

Why not lie?
Mayor Forman again proves she'll say anything for votes, Page 6.

No big deal
Our movie critic viewed 'Showgirls' and asks what's the fuss? Page B4.



In the hunt
Six vying for three available posts on the Board of Freeholders, Page B1.

Springfield Leader

"Your Best Source For Community Information"

A WORRALL COMMUNITY NEWSPAPER SPRINGFIELD, N.J., VOL.66 NO.52—THURSDAY, OCTOBER 5, 1995 TWO SECTIONS — 50 CENTS

Community Update

Voter registration
The deadline for registering to vote in the November general election is Tuesday. To register, see Township Administrator Helen Kayworth at the Municipal Building. To register by mail, call 913-2200 and request a mail registration application.
To vote in a specific election, a voter must be registered at least 29 days in advance. Those who have not voted in four consecutive years or have changed their name or residence must re-register.

Books wanted
The Friends of the Springfield Public Library are accepting donations of hardcover and paperback books for the annual book sale to benefit the library. The sale is scheduled for Oct. 13 and Oct. 14, during regular library hours, at the Donald Palmer Museum.
Donations may be dropped off at the library on Mondays, Wednesdays and Thursdays from 10 a.m. to 9 p.m., and Tuesdays, Fridays and Saturdays from 10 a.m. to 5 p.m.
Donated books should not be left in the book deposit drop.

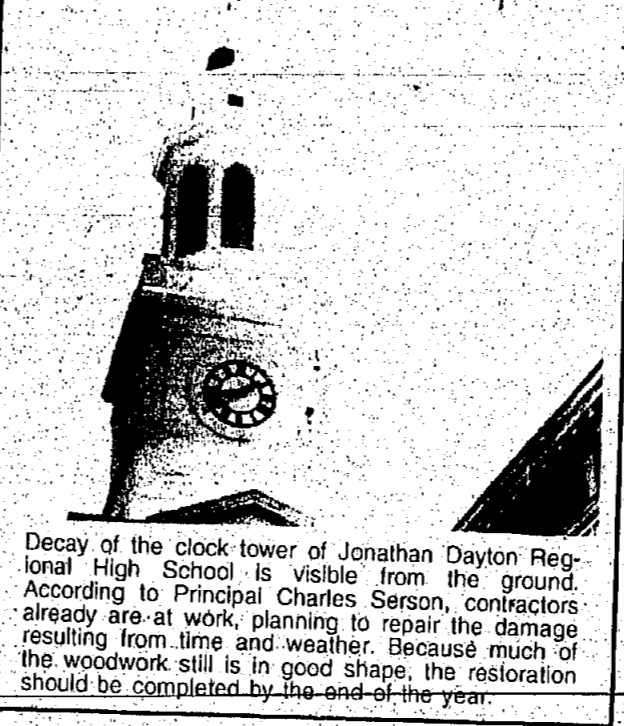
Compost class
The Union County Utilities Authority will hold a course in backyard composting on Oct. 12 in the Municipal Building. The seminar will include a video presentation, a hands-on demonstration and a question/answer session.
Registration costs \$10. Call (908) 382-9400.

College Night
Area high school students will have a chance to investigate opportunities in higher education when the Union County Regional High School District conducts its annual College Night on Oct. 19, from 7:30 p.m. to 9:30 p.m. at Jonathan Dayton Regional High School.
Representatives from more than 150 four-year colleges and universities, two-year colleges and other post-secondary schools will provide information and answer questions.
All Union County Regional High School students and their parents are encouraged to attend. For more information on College Night, call 376-3000, Ext. 272 or 280.

Lane closed
On Tuesday at 9 a.m., an eastbound lane of Route 22 will be closed to traffic when Bluebonnet Water Co. will install 20 feet of pipe east of New Providence Road.
The one-day project will provide a dedicated fire line for the sprinkler system in the new Mountside Borough Hall, which is under construction.

Blood pressure check
On Wednesday from 1-3 p.m., blood pressure screenings will be available to township residents at Sarah Bailey Civic Center on Church Hill.
The service is free of charge and will be administered by nurses from the Summit Board of Health. For more information, call 913-2227.

Effects of time



Decay of the clock tower of Jonathan Dayton Regional High School is visible from the ground. According to Principal Charles Seron, contractors already are at work, planning to repair the damage resulting from time and weather. Because much of the woodwork still is in good shape, the restoration should be completed by the end of the year.

Township signs contract with recycling company

At its Wednesday meeting, the Township Committee committed to a recycling services contract for the period of October 1995 to Dec. 31, 1998.
After all advertised and accepted bids were received and opened, the contract was given to the lowest responsible bidder, Advanced Recycling Technology Systems Inc.
The Township Committee resolved that it was in Springfield's best interest to contract for recycling services for currently designated and added materials.
Under the contract with ARTS, all single-family and multi-family housing units, as well as the public schools, will receive this service.
The Township Committee also discussed accepting bids for a new punter for the Fire Department, though no action has been taken yet.

School board names business administrator

The Board of Education announced the appointment of Ellen Ball of Holmdel as the new business administrator and board secretary for the Public Schools District.
Ball previously had worked as the chief financial officer of the Long Branch Public Schools, and prior to that as assistant business administrator in the West Windsor School District in Hightstown.
Ball earned her bachelor of arts and master's degrees from Rutgers University in New Brunswick.
Board of Education President Ruth Brien also said she was "pleased with the selection of an experienced business administrator" and that Ellen Ball "brings a wealth of knowledge with her diverse urban and suburban experience."
Brien also said the new business administrator will assume the chief duties of administering the school district's business operations, which include transportation, cafeteria services, maintenance and custodial services, and all related financial, accounting and payroll services.
Superintendent of Schools Gary Friedland had been serving as the district's interim business administrator, filling both roles of the chief executive officer and chief financial officer of the school district.
"I am eager to relinquish the duties of business administrator in order to devote my full energies to assisting the Board of Education in the governing and administration of the school district," Friedland said. "Personally, I look forward to working with Ellen Ball on projects that redirect resources that improve the delivery of services."
Major goals for the business office include restructuring the maintenance and custodial functions in the district, implementing a plan to promote the use of technology, and developing the 1996-97 schools budget.

Ellen Ball Has CFO experience

Schools' technology upgrades continue

All classrooms will be connected to Internet and video services.
By Kathryn Fitzgerald
Managing Editor
The Board of Education announced the latest developments in its five-year technology plan.
The school board intends to have classrooms wired to communication systems that not only will provide cable television, telephone services, and video capabilities, but also will connect them to the Internet.
The second phase of this project—the installation of the cable and wiring that will connect the classrooms—is scheduled to begin Oct. 13, according to Superintendent of Schools Gary Friedland.
The third phase will include the installation of file servers and routers designed by BNS, the company contracted to perform the upgrading of systems and the introduction of pages.
Friedland estimated that by next year, all classes will be "online with access for information not only in the classroom and the library, but also classrooms outside and the Internet, which is appropriately controlled."
Board members expressed concern that installation of the wiring would disrupt classes during the day, but Friedland assured them that the majority of the work would be performed in the evenings.
In the event that this work must be done during the school day, suitable arrangements, including temporary classrooms, would be taken to minimize any interruptions that might disturb daily classroom procedures, he said.
During the meeting, the board also discussed curriculum grants given to Springfield teachers, class sizes and enrollment, and the long-range plans for the district.
Curriculum grants were given to Pamela Gray of Caldwell Middle School and Marilyn Schneider of Caldwell School for their projects "On Trial" and "Northwest Coast: Native American Masks," respectively.
These two projects are cataloged with other curriculum projects for school districts throughout the state.
Previous problems concerning increased enrollment and ballooning class sizes have been stabilized; only one elementary level class has 23 students, while the others have 22 or fewer.
In the middle school, where the seventh and eighth grades have been experiencing overcrowding, extra sections of classes are being created to alleviate the problem without hiring extra teachers.
The only middle school subject that will not receive an extra section is French, where balancing still be used to control the high enrollment.
As outlined in the district's long-range outline, the school district will be experiencing a rise in total enrollment due to construction and window replacement at several schools.
There also has been a general reduction in grants across the nation, reducing the amounts received in Springfield, Friedland noted.
Friedland then distributed the Quality Assurance Annual Report, which outlines performance objectives, conditions of facilities, professional development activities, costs of building projects and renovations, mandated program reviews, and community support.
Board approval and authorization of this report will need to be given to the county superintendent of schools by the board's Oct. 16 meeting. It is required that this report be submitted to the state, which the county superintendent represents.
Other topics discussed were the school district annual audit, a draft of which was received last week, and the reopening of Walton School as a public school after serving as a private early childhood center for seven years.

Volunteers and donations wanted First Aid Squad needs help

After years of responding to medical emergencies, the Volunteer First Aid Squad needs township residents to keep it alive.
According to Capt. Elizabeth Fritzen, the squad is in serious need of both funds and volunteers to help it continue to be a viable asset to Springfield. The squad hopes to raise funds through a townwide mailing this week.
The annual fund-raising drive is currently in full swing, although community members may visit the North Triven Avenue headquarters at any time of the year to make a donation.
By donating to the squad, Springfield residents ensure the community will have emergency ambulance service at all times.
In addition to providing Springfield with its services, the First Aid Squad participates in a Mutual Aid program with Millburn and Mount Pleasant units.
"If one town is out on a call or can't get a squad together," Fritzen explained, "we provide a back-up system. And they would come here for us." Many times, several townships' rescue workers have responded to major accidents on routes 24 and 78.
Although the community has been generous, Fritzen said, donations have dropped over the years. In recent times, many expenses have drained the squad's finances, including the recent purchase of a new ambulance.
While the squad is in need of money for necessary supplies, it lacks the manpower to collect donations door-to-door as it had in the past.
Residents willing to volunteer for the squad should call the Police Department at 913-2239.
Those interested in participating in the Volunteer First Aid Squad's annual fund drive either can mail their donations in the envelopes provided by the squad, or can deliver their money at the headquarters on North Triven Avenue, adjacent to the Municipal Building.
Residents willing to volunteer for the squad should call the Police Department at 913-2239.



