

**Holiday shopping?**  
We have last minute gift ideas to guide the holiday shopper. See our special section.

**It's unauthorized**  
Columnist Paul Colford writes bio of Limbaugh. See story, review on B3.

**Super 25 Football**  
The best high school players are featured in our second annual Super 25 all-area team, Page B1.

# Springfield Leader

VOL. 65 NO. 10—THURSDAY, DECEMBER 16, 1993—24  
SPRINGFIELD, N.J., Home of Richard Miller  
TWO SECTIONS — 50 CENTS

## Community Update

**Offices to close**  
The Leader will publish on Wednesday, Dec. 22 in observance of the Christmas holidays. Following are the deadlines that will be in effect:  
Display advertising — B section, Friday, noon. A section — Friday, 5 p.m.; What's Going On — Friday, 4 p.m.; Public Notice advertising — B section, Friday, noon. A section, Monday, noon; Letters to the editor — Friday, 5 p.m.; Classified advertising — Monday, 3 p.m.; Arts & Entertainment — today, noon; Church, clubs, weddings and engagements — Friday, noon; General news releases — Friday, 5 p.m.  
The offices of this newspaper will close at 12:30 p.m. on Thursday, Dec. 23, and will be closed until Monday, Dec. 27, when we will reopen at 9 a.m. Deadlines will remain the same for the edition published Thursday, Dec. 30.  
The offices will be closed Friday, Dec. 31 and will reopen Monday, Jan. 3 at 9 a.m.

**Pappas awaits decision**  
Commissioner Harry Pappas' case against the county, its freeholders and then-County Manager Joseph Pappas is heard by an appeals court Dec. 8 and now he awaits decision.  
The case pending is whether Pappas is obligated to pay more than \$264,000 in legal fees after a judge ruled the case frivolous after he won a portion of the case.

**ALJ sets concert**  
The Vocal Music Department of Arthur L. Johnson Regional High School will present its annual Holiday Concert Wednesday, Dec. 22 at 7:30 p.m. in the high school's Hough Auditorium. The 32-member choir will present seasonal music as well as music of Broadway and the classics, including "Silent Night" and "Hallelujah" from "The Miserables"; "Hallelujah" a traditional Hanukkah song by Leonard Freed; "Silent Night" with a soprano duet; "All Praise To Thee" by Thomas Tallis; "White Christmas" by Irving Berlin; "Angels We Have Heard on High" arranged by Robert Shaw; and "Good King Kong" by P.D.Q. Bach.

Several student soloists and small groups will also perform. Graduates of the Vocal Music programs of Arthur L. Johnson and David Brearley high schools and some ALJ faculty members will join the choir to perform the Bach chorale "Break Forth, O Lovely Morning Light" and Peter Ludwig's "The Lord Bless You and Keep You" at the end of the concert.  
The concert is free and the public is invited to attend. More information may be obtained by calling the high school at 382-0910.

**Help reservation**  
According to the Union County Board of Chosen Freeholders, the Wildlife, Nature and Science Center in Mountaintop is seeking hard-working volunteers to help with trailwork in the Watchung Reservation. Trail maintenance days are Jan. 8 and Feb. 5 from 9:30 a.m. to 12:30 p.m. Trails are in desperate need of erosion-control methods, pruning and general maintenance.  
Call Betty Ann Kelly at Wildlife, Nature and Science Center to register: Phone (908) 789-3670, Tuesday-Saturday. Volunteers should bring shovel, pickaxe and work gloves if they own them.

## Squad asks for funding

**By Heather MacGregor**  
Managing Editor  
The president of the Springfield Volunteer Fire Squad asked the Township Committee Monday for an additional \$5,000 in funding to cover annual insurance costs.  
Dan Kalem said the township pays the squad \$15,700 to cover insurance costs; however, this year premiums increased and the department needs additional funds.  
"The money is needed to cover the increase in the first aid squad's insurance premium," he said. "This is particularly because the township's workman's compensation insurance experience has incurred an increased premium and the first aid squad is tied into that increase."  
Insurance costs are the only contribution of the township to the first aid squad operation, Kalem said. Operation costs are considerable, especially since the cost of all medical equipment has risen steeply.  
This lack of additional funds from the township and a considerable shortfall from the annual fund drive makes it even more imperative to receive these funds from the township, he said.  
The squad is scheduled to purchase an ambulance estimated to cost \$90,000 next year and two other pieces of major equipment for which they have not asked the township for funding, he said.

## Origami tree

Emma Lampariello displays more than 400 hand-made origami decorations on the Christmas tree in the Springfield Library.



Photo by Vincent Lampariello

## Committee honors emergency service

**By Heather MacGregor**  
Managing Editor  
The Township Committee honored members of the Police and Fire departments with a distinguished service proclamation Tuesday.  
To the best of anyone's knowledge, this is the first time the Fire Department has been awarded, according to Deputy Chief Donald Schwert, who accepted the proclamation on behalf of the department.  
"It's well deserved," Schwert said. The 20 paid and approximately 20 volunteer firefighters are truly "a credit to the community," he said, as he explained how well the department works together as a group and about the numerous calls received this year, including three in a row just this fall.  
Chief William Chisholm said he submitted the names for the police officers honored to the committee, and he is pleased when the department is acknowledged for their service.  
"It's great to see the guys being recognized by the township of Springfield," he said, "because very often the officers put their lives in jeopardy answering the call of duty."  
One of the most difficult activities for the officers is when they go undercover to investigate possible illegal activities because they don't have the immediate back-up of the other officers and the security of their regular surroundings, Chisholm said.  
"It takes a special breed of person, especially since they are operating without any back-up," he said. There have been a lot of arrests made this year as a result of undercover work. As a matter of fact, most of the officers being honored could not be present at the meeting because they were called out on duty, Chisholm said.  
The entire Police Department were honored and an additional 18 police officers were awarded special service medals by the township. Police officers who received medals included Christopher LaFragola, David Hartong and Steven Hollyfield for Life Saving; James Piro for Meritorious Service; Sgt. Peter Davis, Walter Brooks and James Piro, who received two; John Foster, Patrick McLaughlin, Michael Ferrigno and John Rowley for Exceptional Duty; Sgt. Peter Davis, Detective Judd Levenson and John Rowley, who received two; and Michael McNary, Christopher LaFragola, John Cook, Edward McNary, Steven Stock, Walter Brooks, James Piro, Scott Brokaw, William Wrisley and Ernest Vardalis for Honorable Service.

## Tips on making the holiday season stress-free

(Continued from Page 6)  
important tasks, and do those things first.  
□ 10. Get it off your chest. Bottling up your feelings just increases stress. If you buy defective merchandise or receive bad service while holiday shopping, for example, write a letter of complaint. If a friend lets you down, express your disappointment. You'll feel much better after you've expressed your true feelings.  
□ 11. Create a quiet scene. You can't always run from the bustle and bustle of the holiday season, but you can escape for a few moments of relaxation from time to time. Make time for low-stress activities that you enjoy, such as baking or crafts. Turn off the television, which seems to constantly bombard us with ads that remind us of all the holiday shopping, cooking, party planning, etc. that we should be doing. Try listening to holiday music or going for a walk instead. You'll find that a few minutes of "escape" can lessen your tension and stress.  
□ 12. Avoid self-medication. Don't use the holidays as an excuse to overindulge in food and drink. A shocking number of people seek relief by drinking or taking medication, such as tranquilizers and sedatives. Although drugs are used to relieve stress temporarily, drugs do not remove the conditions that caused the stress in the first place. Drugs, including alcohol, can be habit-forming and may create more stress than they take away.  
As part of its "Learn To Understand Mental Illness" program, Fair Oaks Hospital has developed a series of free, informational pamphlets on common mental health issues. The hospital's aim is to provide people with the information they need to recognize the signs and symptoms of emotional or behavioral problems. The more people learn about an illness, the more they will understand there are causes and treatment. To obtain a free copy of "Learn To Understand Stress," call 908-277-9012.

## Grand Larceny's prices are a steal

Grand Larceny, located in Springfield Plaza on Route 22 East in Springfield, and in the Caldor Shopping Center, West Orange, offers quality clothing for women. Since 1990 at one location in Elmwood Park, Grand Larceny has expanded to eight stores in the past three years. The Springfield store opened in August 1991, and the West Orange store opened in April 1993. Recently, Grand Larceny celebrated the grand opening of its first store in New York at the beginning of the month.  
Whether about the rapid expansion of Grand Larceny, owner Traci Pappas owes it to offering frequently and popular merchandise at a price that is affordable. She said, "While department stores charge from \$29 to \$199, we offer ladies' apparel at \$15 and under. This feature is what makes our store successful."  
Grand Larceny offers a vast selection of casual wear, sportswear, footwear and accessories in all eight locations. For more information or store hours, call the Springfield store at 564-6066, or the West Orange store at 731-4144.

## How to make your holiday sparkle

Car wash gift certificates are practical and affordable, and car owners actually get a lift out of having their car washed and shined.  
According to an independent survey sponsored by the International Carwash Association, car owners said their car washed made them "feel good."  
These surveys typically listed the feeling to such personal activities as "taking a shower" or "going to the hairdresser."  
Cheerful car wash gift certificates are about \$5 each. Money-saving books of five to 10 washes also make ideal stocking stuffers.  
Specials that include interior cleaning and automatically or hand-applied waxes retail for about \$8-\$40. For a showroom shine, a "detailing" gift package starts at about \$100.  
For the professional car wash in your neighborhood, contact: The Car Care Advisor, ICA, 1 East 22nd Street, Lombard, Ill. 60148, or call (708) 495-0100.

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## Wish lists for naughty and nice

**By Dennis Schwal**  
Staff Writer  
From political harmony to employment opportunities and good health, Springfield residents and workers have plenty of wishes for the community for the holiday season and the new year.  
Here's a sampling:  
Judy Copleland, a clerical worker at the Municipal Court: "My wish would be for good health, happiness and love and that the economy would get better so that every-

## Dissolution enters next phase of study

**By Heather MacGregor**  
Managing Editor  
Officials are scheduled to meet today to discuss the next phase of a study to investigate the feasibility of the dissolution of the Union County Regional School Board, according to County Superintendent of Schools Leonard Fitz.  
The meeting, with representatives from the State Department of Education, is to clarify the next steps in the process, but as yet, Fitz said, he has not received any information regarding the dissolution process.  
A majority of the boards of education and governing bodies in municipalities served by the regional school district, by separate resolutions, applied to the county superintendent

## Freeholders favor four-day deer hunt

**By Heather MacGregor**  
Managing Editor  
The Union County Board of Chosen Freeholders voted 7-2 Dec. 8 in favor of a four-day shotgun white-tailed deer hunt in the Watchung Reservation during the permit season of January 1994.  
The hunt is scheduled for Jan. 14, 15, 21 and 22 from approximately 7:20 a.m. to 5:30 p.m. or sunrise to one-half hour after sunset, according to a preliminary proposal by the County Division of Parks and Recreation. The primary outline prepared by the County Division of Parks and Recreation, the weekends will be broken down into two groups of 40 hunters that are allowed to kill does and immature males on the first day and either does or bucks on the second day, officials said.  
The three objectives outlined in the deer management program for the reservation are to reduce and control the deer population in the reservation and surrounding neighborhoods, to maintain a healthy deer population which is in balance with the ecosystem, and to provide a safe and effective method in the most humane manner possible.  
Mountaintop Mayor Robert Vigniani said the governing body has been aware of the problem for many years and "really would not like a hunt; however, we do not have an alternate answer for you," and therefore Mountaintop "reluctantly will accept" a hunt for now.  
During a work session meeting in the borough Tuesday, the governing body collectively decided to pass a resolution opposing the hunt.  
Mountaintop's "primary interest is the safety of the community, for residents and visitors," Vigniani said as he urged the freeholders not to make the reservation its continuous hunting area.  
"We don't want to see this as an annual event," Vigniani said.  
The county, according to the plan, will continue to explore feasibility of other methods of deer population control as they become available.  
See FREEHOLDERS, Page 2

## Good effort

The Springfield Minutemen C-Team completed a 3-4-1 season with big wins over Hanover and Chatham. Leading the football squad to a successful season were head coaches Pete Carpenter and Greg Graziano and assistants Anthony Tremarco and Joe Carallo.



The Springfield Minutemen C-Team completed a 3-4-1 season with big wins over Hanover and Chatham. Leading the football squad to a successful season were head coaches Pete Carpenter and Greg Graziano and assistants Anthony Tremarco and Joe Carallo.

### Freeholders favor deer hunt

The Division of Parks and Recreation, in the proposal, any deer killed must be transported from the parking area to home inconspicuously. Deer will be checked for health at stations manned by state and county staff and volunteers.

Reservation roads will be closed during the hunt and 700 foot safety zones will be posted along residential borders.

Other requirements include: shotgun to only be loaded with slugs,

shooting proficiency test administered by a Union County firearms instructor.

Applications were made available to the public on Dec. 11 in the Union County Administration Building lobby, any staffed facility of the Division of Parks and Recreation, and three local sporting goods stores, including Charlie Brenner's Sport Shop, Rahway; Joe Spinnazzola's Sports Shop, Springfield; and Ray's Sport Shop, North Plainfield. All applications are required to be turned in by Dec. 20.

### Dissolution enters next phase

(Continued from Page 1)

Now that the local boards of education have received affirmative resolutions from a majority of the existing regional district, Clark, the only township in the district that did not participate in the DeLolite and Yoncho dissolution feasibility study, has not moved on a resolution yet.

Superintendent of the Union County Regional School District Donald Merachuk said he was not surprised at the outcome of the vote in Berkeley Heights, and now the process moves to the next step of the study.

administrative code regulations are written. Nevertheless, I anticipate that the Union County Superintendent of Schools, Dr. Leonard Pitts, will initiate the first step of the process by calling a meeting of all parties in the near future. It is important to keep in mind that there are many hurdles and unanswered questions which must be resolved during the course of this lengthy process.

For free ad advice call 674-8000.

### Students set for borough resolution

By Heather MacGregor  
Managing Editor

Mountainville is scheduled to pass a resolution Tuesday to honor and thank four students and two teachers from the regional district for their efforts in video taping a borough function.

Students from the Union County Regional School District videotaped a meeting on the Municipal Building improvement which is being broadcast throughout the month on TV35. The students worked very hard on the project and are gaining practical

experience while applying what they learned in their television and production courses at school, said Marcia Kendler, who acted as a liaison between the borough and the school.

Borough Secretary Janice Carlock organized the program and asked the school for Jonathan Dayton and Governor Livingston students who would be interested in participating in the program, Kendler said. The borough has in the past asked the schools if any students are interested in working on projects, she said.

### Gaetano rebuts drug claims

U.S. Surgeon General Joycelyn Elders' claim that legalizing illegal drugs in the United States would reduce the country's crime rate is "unconscionable and totally without merit," according to Ronald J. Gaetano, executive director of Union Hospital's Substance Abuse Prevention Program.

"As a member of the substance abuse prevention field, I have participated in research studies that showed making available or increasing the availability of drugs," said Gaetano, "especially to an addictive person, leads to an increase in the loss of control and self-judgment in that individual."

"Universally, such drug availability creates a greater potential to experiment with that substance," Gaetano said. "Dr. Elders' statements that legalization in other countries has led to a reduction in crime and violence" is based on faulty and skewed data. In every country that I have studied, there has been a dramatic increase in the rate of violence, crime and of course, drug addiction."

### Wish lists

(Continued from Page 1)

Merge Halpin, the secretary for the superintendent of schools:

"I wish for peace and harmony."

Joyce Palazzi, a secretary in the superintendent's office:

"Love and good health."

Theresa Horkala, Senior Citizens coordinator:

"I wish everyone good health, especially my senior citizens."

Arthur Buehler, a resident:

"I wish for good health and best wishes to all the seniors and residents and also for a good and successful new year."

### Red Cross offers class

The Summit area chapter of the American Red Cross is offering a life-saving course on Wednesday evenings, Jan. 26 through April 16 from 6 to 9 p.m. at the Summit Young Women's Christian Association, 79 Maple St.

Candidates must be at least 15 years old by the first class date and hold current certificates in first aid and CPR before the course ends.

Enrollment is limited to 16 students. A registration fee of \$50 must be made payable to the Summit YWCA.

**Springfield Leader**  
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### Sound of music



Children in Susan Greene's pre-kindergarten class participate in their weekly music class with Karen Wilderodder at Walton School.

### Chorale singers reunite for holidays

Current and former students of the Jonathan Dayton Regional High School vocal music group, performing Part One of Handel's "Messiah" along with the individuals who comprise the Jonathan Dayton Chorale Alumni. This timeless musical masterpiece, a true celebration of the season, will be performed with a professional orchestra during this concert.

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\*\*The Highest Rated Banks in America, June, 1993. Sheshunoff Information Services, Inc., Austin, TX  
\*\*\*Blue Ribbon Bank Report, June, 1993. Veribanc, Inc., Wakefield, MA

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### Mountainside suit against sewerage authority near settlement

By Dennis Schaal  
Staff Writer

Could Mountainside's suit against the Rahway Valley Sewerage Authority, filed on Dec. 11 in the Union County Superior Court, finally be close to a settlement?

Borough Attorney John Post was expected to brief Borough Council members Tuesday night in a closed-door session on the last remaining issues between the two parties. Mayor Robert Vigilanti said this week, "We're very close to a settlement."

Vigilanti said, predicting that the litigation might be resolved by the end of the month or "early next year."

Mountainside, a nonmember but user of the Rahway Valley Sewerage Authority, filed the suit in 1987. The suit sought full membership in the authority and the securing of additional flow rights.

Nonmembers of the authority can obtain flow rights, but members have the first option.

Vigilanti characterized the remaining issues as "minor ones." He would not outline the issues or detail the other disputes that have already been resolved.

"The settlement we're envisioning would give the borough ample flow rights — unless something drastic and out of character regarding zoning takes place — for at least 30 years," the mayor said.

Vigilanti said a settlement would bring the borough enough sewer rights to develop 100 percent of the remaining parcels in the borough that are suitable for such activity.

There have been no major developments in the borough since Mountainside filed its suit against the RVSA in 1987, Vigilanti said.

In order to navigate the RVSA ban on sewer hook-ups, residents and developers have had to participate in special hearings. "The impact has been negative," Vigilanti said, noting that a lot of applications have been rejected and were not granted for approval for sewer hook-ups.

Vigilanti also noted that two homes on Deer Path never were completed because the developer could not get approval for sewer hook-ups.

Several months ago Vigilanti predicted that a settlement had been imminent, but negotiations have continued with the help of a court-appointed mediator.

"The tone of the letters in the last correspondence from the authority's attorney has read more cooperative," Vigilanti said. "This overall has not been a cordial litigation. There have been a lot of curbsalls on this one, but we're finally getting to the ninth inning."

RVSA Executive Director Richard Tokarski could not be reached for comment Tuesday morning on the status of the negotiations.

### County Board of Education member resigning

By Sean P. Carr  
Staff Writer

Clark Township will be looking for a new representative to the Union County Board of Education when Robert Della Salla resigns his position on Dec. 31.

The recently married Della Salla — who works in sales for A.O. Smith Co., a water heater manufacturer — said he is moving to cut back on his travel time to his sales territory in Pennsylvania.

After Della Salla's departure, the district has 65 days to fill the vacancy, or a replacement would be named by

the township for at least one year may apply.

Letters and resumes should be sent to Harold R. Burdge Jr., Board Secretary and Business Administrator, Union County Regional High School District No. 1, c/o Jonathan Dayton Regional High School, Mountain Avenue, Springfield, NJ 07081.

Applications must be postmarked no later than Wednesday, Jan. 5, 1994. Questions may be directed to Mr. Burdge at (201) 376-6300, Ext. 268.

Zionier said the board has started receiving applications.

