

I challenge you
Resident challenges school board president on statement outlining dissolution process, Page 10.

Comics hilarious
'Marx Brothers' musical, 'Animal Crackers,' at Mill is reviewed, Page B3.



Summer school?
The Union County Regional District considers ending summer school program to save money, Page 3.

Springfield Leader

VOL. 65 NO. 5—THURSDAY, NOVEMBER 11, 1993—2¢ SPRINGFIELD, N.J., Home of Lauren Francis TWO SECTIONS — 50 CENTS

Community Update

Mayors schedule talk

Host Rich Leonard will greet the mayors of Mountaintop, Springfield and Summit on "Downtown: A Talk with Your Mayor," this month on Suburban Cablevision TV3. The program will be aired live on Nov. 17 at 6:30 p.m., and a repeat cablecast can be seen on Nov. 21 at 4 p.m.

"Downtown: A Talk with Your Mayor" is a program that provides mayors with an opportunity to talk with their constituents live over the air, while addressing issues of local concern and interest. The show is a community service of Suburban Cablevision.

Seminar on eye care

As a public service to celebrate her fifth anniversary in Springfield, Christine Zilli, board certified ophthalmologist, will hold a free seminar and talk on how to correct nearsightedness with radial keratotomy, from 5:30 p.m. to 7 p.m., Thursday, Nov. 18, at the Springfield Eye Surgery and Laser Center, 105 Morris Ave., Springfield.

Declaring that RK has revolutionized eye care for nearsighted persons, Zilli will discuss how persons can see better without glasses.

The seminar will include a slide presentation, discussion, exhibits and refreshments. Zilli will also elaborate on other new developments in ophthalmology.

Zilli is a clinical associate professor of ophthalmology at the University of Medicine and Dentistry in Newark, and associate ophthalmology surgeon at Wilentz Eye Hospital in Philadelphia.

For a free reservation at the Nov. 18 seminar, call (201) 376-3113.

Library surveys use

Beginning Tuesday, Nov. 16, the Springfield Free Public Library will be conducting a weeklong state-mandated survey of in-house use of library materials. Staff will be counting all items patrons review in making selections, use for homework, or read in the library. The survey will include books, magazines, newspapers, compact discs, records and even puppets.

Patron cooperation is very important since results from this survey are part of the criteria utilized by the state for aid to the library. In order to get an accurate count, everyone will be asked to place all materials in designated cartons, on table tops and on book trucks. The survey will be completed on Nov. 22.

Trip planned for A.C.

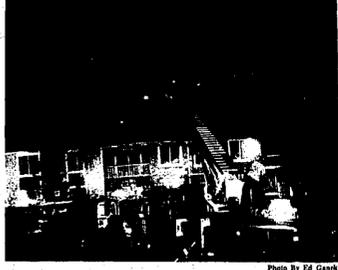
The Ruth Eakin Goldberg Memorial for Cancer Research will host a trip to Atlantic City on Sunday, Nov. 21. The bus will leave from Temple Beth Ahm at 8:45 a.m. to the Taj Majal.

More information is available by calling 335-2817.

Mended Hearts meet

The Springfield chapter of the Mended Hearts will meet on Tuesday, Nov. 16 at 8 p.m. in the Springfield First Aid Squad Building on Trivet Avenue.

Claire Kenna is the scheduled speaker and the subject will be stress management.



Firemen combat a blaze Sunday at The Villas apartment complex which left 16 families homeless.

Morning fire leaves 16 families homeless

By Heather MacGregor
Managing Editor

A blaze that damaged 16 units of The Villas apartment complex Sunday was accidental, started by careless smoking, Deputy Fire Chief Donald Schwert said.

There were no injuries reported from the fire that destroyed four second floor units and severely damaged four others because of smoke and water, fire officials said. The remaining eight were left vacant because of additional smoke and water damage.

The complex's management said the 16 families left homeless because of the fire are either staying with friends and family or have moved into vacant apartments in The Villas. The representative of the building also said the cost of the damage has not yet been determined.

The fire, which rapidly spread through the complex, began in the attic because of its truss form of construction, Chief William Gra said. Truss buildings are very solid under perfect conditions, but once one beam is down the others are soon to follow, Gra said.

Chisholm School gears for repair

By Dennis Schaal
Staff Writer

The Township Committee will in the near future be presented with an architect's conceptual drawings on alternatives for repairing and renovating Chisholm School.

The former school, which now is used for various civic activities including a nutrition program and sports clubs, is at a "crossroads," Engineer Robert Kirkpatrick said this week.

He noted that the committee has conducted discussions and will consider what to do with the building. "The building is at a crossroads," the engineer said. "Either it must be torn down and eliminated or repaired."

"It's a serviceable building," Kirkpatrick added.

The engineer said he has already submitted to the committee various options for the building with costs ranging from \$140,000 to \$300,000. He said the committee would have to decide precisely how to finance the capital improvements, including the possibility of bonding.

Kirkpatrick said the South Springfield Avenue building, which is owned by the municipality, requires, for example, major heating and ventilation work as well as electrical and plumbing repairs.

Kirkpatrick said an architect's conceptual drawings will enable committee members to visualize various floor plan options for the structure. He

Committee continues study

By Heather MacGregor
Managing Editor

The Township Committee passed a resolution by a 4-1 margin Tuesday enabling the Union County superintendent of schools to begin reports on the advisability of the dissolution of the Union County Regional High School District.

After hearing presentations from the Union County Regional School District, the local Board of Education and a representative from DeLotto and Touche, the committee decided to pass the resolution. The committee, however, strongly stated that the resolution is not in favor of either maintaining the district or de-regionalization, only in furthering the study.

Mayor Philip Kurmos urged the committee to pass the resolution two weeks ago so residents can benefit from a public hearing and a referendum on the subject.

He said he is a long-time believer in letting the experts handle their field. "All we are doing is moving along so others more knowledgeable than we can make the decision."

Committeewoman Marcia Forman, who voted against the resolution, said she would have preferred to have had more time to research the matter before voting on the resolution. She said she did not feel comfortable with the amount of information presented and would have liked more input on the subject.

Committeewoman Jeffrey Katz said she viewed his yes vote not for or against de-regionalization but a step closer to bringing the matter to the

public. Ultimately, he said, he wished the legislation called for public input earlier in the process.

"This is one more approval in getting it to the voters," he said. "I'm trusting the people themselves to make the decision."

Committeewoman JoAnn Holmes said, after introducing the resolution, she is not afraid of putting the educational system under scrutiny because there is always room for improvement. Holmes said she will get as much information on the subject as possible so she can educate the public.

"I'm honest and say what I think. And I also keep a promise," she said as she pledged to the public to spend time educating anyone who wanted to learn more about the subject. "I promise to get as much information as possible so if and when it comes to a referendum the people will vote as intelligently as possible."

Committeewoman Harry Pappas seconded the resolution and said he was pleased about having the resolution presented and passed, but he fears that some people involved have set outside agendas. He said he also would like to see as much early public input as possible on the subject to avoid what happened in Kentl with the closing of David Brearley.

The township joined with Kenilworth and Mountaintop in the adoption of the resolution, however a majority has not been attained because the governing bodies of Berkeley Heights, Garwood and Clark have not taken similar steps.

Regional District Superintendent Donald Merachuk argued that if

something works, why fix it? He brought members of the district with him to explain its efficiencies to the committee at Monday's executive session. He also disagreed with the idea that the resolutions were only to further the study because the ratification of that ultimately could be dissolution of the district.

"A vote for the study is not just that because the study could lead to dissolution. It is somewhat naive to think you are only asking for a study — you're asking for a study that could lead to dissolution," he said.

He did add, however, that he has nothing to hide and has complete faith in the district's operations and educational offerings.

According to a state bill supported by Assemblyman Richard Bagge, R-Union, which establishes a procedure for dissolution, a majority of the boards of education and governing bodies in municipalities served by a regional school district, by separate resolutions, apply to the county superintendent of schools to make an investigation as to the advisability of dissolution.

A majority — the boards of education in Mountaintop, Springfield, Kenilworth and Berkeley Heights — recently passed separate resolutions to send to the county superintendent. The Garwood school board passed a resolution in favor of keeping the existing regional district. Clark, the only township in the district that did not participate in the DeLotto and Touche dissolution feasibility study, has not moved on a resolution yet.

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Veterans realize longtime goal

By Dennis Schaal
Staff Writer

Herbert Quinlan left his senior class at Jonathan Dayton in February 1943 for the U.S. Coast Guard's boot camp at Manhattan Beach in Brooklyn, N.Y.

A ruptured ear drum kept him out of the Navy and eventually led to his departure in 1945 from the Coast Guard, where he performed routine duties along the Atlantic coastline with the Shore Police.

As Quinlan, 70, a lifelong Springfield resident and past commander of American Legion Post 228, approached Veterans Day today, he was modest about his World War II role. "Most of my

buddies were overseas in carriers and PTs," he said Tuesday. "I wasn't under the gun. My life wasn't in danger."

Quinlan was asked to recall his wartime experience as the American Legion, Springfield Battle Hill Post 7683 and Elm Unger Post 273 of the Jewish War Veterans teamed today for the naming of Veterans Memorial Park and the dedication of the new veterans monument there in observance of Veterans Day.

The ceremonies, scheduled to begin at 11 a.m. at the park, were to include ceremonies from the veterans groups, the dedication of the monument by Mayor Philip Kur-

nos, and musical presentations by a children's band and choir.

"It means a lot because a lot of my friends didn't come back," Quinlan said of today's dedication. "Some were POWs, some missing and some they never found."

The Township Committee accepted a resolution Tuesday renaming the park Veterans Memorial Park.

Students from Gausdin School donated some \$2,000 for the flagpole and other monument expenses.

The monument had been a longtime goal of the veterans' alliance since it was felt not enough had been done in the past to honor town residents who had served their country in distant wars.

Residents of neighboring towns, including Springfield and Mountaintop, formed the Alliance of Responsible Citizens last month to provide

information to the public concerning the deer population and what is being done to get it under control, members said.

Paul Kiell, of Mountaintop, said ARC's origin was politically motivated and formed to stop the reelection of Chairman Linda Lee Kelly and Linda DiGiiovanni to the Union County Board of Chosen Freeholders. He said he wanted to stop the freeholders from being re-elected because they favored opening the reservation to a hunt.

Kiell described the Oct. 19 public hearing on the deer situation in the Watchung Reservation held in Summit Middle School as a Lynch mob and posed the deer as the victim. This was done through "shrewd politics," he said. The deer have lost their Bambi image and instead are being presented as ferocious beasts, destroying the area, he said.

"The deer are being stereotyped as evil, disease carrying, communist, atheist animals," he said at an ARC meeting Monday.

"We have the best interest of the animal and the community in mind," he said. "But the freeholders have the issue stamped as if something has to be done immediately without doing the proper research," Kiell said. And if the research has been done to determine the safety of the area for hunting, See HUNTING Page 2

Fall friction



Brian Sorotzkin prepares for winter as he rakes the leaves in front of his house at the corner of Linda Lane and South Springfield Avenue on a chilly fall afternoon.

Hunting in the reservation continues to worry residents

(Continued from Page 1)
ing, the residents have not been notified, he said.
"It is a matter of doing the right thing, not to hunt or not to hunt," Kiell said.
If the hunt is permitted it would only be gratifying the needs of the hunters because it would not be a solution to the problem," Kiell said.

Kiell suggested the freetholders appoint a blue ribbon committee to study the situation and report to the board and the community on the situation and their findings.
Jane Walters, of Mountlake, and a founder of ARC, said the group would be willing to donate their time

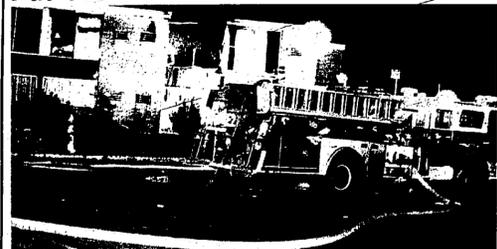
and money, including fund-raisers, to "raise money for alternatives to hunting and to further investigate other possibilities."
"We want people to look creatively at solving the problem instead of just killing as the solution," Walters said. "Hunting is not a prudent approach to solving the problem. You'll still have

deer eating the bushes and running across the streets, not to mention it's just not safe."
Kiell viewed killing the deer instead of finding an alternative solution to controlling the hunt as typical of the way government handles social problems.
"We know how to bomb and kill, but how to feed people has always been a problem," he said.
Barbara Labin, of Springfield, another originator of ARC, said the problem of the deer would not end

with the hunt because they would continue to populate the area. And during hunting season there "would be many more in the neighborhoods and fleeing crazily across the streets," she said.
The action of group members has not gone without opposition. The organization distributed more than 1,000 fliers in the area and might be facing legal action from the board because of it, Labin said.
The literature told people not to re-elect Chairman Linda-Lee Kelly or

Linda DiGiovanni because they would vote in favor of hunting the deer in the reservation.
DiGiovanni said she was advised to turn the case over to the Prosecutor's Office because the flier violated an election law by not stating who paid for the message on the literature.
"At this point in time I don't think I'm going to," she said. "The group was not aware of the law," DiGiovanni said, "so I explained it to them."

