week from residents complaining about no collection. He said that Arace Brothers, the township's privately contracted haulers, picked up what they could on Monday before collections were suspended.

With the reopening of a dump site, garbage trucks resumed their collections in the township Tuesday.



PLANS BEGIN—Mayor Phillip Feintuch inspects the soon-to-be township-owned building, the Raymond Chisholm School. Steps have begun to transfer the ownership title from the Springfield Board of Education to the township. (Photo by Vicki Vreeland)

<b>Inside story</b>	
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Social	page 7
Sports	page 9

Students are giving careful to new course

Regional high school students may be all over by the end of the school year...

During the final marking period this year, all Union County Regional High School District No. 1 students will receive special instruction in listening skills...

Five units of study were developed by district teachers of English to be used in each freshman, sophomore, junior and senior class as well as advanced placement classes and readiness courses...

Many of the exercises are conducted using cassette tapes and teachers will devote the equivalent of one week's class time to the unit with each student obtain a 70 percent mastery of the material.

The thrust for enhancing listening skills stems from the state department of Education's requirement that specific objectives be achieved by each school district...

Two nabbed on drunk driving charges

SPRINGFIELD—Two persons were charged with driving while intoxicated on Route 22 last week, according to Springfield police reports.

Man sentenced to jail

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Party candidates set for June 5's primary

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Listening Skills Briefing

Listening Skills Briefing—Reviewing a listening-skills tape for use in the Union County Regional High School District No. 1 English classes...

Special Olympians compete in Union

Members of the White House Presidential Honor Guard will come from Washington, D.C. to participate in the opening ceremonies...

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Board makes personnel moves

Warren Kaps of the Hackensack firm of Kaps and Stern, was hired as board attorney at an annual retainer of \$5,000 for attendance at all school board meetings and fees to be approved by the school board for all other legal matters.

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Hikes in license fees up for vote Tuesday

SPRINGFIELD—A measure to amend the township's licensing fees is up for a public hearing and second reading at Tuesday's Township Committee meeting.

Town is ready

SPRINGFIELD—Township residents William G. Chirgolis, chairman of the board of the Truman Foundation, will be the principal speaker at the Henry S. Truman Centennial Dinner in Kansas City, Mo., Tuesday night.

Walton sale ruled legal

SPRINGFIELD—The Springfield Township Councils have approved an updated zoning ordinance, introduced by the Planning Board.

Mayor explains PUD law

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# The least costly

Whenever one receives notice that he or she is subject to a fine, whether it is a \$10 parking ticket or a penalty from the IRS, the immediate reaction often is "I'm going to fight this one all the way."

The Springfield school district was recently informed by the U.S. Environmental Protection Agency that it is subject to a \$6,000 fine for failing to notify parents and employees that the rotunda in the Florence M. Gaudinier Middle School auditorium contained asbestos.

In denying the allegations, district officials have said that the steps they took when the asbestos was removed went beyond the EPA's own regulations. The district has contacted the EPA to arrange for an informal conference hearing, one of their options for appeal. However, at a conference meeting last month, Board of Education member Pietro Petino noted that if the legal bills for costs of appeals mount up, it may be more economical for the district to pay the fine. The interim board attorney, William Jeremiah, is compensated at a minimum of \$120 hour.

Although paying the fine appears to be a logical course, an EPA spokesman stated that the agency prefers to settle cases, both with school districts and industry, during informal hearings, and that the majority are settled at that point.

The spokesman also said that if the district can show a "good faith" defense, or offer evidence that they went beyond EPA regulations in rectifying the condition, there is a chance that the fine could be reduced during an informal hearing.

Jeremiah stated at the last board conference meeting that he believed the district had a "good faith" defense, since asbestos notices were posted in some areas of the school. The district also spent more than the fine in removing the asbestos. The hearing has been scheduled for sometime later this month.

In these sue-happy times, it is refreshing to see that two sides can sit down and work out their disagreements without starting formal litigation. We believe the district has embarked on the correct course — that of pursuing its least costly option.

**Mental health**

**Adjustment possible when pain is chronic**

By GEORGE F. WILSON, M.D.  
This column is from The Carrier Foundation, a psychiatric facility, inquires should be addressed to The Carrier Foundation, Belle Meade, N.J. 08502.

In most instances, pain is a transitory, temporary experience. A person may suffer pain as a result of tooth decay, a physical injury resulting from a fall or blow, an acute attack of some illness, a muscular spasm in the neck or back or some internal organ. Sooner or later, depending on the nature of the cause, the condition is corrected or natural healing takes place and the pain goes away.

In some conditions, however, the pain does not go away but remains chronic, as, for example, with arthritis, a slipped disc, an injury to head, neck or back resulting from an automobile accident or industrial accident or battle wound, and others. In others, there are people who have to live with pain of various levels of intensity as a fairly constant presence for years, or even for the remainder of their lives.

In many cases the individual is able to make an adjustment. He (or she) accepts the pain as a part of life and goes on with the business of living, resuming work or changing to some other occupation consistent with the disability; taking up family life, social life and recreation to the best of his ability. While the pain continues to be experienced, it tends to fade into the background and to become less intense.

There are cases, however, where an entirely different pattern develops — a condition known as the chronic pain syndrome. Although the actual physical injury, illness or impairment may be no greater than in other cases, the individual will experience the pain as intense and intolerable. Instead of being pushed into the background, the pain becomes the focus of the individual's life. He (or she) feels that all of life has changed and that he will never be free or free again. Instead of viewing himself as the same person with an extra burden to bear, a burden that can be accepted and dealt with, he sees himself as one who is impaired,

# Scene around the towns

Irving B. Epstein of Springfield suggested this week's Scene around the towns, at top right — because it is his hometown, and because, as a sheet metal contractor, he had a special connection with it. If you know where it can be found, let us hear from you by 9 a.m. Monday. Write to Scene, in care of this newspaper, P.O. Box 2100, 1291 Stuyvesant Ave., Union 07083.

Last week's Scene, above, was Children's Specialized Hospital in Mountainide.

"I was riding down New Providence Road in Mountainide on the way to a dog show at the Westfield Day Care Center and I spotted this... scene," Lynn Bunting of Roselle wrote. "The scene is the old part of the hospital," she noted, adding, "When I was little, I used to sit on the lions in front of the hospital."

Many Matyas of Elizabeth was en route to a friend's home when she recognized the hospital as the scene of the week. It is "very beautiful... with

the nice green grass." Like Bunting, she has childhood memories of the scene. "When I was a little kid, I used to slide down the railing," she said.

For Frank McSweney of Linden, the scene was an easy one. A school bus driver, he delivered a load of Easter candy to the children at the hospital recently. The candy came from the children at St. John Vianney School in Colonia and members of Girl Scout Troop 194 of Cranford helped distribute it, he added.

Mildred Fennel of Mountainide recognized the Scene because "I drive past it every time I go into Westfield and I have also attended a 'fair' at the hospital... sometimes I drive past it three or four times a day."

Too late for last week: The Easter scene was "the beautiful statue in front of St. Theresa's" in Kenilworth. Michael Korab of Linden wrote. Teresa Stamatidis of Kenilworth also recognized the photo.

**A guest column**

**Invitation to elderly: Come to the seminar**

By CONGRESSMAN MATTHEW RINALDO (R-7th District)

If you want to know more about Social Security, Medicare, and county, state and federal programs serving the elderly, then plan to attend my senior citizens seminar, May 12 at North Plainfield High School.

It is open to the public and will be held from 8 a.m. to 12:30 p.m. in the auditorium of the high school on Wilson Avenue in North Plainfield, one block east of Route 22.

Among the speakers will be Joseph Kenny, branch manager of the Social Security Administration office in Plainfield. He will discuss benefits available under the Social Security program and revised changes made to the system last year to ensure its continued financial integrity.

Among the other speakers will be Ruth Reeder, director of the Somerset County Division on Aging, who will describe county programs and services for the elderly. A report on the state of programs and services will be given by Norman Mattazo from the New Jersey Division on Aging.

An explanation of Medicare and Medicaid and what senior citizens should look for in buying health insurance to supplement Medicare will be offered by Jack Gamble, Medicare claims director for the First Prudential Insurance Company. Prudential administers the Medicare program in New Jersey for the federal government.

Consumer protection tips will be offered by Joan Godal of the U.S. Food and Drug Administration. The talk will focus on health gimmicks and what the consumer should watch out for in shopping for drugs, health-care items

and medical devices.

In addition to these talks, I will be offering a status report on major legislation before Congress that is of particular interest to older Americans. It includes comments on several pieces of legislation I have sponsored to benefit the elderly. Some of these measures are now law and have had a direct, beneficial impact on the elderly residents of the 7th Congressional District.

Another feature of the seminar will be free blood pressure checks for those who wish to have them. This service will be provided by volunteer medical personnel from 8 to 9 a.m. The formal part of the program is scheduled for 9 a.m. and participants should plan to arrive sufficiently early to be seated by that hour.

Caseworkers from my office will be at the seminar to assist senior citizens with problems involving the federal government. Persons seeking legislation before Congress that is of particular interest to federal agencies on the matter they want to discuss and any other pertinent records.

Various publications of interest to older Americans also will be distributed to those attending the session.

The seminar will serve as an educational forum and will give senior citizens an opportunity to gain a better understanding of programs intended to benefit them. Elderly constituents who will not be able to attend the seminar but would like additional information about programs and legislation affecting them are encouraged to write to me at 1961 Morris Avenue, Union, N.J. 07083. Or you may call in your request by dialing 607-4225.

**Corporation gives a boost to conservation**

By DAVID MOHRER  
Executive Director  
N.J. Conservation Foundation

Corporate philanthropy is in its most common in this state we're in than most folks realize. The demands on many companies making their homes here are substantial, and getting greater all the time as less federal and state funding for conservation projects. In order to protect the private sector, public access is limited to what the landowner permits.

The birds don't need people bothering them, and farmers don't need people tramping their crops; yet the public interest is served because both kinds of land are kept open and in production for the kind of thing the land does best for.

I hope more corporations follow AT&T's example in New Jersey, so that other acreage can be protected by easement. Here at the New Jersey Conservation Foundation, we have the responsibility for monitoring the easement properties, ranging from farmland to natural areas to suburban open spaces. We'd be glad to supply information about easements if you'd like to know more.