According to an official statement from the board, residents of Clark ages 18 and older who have resided in

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### Baran named Leadership New Jersey fellow

Union County Manager Ann M. Baran has been chosen as a Leadership New Jersey Fellow of the Class of 1994. Leadership New Jersey is sponsored by the Partnership for New Jersey, an association of chief executives from New Jersey's major corporations and non-profit institutions committed to making the state a better place to live and work.



Ann Baran 'Deeply honored'

Baran is one of 45 fellows selected from a statewide pool of applicants from business, government, education, labor, nonprofit, and civic groups across New Jersey. According to Leadership New Jersey, members are considered to be the state's most promising emerging leaders.

Baran was formally notified of her acceptance in mid-November.

The program's series of seminars devoted to statewide issues begins in late January 1994.

"I am deeply honored and excited to be part of this prestigious program," Baran said. "I look forward to meeting other leaders from across the state and to learning more about issues such as health care, education, criminal justice and corrections, environmental policy, and economic and community development."

As Union County manager, Baran is the chief executive officer responsible for the daily operations of county government and the delivery of essential and mandated services to almost half a million residents in the county's 21 municipalities.

These services include the constitutional offices of the prosecutor, sheriff, surrogate, register and county clerk, court system, two jails, a juvenile detention center, Runnells Specialized Hospital, and the departments of Public Safety, Human Services, and Operational

Services, which includes public works, roads and bridges, and the park system.

Union County government also supports a vocational-technical school system, Union County College and several other autonomous agencies and boards.

Union County has a workforce of approximately 3,100 and an annual budget of almost \$250 million.

"Providing high quality services that the taxpayers want and need, keeping the tax rate as low as possible and balancing the budget is an enormous challenge to anyone in public office today," Baran said.

"I am hopeful that by sharing our experience and having the opportunity to study our state's major issues in-depth that the year spent in Leadership New Jersey will make me a better county manager."

Baran, a resident of Milltown, is Union County's first female county manager. She was appointed to the post in 1990 by the Union County Board of Chosen Freeholders.

She joined Union County government in 1985 as director of Human Services. Prior to that, she served in a series of progressively higher level state posts in New Jersey's Department of Human Services.

Leadership New Jersey honors men

and women who combine a successful career with leadership in serving their communities.

According to criteria set by the program, the most important factor in the selection process is the applicant's potential to exercise leadership to resolve issues of statewide significance.

Through Leadership New Jersey's year long program of seminars devoted to specific issues, members can expand their knowledge of the state's problems, opportunities, needs and resources.

Baran holds bachelor's and master's degrees in psychology from Fairleigh Dickinson University in Rutherford, and a master's degree in public administration from Rider College in Lawrenceville.

The Partnership for New Jersey is funded by its member companies and organizations including New Jersey Bell, The Prudential, Merrill Lynch, and AT&T.

Funding also comes from The Fund for New Jersey and the Geraldine R. Dodge Foundation.

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2,3,4,5\*

WORRALL NEWSPAPERS

THURSDAY, DECEMBER 16, 1993

2,3,4,5\*



Union County Freeholder Chairman Linda-Lee Kelly, second from left, and Freeholder Elmer Erd, receive a resolution from Theresa Plegier of Clark, left, and Inna Wagner of Mountainside, on behalf of the Union County Council of Senior Citizens.

### Freeholders thanked by senior council

Members of the Union County Board of Chosen Freeholders had the tables turned on them recently when they were the recipients of "thank you" resolutions from the officers of the Union County Council of Senior Citizens and the Human Services Advisory Council.

"We usually grant resolutions, not receive them," said Union County Freeholder Chairman Linda-Lee Kelly, who accepted the resolutions with Freeholder Elmer Erd, liaison to the Advisory Council on Aging. "It's nice to know that we are recognized for bringing the best possible services we can to our citizens."

Inna Wagner of Mountainside, president of the Senior Citizens Council, and Theresa Plegier of Clark, the council's vice president, presented the resolutions to the freeholders for their "sensitivity to the social and health needs of the county's terminally and chronically ill elderly."

Erd said that "we have to take care of our senior citizens. They deserve the best, and don't forget, everyone will be a senior citizen one day."

Judi Prasser, chairperson of the Human Services Advisory Council, expressed her appreciation on behalf of citizens throughout the county who receive a variety of emergency and supportive services through a network of nonprofit social service agencies.

Peter Shields of the Center for Hope Hospice, former director of the Union County Division on Aging, arranged the presentation.

The freeholders' meeting room was filled with representatives of hospitals, home care agencies and other social services providers, as well as citizens who have received county services, to thank the freeholder board for its continued support of the county's most needy residents.

### Letter writers

Readers are encouraged to write letters to the editor expressing views on topics of interest. Letters should be typed, double spaced or legibly handwritten and no longer than 250 words. When necessary, letters will be edited for length and clarity.

For purposes of verification, all letters must include a name, address and daytime telephone number. Unsigned letters will not be published. Names may be withheld from print in certain circumstances upon the request of the writer and with approval of the editor. Address letters for consideration to: Letters to the Editor, 1291 Stuyvesant Ave., P.O. Box 3109, Union, 07083. The deadline for letters is 9 a.m. Monday.

#### REQUEST FOR PROPOSALS

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Qualified vendors are invited to contact Ms. Debra Silverthorn, Staff Management Engineer, 1 PATH Plaza - 3rd Floor, Dept. 20, Jersey City, NJ 07310. Telephone (201) 216-4282 for further details or to request the "Invitation to Submit Proposals". Proposals are due on or before 6:00 PM, Tuesday, January 4, 1994.

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## 10 plead guilty to crime ties

Union County Prosecutor Andrew K. Ruotolo Jr. announced this week that twin brothers Anthony and Frank Romano of Springfield filed guilty pleas to charges of being leaders of organized crime before Superior Court Judge L.E. Wertheimer in Elizabeth.

Ruotolo said the investigation, dubbed "Double Trouble," began in March 1992 when search warrants were executed at 35 locations in seven northern New Jersey counties and in New York by more than 150 officers from 20 federal, state, county and municipal agencies.

In addition to the Romanos, eight of the remaining 22 defendants in the case, who were indicted by a Union County Grand Jury in March 1993, pled guilty to various charges this week. Three of the original defendants already have been sentenced.

Ruotolo said that Anthony Romano pleaded guilty to one count of being a leader of organized crime and conspiracy to distribute fraud, three counts of possession of marijuana and faces up to 15 years in state prison. Frank Romano faces up to eight years in state prison for his plea this week.

"This was a significant investigation by the Newark Strike Force and the Organized Crime Unit of this office. The investigation was headed by Michael Zdonik of the Strike Force and Gen. Colonelowski of the Organized Crime Unit. We are hopeful that these convictions will send a strong message to anyone in this county who is considering entering an organized crime family," Ruotolo said.

Those pleading guilty this week were:

- Kyriakos Lyrstis of Clark pleaded guilty to promoting gambling. He faces up to 60 days in the county jail.
- Phillip Luccio of Tom's River, who pleaded guilty to conspiracy to promote gambling, conspiracy to commit credit card fraud, promoting gambling and possession of various loan records. Luccio faces up to four years in state prison.
- Frederick Gladis of Bloomfield pleaded guilty to conspiracy to distribute controlled dangerous substances and credit card fraud. Gladis faces up to seven years in state prison.
- Joseph Perna of Belleville pleaded guilty to possession of gambling records, possession of a prohibited weapon and conspiracy to commit credit card theft. He faces up to a year in the county jail.
- Carmen Tingo of Union pleaded guilty to two counts of promoting gambling. He faces up to 90 days in the county jail.
- Michael Savvis of Colonia pleaded guilty to conspiracy to promote gambling, two counts of promoting gambling and possession of gambling records. He faces 90 days in the county jail.
- Phillip Luccio of Tom's River, who pleaded guilty to conspiracy to promote gambling, conspiracy to commit credit card fraud, promoting gambling and possession of various loan records. Luccio faces up to four years in state prison.
- Gerald Gallicchio of Union pleaded guilty to possession of gambling records, possession of a prohibited weapon and conspiracy to commit credit card theft. He faces up to a year in the county jail.

### Groups offered free tax seminars

With the 1993 filing season less than one month away, community groups may wish to arrange a free tax seminar for their members, according to Internal Revenue Service District Director J.J. Jennings.

"We are inviting organizations to participate as a sponsor of the Community Outreach Program," he said. "We can provide a representative to address your group on a pre-selected topic. Fees of charge, on a mutually agreeable date, time and site."

IRS requires a minimum guaranteed audience of 50, and six weeks notice to schedule the speaker away from his or her regular work assignment. Speakers will be available starting Jan. 31.

For general interest groups, we are offering seminars on "1993 Tax Updates" and for senior citizen groups, "1993 Senior Tax Updates," Jennings said.

These sessions provide guidelines and reminders for the current filing period. The presentations are geared toward groups of taxpayers who have a common occupation or tax concern — farmers, retirees and small business owners.

As a supplement to our "Understanding Taxes" program for all schools, we are offering seminars throughout the year on "IRS and the Student."

Anyone interested in an outreach session can call (908) 829-1040 and the assistant will refer the request to the outreach coordinator in taxpayer education.

**We want your news**

Your organization should be getting the publicity it deserves and we would like to help. We have a publicity handbook which explains how to tell your story. We would like to publicize your club, church, sports, school news, etc. If you have an idea for a picture or story, please let us know. If you'd like a handbook, call 686-7700 and one will be mailed to you.

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## county news

### Singers to perform

The Union County Arts Center in Rahway will hold its annual Christmas show with the Celebration Singers of New Jersey, its featured act. Suburban Cablevision TV3 will cover the event.

The Celebration Singers is a performance group consisting of men and women from throughout the state who travel across the country singing and performing.

At the Arts Center this year, they will perform Christmas classics and bring in the New Year with costumes and dancing, all done in a Medieval setting.

Also performing with the group will be ARA Musica Antiqua, a group of six musicians who specialize in playing instruments from the Medieval era.

The show titled "Heaven and Nature Sing" — with the Celebration Singers, "can be seen Sunday at 7:30 p.m., Monday at 3:30 p.m., Dec. 28 at 9:30 p.m. and Jan. 1 at 7:30 p.m., only on Suburban Cablevision TV3.

### Kennel club meets

The Union County Kennel Club will hold its regular monthly meeting Jan. 20 at the VFW Hall, High Street and Stuyvesant Avenue, Union, at 8:30 p.m.

The local chapter will present an American Kennel Club video on breed identification and include seven groups. The public is invited to attend free of charge. For more information, call Toni-Rae Fiorello at (908) 276-2841 after 6 p.m.

### Holiday party tips

One way to be sure this year's holidays live up to expectations is to celebrate safely. Anyone hosting a party should realize there are a number of guidelines the National Council on Alcoholism and Drug Dependence of Union County suggests they follow to help ensure the well-being of guests:

- Include an attractive selection of non-alcoholic beverages among the drink choices.
- Provide adequate quantities of food, serving protein-based items that inhibit the absorption of alcohol into the bloodstream, such as cheese, shrimp and chicken wings. Avoid

## Paredes appointed to county vo-tech post

John A. Paredes, until recently a branch chief with the Army Communications and Electronics Command at Fort Monmouth, has been named acting administrator and board secretary to the Board of Education of the Union County Vocational-Technical Schools. He will be responsible and accountable for all financial aspects of UCVT's and supervision of his staff.

The announcement of his appointment was made by Gail Iannarone, president of the Union County Vocational-Technical Schools Board of Education.

Paredes began his duties Dec. 1, succeeding Paul Grigg, who had been serving as interim business administrator and board secretary to the Board of Education of the Union County Vocational-Technical Schools. He will be responsible and accountable for all financial aspects of UCVT's and supervision of his staff.

The holder of a bachelor of science degree from St. John's University in New York and masters' degrees in business administration from Fairleigh Dickinson University in Rutherford and Monmouth College in West Long Branch, Paredes has a diversified background in educational and governmental administration.

Following a stint as buyer for the Sussex County Board of Cooperative Educational Services, he began a 12-year career as a civilian Army administrator for the Communications and Electronics Command at Fort Monmouth.

From 1981 to 1986, Paredes functioned as senior contract specialist. During the same period he was the manager of a \$150 million satellite program and the reduction of expenses by \$4 million. He was the recipient of four Army commendations. As contracting officer from 1986 to 1992, Paredes controlled all financial and labor aspects of programs with a cumulative value of more than \$5 billion. He assumed his branch chief position in 1992 and left recently to join the Vocational-Technical Schools.

In addition to his college and university degrees, Paredes is certified as a school business administrator by the New Jersey Department of Education.

### Workshop targets law for business

"Legal Aspects of Starting and Running a Small Business" is the topic of a workshop sponsored by Kean College of New Jersey's Small Business Development Center on Jan. 14 from 9 a.m. to noon.

The workshop will cover the numerous laws that affect the formation and operation of small businesses. This workshop will help individuals to understand and satisfy the legal requirements facing businesses and assist in avoiding the legal liabilities that might otherwise damage businesses. Other areas to be examined include: selecting the form of entity; corporate record keeping; licenses and permits; and employment law matters.

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### Holiday for violets

The Union County chapter of the African Violet Society of America, Inc. will hold its holiday meeting today at 1 p.m. in the Scotch Plains Public Library.

The program will be "Lancaster Highlights." Anyone interested is welcome to attend.

### Female execs meet

The North Jersey Association of Female Executives will hold its monthly dinner meeting today at the Gallop Hill Inn in Union at 6 p.m.

It will feature an hour of networking, followed by a buffet dinner, and a presentation by Jean Forachini, "Women Mentors and Success."

Jeruchin has been a psychotherapist for eight years; in her private practice in Passaic, Pa. and Wilmington, Del., she works with women and adolescents. She has maintained an interest in women's issues at home and at work.

### Christmas party set

The annual Christmas party for adults with developmental disabilities will be held at the Union County Vocational-Technical Schools Friday from 11 a.m. to 3:30 p.m.

Sponsored by the Division of Developmental Disabilities of the New Jersey Department of Human Services, there will be about 200 staff members and clients on hand at the party. They represent the Upper Central Region of the division, which includes Essex, Somerset and Union counties.

The party will take place in the large cafeteria section of the Schools and will feature a hot buffet prepared by the UCVTS Food Service and Baking Programs. Games and prizes are being provided through the Schools' Retail Store, in cooperation with a Girl Scout Troop from Marlville.

In addition, there will be music, a disc jockey and dancing, as well as gifts from Santa.

The Upper Central Region of the division works with adults who have disabilities brought on by mental retardation, cerebral palsy, head injuries and other problems.

The Upper Central Region's main headquarters are located in Springfield with satellite sites in South Orange and Green Brook.

In addition, there will be a community program specialist, coordinating the Christmas party aided by other members of the region's staff.

Vin A. Cagliardi, superintendent of the Vocational-Technical Schools, expressed deep satisfaction that the Schools could play a hand in this project. He pointed to it as a fine cooperative community effort.

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# OPINION PAGE

## Quick fix

The Union County Board of Chosen Freeholders voted last week to allow hunting in the Watchung Reservation to control the white-tailed deer population and regain a balance to the ecosystem in the area.

The freeholders decided after several months of hearing "expert" testimony about changing a century-old Union County tradition that they would allow the discharge of firearms in the reservation. Their decision is not easy to understand.

We believe it was reached to appease citizens from the area who had been demanding that some relief from the problem be provided.

The freeholders adopted a "something had to be done now" attitude and could not be persuaded to postpone the vote, despite hearing testimony from constituents and experts who said a hunt would not reduce the population of the herd. Instead, they said, the population could increase over time because of a more ample food supply for remaining deer.

Undoubtedly, the reservation is in need of attention. The deer population needs to be controlled for many reasons, including the preservation of the forest, safety of residents and motor vehicle traffic and to create a healthier herd.

The impact of any decision that would restore balance to the ecosystem of the reservation would be years away. So the vote was not urgent, as the freeholders and members of the Union County Parks and Recreation Department acknowledged.

If the concern is to control the herd, there are other options available than to authorize a hunt:

- The county could hire professional sharpshooters to thin the herd as was done in a densely deer populated town in Minnesota to better ensure the safety of residents and visitors to the area.

- The freeholders could create a committee to investigate possible solutions. County Parks and Recreation Committee Chief Dan Bernier advised the board that such a committee would just prolong the decision to allow a hunt, but Bernier also was responsible for the report submitted to the freeholders that ruled out any alternative to a hunt.

The freeholders could further investigate an immuno-contraception drug. The board ruled out this option because New Jersey is the only state that requires FDA approval of the drug. It hasn't received approval yet, but the drug is being tested around the country.

The freeholders, instead of continuing their research to determine the best solution to the problem, seemed to take the easy way out by taking a quick-fix approach. By declaring a hunt acceptable in the reservation this year, the board will make it that much easier next year and the correct solution that much further away.

## Legislative contacts

**President**  
Bill Clinton, Democrat: Washington, D.C. 20500, Congress

**U.S. Sen. William Bradley**, Democrat, 1 Newark Center, 16th Floor, Newark, 07102-5297, (201) 639-2860.

**U.S. Sen. Frank R. Lautenberg**, Democrat, Gateway I, Gateway Center, Newark, 07102, 645-3030.

**U.S. Rep. Bob Franks**, Republican, 7th Congressional District, 2333 Morris Ave., Union, 07083, 686-3576.

**Governor**  
James J. Florio, Democrat: State House, Trenton 08625, (609) 292-6000.

**Board of Chosen Freeholders**  
Chairman, Linda-Lee Kelly, Republican: 190 Keats Ave., Elizabeth, 07208, 965-1219.

Vice Chairman, Frank Lehr, Republican: 16 Myrtle Ave., Summit, 07901, 273-4714.

Elmer M. Erl, Democrat: 220 Cherry St., Roselle, 07068, 241-1362.

Louis A. Santagata, Republican: 120 Coe Ave., Hillside, 07035, 353-9231.

James F. Keefe, Republican: 221 Hawthorne St., Roselle, 07023, 276-1100.

Marco A. Paparozzi, Republican: 116 Mohawk Drive, Cranford, 07016, 276-4634.

Linda DiGiovanni, Republican: 883 Pottsylvania Ave., Union, 07083, 688-6747.

Cezmiye Kowalczyk, Democrat: 251 Marshall St., Elizabeth, 07206, 354-9645.

Walter McLeod, Democrat: 856 Thorn St., Rahway, 07065, 381-3584.

**Springfield Township Committee**  
Mayor Philip Kuzma, Republican: 36 Norwood Drive, Municipal Office, 912-2200, Residence: 376-8110.

Deputy Mayor Marcia Forman, Democrat: 72 Sherwood Road, 379-6065.

Jeffrey Katz, Republican: 182 Mabel Ave., 467-1597.

JoAnn Holmes, Democrat: 30 Washington Ave., 379-9637.

Hary Pappas, Republican: Brian Hills Circle, 467-8874.

**Springfield Township Committee**  
Given the glowing praise she's already been publicly given, it should be an easy task of "conscience" for her to support Donington's appointment. The moment of truth approaches — for JoAnn and for Springfield.

Jeffrey Katz, Republican: 182 Mabel Ave., 467-1597.

JoAnn Holmes, Democrat: 30 Washington Ave., 379-9637.

Hary Pappas, Republican: Brian Hills Circle, 467-8874.

**"The First Amendment gives you the right to choose what you hear, what you say and what you think."**

—Virgin Records album sticker

## Answers provide direction on tax questions

To help taxpayers better understand how current tax law affects their 1993 tax liability, the New Jersey Society of Certified Public Accountants provides answers to questions taxpayers have been asking.

**1. My husband and I have a joint taxable income of \$150,000. Are we subject to a retroactive tax increase as a result of the new tax law?**

Yes. A new 36 percent tax rate — up from 31 percent — applies to taxable income in excess of \$140,000 for married couples filing jointly. Similarly, the 36 percent rate applies to taxable income in excess of \$115,000 for single individuals, in excess of \$127,500 for heads of household, and in excess of \$70,000 for married individuals filing separate returns.