Put out the fire



Police and firefighters gained control of a blaze labeled suspicious at the Springfield Budget & Motor Inn on Route 22 in the early morning hour on Oct. 28.

Officials bring study closer

(Continued from Page 1)
Within 21 days following the adoption of the required resolutions, the county superintendent is scheduled to call a meeting of all involved school boards and governing bodies to review the procedures. According to the bill, this meeting could be scheduled before adoption of the resolutions.

Clark Mayor Robert Ellensport said he has encouraged the Clark Board of Education to set on a resolution for further investigation. The Clark board tabled a resolution last week in favor of the regional district and did not take any additional action at its Tuesday meeting.

Ellensport said "the board is taking too passive a policy, especially since Clark is a host community."

Discretion is only permissible with the approval of a Board of Review, consisting of the state commissioner of education, the state treasurer and the director of the Division of Local Government Services in the state Department of Community Affairs. According to the Bigger Bill, financial and educational conditions of each district must be reviewed.

If the Board of Review consents, the question would then be placed on a referendum ballot. For the resolution to take effect, an affirmative vote in each of the constituent districts must be obtained.

Correction policy

It is the policy of this newspaper to correct all significant errors that are brought to the editor's attention. If you believe that we have made such an error, please write Tom Caravan, editor, 1251 Stuyvesant Ave., Union, 07083, or call him at 686-7700 weekdays before 5 p.m.

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District considers dropping summer school to trim costs

By Joseph Niedzielski Staff Writer

The Union County Regional High School District is considering a proposal to eliminate its summer school program as a cost-containment measure. The proposal was forwarded by the district's curriculum director, Kenneth Matfield, at the Nov. 3 meeting of the Regional Board of Education.

The savings from such a measure for the district would be approximately \$90,000. Most of this money would be placed back into tutoring programs during the year which would allow students who were having difficulty in certain courses the opportunity to pass without going to summer school.

Matfield characterized the concept of summer school as "narrow in its scope from an academic point of view." He added that the regular school year is the time to sort out these learning problems. "I think there are other ways to address under-achieving. There are measures we can take during the school year instead of waiting for failure to occur and dealing with it in summer school."

The curriculum director stated that his office was attempting to put in place "initiatives which would stop failures and stop a number of students from getting C's or less."

Several options to the summer school program were discussed during the meeting. Matfield stated that there are other remedial summer school programs in the area where the failing student would be able to make up the credit at a tuition cost to the parent.

Matfield said that the summer could be spent in a more productive way and added that the transition from middle to high school could be eased through enrichment and achievement programs. "It would be better to offer enrichment during the summer. Independent summer school would be a better option and could be offered at a reasonable tuition cost. Students who participate in these enrichment programs would be better adjusted to the beginning of the school year," he said.

Concern over the elimination of summer school were raised by certain parents and by Robert Jeans, the Kentilworth representative to the board. Jeans was not in disagreement

but wanted to be sure that those who failed would be able to make up the credit.
Mike Rogers, a member of the regional board, agreed with Jeans, saying, "It is important to keep kids from falling, but these situations will occur and we need options." He then asked Matfield about how his office would deal with elective options for those students who wished to develop other skills over the summer. Matfield related that there was not much enrollment in these programs in the past. "So," concluded Rogers to Matfield, "90 percent plus are enrolled because they have to be there."

Burton Zlotner, the board's president, interjected and said, "Summer school is an archaic way of dealing with failure rather than dealing with it at the time. We should be addressing the problem during the school year, especially with the cost-containment mode that we're in."

Jeans said later in the week that he would not support the movement to eliminate summer school "without alternative measures or proper tutoring alternatives in place. If the board is going to eliminate an educational option, they should have an alternative in place before they implement their adjustment. I'm not totally against eliminating summer school, but as other measures are provided to the student in another district at a cost to the parents."

After the meeting, Matfield outlined some of his objectives in implementing a tutorial approach during the school year rather than offering summer make-up credit. "There are signs of who is on target to fail after the first marking period. In each subject area, there are different ways of intervention. He explained that in English or other subjects "there are ways to help kids understand." These include calls to a parent's house or some increased efforts on the student's part which usually are successful.

From his experience, however, he felt that, in certain subjects, "something, a little extra or different is needed. In math, the student needs someone to explain the concept again or explain it in a different way."

The approach that the district must take, according to Matfield, is one which takes into account that

some students may have attitude problems toward school work, while others may suffer from a lack of self-confidence.

"We must identify kids who are having problems and address these needs in a regular classroom structure. In some cases, we need to change their ideas about organization and attitude toward homework. It is important to adopt an attitude that 'we won't wait and allow you to fail' rather than say 'meet our standards or go to summer school,'" he said.
Jeans agreed with Matfield on the re-orientation of teacher and student policies which would spend more time on tutorial programs and direct interventions for attitude and organizational hardships. He also felt that the results of summer school meetings had proven that students would work harder if aware of the lack of another option to make up credit.

"At all of the meetings, students and teachers agreed that, yes, it would be a behavioral deterrent knowing that they didn't have that safety net to fall back on. Many of the teachers expressed continued difficulty to have to teach somebody who didn't want to be there. Ken Matfield wanted to get a program going where if a teacher saw that a kid was going to fail more could be done that would progress reports home stating that the student was going to fail," Jeans said.

Jeans would like to see some of the programs which have been outlined by Matfield "in place" before he votes positively on this issue at the Nov. 16 meeting. "The poor tutoring groups, meeting room for extra periods in the day for teachers to work with students, I wholeheartedly agree with that. Without Matfield's complete program as board policy, I would not support the elimination of summer school. The mechanics of it aren't in place. It should be board policy that a teacher seeing a student fail must mandatorily request that student into an appropriate program."

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Civic Calendar

The Civic Calendar is prepared by the Springfield Leader and Mountaineer. To avoid conflicts in scheduling local events, please post dates, times and places as early as possible and send to P.O. Box 3109, Union 07083, or call (908) 686-7700.

- Nov. 16
 - The Mountaineer Borough Council will meet for its regular meeting at 8 p.m. in the municipal building.
 - Mountaineer Board of Education has its regular meeting scheduled for 8 p.m. at the Deerfield School media center.
 - Union County will hold a board conference meeting at 8 p.m. in the instructional media center at Jonathan Dayton Regional High School.
 - The Friends of the Mountaineer Library will sponsor naturalist Diana Dove's presentation of Animal Detectives.
- Nov. 22
 - Springfield Board of Education will meet at 7 p.m. for its executive session and 7:30 p.m. for its public session at the media center of the Gaudinier School.
- Nov. 23
 - Springfield Township Committee scheduled their executive session meeting at 7 p.m. and regular portion at 8 p.m. in the municipal building.



Rebecca Saradino tells her story of a rocky 95 years that separates her from everybody else.

Resident reflects on 95 years

By Heather MacGregor
Managing Editor

As you walk down through the senior citizen complex on Independence Way in Springfield, you might meet a woman who considers herself to be different from anyone else she knows.

"I'm not contented, but my life has been different than anyone else's," reflected Rebecca or, as she prefers, Rebeca Saradino with a fading smile. Rebeca, who marks her 95th year this month, said she is aware of the changes in society and considers herself "modern for an old lady."

Born the daughter of Jewish immigrants who did not believe in formal religion, Rebeca said, she has seen great changes in the world including many in her own life.

She said she is "hungry for intelligent conversation and humor," especially since her husband, who owned and published the now defunct Springfield Sun, died and she moved to the complex 14 years ago.

After a life filled with what she considers ups and downs, Rebeca had many stories to tell including the one leading up to meeting her husband and how he chose her over her three sisters.

"I was the youngest and the most unhappy. People used to call me the ugly duckling," she said. "I was the reddest girl you ever met."

Her future husband, who was a friend of the family, would tell her that she had the kindest eyes and was

different from her sisters. "You have something your sisters don't have, personality and intelligence," he said to her upon his return from World War I. She was 15 and he was 21 at the time.

Shortly after, they were married, and Rebeca said she had the most wonderful marriage.

Her husband struggled and eventually opened a newspaper in Perth Amboy that was burned after bootleggers made threats because he called the police about them.

"Even through the lowest moments I survived and I know quit trying to do something," she said.

Even more exciting, Rebeca was an amateur dancer who entertained the troops during World War I. She has pictures of her dancing days on the wall of her modern efficiency apartment which is often shown to prospective tenants because of her creative use of space, she said.

She has given vent to her enthusiasm for entertaining in the complex by decorating the recreation room and, she said, she threw a wine and cheese birthday party.

"I like to be busy, mentally and physically," Rebeca said.

She said she takes classes when they are offered at the complex to keep up her self-esteem.

Rebeca has two sons, Julian, 69, and H. Lee, 67.

It makes her very happy to reflect on her long life and especially on how unique it has been.

A personal account of The Villas fire

By Marlon Klein
Editor's note: This article is Marlon Klein's eyewitness account of Sunday night's fire in The Villas as the blaze raged 16 walls.

There is a loud knock on my door. A man's voice in the hall cries, "Get out! The building is on fire!"

I grab my jacket, take my pocketbook and open the door. The fireman in the hall is testifying to the reality of his cry. As I step through the front doorway, rotating beacons of light assault me. Flames jostle each other as they try to flee through the windows of the apartment on the other side of the building. Neighbors stand on their steps, watch from their balconies and fill the grassy area.

Gingerly, I climb over hose after hose, feel the wetness through my sneakers as I join my neighbors on the grass. The scene before me is like something I've seen in a disaster movie. In the darkness, flames shoot higher and higher, poke their way through the roof. Sounds of crackling flames are muted by the hissing of the towers of water pouring onto the building. Frenzied voices can be heard as firemen struggle to contain the destruction.

Sirens in the distance materialize into additional heavy footed trucks.

Firemen jump out, join the battle. In front of me, tongues of flame spread into other apartments. Around and in back of me, one thought is voiced, "How did it start?" answered by "someone must have fallen asleep smoking."

The people whose homes are burning watch silently.

Another fire department, then another, take their places in the struggle. Smoke on the roof, like a mischievous child, creeps across the peak headed toward my side of the building. Water pours down in an effort to quell the raging flames, the shifting smoke. For a long time, it seems like the fire and the chill of the November night combine to pierce the tight clothes, the light jackets.

The policemen continue walking through the crowd. "Do you have a place to stay?" If not, the town will provide a place — maybe a school, maybe a motel.

Like the water struggling with the flames, the message finally gets through. I have nowhere to go. Sunshine illuminates the charred, broken building. The fire engines, the flashing lights are gone. I walk around the building, astounded, by the blackened skeleton. The peaceful sound of water dripping replaces the cacophony in my mind of the battle in the darkness.

Boutique for holiday

Trailside Nature & Science Center will host its annual Holiday Nature Boutique on Dec. 5 from 1 to 5 p.m.

Other highlights of the event will include holiday carols sung by the Mountaineer Music Association and appearances by Santa Claus. Plantarium shows will be held at 2 and 3:30 p.m. for \$2.50 per person. Children under 6 years old will not be admitted. Light holiday refreshments will be sold.

Admission to the event is a suggested donation of \$1, which includes a doorprize ticket for a chance to win a quality donated craft item. For more information about the Nature Boutique or other Trailside programs, call Trailside at (908) 789-3670.

Janet Clynock, president of the Committee of Concerned Parents of Kenilworth, stated that the study provides information to the public which makes deregionalization educationally and economically viable. "I think deregionalization is feasible for a majority of the towns. Even where the report shows that there would be increases, I think that if they sit down and think about it, deregionalization would not be as costly as it looks. Ultimately, the kids will benefit. We will be able to gear the education of our kids from our own community and provide a higher quality education."

Deregionalization report released

By Joseph Niedzielski
Staff Writer

The much cited Deloitte and Touche report and the Educate America study were released to the general public Oct. 25. The report has been used as a financial basis by a majority of board of education to pursue the deregionalization of the Union County Regional High School District.

The study was commissioned in February 1993 by the Kenilworth Board of Education along with the Berkeley Heights, Garwood, Mountaineer and Springfield boards. The intent of the study was to examine the effectiveness of the five school boards along with the regional district.

According to Marc Schwartz, head of Management Consulting for Deloitte and Touche, the study's numbers began with the current tax rate, which was understated because of the previous year's inclusion of \$2.6 million by the regional district in its budget. The tax rate was then increased to offset the regional board's surplus inclusions, said Schwartz, because the base tax rate without a factor of surplus would not accurately reflect the real costs.