Volunteer First Aid Squad members 1st Lt. Kevin Paul, Murry Hurwitz and Capt. Elizabeth Fritzen show off the new ambulance the squad had purchased, in part, with money donated by the township. The squad now is holding its annual fund drive, hoping Springfield residents and businesses will contribute. For more information on Hurwitz, see the Seniors Lifestyles section on Page 11.

Springfield
Leader
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How to reach us:
Our offices are located at 1291 Skyway Avenue, Union, N.J. 07083. We are open from 9 a.m. to 5 p.m. every weekday. Call us at one of the telephone numbers listed below.

Voice Mail:
Our main phone number, 908-686-7700, is equipped with a voice mail system to better serve our customers. During our regular business hours you will almost always have a receptionist answer your call. During the evening or when the office is closed your call will be answered by an automated receptionist.

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News items:
News releases of general interest must be in our office by Friday at noon to be considered for publication the following week. Pictures must be black and white glossy prints. For further information or to report a breaking news story please call 1-800-686-7700 and ask for the news department.

Letters to the editor:
The Leader provides an open forum for opinions and welcomes letters to the editor. Letters should be typed double spaced if possible, must be signed, and should be accompanied by an address and daytime phone number for verification. For longer submissions, be sure to include an occasional column for reading on the editorial page. Letters and Be our Guest columns must be in our office by 9 a.m. Monday to be considered for publication that week. They are subject to editing for length and clarity.

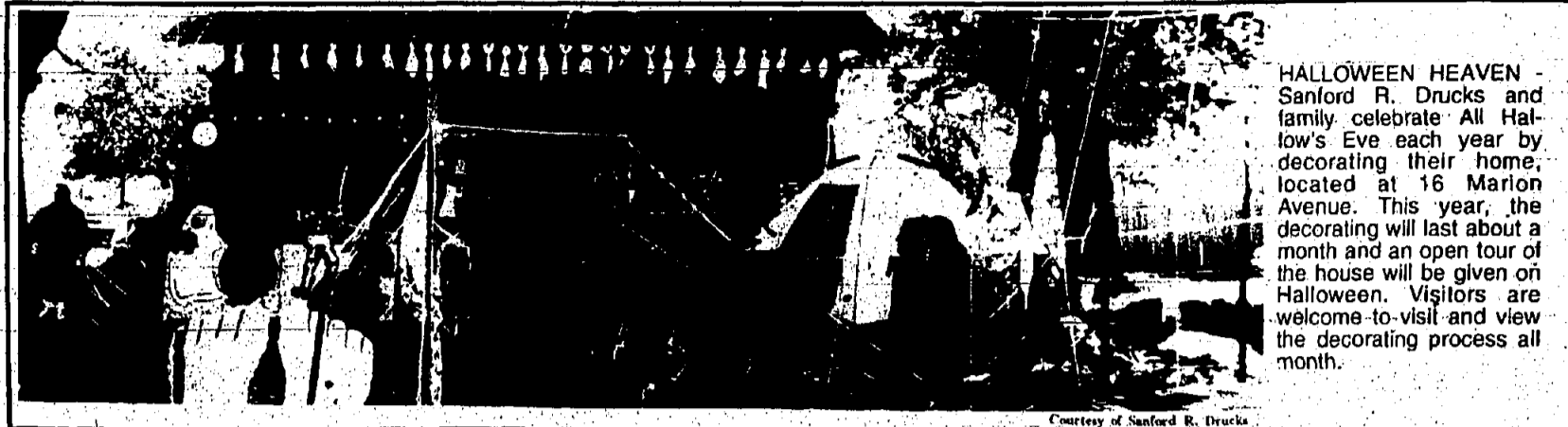
To place a display ad:
Display advertising for placement in the general news section of the Leader must be in our office by Monday at 5 p.m. for publication that week. Advertising for placement in the B section must be in our office by Monday at noon. An advertising representative will gladly assist you in preparing your message. Please call 1-800-686-7700 for an appointment. Ask for the display advertising department.

To place a classified ad:
The Leader has a large, well-read classified advertising section. Advertisements must be in our office by Tuesday at 3 p.m. for publication that week. All classified ads are payable in advance. We accept VISA and MasterCard. A classified representative will gladly assist you in preparing your message. Please stop by our office during regular business hours or call 1-800-686-7700, Monday to Friday from 9 a.m. to 5 p.m.

To place a public notice:
Public notices are notices which are required by state law to be printed in local newspapers or newspapers. The Leader meets a local Jersey City Statute regarding public notice advertising. Public notices must be in our office by Tuesday at noon for publication that week. If you have any questions please call 1-800-686-7700 and ask for the public notice advertising department.

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HALLOWEEN HEAVEN - Sanford R. Drucks and family celebrate All Hallows' Eve each year by decorating their home, located at 16 Marlon Avenue. This year, the decorating will last about a month and an open tour of the house will be given on Halloween. Visitors are welcome to visit and view the decorating process all month.

at the library

Library issues new cards for computerized circulation

Continuing efforts to update the facilities of the public library, the computerization of the circulation system was completed recently.

Barcode labels have been affixed to all library materials, and patrons now are receiving new plastic library cards bearing their own personal barcodes. This combination allows for quick scanning of patrons' cards and library materials, the same way items are scanned in grocery stores.

Library patrons who have not already done so are encouraged to visit the library to fill out a new library card application and receive a new card. Patrons will be unable to circulate library materials without the new card.

The Springfield Public Library has resumed regular operating hours. The library will be open from 10 a.m. to 4 p.m. on Mondays, Wednesdays and Thursdays, and from 10 a.m. to 6 p.m. on Tuesdays, Fridays and Saturdays.

Back to normal

The Springfield Public Library has resumed regular operating hours. The library will be open from 10 a.m. to 4 p.m. on Mondays, Wednesdays and Thursdays, and from 10 a.m. to 6 p.m. on Tuesdays, Fridays and Saturdays.

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WELCOME WAGON

Former mayor named UCC trustee

Former Springfield Mayor Jeffrey H. Katz, was sworn in Sept. 26 as a new member of the Board of Trustees of Union County College.

The governance of Union County College is allocated between a 12-member Board of Trustees and a 30-member Board of Governors.

Katz, a manager with Public Service Electric & Gas Company in Newark, was appointed to a four-year term on the Board of Trustees by the Union County Board of Chosen Freeholders.

Cedrick and Loukas were elected to three-year terms on the Board of Governors.

Katz, who is an attorney, served as Springfield mayor in 1988 and 1989. His municipal involvements include participation on the Township Committee, Planning Board, Bicentennial Committee, Board of Health, Library Board of Trustees and Development Committee. He was appointed by Gov. Christine Todd Whitman to serve on the Governor's Management Improvement Program, and also has served on the state Assembly's Local Government Affairs Advisory Committee.

Katz also is a member of the Stevens Institute of Technology Board of Trustees, from which he holds a bachelor's degree in law in electrical engineering. As a board member, he has served as co-chair of its Presidential Search and Selection Committee and chair of its Campus Reconstruction and Improvement Plan. He also holds a juris doctor degree from Seton Hall University School of Law. Katz has been recognized by the state Senate as an Outstanding Citizen.

Methodists to hold Harvest Festival

On Sunday at 10:30 a.m., the Harvest Festival worship service will be celebrated by members and friends of the Springfield Episcopalian United Methodist Church at 40 Church Mall.

A tradition of the congregation for many years, the service reflects the biblical account of observances in which God's people expressed thanks for the blessings of a bountiful harvest. Similarly, on Harvest Festival Sunday, a colorful display of fall fruits, vegetables, flowers and foliage will be created to adorn the church chancel and to express thanks.

A special offering will be added to the service when the congregation invites God's blessing upon the Rev. Jeffrey Markay, who was appointed to the church in June by Neil Ivins, presiding bishop of the Northern NJ Conference of United Methodist Church.

During the service of blessing, a number of symbolic presentations will be made to Markay by members of the congregation, including a Bible, baptismal water, bread and cup, a hymnal and Book of worship, the Methodist Book of Discipline, and a globe of the world.

From 1:30-3:30 p.m., the congregation is invited to the potluck for an open house at the newly refurbished home of the Rev. Markay and his wife, Julie, where District Superintendent Rev. Ernest Lyght will lead a brief bible blessing with communion at 2 p.m. This will be followed by a time of informal fellowship and tours of the parsonage.