**2. What is the highest tax rate for 1993?**

As a result of a new 10 percent tax imposed on taxable income over \$250,000 for singles, heads of household and married individuals filing jointly, the highest tax rate for 1993 is 46 percent.

**3. What if I can't pay all my taxes by April 15?**

You may claim her as a dependent if you meet the following criteria: you provided more than 50 percent of your mother's support for the year; your mother's gross income was less than \$2,350; your mother does not file a joint return; and your mother is a U.S. citizen, natural resident, or a resident of Canada or Mexico.

**4. Can I take a tax deduction for medical expenses I incurred for myself and my family over the past year?**

You may claim a tax deduction for qualified medical expenses that exceed 7.5 percent of your adjusted gross income. Qualified medical expenses include amounts paid for the diagnosis, cure, or prevention of disease, related transportation expenses, and special equipment expenditures that are recommended by a physician and are necessary for your medical care.

## Money Management

You'll get a break from the IRS, provided that the retroactive tax increase is the reason you can't meet your tax liability. In this case, you have the option to pay your taxes in three equal, interest-free installments, beginning on or before the due date, without extensions, of your 1993 tax return, with subsequent payments made on an annual basis over the next two years.

However, if you're not subject to the new, higher tax rates and can't meet your tax liability by April 15, you will owe interest on any tax not paid by the regular due date of your return. You may also be subject to a late payment penalty.

**4. We lost \$20,000 this year on the sale of our home as a result of the poor real estate market. I know that gains can be deferred by buying another house of equal or greater value within two years of the date of the sale. Can I do this?**

Yes, you can. The IRS allows a capital gain exclusion of up to \$250,000 for single filers and \$500,000 for married couples filing jointly, provided the gain is reinvested in a new home within two years of the sale.

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**7. What are the guidelines for deducting IRA contributions?**

You can still fully deduct your IRA contribution if neither you nor your spouse participated in an employer's retirement plan in 1993, or if your adjusted gross income is under \$25,000 if single or \$40,000 if married. If you satisfy either of these requirements, you can contribute and deduct up to \$2,000 if single and up to \$4,000 if married and both spouses work. If only one spouse works, the most you can contribute is \$2,250. Keep in mind, too, that you have until April 15, 1994, to make your contribution and claim a deduction on your 1993 tax return.

**Money Management is a weekly column on personal finance distributed by the New Jersey Society of Certified Public Accountants.**

## Letters to the editor

### Issue blown out of proportion

The Editor:  
The *Leader* continues to disappoint as a responsible reporter of Springfield activities.

On Dec. 6, the Township Committee held a special meeting to consider renewals of the town's insurance policies. Most of the existing policy limits were maintained; the limit on one was doubled to \$10 million.

The total annual premium was reduced by \$126,000.

At the end of the meeting, as an afterthought, the question arose of erecting the Menorah on the City Hall lawn. There were differences of opinion, typical of those throughout the town and, indeed, throughout the country. After a spirited discussion, the matter was settled democratically, by vote, and without animus. Total elapsed time — about 15 minutes.

In the following edition of the *Leader*, Dec. 9, no mention was made of the principal reason for the meeting: insurance. Many would read the report as a warning that the town is in a financial bind. There are not many opportunities to save that kind of money and the voters would certainly be pleased to know that their elected officials are making the effort.

By contrast, the Menorah discussion was blown out of all proportion to reality, with a blaring headline and a sensational story filled with solicited statements representing only a single point of view.

This was further aggravated in your editorial by labeling Springfield's tradition and the Menorah issue as "political." Of the three committee members who reported as the majority, are you really unaware one is a Democrat and two are Republicans? Rather than a political decision, this was a free expression of personal conscience.

Your entire treatment of this matter is a disservice to the community. Rather than reporting the news, you have incited dissension.

"You quote Erikette." The press must be free. "Many would join me in adding 'it must also be responsible.'" I am prepared to celebrate that the holiday season began with a non-partisan vote on a matter of conscience. It began democratically, not politically.

Herbert Slovic  
Township Committee member-elect

### Appointment rights

The Editor:  
One item in last week's letter from JoAnn Holmes needs to be cleared up. She suggested that I attempt to appointing an appointee as a member of the town minority. Not true. The Democratic party has every right to appoint who they wish. And I have every right to vote against any appointment that is not in the best interest of Springfield. But the potential appointment of a political hack to the sensitive and high paying position of township attorney raises an immediate red flag.

I believe JoAnn when she says that, as far as she knows, no decision has been made to replace our current township attorney, Rebecca Donington, with Bruce Bergen, the local Democratic chairman. I just think JoAnn hasn't been given her marching orders yet.

I also believe JoAnn when she says that her party boss will allow her to vote her conscience. The question is, in this conflict between political reality and conscience, will Springfield win or lose? The reality is, the Township Committee and the public could not trust any of Bergen's opinions as being free from political agenda. Even if he resigned as Democratic chairman, the taint is still there — he ran the campaign of JoAnn Holmes, Marcia Forman and Herb Slovic — and his influence extends beyond his term of office.

On the one hand, JoAnn publicly acknowledges "Rebecca Donington has proven to be an asset to our town and has worked hard in the best interests of all of us...who has definitely earned her salary." On the other hand, JoAnn won't commit to reappointing her. Moreover, JoAnn made similar laudatory comments about Rebecca when JoAnn voted in favor of appointing her township attorney last Jan. 1.

It's hard to believe what she says and is a person of her word, she ought to put her words into action and support Rebecca Donington on her own terms. JoAnn can show her true political colors in voting for Bruce Bergen, her party's boss or whomever Bergen tells her to.

Given the glowing praise she's already been publicly given upon Ms. Donington's resignation, it should be an easy task of "conscience" for her to support Donington's reappointment. The moment of truth approaches — for JoAnn and for Springfield.

Hary P. Pappas  
Township Committee member

### Girl Scouts are on a move

The Editor:  
Traditionally, the holiday season is a time to remember family and special friends. Also, for many, during the holidays we plan year-end gifts to our favorite charities. During this holiday season, the Washington Rock Girl Scout Council can provide members of the community the opportunity to support the Girl Scout movement through our "Friends of Washington Rock" appeal. Our mission in Girl Scouting is to serve all girls, ages 5-17, regardless of race, religion, ethnic background, economic status or level of ability. The Girl

Scout movement provides an informal educational program to inspire girls with the highest ideals of character, conduct, patriotism and service so they will become tomorrow's leaders. First Lady Hillary Clinton and American astronaut Kathryn Sullivan, who brought a Girl Scout flag with her into space, were former Girl Scouts.

As the Girl Scout movement helps prepare girls for their adult roles, it also provides health care benefits for their partners. It's a suit that has much merit.

For more information about "The Friends of Washington Rock" appeal, call the Washington Rock Girl Scout Council Service Center at (908) 232-3236. Contributions can be sent to Washington Rock Girl Scout Council, 201 Grove Street E., Westfield, 07090.

We at Washington Rock Girl Scout Council also would like to extend our sincerest wishes for a safe, happy and healthy holiday season to all of our communities.

Cena Pollit, Chairperson  
Friends of Washington Rock

### Humane solutions sought

The Editor:  
So far, the only solution to the deer population problem in the Watchung Reservation that is being fought for so militantly, is to have a deer hunt. If only more humane solutions were fought for with the same determination.

Some of the so-called "experts" seem to believe that a deer hunt is the only solution to the problem. To gain public support for a deer hunt, some of these "experts" are feeding the public propaganda on how destructive the deer population is to the reservation.

For example, in the Dec. 9 issue of the *Mountainside Echo*, "Freeholders scheduled to vote on possible deer hunt," one of these "experts" writes, "The deer have made some statements which I find contradictory. Emily DeVito, the director of Conservation Biology at the New Jersey Conservation Foundation, suggests that deer be hunted because they are destroying the forest. 'People always say they are nature lovers, and if they say they should care about everything that lives in the forest and promote the proper balance. And you can't do that with a deer population that is running amok...A hunt can only be justified with a well-balanced program intended to control the deer population and rebuild the forest.' He then goes on to contradict himself by saying: 'Another misconception people have is that deer are forest animals. Actually, they live on the edges of the forest and only use the forest to sleep and for protection.' How can the deer be destroying the forest if they are not forest animals and only use the forest to sleep and for protection?"

I agree that the deer population problem must be solved. However, I believe that killing deer for the purpose of "saving the forest" is just "pro hunt" propaganda. If anything is destroying the forest, it is the people, not the deer. One particular resident in *Mountainside* chopped down several trees connected to the reservation, just for the purpose of having a better view of New York City. A better solution to the deer population problem besides killing them, is to tranquilize and transport the deer to areas which are better able to support them. Funds could be acquired for this through donations given by residents of the surrounding area of the Watchung Reservation.

We don't need Rambo wanna-be shooting deer in our reservation. Rudy Ciccione  
*Mountainside*

### Springfield Leader

1201 Shyveston Avenue  
Union, N.J. 07083  
Published Weekly Since 1829

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Letters to the Editor... 9 a.m. Monday  
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## Discriminating against one's sexual orientation isn't fair

This column is written largely out of a sense of guilt that I enjoy an important employment benefit as a Rutgers University lecturer that a more senior and accomplished colleague has long been unfairly denied.

Jim Anderson has enjoyed the kind of career most academics would envy. He joined the RU faculty in 1977 and was awarded tenure in 1978. Just five years later, he was promoted to the position of associate dean. An accomplished scholar in the field of literary sciences, Anderson has published dozens of articles in top academic journals. He is also genuinely committed to the instruction of students in the classroom. He is a highly respected figure in the Rutgers community.

There's one more thing about Jim Anderson — he's gay. Why is that fact relevant? Because despite all his achievements at Rutgers and the fact that he has been in a "committed relationship" with the same person since 1972, Anderson is still treated differently. Like a second class employee and citizen.

Solely because of his sexual orientation, Jim Anderson, along with a significant number of other employees, is excluded because they are not "legally" married in New Jersey. It's simply not fair. I met my wife when I had been teaching, uninterested, at Rutgers for only a few years. We got married about one year later. She was immediately covered under my health care coverage. Jim Anderson, a tenured professor, is with the same person for 22 years and his partner isn't treated differently. He is excluded because they are not for the rest of us?

Rutgers continues to say it doesn't discriminate against gays, but it does to anything because domestic partners "whether heterosexual or homosexual" are not covered by the Rutgers University policy "firmly committed to equal opportunity for all employees, including benefits for the 'bona fide sole domestic partners'."

The university does allow same-sex partners other benefits such as tuition remission, library privileges, use of athletic facilities and bereavement leave. "But not the most important benefit — health coverage," says Jim Anderson.

Anderson, along with a group of gay and lesbian Rutgers faculty members, all of whom have been in long-term relationships, filed a lawsuit last month asking the state to provide health care benefits for their partners. It's a suit that has much merit.

Not the least, Anderson and his partner held a "commitment ceremony" 22 years ago. How many couples have been together that long?

Rutgers and other public institutions are considering detailed criteria that concerns whether a couple is in a "bona fide relationship" including owning or leasing property together, owning a car together, joint checking accounts, being the beneficiary in each other's will or having durable power of attorney which gives the right to make decisions if the other one is incapacitated.

Anderson rightly concludes that

Steve Adubato Jr., a former state legislator from Essex County, is an instructor of public administration and mass media at Rutgers University.

## Topic assists in starting business

"Accounting Needs for Start-Up Businesses" is the topic of a workshop sponsored by Essex County's Small Business Development Center on Jan. 28 from 9 a.m. to noon.

Workshop topics to be examined include: how to set up and maintain a company's books and records; employee vs. independent contractors; obtaining a bank loan; business warning signs; and the effect of new tax laws on businesses, to name a few.

For more information, contact Dallas Everett at 527-2946.

## County groups come together in food drive

Responding to emerging shortages at food pantries throughout the county, United Way of Union County, in conjunction with the Union County Central Labor Council and the Elizabeth Building and Construction Trades Council, held an emergency food drive Nov. 22.

Approximately \$2,000 worth of food staples were delivered to seven area pantries, including the Coalition for the Homeless, Elizabethburg Presbyterian Church, The Salvation Army, Immaculate Conception Church, Rahway Community Action Organization, Holy Trinity Church and The American Red Cross/Eastern Union County Chapter.

Food was purchased with funds raised by Edward Zamrock, president of the Union County Central Labor Council, AFL-CIO and vice president of labor for the United Way of Union County Board of Trustees, and Neil Boyle, president of the Elizabeth Building and Construction Trades and Business Agent, IBEW Local 675.

## Editorial deadlines

Editorials are deadlines for news, church, club and social — Thursday noon.

Entertainment — Friday noon.

Sports — Monday noon.

## Endangered species act needs citizen input

One of society's least understood issues is failure of human survival due to extinction of lesser species which give us an adequate ecosystem. Congress is about to address this point.

Biologists have long known that the rate of extinction of various species due to man's habitat destruction is accelerating. It's true in this state we're in and everywhere else in the world.

While bringing critics back from extinction, Jurassic Park style, might be some remedy, restoring habitat to provide food and shelter for their survival would be far less possible. It is the decline in habitat that kills most endangered species.

This is why, in the reauthorization of the Endangered Species Act now being considered in Congress, special emphasis goes to protecting habitats.

The concept of protecting habitats is a certain way to bring the politics of greed out of the shadows where it

lurks. Lobbyists with huge "action" funds provided by development interests are already hard at work in Washington.

Their message, usually tied to Congressional re-election campaign funding, is that limiting use of people's property, and loss of its value, will come from saving habitat.

There's no doubt that habitat preservation at times will justify restraints to landowners. This can be agreed upon.

Here in New Jersey, there are many

species dangerously close to extinction. For some, larger populations are in other places, so a loss here doesn't spell extinction, but sends early warning signals.

As suburban chow big chunks from the New Jersey countryside, more and more species need sizable forest habitat to survive and in decline.

More than 100 species of songbirds face the loss of both their summer and winter homes.

Human population growth may slow, for whatever reason. Thus other creatures will have a better opportunity to survive. As things look poor, starvation, disease and war will be the human population change agents, for continued growth at present rates will literally allow standing room only within a few hundred years.

Remember, extinction is forever, and we will not know until too late when loss of other species can do us any good.

David F. Moore is executive director of the New Jersey Conservation Foundation.

## State We're In

By David F. Moore

As a press conference in Westfield, Franks, who is completing his first year in Congress, issued a "report card" on Congress' performance this year.

"As this report card shows, the people's House has failed the people," he said.

Franks gave Congress failing grades on cutting spending and congressional reform. He rated Congress' performance in creating jobs and reducing the deficit as a "D."

On fighting crime, Franks gave Congress a grade of "C."

Franks said, "Until Congress makes some fundamental changes in the way it operates, the people's House will never get passing grades from the American people. Congress is broken and must be fixed before it can effectively tackle the complex issues facing our nation."

Franks cited as an example of "what's wrong with Congress" the recent defeat of a bipartisan proposal to reduce the federal deficit by \$90 billion. "The congressional reform movement must be firm in its stance," Franks is co-sponsor of legislation that would limit members of the House to three terms or six years and limit senators to serving two terms or 12 years.

Franks said, "Those members who have spent decades accumulating power under the old rules steadfastly refuse to yield to change. They won't open up the system — unless they are forced to do so. That is why the restoration of the congressional reform movement must be firm in its stance." Franks is co-sponsor of legislation that would limit members of the House to three terms or six years and limit senators to serving two terms or 12 years.

Children's Specialized Hospital in Mountaintop recently honored 67 staff members for long-term service.

More than 360 people attended a dinner-dance at Victorian Manor in Edison to honor employees at the hospital's three facilities in Mountaintop, Fairwood and Toms River.

Children's Specialized Hospital employees honored included:

- Mountaintop residents John Alkan, director of engineering, 10 years; and Colleen Grindler, licensed practical nurse, five years.

- Union residents William Mueller, store and purchasing clerk, 10 years; Cherie Schenck, assistant nurse manager, 10 years; and Geraldine West, medical transcriptionist, five years.

- Hillside resident Luz Ramirez, housekeeping, five years.

- Roselle resident Paula Nevak, finance department and inpatient billing, 15 years.

- Roselle Park resident Rosanne Moyezka, nursing assistant at Westlake School in Mountaintop, 10 years.

- Clark resident Lois Ruhnfeldt, school nurse at Westlake School in Mountaintop, 22 years.

- Rahway resident Karen Walsh, orthotics technician in physical therapy, 15 years.

## Franks gives failing grade to Congress

Congressman Bob Franks, R-7, this week said that the first year of the 103rd Congress has been "a major disappointment, not only for me, but for the American people."

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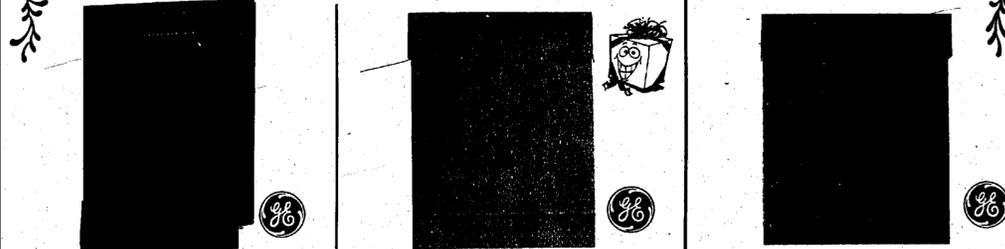
- Mountaintop residents John Alkan, director of engineering, 10 years; and Colleen Grindler, licensed practical nurse, five years.

- Union residents William Mueller, store and purchasing

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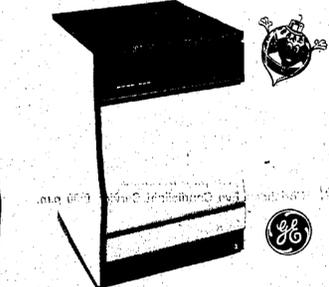
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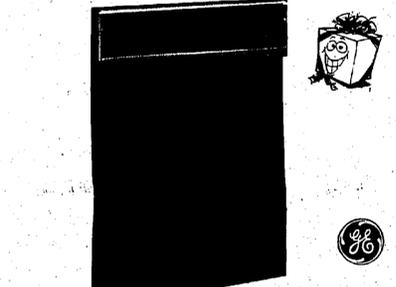
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LIGHT WASH CYCLE Cleans lightly soiled, pre-rinsed dishes economically.  
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**Worrall appoints ad reps**

Florence Lenaz and Bob Pisano have joined Worrall Community Newspapers as account executives, announced advertising director Peter Worrall.

Lenaz will be responsible for sales activities in Worrall Newspapers' Clark, Rahway and Westfield regions, in addition to selling for restaurants and arts and entertainment for Union County.

Lenaz comes from extensive background in advertising and worked for the *Suburban News* in Clark and *The Daily Journal* of Elizabeth for many years.



Bob Pisano and Florence Lenaz have joined Worrall Community Newspapers as account executives.

Lenaz lives in Kenilworth with her husband, Dennis, and two children, Christine and Greg. Pisano will be responsible for Worrall Newspapers' Linden, Roselle, Elizabeth and Hillside territory. Pisano comes from extensive newspaper background, including *The New York Times*, where he was a major retail account executive. He also was an advertising sales representative at the *Suburban News*. Pisano lives in Cranford with his wife, Barbara, and four children — Matthew, 16, Meredith, 12, Mark, 8 and Marnett, 4.

**Consumer Affairs offers shopping tips**

The Union County Division of Consumer Affairs has some shopping advice for the holiday, announced Freeholder James Keeffe, liaison to the division.