Janet Clynock, president of the Committee of Concerned Parents of Kenilworth, stated that the study provides information to the public which makes deregionalization educationally and economically viable. "I think deregionalization is feasible for a majority of the towns. Even where the report shows that there would be increases, I think that if they sit down and think about it, deregionalization would not be as costly as it looks. Ultimately, the kids will benefit. We will be able to gear the education of our kids from our own community and provide a higher quality education."

Kenilworth Board of Education Secretary Vincent Conella, when asked to comment on the financial aspects of the study, said, "We are pretty confident that the numbers are accurate. We respect the professionalism of Deloitte and Touche. The data was compiled by Deloitte and Touche in a way they felt would be appropriate for our constituents. We had some input regarding the options."

Robert Jeaus, the Kenilworth representative to the regional board, said, "I support the study and I support going to phase two because of the in-

New members



The Jonathan Dayton Regional High School chapter of the National Honor Society welcomed 12 new members during an induction ceremony held recently. The new members of the National Honor Society at Jonathan Dayton are, from left, Amy Lipman, Angela Carrelli, Carly Mantlik, Barbara Fowler, Jaime Levine, Mitul Patel, Alexandra Gitter, David Gubernat, Andrea Brounstein, Toni Ann Senerchia, Michael Prashker and Nicholas Bove.

Temple sponsors remembrance play

The Northern New Jersey Council B'nai B'rith, Springfield Lodge B'nai B'rith and the Temple Beth Ahm Holocaust Torah Education Committee will present a theatrical production titled "Lives to Save, the Righteous Gentiles" on Sunday, Nov. 14, at 8:30 p.m. at Temple Beth Ahm, 60 Temple Drive, Springfield.

Through drama, poetry, letters and speeches, relive the stories of those Jews survive in the most difficult of times.

Isaac Dotis, co-founder and director of Act One, has performed and directed a variety of productions regionally and off-Broadway in New York City. After 17 years, he recently returned to the state in the acclaimed, "The Jewish Wife," by Bertolt Brecht. "Righteous Gentiles" is the most recent presentation to challenge Isaac's look at the survival of his family from the Holocaust (Greece) and into his status as first generation American. He and Diana Simione head The Acting Center in Leonia. Simione is co-founder and teacher at The Acting Center.

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Springfield Leader

1291 Stuyvesant Avenue
Union, N.J. 07083
Published Weekly Since 1929
Phone Area Code (908)
Fax 686-4189 • Subscriptions 686-7700
Public Notice 686-7700 • Display Ads 686-7700
Newsroom 686-7700 • Business Office 686-7700
Classified (908) 564-8911

Thursday Edition Deadlines
All News, 7:00 p.m. Friday
Letters to the Editor, 9 a.m. Monday
Classified Advertising, 3 p.m. Tuesday
Display Advertising, noon Monday
Public Notice Advertising, noon Tuesday

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The 11th hour

It was the 11th hour of the 11th day of the 11th month — 75 years ago today — that the War to End All Wars came mercifully to a close.

Since that Armistice Day when Allied and German generals signed the treaty in a railroad car in Versailles, France, ending World War I, Nov. 11 has been marked in this country as a day to remember the soldiers who fought in that vicious war. In 1954, Armistice Day was renamed Veterans Day to remember those who fought in World War II and Korea. Today, it's a day to honor all men and women who ever donned a uniform in defense of our country.

Veterans Day is a reminder of World War I's significance. The bloodiest war America had ever fought at the time — claiming 10 million lives and injuring 20 million — World War I created the political and socio-economic struggles Europe and the Middle East have lived through ever since. It ushered in the dawn of chemical weaponry, air power and the use of armored vehicles. The fall of the empires of Russia, Germany, Ottoman Turkey and Austria-Hungary gave rise to the new politics of Communism, Fascism and Nazism. In the Armistice, Germany was blamed as single-handedly causing World War I. That unfair simplification would come back to haunt the allies two decades later as Adolph Hitler and his Third Reich leaped to power, seeking revenge.

World War I was not without its contributions, as well. The aggressive foreign policy jingoism of the early century has not been seen on a wide scale since, giving way to humanitarian policies. Also from the ashes came the birth of the League of Nations, the first unified attempt at world peace.

Sadly, to a great extent, we have forgotten many of the lessons our leaders swore we would remember. National patriotism is a long forgotten art. It would be difficult to round together more than a handful of high school students who could tell who "won" World War I. Such ignorance is dangerous. To paraphrase a sign over the museum at the German death camp, Dachau, we may be doomed to repeat the history we have forgotten, as neo-Nazi groups form around the world. Those who laugh at the new skinheads as unimportant should remember Adolf Hitler started with less than a dozen supporters and was not taken seriously by his contemporaries — until it was too late.

This and other lessons still speak volumes today. Unfortunately, many adults have little knowledge about World War I, but we need to educate our children about the destruction that past wars have caused. We need to convince the youth that war can be eliminated through peace.

Nov. 11, 1918: A day when all fell quiet on the Western Front and World War I came to a close may only be remembered by a few today, but the ramifications of its powerful moments have shaped our history.

"The right to comment freely and criticize the action, opinions, and judgment of courts is of primary importance to the public generally. Not only is it good for the public, but it has a salutary effect on courts and judges as well."
—James P. Hughes

Letter writers

Readers are encouraged to write letters to the editor expressing views on topics of interest. Letters should be typed, double spaced or legibly handwritten and no longer than 250 words. When necessary, letters will be edited for length, clarity and fairness.

For purposes of verification, all letters must include a name, address and daytime telephone number. Unsigned letters will not be published. Names may be withheld from print in certain circumstances upon the request of the writer and with approval of the editor. Address letters for consideration to: Letters to the Editor, 1291 Stuyvesant Ave., P.O. Box 3109, Union, NJ 07083. The deadline for letters is 9 a.m. Monday.

Whitman win stuns experts in New Jersey

So much for the polls that tell us who's going to win before the people actually cast their votes. And those much heralded newspaper endorsements? Who needs them? The pundits were wrong. Conventional wisdom was wrong. In the end, Christie Whitman showed us all.

After being roundly criticized as lacking credibility with voters, Whitman demonstrated that she had just enough credibility to end Gov. Jim Florio's political career. The first woman elected governor. The first time a sitting incumbent has been defeated in a general election. That's just the beginning.

Here are some other observations from one columnist who's had it with election for a while, and can't wait to go on vacation:

Big loser in this campaign? James Carville. The celebrity strategist New Jersey media fawned off this guy from the day he set foot in the state. Reporters hung on his every word, hoping for one of those memorable Carville one-liners like "We're going to make John Whitman the John Zaccaro of New Jersey." Nice guy, huh?

On Election Night, the usually strident masses of negative and humbly answered questions from admiring journalists on what went wrong. "I feel I let the governor down," he said. I might have felt bad for Florio, but I figure Carville made a few hundred grand off this election. Not to worry, he'll be back next year to trash another Republican's reputation. I pray it's not in our upcoming U.S. Senate race.

Former New Jersey Governor and Democratic President Tom Canavan may have had the best one-liner on campaign night. Ironically, it was Carville's expense. When asked by a New Jersey Network reporter about the conventional wisdom that said

Screening New Jersey

By Steve Adubato Jr.

Carville was a "genius" who ran an almost flawless campaign, Ken said. "Genuses don't blow 22-point leads."

How's this for poetic justice? After being every ounce of his political muscle and "senatorial courtesy" to block the reappointment of former Superior Court Judge Marianne Espinosa Murphy, 16-year GOP Senator John Dorsey — talk about abrasive — lost to a guy he said was a tax-and-spend liberal "hermit" who never held a "real job."

After two previous losses to the allegedly unbeatable Dorsey, who had a habit of deriding sitting Morris County judges with his "senatorial" thing, "hermit" and former Assemblyman Gordon McInnes — with the aid of first-time campaigner and ex-judge Murphy — took Dorsey by 266 votes.

Wouldn't it be great if Governor-elect Whitman — be honest, did you ever think you'd hear that phrase — appointed Murphy to a high-level post in her administration? Dorsey would go nuts.

The most appropriate campaign night song was Aretha Franklin's "Respect," which blared at the Whitman victory celebration. I'm surprised she didn't have Rodney Dangerfield introduce her.

New Jersey's newest political kingmaker? Radio talker and new number one host-seller Howard Stern. While the conventional wisdom that said

the "Don Imus Radio Show" — Imus once called him "the most hated man in the state," but still endorsed him — Whitman received Stern's "endorsement" for "being the first gubernatorial candidate to call him." Stern, who has been unfairly harassed by the Federal Communications Commission, is now awaiting an invitation to Whitman's inaugural and is lobbying her for a "Howard Stern" rest stop on the turnpike.

This guy was simply not likable. His personality was a killer. A lot of voters asked themselves, "Can I really take four more years of that snarling fascist?"

And what about Florio's assault weapons strategy? OK, the ban was a good idea. But Florio acted like it was the only issue that mattered to people. It reached overkill in September. By November, it was nauseating.

Will Whitman's 30-percent tax-cut commitment really happen? GOP Senate President Don DiFrancesco, who stood by Whitman's side when she announced the controversial tax promise — and told me he supported it — said the day after the election, "We'll look at her proposal. This is not set in stone. It is a political proposal." How's that for a ringing endorsement? And they're all in the same party. Good luck, Whitman.

More than half of all the voters on Tuesday said they were voting against a particular candidate, rather than for someone, which gives new meaning to the phrase "electoral mandate."

First ladies sometimes say the darndest things. Convinced that a Florio vision news station? News executives at these network-owned and independent stations ought to be ashamed of themselves for once again providing superficial, soundbite-driven coverage that did little to inform voters. Check that. To be ashamed, you have to have some sort of standards.

Most innovative and encouraging media coverage of this race was provided by two sources. Comcast cable actually broadcast entire "strategy" speeches on a daily basis from the candidates. It was like C-SPAN for New Jersey. The other source was the usual in-depth, issue-oriented analysis provided by numerous daily newspapers. Can you imagine 70 percent of voters got most of their information from campaign TV spots?

There are so many theories as to why Florio lost this race. Taxes? The economy? The Whitman bus tour? All valid, but I say it was something else.

Steve Adubato Jr., a former state legislator from Essex County, is an instructor of public administration and mass media at Rutgers University.

Parents entitled to exemptions on tax bills

Need some relief from the high costs of raising children? If so, you can turn to Uncle Sam. According to the New Jersey Society of Certified Public Accountants, you may be entitled to tax exemptions and deductions that can directly reduce the costs associated with raising your children.

Smart tax planning can also help you save for your child's future while minimizing the tax bite on your income.

Even if you have a December baby, you may claim an exemption of \$2,350 on your 1993 tax return. You are entitled to one exemption for each child who qualifies as a dependent. Generally, a child qualifies as a dependent if he or she is under age 19 at the end of the year or is a full-time student under age 24. Other tax rules also apply, so be sure to check with a tax adviser.

You may also get some tax relief from the high costs of your children's medical expenses. Qualified medical expenses, including those of your spouse, if you file jointly, and qualified dependents, are deductible to the extent that they exceed 7.5 percent of your adjusted gross income. Any medical expenses over this amount are fully deductible in the year they are paid.

If you must hire child care help or send your children to a day care facility, you may be eligible to a tax credit that

Money Management

can directly reduce your tax bill. To qualify for the full credit, your AGI must be \$10,000 or less. The credit is then equal to 30 percent of certain employment-related child care expenses. The maximum amount of employment-related expenses that can be considered for the credit is \$2,400 for one qualifying child and \$4,800 for two or more children. The amount of the credit decreases by 1 percent for each \$2,000, or part of \$2,000, of your adjusted gross income in excess of \$10,000, but not below 20 percent. Thus, for taxpayers with AGIs over \$28,000, the applicable percentage is 20 percent.

When it comes to building your child's savings account, you may be able to use some tax advantaged strategies. For example, you can give \$10,000 a year (\$20,000 a year if both parents make a gift) to each of your children without paying any gift tax. The benefit: You remove the gift amount, as well as any future appreciation, from your taxable estate. If your child is age 14 or over, any interest the money earns will be taxed at the child's lower rate.

Another way to reduce your taxes

while increasing your child's financial resources is to give assets to the child and let the child sell them. If you sold the assets yourself, you would face a long-term capital gains tax of 28 percent. However, if the child sells the assets, the gain will be taxed at the child's rate if the child is age 14 or older at the end of the taxable year. For the 1993 tax year, children are subject to the 15 percent tax bracket until their income exceeds \$22,100.

Under the kiddie tax, if your child is under age 14, the first \$600 of

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Can't afford to ignore urban, native cultures

People choosing or fated to reside in degraded inner cities recognize that rural and suburban efforts to save our environment need urban counterparts. They are trying to get a piece of the green pie.

Community reinvestment is kindred efforts to site toxic waste facilities and the dirtier of our industries in places that have been trashed before the places people have to live.