Civic calendar

- The Civic Calendar, prepared by the Springfield Leader and the Mountainide Echo, is a list of local and county government meetings.
- Monday**
 - The Springfield Township Committee will meet in executive session at 7:30 p.m. on the second floor of the Municipal Building at 100 Mountain Ave.
 - Tuesday**
 - The Springfield Township Committee will meet at 8 p.m. on the second floor of the Municipal Building at 100 Mountain Ave.
 - The Mountainide Borough Council will meet in a work session at 8 p.m. in Borough Hall.
 - The Union County Planning Board will meet at 7 p.m. in the Administration Building at Elizabethtown Plaza in Elizabethtown.
 - The Mountainide Zoning Board will meet at 8 p.m. in Borough Hall.
 - The Mountainide Borough Council will meet at 8 p.m. in Borough Hall.
 - Wednesday**
 - The Springfield Board of Adjustment will meet at 7 p.m. on the second floor of the Municipal Building at 100 Mountain Ave.
 - The Union County Consumer Affairs Advisory Board will meet at 7:30 p.m. in the Administration Building at Elizabethtown Plaza in Elizabethtown.
 - The Union County Community Development Block Grant and Revenue Sharing Committee will meet at 7:30 p.m. in the Administration Building at Elizabethtown Plaza in Elizabethtown.
 - The Springfield Township Committee will meet in executive session at 7:30 p.m. on the second floor of the Municipal Building at 100 Mountain Ave.
 - The Union County Air Traffic Noise Advisory Board will meet at 7 p.m. at 300 North Avenue East in Westfield.
 - The Union County Mental Health Advisory Board will meet at 6:30 p.m. in the Administration Building at Elizabethtown Plaza in Elizabethtown.
 - The Springfield Township Committee will meet at 7:30 p.m. on the second floor of the Municipal Building at 100 Mountain Ave.
 - The Union County Parks and Recreation Advisory Board will meet at 6 p.m. in the Administration Building at Elizabethtown Plaza in Elizabethtown.
 - The Union County Advisory Board on the Disabled will meet at 7:30 p.m. in the Administration Building at Elizabethtown Plaza in Elizabethtown.
 - The Union County Social Welfare Advisory Council will meet at 8 p.m. in the Administration Building at Elizabethtown Plaza in Elizabethtown.
 - The Mountainide Recreation Commission will meet at 8 p.m. in Borough Hall.
 - The Wading Reservoir Deer Management Subcommittee will meet at 8 p.m. at the Wildlife, Nature and Science Center in Mountainide.

Assembly candidate supports school funding reform

Kevin O'Toole, Republican candidate for Assembly in the 21st District, commented on a state report on school-district funding, recently saying higher spending is not the answer to shortcomings in the classroom.

"We need to develop a new school funding formula that stresses educational efficiency and effectiveness," O'Toole said. "The focus needs to be shifted from dollars and cents and placed on educational results, quality programs, efficient organization and accountability."

O'Toole's comments were prompted by the recent release of a state Department of Education report titled "Competitive Plan for Educational Improvement and Financing."

"There was talk about providing students with a 'thorough and efficient' education, we need to emphasize programmatic, rather than fiscal equity," O'Toole also said. "We need to cut an education spending line that more clearly defines what constitutes a thorough and efficient education. Up until now, the Supreme Court has interpreted a thorough and efficient education in simply dollars and cents."

The state report was commissioned by Gov. Christy Whitman, a legislator who has long been critical of the present system of funding. It says wide discrepancies in program availability exist between school districts, resulting in varied academic performances.

"Money alone is not the solution to our state's problems," O'Toole continued. "Our goal should be to make sure every student, regardless of where they live, receives a quality education."

O'Toole pointed out how state funding for education has more than doubled since 1984, increasing from \$2.2 billion to \$4.7 billion last year. In 1984, the per pupil expenditure was \$4,730, compared to \$9,975 last year.

"The national average per-pupil expenditure is \$5,029, which is far below what New Jersey spends per pupil," O'Toole said. "New Jersey may be spending the most money per pupil, but its students aren't leading the way in terms of academic performance. Clearly, we need to do better."

O'Toole, the mayor of Cedar Grove, said he is sensitive to the needs of public schools and their students, but that state government must increase its sensitivity to taxpayers who provide the financial support for the school districts.

"I have had the opportunity to teach a few classes in the Cedar Grove, Irvington, and Verona school districts, as well as Seton Hall Law School, and I will say that it was a gratifying experience," O'Toole added. "We can't expect teachers to produce miracles in the classroom if they don't have the necessary educational tools or facilities to help children learn, but we also cannot expect taxpayers to continue paying higher taxes for increased spending on education."

The report also states that once academic standards are in place, districts' state aid would be based on students' progress toward meeting the goals. Progress likely would be measured by standardized tests given to fourth-, eighth- and 11th-graders. School districts that meet the standards and operate efficiently would be rewarded with financial incentives, while inefficient districts would be sanctioned.

"The current school funding law, and our entire educational system for that matter, cannot be considered a tremendous success," O'Toole continued. "The bottom line is not how much we spend on our schools, but how well we educate our children. I believe we can, and will, achieve better academic results in the future."

O'Toole is running with incumbent Assemblyman Mervyn Jay Lustbader to represent the 21st Legislative District.



Kevin O'Toole and Monroe Lustbader, Republican candidates for General Assembly in the 21st District, take time out during an afternoon of meeting voters. The candidates — Lustbader is the incumbent and Cedar Grove Mayor O'Toole succeeds retiring Assemblyman Maureen Ogden on the ticket — recently began their campaign with many stops in Union County.

Regional district offers low-cost lunches

The Union County Regional High School District offers low-cost lunches to its students and provides free lunches to children from households of gross income at or below the established standard.

These applications may be submitted at any time during the school year. For more information about these programs, contact Director of Special Services, Kathleen Carls, at 376-6300, Ext. 280.

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Pageant of Champions set for Sunday

A celebration of music, marching and artistic expression will take place on Sunday at Governor Livingston Regional High School, when the High School Band leads the 24th annual "Pageant of Champions" band competition.

This exciting and colorful event will begin at 11 a.m. at Eric Field on the Governor Livingston campus in Berkeley Heights.

The Governor Livingston High School Band, under the direction of Daniel Knecht, will perform the 1995 show to complete the day's program.

Tickets for the 1995 "Pageant of Champions" at Governor Livingston are priced at \$5. Tickets may be purchased in advance from any member of the High School Band or at the gate on the day of the competition.

Tickets and additional information may also be obtained by calling Governor Livingston Regional High School at (908) 464-3980.

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obituaries

Mary Brandt

Mary Brandt, 83, of Springfield died Sept. 26 in her home. Born in Fort Lisco, N.Y., Mrs. Brandt lived in Irvington before moving to Springfield 39 years ago. She was a member of the Springfield Senior Citizens Center.

Edward J. Reilly Jr.

Edward J. Reilly Jr., 65, of Avon-by-the-Sea, formerly of Mountaintop, died Sept. 27 in his home. Born in Mountaintop, Mr. Reilly lived in Mountaintop for 27 years before moving to Avon-by-the-Sea. He was a management analyst for the Port Authority of New York and New Jersey for 36 years. Mr. Reilly was a graduate of Seton Hall University. He served in the Air Force during the Korean War.

Ruth Lipson

Ruth Lipson, 95, of New Providence, formerly of Springfield, died Sept. 27 in Glenside Nursing Home, New Providence.

George W. Franklin

George W. Franklin, 82, of Springfield died Sept. 27 in his home. Born in Bixley, Ga., Mr. Franklin lived in Springfield for 78 years. He was a taxi operator with the Alumnus Co. of America for 29 years before retiring in 1978. Mr. Franklin was a self-employed landscaper for 20 years. He was a deacon, superintendent of the Sunday school, and a member of the senior choir at Antioch Baptist Church, Springfield.

Thomas Peter Ventura

An 8th-, 7-oz. son, Thomas Peter, measuring 20 inches, was born September 14 in Mountaintop Hospital to Mr. and Mrs. John A. Ventura Jr. of Nucleo. He joins two sisters, MaryAnne Maria, 6, and Elizabeth Margaret, 2, and a brother, John Anthony III, 4. Mrs. Ventura, the former Mary Anne Burkhardt, is the daughter of the late Mr. and Mrs. Otto H. Burkhardt of Springfield. Her husband is the son of Mr. John A. Ventura Sr. and the late Mrs. Ventura of Nucleo.

Obituary policy

Obituary notices submitted by local funeral homes or families must be in writing. This newspaper cannot accept obituaries by telephone. Obituary notices must be typed and include a telephone number where writer may be reached 9 a.m. to 5 p.m. For additional information, call 686-7700.

Great Pumpkin Sail

The Great Pumpkin Sail has been set for Nov. 1, when Echo Lake will become a sea of candlelit jack-o-lanterns and storytellers share the ghastly legends of Halloween.

Joyce H. McCobb

Joyce H. McCobb, 90, of Summit, former Mountaintop teacher, died Sept. 22 in Berkeley Hall, Berkeley Heights.

Born in Cranford, Mrs. McCobb lived in Westfield for 28 years before moving to Summit in 1980. She taught social studies for Echo Brook and Deerfield schools, both in Mountaintop, for 15 years before retiring in 1973. Mrs. McCobb received many citations for her innovations in curriculum development, including an informational tape-exchange program with young students in foreign countries. She was a member of the Westfield League of Women Voters. Mrs. McCobb graduated in 1926 from Newark Normal School, now Keen College of New Jersey, Union, and received a master's degree in education from Montclair University in 1965.

Obituary policy

Obituary notices submitted by local funeral homes or families must be in writing. This newspaper cannot accept obituaries by telephone. Obituary notices must be typed and include a telephone number where writer may be reached 9 a.m. to 5 p.m. For additional information, call 686-7700.

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Coors Light \$8.99	Coors Light \$8.99	Stroh's \$9.99	Coors \$9.99
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Fantasia \$3.99	Paul Masson \$7.99	Redwood \$6.99	Paul Masson \$5.99
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Fantasia \$3.99	Paul Masson \$7.99	Redwood \$6.99	Paul Masson \$5.99

CHAMPAGNE

Martell & Rossi \$7.99	Taittinger \$6.99
Nando Asti \$5.99	Korbel \$7.99
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\$270. LESS: \$25 COUPON = \$245

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\$100 CASH REBATE DIRECT FROM GE WHEN YOU BUY THIS OVEN

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Upswept cooktop with sealed burners • Precise simmer/burner and maximum output burners • Big view electronic oven controls • Oven with big view window.