"The Christmas season is the busiest shopping period of the year. Downtowns are crowded, malls are full, and mail order firms and outlets are extremely busy. The pace is hectic, and this fast shopping is where the problem usually begins," Keeffe said. "People in a hurry often miss important information, such as warranty terms. The first piece of advice our consumer affairs division offers is to slow down, especially when buying expensive items, and I hope everyone has a happy and healthy holiday season."

Consumers should learn the return policies in the stores they shop before buying merchandise. A store is allowed to set any policy it wants to, but it must notify consumers of its policy either by a large sign in the store, at the cash register or on the sales receipt. Buyers and anyone they give the merchandise to as a gift are bound by the stated policy, so if the buyer wants to allow the recipient a chance to return the gift, let them know about the return policy.

Many people utilize mail order to purchase gifts this time of year. New Jersey law allows six weeks for delivery, while federal law allows for eight weeks. Items purchased outside the state can legally take eight weeks to be delivered. Of course, buyers and sellers can establish their own delivery date, however.

Another problem area is the purchase of goods that have to be delivered, such as appliances and furniture. Consumers only have a right to cancel a contract, or a purchase, when the agreement is made in their home. No such right exists anywhere else.

Also, delivery dates of goods must be met. If it isn't, consumers can terminate the deal and receive their money back, or they can set another delivery date, which buyer and seller must abide by.

In addition, it is critical to inspect a delivered item before signing for it. A responsible adult should know what to expect and to ensure the item is the right one and undamaged. If not, the delivery should be returned.

If the item is accepted, the agreement has been met. If it is discovered later to be damaged and the consumer could have discovered it at the time of delivery, the consumer is in somewhat of a bind. Once accepted, the retailer only has to fix the item as per terms of whatever warranty may exist, meaning the customer often gets a fixed product, not a new one.

For one often a popular gift, but something not to be taken lightly. Buying one for your children after discussion on the subject may be all right, but never buy one for the children of someone else — it is not for the parents — who may not want one in the first place.

If a problem arises with any purchase, consumers should first contact the retailer and see if things can be worked out. If this fails, write to the retailer. If the problem is still not resolved, contact the Division of Consumer Affairs. Be careful not to let too much time elapse.

One final tip: Make sure to keep copies of all your sales receipts.

**Holiday Services**

*The Evangel*

Come hear and share in the GOOD NEWS of Jesus' birth at...  
**EVANGEL BAPTIST CHURCH**  
242 Shunka Road/Springfield (opposite Baltusrol Golf Club)  
Phone: (201) 379-4351  
Sunday December 19 - 11:00 A.M. Christmas Cantata: King Jesus is His Name  
Friday December 24 - 7:30 P.M. Christmas Eve Candlelight Service  
Rev. Frederick Mackey

**THE TOWNLEY PRESBYTERIAN CHURCH**  
BALEEN ROAD AT HUNGUET AVENUE UNION NJ  
908-686-1028  
Dr. Brahm Luckhoff  
DECEMBER 24: 8:00 P.M. Candlelight Service  
7:45 P.M. Preludes Begin  
Come Early  
All-Choirs Will be Singing

**COME HOME FOR CHRISTMAS**  
AT  
**COMMUNITY UNITED METHODIST CHURCH**  
CHESTNUT ST. @ EAST GRANT AVE. — ROSELLE PARK  
The Rev. Nancy S. Belsky Pastor (908) 245-2237  
December 24 - Christmas Eve  
7:00 p.m. Crusader Choir Cantata "The Missing Mag"  
The Service Concludes in Candlelight  
10:30 P.M. The Beautiful Music of Christmas  
11:00 P.M. Organ, Trumpet, Bells, Sanctuary Choir Soloist, Carols & Readings  
The Service Concludes in Candlelight  
Donna Bilein Organist/Director of Choir  
SERMON: *BEDLAM IN BETHLEHEM*  
Child Care will be available during both services of Worship.

**First Presbyterian Church**  
210 Morris Ave. Springfield  
REV. JEFFREY A. CURTIS, PASTOR  
201-378-4320  
December 19  
8:00 A.M. Church School  
10:15 A.M. Worship Service  
December 24 - Christmas Eve  
7:30 P.M. Family Worship Communion  
11:15 P.M. Candlelight Communion  
December 26 Student Sunday  
10:15 A.M. Worship Service

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2903 Vauxhall Road, Vauxhall NJ.  
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Wednesday 7:30 pm Bible Study. Please Call (908) 964-6356  
Harry Perraud, Evangelist.

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**COME, Let Us Adore Him!**  
Christmas Eve Children's Worship - 4:30 P.M.  
Christmas Eve Candlelight Communion Worship - 7:30 and 11:00 P.M.  
Christmas Day Communion Worship - 10:30 A.M.  
Sunday, January 2  
Service of Carols - 10:30 A.M.

**BETHEL AFRICAN METHODIST EPISCOPAL CHURCH**  
941 Hilton Avenue  
Vauxhall New Jersey 07088  
908-964-1882  
December 24th 1993  
Christmas Day Service  
Have a merry christmas and a happy new year

**COME CELEBRATE CHRIST'S BIRTHDAY WITH US**  
AT  
**HOLY TRINITY LUTHERAN CHURCH**  
301 TUCKER AVENUE, UNION, (AT FIVE POINTS)  
The Rev. Milan A. Ordo, D.D., Pastor  
FOR THE ENTIRE FAMILY  
FRIDAY, DECEMBER 24, at 10 P.M.  
CHRISTMAS EVE CAROL CANDLELIGHT SERVICE WITH COMMUNION  
CHRISTMAS DAY SERVICE (DEC. 25) 11:00 A.M.  
GLORY TO GOD IN THE HIGHEST!  
GOD'S SON IS BORN. A SAVIOR IS GIVEN  
THE LORD CHRIST IS KING - LET US REJOICE!

**Ukrainian Evangelical Assemblies of God**  
2208 Stanley Terrace, Union, (908) 686-8772  
PASTOR: REV. CHARLES S. PRICE  
THE UKRAINIAN EVANGELICAL ASSEMBLIES OF GOD CHRISTIAN EDUCATION DEPARTMENT LOCATED AT 2208 STANLEY TERRACE WILL BE PRESENTING A CHRISTMAS MUSICAL "THE ANGEL" THE MUSICAL IS FOR THE ENTIRE FAMILY. THE DATES ARE: SATURDAY, DECEMBER WITH 4:00 P.M. AND SUNDAY, DECEMBER WITH 4:00 P.M. A GOOD DEED WILL BE COLLECTED FOR THE NEW YORK COUNTY. FOR MORE INFORMATION, PLEASE CALL THE CHURCH OFFICE AT 908-686-8772  
PLEASE JOIN US FOR OUR CHRISTMAS EVE CANDLE LIGHT SERVICE ON DECEMBER 24TH AT 7:00 P.M.

**Battle Hill Community Moravian Church**  
777 LIBERTY AVENUE UNION, NEW JERSEY  
Jeffrey D. Gehris, Pastor (908) 686-5262  
Sunday School - 9:15 a.m.  
Sunday Worship - 10:30 a.m.  
Nursery - Provided  
Community Love Feast and Candlelight Service 7:30 p.m. December 12  
Christmas Eve Candlelight Service 8:00 p.m.

**MOUNTAINSIDE CHAPEL**  
1180 Spruce Drive, Mountainside New Jersey 07092  
908-232-3456  
Dr. Gregory Hagg, Senior Pastor  
December 19th - 11am Morning Service, Dr. Gregory Hagg Speaking  
December 24th - 7pm Christmas Eve Service  
Christmas Cantata entitled, "Heaven's Child" by Joseph L. THERE IS NO FEE FOR THE PROGRAM. There will be a Reception following the Cantata.  
JOY TO THE WORLD! THE LORD IS COME. LET EARTH RECEIVE HER KING

**First Baptist Church**  
Dr. Robert A. Rasmussen, Pastor  
COLONIAL AVENUE AT THORNTON TERRACE • UNION  
964-8429  
DECEMBER 19  
11:00 A.M. Worship Service  
Sermon: "GOD IS WITH US"  
8:00 P.M. Candlelighting Service  
Choral Concert featuring Traditional and Contemporary Music by the Choir of the Church  
DECEMBER 24  
7:30 P.M. Christmas Eve Family Service  
Sermon: "CHRISTMAS WRAPPINGS!"

**Connecticut Farms Presbyterian Church**  
Stuyvesant Ave. & Chestnut St. Union  
• Sunday School - 9:30 a.m.  
• Adult Forum - 9:30 a.m.  
• Sunday Worship - 10:45 a.m. (child care provided)  
• Bible Study - Monday Night  
• Support Group for Caregivers for the Elderly  
**CHRISTMAS EVE 4:30 PM and 11 PM**



obituaries

Harry A. Massar

Harry A. Massar, 78, of Springfield died Monday in Overlook Hospital, Summit.

Helen R. Tag

Helen R. Tag, 83, of Mountaintop died Friday in Overlook Hospital, Summit.

death notices

CHMEL: On Dec. 8, 1993, Pauline (Frank) of Union, beloved wife of Edward J. Chmel, died at age 82.

religion

Yule Cantata slated

The Springfield Emmanuel Union Methodist Church, 400 Church Mall, will feature a special Christmas Cantata Sunday at 10:30 a.m.

Holiday gifts given

In a gesture of generosity, children from Temple Emanuel, Westfield, wrapped and tagged Christmas gifts for needy Cranford children.

reunions

Planning a reunion? There is a brochure available which gives complete information on how to go about it. For information, call 1-800-223-3771.

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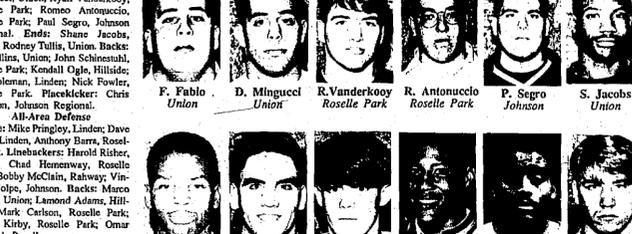
Planning a reunion? There is a brochure available which gives complete information on how to go about it. For information, call 1-800-223-3771.

SPORTS

Seniors spark Worrall Super 25

12 of this year's first-team players are repeat selections

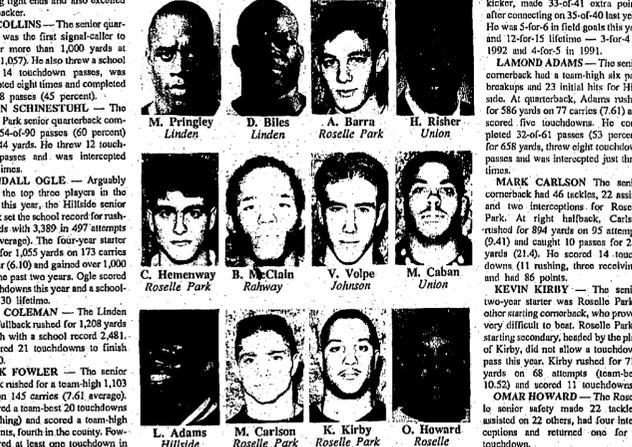
By J.R. Parashinski and Peter Rosenthal
Some of the best high school football talent in the state could be found in Union County this year. A majority of it exists on today's second annual Worrall Community Newspapers Super 25 All-Area Football Team.



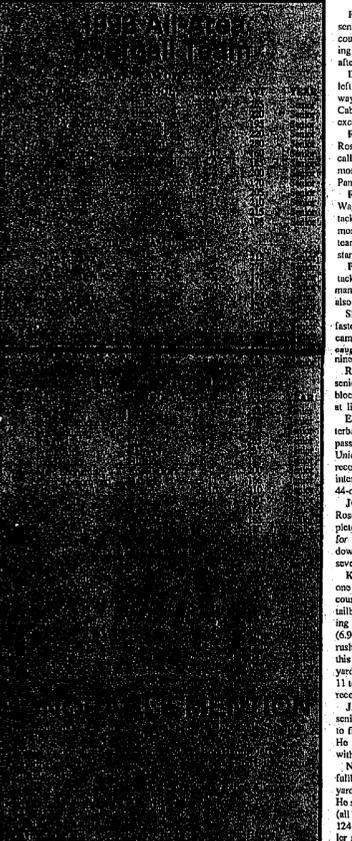
Line: Frank Fabio, Union; Dan Mingucci, Union; Ryan Vanderkooy, Roselle Park; Romeo Antonuccio, Roselle Park; Paul Segro, Johnson Regional. Ends: Shane Jacobs, Union; Rodney Tullis, Union. Backs: Ed Collins, Union; John Schinestuhl, Roselle Park; Kendall Ogle, Hillside; Jay Coleman, Linden; Nick Fowler, Roselle Park. Placekicker: Chris Peterson, Johnson Regional.

H.S. Football

Line: Mike Pringley, Linden; Dave Biles, Linden; Anthony Barra, Roselle Park. Linebackers: Harold Risler, Union; Chad Hemenway, Roselle Park; Bobby McClain, Rahway; Vincent Volpe, Johnson. Backs: Marco Caban, Union; Lamond Adams, Hillside; Mark Carlson, Roselle Park; Kevin Kirby, Roselle Park; Omar Howard, Roselle Park.



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PUBLIC NOTICE
Township of Springfield
County of Union, N.J.
Notice is hereby given that the following is a true and correct copy of the Ordinance...

EARLY HOLIDAY ADVERTISING DEADLINES
For the December 22nd Issue
Display - Fri. Dec. 17th
B Section - 12 Noon
A Section - 5 PM

stork club
Michael Nicholas Bibbo
A 7-pound son, Michael Nicholas, was born Nov. 15 in Overlook Hospital, Summit, to Mr. and Mrs. Michael Bibbo of Union.

BABY'S FIRST CHRISTMAS
Show off your favorite little one on our "Baby's First Christmas" page appearing in the Dec. 22nd edition.
DEADLINE: DECEMBER 16, 4:00 P.M.
Clip & Mail With Your Payment

Advertisement for Dreier's Sporting Goods featuring various winter sports equipment like jackets, sweaters, and skates. Includes contact information and phone number (908)322-7788.

# Three returning starters to lead Union

**By J.R. Parachini**  
Sports Editor

With three starters returning from a team that finished 15-8 last year, the Union High School boys' basketball team has high hopes for the 1993-94 campaign.

The three returning starters, all seniors, include forward Mike Dunbar (6-1) and guards Shane Jacobs (5-10) and Bill Santangelo (5-10). All three have started since their sophomore season.

Help comes in the form of seniors Tom Lynch (6-2) and Daniel Charles (6-0) in the frontcourt and seniors John Mendes (5-10), Andre Solomon (5-11) and Josh Cousins (5-11) in the backcourt.

Senior speed merchant Sean Matthews (6-2) is also expected to contribute greatly to the team's overall performance as his tenacity adds to the

## H.S. Basketball

rebounding (7.7pp) last year and Julian Iby was second in both categories (10 pp, 5.7pp).

Head coach Ted Zawacki, in the third year of his second stint at Union, has a five-year record of 54-61. He coached Union to a 5-18 record in 1983-84, 11-10 in 1984-85, 15-10 in 1985-86 and 9-15 in 1991-92. Zawacki's assistants are Ed Englemann and Kevin McGuire.

Union's season opens at home this Saturday night at 7:30 against non-conference foe Livingston. The Farmers defeated Livingston 62-53 in Livingston last January.

The top teams in the Watchung Conference-American Division this year include Irvington, Elizabeth, Linden and Union. Last year Union handed eventual Group 4 state champion Irvington its only regular season loss, 61-54. Union won in Union last January. Irvington has

rebounded (7.7pp) last year and Julian Iby was second in both categories (10 pp, 5.7pp).

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Seniors Mike Dunbar, Shane Jacobs and Bill Santangelo are returning starters for Union this year.

# Farmers' team effort sparks win over Livingston

The Union High School boys' swimming team received solid efforts from everyone as it defeated Livingston 91-79 last week.

Union opened with a first and second in the 200 medley relay, with Rob Tortorici, Mike Tortorici, Chris Clarke and Edan Krueger first and Doug Finken, Dan Albarese, Brian Ford and Rick Della Pia second.

In the 200 freestyle, Rob Tortorici placed second and Finken was fifth. Union came back strong again in the 200 individual medley with Mike

## H.S. Swimming

best time and Brian Shanahan, participating in the event for the first time, was third.

Union was second in the 200 freestyle relay behind Tony Galasso, Clark, Albarese and Rick Della Pia. Clark was second for Union in the 100 butterfly and Ford fifth.

Union took a two-point lead into the 100 freestyle and posted a win courtesy of Mike Tortorici. Albarese was third and Della Pia fourth. Finken won the 500 freestyle in a personal

best time and Brian Shanahan, participating in the event for the first time, was third.

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# DeLuca, Vorndran to be honored at All-Star Banquet

Justica DeLuca and Kristine Vorndran of Roselle Park participated in the North Jersey Field Hockey Coaches Association 1993 Showcase on Dec. 4 at Drew University.

The Roselle Park High School seniors were selected by coaches as two of the best players in Union County. DeLuca and Vorndran were both All-County selections this year and DeLuca paced Union County in scoring with 42 points.

Both will be honored at a Jan. 9 All-Star Banquet at the Governor Martin Hotel, to be given by the North Jersey Coaches Association.

## sports scene

from 7:45-9:15 p.m. The cost for the nine sessions is \$99.

More information may be obtained by calling the soccer office at 908-927-9336.

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## Be a shooting star

Be a shooting star for the Essex Seal Society of New Jersey (ESSNJ). Sign up your school to participate in the Scripex Basketball Shoot-Out to benefit ESSNJ.

Elementary and junior high school students are invited to participate in the Scripex Basketball Shoot-Out, one of ESSNJ's most popular fund-raising events. Under the direction of a coach or physical education instructor, students attempt to shoot as many baskets as possible in three minutes.

Prior to the event, shooters obtain plaques for each basket scored. Schools are invited to hold a Shoot-Out at any time during the school year. More information on the Scripex Basketball Shoot-Out may be obtained by calling ESSNJ at 1-800-468-0027.

All proceeds from the Scripex Basketball Shoot-Out benefit ESSNJ, the state's foremost provider of services to the disabled. Each day, ESSNJ provides nearly 3,000 New Jersey residents with supportive and specialized services in counseling, education, employment, housing, recreation and transportation. From

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## Soccer School

The ninth annual Cougar Soccer School will take place at Kean College starting Friday, Jan. 21. The school is open to boys and girls from the ages of 7-17.

The sessions will take place every Friday until March 18. Session One is from 6:30 p.m. and Session Two

## CALL Classified Saturday Mornings

9 A.M. to 12 Noon

1-800-564-8911

**SUPERIOR QUALITY REPLACEMENT WINDOWS**

• Easy Tilt  
• Interlocking Sash  
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• Night Latch  
• Weather Stripped Throughout

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\*Up to 161 sq. ft.

The Vinyl Window System That Keeps The Weather And Noise Out The Outside And The Comfort And Convenience On The Inside.

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Choose & Cut Free Greens

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8 a.m. - Dusk Sat. & Sun.  
Weekdays by Appointment Only  
(908) 537-4133

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By Grower From \$17.50\*

Always Fresh with Weekly Cuttings & Deliveries.  
All Trees Specially Drilled for EASY SET-UP.  
FREE String Wrap for Easy Transport & Set-up.  
FREE Loading & Bungee for Car Trunk.  
Satisfaction Guaranteed

515 Locust Street, Roselle Park  
Across From 7-11

Advertise Your Christmas Trees For Sale Every Week Through December 23rd

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Christmas Trees

SHOBBE'S CUT CHRISTMAS TREES

THOUSANDS! ANY SIZE \$25.00!