Such incubators of crack houses and random gunplay also are generating struggles to bring parks to where they are needed most. This, when some are asking "How clean should our city be?" Political and business opportunists are suggesting that clean-up priorities could well be directed away from places where the most polluted are.

Our collective consciousness is being tweaked by new voices and organizations. A gentleman who has raised urban environmental justice consciousness by persistent research and publishing is Robert D. Bullard. He was recently featured in Modern Maturity, the magazine of the American Association of Retired Persons, as an advocate for those who live in the most polluted places.

As he puts it, "Communities that are the most polluted have the highest poverty rates, poor health care and high unemployment rates." You can read his work in "Confronting Environmental Racism: Voices from the Grassroots" (South End Press, 1993). The Ironbound Community Corporation in Newark is championing a greenway along the Passaic River through the center of the city.

Fortunately, the city is eager to cooperate, and is working with other institutions, like the New Jersey Conservation Foundation, to make it happen. The Greater Newark Conservancy is promoting urban gardens there, as well as new and rehabilitated parks. It is fortunate to have ISLES, a citizen-based organization promoting urban gardens, housing rehabilitation and neighborhood parks. The group is making a difference for many Trentonians who live there by choice or by chance.

The North Camden Land Trust in Camden concentrates on housing. It has a few land-saving projects, one of which is creation of an urban greenway along the Cooper River, with which NJCP is assisting.

State We're In

By David F. Moore

The new state aquarium is worth a visit, part of a park complex on the Delaware River waterfront, including Wiggins Park, which looks across the river at Penna Landing, its Philadelphia counterpart. Camden's "Walt Whitman House" is worth a visit too. The museum there tells the story of one of America's most famous poets.

The Cultural Conservancy is a different example. It is a land trust devoted to preserving open space lands. But unlike many others exclusively interested in maintaining biodiversity, it aims to protect cultural diversity, by acquiring important native and tribal lands in this country, Canada and South America.

It seems to me such attention is essential. We cannot afford to throw away either the urban environment or American native cultures.

David F. Moore is executive director of the New Jersey Conservation Foundation.

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Remember sacrifices of veterans
To the Editor:
Even before Nov. 11 was set aside as the day on which to honor our veterans, young Americans were serving our nation throughout the world. Tragically, too many have spilled their precious blood, while countless others have lost their lives doing so. Again this Veterans' Day, America's service men and women are in far-off corners of the world and you, again, many are dying. Sadly, throughout our history, as the sounds of war fade away, those same veterans are all too often forgotten. Let's make this Veterans' Day different. Let's pledge always to remember the sacrifices of veterans who served in time of conflict from our nation's first days to today. I plan to do so and I ask that you and a grateful nation do so as well.
Joseph English, state commander
New Jersey American Legion

letters to the editor

Officials ignoring danger to residents

Don Bernier waited almost three years without consulting the residents on this decision to introduce a hunt in the Watchung Reservation. Instead, he solicited complaints by placing an ad in the *Suburban News* without a mention or warning of a hunt which already was being initiated.

Invasive statements being made by our officials without considering the danger to residents are totally unjustified. Yes, Rudolph, like Elgie the Cow, and others are a part of our food chain when purchased in a supermarket, not when they are being slaughtered in a highly residential area endangering the welfare of the residents.

The problem started when officials, after residents fought long and hard, allowed 78 to ruin our reservation. Our public officials should spend more time protecting the residents instead of spending the taxpayers' dollars correcting their errors or ideas. I can be reached at 324 Chestnut St., Union 07083. The telephone number is (908) 687-4127.

Working together, we can make New Jersey a better place for all of us.
Francis Brunotte
Cranford

Will GOP majority back Whitman?

To the Editor:
The recent election results for governor are not surprising when so many people objected to the \$2.8 billion increase in taxes by Governor Florio and the Democratic Legislature.

Of primary concern for New Jersey now is how the newly elected governor, Christine Todd Whitman, is going to get all of the Republican legislators to agree to a 30 percent reduction in income taxes over the next three years. For all of the claims being made by the Republican leadership that they want to cooperate in cutting state spending, they are making qualifying statements to the contrary. It leaves one wondering how the "pricks" dollars and state union employees are going to be cut back to meet first year's \$1.2 billion spending deadline. Governor-elect Whitman has reaffirmed her commitment to spending and taxing less. Will the Republican majority in the Legislature accept and agree to it?

If the economy turns around, maybe there will be some attempt at tax relief for New Jersey taxpayers. Don't hold your breath. Past performance by both major parties precludes any reduction in taxes given the resistance by legislators, unions and lobbyists to reduction in services, entitlement and favorite programs. The Homestead Rebate is increasing and what else is forbidden to be eliminated? Is there any hope for a 1 cent reduction in the state sales tax?
Mactin Berkowitz
South Plainfield

Di Giovanni displays dedication

To the Editor:
On Oct. 13 and 14, a kickoff dinner for dignitaries followed by a Street Violence Conference at the Union County Vocational-Technical School in Scotch Plains. The topic and outreach was so successful, that students from the campus population participated in the event and were elated to find adults who actually seemed to care.

The purpose of this letter is in regard to the prior three months' work which took place to make this a success. During this planning period, never have I or the other members of the board seen such drive and leadership ability as was put forth by Froeholder Linda Di Giovanni.
Froeholder Di Giovanni has mastered the art of combining the relation of two advisory boards to produce results to benefit an important sector in Union County — our youth. Never have we, the board members, seen such drive and dedication as demonstrated by Froeholder Di Giovanni.

Thanks for re-electing me

To the Editor:
I want to take this opportunity to thank the voters of the 21st Legislative District for the support that I received toward my re-election Nov. 2. I look forward enthusiastically to the new legislative session and will continue to work as hard as I have in the past on behalf of the citizens of our state.

As in the past, should any constituent have a problem of want to express an opinion or idea, I can be reached at 324 Chestnut St., Union 07083. The telephone number is (908) 687-4127.

Working together, we can make New Jersey a better place for all of us.
C. Louis Bessano
State Senator
21st Legislative District

State memorabilia sought

To the Editor:
My name is Janice Hemmer. I go to Prescott Elementary School. I'm in the fifth grade and I'm studying New Jersey for my state. I'm going to have a state fair for New Jersey. If you could send me some of these items, it would be great for my state fair. The items are brochures, maps, posters, post cards, newspapers and if I could have as much as possible it would be good for the state fair.
Janice Hemmer
Prescott Elementary
1930 South 20th
Lincoln, Neb. 68502

Give \$1 to help feed the hungry

To the Editor:
Almost a million people, mostly the elderly and children, go hungry in New Jersey. Together, all the major supermarkets of New Jersey and hundreds of volunteers are helping the Community Food Bank of New Jersey meet the needs of the hungry.

From now until Nov. 28 you can help their efforts by donating a dollar when you shop for your family at the supermarkets. Tear off the donation slip at your cash register and present it to the cashier. It will be scanned with your order and 100 percent of every \$1 donation will go directly to the Food Bank.

Because of the growing problem of hunger, the League of Women Voters of Union has offered its services and volunteers to the Community Food Bank of New Jersey.

Janette Chubalovsky
Past President
League of Women Voters, Union

Remember sacrifices of veterans

To the Editor:
Even before Nov. 11 was set aside as the day on which to honor our veterans, young Americans were serving our nation throughout the world. Tragically, too many have spilled their precious blood, while countless others have lost their lives doing so. Again this Veterans' Day, America's service men and women are in far-off corners of the world and you, again, many are dying. Sadly, throughout our history, as the sounds of war fade away, those same veterans are all too often forgotten. Let's make this Veterans' Day different. Let's pledge always to remember the sacrifices of veterans who served in time of conflict from our nation's first days to today. I plan to do so and I ask that you and a grateful nation do so as well.

Joseph English, state commander
New Jersey American Legion

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State bar organization denounces anonymous published opinion

The Garden State Bar Association, a non-partisan corporation in New Jersey whose membership consists of primarily African-American lawyers, has announced its objection to a survey printed in a law publication.

During its Oct. 1 meeting, members objected to the Section III part of the Sept. 20 issue of the *New Jersey Law Journal*.

In a resolution adopted by the association, it states that it members "expressed concern and outrage at the undertaking" by the *Journal* of an "unscientific" sampling of anonymous opinion, which was printed in the law publication.

"The opinions expressed by the 10 percent 'sampling' portrayed more about the biases of the respondents than the caliber and quality of the state judiciary," the resolution states. "The decision to quote certain anonymous persons regarding the meaning behind the 'raw data' that was gathered was an exercise of

promoting racial and gender bias by the *New Jersey Law Journal* editorial staff."

A scientific survey involving named or identified respondents regarding the competence, demeanor, knowledge and biases such as racial, gender, plaintiff or pro-defendant of sitting judges, the resolution states, might serve a useful purpose in determining the retention of tenure of judges.

"This gathering of rumor, innuendo and opinion of lawyers, who, because they are unidentified cannot be rated according to their competence, demeanor, or biases whether racial, gender-based, pro-plaintiff or pro-defense, cannot be portrayed as an effort by the *New Jersey Law Journal* to enlighten the bar as to its own biases," the resolution states, "and only serves to embarrass African-Americans, women, and others who abhor the 'Star Chamber' tone of this anonymous and ignominious undertaking."

There is no way of verifying that the individuals submitting surveys actually appeared in front of any of the judges that they evaluated, stated the resolution. The association called the ratings in the survey "biased."

The association also announced its support to the judges Frances L. Antonin, Erwin B. Booker and Mac D. Hunter. Such journalistic practices foster racial and gender prejudice as opposed to "exposing and confronting it," the resolution states.

Correction policy

It is the policy of this newspaper to correct all significant errors that are brought to the editor's attention. If you believe that we have made such an error, please write Tom Canavan, editor, 1291 Stuyvesant Ave., Union, 07083, or call him at 686-7700 weekdays before 5 p.m.

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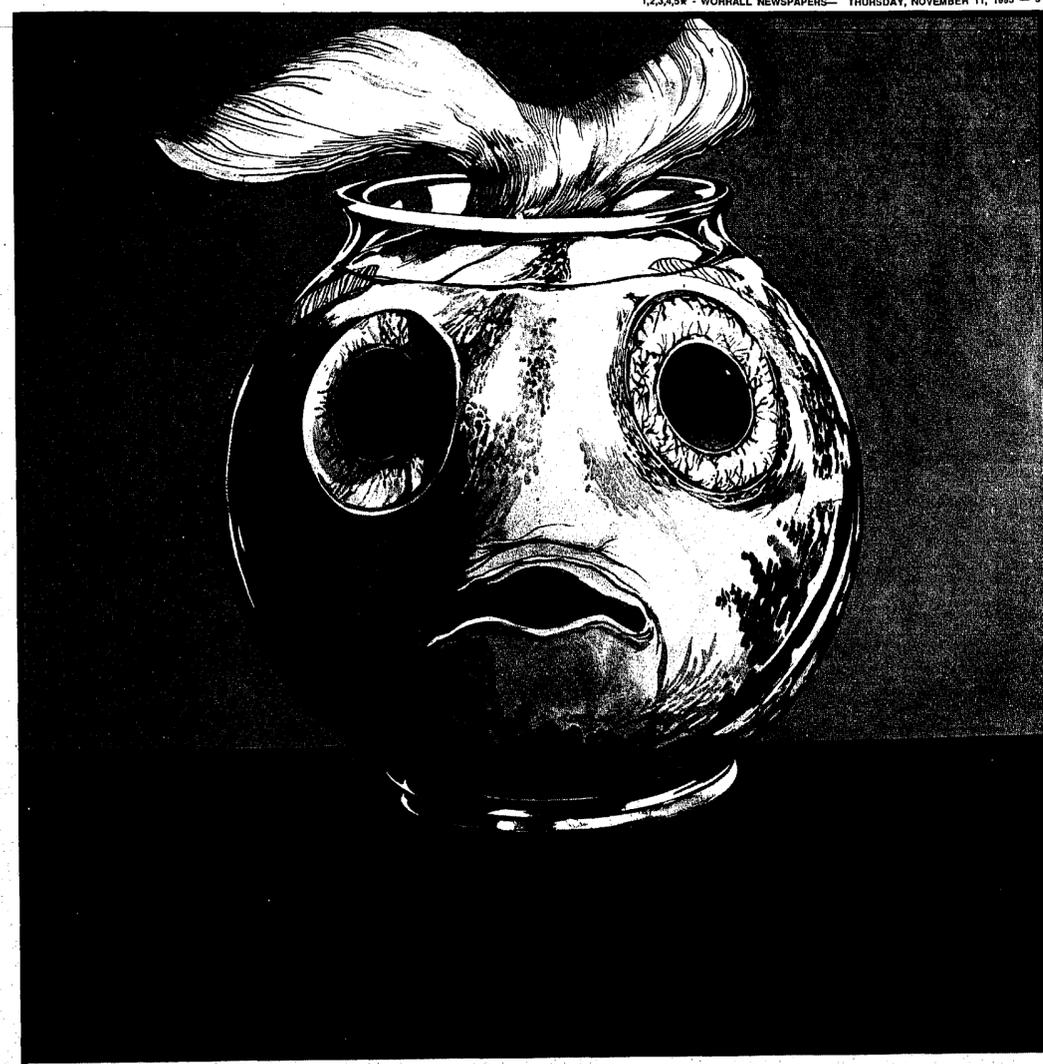
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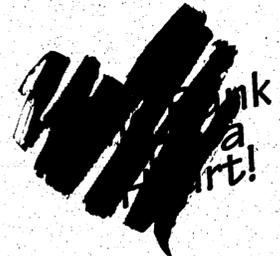
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MEMBER FDIC

DeBenedictis wins race, Dayton's Carrelli seventh

Roselle Park junior Anthony DeBenedictis won the boys' Union County Cross-Country race for the second consecutive year. This year's race, won by Westfield, was held Nov. 3 at Wanaquo Park in Elizabeth. DeBenedictis' winning time was 16:27.