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OPINION PAGE

Where will it end?

Holding a mirror in front of the Springfield Democratic Party is like exposing a vampire to light, but we can't help ourselves.

On this page in the Sept. 21 edition, we chastised Mayor Marcia Forman and Arlene Newman — the Democratic candidates for Township Committee — for making prejudicial comments about Stop & Shop. We also explained how their comments surely will backfire on Springfield should they be elected.

This time they've gone too far. During their continuing canvassing of the township, the Democrats arrived in the southwest corner of town — that previously ignored section where 289 housing units have been planned for construction.

In an effort to tell the voters everything they want to hear, the Democrats have gone beyond insulting those residents' intelligence and have ventured into that dark realm of shameful campaign lies.

Mayor Marcia Forman, in the closing weeks of her third bid for a three-year term on the Township Committee, now expects the residents of the Bojczuk Stone area to believe that she suddenly is "committed to fight" on their behalf.

Foman has been on the Planning Board for ages. Where was her commitment to fighting on anyone's behalf during the lengthy drafting of Springfield's Housing Element and Fair Share Plan?

When it was time to delete the Mountain Avenue Nursery from the plan — a site that literally is in her backyard — Foman did not hesitate.

After Foman and the Democrats on the Planning Board passed our current version of the Fair Share Plan in February, the plan was forwarded to the Township Committee. As mayor, Foman again voted for that plan — including those 289 housing units slated for the Bojczuk land.

It is not only the Democrats' revision of recent history that galls us so much, it also is their empty promises to the residents of the streets surrounding Bojczuk Stone.

In their campaign literature, a copy of which was left in each home mailbox, Foman and Newman say they "can and will fight to make sure Becker Road stays closed."

Thanks to the bungled job performed by the Democrats on the Planning Board and Township Committee, the fate of Becker Road is in the hands of Superior Court Judge John Piskansky.

While he lacks the authority to have an airport built on Becker Road, Piskansky can allow the future residents of the Bojczuk Stone land to use Becker Road for access.

Let's do the math: With 289 apartments, there could be as many as 1,000 apartment dwellers on that little piece of land. If there are two cars per apartment, there could be almost 600 more cars flooding the streets of the area.

Thanks Mayor Forman, great job.

That leads us to promise No. 2 — the Democrats' vow to "fight to prevent further congestion" in that neighborhood.

Let's see: How long did it take the Township Committee to ask the Union County Department of Transportation simply to perform a routine traffic study in the area? To their credit, the Democrats did get that request in before Springfield's 201st anniversary.

Finally, the most reprehensible promise made to the residents of the Bojczuk Stone area is the Democrats' pledge to "fight to reduce the number of people who will be living on the Bojczuk property."

As Foman knows perfectly well, again Judge Piskansky is the sole arbiter who'll decide how many people will live on the Bojczuk land.

And that's not all. David Kinsey, the planner appointed by Piskansky to supervise Springfield's affordable housing plan, has included the Bojczuk land on the "unsuitable" list because it now is zoned to house too few people. Since Piskansky probably will heed the advice of Kinsey — unless Springfield residents lobby hard to the contrary — the Bojczuk land could become the home to more than 1,000 people.

By now it seems to be a waste of paper and ink for us to encourage the Democrats to deliver some sort of positive, honest message to the voters, but again, we can't help ourselves.

There must be something on the record of Foman, a six-year veteran of the Township Committee, that she can brag about. Newman, a candidate who has yet to express an opinion on any issue facing the quality of life in Springfield, must be able to think of something eventually.

In the meantime, this how-can-we-fool-'em-this-week brand of campaigning must stop now. Good grief, where will it end? How low do you have to stoop in our town to be mayor?

Letters and columns

Worral Community Newspapers welcomes submissions from its readers. Editor letters to the editor or opinion pieces on any subject will be considered for publication on the opinion page.

This opportunity also is open to all officials and employees of the Borough of Montclair and the County of Union.

"I did not join my profession to cloak myself in the First Amendment or to flaunt it. But I cannot cast aside my obligations as a reporter simply because they are being contested. The inevitable result of my compliance with this order [to turn over story notes] would be my conversion as an investigative agent for the parties in this case."

—Myron A. Farber



LEADERSHIP TRAINING
Mike Duda, Craig Risch, Dan Boyden, and Jill Lauterbach represent Jonathan Dayton Regional High School during the annual leadership conference sponsored by the Teen Institute of the Garden State. Hundreds of high school students from around New Jersey attended the conference, held at Camp Ralph Mason in Blairstown, to learn leadership skills. Attendees also are educated on drug and alcohol-free lifestyles in schools and communities. The institute is a partnership of the Garden State Teen Institute and the Garden State Teen Institute of the Garden State.

Forman's past campaign rhetoric haunts her

Our campaign for Township Committee has been based on issues, and we have made every effort to run a positive campaign and will continue to do so, even as our opponents consistently misrepresent the facts and issues facing our community.

During the 1992 campaign for Township Committee, Marcia Forman made many statements that have been proven inconsistent with her current campaign rhetoric. According to the *Springfield Leader* editorial of Sept. 21, Forman said campaign promises are not to be held to the same standards as comments made from the Township Committee dais.

That's truly a remarkably unbalanced statement for an elected official to make, however not surprising to Marcia Forman.

Everyone has heard the expression "what goes around, comes around," and now we think it is time to revisit some of Mayor Forman's statements from the 1992 election.

Back then, the Township Committee included three Republicans and two Democrats. Forman was one of the Democrats seeking re-election that year. One of her '92 campaign themes called for "having two party government" in Springfield.

In 1992, candidate Forman said, "You will decide whether Springfield will have the normal checks and balances that come with two party government, or the abuses that occur when one group rules unopposed and unopposed." A wise man once said, "absolute power corrupts absolutely," and her threat not to have two party government is "the most important issue" in Springfield.

Today's Township Committee has four Democrats and one Republican. If the Democrats win this November, Springfield's governing body will have only Democrats, ending our system of checks and balances and beginning one-party rule in Springfield.

In 1992, candidate Forman said, "You will decide whether Springfield will have the normal checks and balances that come with two party government, or the abuses that occur when one group rules unopposed and unopposed." A wise man once said, "absolute power corrupts absolutely," and her threat not to have two party government is "the most important issue" in Springfield.

Remembering what goes around, let's look at Forman's attempt to ignore Myra Wasserman — her sister-in-law — on the Township Committee.

When Marcia was told that was a very stupid idea, the concept never mentioned again and Bergen was appointed. That left Democratic Party Vice Chairman Gary Nissenbaum out in the cold, and he didn't like being passed over. Forman and company sprang into action, and Gary was appointed attorney to the Planning Board. Myra Wasserman then led the charge on the Library Board of Trustees, which hired her wife, Nancy Lem-Nissenbaum, as its attorney.

William Ruocco and Judith Bilzer are Republican candidates for Township Committee.

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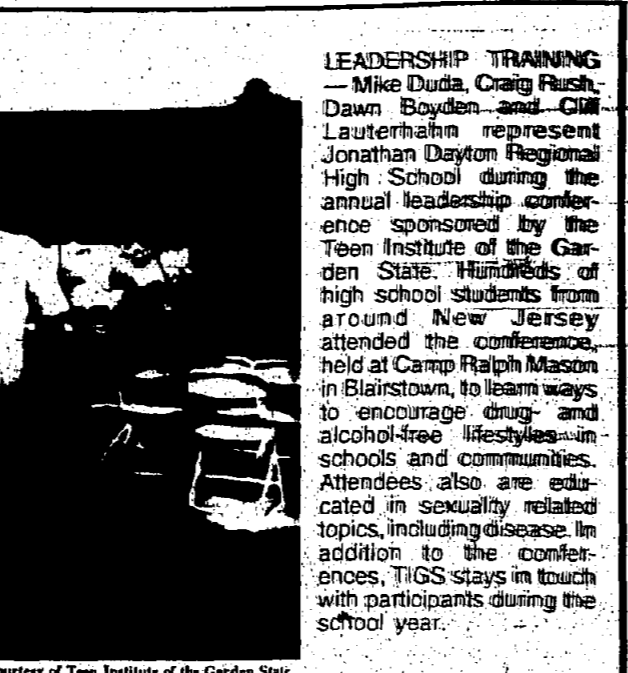
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Courtesy of Teen Institute of the Garden State

Be Our Guest

It appears what goes around does come around.

Forman also stated in her now three-year-old campaign literature that two party government is "the only issue... There are taxes. There is cronyism. There is zoning and redevelopment of the downtown area."

These three sentences are directly quoted from Forman's literature and we want to take them one at a time.

Indeed, there are taxes. Marcia Forman served as deputy mayor in 1993, mayor in 1994 and 1995. What does she accomplish in these years to lower taxes — even by one thin dime?

Nothing. Absolutely nothing, and she knows it. In fact, taxes have jumped 42 percent over the past two years that Marcia has served as mayor.

Taxes are at an all-time high in Springfield, and she can't dispute that. In fact, taxes have jumped 42 percent over the past two years that Marcia has served as mayor.

Where is the "leadership" she has been talking about? How can she defend the massive tax increases of the past several years? In 1994, Springfield was given a 19 point tax increase, and a 12 point hike this year, for a total of 31 points in two years.

Each point represents \$100,000 in municipal spending. You can do the math and see what kind of money we're talking about.

Yes, Marcia, there is cronyism, if not nepotism.

Remembering what goes around, let's look at Forman's attempt to ignore Myra Wasserman — her sister-in-law — on the Township Committee.