SAMS & TWINE PROVIDED

DECEMBER WEEKENDS 10:00 AM to 4:00 PM

HONEY RUN CHRISTMAS TREE FARM

700 MILLS SOUTH OF PITSTOWN, NJ ON ROUTE 94

# ARTS & ENTERTAINMENT

## A fine biography

Even though the popular, and controversial, radio talk show host Rush Limbaugh refused to be interviewed for an intensive biography prepared by columnist Paul D. Colford of Roselle Park, he can sit back and relish the thoroughly researched, finely written book. Called "The Rush Limbaugh Story: From Loan from God" and published in September by St. Martin's Press, New York City, the book has been released as an "unauthorized biography."

Limbaugh, who has a following of close to 16 million listeners, and who has written two books of lectures and essays and political commentary, "The Way Things Ought to Be," and his latest, a best seller, "See, I Told You So," which currently sits side by side with the Colford book on the bookshelves, has yet to write an autobiography. And his reason for avoiding interviews with Colford for the biography — even though he had been interviewed numerous times by the journalist for his radio and book columns in *New York Newday*, is that Limbaugh plans to write his own autobiography. He may be hard put to attempt to write such a project due to the thoroughness with which Colford has written "The Rush Limbaugh Story."

Perhaps he never will because after he permitted Colford to interview Limbaugh's mother, Millie; his brother, David; his first wife, Rory; and many of his friends including baseball legend George Brett and former co-workers from radio stations throughout the country, there really wouldn't be anything more to tell.

What is the appeal of the over-weight funny man to the millions of radio listeners and television viewers who hang on his every word — words that are often negative, sarcastic, nonsensical and political? Could it be the identity crisis of a man who was terribly unpopular and retiring as a kid growing up? Could Limbaugh's shyness, weight problems, the fumbling, unsuccessful attempts at

## Book by Colford is 'unauthorized'

By Bea Smith  
Lifestyle Editor

When Paul Colford of Roselle Park, a media columnist for *New York Newday*, decided to write a full-length biography of the famous radio-TV conservative commentator Rush Limbaugh, "The Rush Limbaugh Story: From Loan from God," he had the blessing of everyone but Limbaugh. It wasn't that Limbaugh didn't trust the efficient and talented Colford. He had, after all, known him for a number of years and participated in interviews for Colford's columns in the newspaper. But when it came to a book about his life, well, he would probably do one himself, someday.

Limbaugh, who has a following of close to 16 million listeners, and who has written two books of lectures and essays and political commentary, "The Way Things Ought to Be," and his latest, a best seller, "See, I Told You So," which currently sits side by side with the Colford book on the bookshelves, has yet to write an autobiography. And his reason for avoiding interviews with Colford for the biography — even though he had been interviewed numerous times by the journalist for his radio and book columns in *New York Newday*, is that Limbaugh plans to write his own autobiography. He may be hard put to attempt to write such a project due to the thoroughness with which Colford has written "The Rush Limbaugh Story."

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explained, "that from time to time you have to stick with him...for a couple of days, to get to know him better, I guess he has to grow on you," he smiled. "He has an audience of 20 million listeners a week on radio and over 600 radio stations. He's a political hot potato. Also, five nights a week, he has 'The Rush Limbaugh Story' on Channel 5 at 11 o'clock in the morning. The show's been on the air since September of 1992. He has good ratings on TV."

The author said that the book "took basically about 11 months to write. While I was writing the book," Colford said, "he was becoming extremely popular. Between the day job, and this job, and being the father of two small children, Catherine, 4, and Liam, 2, and the husband of a very understanding woman, I was able to complete the job. I left the care of the children to my wife, Jane, while I was hiding out in my attic on Chestnut Street in Roselle Park," he checked. "It's an office of sorts. My family life went on without me for a while. I had to knock down to put this together. It was fun, but it wasn't easy. I gave the manuscript to the publisher on April 1 and the book came out in early September."

Colford, who was born in Jersey City, was graduated from St. Peter's College in Jersey City. "I majored in Latin and Greek literature, then changed my major. I imagined I might be a teacher. But I enjoyed newspapers so much that I started doing stories while I was in college for *The New York Times*, the *Sunday New Jersey*

Colford beamed, "It's really fun to be aware of the books long before they reach the bookstore shelves. It's a great indulgence to be able to write about them, too."

Colford and his wife, Jane, who was a school teacher for 10 years in St. Genevieve's School in Elizabeth, lived on Long Island for a while. They moved to Roselle Park several years ago. "Roselle Park is a great place to be a writer in," he exclaimed. "I love writing in this great old house in an attic made to order for someone to write a book."

"And you know," Colford added, "I love his town. It's a quiet town, and in the night, the streets are like country roads. It's peaceful. And even though I feel more restless now that I don't have to put in all those extra hours on the book — it's really like a vacation to me — still, I have a few ideas for a future book."

"And where else but in Roselle Park will I be most comfortable writing?"

**Bea Smith, Editor**  
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# Stars set for New Year's Eve

On the set of the famous Paris bistro, the Paper Mill Playhouse, Millburn, will ring in 1994 with a New Year's Eve extravaganza. It will feature Paper Mill Stars in "A Night at Maxim's," a celebration of song and comedy from the best in musical theater.

The cast of Paper Mill favorites will include Robert Michael Baker, Les Marsden, John Scherer and Amy Young, offering numbers from this fall's hit musical comedy, "Animal Crackers." Others will include Mariela-Laurence Danvers, who starred as Christine in "Phantom," Judy McLane of the rock musical, "Chess," James Rocco from "Cats" on Broadway and "Jesus Christ Superstar" at the Paper Mill, Mari Nelson, who plays Genevieve in "Cinderella," Mary Stout from "Paper Moon" and the dancers from the New Jersey Radio Co. performing the "Can Can."

Alix Kory from the cast of New York City Opera's recent production of "Cinderella," will make her Paper Mill singing debut and Artistic Director Robert Johnson will sing selections from next spring's production of "Peter Pan."

Executive Producer Angelo Del Rossi will serve as host for the evening. Your abilities can earn extra income. Advertise them with a classified ad by calling 763-9411.

### PUBLIC NOTICE

NOTICE TO ABSENT DEFENDANTS: SUPERIOR COURT OF NEW JERSEY, COUNTY OF MIDDLESEX. YOU ARE HEREBY SUMMONED and notified that a complaint was filed against you in the Superior Court of New Jersey, County of Middlesex, on 12/14/93. The complaint is captioned: *STATE OF NEW JERSEY vs. Michael Mariani, et al.* The complaint alleges that you are liable for the death of a child named *Joseph Mariani*, who was born on 02/24/1959. An answer to the complaint must be filed with the court on or before 01/14/94. If you fail to do so, judgment by default may be rendered against you for relief demanded in the complaint and attachment to the complaint. You shall file your answer and proof of service in duplicate with the Clerk of the Court at the County Office, Room 400, 100 Canal Street, Trenton, New Jersey, 08620, in accordance with the Rules of Court and the Rules of Procedure.

This notice has been included for the purpose of foreclosing the mortgage stated July 6, 1992, and made by *Bank of America* and *First National Bank*, to *Richard E. Mariani*, as mortgagor, in favor of *Bank of America*, as mortgagee. The mortgage is recorded in the Office of the County Clerk, County of Middlesex, at Trenton, New Jersey, in Book 100, Page 199. To recover possession of said property, the mortgagee has caused a writ of *habere facias possessionem* to be issued against you. You are hereby notified that you must appear in court on 01/14/94 to answer the complaint and attachment to the complaint. If you fail to do so, judgment by default may be rendered against you for relief demanded in the complaint and attachment to the complaint. You shall file your answer and proof of service in duplicate with the Clerk of the Court at the County Office, Room 400, 100 Canal Street, Trenton, New Jersey, 08620, in accordance with the Rules of Court and the Rules of Procedure.

You may contact the Lawyer Referral Service of the County of Middlesex at 100 Canal Street, Trenton, New Jersey, 08620, for information regarding the filing of a complaint with the Legal Services Office of the County of Middlesex, in accordance with the Rules of Court and the Rules of Procedure. **DOUGLAS F. PHELAN, CLERK** DATED: November 25, 1993. 100 Canal Street, Trenton, New Jersey, 08620. (Fax: 609-392-3535)

NOTICE OF PUBLIC AUCTION PURSUANT TO R.S. 17:27, the United American Lien & Recovery Corp. will sell the following items to the highest bidder on any date, 1994, by public auction. **SALE DATE: DECEMBER 30, 1993 at 11:30 a.m.** 1421 Oak Tree Rd., Iselin, NJ 08830. **LOT#0002** 1992 Volvo 4 dr. sedan. **LOT#0003** 1992 Volvo 4 dr. sedan. **LOT#0004** 1992 Ford Escort 2 dr. grey. **LOT#0005** 1992 Ford Escort 2 dr. grey. **LOT#0006** 1992 Ford Escort 2 dr. grey. **LOT#0007** 1992 Ford Escort 2 dr. grey. **LOT#0008** 1992 Ford Escort 2 dr. grey. **LOT#0009** 1992 Ford Escort 2 dr. grey. **LOT#0010** 1992 Ford Escort 2 dr. grey. **LOT#0011** 1992 Ford Escort 2 dr. grey. **LOT#0012** 1992 Ford Escort 2 dr. grey. **LOT#0013** 1992 Ford Escort 2 dr. grey. **LOT#0014** 1992 Ford Escort 2 dr. grey. **LOT#0015** 1992 Ford Escort 2 dr. grey. **LOT#0016** 1992 Ford Escort 2 dr. grey. **LOT#0017** 1992 Ford Escort 2 dr. grey. **LOT#0018** 1992 Ford Escort 2 dr. grey. **LOT#0019** 1992 Ford Escort 2 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### British farce opens at Paper Mill Jan. 5

"It Runs in the Family," the latest British farce from the pen of Ray Cooney, will open at the Paper Mill Playhouse, Millburn, for a five-week run, Jan. 5 through Feb. 6.



Robert Mandan

Cooney, whose plays, "Run For Your Wife," and "Two Into One," were hits at the Paper Mill several years ago, wrote three hits in one, as playwright, director and co-star, in a special arrangement with American and British Equity.

### Woolley to perform in holiday concert

Rahway resident James Woolley, a student at the Woodbridge Academy of Music, will perform with the school's string ensemble at the holiday concert on Monday at the Social Center of the First Presbyterian Church of Metuchen, 270 Woodbridge Ave., beginning at 7 p.m.

### Colford writes fine book

(Continued from page 10) Colford, the journalist and author, who knows Rush Limbaugh perhaps even better than Limbaugh knows himself, turns him inside out for the reading public to see and understand.

The conservative commentator, whose fans had lost sleep by listening to Limbaugh in the wee hours of the morning for years, combine to lose sleep but remain enthralled while watching him on Channel 5 at 1 o'clock in the morning weekdays.

### Boys Chorus sets 25th anniversary

The Newark Boys Chorus School will be celebrating its 25th anniversary in 1994. In anticipation of that anniversary, the school will hold its first reunion on Dec. 28 in the Central Room of the Newark Public Library, 5 Washington St., Newark, from 4 to 7 p.m.

The school was founded in 1969, and graduated its first class in June 1970. The school is now located in the Symphony Hall Annex at 1016 Broad St., and serves grades four through eight. The school is accredited by the Middle States Association of Colleges and Schools, and offers an accelerated academic program in addition to extensive vocal training.

The New Year's Eve party will be at the Empire State Ballroom at the Grand Hyatt Hotel on East 42nd Street, Manhattan. The New York celebration kicks off the "Cognac Hennessy's New Year's Eve Coast to Coast" live broadcast, which begins at 10 p.m. with Rubin and the Basic Orchestra.

"If there's any jazz fan on earth who doesn't like the Count Basie Orchestra, I never met him or her," said WBGO general manager Cephas Bowles. "That's why it was an easy choice to select the group to kick off our annual celebration. Add the singing talents of Vanessa Rubin to the mix, and we've got a real party. We hope that you will make your final New Year's Eve celebration at the supported JAZZ 88 while enjoying one of the season's hottest events."

### Basie Orchestra to swing in year

Ben Stone, vice president/product group director of Cognac Hennessy, said, "The new year symbolizes change, and this year, we've made a change of our own. Taking a lead from the success of the New York party, we decided to sponsor the coast-to-coast celebration, making it possible for Cognac Hennessy to ring in the new year in every time zone. If you haven't made your plans yet, please join us at the Grand Hyatt in New York."

Guests can choose from two packages: \* The Gold Package includes music cover charge, a four-course gourmet dinner with seating at 7:15 p.m., party favors, unlimited cocktails, plus Hennessy martinis and a champagne toast at midnight. Cost: \$210.

\* The Silver Package includes all of the above except dinner. Seating begins at 9 p.m. Cost: \$160. Tickets are available only from WBGO-FM, and can be purchased with American Express, Visa, MasterCard or checks. For reservations or more information, call 643-4303. To reserve a room at the Grand Hyatt at the JAZZ 88 rate of \$139, call the hotel at 1-212-883-1234.

### Fellowship grants offered to artists

The New Jersey State Council on the Arts is offering fellowship grants to individual artists and creative professionals in the visual arts, performing arts, design, fashion, and graphics/illustration.

Artists must submit a recent work sample for evaluation by an independent peer panel, which is convened for each discipline. The samples are reviewed by the panel anonymously with the sole criteria being artistic quality.

Interested artists should contact the N.J. State Council on the Arts at 1-609-292-6130 for a copy of the fellowship guidelines and application. A large-print edition of the application is available upon request.

### Unity Concerts set for NEA's program

The National Endowment for the Arts has notified Unity Concerts of New Jersey that it is one of 42 organizations in the country chosen for Phase One of the Advancement Program for 1993/94. Unity Concerts was selected for a grant of \$25,000 and a stipend of \$5,500.

The Advancement Program is designed to help nationally significant organizations of the highest artistic quality to strengthen their organizational management practices and to take carefully planned steps toward the achievement of long-range goals.

Unity Concerts of New Jersey, now in its 24th season, will, with the assistance of an NEA-appointed consultant, assess its immediate and long-term needs, set goals and address immediate organizational needs which have a direct bearing on the ability of the organization to achieve its goals.

### Four stars to perform at Rahway Arts Center

"On a Winter's Night" will be presented at the Union County Arts Center, 1601 Irving St., Rahway, Jan. 21. The event, in the new-look, neo-acoustic movement will bring four of N.J. state stars together on the stage "in a no-holds-barred battle of creative wit."

The curtain will be at 8 p.m. Tickets are available only from WBGO-FM, and can be purchased with American Express, Visa, MasterCard or checks. For reservations or more information, call 643-4303. To reserve a room at the Grand Hyatt at the JAZZ 88 rate of \$139, call the hotel at 1-212-883-1234.

Artists must submit a recent work sample for evaluation by an independent peer panel, which is convened for each discipline. The samples are reviewed by the panel anonymously with the sole criteria being artistic quality.

Interested artists should contact the N.J. State Council on the Arts at 1-609-292-6130 for a copy of the fellowship guidelines and application. A large-print edition of the application is available upon request.

The group's "On a Winter's Night" national tour, with its accent on round robin spontaneity, has received media acclaim wherever it has played. It was reported.

Tickets for the performance are \$15 and \$17.50 and are available at the center's box office. One can call (908) 499-8226 for reservations.

### Artist Stephen Misikonis has exhibition of works

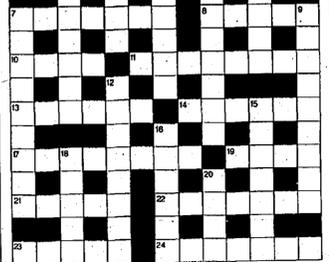
Parkey Manor Health Center's Adult Day Care is expanding on its tradition of Artist of the Month with a month-long exhibition of the works of artist Stephen Misikonis.

His artistic talent came to light about a year ago when he created unusual and colorful drawings. Since then, his work has evolved and changed to his newest works. These are self-drawings with muted shading.

Misikonis works hard preparing his paper, and then follows through on those abstract designs. View these works on exhibit throughout tomorrow from 9 a.m. to 3:30 p.m. daily at the Parkey Manor Health Center.

For information about Parkey's adult medical day care center, call 676-2700, ext. 228.

### CROSSWORD PUZZLE



- CLUES ACROSS
1. Set feet
5. Remembrance
7. Frenzied
8. Uplift
10. Ritual
11. Choke
13. Unkneke
14. Powerful
17. Inauspicious
19. Haze
21. Strive
22. Irregular
24. Weekday

- CLUES DOWN
1. Humblint
3. Against
4. Rowse
5. Guarantee
6. Leaving
7. Exact copy
9. Vigorous
12. Received
16. Period before Christmas
18. Female relative
20. French cheese

ANSWER TO PREVIOUS PUZZLE:
ACROSS
1. Spicy
4. Saved
8. Lou
9. Palace
10. Venus
11. Lip
12. Cured
13. Endorse
16. Steady
19. Elcitr
23. Feather
26. Urban
28. Cur
29. Toast
30. Inaug
31. Due
32. Delve
33. Roden

- DOWN
2. Idler
3. Yielded
4. Sniper
5. Vivid
6. Donor
7. Waste
9. Fear
14. Owl
15. Ski
17. Tie
18. Air
20. Counter
21. Rime
22. Arcade
23. Fated
24. Award
25. Unlert
27. Brand

### horoscope

For week of Dec. 19-Dec. 25
ARIES (March 21 to April 20) Don't be premature in announcing something that has not materialized. You could be inaccurate and have an embarrassing situation on your hands. A telephone call could precipitate some excitement. If an offer holds genuine appeal, you should fit it into your plans.

TAURUS (April 21 to May 21) Planning a special event will take up much of your time this week. You'll have to make a sacrifice in order to complete everything on your list of things to do. A lover's quarrel will get a damper on your spirits towards the end of the week. With time and patience, you can work this out.

GEMINI (May 22 to June 21) A head cold may slow you down this week. A few days in bed may be in order. A phone call from a distant relative will give you a lift. Catching up on old good times will feel good. Your opinion will be called upon to help. The advice you give will be instrumental in an important decision.

CANCER (June 22 to July 22) If an unexpected change occurs in your work, you'll be able to work things out to your advantage. You will have a stroke of luck that will make the weekend brighter. Romance will be the highlight of Saturday. Don't be misled by your feelings.

LEO (July 23 to Aug. 23) A casual attitude will bring more pleasure than going to Monday. The choice is yours. Profit from your first instinct; feel always the best idea. What you regard as good old-fashioned may be misleading and hard to do. What you feel before you know it, the other understands your humor.

VIRGO (Aug. 24 to Sept. 23) If a member of your family is interfering in your personal business, be firm - not hostile - in your request to be left alone. The week will be better than usual. You may be spending more time on mundane chores than this year. You could even win a lottery or a major prize in a contest. With a new health routine, colds and infections won't be as frequent. You'll find work to be significantly less demanding than in years past. A domestic change this summer will allow you more privacy. Married Sagittarians will enjoy a romantic year. There is a chance for a new relationship for those who are single.

LIBRA (Sept. 24 to Oct. 23) Romantic feelings are stirred this weekend. Any doubts about your partner will be whisked away. Watch your diet throughout the week. Holiday greetings can be quite tempting for Libra's insatiable sweet tooth. Avoid putting your foot in your mouth, especially at family gatherings. Be extra diplomatic this week.

SCORPIO (Oct. 24 to Nov. 21) A surprise gift or act of homage from a close friend is very moving. You will be inspired to be more thoughtful in the future. Your usual busy schedule gets even more demanding this week. Don't take stress out on loved ones. Young children and family are the weekend's focus.

SAGITTARIUS (Nov. 22 to Dec. 21) You will get good results from a bright idea you put into action at the beginning of this week. Don't be afraid to ask others for advice and suggestions. A friendship may be strained over an inconspicuous deed on your part. You must learn not to make promises you can't keep.

CAPRICORN (Dec. 22 to Jan. 20) A few frustrating moments will be the only unpleasant part of this week. Otherwise, you will feel unusually happy and grateful for what you have. A creative project you've just completed will be admired and appreciated by your peers. You may start to consider a new line of work.