Dayton Regional finished fourth behind Westfield, Union and Scotch Plains and Roselle Park was 10th. Westfield won the girls' title as well, with Union second, Summit third, Cranford fourth and Dayton Regional fifth. Johnson Regional was 10th.

Marissa DeFrossa of Rahway won the race in 20:48. Angela Carrelli of Dayton was seventh in 22:15.

Dayton Regional defeated by Roselle 40-0 last Saturday in its home-final in Springfield. "Three

crusaders" were the boys' Union County Cross-Country race for the second consecutive year. This year's race, won by Westfield, was held Nov. 3 at Wanaquo Park in Elizabeth. DeBenedictis' winning time was 16:27.

H.S. Roundup

off and will conclude their season at North Plainfield on Friday, Nov. 19.

Field Hockey
Roselle Park was defeated at Belvidere 3-1 in the North Jersey, Section 2.

CRUSADERS FOOTBALL

This weekend Johnson Regional will attempt to go where no man has gone before — into Immaculate's and Zone.

Johnson Regional (5-2) hosts Immaculate (7-0) Saturday at 7 p.m. in Nolan Field, the fourth and final game of a four-game home-and-home six-game home-schedule this year.

Immaculate has not been scored on this year and has won its regular season games by shut-out. Immaculate, the state's only unbeaten, untied and unscathed team, won all nine of last year's regular season games by shut-out and have not given up a point in a regular season game since being upset at home by Governor Livingston 6-5 in the final regular season game of 1991.

"We went to see them play Sunday (4-2-0) win at home over Newark Central and I think we match up with them physically," Johnson head coach Bob Taylor said. "We do things differently with our offense and that's something they haven't faced yet this year."

Immaculate was its first eight games by shut-out last year before being scored on by St. Joseph's of Montvale in the first round of the North Jersey Playoffs. Immaculate won that game 30-0, and went on to win the regular season championship. It has to be the second round of the playoffs to Bergen Catholic.

"Defensively, we have to be able to sting them," Taylor said. "They play a field-position game, they kick well, and they score well."

Johnson has one station to be credited for its record of 173-27 during the course of its five-year winning streak. "I could tell that their defense is very polished," Johnson quarterback Chris Peterson said. "They swarm in the backfield."

Liebeckman Matt Albert and Ben Siskind are the two best offensive players and their running game includes the likes of Olean Legacki and Tony Galle.

"They haven't faced an offense that runs the way we do, so we're going to try to beat them with our offense," Peterson said. "We think we can score on them."

Johnson Regional's record book

Bound Brook (3-4) 0-6-0-0
Johnson Regional (5-2) 12-20-0-0
Johnson — Peterson 49-Yards, 1 Kick (7-0)
(First quarter)
Johnson — Volpe 12 run, kick failed (7-10)
(Second quarter)
Johnson — Peterson 14 run, Peterson kick (7-20-0)
(Third quarter)
Johnson — Volpe 9 run, kick failed (7-29-0)
(Fourth quarter)
Johnson — Vazquez 60 yards from scrimmage, kick (7-33-0)
(Second quarter)
Bound Brook — Mosquera 72 yards from scrimmage, kick (7-33-0)
(Third quarter)
Johnson — Dwyer 4 run, Peterson kick (7-40-0)
(Fourth quarter)

By PARACRINI

Olarczuk excels at Penn State-Behrend
Holly Olarczuk was a member of this year's Penn State-Behrend women's tennis team. The Erie, Pa. school finished with a record of 9-7.

A 1992 Dayton Regional High School graduate and Springfield resident, Olarczuk is a justice administration major.

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2. Group 1 first-round playoffs Nov. 3.

Girls' Tennis
Roselle Park beat Ridge 5-0 at home Monday to win the Mountain Valley Conference-Valley Division title for the sixth straight year.

The Bulldogs (1-7) have this week's First Singles: Tara Bogota (16-5). Second Singles: Adriana Appello (19-3). Third Singles: Jennifer Gibki (15-4). First Doubles: Sue Lopez and Mando Bogota (14-7). Second Doubles: D.J. Farwell and Aimee Gibball (18-4).

Bogota, Appello and Gibki won in straight sets against Ridge. Bogota beat Monica Kumar 6-1, 6-0, Appello beat Lindsay Mackay 6-1, 6-1 and Gibki defeated Boca Catalonno 6-2, 6-1.

Field Hockey
Roselle Park was defeated at Belvidere 3-1 in the North Jersey, Section 2.

Springfield Minutemen win first

The Springfield Minutemen won their first game of the year by defeating the Roselle Kicks 5-2 last weekend in Roselle Park Youth Soccer League action.

Minutemen scored three goals and Kicks scored two. Goals for Minutemen were Andrew Lissenden, David Alzenberg, Adam Gabauer, Adam Steele and Charlie Schuyler. The defense, which held Roselle to four shots on goal, was led by Eric Moran, George Moulded, Brian Kobehinsky, Jason Faral and goalkeeper Brett Stein.

Roselle Park Eagles 7, Roselle Kicks 5-2
Arrows 1: Alex Campoe and Rob Nitcho scored two goals each and Matt Hinko, Nancy Miller and Brett Force one each for Roselle Park.

Byron Garrison, Denis Grammat, Veronica Vives, Maria Moroney, Phillip Acosta and Peter Strahan played well on defense for the Eagles, as did goalkeeper Ryan Birmingham. Force and Nitcho also had assists for Roselle Park, 4-2-1.

Scotch Plains won with 102.9 points. Johnson freshman Kelly Thompson placed sixth on vault with an 8.75, fourth on bars with an 8.00, third on beam with 9.05, third on floor with 9.2 and third all-around with a 35.9 to qualify for this Saturday's NJSIAA Girls' Individual Championships, which will take place at Shawnee in Medford.

Also competing as an all-around, junior Jeana Selama placed ninth with an 8.7 on bars, 8.55 on vault and 8.6 on floor.

Kim Weiss and Joy Schick, competing on vault and bars respectively, were honored as graduating seniors. Schick had her season personal-best on bars with a 6.4.

Junior Amy Drozdowski scored a 7.5 on floor. Tara Clarke competed on beam for Johnson.

Thunderbirds win
The Kenilworth Thunderbirds recorded their fourth shutout of the year by blanking the Summit Spiritus 5-0 last Sunday in girls' youth soccer league action.

Jennifer Schatz scored the first two goals, both assisted by center halfback Amanda Krieger. Gabby White scored her third goal of the season and, making her debut at right wing, fullback Monica Buray scored her first goal. Halfback Pam Parapiano also scored her first goal of the year.

Outstanding defensive efforts were turned in by fullbacks Meredith Kaufers and Francesca Stanco. Goalkeeper Jaime Ravalotti recorded her third shutout of the year.



WITHIN REACH — Roselle Park senior nose guard Anthony Barra is about to bring down Ken Urban running back Ken Urban during last Saturday's high school football game in New Providence. See story on Page B1.

Thompson sparks gymnasts

The Johnson Regional High School gymnastics team captured third place with a total of 99.95 points in the North Jersey, Section 2 championship meet held last Friday.

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ARTS & ENTERTAINMENT

'Marx Brothers' hilarious in musical revival at Mill

By Bea Smith
Lifestyle Editor

You don't have to be a Marx Brothers fan to enjoy and appreciate the hilarious antics of the zany, classical comedians and the musical comedy production of "Animal Crackers" at the Paper Mill Playhouse, Millburn. But if you are a fan, and grow up watching their legendary films on screen, laughing hysterically at their madcap slapstick and fast one-liners, then you will truly be in your glory at the Paper Mill.

Now, 65 years later, the recreation of the musical is being staged at the Paper Mill, with Charles Repole leaving the most challenging job of his career directing the production. The setting of the play is the Long Island estate of a New York socialite, Mrs. Rittenhouse, who is hostess to a dinner party. The occasion is a reunion of the Marx Brothers, who become, before our very eyes, the witty, clever, funniest of them all, Groucho.

It is rare these days to find a play where the character actors are nearly as entertaining as its stars. For example, there is the fantastic Carlo Saverio, who plays the very proper Mrs. Rittenhouse, and who has the most marvelous face for comedy. What she does with her ever patient, polite smile, while Spalding plays tricks on her and insults her at every turn, and Marston, as the professor, and Baker as Emanuel Ravelli, run rings around her, is a true lesson in comedy.

Another lesson in comedy is certainly provided by Karen Murphy, who plays Grace Carpenter, a mean, avicious woman, adorned in stylish, rather mannish clothes, whose every move has the audience enthralled. Then there are Jan Neuberger, who plays Grace's sister, Mrs. Whitehead, and Morris Thorslund — both of whom collaborated on other hit musicals — and music and lyrics by

Chandler, the set collector; and Kristin D. Chowchow and Michael O'Steen as Wally Winston, who provide the comic relief in the show. The others, equally talented and personable, are John Hoshko, as Zeppo Marx, playing Janison, as well as Hal Robinson, John Scherer and Amy M. Young.

The choreography is exceptional as provided by Michael Lichteifeld with additional dance arrangements by Allen Cohen and Albin Konyak, and vocal credits for the musical direction and vocal arrangements must go to Keith Thompson, with additional orchestration by Albert Evans and Patty Weiss. The costumes are stunning, thanks to David Tsohr, and the lighting design by F. Mitchell Dana brightens up a fabulous production.

Among some of the show-stopping scenes is the one in which a barn rises from a hole in the stage, and with it, Marston, as Harpo, playing lovely string music; and Baker as Chico, playing the piano as accurately and comically as the real Chico used to do in the Marx Brothers films, and most of all Ferrigno, who becomes, before our very eyes, the witty, clever, funniest of them all, Groucho.

It's a wonderful treat to be able to have a genuine laugh, over and over again, while looking at a 65-year-old musical and character actors who bring back such nostalgia. These days, where else but at the Paper Mill are you going to see Groucho Marx running up and down the aisle tossing bags of peanuts at the audience, or watch Harpo literally flying across the stage chasing pretty girls, or listen to Chico read the English language?

The one-liners and jokes are fast and furious, and some are lost in transit. This can be one of the reasons why a theatergoer might want to return to the Paper Mill for another roaring good time. With tears of laughter streaming down her face, a reviewer is already making plans for another visit with "Animal Crackers."

Swell Burke also has played violin and viola in orchestras in New Jersey and Pennsylvania. She has sung with solo ensembles in the New Jersey Opera Festival and the Moravian Chorus in Bethlehem, Pa., and has toured western Europe with a college-community choir.

The musician, who was graduated from Union High School in 1977, has a master's degree in theology from the University of Notre Dame and a bachelor of arts degree in religion from Moravian College, where she

minored in music. She is employed as a religious education editor for Silver Burdett Ginn in Morristown and serves as music director at the Boonton United Methodist Church.

More information about the concert can be obtained by calling (908) 322-4653.

Folk dancers set
The Summit Folk Dancers will meet tomorrow at the Summit YMCA, Morris Avenue and Maple Street. Sessions for beginners will be at 7:30 p.m. and for regulars at 8 p.m. Additional information can be obtained by calling (201) 467-8278.

Unionite stars
Stephen Nalowski of Union, a professional actor, is starting in The Performers At Work Theater Company's showcase production of "Gimmie," at the William Redford Theater, West 45th Street, New York City. The Equity will play, which opened Tuesday will run through Nov. 21.

Nalowski is a member of AFT, RA, LAMDA and the Dramatist League. He has appeared off Broadway and in independent films. He recently finished work on his first feature film, "Two Bits," starring Al Pacino. He has commercial and voice over credits and has worked in literary management for film and theater.