Thank you, AT&T!

**Balance, risks factors in investment**

You don't have to be a financial wizard to assemble a sound investment portfolio. There are some basic guidelines that must investors can use, according to the New Jersey Society of Certified Public Accountants (NJCPA).

Before planning to manage your portfolio, ask yourself: Do I have a reserve large enough to sustain myself against heavy losses or sudden emergencies? Generally, that sum should equal three to six months of your take-home pay, depending on the number of people you support.

The best place for that reserve is a money market account at a bank, or in a money market fund through a brokerage house. Money market funds may yield a bit more interest, but you may still prefer the convenience of having your money readily accessible at your bank. In either case, its liquidity is reassuringly assured.

Once you satisfy the need for your nest egg, you can begin to expand your investments. Basic considerations in managing your portfolio are balancing your investments and evaluating risks. Let's focus on risk first.

There's some risk in all investing. Generally, the higher the risk, the greater the potential return. A single person with a steady job could probably afford to speculate more than one with a young family and a huge mortgage. The speculator may put as much as a half of his or her portfolio into stocks of little-known companies on the chance they may develop into major players.

Risk-taking investments means selecting investments with varying degrees of risk according to your total portfolio. Someone considering investing in a portfolio around gold or silver should be able to put some money into a low-volatility income-producing instrument, such as Treasury bills.

For instance, a young working married couple with no children may have a very conservative portfolio of investments in gold or silver mining company stocks. This is a good hedge against inflation, but risky because of possible downward fluctuations in the price of hard assets. The couple might balance out their portfolio by placing 15 percent of their money in a money market account, 5 percent in U.S. Treasury Bonds, 30 percent in an income mutual fund and 35 percent in stocks of emerging companies.

One of the investments regarded as most conservative is U.S. Treasury Bonds. As you get closer to retirement and the need for a secure source of regular income becomes more important, this type of investment becomes more attractive. Be careful, however, of locking yourself into the same interest rate for long periods of time.

# Rt. 22 inspection station closed; new site sought

The New Jersey Motor Vehicle division inspection station on Route 22 in Union will be closed "indefinitely" on May 31, according to Clifford W. Sneider, state director of motor vehicles.

But township officials, reluctant to see it go, are searching Union for a spot to relocate the station.

"The station is being closed because the owner has terminated our lease and has requested that we vacate by May 31," Sneider said, noting that about 31,000 vehicles are inspected there station each year.

Efforts to locate a new site in the immediate area are under way, Sneider said.

"We only learned of the owner's decision last week and there has not been enough time to make any firm commitments. But... once a suitable site is secured, we could install a new open-air inspection lane in roughly a week's time," he said.

Thomas J. Strapp, township administrator, said that he has been in contact with the state since Aug. 21, 1975, "since the owner did not want to enter into any long-term arrangements," he added.

Until a replacement can be found, Sneider urged motorists to use the inspection stations in Westfield, Newark, Plainfield and Rahway.

Although the Union station has been in operation since 1957, the state has been on a month-to-month lease there since Aug. 31, 1975, "since the owner did not want to enter into any long-term arrangements," he added.

Thomas J. Strapp, township administrator, said that he has been in contact with the state since Aug. 21, 1975, "since the owner did not want to enter into any long-term arrangements," he added.

# Local patrons mourn burger haven closing

By BEVERLY GOLDBROEN

UNION — Five Points just won't be the same without every once in a while — not too often. But do like having it around," said a 25-year-old resident of Luisa Street in Union.

"I never really went to White Castle, but I think it's (the closing is) stupid," a 28-year-old woman from Galloping Hill Road in Union said of the closing.

She added that she had heard rumors that the building could be purchased for \$7.50, and that, she said, "sounds fishy." In fact, the building can reportedly be purchased for \$10—but the new owner must pay for any moving expenses, and cannot use the structure to sell alcohol or promote pornography.

"It's been there for years, though," she continued. "My husband likes to eat there every once in a while, but as far as I'm concerned, I don't really care for it."

"I think it's a shame," agreed Maryann Gopova, of Passaic Avenue, Kenilworth. "They should keep the building, even as a landmark. It's a shame; I felt bad when I heard about it. They should put it up on the hill by Freberger (Park). It would look good there."

"It's going to break my heart," said Bob Beary, a 42-year-old Roselle Park resident. "My whole life has been survival through White Castle. It's a landmark. I'm a photographer, so I guess I should take some pictures of it."

"I think it's terrible, just plain horrible," said Frankie Brickous of Frances Court, Union. "Because you could at least get something to eat on Sundays. It's sad for some of us. Some of us don't care, but I care if it closes."

"If anything is closed, it's no good," said 61-year-old Jan Sydar of Chestnut Street, Union. "It's been here so long; it should be here another 50 years." He really miss it that much? "Sure! The whole family will," he answered.

Even those who did not express much affection for the restaurant's culinary offerings agreed that the structure itself would be missed — it is reportedly the only White Castle left in New Jersey.

# Kids' entries are sought for 'life' poster contest

Union County children in kindergarten through eighth grade are eligible to enter a "Get A Taste of Art" poster contest for "Life. Be In It!" week June 3-6, according to the county Department of Parks and Recreation.

The theme of the contest is "The Activity I Enjoy Most in Life," and judging will be based on overall execution and how it fits in with the "Life. Be In It!" theme of participation in recreational activities.

There will be three categories for the poster contest: kindergarten through grade 2, grades 3-5 and grades 6-8. Posters can be done in any medium but must be on 11 x 17-inch paper, with the child's name, address, phone number, grade, name of school, activity depicted and why it is the favorite activity attached to the back on separate piece of paper. Entries are limited to one poster per child and all posters must be received at the parks department office, 3rd floor, Union County Administration Building, 1 Elizabethtown Plaza, Elizabeth, by 4 p.m. Friday, May 18.

Posters may be received at the parks department office, 3rd floor, Union County Administration Building, 1 Elizabethtown Plaza, Elizabeth, by 4 p.m. Friday, May 18.

# Bess Morrison in musical role

SPRINGFIELD — Bess Morrison, a former township resident who now lives in Passaic, will portray one of the four witches in Rutherford Resident Theater Company's production, "Raven," an original musical fantasy. Performances will be held at Temple Beth El, 188 Montrose Ave., Rutherford, May 12, 13, 19 and 20. Curtain times are at 8 p.m. on Saturdays and 1:30 p.m. on Sundays.

Morrison has been very active in community theater in Springfield. For The Renaissance Theater, she served as music director of "Pippin." "Once Upon a Mattress," and "South Pacific." Currently she is involved in a local production of "Die Fledermaus."

# MR. BIN

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# Pot lovers will meet

People for Animals will hold its next meeting at 7:30 p.m. May 15 in the Sunnyside Branch Library, 100 Edgewood Road, Linden. The public and members are invited to attend.

The film "The Lion and His Realm" will be shown and plans for an upcoming Walk-a-thon, Bike-a-thon for May 20 (rain date June 3) will be discussed. A flea market for June 9 (rain date June 16) also will be discussed.

Election of officers will be held and plans for a new spay clinic will be discussed.

Additional information is available from People for Animals, 1955 East Elizabeth Ave., Linden, 763-8722.

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# Obituaries

**JEANNE KOCH** - A memorial service for Dr. Jeanne Koch, of Springfield, a clinical psychologist for many years, will be held Saturday in the Smith Suburban, Springfield. Dr. Koch died Friday in St. Barnabas Medical Center, Livingston. Dr. Koch had a practice on Mount Prospect Avenue, Newark, for 40 years. She also was a member of the faculty of the Fordham University Graduate School of Psychology, Bronx, N.Y. She had served on the faculties of New York University, St. John's University and Long Island University.

Dr. Koch was the author of four textbooks, including her best known work, "Understanding Old Age," which was published in 1961. Her last book, "The Paraprofessional and the Elderly," was published in 1977.

Her two other works were "Psychology for the Profession of Nursing," published in 1949 and co-written by Dr. Robert Weitz, and "The Mental Health Aide," published in 1978 and written in conjunction with Kathleen M. Sullivan. She also authored several scientific articles.

Dr. Koch was a member of Sigma Xi, an honorary society, and a diplomate of the American Board of Examiners in Professional Psychology.

She earned a bachelor of science degree from Cornell University, Ithaca, N.Y., in 1925; a master of arts degree from the University of Pennsylvania, Philadelphia, in 1928, and a doctorate's degree from Columbia University, New York City.

Surviving are her husband, George W., a daughter, Barbara Hedden, a son, Dr. Walton B., and two grandchildren.

**DR. BEN YUCKMAN** - Services for Dr. Ben Yuckman, 78, of Springfield, who had been a dentist for 54 years, were held Thursday in the McCracken Funeral Home, Union. Mr. Yuckman died April 23 in the East Orange Veterans Hospital.

Horn in Carleton, Dr. Yuckman lived in Elizabeth before moving to Springfield 38 years ago. He is a 1927 graduate of the University of Maryland. He was a member of the American, the New Jersey and the Union County Dental Societies. Dr. Yuckman had a dental practice in Springfield for six years before retiring two years ago. He had been a dentist in

**HELEN KALLENS** - Services for Helen A. Kallens, 74, of Wappingers, N.Y., formerly of Springfield, was offered yesterday in St. James Church, Springfield, following the funeral from the Smith and Kallens (Soburban), Springfield. Mrs. Kallens died Saturday at home.

Born in Passaic, Mrs. Kallens lived in Springfield before moving to Wappingers eight months ago. She was a private duty licensed practical nurse for 40 years and retired in 1976. Mrs. Kallens was a member of the Senior Citizens of Springfield.

Surviving are a son, Richard F., two brothers, William Treier and Joseph Radice, and three grandchildren.

686-7700 puts you in the Classifieds

**SPRINGFIELD** - Services for Bernice H. Strauss, 75, of Springfield, were held April 25 in the First United Methodist Church of Summit. Mrs. Strauss died April 23 in her home.

Born in Summit, she moved to Springfield seven years ago. She was the founder of the Duplicate Bridge Club of the Ballou Golf Club, Springfield, and the Summit Twice an auxiliary of Overlook Hospital, Summit. She was a member of the Wildwood Golf and Country Club. Surviving are her husband, Dr. Ch'fion; a son, Gordon C.; a daughter, Suzanne S. Art, and five grandchildren.