AQUARIUS (Jan. 21 to Feb. 18) The general health and well-being of a family member will be a concern. By the week's end, however, you will hear good news. You may be feeling a bit under the weather yourself, and should rest as much as possible. Your magnetic personality may spark a potentially romantic involvement.

PISCES (Feb. 19 to March 21) Don't plan anything really serious or important this week as an unexpected invitation may arrive. This will be something you won't want to miss. You may be suspicious of an action by a business associate. Don't voice all these feelings before you know all the facts. You'll find out soon enough.

Your birthday this week: Your 1994 financial status will be much healthier than you had anticipated. You'll be able to do a lot of business for your home and take that long-desired trip. A streak of luck is certain to come your way at some point this year. You could even win a lottery or a major prize in a contest. With a new health routine, colds and infections won't be as frequent. You'll find work to be significantly less demanding than in years past. A domestic change this summer will allow you more privacy. Married Sagittarians will enjoy a romantic year. There is a chance for a new relationship for those who are single.



Comedians set to perform. Robert Michael Baker, left, and Les Marston, who played Chico and Harpo, respectively, in the musical, 'Animal Crackers,' will be among the featured performers at Paper Mill Stars in 'A Night at Maxims' on Friday, Dec. 31, at 7 and 10 p.m.

### Holiday offer slated by Westfield theater

The Westfield Community Players will have a 1993 holiday subscription offer for the remaining productions of the 1993-1994 season, Rick Abbot's comedy farce, "Sing Out!," and the murder mystery, "A Sting in the Tale," by Brian Clements and Dennis Spooner.

Membership Director Letty Hudak, announced that a \$20 subscription gets theatergoers a single ticket for each show, "at a savings of \$2 off individual ticket prices for Friday and Saturday evenings."

Subscription for all shows is \$9 p.m. Friday and Saturday evenings, with the scheduled Sunday matinee at 2, at the theater at 1000 North Ave., West, Westfield, N.J. 07090.

"Sing Out!" will run Feb. 5, 11, 12, 18, 19, 25, 26 and Feb. 27. "A Sting in the Tale" is slated for April 30, May 6, 7, 13, 14, 20, 21 and on May 22. Checks can be made payable to Westfield Community Players and sent to Letty Hudak, 400 Harrison Ave., Westfield, N.J. 07090.

### Rich Aront is featured in 'Barefoot in Park'

Rich Aront of Linden will play the Telephone Man in the Neil Simon comedy, "Barefoot in the Park," which will be staged by the Circle Players of Blackwater beginning Jan. 14 as the third show of its 41st season. The comedy will be directed by Phil Dolan. "Barefoot in the Park" will be presented Friday and Saturday evenings at 8:30 from Jan. 14 through Feb. 5. There will be one Sunday performance at 2 p.m. on Jan. 17. For reservation and information one can call (908) 968-7555. The Circle Playhouse is located at 416 Victoria Ave.

### Correction policy

It is the policy of this newspaper to correct all significant errors that are brought to the editor's attention. If you believe that we have made such an error, please write Tom Canavan, editor, 1291 Sylvanwood Ave., Union, 07083, or call him at 686-7700 weekdays before 5 p.m.

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### Maplewood Nursery in bloom

"It's more than just a nursery," says Wayne Maudsley, owner and proprietor of Maplewood Nursery in Springfield. "In addition to flowers, trees and shrubs, we also sell an entire array of lawn and garden care products, topsoil and mulches, and paving stones."

Maudsley, who is the third generation of nursery operators in his family, says his business is as good as ever this season, and more and more people are coming to Maplewood Nursery, which is located at 160 Springfield Ave., for a variety of items to make their homes and yards look fresh.

Maplewood Nursery also carries at least nine different styles of paving stones from which to choose, and all are easy to install and reasonably priced.

"They don't need mortar so the homeowner can do the installation easily," says Maudsley. "They are already cut to fit together like puzzle pieces, and once they're down, they stay put."

"It seems like everyone needs at least a little help," he says. "They usually want to know how much of something they need and where it will grow best."

Maudsley stays on top in the highly competitive nursery business by keeping prices low and selling products in bulk.

Maudsley added that although his stock moves out at a quick pace, he does a few extra things with his live shrubbery to keep it fresh.

"We are one of the few nurseries that water the stock in the ground. We plant the trees and water them there. Another unique feature he offers is the sale of items in bulk, which drops the price considerably. "We can sell things by the cubic yard instead of the bag," he says. "Selling items by the bulkload can mean big savings for the customer."

Of course, the nursery business isn't the type of industry that stays open all year. Maplewood Nursery sells Christmas trees in December, but right after the holidays Maudsley has a two-month vacation until the weather warms up again.

Homeowners may think a little gravel along the driveway or a few bushes under the bay window may be just what the old house needs.

But before you pick up a rake or shovel, it may be a good idea to stop by the Maplewood Nursery and pick up a few hints from Wayne Maudsley, or call the nursery at 376-7698.

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### Country living is shown in holiday art exhibition

The essence of country living has been captured and preserved by a group of talented New Jersey artists. The exhibition is on display at the Paper Mill Playhouse during the holiday season.

Working in a variety of media, each of the artists expresses a deep love for a fast-vanishing way of life. The exhibition opened Dec. 15, running through Jan. 17, at the Paper Mill Playhouse, 2372-2376, ext. 2272.

### Junior Youth Symphony to perform in Westfield

The Junior Strings of the New Jersey Youth Symphony are performing at Edison Intermediate School in Westfield on Sunday at 3 p.m. Admission is by door donation. The holiday program, conducted by Barbara H. Banov, features works by Grieg, Tchaikovsky and Handel.

The 56 members of the Junior Strings, from 29 communities of central New Jersey, rehearse weekly in Berkeley Heights throughout the school year. These young musicians share their love of music with the December holidays with residents of the Ravian Extended Health Care Center and in the spring, with elementary school students in area schools.

### Circus is set holiday eve

The circus is coming to town on "First Night." Jugglers and trapeze artists will perform audiences on New Year's Eve.

"I've drawn on some of the best talent in the area to provide a one-ring show," said Steve M. Hollow, a resident of South Orange, a puppeteer and a member of the Big Apple Circus' Clown Care Unit. Hollow has organized the first annual Jucy Orange Half-Ring Circus for the First Night celebration in South Orange and Maplewood.

"We will have material to entertain adults and children," he said. "Plus, there will be lots of comedy, and even a surprise guest from town to serve as the ringmaster."

Children and adults alike will enjoy the clown antics of the Valencia Novel Troupe made up of Hollow, Lisa Lewis and Barry Rubin, who is better known as Grandma, a favorite clown of the Big Apple Circus.

Dikki Ellis will feature his slack wire, juggling and comedy routines. Dikki has served as the clown consultant to the Macy's Thanksgiving Day Parade in New York City. He has also performed at the Metropolitan Opera, the Big Apple Circus and has appeared on national television.

"We have also gathered one of the finest juggling teams," Hollow said. "The New York Lyric featuring John Grimaldi and Alice Bosveld is incredible. John conducts juggling workshops in Bryant Park in New York."

No circus is complete without a trapeze act. Acrobats, a comedy duo, will perform acrobatics and aerial feats.

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Nurtley Journal • Belleville Post  
Irvington Herald • Vailsburg Leader  
The Independent Press of Bloomfield

### CLASSIFIED RATES

20 words or less.....\$12.00 per insertion  
Additional 10 words or less \$4.00 per insertion  
Display Rates.....\$27.00 per column inch  
Contract Rates Available  
Blind Box Numbers.....\$12.00 per insertion

### BEST BUY

### CLASSIFIED COMBINATION RATES

Ad appears in all 20 papers  
20 words or less.....\$19.00 per insertion  
Additional 10 words or less \$6.00 per insertion  
Display Rates.....\$27.00 per column inch  
Contract Rates Available

### DEADLINES

Business Directory 12 Noon Friday  
Display - Space Reservation 5 p.m. Friday  
Ad copy 12 Noon Monday  
In Column 3 p.m. Tuesday

### CLASSIFIED ADVERTISING DEPARTMENT HOURS

Monday through Friday 9:00 A.M. - 5:00 P.M.  
Saturday 9 A.M. - 12 NOON (PHONE CALLS ONLY)

### CLASSIFIED POLICIES

All classified advertising is payable in advance. We accept Visa and MasterCard. You may also mail your ad with payment (check or money order) to us, or come into one of our offices to place your ad.

Offices where ads can be placed in person:

**Union County**  
Union Leader  
1291 Stuyvesant Avenue  
Union, N.J.  
(908) 686-7700

**Essex County**  
News-Record of Maplewood and South Orange  
463 Valley Street  
Maplewood, N.J.  
(201) 763-9411

**Orange Transcript**  
170 Scotland Road  
Orange, N.J.  
(201) 674-8000

The Independent Press of  
Bloomfield  
266 Liberty Street  
Bloomfield, N.J.  
(201) 743-4040

Adjustments: We make every effort to avoid mistakes in our classified advertisement. Please check your ad each time it appears, should an error occur please notify the classified department within seven days of publication. Classified department within seven days of publication. For errors or omissions in any advertisement for which it may be responsible, beyond the cost of actual space occupied by item in which error or omissions occurred, we can not be held liable for failure, for any cause, to insert an ad. Worrall Community Newspapers, Inc. reserves the right to reject, revise or reclassify any advertisement at any time.

### HELP WANTED

#### ADVERTISING SALES

Existing opening for additional sales rep to work for group of 20 weekly newspapers. Position involves dealing with a variety of business people, providing and selling advertising space. Prior ad experience or college is a plus. Car required. Become a member of our sales team and enjoy a sales commission. Benefits. Call Peter Worrall, Advertising Director, 608-687-7700.

#### ADVERTISING SALES PERSON

Worrall Community Newspapers, Inc. has an opening for a first class advertising sales person. Experience would be a plus. If you have the right stuff, we'll train you. Send resume to: Peter Worrall, Advertising Director, 608-687-7700.

### STAND OUT

Does your ad need a life more attention? You can get it with our stand out type. This type size is:

- 12 Point
- 14 Point
- 16 Point
- 24 Point

### WHEN REPLYING TO A CLASSIFIED BOX NUMBER

please address envelope to:

**BOX NUMBER** \_\_\_\_\_  
Worrall Newspapers  
P.O. Box 100  
Maplewood, NJ 07040

### NEWSPAPER INTERNSHIP

Byline area advertising manager major at Essex County College. Seeking motivated, energetic, self-motivated, and creative individuals to work in the byline area. Must have a minimum of 1 year of experience and resume in byline area. Must be available to work full time. We can accommodate you with an internship stipend. For more information, call 908-687-7700. Please call Advertising Director Peter Worrall at 908-687-7700.

### OFFICE WORK

Position available for a detail oriented individual in a friendly office to support an advertising staff. Computer and office experience a must. Excellent phone skills and general office duties. Call 908-686-7700 for appointment.

### CLERICAL/CLERK TYPIST

Immediate opening in long established Union County newspaper. Position involves general office duties, typing and other general office functions. Interested parties should call 908-686-7700 for appointment.

### COMPUTER TRAINING

Especially for beginners. Learn WordPerfect, Lotus and other leading software. Classes of 10-15. Call Tom for details. 908-686-7700.

### E-Z COMPUTER SERVICES

908-686-7700

### CONVENIENT TRANSPORT

8000 sq ft open bus for sale. Last year top load. Seated over 600, 6000 seating at \$2.27 to \$2.99 per mile. Plus bonuses to \$.25 per mile. "Subaru" welcome "Spouse" ideal program "Truck" driving school graduate welcome "Yard" insurance "Model" keyword pay "Loan" refinancing "Place" fun, desirable, exciting "Requirements" Age 21+ year vertical over-the-road "Class" A CDL with hazardous materials. 1-800-441-0294.

### CALL CLASSIFIED

### SATURDAY HOURS

9 a.m. - NOON

1-800-564-8911

### HELP WANTED

#### LARGEST WOMEN'S SPECIALTY STORE IN NJ

Career opportunities exist for individual computer operators with 2-3 years experience. For women experience. Entry level computer operators. Salary and benefits in a dynamic stable retail environment.

#### SALES PROFESSIONALS

429 North Wood Avenue, Linden  
SANTA CLARA Traditional, only boy to be. Not needed for 1st Christmas. Eve will be 3 young children. Autistic child requires special care. Woodfield necessary. Call 201-796-1401.

#### SEAMSTRESS TAILOR

per time full time. Police uniforms (hats, patches, seams, etc.) Call 908-686-4741, 908-686-4742, 908-686-4743.

#### SECRETARY

\$22,000. Well known TV production company, local New Jersey office. Benefits, office, Woodfield necessary. Call 201-796-1401.

#### DEAR DRUG

Blessed Virgin Mary, St. Jude and St. Perpetua, thank you deeply for favors granted. J.C.

### PERSONALS

ADoption on your mind? Know your rights. Call for a free copy of the "30 Years Bill of Rights" for adoptees. Call 908-686-4741.

#### ADOPt

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#### CEMETERY PLOTS

HOLLYWOOD MEMORIAL PARK  
Glenhurst Gardens, Maplewood, NJ  
1600 Stuyvesant Ave., Union, NJ  
Call 908-686-4741.

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### MEETING PLACE

To Answer A Meeting Place  
Personal Call

- 1-900-226-1085, \$2.00 per minute
2. Note the 4-digit number in the ad you want to answer or you may browse through the personal greetings.
3. Listen and follow the easy directions to record your message.
4. Touch tone phones only. You must be 18 years of age.
5. 24 hours a day, 7 days a week.

Worrall Community Newspapers  
463 Valley Street, Maplewood, N.J.  
1-800-564-8911

### ANNOUNCEMENTS

#### BRAZILIAN EDUCATION

Students seeking to improve their English. Excellent teacher. Call 908-686-7700.

#### CHILD CARE

DAY CARE provider for a child, three years or older in my Rahway home. Call 908-686-7700.

#### ENTERTAINMENT

#### CARICATURES

UNIQUE PARTY IDEA IN COLOR  
All occasions. Entertaining. Free brochures. Call 908-285-1321.

### LOST & FOUND

FOUND CAT: Beautiful Persian black. Owner or good home wanted. Found in NJ. Please call 908-285-1321.

LOST: LARGE, red, Dobberman, Varsity Union Avenue, between Park and Wood, 1 year old, very friendly. Answer to "Sage" Child's name. REWARD: Call 908-686-7700 or 908-686-7700.

## Our Advertisers tell us...

"Thank you. I sold my car on the first day the ad appeared in your paper." M. Schnieder

"Wow! 50 calls! Hired a great receptionist." N. Orutt

## WORRALL CLASSIFIEDS

Call and place your ad today!

# 1-800-564-8911

### MISCELLANEOUS

#### ANTIQUE

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### DIAL-A-BIBLE MOMENT

For Any Occasion  
From \$11.99 (Call 4438)  
Major Credit Cards Accepted by Phone  
Open 7 Days - Free Local Delivery

#### MATCHING SOFAS

and recliner chairs. Also, beds, beds, beds, beds, beds. Call 908-686-4741.

#### MOVING OUT

of State. Must sell 1993's car. Also, furniture, appliances, etc. Call 908-686-4741.

#### REFRIGERATOR

and washing machine for sale. Must go. East Orange. Call Joan from 908-686-4741.

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FOR ALL TRADES  
74 HR SERVICE

#### KITCHEN & BATHROOM REMODELING

REPLACEMENT WINDOWS & DOORS  
ALL TYPES OF SIDING  
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## L.A. DESIGNS

KITCHEN & BATHROOM REMODELING  
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PRINTING
For a Bid On All
Your Printing Needs
Publication printing
a specialty
Maple Composition
453 Valley Street
Maplewood

Spirit & Spin
Custom Printing
Specialty & Advertising Items
T-Shirts & Sweat Shirts
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INMILIT. PROFESSIONAL appliance and
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binets, refrigerators, stove, washer, dryer, dis-
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estimates.

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Standard Bunk Beds Full Trundle
L-Shape
Price starting at \$790.00
To place an order or for information
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Interested in starting a new career? Want to
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453 Valley Street
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Near of News-Record Bldg.
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RESIDENTIAL COMMERCIAL
Siding in shingles, new vinyl and 1 ply
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FREE ESTIMATES
Fully Insured
All work guaranteed.
Reference available.
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ROOFING CONTRACTOR
Certified in 1 or 2 riber roofing
Flat roofing, repairs
Roof inspections & maintenance.
All work guaranteed.
Free Estimates
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WE STOP LEAKS!
CLARK BUILDERS, INC.
Water dripping? Leak stopping.
Flat Roofing & Siding
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Serving Union & Middlesex Counties
For 25 Years
Fully Insured - Free Estimates
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FAST-PAYABLE SERVICE
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No job too big or too small
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If you can't do it, maybe we can. Doctors, Vets,
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Reliable and Courteous

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Over 15 years experience in
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Kitchens, Bathrooms, Retails, Counting,
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ESTABLISHED 1922
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Show off your
favorite little one
on our "Baby's
First Christmas"
page appearing in
the Dec. 22nd
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DEADLINE: DECEMBER 16, 4:00 P.M.
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NAME(S) \_\_\_\_\_

ACTUAL SIZE OF PICTURE
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UNION STUDIO apartment. 1 room. Wash-
ing machine, stove, refrigerator, heat. In-
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WEST ORANGE. 1 bedroom apartment, beau-
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WEST ORANGE. Newly renovated. 2 bed-
room, living room, dining room, eat-in kitchen.
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CONDOS TO RENT
BLOOMFIELD. 2 bedrooms, walk-in-closet,
dishwasher, washer, dryer, balcony.
Storage area. \$1,000 per month. Available
February 1st. 201-660-8007

FURNISHED ROOMS FOR RENT
ELIZABETH. Private room and bath. Kitchen
and laundry facilities. Parking. Utilities in-
cluded. \$475 monthly plus 1 month security.
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HOUSE TO RENT
CLARK. Three bedrooms, 1 1/2 bath, base-
ment, living room, dining room, eat-in kitchen.
Near schools. \$975 plus utilities. Call Jerry at
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LINDEN. 3-FAMILY house for rent. Separate
units for each family. Call 908-486-1256

MAPLEWOOD. Bright and airy, large living
room, bedroom, eat-in kitchen in two family
home with private garage and basement
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ORANGE. 1 BEDROOM. Euro kitchen, nice
car garage. Tenant's job. Security. Available Fe-
bruary. 201-781-8122

ROSELLE PARK. 3 bedroom duplex available.
Dan. living room, dining room, eat-in kitchen.
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public transportation. \$975 plus utilities. 1 1/2
month security. 201-782-1310

ROSELLE PARK. One working, non-smoking
person. Lease, security, references. Available
immediately. 241-2471

SPRINGFIELD. 4 ROOM apartment. \$800
month plus utilities. Move in condition. Garage
available. Appointment: 201-308-9621

UNION. LARGE 3 room apartment. 1 bedroom,
living room, kitchen and bath. Central air,
electric, heat included. Complete new
kitchen. Washington School section.
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clude parking. Call 908-687-7627

WEST ORANGE. 1 bedroom apartment, beau-
tiful neighborhood, off street parking. \$500.
Monthly. Call 908-687-7627

WEST ORANGE. Newly renovated. 2 bed-
room, living room, dining room, eat-in kitchen.
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CONDOS TO RENT
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dishwasher, washer, dryer, balcony.
Storage area. \$1,000 per month. Available
February 1st. 201-660-8007

FURNISHED ROOMS FOR RENT
ELIZABETH. Private room and bath. Kitchen
and laundry facilities. Parking. Utilities in-
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HOUSE TO RENT
CLARK. Three bedrooms, 1 1/2 bath, base-
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Near schools. \$975 plus utilities. Call Jerry at
908-486-1256

LINDEN. 3-FAMILY house for rent. Separate
units for each family. Call 908-486-1256

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room, bedroom, eat-in kitchen in two family
home with private garage and basement
storage. Heat/hot water included. Non-smoker.
1 1/2 month security. Available January 1st.
\$750 per month. January 1st. 908-276-5752

HOUSE TO RENT

MAPLEWOOD. 3 BEDROOMS, 1 1/2 bath, 2
car garage. Tenant's job. Security. Available Fe-
bruary. 201-781-8122

ROSELLE PARK. 3 bedroom duplex available.
Dan. living room, dining room, eat-in kitchen.
Full basement with hook-up. Near schools and
public transportation. \$975 plus utilities. 1 1/2
month security. 201-782-1310

ROSELLE PARK. One working, non-smoking
person. Lease, security, references. Available
immediately. 241-2471

SPRINGFIELD. 4 ROOM apartment. \$800
month plus utilities. Move in condition. Garage
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UNION. LARGE 3 room apartment. 1 bedroom,
living room, kitchen and bath. Central air,
electric, heat included. Complete new
kitchen. Washington School section.
Available January 1st. \$750 per month.
Owner, 201-564-9822

UNION. STUDIO apartment. 1 room. Wash-
ing machine, stove, refrigerator, heat. In-
clude parking. Call 908-687-7627

WEST ORANGE. 1 bedroom apartment, beau-
tiful neighborhood, off street parking. \$500.
Monthly. Call 908-687-7627

WEST ORANGE. Newly renovated. 2 bed-
room, living room, dining room, eat-in kitchen.
Call 908-687-7627

CONDOS TO RENT
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dishwasher, washer, dryer, balcony.
Storage area. \$1,000 per month. Available
February 1st. 201-660-8007

FURNISHED ROOMS FOR RENT
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and laundry facilities. Parking. Utilities in-
cluded. \$475 monthly plus 1 month security.
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HOUSE TO RENT
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ment, living room, dining room, eat-in kitchen.
Near schools. \$975 plus utilities. Call Jerry at
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units for each family. Call 908-486-1256

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room, bedroom, eat-in kitchen in two family
home with private garage and basement
storage. Heat/hot water included. Non-smoker.
1 1/2 month security. Available January 1st.
\$750 per month. January 1st. 908-276-5752

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"All real estate advertised herein is
subject to the Federal Fair Housing Act,
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preference, limitation, or discrimination
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"We will not knowingly accept any ad-
vertising for real estate which is in violation
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that all dwellings advertised are available
on an equal opportunity basis."