Bea Smith, Editor
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15. Peep
16. Avoid
17. Confirmation
18. Pale
19. Eased tension

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6. Foot
7. Start
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16. Pliminate
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Church concert set



Marx Brothers antics are displayed, from left, by Frank Ferrante, who plays Groucho/Captain Spalding; John Hoshko as Zeppo/Jamison; Robert Michael Baker as Chico/Emanuel Ravelli; and Les Marston as Harpo/The Professor in the musical 'Animal Crackers' at the Paper Mill Playhouse, Millburn, through Dec. 12.

Lyric soprano Susan Korhonen of Lake Hiawatha will perform with pianist and colleague Kathleen Swell Burke of Scotch Plains, formerly of Union, in concert Sunday at 5 p.m. in the First Baptist Church of Union, Colonial Avenue and Thoreau Terrace.

Korhonen, who has performed in Italy and Germany, and Swell Burke, an accomplished organist and pianist, will offer a program of operatic arias, French, German and Italian art songs, sacred classics and spirituals and selections from Broadway musicals. Admission is free, and donations are welcome. It was announced. A reception will follow.

Swell Burke also has played violin and viola in orchestras in New Jersey and Pennsylvania. She has sung with solo ensembles in the New Jersey Opera Festival and the Moravian Chorus in Bethlehem, Pa., and has toured western Europe with a college-community choir.

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Unionite stars
Stephen Nalowski of Union, a professional actor, is starting in The Performers At Work Theater Company's showcase production of "Gimmie," at the William Redford Theater, West 45th Street, New York City. The Equity will play, which opened Tuesday will run through Nov. 21.

Nalowski is a member of AFT, RA, LAMDA and the Dramatist League. He has appeared off Broadway and in independent films. He recently finished work on his first feature film, "Two Bits," starring Al Pacino. He has commercial and voice over credits and has worked in literary management for film and theater.

Bea Smith, Editor
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Organizations submitting releases to the entertainment section can mail copy to 1291 Stuyvesant Ave., P.O. Box 3109, Union, New Jersey, 07083.

CROSSWORD PUZZLE

CLUES ACROSS
1. Caper
2. Following
3. Technical expertise
4. Recess
5. Expect
6. Reflecting
7. Fastidious
8. Infectious disease
9. Fluvous water
10. Scribble
11. Alibi
12. Headcase
13. Master card
14. High priest
15. Peep
16. Avoid
17. Confirmation
18. Pale
19. Eased tension

CLUES DOWN
1. Wait
2. Pop
3. Real
4. Following
5. Link
6. Foot
7. Start
8. Haste
9. Hitch
10. Value
11. Surge
12. Messy
13. Blythe
14. Run
15. Sure
16. Pliminate
17. Lash
18. Day
19. Abode
20. Well
21. Look
22. Link
23. Plot
24. Power
25. Hunt
26. Lull
27. Instruct
28. Grotesque
29. Saver
30. Alibi
31. Thence
32. Has
33. Hay
34. Humid
35. Money
36. Rise
37. Also
38. Nem
39. Bunk

ACROSS ANSWER TO PREVIOUS PUZZLE
1. Wait 3. Pop 5. Real 7. Following 9. Link 10. Foot 11. Start 14. Haste 15. Hitch 17. Value 18. Surge 19. Messy 20. Blythe 23. Run 25. Sure 27. Pliminate 28. Lash 29. Day 30. Abode 31. Thence 32. Has 33. Hay 34. Humid 35. Money 36. Rise 37. Also 38. Nem 39. Bunk

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HEALTH & FITNESS

A new option to treat nighttime heartburn

(NU) - Every day healthy people experience some gastroesophageal reflux, when food and stomach acid backwashes into the esophagus, or the swallowing tube. Gastroesophageal reflux can cause discomforting symptoms and that painful burning sensation in the chest called heartburn. This occurs particularly at night when gravity isn't on your side and other physiologic factors, such as swallowing and saliva production, are reduced.

If you suffer from symptoms of gastroesophageal reflux disease (GERD), you are not alone. More than 83 million adults, or 44 percent of Americans, experience the main symptom — heartburn — monthly, and 7 percent have symptoms daily.

Steps you can take to find relief from your symptoms include making some behavioral changes. Fol-

lowing are a few lifestyle tips:

- Avoid big meals. Eat smaller and more frequent meals. Smaller meals are more easily digested and are less likely to increase pressure on the valve at the base of the esophagus.
- Avoid foods that are hard to digest or can irritate the esophagus lining, such as fried, fatty and spicy foods, onions, tomato products, citrus fruits and juices, chocolate and coffee.
- Avoid lying down immediately after eating; sleep with the head of your bed elevated.
- Decrease or stop smoking; and if obese, try to lose some weight.
- Manage your stress level. Stress can affect the normal digestive process.

Repeated episodes of gastroesophageal reflux can cause serious damage to the esophagus.

Traditional treatments for reflux include agents that neutralize stomach acid (antacids) or suppress the production of stomach acid (H₂ blockers). These treatments affect the symptoms of gastroesophageal reflux rather than the cause.

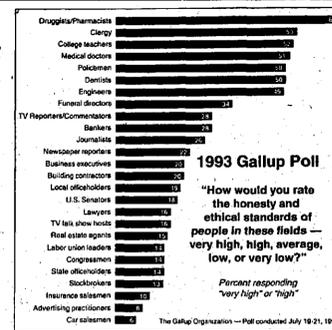
The causes are related to abnormalities in the action of the muscles of the gut, or in medical parlance, gastrointestinal motility. Normally, the food you eat travels down a tube called the esophagus. A ring-shaped muscle or sphincter at the base of the tube acts as a trapdoor of sorts by shutting off the stomach and its acidic contents from the esophagus. At the same time, wave-like contractions of the esophagus push the food down. But gastrointestinal motility in this part of the body can malfunction and the contractions that push food into the stomach can slow. When gastrointestinal motility is poor, the esophageal sphincter may fail to work properly, and the stomach may take longer to empty.

A new drug recently approved for marketing, PROPULSID (cisapride), effectively prevents and relieves nighttime heartburn symptoms in reflux patients.

The drug addresses the underlying motility factors that contribute to nighttime heartburn. Already, people in 60 other countries have used PROPULSID and after extensive studies here, doctors can now prescribe the drug.

What can you do to treat gastroesophageal reflux? Learning about the causes and recognizing the symptoms is a start.

If lifestyle modifications are not enough to relieve symptoms, see a physician who may be able to provide an appropriate course of treatment.



Survey finds Americans unprepared for emergency

(NU) - How would you react in a medical emergency? If you feel less prepared than you should be, you're not alone.

A national poll of more than 1,000 Americans revealed that many are confused about what to do in a medical emergency and which emergency response number to call. Nearly half of the people surveyed — 46 percent — had difficulty identifying the national 9-1-1 emergency hotline number, which is considered one of the pillars of the country's emergency response system.

According to Charlotte Yeh, vice president of the American College of Emergency Physicians, "In a medical emergency, the ability to make the right call is critically important. In many cases, getting a victim skilled medical attention as quickly as possible can literally mean the difference between life and death."

The survey also revealed that:

- Few people discuss medical emergency preparation with their regular physician, an important step in preparing for an emergency.
- Most people know the warning signs of a heart attack, but few can identify the warning signs of a stroke (speech difficulty, numbness, paralysis, confusion, stumbling and impaired vision).
- Most people surveyed agreed that an ambulance is the best way to get to the hospital in an emergency. However, 75 percent of those who needed emergency care in the last year were driven by a friend or relative to the emergency room — losing the advantage of receiving on-site treatment.
- In response to these survey results, ACEP and Upjohn have launched a public education campaign — "We're Ready. Are You?" — including a free brochure, "What You Should Know About Emergency Care." For a free copy of the brochure and an emergency-tips refrigerator magnet, send a self-addressed, stamped, #10 envelope to Emergency Care Brochure, Dept. NU, 307 West 36th St., Eighth Floor, New York, NY 10018.

Americans trust pharmacists

(NU) - Pharmacists, according to the Gallup Organization's latest poll, rate the honesty and ethical standards of several professions, have "very high" ethical standards.

This is the fifth consecutive time pharmacists — by a wide margin — have received the highest trust rating from consumers.

Sixty-five percent of people responding to the poll said pharmacists have "very high" or "high" ethical standards, compared to 53 percent for members of the clergy. The 12 percent margin between pharmacists and the clergy remained steady from last year's survey, when pharmacists set a Gallup record for the largest margin between the first- and second-rated professions.

The poll, conducted in July, asked 1,011 adults to rate the honesty and ethical standards of 28 professions.

Pharmacists received "very high" ratings from 12 percent of respondents and "high" ratings from 35 percent. Since 1981, the profession's combined rating has never fallen below 66 percent last year.

Pharmacists lead what Gallup calls the "top seven" professions — the clergy, physicians, dentists, engineers, college teachers and police officers.

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HEALTH & FITNESS

Falls responsible for most spinal cord injuries

The sight of someone in a wheelchair often conjures up images of a devastating car crash, a violent gunshot or some other traumatic accident. However, in reality, falls cause a large percentage of paralyzing spinal cord injuries, according to the Regional Spinal Cord Injury Center of the Delaware Valley, Thomas Jefferson University, Philadelphia, Pa.

Established in 1979 as a cooperative program between Thomas Jefferson University Hospital and the Magee Rehabilitation Center, the center reports that falls were the leading cause of its spinal cord injury cases in 1992 — 27 percent. Recognizing this fact may help make people aware of the importance of preventing something as seemingly simple, but potentially devastating, as a fall.

Mary Call, project coordinator of the center, oversees the data collected on all cases of paraplegia and quadriplegia. Of 145 spinal cord injuries evaluated at the RSCICDV last year, 40 were the results of falls. Unshod wounds and motor vehicle accidents were the next leading causes, responsible for 35 and 34 injuries, respectively.

"Falls aren't often perceived as being able to inflict the damage of paralysis," Call said. She knows only too well the potential severity of falls, having fractured her back in a fall from a tree in 1981. "I had what is called a stable fracture and, as the case is in many spinal cord injuries, there is nothing that can be done surgically, so the fracture is left to heal on its own. I spent four to six months in a body jacket, or what is called a 'cramshell.'"

After several months of rehabilitation, Call went on to complete nursing school and became directly involved in the day-to-day evaluation of what causes spinal cord injury and how to prevent it — all from her wheelchair.

Call noted this her adjustment to life in a wheelchair has gone relatively well, but that it took five years. Because of her positive outlook, she feels satisfied with her quality of life. Reflecting on her injury, Call acknowledged that a fall from a tree is not something anyone anticipates, but she emphasized that people can take steps to ensure that they don't become prone to falls in and around their homes. The RSCICDV reported the following facts:

- The majority of falls occurred on stairs. Check footing on carpeted steps before treading up or down, in order to avoid slips on smooth surfaces or from treadless shoes. When carpeting is present, especially in a home, check to make sure that fasteners, such as nails, are holding the rug in place without sticking up and presenting their own tripping hazard.
- Other common situations for falls involved tripping on level surfaces or stumbling from a height. While it is difficult to prevent such nebulous encounters, awareness itself can help to maintain caution. Survey your environment. Check lighting in areas where there are steps, cracks or furniture that could trip footing. Equip tubs and showers with non-slip mats and support bars, especially if there are clearly people in the home. Do not charge up or down the steps. Avoid railings or edges in an unfamiliar setting, as they may not be structurally sound.
- Most spinal cord injury admissions to Jefferson involve an elderly person who has fallen. Approximately 80 percent of fall injuries occur among men and women, ages 71 and above. Because the elderly often are unable to secure their homes against accidents, it is up to friends and family members to gauge the safety levels in the homes of the elderly, and take the necessary steps to secure a fall-safe environment.
- Call emphasized that support is one of the most important elements for someone who suffers from a spinal cord injury. She credits the support she received from family and friends, as well as the RSCICDV, for her motivation to complete nursing school and move on with her life. She advised anyone who suffers a spinal cord injury, whether from a fall or other accident, to get involved with work, school or hobbies. Falls never will be completely preventable, but increased awareness may help to reduce their incidence, as well as to improve the life transition one must make when a fall results in a spinal cord injury.

Fertility expert addresses international congress

Dr. Arlo Birkenfeld, who co-directs the Diamond Institute for Infertility in Irvington, was an invited speaker at this fall's Second Congress on the Endometrium, organized by Italy's University of Bologna, the conference site, and New York's Mount Sinai School of Medicine, where he is clinical associate professor. Birkenfeld also served as chairman of the morning segment dealing with the effect of hormone replacement on the post-menopausal endometrium.

His Bologna presentation addressed how infertility drugs used for controlled ovarian stimulation affect the endometrium, the highly vascularized tissue lining the uterus. According to Birkenfeld, medically-induced changes to endometrial physiology can be crucial in infertility treatment aimed at setting up a receptive uterine environment. His collaborative studies with Diamond Institute co-director Dr. Matan Yemini center on this topic and its relation to embryo implantation success or failure.