**ALBEE** - Morton H., of Springfield, on April 28.

**AREN** - Michael, David, of Kenilworth, on April 24.

**HOLZ** - Benjamin, of Springfield, on April 30.

**KALLENS** - Helen A., of Wappingers, N.Y., formerly of Springfield, on April 28.

**KOCH** - Dr. Jeanne, of Springfield, on April 27.

**TANENBAUM** - Rebecca, of Mountainide, on April 27.

**VAN VRANKEN** - Jane, of Springfield, on April 28.

**YUCKMAN** - Dr. Ben Paul, of Springfield, on April 23.

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**BARBARA DE ANGELIS** - Services for Barbara De Angelis, 74, of Springfield, were held Thursday in the McCracken Funeral Home, Union. Mrs. De Angelis died April 23 in the East Orange Veterans Hospital.

Born in Passaic, Mrs. De Angelis lived in Springfield before moving to Wappingers eight months ago. She was a private duty licensed practical nurse for 40 years and retired in 1976. Mrs. De Angelis was a member of the Senior Citizens of Springfield.

Surviving are a son, Richard F., two brothers, William Treier and Joseph Radice, and three grandchildren.

**JUDY SABO** - Services for Judy Sabo, 74, of Springfield, were held Thursday in the McCracken Funeral Home, Union. Mrs. Sabo died April 23 in the East Orange Veterans Hospital.

Born in Passaic, Mrs. Sabo lived in Springfield before moving to Wappingers eight months ago. She was a private duty licensed practical nurse for 40 years and retired in 1976. Mrs. Sabo was a member of the Senior Citizens of Springfield.

Surviving are a son, Richard F., two brothers, William Treier and Joseph Radice, and three grandchildren.

**Rayna Fingerhut is wed in Trenton to John Notta**

Rayna Fingerhut of Lawrenceville, formerly of Springfield, daughter of Mr. and Mrs. Jerome Fingerhut of Springfield, was married recently to John Notta Jr., son of Mr. and Mrs. John Notta of Trenton.

The Rev. James Innocencio and the Rev. Carl Gustafson officiated at the ceremony in St. Michael's Church, Trenton. A reception followed at Angelina's in Hamilton.

The bride was escorted by her father. Brenda Gustafson of San Antonio, Tex., served as maid of honor; Mary E. Berlin of Lawrenceville was a bridesmaid.

Robert Notta of Trenton served as best man for his brother, Gene Chebra of Trenton was an usher.

Mrs. Notta, who was graduated from Jonathan Dayton Regional High School, Springfield, and Trenton State College, is employed by the New Jersey Department of Labor, Trenton.

Her husband, who was graduated from Notre Dame, Trenton, and New Jersey Institute of Technology, Trenton, is employed by Columbian Chemicals.

The newlyweds, who took a honeymoon trip to Hawaii, reside in Lawrenceville.

**Rosarians plan fashion show Tuesday night**

"Happy Anniversary" will be the theme of the 25th annual card party and fashion show sponsored by the Rosary Altar Society of Our Lady of Lourdes Church, Mountainide, Monday at 7:30 p.m. in the church auditorium. Joan Bleszczak and Marge Dabrowski are co-chairmen of the affair.

Silver anniversary decorations of silver, blue and white will adorn the auditorium. The show will be presented by "Lady Leslie" of Westfield and Scotch Plains. Tickets can be purchased from Gertrude Suski, 228-1580; Marie Zarra, 223-2016, or Betty Pops, 222-7377. Reservations can be made by calling Kay Torma at 222-9293.

**Engagement is announced**

Mr. and Mrs. C. Lance Bailey of Darien, Conn., have announced the engagement of their daughter, Kimberly Townsend Bailey, to Robert Joseph Hain of Mountainide, son of Mrs. Joan L. Hain of Mountainide and Mr. Robert W. Hain of Scotch Plains.

The bride-elect, who was graduated from Darien High School and Susquehanna University, Selinsgrove, Pa., is employed by the Children's Community Day Care Center, Westport, Conn.

Her fiancé, who was graduated from the Pingry School, Hillsdale, and Susquehanna University, is employed by Mikasa, Secaucus.

A June 1985 wedding is planned in Darien.

**Biblical music set in Summit**

The Temple Choir with instrumental and vocal soloists will present "The Hallel," by Paula Shurin Temple Sinal, 208 Summit Ave., Summit, tomorrow at 8:30 p.m. "The Hallel" is a musical setting of texts from Psalms 113-116 in celebration of the service commemorating the beginning of the new month and the 38th anniversary of Israel's Independence Day. Yon Ha Atzmaut, Naoml Siegel is musical director. Vocal soloists will be baritone Cantor Groper and soprano Michelle Groper, whose singing partner for the past 18 years has been his wife, Michelle. She is a teacher at Temple Sinal and a professional photographer.

**Family event due Tuesday**

The Brotherhood of Congregation B'nei Jeschurun will sponsor its annual family barbecue Tuesday at 5:30 p.m. Temple members will assist at the grill. Special rides and events for the entire congregation will be featured. The event will be held on the ground of B'nei Jeschurun, and a full dinner will be served.

Jerome Dreskin is president of the Brotherhood and Irwin Yung, chairman. Also serving on the committee are Alan Grossman, Dr. Stephen Feldman, Richard Sechin, Kenneth Rempell, Neil Beckerman, Buddy Rosenfield, Gerry Brickman and David Gardner.

**Fashion show, dinner slated**

The Rosellin Chapter of Deborah will sponsor a dinner and fashion show Monday at 6:30 p.m. at the Town and Country, Union.

Featured will be 100 styles of "Fashions for all Seasons" by Mikel Kilgour and Celia Sweet of Linden Park. The show will be emceed by Miriam Goodfriend and jewelry by Johns of Millburn, will adorn the models. Also highlighted will be children's clothing by spring and summer. Vocal soloists will be baritone Cantor Groper and soprano Michelle Groper, whose singing partner for the past 18 years has been his wife, Michelle. She is a teacher at Temple Sinal and a professional photographer.

**Stork club**

An eight-pound, 10-ounce son, Jason Daniel Kus, was born April 14 in Overlook Hospital, Summit, to Mr. and Mrs. Daniel Kus of Golf Terrace, Union. He is the couple's first child.

Mrs. Kus, the former Denise Prawdick, is the daughter of Mr. and Mrs. Michael Prawdick of Lehigh Avenue, Union. Her husband is the son of Mrs. Estelle Kus of Kenilworth.

**A dinner-dance planned by Springfield Hadassah**

The Springfield Chapter of Hadassah will hold its donor dinner dance May 10 at 6:30 p.m. in the Short Hills West, Livingston. A cocktail hour will precede the dinner.

Entertainment will be provided by Mel Arnold's band.

Reservations can be made by calling Estelle Berger at 376-9415.

Cecile Bloomfield is in charge of donor credits. Other members of the committee are Esther Moss and Pat Schwartzman, co-chairmen; Evelyn Speilholz and Lydia Sherman, journal, and Billie Marks, Irene Chelmer, Edith Bornstein, Mildred Leitman, Dorothy Bril, Henrietta Lustig and Dorothea Schwartz, publicity.

Iris Segal, president, has announced that proceeds from the event will be used for eye research. "Hadassah has perfected new techniques for cataract surgery at its Ophthalmology Department of Hadassah-Hebrew University Hospital for which Blue Cross-Blue Shield have agreed to pay. The ac-

**Meeting scheduled by Elmora women**

The Ladies Auxiliary of the Elmora Hebrew Center, Elizabeth, will meet Tuesday at 7:30 p.m. A selection of the 1984-1985 season will be made, and contest winners will be announced.

A donor dinner will be held May 22 at 6:30 p.m. at the center.

**CARD OF THANKS**

On behalf of Mrs. Anna Fusco, mother and Angela "Wiland" fiancee of Patronus Joseph Fusco, who deceased on 16 March, 1984, we would like to thank Local PBA 76, Millburn's First Aid Squad and Overlook Hospital's Medic II, for helping us through this very trying time, our sincere thank-you to all.

Sincerely,  
ANGELA WILAND

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# Program for jobless a first in N.J.

(Continued from page 1)  
 Respiratory therapy: Harlan Andrews of North Plainfield, coordinator, respiratory therapy program, UCC.  
 Sales: Dr. Michael Hellwell, of Rutherford, assistant professor of marketing, Kean.  
 Major appliance repair: William Wyatt of East Orange, instructor, Union County Vocational and Technical School.  
 Automatic merchandising and vending machine mechanics: Robert Kelly of Bound Brook, instructor, Union County Vo-Tech.  
 Automotive mechanics: Roy Dwyer of Stockton, manager of operating services, Elizabeth City Gas Co.; William Sanguiliano of Clark, service manager, Barnes Chevrolet, Summit.  
 Machine shop trades: Ross Engellena of Scotch Plains, estimator/designer.  
 Maintenance mechanics: Joseph Cerro

of Roselle Park, instructor, Union County Vo-Tech.  
 Computer science: Joseph Dzuback of Westfield, coordinator, computer programming department, UCC.  
 Medical record administration and medical record technology: Louise Weber of Woodbridge, coordinator, medical record administration program, Kean; Margaret Hayes of Jersey City, chairperson, health technologies department, UCC.  
 Medical laboratory technician and medical technology: Virginia VanDyne of Scotch Plains, coordinator, medical technician program, UCC; Kean College representative will discuss cytotechnology and histotechnology.  
 Computer repair: Charles Carter, electronics instructor, Wayne Valley High School.  
 Foods services: Vesta Wilson of

Linden, instructor, Union County Vo-Tech.  
 Secretarial skills: Barbara Govalin of Linden, instructor, secretarial science, UCC.  
 Word processing: Barbara Pawlowski of Linden, coordinator, secretarial science, UCC.  
 Electrical trades spokespersons also will conduct workshops.  
 From 1:30 to 3:30 p.m., group counseling will be available on coping with the problems of unemployment. Topics to be covered will include enjoying one's family while unemployed; paying bills; stretching dollars; living with an addict; finding people who can help with problems; planning and using time; getting rid of stress; developing a win-

ning attitude; dealing with medical problems; dealing with legal concerns; preparing for a new job; inexpensive recreation; eating cheaply; special problems of the older person; special problems of women; special problems of men; physical fitness and exercise to ward off depression; and using veterans' benefits.  
 At the closing session, from 3:30 to 4:30 p.m., summations will be presented and the scholarships will be awarded.  
 Telephone registration is being taken today and tomorrow at 527-2410; additional information is available by calling 527-3008.