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Weddings retain an ancient sense of mystery

Most weddings I've attended have kept, at the core, a sense of mystery. It is not provided by a member of the clergy reading magical words, or by cliché homilies on the alchemy of "becoming one." It is the mystery of a couple standing before friends and family and making a public declaration of commitment and love for each other. This ritual has ancient roots.

Weddings are also laced with humor, as the tense formality of the occasion collides with the simplicity of what is actually being done, and with the irrepressible personalities involved. Brides get fits of giggles. Grooms cannot remember the words the minister just asked them to repeat. Best men fumble for the rings. Bridesmaids drop their bouquets. Everyone laughs up. Which doesn't explain how a groom can faintly wobble.

Like the Kennedy Rogers wedding, to his bride, and not notice any humor in it had to listen to this without cracking up.

The warmest wedding I've attended, held at a nice bistro, was the marriage of a couple who had lived together for 15 years. They wrote most of the ceremony themselves. The entire event felt like one long hug. They also dispensed with the sit-down dinner. Instead, hors d'oeuvres were served for hours by waiters, a great idea, since finger foods are invariably the tastiest eats one finds at weddings.

When my friend and co-worker Ann Marie began planning her wedding over two years ago, I calculated approximately how much she was spending per day for the privilege of talking about it. She did every day without fail. I didn't mind, for a wedding is a dream theater, playing out as much in the planning as in the event itself or the life that follows.

Working on a tight budget, Ann Marie was meticulous and joyful. Her fiancé, Bruce, seemed to approach his impending marriage with a dry wit, even suggesting driving to the wedding in buses rather than limousines. Ann Marie slowly revealed him into the simple romantic gestures that women want, like remembering to send flowers on her birthday. Like a skeptical older brother, I eventually came to the conclusion that they were equally crazy and belonged together.

Ann Marie also compiled long lists of songs she wanted to hear at the reception, most of which were played. I have such strong feelings on this matter that I'd hire myself to DJ my own wedding, even if it meant giving up my place at the head table to a proxy.

The wedding happened as Ann Marie planned and promised. We ate, we danced. We drank. We binged on spots on glasses and mugged for the cameras. The bouquet was tossed, the bride to cry of, "Higher!" The reception ended too early, it always does.

The ceremony itself was short, sweet, and a little bit tearful. Ann Marie was beautiful. Bruce was handsome. Behind their vows was a mystery of love and optimism that never fails to enchant and astonish.

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I once attended a huge wedding at the Eggleston Mansion at Rutgers. I had to resist a urge to cop the silverware. Yet the ceremony, which took place outside, was informal, with the fathers of the bride and groom hilariously insulting each other. The band was the best I ever heard, or expect to hear at a reception. Afterward a large percentage of the party moved to the groom's house where we continued to celebrate until the wee hours.

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Discussing new plan



Dr. Eric Munoz, council-at-large candidate, right, and Congressman Robert Franks discuss the Republican Medicare Preservation Act during a recent town meeting at Summit City Hall on Sept. 23. The new Republican Medicare plan attempts to preserve, protect and strengthen the embroiled federal health care insurance program for the elderly.

Ward I candidate believes in viable downtown

Why is a strong, viable downtown important to all of us? According to Bill Rosen, Republican candidate for Councilman in Ward I, the answer may be obvious but certainly worth restating.

"Summit's downtown is a feature of our community that elevates and sustains our quality of life and currently provides about 20 percent of our tax base," Rosen said.

The "churn," he continued, "of our vibrant downtown lures many to choose Summit as a place to live, to shop and to work."

Rosen said he believes positive action needs to be taken to resolve problems that threaten the vitality of the Central Retail Business District.

Rosen, a 25-year resident of Summit, feels the problems are not at crisis level yet, but there are signs people are no longer able to shop in Summit for many everyday basic needs such as both towels or appliances.

According to Rosen, "Parking certainly has been acknowledged as a problem, even to return a book to the library or to buy stamps at the Post Office, or run into a store to buy a birthday card. Some residents shop elsewhere and use Summit only to go to the bank, or perhaps use the pharmacy."

Rosen said he believes Summit must take action.

Summit must encourage a climate that supports small, independent retailers," Rosen said.

Citing the fact that Summit's population is below 20,000, down approximately 4,000 from 25 years ago, Rosen said, "That translates into fewer potential customers for downtown merchants. Summit has relinquished its role as a shopping hub now that many surrounding areas have full shopping areas, many with easy free parking," he said.

"And couples," he continued, "the newly expanded Sheraton Mall is fierce competition for all local communities."

Is there a silver lining to this? Rosen said Summit residents are basically loyal to Summit stores and Summit's personalized service in dealing with the owner/manager is far preferable to dealing with impersonal, never-to-be-seen-again employees, at the mall.

Rosen proposes a three-pronged approach to revitalize and support the downtown.

"First, we should support some form of downtown self-improvement plan, equitable in its funding and careful in its spending. Council must be the 'investor broker' here and bring all the interested parties together to make Summit shopping more attractive.

"Second, we must increase shopper parking so it is convenient and

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People have Varicose veins and Spider veins removed for both medical and cosmetic reasons.

Join us for a FREE presentation.

Topic: SCLEROTHERAPY, The Medical Treatment for Large Varicose veins and small Spider veins.

Learn about the non-surgical method of eliminating these large, bulging and painful Varicose veins and small Spider veins.

DATE: October 12, 1995
TIME: 7:30 - 8:30 PM
LOCATION: GRAND SUMMIT HOTEL, 679 SPRINGFIELD AVE., SUMMIT, NJ 07901-243-2200

HOSTED BY: New Jersey Vein & Cosmetic Surgery Center, West Orange.

Benefits of SCLEROTHERAPY:

- No surgery • No hospital stay • No loss of work time • Able to resume daily activity same day of procedure • Treated Varicose/Spider veins never return • No scarring • Eliminates pain associated with Varicose Veins • Improves circulation • Reduced leg cramps
- Technique used safely for 40 years • Specially trained physicians • Little or no discomfort • Arrive Early for Seating

Appointment recognized at board meeting

Board of Education President Jesse Butler announced the resignation of board member Alan Dunning, who has served on the board for more than 20 years.

Dunning said the decision to resign was a difficult one to make, but increased professional responsibilities do not permit him to devote the time and energy required of a board member. He said his time on the board has been a challenging and rewarding experience. On behalf of the entire board, Butler thanked Dunning for the years of dedication and hard work he has given to the Summit School District.

Butler also announced that Vivian Buchheit has been appointed by the Board of Education as a professional background in administrative marketing and public relations. Last year she served as Lincoln School's principal. Buchheit will be

own as a board member at the October board meeting.

Staff members honored

Board Communications Committee member Lou Zachary presented certificates of recognition during the Sept. 21 meeting to the following staff members who have been or will be named in 1995: teachers Beverly Karl, Franklin School; Rosaly Palazzolo, Lincoln School; Christine Depina, Lincoln School; Meredith Washington, Washington School; Amy Heiser, Middle School; Kristin Solodov, Middle School/High School; Wendy Donat, High School; Andrea Freil, High School; Ann Marie LoDuca, Middle School; Gail Tucci, Lincoln School; Karen Mastara, Special Services; Cynthia Hedin, Washington School. Also named are high school English Department Supervisor Françoise Hughes, middle school Librarian Linda Schroeder, and high school Nurse Jean Pay.

Zachary also congratulated five Summit High School seniors who were named National Merit Scholarship Semifinalists. They are Janet Larsen, Vincent Martin, Alex Menny, John White and Mary Kate Wilkerson. These students, who represent one-half of 1 percent of the nation's high school seniors, now advance to the final level of competition for Merit Scholarships.

Personnel

The board approved the following appointments for the 1995-96 school year: Maria Linsinger as cafeteria cashier at Bryton School; Richard Brennan as high school safety officer; Jackie Casper as a physical education teacher at Franklin School; Christine Duck as teacher aide at Franklin School; Nancy Fields as Bryton School Kindergarten aide; Tim Graham as Bryton School

Kenny's

for physical motions

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Open House and Tour of Newark Academy

Saturday, October 14, 1995: 10:00 a.m. to 11:30 a.m.

Newark Academy make a world of opportunities for your middle schooler. Our state-of-the-art facilities are specifically designed to meet the individual needs of each child through a variety of small classes and rigorous academic programs. Our students are not only recognized as one of the top performing private schools in the country, but also as a world class boarding school.

Newark Academy Middle School offers a variety of special programs including: 1995 Registration Information Form. For more information call 201-992-7000.

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First Community Bank has been serving families and businesses in New Jersey for more than 4 years - as a locally owned and managed bank. We're delighted to be able to bring our new friends in the area the convenient and friendly banking services that make our bank so successful. And we're happy to say that you people who know you and have worked with us in the past are going to be working for you again - at First Community Bank.

Michael Bono, an experienced banker and a familiar figure in this area, and Maria Guarcino, whom many of you know from her years of banking service here, are the officers in charge of our new office. They want you to stop in and get reacquainted.

An All Aboard Party On October 14

We've got lots of reasons to celebrate and we want you to be a part of the fun. We're having a party on Saturday, October 14. It all begins at 9 AM. It's going to be an old-fashioned fall festival, with hot dogs, cider and donuts - and gifts for everyone. As part of our celebration, one lucky person will win a fabulous trip for two to the Bahamas. For 5 nights our winner will enjoy the luxurious comforts of the beautiful North Empress of Royal Caribbean Cruises, Ltd. Of course, airfare for two to and from Miami is included. YOU could be that winner. So fill out the attached coupon and bring it to our new office at 731 Mountain Avenue, Springfield TODAY!