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MAUSOLEUM FOR sale. Historic Memorial
Park, Union. Asking \$70,000. Call days,
908-687-7627, evenings 908-760-4822

YOUR AD could appear here for as little as
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freely classified department would be happy
to help you. Call 1-800-564-8911.

WEST ORANGE. Professional office for rent.
Park and bath. Reasonable rent, on-site park-
ing. Call 201-325-8770

WANTED TO RENT
GARAGE TO rent for car storage, January,
February and March. Union/Springfield area.
Call 688-4206

WEST ORANGE. 1 bedroom apartment, beau-
tiful neighborhood, off street parking. \$500.
Monthly. Call 908-687-7627

WEST ORANGE. Newly renovated. 2 bed-
room, living room, dining room, eat-in kitchen.
Call 908-687-7627

CONDOS TO RENT
BLOOMFIELD. 2 bedrooms, walk-in-closet,
dishwasher, washer, dryer, balcony.
Storage area. \$1,000 per month. Available
February 1st. 201-660-8007

FURNISHED ROOMS FOR RENT
ELIZABETH. Private room and bath. Kitchen
and laundry facilities. Parking. Utilities in-
cluded. \$475 monthly plus 1 month security.
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HOUSE TO RENT
CLARK. Three bedrooms, 1 1/2 bath, base-
ment, living room, dining room, eat-in kitchen.
Near schools. \$975 plus utilities. Call Jerry at
908-486-1256

LINDEN. 3-FAMILY house for rent. Separate
units for each family. Call 908-486-1256

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room, bedroom, eat-in kitchen in two family
home with private garage and basement
storage. Heat/hot water included. Non-smoker.
1 1/2 month security. Available January 1st.
\$750 per month. January 1st. 908-276-5752

REAL ESTATE FOR SALE

BANK FORECLOSURE. 1000 sq ft home
lease in 150 page report. Save to 50%. High-
light bank direct. Also, Pennsylvania, New York,
Connecticut, Florida, Massachusetts, Califor-
nia, New Hampshire. 7 days. 8am-midnight
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CRESTWOOD. ADULTS 55+. 2000 sq ft, 40
year old. \$200,000. One 50 acre and 100 acre
lots. Some with view. City sewer/water. Minimum
lot size 1/2 acre. 100-251-5252. Historical Society
of America. Realtor, P.O. Box D, 480 Route
228, W. 10th, NJ 08758

SOUTH ORANGE. By owner. \$109,000. 4
bedroom, 2 bath. Colonial. 2 car detached
garage. New paint in and out. Close to schools
and shopping. Call 718-448-6413 for
appointment.

WINDING RIDGE at Warren (Somerset
County). 1 acre fully improved building lots in
new 21st subdivision. Wooded and flat lots,
some with view. City sewer/water. Minimum
lot size 1/2 acre. 100-251-5252. Historical Society
of America. Realtor, P.O. Box D, 480 Route
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freely classified department would be happy
to help you. Call 1-800-564-8911.

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Park and bath. Reasonable rent, on-site park-
ing. Call 201-325-8770

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GARAGE TO rent for car storage, January,
February and March. Union/Springfield area.
Call 688-4206

WEST ORANGE. 1 bedroom apartment, beau-
tiful neighborhood, off street parking. \$500.
Monthly. Call 908-687-7627

WEST ORANGE. Newly renovated. 2 bed-
room, living room, dining room, eat-in kitchen.
Call 908-687-7627

CONDOS TO RENT
BLOOMFIELD. 2 bedrooms, walk-in-closet,
dishwasher, washer, dryer, balcony.
Storage area. \$1,000 per month. Available
February 1st. 201-660-8007

FURNISHED ROOMS FOR RENT
ELIZABETH. Private room and bath. Kitchen
and laundry facilities. Parking. Utilities in-
cluded. \$475 monthly plus 1 month security.
201-791-2000

HOUSE TO RENT
CLARK. Three bedrooms, 1 1/2 bath, base-
ment, living room, dining room, eat-in kitchen.
Near schools. \$975 plus utilities. Call Jerry at
908-486-1256

LINDEN. 3-FAMILY house for rent. Separate
units for each family. Call 908-486-1256

MAPLEWOOD. Bright and airy, large living
room, bedroom, eat-in kitchen in two family
home with private garage and basement
storage. Heat/hot water included. Non-smoker.
1 1/2 month security. Available January 1st.
\$750 per month. January 1st. 908-276-5752

REAL ESTATE FOR SALE

BANK FORECLOSURE. 1000 sq ft home
lease in 150 page report. Save to 50%. High-
light bank direct. Also, Pennsylvania, New York,
Connecticut, Florida, Massachusetts, Califor-
nia, New Hampshire. 7 days. 8am-midnight
1-800-564-8911, ext. 1

CRESTWOOD. ADULTS 55+. 2000 sq ft, 40
year old. \$200,000. One 50 acre and 100 acre
lots. Some with view. City sewer/water. Minimum
lot size 1/2 acre. 100-251-5252. Historical Society
of America. Realtor, P.O. Box D, 480 Route
228, W. 10th, NJ 08758

SOUTH ORANGE. By owner. \$109,000. 4
bedroom, 2 bath. Colonial. 2 car detached
garage. New paint in and out. Close to schools
and shopping. Call 718-448-6413 for
appointment.

WINDING RIDGE at Warren (Somerset
County). 1 acre fully improved building lots in
new 21st subdivision. Wooded and flat lots,
some with view. City sewer/water. Minimum
lot size 1/2 acre. 100-251-5252. Historical Society
of America. Realtor, P.O. Box D, 480 Route
228, W. 10th, NJ 08758

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freely classified department would be happy
to help you. Call 1-800-564-8911.

WEST ORANGE. Professional office for rent.
Park and bath. Reasonable rent, on-site park-
ing. Call 201-325-8770

WANTED TO RENT
GARAGE TO rent for car storage, January,
February and March. Union/Springfield area.
Call 688-4206

WEST ORANGE. 1 bedroom apartment, beau-
tiful neighborhood, off street parking. \$500.
Monthly. Call 908-687-7627

WEST ORANGE. Newly renovated. 2 bed-
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Call 908-687-7627

CONDOS TO RENT
BLOOMFIELD. 2 bedrooms, walk-in-closet,
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Storage area. \$1,000 per month. Available
February 1st. 201-660-8007

FURNISHED ROOMS FOR RENT
ELIZABETH. Private room and bath. Kitchen
and laundry facilities. Parking. Utilities in-
cluded. \$475 monthly plus 1 month security.
201-791-2000

HOUSE TO RENT
CLARK. Three bedrooms, 1 1/2 bath, base-
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Near schools. \$975 plus utilities. Call Jerry at
908-486-1256

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home with private garage and basement
storage. Heat/hot water included. Non-smoker.
1 1/2 month security. Available January 1st.
\$750 per month. January 1st. 908-276-5752

Tips To Help You Write Your Classified Ad

- 1. Identify - begin with the item for sale, service you are offering, or job title of the person you're looking to hire.
2. Describe - the more information you provide to the reader the better the responses. Put yourself in the buyer's place. What would you want to know?
3. Don't Exaggerate - list the features and the condition. Make your description attractive, but believable!
4. Include Price - research shows that people are more interested when they know the price. If the price is negotiable, say so.
5. Be Home - when you run your ad, be home, or specify the hours buters can call. Most people won't call back.
These are tips to help you get started. For additional assistance, call us today. One of our sales representatives will be happy to help you write your ad.

WORRALL CLASSIFIEDS
1-800-564-8911

9:00 a.m. - 5 p.m.
Monday through Friday
(office hours)
9:00 a.m. - 1:00 p.m.
Saturday (phone hours)

Hit New Jersey! njpc
The map at left shows the county distribution of dailies and weeklies in the NJPA SCAN program.
Then we send it to 88 participating dailies and weeklies from Sussex to Cape May and Salem to Bergen. Bingo! You just discovered a whole new market.
Call now! You won't regret it. 1-800-564-8911

UNION COUNTY CLASSIFIED SOLD RIGHT AWAY

Dining room, pine, Table, 6 chairs, hutch, server. Excellent condition.
\$10.00 for first 20 words
\$3.00 each additional 10 words
Enclose Check or money order

Table with columns for NAME, TELEPHONE, ADDRESS, CITY, ZIP. Includes Worrall Community Newspapers Classified list.

NEW JERSEY MORTGAGE RATES

Table with columns: Lender, City, Phone, APP FEE, 30 YR FIXED RATE PTS APR, 15 YR FIXED RATE PTS APR, OTHER RATE PTS APR.

Just moved in?

I can help you out?
Don't worry and wonder about
leaving your car behind. Or
what to see and do. Or who to call.
As your WELCOME WAGON
I'll take care of you. I can simplify the business
of getting settled. Help you begin to
enjoy your new town... good shopping,
local attractions, community
opportunities.
Let my basket be full of useful
tips to please your family.
Welcome Wagon
Residents of Union & Springfield
only
UNION 964-3881
SPRINGFIELD 487-0132

The Prudential Boyle REALTORS

Advertisement for Prudential Boyle Realtors featuring a house image and contact information for Union and Springfield offices.

CALL COLDWELL BANKER SCHLOTT REALTORS

Table with columns: EDISON, SPRINGFIELD, ELIZABETH, HILLSIDE, ROSELLE, TOWNSHIP, ROSELLE. Includes property descriptions and contact info.

# Automotive

**AUTOMOTIVE**

**AUTO DEALERS**  
**SMYTHE VOLVO EXCLUSIVE VOLVO DEALER**  
 332 North Avenue Street  
 (908) 273-4200  
 AUTHORIZED FACTORY SERVICE  
 LONG TERM LEASING

**AUTO FOR SALE**

1985 CHEVY ASTRO cargo van, V6, air, AM/FM cassette, front wipers, asking \$2,100. Call 908-496-2011 after 5pm.

1984 CHEVY CAPRI hatchback, Great looking. Picked to sell, only \$2,100. Call Mike 908-851-9272.

1985 CHEVY CAVALIER wagon, Gray, automatic, power steering, black, 81 wheel, air conditioning, AM/FM cassette, \$1,476. Great insurance/lease opportunity. 201-438-6600.

1983 CHEVY CORVETTE, red, white, 327, 4-speed, racing numbers, recent topsey winner plus Florida title \$14,900. Serious inquiries 6:10pm, 201-429-3419.

1990 CHEVY EL CAMINO, V6, 306, automatic, loaded, AM/FM cassette, new paint job, low miles, clean. \$4,150 offer. 5-10pm, 201-429-3419.

1986 CHEVY S10 pickup, original owner, 60K miles, V6, just tuned. New tires, service all done, 3rd drive, good condition. \$3,200. 908-396-8186.

1985 CHEVY EL CAMINO, Automatic, 70,000 miles, air conditioned, blue, sport wheels, power windows, 4-speed, Collector's item, 908-391-5286.

1982 CADILLAC EL DORADO, red, white, leather, roof rack, leather interior, loaded, 70,000 miles. Runs excellent. \$6,900 or best offer. 908-898-7142.

1984 CADILLAC Sedan, blue, leather interior, exterior, air conditioning over 100,000 miles, \$2,200. Call 908-864-9272.

1984 CADILLAC COUPE, 2 door, blue, blue interior, 1 owner, low mileage, 40,000 miles, best offer. Call 201-429-3419 or 908-391-5286.

1986 CHEVROLET SPECTRUM, 4 door, 4-speed, good running condition, good body, good gas mileage, 103,000 miles. As is. \$700. Call 908-889-8292.

1988 CHEVROLET CAMARO, black, black, power everything, custom rims, disc, stereo with tape, 100K, 100K, excellent. \$5,400 best offer. 908-882-8720.

1988 CHEVROLET CAMARO, V6, automatic, air conditioned, power steering, power brakes, sport wheels, sunroof. Must see. Excellent transportation. Reasonable offer. 908-416-5567.

1988 LINCOLN STRETCH, white, Fully equipped, low mileage. Must see! 201-438-6600.

1978 LINCOLN TOWN car, 4 door, light blue, "Crane-puff". Must see. 201-995-2645, weekdays.

1983 MAZDA RX7, Odd, 5 speed, good condition, new engine and rims. Come and see. Best make offer! Call 908-864-9205.

1988 MERCEDES 190E 2.3, 4 door, white, automatic, power steering, windows, locks, air, sun, moon, clean. Call 908-864-9205.

1989 MERCURY GRAND MARQUIS WAGON, Full loaded, 68,000 miles. Excellent condition. \$4,499. Call 908-907-0421.

1988 MERCURY TOPAZ GS, all wheel drive, Excellent condition, Automatic, all power, 4 door, air conditioning, cruise control. \$4,250. Call 201-564-7913.

1988 OLDSMOBILE CUTLASS Brougham, Power steering, brakes, windows. AM/FM cassette, sunroof. Like new, must see! Asking \$4,900. 908-581-8185.

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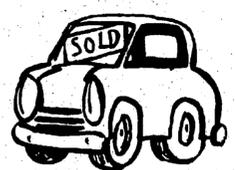
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**Plant workers pitch in to make Neon better**

Plant-level operators — those who comprise the work force that assemble the cut-forward 1995 Dodge and Plymouth Neon sedan — outnumber their engineering counterparts by more than 4:1.

Yet, as the new car moved toward production at Chrysler's Belvidere, Ill. assembly plant, they didn't wait for the line to start up to play their part.

"It used to be that engineers handed off the project to the assembly plant 28 weeks before production began," said Keith Nelson, Belvidere launch coordinator. "Belvidere's workers, however, stepped in to begin working on the Neon 186 weeks before job one."

With an invitation to actively participate in the early development process, the Belvidere work force pitched right in with an enthusiasm and tenacity rarely seen before in the U.S. auto industry.

"This is the first time in my 30 years in this business that hourly people and management all sat down at the same table and brainstormed the car from birth to when we put it out to pasture," said Lynn Baker, an assembly technician.

At various stages of Neon development, as literally thousands of engineers traveled on mass to ready the car for production at Belvidere, the Belvidere manufacturing cadres for some 1,500 employees, or half the plant's work force — went on periodic training trips to the Chrysler Technology Center in Auburn Hills, Mich.

Of course, their participation didn't stop there, but continued at Belvidere itself. It included workers from the paint shop, body shop, trim, chassis, production control, skilled trades and the satellite stamping and fascia plants.

Along the way, many shared some unique experiences. For example, they drove the competition's cars — Honda Civic, Saturn, Ford Escort and Toyota Corolla — for comparison to the Neon. A group of plant workers even accompanied engineers doing customer research at a ride-and-drive program in San Diego. They learned first-hand what customers really wanted the Neon to be. And they understood.

Work force involvement, which began in early 1992, was mutually advantageous, agreed both sides. While the plant personnel got heavy doses of training from the 80 process engineers on site, their inputs often convinced engineers there just might be a better way to get a job done.

Many of the 4,000 employee suggestions not only were incorporated into the product itself, but in more efficient, ergonomic methods of putting the car together. They knew from experience. And the engineers responded.

Two workers, Ron Swain and Gary Simco, suggested changes to the Neon's door-latching equipment, so the glass would fit perfectly. Simco's design includes no upper door frame to guide the glass, even the slightest gap would cause wind noise or water leaks.

"Employees influenced the design of the setting fixture right from the beginning," said Frank Ewaszyn, general manager, large and small car assembly operations. "They changed the handles, changed the sequence, changed almost everything in the early stages."

Once a tool is set and handed to the operator, Ewaszyn contended, the

operator isn't likely to offer any input, other than if it doesn't work. That's taken off," Ewaszyn said.

"Because of our unique relationship with the local union, we were allowed to operate two weeks with one shift, then two weeks with the other. In this way, we could test the people from the second shift to CTC for training," he said.

Belvidere, which, until recently, produced the now-phased out Dodge Dynasty and the former Chrysler New Yorker and Imperial models, was chosen to assemble the Neon partly because much of its work force had previous experience in building the Dodge Omni and Plymouth Horizon small cars in the late 1970s.

"It's a mature work force," Ewaszyn said. "Many of the operators have been there 20 years or more. But they were receptive to the new ways of the Neon program."

One of the key elements of the program's success, Ewaszyn believes, not only was the direct employee involvement in the development process, but employees could see their ideas and suggestions weren't falling on deaf ears.

"Any time you do something different like this, there is a certain amount of skepticism," he said. "Employees weren't always sure where we were coming from. But once they got into the process and began to influence and change the car, they realized we were really serious."

The prime beneficiary — the product and future owners.

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**LAST MINUTE HOLIDAY GIFT GUIDE**  
 DECEMBER 16, 1993

Appearing in the:  
 Union Leader, Springfield leader, Mountainside Echo, Kentworth Leader, Roselle Park Leader, Hillside Leader, Linden Leader, Roselle Spectator, Railway Progress, Clark Eagle

## Gift-giving survey reveals 'holiday surprises'

From pink flamingo yard statues to diamond rings, computers to petted pigs, personal shoppers around the country view holiday shopping assignments as...the year's greatest challenge. The folks at Harvey's, makers of Harvey's Bristol Cream, the

quintessential holiday gift item, decided to find out what professional shoppers face when it comes to finding "the perfect gift."

In a survey of more than 500 personal shoppers, Harvey's asked for their best shopping stories, from the most

outrageous presents to buy, to the most romantic, to the most unusual. And while they were at it, Harvey's also asked who used personal shoppers. The answers were surprising.