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# On the calendar

**Poipourri**  
 Nar-Anon meeting, Every Sunday, 7:30 p.m. St. Barnabas Medical Center, Old Short Hills Road, May 12, 8 a.m. to 4 p.m. 241-1869.  
 Dr. Williams Robinson Plantation tours by costumed members of Clark Historical Society, Arlitt Arm Shafer will demonstrate art in charcoal. Museum shop will feature handcrafted articles. 531 Madison Hill Road, Clark, 1 to 4 p.m.  
 Union County Hiking Club May schedule: Hunterdon and Bucks County bike ride, Circle Diner, Flemington; South Mountain Ramble, Tulip Spring parking lot, 10 a.m.; Blue Mountain Lake Circular, Herman's, Livingston Mall, 9:30 a.m.; and Schenck Mountain; Essex Toll Barter, 8:30 a.m.; May 5, Trail Maintenance Day, Nantahoga Park parking lot at mall, 8:30 a.m.; and Seven Hills in Harriman, Staatsburg, N.Y., railroad station, 9:15 a.m.; May 12, Breakneck Ridge Circular, parking lot on Rt. 95, New York; Cedar Grove to Paterson bike ride, White Castle, Bloomfield Avenue and Rt. 23, Verona, 10 a.m.; and Hickory Tree to Mundham bike ride, Hickory Square Shopping Center, May 13, Klamath Circular, Herman's, Livingston Mall, 8:30 a.m.; South Mountain Ramble, Tulip Springs parking lot, 10 a.m.; and Delaware and Pottersville Circular, Herman's, 9:30 a.m.; May 18, Tussock Circular, Tussock, New York Railroad Station, 9:30 a.m.; and Lincolnton to Holmdel Bike Ride, Lincolnton Elementary School, 10 a.m.; May 20, Chris Kaufman Memorial Bike Ride, Rt. 9 South and Craig Avenue, Freehold, 10 a.m.; and Lord Sterling Park Ramble, Mayersville Center parking lot, May 20, Bikers and Canal Bikes, Canal Boat Demonstration, Merrick Canal, Plane Run Rd., 10 a.m.; and Greenwood Lake Ridge, Packanack-Wayne Mall, 8:30 a.m.; May 27, 427-4000.  
 May Sunday Programs: Trailside Nature and Science Center, Colts Avenue and New Providence Road, Mountainside, Union County Department of Parks and Recreation, All about birds, Trailside Nature & Science Center, Mountainside, 1:30 to 3 p.m., May 25, 27, 28. Pools open for season, Railway River Park, Clark-Hatway, Wheeler Park, Linden, 11 a.m., May 26. Every Sunday (except May 27) Plantation show, "The Providence Plantation," Trailside Nature & Science Center, Colts Avenue and New Providence Road, Mountainside, May adult and family programs: Star party, Pre-registration required, 7:30 to 9:30 p.m., Trailside Planetarium, May 31, Rain date, May 18, 7:15 p.m., Pre-registration, 9 a.m. to noon, May 8, Rain date, May 28, Beginning Birding, Pre-registration, May 7, 7:30 to 9 p.m., May 12, 8 to 11 a.m., Night hike, Bring flashlight, Pre-registration, 7:30 to 9 p.m., May 11, Rain date, May 18, 527-4000.  
 New Jersey Association of Women Business Owners (NAWBO) workshop, Kick-off of association's annual state meeting, 2nd Atrium Drive, Somerset, May 4, 9 a.m. Hill Bradley, keynote speaker, May 5, 9 a.m.

**Musical**  
 Concert by Drew University Chamber Orchestra, Works by Handel, Mozart, Wagner, Great Hall.

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# On the calendar

(Continued from page 3)

**Art**  
 Ri. 24, Chatham, May 17 through May 20, 9 p.m. 377-6122.  
 Dance Celebration. Prof. classes by Julie Mahoney and Maud at Garden State Ballet Co., 1000 Garden State Blvd. School Studio, 8 South St., Morristown, May 18 and 19, 377-6122 between 1 and 5 p.m.  
 Livingston Symphony Orchestra. Richard Smith, Italia. New concert. Livingston High School auditorium, May 18, 7:30 p.m.  
 Garden State Arts Center concert in Hightstown. Second annual Governor's Concert for senior citizens, May 19, 2 p.m. 442-8200.  
 Hollyhock Festival. Glassboro State College, May 21, 10 p.m., 1929.  
 Folia Heritage Festival. Convention Hall, Asbury Park. Postcard Baby Vintum, May 27, 677-1791, 65-7624.  
 Annual Irish Festival. Garden State Arts Center, Hightstown, June 24, 442-8200, ext. 222.

**Theater**  
 "The Doozer Song." Now through June 10. Spring 1984 children's show. "The Wind in the Willows," May 12. "Jack and the Beanstalk," May 19. "Sleeping Beauty," June 2. Mill Playhouse, Millburn, 378-5433.  
 "The Desperate Hours." New Jersey Public Theater, 118 South Ave. East, Cranford. Nov to May 1984.  
 "1984." Actor's Cafe Theater, Bloomfield College, Franklin and Princeton streets, Bloomfield. Fridays and Saturdays through June 2, 8 p.m. "Happy Birthday, Wanda June." June 3 through July 7. Fridays and Saturdays, 8 p.m. 428-2522.

**Films**  
 "Cabaret." Ramapo College auditorium, 566 Valley Road, Mahwah, May 3, 4, 5, 11 and 12 at 8 p.m. 825-2800.  
 "Clowns of the Heart." Ironbound Theater's first anniversary. Newark. First two weeks in May 652-2139, 246-5271.  
 "Butterflies Are Free." June 28. Curran Theater, North Avenue and Purcell Avenue, Cranford, May 4.  
 "You Can't Take It With You." Wilkes Theater, Kean College of New Jersey, Union, May 3, 4, 5 at 8 p.m., May 6 at 3 p.m.  
 "Murder in the Cathedral." Cathedral Concert series, Newark. Cathedral of the Sacred Heart, 69 Ridge St., Newark, May 6 & 6 p.m., 944-4600.  
 "Piano's Rainbow." Workshop 99 Theater, Upsala College, Edgemoor Terrace, East Orange, May 8 to 12, 8 p.m. 367-7185.  
 "The Night of the Iguana." May 25 through June 23. Friday and Saturday evenings. Acting Studio, 189 North Avenue, East, Cranford, 272-5704 after 7 p.m.

**Films**  
 Free film showings: "Caddyshack," May 13, 8 p.m.; May 14, noon and 8 p.m. Film versions of "The Graduate" and "The Godfather Part II." May 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 1 p.m. and 8 p.m. 377-3000, ext. 238.  
 "Recent Paintings of Portugal and Brazil" by M. L. Afonso. Open house, Perth Amboy Library, 190 Jefferson St., Perth Amboy, 3 to 6 p.m. May 4. Sponsored by New Jersey Chapter of the Arthritis Foundation, 388-0144.  
 Outdoor art show and sale to area artists, May 18. Opening of members exhibition, May 20. Reception 3 to 5 p.m. Summit Art Center, 68 Elm St., 373-9121.  
 "The Graduate" film presentation. University Center at Drew, Madison, May 5, 7 and 8 p.m. 377-3000.  
 "Carusel." Overlook Musical Theater, St. John's Lutheran Church, 327 Springfield Ave., Summit. Fall date 435-5745.

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# On the calendar

(Continued from page 4)

**Art**  
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**Art**  
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 "The Graduate" film presentation. University Center at Drew, Madison, May 5, 7 and 8 p.m. 377-3000.  
 "Carusel." Overlook Musical Theater, St. John's Lutheran Church, 327 Springfield Ave., Summit. Fall date 435-5745.

**Lottery winners**

Following are the winning New Jersey Lottery numbers for the weeks of April 2, April 9, April 16 and April 23:

**PICK-11 AND PICK-4**

April 2 - 803, 7359.	April 14 - 731, 9978.
April 3 - 335, 0888.	April 16 - 640, 8840.
April 4 - 030, 4288.	April 17 - 973, 6038.
April 5 - 969, 2787.	April 18 - 407, 9761.
April 6 - 282, 9575.	April 19 - 849, 2316.
April 7 - 318, 9268.	April 21 - 961, 1356.
April 8 - 316, 6149.	April 23 - 711, 9777.
April 10 - 027, 9033.	April 25 - 806, 6230.
April 11 - 961, 7279.	April 28 - 775, 9715.
April 12 - 736, 8422.	April 27 - 659, 3941.
April 13 - 026, 6170.	April 29 - 882, 7723.

**PICK 6**

April 5 - 1, 2, 4, 27, 31, 32; bonus - 79466.
April 12 - 6, 11, 15, 23, 28, 33; bonus - 68365.
April 19 - 7, 10, 15, 19, 28, 35; bonus - 23569.
April 26 - 1, 3, 18, 20, 27, 34; bonus - 58829.

## Some business firms are eligible for aid

The Union County Economic Development Corporation has announced that, in order to assist expanding business firms move from one location to another within Union County, it will help with a portion of the costs for machinery rigging or leasehold improvements. Funds will be available for those purposes at below-market interest rates. The maximum amount available from the Union County Economic Development Corporation for each leasehold improvement loan is \$5,000. The maximum amount available for each machinery rigging loan is \$3,500. For further information, contact Ralph Klopfer, executive director, Union County Economic Development Corporation, 443 E. Westfield Ave., Roselle Park 07204, 245-1600.

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## Mother's Day Dining Guide

### Disc 'n' Data

By MILT HAMMER  
Pick Of The LPs, "Excuse Me Are You Reading That Paper?" by David Brenner (MCA Records).

David Brenner is probably best known for his guest-hosting of "The Tonight Show" and his appearances on all the major talk shows. In 1980 The Book Of Lists No. 2 recognized his popularity by citing him the number one most frequent guest on television.