Yes, we're so happy to have you, we're giving away \$100 savings accounts to four of our lucky people. When you come to the bank on October 14, just put your name in our instant winner drawing bowl and you could be \$100 richer. We'll be drawing names every hour, starting at 10 AM. You must be at least 18 years of age or older to come. Come help us celebrate and enjoy a fun hour with old friends.

We're Happy To Be A Part Of The City of Community

And to prove it to you, we're offering:

- Special high rate All Aboard CDs and
- FREE 1st year life insurance

These products are offered for a limited time only in conjunction with the opening of our Springfield office, so don't delay!

This All Aboard Party Could Be For You!

To win a trip to the beautiful North Empress, complete this coupon and place it in the special container located in the lobby of First Community Bank at 731 Mountain Ave. in Springfield. The drawing will take place on Saturday, October 21st at 12 Noon.

FIRST COMMUNITY BANK
Home of No Cost Business Checking

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Specialty Savings: Funds used for the purchase of a registered IRA or 529 Education Plan. Funds used for the purchase of a 529 Education Plan. Funds used for the purchase of a 529 Education Plan.

Internet made easy - just a phone call away

Openix, a new local Internet provider, equipped with all Internet services for most of Morris, Essex and Union counties has been formed. It was announced by Ron Mueller, the company's president.

According to Mueller, the primary goal of Openix is to make it easy for people to have access to the information superhighway. Openix will provide Internet support for customers including a help desk and a World Wide Web home page.

Openix customers have virtually unlimited access, six hours per day without additional charge, to all of the Internet. Because Openix is local, users can get on the Internet with a free local phone call for customers with flat rate telephone service.

Anyone interested in giving the information superhighway a try, may call Openix at (201) 443-0400 and inquire about its free two-week trial period.

Community Pre-School will hold garage sale

The Community Pre-School at St. John's, located at 387 Springfield Ave., will hold a garage sale from 9 a.m. to 3 p.m. Saturday at 33 Tulp St. Contributions of clothing and other small items will be welcomed. If calls are made to the school at 273-7208 to make arrangements for delivery.

The Community Pre-School of the United Way of Summit, New Providence and Berkeley Heights. Now in its 31st year of operation, it provides pre-school education to children whose families might not be able to provide such an experience. All families pay some tuition, but the tuition is based on family size, income and other circumstances.

While the school is housed free of charge at St. John's Lutheran Church, it is not affiliated with the church.

Something to sell? Telephone: 1-800-564-8911.

Political parties look for workers

Both political parties need to hire additional workers for the polls on General Election Day, Tuesday, Nov. 7.

In order to be eligible for employment in Summit, interested persons must be registered voters from any Union County municipality. Democrats can contact Wilson J. Allen III at 373-5179, and Republicans should call Julia Ciccia at 273-1085.

"All election board workers are required to attend a two-hour training session to learn the basics of election machine operation," said David L. Hughes, Summit's city clerk.

Board workers will earn \$75 for the day's work. A bonus of \$12.50 will be added for picking up or returning election materials to City Hall, making it possible to raise the salary for that day to either \$87.50 or \$100. In Summit, the political parties agreed years ago to provide this bonus to the Democrats in the primary election and the Republicans in the general election.

Polls open at 7 a.m. and close at 8 p.m. The Election Day staff will work those hours as well as the time required to open and close the polling places.

Deer reduction plan approved

(Continued from Page 1)

Foodbank, which in turn gave the food to several charities across the county.

The most collected in the next five proposed hunts would be shared among the hunters and the food bank.

"An agent's ability to receive a share of venison should be based on a minimum number of hours of service, such as 20 hours, rather than on the number of deer killed," Bernier's recommendation states. "Each agent should receive 40 pounds of venison, which was the average yield from each deer in the past five years. The bulk of the venison should again be distributed through the Community Foodbank of New Jersey."

Among other points in the proposed plan are:

- The subcommittee would meet in May of each of the next five years to learn the results and study the effectiveness of the previous year's program; to count deer-related motor vehicle accidents; to study aerial and spot-light counts; to study new developments in technologies or methodologies of deer management; and, if necessary, to recommend changes to the plan.
- The subcommittee also would plan for years beyond the five-year plan by studying new methods of deer management. If the need arises, the subcommittee would reassess the target of a 20 deer per square mile density and would recommend changes.
- The DPR would collect reports of deer-related motor vehicle accidents on an annual basis. In addition, the department would have traffic and engineering studies conducted on roadways in and around the reservation and reduce the existing speed limits in the hope of reducing the number of deer-related accidents.
- The county would "conduct its study of the feasibility of installing reflective along roadways" where such accidents commonly occur.
- The county should continue its surveillance, investigation, and prosecution of poachers and illegal hunting.
- The Division of Parks and Recreation would expand the public education program on deer-related issues. Earlier this summer, the troopers released the subcommittee's recommendations to the public, placing them in the Mountside and the Summit public libraries and the Trailside Nature and Science Center, among other facilities.
- The DPR would work with other New Jersey counties and municipalities to enter into an agreement with the Minnesota Department of Natural Resources to join its "Team Summit Wildlife Survey." This would allow the subcommittee to assess public opinion on the local deer situation, and the methods used to deal with it.
- The DPR would continue its study of the impact of deer on native plants; the invasion of exotic plants; any loss of biodiversity; as well as the "weather" and other environmental factors.
- The DPR would expand its program to remove invasive exotic plants from the park and to propagate and reintroduce native plants. In addition, natural fields would be allowed to grow as "managed meadows."
- The Board of Chosen Freeholders would establish a Wildlife Reservation Management Committee that would deal with other complementary issues through addition of subcommittees.

The Best way to save on taxes!

Investors Savings Bank's Home Equity Credit Line with an introductory fixed rate.

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In this time of few real tax advantages, Investors Savings brings one of the best to you in the form of our Home Equity Line of Credit, and the advantages may be significant. In addition, this is a credit line that also brings you the comfort of a fixed rate for your choice of 1, 3, or 5 years... and variable-rate payments of only 1% over the prime rate for the life of your loan thereafter.

Best of all, here's the money to do the things you want to do: make home improvements, consolidate debts, pay college tuition, buy a car, or even take a vacation. Take the money and do what you want, buy what you want.

It's a great deal, especially when you consider the savings up front: **NO POINTS, NO APPRAISAL FEE, AND NO APPLICATION FEE.**

Term	Fixed-Rate 1 year	Fixed-Rate 3 years	Fixed-Rate 5 years	Current variable APR***
Introductory fixed rate (APY)	6.99%	7.49%	7.99%	9.75%
After-tax APR**	4.47%	4.79%	5.11%	6.24%

* Interest is usually tax deductible, please consult your tax advisor.
** The after-tax examples assume a 35% tax bracket; separate tax advantage may differ from the example given.
*** Based on current prime rate of 8.75% + 1% margin.

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Applications are available at your neighborhood Investor's office or call our Loan Origination Department.

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SPRINGFIELD: 1331 Springfield Avenue, Springfield, NJ 07081

EAST ORANGE: 27 Prospect Street, East Orange, NJ 07027
FREEHOLD: 271 East Northfield Road, Freehold, NJ 08041
HILLSIDE: 1124 Lincoln Avenue, Hillside, NJ 07035
LIVINGSTON: 24 Union Avenue, Livingston, NJ 07033
SPRINGFIELD: 1331 Springfield Avenue, Springfield, NJ 07081

LIVINGSTON: 400 South Livingston Avenue, Livingston, NJ 07033
SPRINGFIELD: 70 Mountain Avenue, Springfield, NJ 07081
SPRING LAKE HEIGHTS: 1000 North Main Street, Spring Lake Heights, NJ 07081
TOMES RIVER: 824 Cedar Street, Tomes River, NJ 07081
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news clips

Halloween drive

The Summit Area Chapter of the Red Cross is holding a blood drive with a Halloween theme on Monday from 2:30 to 8 p.m. The drive, to be conducted by New Jersey Blood Services, will be held at the Red Cross, 695 Springfield Ave., Summit.

"Ghosts and goblins will abound as well as special Halloween treats," said Marie Babcock, blood services coordinator of the Summit Red Cross.

Donating blood is perfectly safe for most healthy people between the ages of 17 and 75. It will require a parent's permission, weighing 110 pounds or more, who have not donated within the last 56 days. The entire process, from registration to refreshments afterward, takes no more than an hour, the donating procedure five to 10 minutes.

Donors are requested to eat within two to three hours prior to donating, to bring ID with a picture and signature, and to know their Social Security number.

For further information, call the Red Cross, 273-2076.

Provier lessons

Overlook Hospital will lend its hand in helping to initiate condition of individual health care when it hosts the forum, "Effectively Dealing With Your Health Care Provider," Oct. 17 from 7 to 9:30 p.m.

Held at Overlook Hospital, the forum will feature speakers Dr. Susan

Kaye, director of Family Practice at Overlook, and Dr. Donna Gaffney, assistant professor at Columbia University.

They will address timely issues such as: Are women treated differently than men in a health care setting; How do I speak to my physician will hear me; What questions will get the right answers from my health care provider; How can I get the most out of my visit; What are my rights when health care is concerned?

Pre-registration is required. For more information, or to register, call Health Promotion at 522-5553. Admission is free.

Karate class

The Summit Board of Recreation will be starting their karate classes once again.

Children ages five through 17 can learn the Japanese style of Jishuwa Karate. The program is designed to enhance self-esteem, self-discipline and safety awareness.

Classes start today at the Summit Recreation Center at 100 Morris Ave. Children ages 5 through 17 should arrive at 4:50. Children 11 through 17 should arrive for the 5:00 class.