Birkenfeld is invited to present a lecture to the general session of the Fertility Society of Australia Annual Meeting in Sydney in November. He will review and discuss the morphology, physiology and biochemistry of the endometrium. He also will address and co-chair the Embryo Uterine Co-Culture Workshop, organized by the University of Sydney's Royal Northshore Hospital.

A founder of the North American Menopause Society and a member of the American Fertility Society, Birkenfeld was the latter organization's 1991 second-prize poster winner. He is licensed in New Jersey, New York and Israel. For more than 15 years, Birkenfeld has concentrated his interest, practice and research on reproductive medicine and the incidence and complications of couples' infertility, publishing more than 80 manuscripts and abstracts on his practice and original research. His chapter on medical management of the post-menopausal woman, including clinical implications of progesterone estrogen withdrawal, written with Dr. Nathan Koss, was published in the fourth edition of the textbook Office Gynecology, edited by Robert H. Glass.

Yemini and Birkenfeld are developing the Diamond Institute's Menopause Center, slated to open in Millburn. This comprehensive center will apply a multi-disciplinary approach for the evaluation and treatment of menopause's physiological and psychological consequences. The center's staff will include physicians, technologists, laboratory personnel and counselors nutrition, exercise, mental health — and will house the specialty's most advanced diagnostic tools.

Founded in 1968 by Dr. Edward Diamond, the Diamond Institute offers complete on-site infertility diagnosis and assisted reproduction treatment, including in vitro fertilization, egg donation, gamete intrafallopian transfer (GIFT) and male infertility evaluation and treatment. Diamond Institute also offers a program for evaluation and treatment of recurrent miscarriage.

Hot and cold facts of sensitive teeth

(NU) - If you cringe at the thought of hot coffee or ice cream on your teeth, you're not alone. An estimated one in four Americans experience tooth sensitivity to heat, cold, acids, sweets or touch.

Many others have sensitive teeth, but do not realize it because they have learned to live with the discomfort, often avoiding certain foods and beverages.

Tooth sensitivity, while not necessarily a danger in and of itself, can harm oral health by resulting in improper brushing. Sensitive teeth may otherwise be healthy, but when proper oral hygiene isn't maintained, decay, gum disease and even tooth loss can result.

A common cause of tooth sensitivity is when cementum — the thin layer covering the root — wears away at the gum line leaving exposed pain receptors, according to Howard P. Strassler, D.M.D., F.A.D.M., associate professor and director of operative dentistry at the University of Maryland at Baltimore. Studies indicate that using a hard-bristle toothbrush and scrubbing the teeth aggressively may exacerbate gum recession and further erode the cementum at the gumline, possibly making tooth sensitivity more acute.

Yet "patients with receding gums and sensitive teeth commonly brush harder, thinking this will clean their teeth better and improve their condition," Strassler notes. "But excessive brushing can actually make matters worse."

Once gum recession, tooth erosion and tooth sensitivity have begun, most dentists recommend using a gentle desensitizing stroke with a soft-bristle toothbrush away from the gumline. In addition to technique, Strassler recommends "the proper tools: a soft-bristle toothbrush and a desensitizing toothpaste that also is as low in abrasion as possible."

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Ozone Info

The New Jersey Department of Environmental Protection offers a short film describing the ozone problem which is available for group presentations. A booklet on the subject soon will be available. For information on these and other New Jersey environmental issues, write the New Jersey Department of Environmental Protection, Division of Environmental Quality, Bureau of Air Quality Planning and Evaluation, CN202, 401 East State Street, Trenton 08625, or call 609-292-6722.

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7:00 p.m. - 9:00 p.m.

Presented by: Estelle Pisani, M.A., R.N., C.S.
Assistant Administrator for Clinical Services at Fair Oaks Hospital

Stress is inevitable today. For the past several decades stress has been identified as a major health threat, causing heart attacks, ulcers, depression, cancer, and even death. But stress is a fact of life. Since you can't get rid of it, you need to learn how to use it to your advantage.

In this free community education program, Ms. Pisani will present an overview of stress as well as the common physical and emotional responses to stress. She will also discuss techniques for managing stress including ways to make stress work for you. Attendees will receive a free copy of the pamphlet *Making Stress Work for You*. Ms. Pisani, who has been affiliated with Fair Oaks Hospital for 12 years, serves as the Assistant Administrator of Clinical Services for the hospital.

Managing Stress in the 90's is a free community education program, but reservations are requested due to limited seating. For more information or to reserve a seat call (908) 277-9012.

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horoscope

For week of Nov. 14-Nov. 20

ARIES (March 21 to April 20) The simple things in life will make this a special week. You will have plenty of opportunity to socialize and share special moments with loved ones. Travel and vacations are on your mind. This is a good time to plan an overseas trip. You could find a bargain on accommodations.

Taurus (April 21 to May 21) Putting in a few extra hours at work will help you reach an important deadline. A misunderstanding with a coworker is just that. Getting things out in the open is necessary. You'll realize how important communication is. You are probably in need for fun. Why not spend the weekend away?

GEMINI (May 22 to June 21) An exceptionally good week for getting anything new off the ground. A friend of a friend may lead you to a promising career offer. Your busy social schedule will be a source of pleasure but also one of exhaustion. Time alone is advisable. All aspects of life seem to be in sync.

Cancer (June 22 to July 23) You may get an interesting offer for getting anything new off the ground. A friend of a friend may lead you to a promising career offer. Your busy social schedule will be a source of pleasure but also one of exhaustion. Time alone is advisable. All aspects of life seem to be in sync.

LEO (July 24 to Aug. 23) In the romantic sense, there could be trouble in paradise. Be sure to hear your partner out before jumping to any conclusions. Children should be a major focus of the week. You may start considering some major changes in your life. It's not fair to blame others for your problems.

VIRGO (Aug. 24 to Sept. 23) If you need a change of scenery, Saturday is a good time to take a trip. A relaxing weekend away is probably what you need. A family member will suddenly take a greater interest in your personal affairs. There is probably no reason to be suspicious. Stay clear of gossiping Geminis.

LIBRA (Sept. 23 to Oct. 23) This should be an interesting and exciting week. Music, concerts and theater will play a major role in your social activities. Keep upcoming expenses in mind when discussing finances. A friend may introduce you to an interesting Aquarius of the opposite sex. The two of you will probably hit it off right away.

SCORPIO (Oct. 24 to Nov. 23) If partnership problems appear, you should have no difficulty in deciding on the proper course of action. You'll be determined to go your own way rather than become involved in long, drawn-out quarrels that lead nowhere. Major purchases and finances will be an issue this week.

SAGITTARIUS (Nov. 23 to Dec. 21) Don't push yourself too hard. You may not have as much energy as you think. Memorial events and parties seem to consume your thoughts. You may find yourself contacting old friends. Don't make excuses for other people. Upcoming social events are cause for excitement.

CAPRICORN (Dec. 22 to Jan. 20) A friend's behavior may make you wonder about his or her integrity. Try not to be too disappointed if you have been let down. A good time to shop. Go ahead and treat yourself to some new clothes. They accentuate details at work and do not overlook important tasks.

AQUARIUS (Jan. 21 to Feb. 18) It's time to go to the top of the food pyramid in preparation for a family member. Though it is enough, stubbornness won't get you anywhere. Finish neglected tasks and prepare yourself for the upcoming holidays. Check all details for an upcoming trip. Fitness and exercise are cause for concern.

PISCES (Feb. 19 to March 21) An unpleasant experience should be followed by an extraordinarily delightful one. You may hear yourself saying, "you have to take the bad with the good." The actions of a friend will be the cause of controversy. Don't get involved in such matters. Concentrate efforts on work projects.

FAIR

SATURDAY, NOVEMBER 20, 1993
EVENT: Old Fashioned Christmas Fair and Auction
PLACE: United Methodist Church of Union, 521 North Wood Ave. (next to City Hall)
TIME: Sat. 10am-7pm. Auction 7p.m.
PRICE: Free admission
ORGANIZATION: United Methodist Church of Union

SATURDAY, DECEMBER 4, 1993
EVENT: Holiday Fair
PLACE: Redeemer Lutheran Church, 154 Prospect Ave., Irvington
TIME: Sat. to 4p.m.
PRICE: Craft dealers & new items wanted. Tables available \$15.00, call 201-372-0384 or 201-763-3251. Home-made crafts, cakes, cookies, stocking stuffers. Do your Christmas shopping early.
ORGANIZATION: Redeemer Lutheran Church

Flea Market
SATURDAY, NOVEMBER 13, 1993
EVENT: Big Indoor Flea Market
PLACE: Roselle Catholic High School, Rantzen Rd., Roselle
TIME: Sat. to 4p.m.
ORGANIZATION: Roselle Catholic High School

SATURDAY, NOVEMBER 13, 1993
EVENT: Craft/Flea Market
PLACE: St. Michael's Lower Church, 6611 St. & Mayfield Rd., Union
TIME: 9am to 4p.m.
PRICE: Tables available \$15. Call 908-884-1799 or 908-888-5341
ORGANIZATION: St. Michael's Lower Church of Holy Mary C.D. #1800

SATURDAY, NOVEMBER 20, 1993
EVENT: Flea Market
PLACE: Redeemer Lutheran Church, 154 Prospect Ave., Irvington
TIME: Sat. to 4p.m.
PRICE: Dealers wanted, \$15.00 per table. Call 201-372-0384 or 201-763-3251. No lunch available for sale. Features: new, used, furniture, jewelry, toys.
ORGANIZATION: Redeemer Lutheran Church

SATURDAY, NOVEMBER 20, 1993
EVENT: Christmas Craft Show
PLACE: Roselle Catholic High School, Rantzen Rd., Roselle
TIME: 9am to 4p.m.
PRICE: Free admission. Prizes drawings all day. Breakfast and lunch available for sale. Features: new, used, furniture, jewelry, toys.
ORGANIZATION: Roselle Catholic Mothers' Club

CRAFT

SATURDAY, NOVEMBER 13, 1993
EVENT: Roseland Craft Show
PLACE: Roseland Presbyterian Church, 40 Freeman St., Roseland
TIME: 10am to 4pm
PRICE: Crafts, refreshments and dessert entertainment on the main level. Baked goods tables. Vendor information call 908-886-8575 or 908-964-7773.
ORGANIZATION: Washington State PTA

SATURDAY, NOVEMBER 27, 1993
EVENT: Annual Craft Fair
PLACE: St. Elizabeth School Gym, 170 Huxsa St., Linden
TIME: Sat. to 4p.m.
PRICE: Free admission. Crafts, fun, food, drink.
ORGANIZATION: St. Elizabeth Youth Ministry

FRIDAY, NOVEMBER 26, 1993
EVENT: Our Lady of Lourdes 4th Annual Craft Fair
PLACE: Our Lady of Lourdes School, 100 Valley Way, West Orange
TIME: Fri. 9am to 4pm
PRICE: Over 1000 crafts, refreshments, white elephant sale. Crafts for kids, Santa & Mrs. photos. Free admission.
ORGANIZATION: Parent-Teacher Guild of Our Lady of Lourdes School

SATURDAY, NOVEMBER 20, 1993
EVENT: Annual Indoor Craft & Flea Market
PLACE: Madison School, 944 Madison Ave., Rahway
TIME: Sat. to 4p.m.
PRICE: Large variety crafts, gifts & items for sale. For information call 908-282-1020.
ORGANIZATION: Madison School PTA

SATURDAY, NOVEMBER 13, 1993
EVENT: Christmas Craft Show
PLACE: Roselle Catholic High School, Rantzen Rd., Roselle
TIME: 9am to 4p.m.
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ORGANIZATION: Roselle Catholic Mothers' Club

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ORGANIZATION: Redeemer Lutheran Church

WORKSHOPS EDUCATIONAL

TUESDAY EVENINGS
STARTING NOVEMBER 23, 1993
EVENT: Adult Children of Alcoholics/Disturbed Families Group (includes film series)
PLACE: The Heart Building (medical building), 2nd floor, 53 Westfield Ave., Clark
TIME: 6pm. first 7:30pm
PRICE: Sliding fee scale. Scholarships available. For more info 908-388-7600.
ORGANIZATION: Linda Posner C.S.W., Addiction Treatment Services

FRIDAY, SATURDAY
NOVEMBER 12, 13, 1993
EVENT: Holiday Boutique, Roast Beef Dinner, Playable Brunch
PLACE: Community United Methodist Church, Grant & Chushtin St., Roselle Park
TIME: Fri. 11:30am-9p.m.; Sat. 9am-3pm
PRICE: Photos with Santa & Purple Dinosaur, hand-made crafts, toys, jewelry, ceramics, etc. for sale. Games for children.
ORGANIZATION: Community United Methodist Church

SUNDAY, NOVEMBER 14, 1993
EVENT: "SPO" '93 showcase exhibit retail, service, & professional businesses
PLACE: Maplewood Women's Club, 60 Woodland Rd., between Ridgewood Rd. & Maplewood
TIME: 1p.m. to 4p.m.
PRICE: Free admission. No sales transactions, attendees treated to special, discount coupons, food/beverage demonstrations, music, give-aways, entertainment etc. 201-763-9119
ORGANIZATION: Parent-Teacher Guild of Our Lady of Lourdes School

SUNDAY, NOVEMBER 21, 1993
EVENT: Country Festival
PLACE: Redeemer Lutheran Church, 154 Prospect Ave., Irvington
TIME: 12:30pm to 4:30pm
PRICE: Free admission. Bring the family. Featuring live music by Daniela's Country Cops, live entertainment, Santa's Picture Studio 10-12-13. Free admission. Bring the family. Featuring live music by Daniela's Country Cops, live entertainment, Santa's Picture Studio 10-12-13. Free admission. Bring the family. Featuring live music by Daniela's Country Cops, live entertainment, Santa's Picture Studio 10-12-13.