What few people realize is that David is also a writer-producer-director, as well as an author. Before stepping in front of the cameras, he enjoyed a very successful career behind the cameras as the creator of numerous documentary films and headed the prestigious documentary department of Westinghouse Broadcasting. His films earned him nearly 30 awards in that industry.

In 1983, David added another dimension to his career by writing his first book "Soft Pretzels With Mustard" published by Arbor House and containing accounts from his youth to the present.

Now, David has brought his writing and comical talents to bear on his debut album, "Excuse Me Are You Reading That Paper?" David created a combination of dramatized excerpts from his book, bringing them to life with sound

effects and actors; even his own parents, Lou and Estelle, portray themselves. He also correlated stand up routines recorded at live performances.

Two months after his first appearance on stage, David says, he played his first paying job at "Pips" in Brooklyn, earning \$30 for five shows. Then 18 months later, he made his debut on "The Tonight Show." That appearance launched his career. Within months he appeared on the last live "Ed Sullivan Show" and had a debut in the main showroom at the Sahara Hotel in Las Vegas.

In 1975, David made his first headline appearance, playing to SRO audiences at Palumbo's in his hometown of Philadelphia. From there, he headed nightclubs, theaters, college auditoriums and concert halls in 49 states.

David's main influence in comedy is his father, Lou, who was a vaudeville comedian. David credits his father with giving him his timing, delivery, and his sense of humor. Besides Lou, David is very close to the rest of his family, including his mother, his brother, Mel (a college professor), and his sister Bib (a high school teacher).

David was born and raised in the tough, poor sections of South and West Philadelphia. As a youth, he was a gang

leader. Humor was a valuable instrument for dealing with life in the neighborhood, and David's use of humor helped get him through those years. He ultimately was elected both class president and class comedian in high school. David then attended Temple University, where he was graduated with honors in communications.

David has been honored by the American Guild of Variety Artists as "Male Comedy Star of the Year." He also was voted the "Las Vegas Comedy Star" award by his fellow performers. His most cherished award occurred on May 5, 1978. That date was proclaimed "David Brenner Day" by his hometown of Philadelphia, to be presented with the keys to the city... a true showing of just exactly how far David Brenner had come.

**TYPE RELEASES**  
All news releases must be typewritten, double-spaced. If you can't type yours, print it legibly or have it typed for you. The reason for this is the need for accuracy.

Want Ads Work...  
Call 686-7700

### Mink of Union has 'Bus' role

Gary A. Mink of Union plays Virgil in the final production of the Major Theater series season, "Bus Stop," by William Inge. The play is being staged now to Saturday in the Memorial Auditorium, Montclair State College.

Mink has appeared in the Montclair State College productions of, "Arsenic and Old Lace," and "Romeo and Juliet," and has appeared in the Players Productions of "Taming of the Shrew," "All My Sons," "Chicago," "Diviners," "Pippin," and "Six of July."

Additional information can be obtained by calling 893-4205.

### 'Applause' to end season for Players

"Applause," the final show in Westfield Community Players' 50th anniversary year, under the direction of Bruce and Rosalind, with a cast of 28, is being presented at the Community Players' theater, 1000 North Ave., Westfield, May 4 and Saturday, and May 11 and 12 at 8:30 p.m. Additional information can be obtained by calling 242-1221.

### Focus on entertainment

#### Allen comedy set by Players

Tom Tyler will produce the group's annual art show and sale will be open to the public on June 3 from 5 to 8 p.m. Wine and cheese Sam, by the Chatham Community Players, information can be obtained by calling Carol Peterson.

"The Pirates of Penzance" continues May 4 and Saturday at 8 p.m. in the Chatham High School. Boots will be staged May 19 at the County College of Morris at 1 p.m. Additional information can be obtained by calling Tyler at 877-2874, served.

Reserve Now  
for Mother's Day

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CHILDREN'S MENU AVAILABLE  
Major Credit Cards Honored

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Now Taking Reservations For  
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Roast leg of Lamb w/ mint jelly  
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Broiled Red Snapper

All Dinners Include Appetizer, Soup, Salad Bar, choice of Dessert and Beverage  
PLUS A LA CARTE & CHILDREN'S MENU

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Complete Dinners from \$8.95

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Children under 3 eat FREE!

**Ruby's Holiday Inn**

Special dinner prices for children, and the first child under 10 years in every party eats FREE.  
A special treat for every Mom!

Members of the WCA (family of exceptional hotels and restaurants)

### Concert artist Choral masterpieces set set tomorrow

Bobby Byrne, concert artist, night club singer, actor and musician will appear on stage in Holy Trinity Hall, 315 First St., Westfield, tomorrow at 8 p.m.

The New Jersey Schola Cantorum will present a program of choral masterpieces of the 20th century Sunday at 3:30 p.m. in Crescent Avenue Church, Wai-chung Avenue, and Seventh Street, Plainfield.

Program selections include modern musical styles, from "Symphony of Psalms" by Stravinsky, to Durufle "Requiem," and "Peaceable Kingdom" by Randall Thompson.

The Schola Cantorum, under the direction of music director and conductor Louis Hooker, has performed over the past 20 years.

Tickets are available at the door. Additional information can be obtained by calling 750-7311.

### Butterflies on hall stage

The Open Curtain Theater will present the Leonard Gershe comedy, "Butterflies are Free," on the Sherlock Hall stage, Trinity Church, North and Forest avenues, Cranford, on consecutive Fridays and Saturdays, May 4, Saturday, May 11 and 12.

Bob Peiser will direct and Paul Irslinger serves as producer.

Want Ads Work...  
Call 686-7700

### Music concert slated Sunday

A Chamber Music Concert, featuring the Westfield Symphony String Quartet and pianist Trudi Super, will be the spring concert offering of the Music Box series Sunday at 3:30 p.m. in Kent Place School, 42 Norwood Ave., Summit. Members of the Westfield Symphony String Quartet include Peter Winograd, violin; Katherine Cash, violin; Michael Stewart, viola, and Barbara Hedlund, cello.

### Movie timeclock

BELLEVUE (Montclair)—ROMAN-CING THE STONE, Fri., Mon., Tues., Wed., Thurs., 7:45, 9:55; Sat., Sun., 1:30, 3:30, 5:35, 7:45, 9:55.

BELLEVUE II—MOSCOW ON THE HUDSON, Fri., 8:10-15; Sat., Sun., 1:45, 3:50, 5:50, 8:10, 10:20; Mon., Tues., Wed., Thurs., 7:40, 9:50.

BELLEVUE III—REUBEN, REUBEN, Fri., Mon., Tues., Wed., Thurs., 7:30, 9:30; Sat., Sun., 2, 4, 6, 8, 10.

FIVE POINTS CINEMA (Union)—POLICE ACADEMY, Fri., Sat. midnight show. Call theater at 964-9633 for feature and timeclock.

LINDEN TWIN ONE—FOOTLOOSE, Fri., 7:30, 9:30; Sat., Sun., 1:45, 3:45, 5:45, 7:45, 9:30; Mon., Tues., Wed., Thurs., 7:30, 9:30; Fri., Sat. midnight.

PINK FLOYD, THE WALL, LINDEN TWIN TWO—SWING SHIFTS, Fri., 7:45, 9:40; Sat., Sun., 1:35, 3:35, 5:35, 7:35, 9:35; Mon., Tues., Wed., Thurs., 7:45, 9:40; Fri., Sat. midnight, CALIGULA.

LOST PICTURE SHOW (Union)—ALPHABET CITY, Fri., 7, 8:35, 10:10; Sat., Sun., 2, 3:35, 5:10, 7, 8:35, 10:10; Mon., Tues., Wed., Thurs., 7:30, 9:15.

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The finest authentic Chinese cuisine  
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20 words (commissionable) (minimum) . . . . . \$5.25	4 times or more . . . . . \$4.50	Classified Display Open Rate (commissionable) . . . . . (\$9.38 per inch) 67' per line	3 Times . . . . . (8.54 per inch net) 61' per line
Each additional 10 words or less . . . . . \$1.50	Each additional 10 words . . . \$1.50	Contract rates for ads that run on consecutive weeks . . . . . (8.54 per inch net) 61' per line	Over 4 Times . . . . . (7.70 per inch net) 55' per line
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10 words or less (commissionable) \$5.25 . . . . . 4 times or more . . . . . \$4.50	Each additional 10 words or less . . . . . \$2.00 . . . . . Each additional 10 words . . . \$1.50	Classified display open rate (commissionable) . . . . . 19.04 per inch/1.34 per line	4 to 6 weeks . . . . . 17.08 per inch/1.23 per line
Classified Box Numbers Available—\$2.50		7-52 weeks . . . . . 14.98 per inch/1.07 per line	
Classified ads are payable within 7 days.		CLASSIFIED DISPLAY	
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20 words (Commissionable) (Minimum) . . . . . \$10.00	Additional 10 words or less . . . . . \$2.00	7-52 weeks . . . . . 14.98 per inch/1.07 per line	
Classified Box No. . . . . \$5.00	BORDERED ADS . . . . . \$7.00	DEADLINE FOR ADS RUNNING IN COMBO IS 5:00 PM MONDAY	

**INDEX:** 1. EMPLOYMENT 2. ANNOUNCEMENTS 3. MISCELLANEOUS 4. PETS 5. INSTRUCTIONS 6. SERVICES OFFERED 7. REAL ESTATE 8. RENTALS 9. BUSINESS OPPORTUNITIES 10. AUTOMOTIVE

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**PERSON** With light sewing experience for dry cleaning store in Union. Good salary. Mornings Monday through Friday 680-6623.

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**WOMAN'S CLOTHING STORE** In Watchung Market, route 22, Watchung, Thursday, Friday and Saturday (between 10-4 p.m.) TRACY LYNN. FASHIONS.

**SECRETARY** Receptionist, light typing, assist doctor, full time, part time. Reply to Classified Box 484, Suburban Publishing, 1291 Stuyvesant Avenue, Union.

**SECRETARY/PART TIME** For doctor's office in Union. Day and evening hours available. We will train, \$3.50 per hour with opportunity for increase, after 60 days, plus many benefits including vision and dental, paid holidays, vacation. Call Alice, 743-4484.