Both Captus, an employee of the board of recreation, is a third degree black belt and will be teaching the class again this year.

Tim Caputo who is a first degree black belt and an employee of Summit Community Service also will be teaching.

Chorale performance soars

On Oct. 15, the Calvary Chorale will perform Faure's "Requiem" accompanied by harp, strings and organ. The Chorale is under the direction of James S. Little, organist/choirmaster at Calvary Episcopal Church.

The "Requiem" has become a warmly regarded work with concert audiences because of its soaring spirit within a framework of serene harmony. It does not speak of the torment of death so much as promise tranquility and contemplation. The two soloists are making their Calvary Chorale debuts in this work: Andi Curtin, soprano, and R. Dale Livingston, baritone. Both are currently soloists with the Calvary Church choir.

In addition to the Faure, the Chorale will present a variety of other pieces, ranging from gospel-rock to a work for double choir, including 19th century anthems and a composition by the late Calvary organist/choirmaster, Howard W. Vogel.

The concert will be held at Calvary Episcopal Church, 31 Woodland Ave., Summit, at 4 p.m. A free will offering will be accepted. For further information, call the church at 277-1814.

worship calendar

ASSEMBLIES OF GOD
CANTON ASSEMBLY OF GOD 2815
CANTON ST. CANTON, 304-1133 FAX: 304-1134
SUN: 10:00 AM
WEDNESDAY: 7:00 AM
FRIDAY: 7:00 AM
SUNDAY: 9:00 AM

BAPTIST
SUNNYSIDE BAPTIST CHURCH 401
SUNNYSIDE AVE. SUNNYSIDE, N.J. 07068
SUN: 10:00 AM
WEDNESDAY: 7:00 AM
FRIDAY: 7:00 AM
SUNDAY: 9:00 AM

CHRISTIAN BAPTIST CHURCH
2000 W. 20TH ST. NEWARK, N.J. 07102
SUN: 10:00 AM
WEDNESDAY: 7:00 AM
FRIDAY: 7:00 AM
SUNDAY: 9:00 AM

CHURCH OF CHRIST
CHURCH OF CHRIST 2000 W. 20TH ST.
NEWARK, N.J. 07102
SUN: 10:00 AM
WEDNESDAY: 7:00 AM
FRIDAY: 7:00 AM
SUNDAY: 9:00 AM

EPISCOPAL
ST. ALBANS EPISCOPAL CHURCH
100 MORRIS AVE. SUMMIT, N.J. 07901
SUN: 10:00 AM
WEDNESDAY: 7:00 AM
FRIDAY: 7:00 AM
SUNDAY: 9:00 AM

JEWISH-CONSERVATIVE
TEMPLE ANSHEI SHOLOM 2815
CANTON ST. CANTON, N.J. 07015
SUN: 10:00 AM
WEDNESDAY: 7:00 AM
FRIDAY: 7:00 AM
SUNDAY: 9:00 AM

JEWISH-ORTHODOX
CONGREGATION ISRAEL 330 MOUNTAIN
VIEW RD. HILLSIDE, N.J. 07034
SUN: 10:00 AM
WEDNESDAY: 7:00 AM
FRIDAY: 7:00 AM
SUNDAY: 9:00 AM

Slide into art

John Carbone, a sculptor and teacher at the New Jersey Center for Visual Arts since 1973, will give a slide presentation with discussion on Oct. 19 as part of the ongoing Thursday evening series "Just about Art" at the NJCA.

These art forum programs, presented from 7:30 to 9:30 p.m., are free and open to the public. Carbone's presentation, titled "Sculpture and Visual Field," will show how traditional sculpture, which was constrained to the bounds of realistic form, differs from sculpture which since the 1970s have utilized an expanded visual field.

Alumni football show

The Summit Football Alumni Association again presents their weekly look at the Summit area's top football team as "Summit Football '95" airs five Thursdays at 8 p.m. with a repeat Fridays at 5:30 p.m. on TV 36.

The show, hosted by Summit resident Gil Owen, will review the previous week's game with head football coach Ray McCann. Special interviews with players, coaches, fans, and alumni will be featured, as well as a review of upcoming games.

We are delighted to be back on TV 36 for our second season," said Owen. "The show's popularity last year demanded we return this season."

Free flu clinic

Free flu immunization clinics will be sponsored by the Regional Health Department of Summit, New Providence, Springfield and Berkeley Heights.

The event is sponsored by the Adoption Resource Center/Spence-Chapin.

Free flu immunization clinics will be held Oct. 25 from 7:30 to 9:30 p.m. at the Summit Senior Center, 100 Morris Ave., Summit. A \$5 donation per family is requested at the door.

First Night spells tradition of fun

Since it began in Boston in 1976, the "First Night" concept has continued to grow as an alternative New Year's tradition. Two years ago, the non-alcoholic festival came to Summit and decided to stay.

People on three continents and in 118 cities in the United States, including 14 in New Jersey, will ring in the new year with similar family-focused community celebrations. Volunteers will transform townships into performing and visual arts showcases. It is a festival that marks the passage of time through art and pageantry.

Adoptive workshop

An adoptive parents workshop will be held Oct. 25 from 7:30 to 9:30 p.m. at the Summit Senior Center, 100 Morris Ave., Summit. A \$5 donation per family is requested at the door.

The event is sponsored by the Adoption Resource Center/Spence-Chapin.

Seed drive-through

Cardinals and other seed eaters will be invited to a drive-through seed drive-through event on Oct. 22 from 7:30 to 9:30 p.m. at the Summit Senior Center, 100 Morris Ave., Summit. A \$5 donation per family is requested at the door.

The event is sponsored by the Adoption Resource Center/Spence-Chapin.

Sugar Plum Show

The Kent Place School PTA Association announces the second of the Sugar Plum Show, a Kent Place School and Summit tradition. The show will be held Oct. 14 from 7:30 to 9:30 p.m. at the Summit Senior Center, 100 Morris Ave., Summit. A \$5 donation per family is requested at the door.

Seems like old times

Members of the Jonathan Dayton Regional High School graduating class of 1945 gather in the school library Saturday for their 50th reunion. Scores of former classmates came from 15 states, and many from the Union County area; to see each other — in many cases, for the first time since graduation. After the reception at Dayton, the reunion participants attended a banquet at the Holiday Inn.

CPR classes

Overlook Hospital is offering a series of CPR classes in the month of October in an ongoing effort to help citizens become better prepared for the emergency needs and improve upon their first aid skills. All classes are taught by trained, certified CPR instructors. For more information, call (908) 273-0900.

The schedule includes: Heartsaver Adult CPR, Oct. 10, 7 to 10 p.m.; Heartsaver Pediatric CPR, Oct. 17 from 7 to 10 p.m.; Heartsaver First Aid, Oct. 24 from 7 to 10 p.m.; Heartsaver First Aid and CPR, Oct. 31 from 7 to 10 p.m.

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Countdown to the 1990s

The public may help fund the bridge to the 1990s by participating in the Countdown to the 1990s. The public may help fund the bridge to the 1990s by participating in the Countdown to the 1990s. The public may help fund the bridge to the 1990s by participating in the Countdown to the 1990s.

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Senior Lifestyles



Members of the Jonathan Dayton Regional High School graduating class of 1945 gather in the school library Saturday for their 50th reunion. Scores of former classmates came from 15 states, and many from the Union County area; to see each other — in many cases, for the first time since graduation. After the reception at Dayton, the reunion participants attended a banquet at the Holiday Inn.

Cable TV show offers flu advice

In October "Vintage Views," Union County's cable television program for seniors, urges all of us to fight the flu.

Program host Lou Covello, a program coordinator with the Union County Government's Department of Human Services' Division on Aging, discusses flu shots as a winning tactic against the flu.

"Doctor Spagnuolo supports the belief of most seniors that preventing a flu shot won't get sick during the winter months," stated President Elmer Ent, liaison to the Advisory Council on Aging. "He agrees with the many doctors who recommend and administer flu shots. It is convinced that the shot can help us win the fight over the flu. The unfounded fear some people have of flu shots only succeeds in spreading the flu. We have to fight it."

Brubaker discusses her own flu shot. She only succeeds in spreading the flu. We have to fight it.

Accounting firm offers tax classes

Thousands of senior citizens take the first step toward a second career by enrolling in the H&R Block Income Tax Course.

H&R Block, the world's largest income tax preparation firm, will offer the Income Tax Course starting the week of Sept. 11. The class material is presented in a user-friendly style. Morning, afternoon, evening and weekend classes are available.

The course provides excellent training for people who want to continue working after they retire or are retired and want to go back to work. An experienced H&R Block instructor guides students through various aspects of income tax preparation. Classroom includes discussion, practice problems and hands-on preparation of individual income tax returns.

One course fee includes all textbooks and supplies. Graduates receive Certificates of Achievement and continuing education units. Qualified graduates of the course may be offered job interviews with H&R Block but are under no obligation to accept employment.

If hired, graduates of the course can profit from a practical skill they can put to use at convenient locations. Work may be scheduled during the hours and days that best fit their situation. Those interested in more information about the H&R Block Income Tax Course may call 1-800-TAX-2000 (1-800-829-2000) or your local H&R Block office, located at 1587 E. Second St., Scotch Plains, N.J.

Tax volunteers needed for county aid program

The tax season is once again nearing, and Catholic Community Services' Retired and Senior Volunteer Program of Union County is recruiting income tax volunteers 55 years of age and older for the 1996 tax season.

Volunteers will be expected to attend a four-day federal and state tax training session in January. Upon completion of the training, volunteers will be scheduled to assist with the returns for several hours one day each week from February to April 15, 1996. The training and course materials are provided free of charge.