For most people, the image of professional shoppers is that of a "lax" service used most often by harried businesswomen. But according to Harvey's survey, the bulk of their customers today are women! The cost of a gift is apparently not a factor in hiring a personal shopper. They're hired to buy gifts ranging in price from \$25 to \$25,000.

Here are a few other unexpected facts revealed by the survey:

- Almost all personal shoppers report an equal mix of individuals who carefully plan their gift-giving in advance and those who are breathless last-minute crisis shoppers.
- More personal shoppers listed mothers-in-law who are not well-liked as the ultimate shopping nightmare. Apparently, it's difficult to find appropriate presents for them at any time of the year.
- Personal shoppers most enjoy

shopping for children, ages 2 to 6 at Christmas. They list reasons ranging from a wide selection of toys to the genuine delight kids show when presented with something they love.

• Men are generally viewed as "easy" or "please" than women by most personal shoppers. Many shoppers say women, more than male customers, get more involved in choosing the present and tend to be more "choosy."

• Among the most unusual gifts requested for Christmas: A petted pig, pink flamingo statues and a swimming pool.

Christmas gifts ever chosen: Diamond earrings pinned to the ears of a giant stuffed teddy bear, two tickets for a hot-air balloon ride and violinists playing romantic music at a specially catered dinner for two.

So remember, the next time you go shopping for a hard-to-please friend, family member or business associate, there's probably a personal shopper in your area who can help you select just the right gift. Or do what gift-givers have been doing for decades — pick up a bottle of Harvey's Bristol Cream, the always-appropriate, always-appreciated holiday gift.



Even the pros say Christmas is one of the toughest gift-giving occasions of the year, reveals the Harvey's Holiday Survey of Professional Shoppers.

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## Velvet: An old fashioned fabric is made new again

If you thought velvet was only for elegant eveningwear, now is the time to take another look at this versatile and luxurious fabric. Velvet has been reinvented for the holiday season in an array of styles ranging from comfortable, casual wear and career pieces to romantic dressing. Following are some timely tips on today's fashions in velvet and how these pieces can be incorporated into your wardrobe for an updated look:

• Adding velvet pieces to a wardrobe need not be an overwhelming experience. Instead of attempting a head-to-toe look, opt for purchasing one unique piece that can work with items already in your closet. A velvet vest in rich burgundy or hunter green adds a decidedly feminine touch to a tweed suit. A ruffled blouse worn under the vest can easily capture the Edwardian style of dressing that is taking the fashion world by storm.

• Spurred on by the release of movies like *The Age of Innocence*, which features sumptuous, turn-of-the-century costumes in exquisite fabrics, romantic clothing has made a strong comeback. "Velvet is the ideal material for the romantic look because it drapes beautifully and looks luxurious and fashionable, yet it can be purchased at a reasonable price," says Harvey Rosenzweig, president of Russ. Russ owns take on the velvet phenomenon as embodied by the black vest and fluid, pull-up pants that work together as an outfit or can be mixed and matched with other pieces to expand holiday wardrobe options.

• Don't be afraid to mix textures and styles when wearing velvet. A jewel-tone velvet shirt polished up a pair of jeans or adds sparkle to tailored grey flared trousers. Experiment with different locks and have fun. Rugged boots or lug sole shoes provide a clever counterpoint to a long velvet skirt or dress.

• Finally, forget about the heavy, stiff velvets of the old days. Thanks to modern technology and the addition of spandex, many of today's velvets are lightweight, often stretchy, and a pleasure to wear. Not only do they provide all-day comfort, but some are also machine-washable, which can eliminate costly trips to the dry cleaners.



The black velvet vest and pull-on pants from Russ embody the new direction in velvet dressing.

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## Kids to grandparents: Everyone can use the computer

Imagine having a desk at home for everyone in the family. A desk for mom, a desk for dad, one each for the kids — and even the grandparents. If



they're visiting. Well, a new software program from Edmark will let your family have just that. The makers of award-winning

KidDesk have developed a new messaging program for Windows called *KidDesk Family Edition*. This new program is a learning and communications tool that lets everyone in the family have an individualized desktop, filled with programs and accessories specifically chosen for them. Its wonderful interactive accessories bring families hours of fun and learning. The electronic mailbox and voice mail are great for sending messages to other family members. The printable calendar, note pad and address card file help keep everybody organized. And the calculator provides quick math help. Document each desk in one of 12 colorful themes — including sports, dinosaur and winter — there's a desk for everyone!

*KidDesk Family Edition* offers all this while protecting your files from kids' explorations. Three security options are available. The program can be set up to boot automatically, whenever the computer is turned on; the no-exit option can be set to prevent kids from exiting their desktops into Windows or DOS; and each desktop can also be protected by a password, giving family members the option for additional privacy. *KidDesk Family Edition* can open up your home computer to those without computer experience, even those as young as 3 years old. It

interface is completely graphical, and both DOS and Windows-based programs can be run with a single click. The award-winning *Millie's Math House* is a fun, interactive playground of shapes and numbers that gives children the building blocks they need to develop a solid foundation in math. Another favorite, *Rowley's Book House*, is a wonderful introduction to the world of reading. Kids learn letters, words, stories and even create their own rhymes. All of these programs are great for non-readers; the instructions are spoken (not written), and navigation from activity to activity is very intuitive.

To receive a free copy of Edmark's *Parent's Guide to Educational Software for Young Children*, call 206-556-8484.

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## Scent and sentiment for the holiday season

The holidays have their own scents — from the special, seasonal dishes to the garlands and snow globes. In fact, during this time of year, scent is one of the easiest ways to evoke memories and create an atmosphere of pure pleasure. Psychologists remind us that memories evoke feelings, and recapturing happy ones for the holidays adds a sentimental warmth to everything we do. Perhaps it is time to pull out family photographs or to create centerpieces with delicate ornaments you've collected over the years. Simmer apples and cinnamon on the stove and wait for holiday memories throughout the home to welcome guests with an inviting aroma.

The trick is to get creative, go for the unexpected and be especially thought-

ful. For a sentimental gift, include a scabbell as a reminder of your vacation at the beach last summer, or in the home, begin right at the front door — great holiday guests by placing a beautiful vase overflowing with green and a big, luscious bow in the foyer. Consider the following checklist for creating festive pleasures during the holidays:

- Create new memories. Sort through photographs you've taken of friends during the year and memories of good times spent together, and frame the best as a surprise gift.
- Scatter fabric ribbons on the tops or bases of lamps. The heat from the lamp will project the fragrance into the room. Use a favorite fragrance which you spray on the underside of ribbons.

Scented candles set an instant mood. A good choice is Oscar de la Renta's Volupte fragrance, an exotic mix of sandalwood, freesia, jasmine and mimosa that was created "to please all the senses," according to the designer. Volupte, as a holiday candle, is especially evocative for evening entertaining and will burn for 20 hours or more. It makes a great housewarming gift.

- Reestablish a family holiday tradition. Enlist a grandparent or relative to read a Christmas carol after Sunday dinner.
- Make your own ornaments from last year's Christmas cards. Cut out striking images from cards you've received, spray them with fragrance and hang them from the tree, a stair railing, mantelpiece or doorway. Get all the kids involved with you on this project.
- Pass along a favorite recipe of yours that a friend tasted and loved. Tie inside two lovely cloth dinner napkins.

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Dazzle her with both scent and sentiment this holiday season with a gift from Oscar de la Renta's Volupte fragrance collection, such as "Exotic Jewels," which features Volupte Eau de Toilette and a jewelry box keepsake, as well as the "Shimmering Jewel" fragranced candle.

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## Consumer electronics offer gift solutions

This should be your easiest holiday shopping season on record. Because there has never been such a vast array of wonderful consumer electronics products available, you shouldn't have trouble finding the appropriate gift for anyone on your list, no matter how much of everything they may have.

"There is an amazing range of consumer electronics products that fit every taste, range and lifestyle, for serious or for leisure use, no matter what your hobby or profession, no matter how technologically astute you are, no matter if you're in the office, at home or on the go," observes Gary J. Shapiro, vice president of the Electronic Industries Association's Consumer Electronics Group (EIA/CEG). "And there is a wider assortment of products that offer both flexibility and affordability than ever before. This assortment should make this year's gift shopping a pleasure."

For this holiday season, it's a case of everything old being new again, especially for the old standby: TV, radio and telephones. All new TV sets with 13-inch screens or larger now incorporate CaptionVision (CV), closed captioning that allows you to read along with your favorite program. CaptionVision is not only a boon to the hearing impaired, but for kids learning how to read, for viewing in a noisy situation or when you need to listen in silence. Consider TV that incorporates a range of features, such as sleep timers and theater-like sound systems that put the people on your gift list in the center of the action. Today's TV's also have better picture quality than ever before.

For the station-surfer on your gift list, new Radio Broadcast Data System (RBDS) equipped radios for both the home and the car have resident panels that display text information, such as the station you've tuned in, the format of the station — even the name of the song or program you're listening to. RBDS stations can also transmit important text-only information, such as traffic reports and emergency announcements.

RBDS will lead to an expanded radio service that will revolutionize the way we listen to the radio," Shapiro says.

Or for the person on your gift list who's always on the phone, consider the revolutionary, cordless 900 megahertz, "spread spectrum" phone. This amazing technology provides digital signal clarity, distance and frequency unmatched in the history of Bell's invention, making it much easier to spread and receive holiday cheer.

Also, handheld devices have always made fascinating and fun stocking stuffers, and manufacturers have been able to cram a lot more functionality into much smaller packages. Universal remotes allow you or the person on your gift list to replace a collection of remote controls with a single device. New personal digital assistants (PDAs) and organizers allow you to fit an entire office into your pocket, making it easier to track your holiday schedule and maintain your holiday gift list. New, tiny camcorders put a miniature television studio into the palm of your hand; color viewfinders and image stabilization eliminate shaky videos, and make it easier to preserve those precious holiday moments. Take a digital recording studio with you with the new portable MiniDisc (MD) and Digital Compact Cassette (DCC) units. Handheld data devices can serve simple functions such as spell checking or translating foreign languages; they can also act as portable language libraries. And for

phones or speakers, blank audio or videotape, floppy disks, cleaning and maintenance products (such as CD or computer cleaners), or a video head cleaner.

"I'm constantly amazed that people find it hard to come up with the right gift," Shapiro adds. "All you have to do is wander around your local consumer electronics dealer for 10 minutes, and a half a dozen possibilities will present themselves for even the toughest person on your holiday list."

able to conduct business. Holiday gift ideas for the traveling executives on your list include portable fax machines, cellular phones, and handy, compact notebook computers. Built-in modems allow you to exchange documents and information with co-workers, the office, and the world, no matter where you happen to be. And for the executive who needs to keep in touch, inexpensive digital telephone answering devices make voice mail gifts as well.

Your gift solution may be easier and less expensive than you think if you stick to the wide world of accessories, such as CD or tape storage cases for home or travel use, rechargeable batteries, wireless head-

phones or speakers, blank audio or videotape, floppy disks, cleaning and maintenance products (such as CD or computer cleaners), or a video head cleaner.

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## New televisions sparkle with innovation

Most people think of television as that box that dominates their living room. But there's no reason why a TV has to be limited to just one room. That's why a new TV could be the most welcomed gift for even the most demanding person on your holiday shopping list.

Whether it's a gift for the entire family, a close relative or a special friend, there is a color TV to meet every need," says Joseph P. Clayton, executive vice president of marketing and sales, Thomson Consumer Electronics. "Big-screen monitor-receivers are the closest thing to recreating the movie experience in the home, a mid-size screen is ideal for bedroom or recreation room use, and many small screens are AOC™ models that deliver instant entertainment center at home or on the go. Color TVs come in all sizes with a price to fit any budget and a design to match any room decor."

The TV, of course, is a sophisticated piece of electronics that serves a multitude of informational, educational and, of course, entertainment uses. The latest models offer a greater variety of sophisticated audio and video features than ever before. "Televisions are probably more technically complex than a computer is," says Tom Edwards, assistant general manager of Panasonic's television division. "What device do you have today that can access 125 cable channels, play back tens of thousands of movies on video, have built-in stereo systems and closed captioning on either main or second audio programming? Your better TV's have improved audio and surround sound packages, some even as sophisticated as complete Dolby Surround sound systems."

Sound and picture are not the only enhanced features on today's sophisticated TVs. All new sets 13 inches and larger are equipped with CaptionVision (CV), closed captioning that displays the dialog from programs in text form at the bottom of the screen. This feature not only makes a new TV a considerate and thoughtful gift for the hearing impaired, but can be an important learning device for children or adults learning to read.

"It seems that every holiday season, the major color TV manufacturers offer the consumer even greater value than in years past, and 1993 will be no exception," says Mark Stephenson, vice president of marketing, Magnavox. "This year, key consumer-

oriented features such as simplified remote controls, multiple picture-in-picture, on-screen set-up menus and stereo sound will be available on more lower-priced models than ever before."

There is a TV for everyone on your gift list. TVs come in all sizes, such as tiny personal black-and-white and color sets for those on the go, and small-screen sets for the kitchen or bedroom. But if your family loves movies, bigger is definitely better. Manufacturers have created a new and dazzling array of larger screen TVs at reasonable prices. These include 16:9 widescreen TVs that are one-third wider than standard TVs and that eliminate the black bars above and below the picture of the growing number of

widescreen presentations on home video, such as "Lawrence of Arabia" and "Ben Hur."

"The perfect gift for the whole family is a giant-screen home theater TV, from 33-inch and 35-inch direct view sets to 46-inch to 60-inch rear-projection sets," says Steve Search, director of marketing, Sharp Audio/Video Division. "So what better gift to give during the holidays than a television set?"

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## Bathing may be best cure for yuletide stress

Some 200 million Americans will spend nearly \$80 billion dollars on gifts, will whip up some 20 million pounds of fruitcake and will hang more than 3.6 million miles of tinsel icicles this holiday season. They will prepare hams (80 million), bake cookies (1.7 billion), write Christmas cards (2.3 billion) and wrap nearly 3 billion presents!

With holiday huffahalloo in full force, 'tis the season to be downright exhausted.

This year, the bath-care experts at Yardley remind holiday-weary Americans that they can and should take time out for themselves. A lawsuit, stress-relieving and inexpensive "vacation" — in the tub — could be just the answer.

"Tub bathing is becoming recognized as one of the easiest and most effective ways to give your mind and body a break," says George Ziets, vice president of Yardley Bath Research.

"With this in mind, we have created the

Yardley Bath Shoppe, a collection of toiletries designed specifically to enhance the therapeutic benefits of bathing."

According to a Gallup Survey, the number of women making time for a relaxing bath nearly doubled from 1991 to 1992. Tub bathing, Ziets says, increases circulation, relaxes overworked muscles and is a visual panacea for the harried mind.

The Yardley Bath Research team recommends these tips for a relaxing bath:

- When filling the tub, leave 8-10 inches of space at the top for water displacement.
- Draw a warm bath. The ideal temperature is 95° to 100° degrees. Higher temperatures can dry out skin and, if you're pregnant, could cause unnecessary shifts in circulation and blood pressure.

- Spend 10-15 minutes in the tub. Baths extended past 20 minutes can dehydrate the skin.
- People with extremely dry skin should limit tub baths to 2-3 times a week. All bathers should rehydrate skin after bathing with body oils or body lotions.
- It is better to bathe in "soft" water. Minerals in hard water interact with the

fat in soap to produce an insoluble precipitate ("soap scum") that can leave a residue on skin. If you have hard water, consider installing a water-softening mechanism or adding softening preparations, such as Yardley Bath Shoppe Bath Salts, directly to the water.

- Prime bathing time is late afternoon or early evening, when you can wash away the stress of a busy day and rejuvenate for an evening of festivities.
- Consider adding herbal extracts to the bathing ritual, thereby enhancing the therapeutic properties of tub bathing. Choose bath products like Yardley Bath Shoppe Shower & Bath Gel with camomile for calming effects and Body Splash with ginseng for a feeling of well-being.
- Get the most from your time in the tub by using a pumice stone to smooth rough heels and sides of feet. Use a loofah to slough away dry skin on arms and legs, allowing new skin to surface.

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Holiday relief is a soak in the tub away. Enhance this calming, therapeutic ritual with glowing candles, soft music, and fragrant salts, gels, soaps and body lotions.

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## This season, give yourself the gift of health

Ask anybody (at least anybody too old to sit on Santa's lap) for their "Top 17" holiday thoughts and — following the usual "peace on earth," "family" and "shopping" — you'll probably hear both "food" and "stress." And for some, of course, the two are very much related, with overeating in December directly related to the amount of stress brought on by the season.

But during the holidays "hope springs eternal," and so it can be with managing both calorie intake and stress with a little conscious effort.

First, the food. Simple availability is the primary culprit when it comes to food and year-end celebrations. Between family gatherings, office parties, the seemingly endless stream of get-togethers with friends, as well as the heavy focus on special holiday "meals," there's a lot of opportunity to indulge. The holidays probably aren't the best time to start a nutritionally balanced diet, but there are some things you can do.

• Practice portion control — Snow isn't the only thing that gets shoveled in December. Try sampling using smaller portions of the foods you enjoy.

• Examine the whole table — It's always best to be sensible in consuming foods that are high in fat and cholesterol. Grilled, broiled or baked always beat deep-fried or batter-dipped when it comes to good nutrition. But it's best to successfully engage the diet battle when butter-basted turkey, stuffing, gravy and ham comprise the meal's centerpiece.

The key? Look around! And after sampling the "good stuff," fill up on the lower-calorie side-dishes such as salad, beans, rice, breads and ungarmented vegetables.

• Remember, "food" includes the liquid — Soft drinks, eggog and "the bubbly" are lesser nutritional options when compared with sparkling water or tea.

• Cheat! — Nutritionists who understand human nature acknowledge that an occasional snack-of-choice actually can help manage cravings. Still, it's best to switch to pretzels, an apple or orange after enjoying one piece of pie or two cookies.

Also holding the case for "cheating" is that nutritional requirements don't go down as the holiday decorations go up. Avoiding dairy products, for instance, in order to slim into a holiday party gown means you're avoiding an essential mineral, calcium. Using a calcium carbonate supplement like Os-Cal can help ensure nutritional balance as you carefully scrutinize your diet, and much the same can be said for other vitamin and mineral supplements.

Now... your appetite's satisfied, you've been nutritionally smart, your conscience is clear... and your nerves are shot. Any and everything — from your cousin's kids, to the whirlwind party pace, to the realization that you've spent more than you can afford — holds the potential to make stress as much a part of your holiday as "good will toward men."

A couple of straightforward tips, along with a little commitment, can help your emotional balance during the stress-filled holiday season:

• Exercise — It can reduce stress as well as burn calories. Always consult a physi-

cian before starting an exercise program. Most people get both mental and physical benefit from activities that are as simple as a leisurely mile walk, 20 minutes of aerobic exercise a few times a week, or walking the stairs instead of taking the elevator. These weight-bearing activities can increase your energy level and strengthen your cardiovascular and muscular systems.

Patience is important. One can't expect to slim down, feel fit and be

calmer overnight, but the physical and emotional benefits of exercise can be more immediate than many think.

• Practice some specific stress-reduction techniques — There are many, and the consumer literature is filled with ways to take a "mental break," methods that can be employed just about anywhere without taking lots of time.

• Deep-breathing exercises (counting to 10, inhaling deeply with each number and exhaling in between)

and practicing imagery (visualizing yourself in a favorite spot, more pleasant than the one you're in) are popular methods to neutralize stress. Even taking a few minutes with the family pet sometimes can be helpful.

• Strive to maintain some sort of routine — A real challenge, for sure, during the holidays, but sleeping and eating on roughly the same schedule you use the other 11 months of the year can

help keep you "in balance." Eating sensibly and conscientiously, working to reduce stress before you get started, and restoring your body and mind... maybe even to the point you can actually enjoy the holidays. Better health is a good holiday gift you can give to yourself, and perhaps provides a head-start on the New Year's resolutions you were going to make anyway.

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