**PART-TIME** Dictaphone Typist: Morris Avenue, Union. Call Mr. Orr 687-2200

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**SECRETARY** This position reports to the Director of Human Resources of a Union County industrial company. Excellent typing and shorthand skills are required. The applicant must be personable, people oriented, have the ability to handle diversified assignments and be a self-starter who is anxious to assume responsibility. Excellent salary and benefits. Please send resume and salary history to: Classified Box 487, Suburban Publishing, 1291 Stuyvesant Avenue, Union, New Jersey 07083. Equal Opportunity Employer.

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**SECRETARY** Interesting and diversified position for experienced and organized individual. Excellent typing and stenography skills. 35 hour week. Call 467-2468.

**TRAINER-GRINDER-CYLINDRICAL** Must read micrometer. Opportunity, benefits, overtime. Linden. 852-0559.

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**HELP WANTED**

**TRAINER** Person with some light experience in bookkeeping and typing to learn operation of small computer. Office in Union, New Jersey. Call Mr. B. for appointment 687-1100.

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**PERSONALS**

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## Rajoppi beginning new investment program

Jaime Rajoppi, Union County register of deeds and mortgages, has announced a new policy which she said will raise new revenues in excess of \$15,000 in 1984 for the county at no cost to the taxpayers.

Until now, she said, the register's office has maintained three bank accounts, none of them earning interest. They are: an account for daily cash deposits, which includes

recording fees turned over to the county in a monthly basis; an account for realty transfer fees; and a revolving account for lawyers' charges purposes.

"Recently, I have authorized our daily cash deposit account to be invested in a money market account at a varying interest rate. Based on an average monthly balance of in excess of \$35,000 for 1983, this account will yield

approximately \$2,500 over the next nine-month period," Rajoppi said.

For the largest of the three accounts, the realty transfer-fee account, which maintained an average monthly balance of over \$188,000 during 1983, "I have authorized a monthly eight-day repurchase agreement with a fluctuating yield," she added. "This account will yield approximately \$3,000 over the next nine-month period."

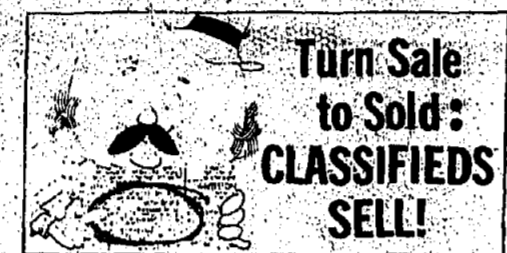
The repurchase

agreement is backed by U.S. Treasury notes and bonds. In addition, it is insured through the Government's FDIC's Deposit Protection.

"Lastly," Rajoppi said, "I have placed the lawyers' account and realty transfer fee account in two NOW accounts at a fixed yield. These accounts will yield approximately \$9,200 over the next nine-month period."

Rajoppi concluded, "While the register's office

continues to generate the largest portion of revenue for Union County, I will continue to seek innovative means to add to the revenue. This will be the first time in the history of the register's office that interest has been earned on any type of account."



FOCUS ON UNION COUNTY — MAY 3, 1984 — PAGE 18

## Association receives a surprise donation

The Union County Association for Retarded Citizens, whose headquarters is at 1220 South Ave. in Plainfield, received an unexpected donation for its Thrift Shop recently.

It was, to all appearances, a carton of clothes left outside the front door.

On top were some shirts, neatly folded and packed.

But when staffers began to unpack the box, three black puppies suddenly popped up.

Fussed over by the trainees at the association headquarters, the puppies quickly lapped up a carton of milk. All three were then adopted by staff members.

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## Camp to hold open house

Brooklake Day Camp, a camp for boys and girls from 3 to 13 years of age, will hold an open house from 1 to 3:30 p.m. Sunday at its campsite in Florham Park.

Visitors will be welcomed by Neil and Judy Rothstein, owners and administrators.

Those interested in visiting Brooklake can call 533-1000.

## FLEA MARKET

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Raindate  
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# HEALTH & FITNESS update



May 3, 1984

The entire contents of this section supplied by the staff of Suburban Publishing Corp.

## SUPPLEMENT TO:

• Union Leader • Springfield Leader • Linden Leader • Kenilworth Leader • Mountainside Echo • Spectator

## Health roundup

St. Elizabeth Hospital in Elizabeth will offer a two-day advanced cardiac life support (ACLS) seminar based on American Heart Association standards on Saturday and Sunday from 8 a.m. to 5 p.m. in the SEH Education Center, 225 Williamson St., Elizabeth.

The seminar is designed for physicians, nurses and paramedics regularly involved in emergency care delivery. Participants must have current basic life support (BLS) certification, and must demonstrate proficiency in one and two rescuer CPR and adult airway maneuvers at 30-minute sessions tomorrow between 6 p.m. and 10 p.m.

Overlook Hospital in Summit will offer a three-and-one-half hour cardiopulmonary resuscitation (CPR) course on Wednesday from 7 to 10:30 p.m. in the auditorium. The course is open to everyone over the age of 14.

The course includes individual practice on electronic mannequins and will highlight the risk factors leading to heart disease; early warning signs of heart disease; common causes of sudden death related to heart disease; anatomy and physiology of the heart and lungs; one-person CPR; and foreign body airway obstruction technique, using American Heart Association standards. Those who attend the course will receive a review booklet and a course completion card.

The class is limited to the first 25 registrants. There is an \$8 registration fee to cover operating costs.

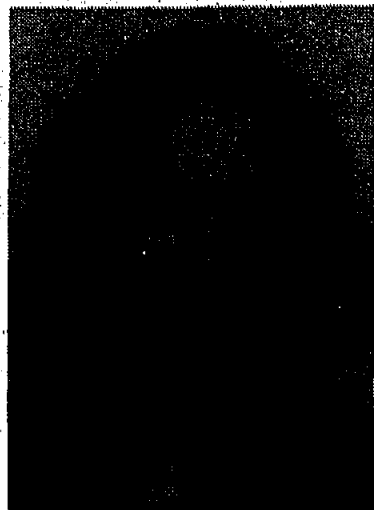
To register or for further information, interested persons may call 522-2865.

Prepared childbirth classes under the sponsorship of Overlook Hospital's Parentcraft program are being formed for a May start for couples with a child due in July. Four sections, each limited to eight to ten couples, will be filled on a first-come, first-served basis.

Sessions will begin May 17, 21 and 29. The two-hour classes will begin at 8 p.m. Interested persons may register by calling 522-2863.

Jacqueline Schachter of New York City has been appointed psychosocial support coordinator of the cancer program at Elizabeth General Medical Center. In this capacity, she will offer counsel and emotional support to cancer patients and their families.

Schachter, a graduate of Brandeis University in Waltham, Mass., holds a Ph.D. in clinical psychology from the



JACQUELINE SCHACHTER

State University of New York at Stony Brook.

She served a post-doctoral fellowship at Elizabeth General, was a psychotherapist at the Psychological Center of the State University of New York at Stony Brook and was a marital therapist at the Stony Brook Marital Therapy Clinic.

New members are now being accepted for a session of the Alzheimer's Family Support Group that will begin June 3 at the Jewish Community Center of Central New Jersey, Green Lane, Union.

The group, under the direction of Jean Diamond, meets Sundays from 10 a.m. to noon. It is designed to help family members of Alzheimer's patients cope with such issues as day care, home care alternatives, insurance coverage, and institutionalization.

Further information is available by calling 288-8112.

Lionie B. Hanauer, M.D., of Millburn, a rheumatologist, will speak on "What Is New in Arthritis Research" at 7:30 p.m. Tuesday at John E. Runnells Hospital, Plainfield Avenue and Valley Road, Berkeley Heights.

Hanauer's talk will be presented at the monthly meeting of the Union County Arthritis Support Group, an organization for arthritis victims and their friends and families, which meets at Runnells Hospital on the second Tuesday of each month.

Further information is available from the New Jersey Chapter of the Arthritis Foundation, 15 Prospect Lane, Colonia, 388-0744.

Irwin M. Berlin, M.D., has been appointed chief of pulmonary disease at St. Elizabeth Hospital, Elizabeth. In that position, he also serves as director of medical education and medical director of respiratory therapy.

A graduate of the State University of New York, Downstate Medical Center, New York, Dr. Berlin served a clerkship at the National Institute of Neurology in London, England, and medical residencies at Long Island Jewish

Hillside Medical Center and State University of New York at Stony Brook.

He formerly was chief of pulmonary medicine at Jersey City Medical Center.

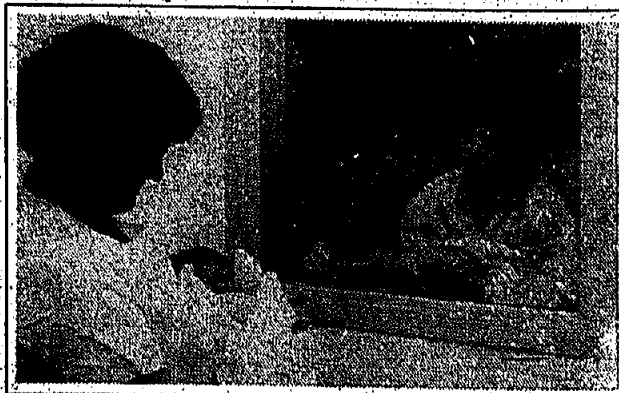
The Nurses' Advisory Board of the Garden State Chapter, Myasthenia Gravis Foundation, has established a Myasthenia Gravis Resource Center to be housed in the Division of Nursing Education, Kean College, Union.

Ruth Sampson, chairman of the board, said nurses from throughout the state will be able to visit the center to do research. Literature and teaching information are available there, she added.



IN THE SWIM—The Five Points YMCA in Union is getting ready for the warmer weather by offering swimming lessons for all ages in its outdoor pool. Classes for children begin June 11 and adult sessions begin June 18. More information is available by calling the YMCA, located at 201 Tucker Ave., Union, 688-YMCA.

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## Pharmacists launch anti-drug abuse effort

An innovative public information campaign using the resources of 55,000 community pharmacies, and 120,000 pharmacists across the country to help educate parents on the health dangers of illicit drug use by their children has been launched in New Jersey and the rest of the nation.