SATURDAY, NOVEMBER 13, 1993
EVENT: Holiday Bazaar
PLACE: Goodwill Stores Church, Union
TIME: 9am to 4pm
PRICE: Free admission. Santa & Mrs. photos. Free admission.
ORGANIZATION: Presbyterian Women of Goodwill Stores Church

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TIME: 9am to 4p.m.
PRICE: Free admission. Prizes drawings all day. Breakfast and lunch available for sale. Features: new, used, furniture, jewelry, toys.
ORGANIZATION: Redeemer Lutheran Church

OTHER

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TIME: Fri. 9am to 4pm
PRICE: Over 1000 crafts, refreshments, white elephant sale. Crafts for kids, Santa & Mrs. photos. Free admission.
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BAZAAR

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Worrall Classified

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- 2-ANNOUNCEMENTS
- 3-MISCELLANEOUS
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- 5-INSTRUCTIONS
- 6-SERVICES OFFERED
- 7-BUSINESS OPPORTUNITIES
- 8-RENTAL
- 9-REAL ESTATE
- 10-AUTOMOTIVE

UNION COUNTY
Union Leader • Springfield Leader
Clark Eagle • Kenilworth Leader
Mountainside Echo • Roselle Spectator
Hillside Leader • Roselle Park Leader
Linden Leader • Rahway Progress

CLASSIFIED RATES
20 words or less.....\$10.00 per insertion
Additional 10 words or less \$3.00 per insertion
Display Rates.....\$20.00 per column inch
Contract Rates Available
Blind Box Number.....\$12.00 per insertion

ESSEX COUNTY
News-Record of Maplewood & South Orange
West Orange Chronicle • East Orange Record
Orange Transcript • The Glen Ridge Paper
Nutley Journal • Belleville Post
Irvington Herald • Valleyburg Leader
The Independent Press of Bloomfield

CLASSIFIED RATES
20 words or less.....\$12.00 per insertion
Additional 10 words or less \$4.00 per insertion
Display Rates.....\$27.00 per column inch
Contract Rates Available
Blind Box Numbers.....\$12.00 per insertion

BEST BUY CLASSIFIED COMBINATION RATES
Ad appears in all 20 papers
Additional 10 words or less \$6.00 per insertion
Display Rates.....\$42.00 per column inch
Contract Rates Available

DEADLINES
Business Directory 12 Noon Friday
Display - Space reservation 5 p.m. Friday
Ad copy 12 noon Monday
In Column 3 p.m. Tuesday

CLASSIFIED ADVERTISING DEPARTMENT HOURS
Monday through Friday 9:00 A.M. - 6:00 P.M.
Saturday 9 A.M. - 12 NOON (PHONE CALLS ONLY)

CLASSIFIED POLICIES
All classified advertising is payable in advance.
We accept Visa and MasterCard. You may also mail your ad with payment (check or money order) to us, or come into one of our offices to place your ad.
Offices where ads can be placed in person:

UNION COUNTY
Union Leader
1291 Stuyvesant Avenue
Union, N.J.
(908) 686-7700

Essex County
News-Record of Maplewood and South Orange
463 Valley Street
Maplewood, N.J.
(201) 763-9411
(201) 674-8000

The Independent Press of Bloomfield
265 Liberty Street
Bloomfield, N.J.
(201) 743-4040

BOOKKEEPER
Light computer bookkeeping and general work needed for wholesale distributing company. Located at Route 22 West in Springfield. 564-5991

C.A.D. OPERATOR
Responsible for design, drafting, and upkeep of maps. Building and architectural drawing, and "vac" recorder for two operators of the M-1. Licensed in floor systems using C.A.D. system software for two years experience. Must be able to work with and supervise contractors on projects. Call for salary, experience, and computer application design, drafting, and computer software design background. Must be able to fill and move equipment weighing up to 30 pounds. Valid New Jersey Driver's License is required. Send resume to Human Resources Department, M-1, 200 Liberty Avenue, Union, N.J. 07080. E.O.E. M/F

BOOKKEEPER
Light computer bookkeeping and general work needed for wholesale distributing company. Located at Route 22 West in Springfield. 564-5991

HAIR STYLIST
With following prepared, willing to follow if good, part time assistant wanted. Call 908-831-6400 ask for Julia or Lydia.

HOME HEALTH AIDE
Home Health Aide to live in or live out. Full time. Must be able to read and write. Good typing skills. Call 201-763-9411.

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HELP WANTED

CASHIER
Full-time and Part-time flexible hours in busy neighborhood cafe. Call 908-884-1799.

METRO DRUGS
908-687-3100

CHILD CARE
Child Care needed. Working couple seeks live in, responsible, non-smoking English speaking woman to care for two children, ages 3 months each. Prior experience and references a plus. Call Peter Worral, Advertising Director, 908-886-7700.

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ADVERTISING SALES
Existing opening for 20 sales reps to cover group of 20 weekly newspapers. Position involves dealing with a variety of business people, servicing and selling advertising territories. Must have college degree in a plus. Call Peter Worral, Advertising Director, 908-886-7700.

ADVERTISING SALES PERSON
Worral Community Newspapers, Inc. has an opening for a full-time advertising sales person. Must have college degree in a plus. Call Peter Worral, Advertising Director, 908-886-7700.

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VETERAN'S DAY

THURSDAY, NOVEMBER 11TH

REMEMBERING THOSE WHO PROTECT OUR RIGHTS TO LIFE, LIBERTY AND THE PURSUIT OF HAPPINESS. THEY DESERVE OUR RESPECT AND ADMIRATION

THESE COMMUNITY MINDED BUSINESSES AND ORGANIZATIONS HAVE SPONSORED THIS MESSAGE

- | | | | |
|--|---|---|---|
| THE AMERICAN HEART ASSOCIATION
1 Bleecker Street
Millburn
376-3636 | "HIRE A HUSBAND"
Bob Henry
612 Duquesne Terrace
Union
908-487-1976 | NANCY LUZON, VFW
311 East 1st Avenue
Roselle
908-341-3222 | THE TRAVEL BUG
221 Chestnut Street
Suite 302
Roselle
908-341-3222 |
| DR. JAMES C. BYRNE, D.P.M.
Foot Specialist
Laser Surgery in office
904 Stuyvesant Ave., Union
908-964-6990 | J & J GARAGE INC.
1201 Baltimore Avenue
West Linden
908-252-2600 | M&M ITALIAN RESTAURANT PIZZERIA & BAR
2036 Morris Avenue
Union
937-0414 | UNITED JERSEY BANK CENTRAL N.A.
62 offices located in Mercer, Middlesex, Monmouth, Somerset and Union Counties. For the office nearest you call 800-282-BANK Member FDIC. Member of UJB Financial Corp., a financial services organization with over \$13 billion in assets |
| JACKSON'S AUTO CLEANERS
2568 Route 22 East
Union
908-677-8780 | MULTI CHEVROLET & SATURN OF UNION
3075 Route 22 West
Union, NJ
686-2810 | THE UNION CENTER NATIONAL BANK
2003 Morris Avenue, Union
908-686-9590 | THE PAPER PEDLAR
681 Morris Turnpike
Springfield
201-376-3358 |
| LEHIGH SAVINGS BANK, S.L.A.
952 Stuyvesant Avenue
Union
686-4633
Millburn Mall, Yonkers
686-4003
5 Points, 320 Chestnut Street, Union
688-0010 | RIDER INSURANCE
1360 Morris Avenue
Union
908-687-4882 | WOOLLEY FUEL COMPANY
12 Burnetts Avenue
Maplewood
762-7400 | WOOLLEY FUEL COMPANY
12 Burnetts Avenue
Maplewood
762-7400 |
| DARROW'S SCOUTFITTERS
1489 Morris Avenue
Union
908-687-1077 | LINDEN PBA LOCAL 42
P.O. Box 1524
Linden, NJ
908-862-0025 | TONY'S SERVICE STATION
1859 Morris Avenue
Union
908-687-3449 | WOOLLEY FUEL COMPANY
12 Burnetts Avenue
Maplewood
762-7400 |

DINING OUT

Garfields Sports Lounge & Restaurant
Presents
KARAOKE Sing Along Contest
Win a Caribbean Vacation
Every Tues. thru Dec. 7th
Winners each night

Grand Prizes -
• 3rd Place - Color T.V.
• 2nd Place - 2 Night stay at Atlantic City for two
• 1st Place - All expense paid Caribbean vacation for two
NORTH AVENUE PLAZE 501 North Avenue Garwood, N.J. 07027
(908) 232-5204

L'Affaire EARLY DINING
Cocktails & Dining In An Elegant Atmosphere

A Complete Dinner
From 4:30-6:00 PM Monday-Friday
\$12.25
Saturday 4:30-6:00 PM & Sunday 12:30-4:30 PM
\$13.00

A La Carte Menu Also Available Daily
In Our Main Dining Room

Remember L'Affaire For All Your Weddings, Showers, Engagements, Annivers

ANNOUNCEMENTS

A LETTER from Stan's Personalized... Looking for a "Significant Other"?

MISCELLANEOUS

388 Bismarck Street, Rahway, Friday, 10am-5pm.

MISCELLANEOUS FOR SALE

HOME GYM, Mandy III. Three stations, 200 lbs. and new condition.

GARAGE SALE

ROSELLE, 222 West 1st Avenue (by Ray Rogers), Saturday, November 13th.

WANTED TO BUY

AABACUS ANTIQUES... 908-245-8383

SERVICES OFFERED

APPLIANCE REPAIR... All Work Guaranteed

WORRALL Classified 1-800-564-8911

ENTERTAINMENT

D.J. FOR HIRE: Weddings, parties, Any event or occasion.

PERSONALS

ADOPTOR: Warm cozy home filled with love, music, books.

WANTED

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APPETIZERS

Table with 3 columns: Item, Price, and Description. Includes items like Spring Roll, Roast Pork Egg Roll, Shrimp Egg Roll, etc.

SOUP

Table with 3 columns: Item, Price, and Description. Includes items like Wonton Soup, Egg Drop Soup, Chicken Noodle, etc.

FRIED RICE

Table with 3 columns: Item, Price, and Description. Includes items like House Special Fried Rice, Young Chow Fried Rice, etc.

CHOW MEIN

Table with 3 columns: Item, Price, and Description. Includes items like House Special Chow Mein, Chicken Chow Mein, etc.

LO MEIN or CHOW FUN

Table with 3 columns: Item, Price, and Description. Includes items like House Lo Mein or Chow Fun, Chicken Lo Mein or Chow Fun, etc.

EGG FOO YOUNG

Table with 3 columns: Item, Price, and Description. Includes items like Chicken Egg Foo Young, Roast Pork Egg Foo Young, etc.

CHICKEN

Table with 3 columns: Item, Price, and Description. Includes items like Moo Goo Gai Pan, Chicken w. Chinese Veg., Curry Chicken, etc.

ROAST PORK

Table with 3 columns: Item, Price, and Description. Includes items like Roast Pork w. Bean Sprouts, Roast Pork w. Chinese Vegetables, etc.

BEEF

Table with 3 columns: Item, Price, and Description. Includes items like Pepper Steak with Onions, Beef with Mushrooms, Beef with Chinese Vegetable, etc.

SEAFOOD

Table with 3 columns: Item, Price, and Description. Includes items like Shrimp w. Lobster Sauce, Baby Shrimp w. Bean Sprouts, Shrimp w. Broccoli, etc.

VEGETABLES

Table with 3 columns: Item, Price, and Description. Includes items like Broccoli with Garlic Sauce, Buddhist Delight, etc.

SPECIAL LUNCH

Table with 3 columns: Item, Price, and Description. Includes items like Roast Pork with Broccoli, House Special, Beef with Broccoli, etc.

CHEF'S SPECIAL

Table with 3 columns: Item, Price, and Description. Includes items like Happy Family, General Tzo's Chicken, Pineapple Chicken, etc.

* Indicates Hot and Spicy. We can alter the spice to fit your taste. All dishes can be steamed with out any seasoning or with sauce on the side.

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