The program, called Pharmacists Against Drug Abuse (PADA) was created by McNeil Pharmaceutical and the Johnson & Johnson Family of Companies. It is built around a free brochure, "The Kinds Of Drugs Kids Are Getting Into." PADA focuses on alerting the public to the dangers of such commonly abused, "gateway" drugs as marijuana and alcohol. According to Dr. Carlton E. Turner, director of the White House Drug Abuse Policy Office, "These are the two substances young people are most likely to use in entering the drug scene." The program also focuses on cocaine, the fastest growing drug of abuse in America.

PADA is sponsored by the Pharmacists Against Drug Abuse Foundation, a foundation created by McNeil Pharmaceutical and the Johnson & Johnson Family of Companies specifically for the program. In addition to endorsements from First Lady Nancy Reagan, PADA has the ongoing support of the White House Drug Abuse Policy Office, ACTION—the federal volunteer agency, The National Parent's Resource Institute for Drug Education (PRIDE) and the

National Federation of Parents for Drug Free Youth.

Speaking before media conferences in New York and Los Angeles to launch the program nationwide, Dr. Turner emphasized that over one-third of all youth in America use illegal drugs and one out of every 18 high school seniors use marijuana every day.

Turner added, "Parents and children need to know that using these drugs is harmful. For example, marijuana can have a marked impact on a child's ability to learn and to remember things. What we're really talking about is an epidemic of drug abuse which is a threat, a real danger to a generation of young people."

Other participants in the announcement of the program launch were actor Michael Landon, national spokesperson for PADA; Margaret Heckler, secretary of Health and Human Services; Thomas W. Paaken, director, ACTION; and Jack E. O'Brien, president, McNeil Pharmaceutical and the Pharmacist Against Drug Abuse Foundation.

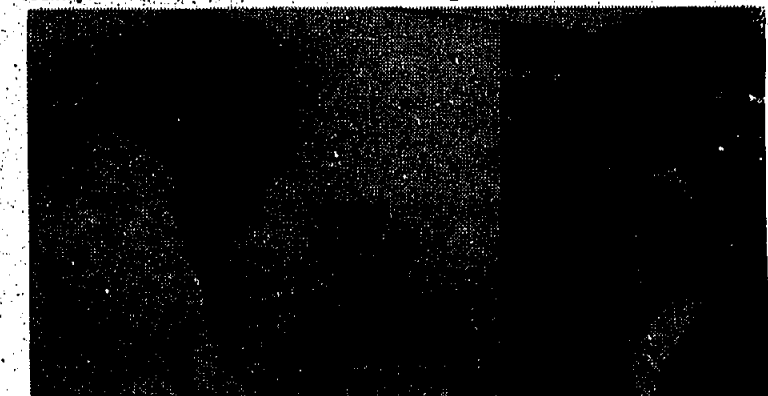
According to O'Brien, the program was developed using pharmacists because "local pharmacists, by academic training and professional expertise are experts in drugs and an excellent source of information on drug abuse." He added, "to make the program successful we must do more than distribute 25 million brochures on drug abuse throughout the United States.

Additionally, parents must educate themselves about drug abuse, talk to their kids, get involved in their communities, and form and work with existing parents groups that can turn around the drug abuse problem in America.

Paaken, who represents the federal government agency that supports volunteer programs, said that ACTION was enthusiastic in cooperating in the PADA program as it represents one of the single largest joint endeavors of private/public sector programs in the country.

In addition to the free brochures available at participating pharmacies, the PADA program also includes a public service television and radio campaign featuring Michael Landon. This campaign encourages people to seek out their local pharmacist for information on drug abuse.

Parents who want further information about how to aid in the fight against drug abuse, may call: ACTION•PRIDE, the National Resource Center at 800-241-7948 or the National Federation of Parents for Drug-Free Youth at 800-854-KIDS.



PADA SPOKESMAN—Actor/director Michael Landon, national Pharmacists Against Drug Abuse spokesman, talks with a pharmacist about the anti-drug abuse information program.

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# SEH plans many activities for Hospital Week

With the announcement, "We're the Caring Kind," St. Elizabeth Hospital (SEH) joins hospitals throughout the nation in celebrating National Hospital Week 1984, Monday to May 12.

"The 1984 National Hospital Week theme pays tribute to the special kind of people we have at St. Elizabeth Hospital," said Sister Margaret Doherty, SEH executive director. "Whether they be physicians, employees, volunteers, visitors, or trustees, they are all people who are the Caring Kind. They are people who care about one another and about the community. It is their commitment to caring that we celebrate this week."

Free blood pressure screenings will be offered to the public on May 11, from 10 a.m. to 2 p.m. and from 1 to 6 p.m. in the

## Health habits are the basics

To achieve the maximum benefits of any health-improvement program, several good health "basics" must be understood and accepted. These include:

- Eliminate smoking — According to the Surgeon General of the United States it is injurious to the smoker's health, and some physicians believe that even "sidestream" smoke is harmful to non-smokers.
- Moderate the intake of alcohol and caffeine. The upper limit is 15 ounces of hard liquor (10 drinks) or equivalent in wine or beer per week and three caffeine-containing drinks per day.
- Prescription drugs should be taken in accordance with physician's instructions.

hospital's Education Center. Literature on high blood pressure will be available. Further information on these screenings, is available by calling the Nursing Education Department at 527-5390.

Community awareness of National Hospital Week will be heightened with a window display at Steinbach's Department Store, East Broad Street, Elizabeth, and a student art poster contest at a local school, with the posters being displayed in the hospital cafeteria throughout the week. Winners of the contest will be presented with cash awards and a reception and tour at the hospital for themselves, their families and the school's administration.

On Employee Appreciation Day on Wednesday, administrative and management staff members will serve lunch and dinner to employees. Additionally, special food prices will be offered, and employees will be given special tokens commemorating the day.

A photographic display featuring employees in their various posts in the hospital will also highlight the theme, "We're the Caring Kind."

Physicians will be honored May 11 with a continental breakfast. That evening, a Volunteer Service Awards ceremony and dinner will credit the dedication and commitment of the volunteers to the hospital. Throughout the week, hospital patients will receive special information and literature on their food trays.

In addition to National Hospital Week activities, the St. Elizabeth Hospital Nursing Staff has planned special events honoring its nurses on National Nurses' Day, Monday. Announcement will be made of the Registered Nurse and Licensed Practical Nurse of the Year

with a special ceremony and reception for nurses on all shifts. A display in the Main Lobby of the hospital will feature nursing memorabilia, including antiquated nursing uniforms, caps, and yearbooks, a collection of nursing dolls in various uniforms throughout the world, and literature about the nursing profession. Also featured will be a display of nursing pins representing the alma maters of SEH nurses, letters of greeting from nursing leaders throughout the state, and a proclamation of Nurses' Day 1984 presented to the SEH

## Teeth tips

Here are tips on keeping your teeth clean from periodontists, the dentists who specialize in treating gum disease.

Place brush head alongside teeth, with bristle tips angled at gum-line. Brush gently and with very soft strokes, but use enough pressure so that you feel the bristles against the gum. Remember, only the tips of the bristles clean, don't squish them.

The toothbrush cleans only one or two teeth at a time so change the position of the toothbrush frequently. Brush inside of front teeth with the "toe," or front part of the brush.

Use dental floss to clean the sides of teeth. The floss goes under the gum line.

Nursing Staff by the City Council of Elizabeth.

Sister Doherty concluded, "We could not serve the community without the community's support, and the dedicated effort of our employees. National Hospital Week 1984, is a celebration of both our employees and the community. Only by working together can we truly be the Caring Kind."

National Hospital Week is sponsored each year by the American Hospital Association and its 6,300 member hospitals throughout the country.

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# Local grandmother 'takes it off' with the help of Lean Line's class

Joan Nisch from Irvington has lost an incredible 102 pounds and is wearing a slinky size 10. Finding little success after years of dieting from the time she was a teen-ager, she agreed to accompany a friend to a Lean Line class.

She was pleased and surprised by her initial success. Joan found that as her weight dropped, her energy increased, her arthritis was not as painful and she didn't feel as if she was "over the hill." In fact, her 2-year-old grandson thinks she has "nice legs."

At any age it is important to look and feel your best. It is also important to lose weight in such a way that you learn proper nutrition, lose weight gradually

and keep it off. Whether you are a young grandmother like Joan, a teen-ager, a young mother or an overweight executive, Lean Line has a program that will fit your needs and your lifestyle.

Some of the programs that were available to Joan, and all Lean Line members are a Tension and Stress diet, a one week of discipline called "Magie" and the regular Lean Line weight loss and maintenance program.

Further information about Lean Line and the classes offered in the area is available by calling 757-7677.



WEIGHT OFF—Joan Nisch, left, before, and after she took the Lean Line class.

## Disabled POWs may be eligible for VA benefits

The Veterans Administration is reminding former prisoners of war that a law enacted in 1981 broadened the agency's authority to provide health care for ex-POWs and liberalized rules for determining whether compensation can be paid for certain medical conditions.

Residuals of certain conditions suffered in prisoner-of-war camps are presumed to be related to the POW experience. A former POW who is now disabled by one of these conditions may qualify under the law for VA disability payments without the need for additional proof. It will be presumed, in the cases of former POWs, that the conditions originated in, or were aggravated by, military service.

A recent law added dysthymic disorder (depressive neurosis) to a list of such diseases which already included chronic dysentery, helminthiasis, nutritional deficiency (such as beriberi, pellagra), psychosis, and any of the anxiety states including post-traumatic stress disorder.

Any former POW who was detained or interned for 30 days or more, and who became disabled by one of these conditions at any time after his military service, will be presumed to have incurred the condition during his military service unless there is evidence of some other cause.

VA Administrator Harry N. Walters urges all former POWs to register with their nearest VA office. Information on disability compensation and other benefits, including medical and dental care, will be provided along with assistance in applying.

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## Warming up properly essential to exercise

Organizing and sticking to a regular schedule of workouts can make you look better, feel better and live a lot longer. The surest way to a successful exercise program is a good beginning. In physical fitness, a good beginning is the proper choice of clothing and shoes, and an adequate warm-up period.

If your circulation is nil and your muscles stagnant or tight, injuries can result. A warm-up period can help prevent muscular and skeletal injuries

and reduce soreness, by gradually stimulating cardiovascular activity and breaking a light sweat. As your circulation increases blood is pumped to your muscles, making them warm and pliable.

The warm-up should consist of five to 10 minutes of stretches, flexibility exercises and light calisthenics. Be specific and warm up those parts of your body that will be exercised during the actual workout.

Sustained, static stretches help lengthen muscles and loosen joints. Start slowly, then gradually build up your heart rate and breathing so that a smooth transition can be made to more strenuous exercises.

An adequate warm-up can also make you better prepared mentally and emotionally for the work out to follow. Practice common sense by building a warm-up period into your workouts.

The choice of clothing is dependent on

the weather conditions and type of activity. Clothing should provide freedom of movement without being overly loose.

In warm weather, clothing should protect you from heat exhaustion and muscle cramping. Wear fabrics that are porous and act like a blotter. Both conditions facilitate the evaporation of sweat, which is the primary way body temperature is regulated during exercise.

## Sensitivity to foods affects many people

If eating meals frequently leaves you feeling drowsy or bloated, nauseous or constipated, even irritable or depressed, your daily diet probably includes too many "healthy" foods.

In fact, according to findings released by clinical ecologists, you suffer from a somewhat underpublicized ailment called food sensitivity. However, you needn't despair. You are not alone in your suffering.

Each day, countless millions of your fellow citizens are also plagued by severe headaches, sore throats, gastric discomfort, sinus problems and dozens more telltale symptoms of food sensitivity, including those mentioned above.

The fact is, food sensitivity strikes Americans daily. And many of these people are unaware they have a food-related problem.

It is small wonder, too, because the foods doing the harm are the same foods most people have been taught are good for them. They are the foods most often consumed. And they are at the root of the problem.

Wheat and other grains, milk and dairy products, red meats, sugars and similar "good foods" are the culprits that cause you, and other sufferers of food sensitivity, to feel miserable. Fortunately, there is a way out of this dietary prison.

If you live almost anywhere in the metropolitan area, you can go for help to a private center called New Outlook Nutrition, Inc. Under the care and supervision of licensed physicians, New Outlook Nutrition has devised a treatment program for sufferers of food sensitivity.

Since opening its doors for business, New Outlook Nutrition has successfully treated so many patients, it has quickly grown to be one of the largest treatment centers in the state.

If you believe you suffer from food sensitivity, all you have to do is arrange an initial meeting with New Outlook Nutrition in its offices. Prior to the first consultation, you'll be asked to complete a

questionnaire which will help the New Outlook Nutrition physician assigned to your case determine if you have a food related problem.

If your answers indicate that you need help, New Outlook Nutrition will take you on as a patient for their 3-step, six week program:

New Outlook Nutrition, Inc. is a professionally staffed health center treating patients in Union which is open five days a week from 9 a.m. to 5 p.m. Consultations may be arranged by calling 686-2990.

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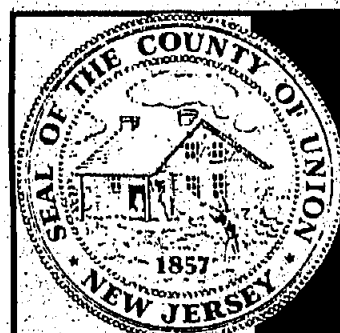
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Since its opening in 1973, the unit has treated approximately 6,000 patients and now serves as a model for similar units throughout the state. The success of the program is due largely to the dedication of the highly trained staff and the application of a variety of therapies.

**Geriatric Care**  
A program of skilled nursing care is directed toward enhancing the quality of the patient's life while keeping mind and body in stable condition.

**Physical Therapy**  
The Physical Therapy program is designed to improve general body strength and condition and to permit self-reliance, whenever possible, especially in walking and climbing stairs.

**In-Patient and Out-Patient Psychiatric Services**  
A combination of different therapies, including individual, occupational, recreational and dance are offered. Group and family therapy is also employed to promote self-reliance with the ultimate goal of all these disciplines being patient independence.

**Out-Patient Services**  
Additional out-patient services are available in four areas: At the Senior Citizen Diagnostic Clinic, free testing for those 60 and over is provided on a weekly basis in the following areas: blood pressure, pleurisy, diabetes, Pap smears and S.A.C. (a 24-hour chemistry profile). The Bureau of Tuberculosis, operated jointly by the State of New Jersey and Union County, for the purpose of reducing the incidence and controlling the spread of tuberculosis. Runnells Chest Clinic holds free monthly testing in conjunction with the Bureau of Tuberculosis. Runnells is a specialized hospital and contains an Emergency Room for emergency services to ill or injured persons.

**Recreation Therapy**  
Embrace recreation is a favorite leisure remedy to aid patients' mental and physical rehabilitation. Runnells modern and well-trained staff are skilled in techniques that include: live participation

**Terminal Oncology**  
The medical goal of palliative care of terminal cancer patients is to provide such treatment through pain control and supportive services.

**Physical Medicine and Rehabilitation**  
In the Physical Medicine and Rehabilitation Unit, the full range of physical and emotional rehabilitation services are available for the severely physically impaired person with the ability to learn and the potential for improvement or recovery.

**Occupational Therapy**  
Occupational Therapy programs are designed to meet the specific requirements of each individual. After testing to assess upper extremity function and perceptual skills, vocational and pre-vocational interests and potential, a program of exercises, crafts and games is established for each patient.

**Speech Pathology**  
Speech pathology offers screening, evaluation and treatment for patients with communicative problems, as well as audiological screenings.

John E. Runnells Hospital of Union County  
Valley Road & Plainfield Avenue Berkeley Heights, 322-7240

## Hospice and hospital sign joint agreement

Elizabeth General Medical Center will provide inpatient hospice care to terminally-ill patients served by Center For Hope, Inc., as a result of a recent agreement with the hospice organization, announced David A. Fletcher, chief operating officer of Elizabeth General, and Peggy Coloney, president of Center For Hope, Inc.

Services to be provided by Elizabeth General include management of pain and other symptoms, respite care such as bathing and feeding, and psycho-social support services for the patient and his or her family.

According to Elliott Fishkin, M.D. director of the Cancer Program at Elizabeth General, "Hospice care involves treatment and care for terminally-ill patients which allows them to continue life with minimal disruption, primarily in the home. On occasion however, hospice patients need inpatient care for pain control or symptom management."

Elizabeth General will provide such services to terminally-ill patients as emergency care, nursing care, physician and other professional services, medication, the use of therapists and other ancillary services. According to Dr. Fishkin, the hospice program will draw upon several special features of the cancer program at Elizabeth General, including a private, home-like hospice room, a kitchen where favorite foods may be prepared, an area where the patient's family may find privacy, 24-hour visiting and overnight accommodations for family members, and the services of a psycho-social counselor.

In existence since 1982, Center For Hope, Inc., located in Union, focuses upon a concept of caring for the terminally-ill and their families, enabling the patient to live as fully as possible.

making the entire family the unit of care and centering the caring process in the home, according to Peggy Coloney, president of the organization. Essentials of hospice care include: palliative care which focus on comfort, not cure; management of pain and other symptoms; psychological, emotional, and spiritual support to patient and family; provision of trained medical personnel, nurses, social workers, clergy and trained volunteers; community education, and bereavement care for the survivors.

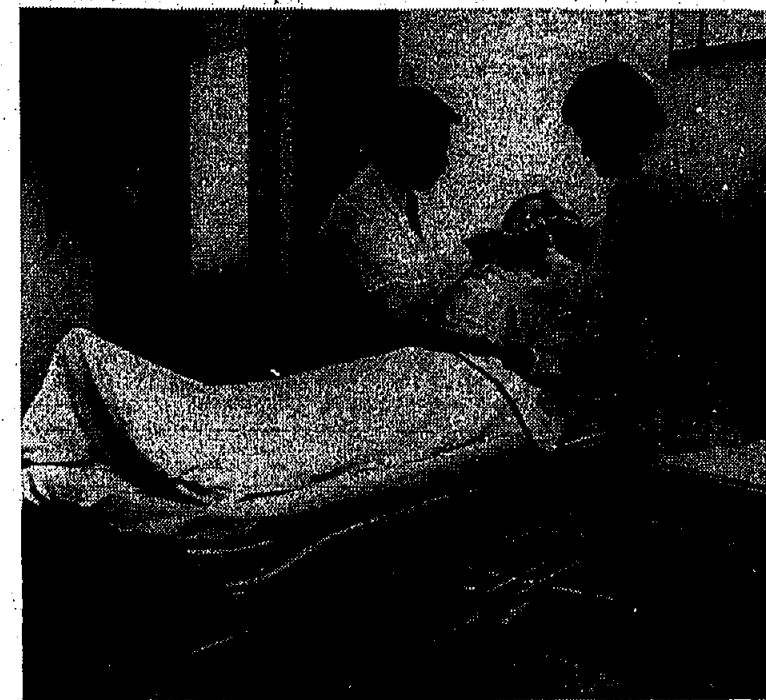
"We're looking at this joint effort as an opportunity to provide Union County with a compassionate and caring addition to the already good medical services provided," Coloney explained.

According to Fletcher, "Elizabeth General is delighted to reach a point where we can work with the Center For Hope to provide excellent hospice care."

## 'Y' is planning river raft trip

The Summit Area YMCA sponsors an all-day whitewater rafting trip down the Lehigh River in Pennsylvania Memorial Day, May 28. The 16-mile excursion will take about six hours and will glide through waterfalls, calm stretches, and rapids, all under the professional guidance of staff from the Whitewater Rafting Center.

Bill Scalfani, senior director at the Summit YMCA, is supervising the trip which includes van transportation from the Y in Summit, leaving at 7 a.m. and returning by 6 p.m. Y membership is not required; registration is on a first-come, first-serve basis and is open to anyone 12 to 18 years old. Forms may be obtained by calling 373-3300.



IN-STRETCHER DENTAL CARE is one of the services offered by Overlook Hospital's Dental Care Center. From left, Ralph Maines, D.M.D., and John Hamberger, D.M.D., demonstrate how stretcher-bound patients are treated at the center. Playing the patient is Sarah Rossnagel. The center, which was recently dedicated, serves financially-needy, handicapped and geriatric patients. It is located on the fifth floor of the Summit facility.

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