The Volunteer Income Tax Assistance program, which provides free tax assistance to the elderly, handicapped, and low-income residents, last year completed nearly 1,200 tax returns at seven county-wide locations.

Anyone interested in volunteering or for more information is needed, call the RSVP office Monday through Friday from 9 a.m. to 5 p.m. at (908) 769-2153.

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WEDNESDAY: 7:00 AM
FRIDAY: 7:00 AM
SUNDAY: 9:00 AM

Giving to the community Retiree stays active on aid squad

By Kathryn Fitzgerald
Managing Editor

Mary Hurwitz, a resident of Springfield for 38 years, wanted to "pay back a lot of good things that've happened," particularly those due to first and foremost, her husband.

When he retired from a career as a chemical engineer at age 70, he found that he had the opportunity to continue serving his community.

Almost eight years ago, Hurwitz began volunteering his time with the Springfield Volunteer First Aid Squad, and today he is on call "probably every day of the week," according to Squad Captain Elizabeth Frizen.

"I felt obligated to volunteer for the squad as a matter of conscience," Hurwitz explained, "and since I'm Jewish, one of the prime things one can do to save a life or help save a life."

A registered Emergency Medical Technician who's certified to perform defibrillation, Hurwitz rides the squad's ambulance 36 hours a week, although he remains on call all week.

In addition to being an important part of many day-camps, he is the squad's recording secretary and historian.

Both Frizen and 1st Lt. Kevin Paul said they're thankful for Hurwitz's endless contribution to the squad.

"He's a joy to have on a crew," Paul added, "and he's an asset when you're dealing with the older community."

Community involvement has been a large part of Hurwitz's life. Prior to his retirement, he had "basically a full life of strong service to the town," including his time with the Boy Scouts.

Today, in addition to his service with the First Aid Squad, he also has an active member of the Third New Jersey Regiment of the Brigade of the American Revolution, an organization that re-enacts the daily life of Revolutionary-era soldiers. With his regiment, Hurwitz played an active part in Springfield's bicentennial last year.

County announces services schedule

Union County Government's Department of Human Services, Division on Aging, has announced the schedule for its Outreach Services Program.

As in the past, the program will provide isolated/elderly persons with help in applying for services such as pharmaceutical assistance, gas and electric supply, grocery supplies and food stamps; counseling on health insurance for Medicare enrollees; home energy assistance; and supplementary security income.

"Our knowledgeable staff will be available to assist anyone needing these types of services," said Frederick Elmer Ent, liaison to the county's Advisory Council on Aging.

"We want to bring government services to people, particularly senior adults, and help them receive the services they need," said County Manager Ann Baran.

Program services will be available as follows: Wednesday, Railway Section Baptist Church, 278 East Milton Ave. and Lenox Place, Newark, 1:30 to 3:30 p.m.; Oct. 16, Vauxhall A.M.E., 241 Hillside Ave., Union, 9:30 to 11:30 a.m.; Oct. 18, Hillside Community Center, 265 Hollywood Ave., Hillside, 9:30 to 11:30 a.m.; Oct. 19, Elizabethport Family Center, Pioneer Homes 32C, Elizabeth, 9:30 to 11:30 a.m.; Oct. 19, Roselle Borough Hall, 210 Chestnut St., second floor, Roselle, 1:30 to 3:30 p.m.; Oct. 31, Cranford Lincoln/Gilt Apartments, 40 Meeker Ave., Cranford, 1:30 to 3:30 p.m.

Private interviews will be conducted by senior staff from the Department of Human Services' Division on Aging and Division of Social Services.

Anyone who needs more information about the Outreach Services Program may call (908) 527-6870 or 527-4872.

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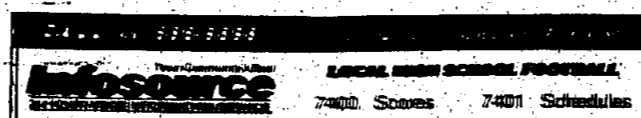
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H.S. Football This Saturday
Dayton at Johnson, 1:00
Gov. Livingston at Roselle, 1:00

SPORTS



Dayton boys' soccer tops 3 consecutive opponents

Wins come vs. R. Park, Central, N. Plainfield

The Dayton Regional High School boys' soccer team began the week on a roll. The Bulldogs took a three-game winning streak into Tuesday's Mountain Valley Conference-Mountain Division contest at Immaculata. Dayton Regional posted wins over Roselle Park, Newark Central and North Plainfield to improve to 3-2-1. The Bulldogs host Hillside today.

Dayton, GL football squads defeated in Mountain play

The Dayton Regional and Governor Livingston Regional high school football teams were defeated on the road last weekend in Mountain Valley Conference-Mountain Division action.

Dayton lost to Newark Central 30-0 Saturday afternoon at Utermann Field and GL was beaten by Immaculata 34-14 Friday night in Somerville. It was the first win in two years for Newark Central, snapping a 16-game losing streak. Newark Central last won on Oct. 9, 1993 when it defeated Dayton 35-6 in Newark.

Abdul Cherry rushed for two touchdowns and Arnez Gardner caught two touchdowns passes from quarterback Sal Moore.

Dayton's next opponent will be one of the best Group 2 schools in North Jersey — Johnson Regional. Johnson hosts Dayton at 1 p.m. in Clark this Saturday in their annual Union Bowl game, the winner receiving the Union Bowl trophy.



DISCUS DAREDEVIL — William Nichols of Springfield competed in the men's discus competition at the 10th annual Senior Games of New Jersey held last month.

Girls' tennis and girls' soccer falls
Dayton was defeated in girls' tennis by Newark Central 4-1 last Thursday and then shut out North Plainfield 1-0 at home last Friday.

Senior center forward Wioda Sotnicki scored both goals against Roselle Park and the only goal against North Plainfield.

The following are the remainder of the fall sports schedules for Dayton Regional High School:

Football

Oct. 7 at Johnson, 1:00
Oct. 14 Gov. Livingston, 1:00
Oct. 20 at Roselle Park, 7:30
Oct. 28 Roselle, 1:00
Nov. 4 Bound Brook, 2:00
Nov. 10 at Manville, 7:30
Nov. 23 at Immaculata, 10:30

Boys' Soccer

Oct. 5 Hillside, 3:30
Oct. 6 Oratory, 3:30
Oct. 10 at Roselle Catholic, 3:30
Oct. 12 at Gov. Livingston, 3:30
Oct. 17 Johnson, 3:30
Oct. 19 at Newark Central, 3:30
Oct. 24 North Plainfield, 3:30
Oct. 26 Immaculata, 4:00
Oct. 31 at Hillside, 3:30

Girls' Soccer

Oct. 6 at Johnson, 3:30
Oct. 10 at North Plainfield, 3:30
Oct. 13 New Providence, 3:30
Oct. 16 at Linden, 4:00
Oct. 18 Roselle Catholic, 3:30
Oct. 19 at Ridge, 3:30
Oct. 23 Manville, 3:30
Oct. 26 at New Providence, 3:30
Oct. 27 North Plainfield, 3:30
Oct. 31 at Gov. Livingston, 3:30

Boys' Cross-Country

Oct. 5 at Johnson/Gov. Livingston, 3:30
Oct. 10 Immaculata/Roselle, 3:30
Oct. 13 Linden, 3:30
Oct. 18 MVC Championships

Girls' Cross-Country

Oct. 5 at Johnson/Gov. Livingston, 3:30
Oct. 10 Immaculata/Roselle, 3:30
Oct. 18 MVC Championships

Girls' Tennis

Oct. 5 at Immaculata, 4:00
Oct. 6 at Ridge, 3:30
Oct. 10 at Newark Central, 3:30
Oct. 12 Gov. Livingston, 3:30
Oct. 13 at Middlesex, 3:30
Oct. 16 Ridge, 3:30
Oct. 18 Bound Brook, 3:45
Oct. 19 at Johnson, 3:30
Oct. 24 North Plainfield, 3:30
Oct. 26 at Roselle Catholic, 3:30

Springfield's Trivet sparks MW baseball

Clayton Trivet of Springfield, 1992 Dayton Regional High School graduate, continues to impress as a member of the Mary Washington College baseball team.

Now a senior, Trivet hit a two-run single and also batted and scored for the Eagles to a 4-3 loss to Bridgewater Sept. 23, the second game of a doubleheader.

Mary Washington won the first game 4-2 as Trivet went 3-for-4 on the day with two runs scored and a stolen base.

Mary Washington had a 3-1 record as its fall baseball season continued this week.



OUT IN FRONT OF THE PACK — NEWARK CENTRAL soccer standout Marica Conte of Springfield, wearing the white shirt, steals the ball away from her opponents in a match against Pingry. Conte plays the defensive position of stopper for Newark Academy, which joined the Central Hills Conference this year. He plays on defense helped Newark Academy post a 4-2 win over Pingry on Oct. 26 at Madison.

Two of three Springfield youth grid teams triumph

A and B clubs post shutouts over Millburn

Two of three Springfield youth football teams triumphed last weekend against their Millburn opponents. Springfield's A Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's B Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's C Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's D Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's E Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's F Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's G Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's H Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's I Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's J Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's K Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's L Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's M Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's N Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's O Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's P Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's Q Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's R Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's S Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's T Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's U Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's V Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Springfield's W Team defeated Millburn 14-0 in a non-league game on Sunday, Oct. 15 in front of The Ball Terrace last weekend against their Millburn opponents.

Let's Talk LINDEN

The Guide For What's Happening In Linden

PREMIER EDITION

Unveiling the 'new' Wood Avenue

Special Improvement District kicks off plans to attract shoppers

By Tom Canavan
Editor in Chief

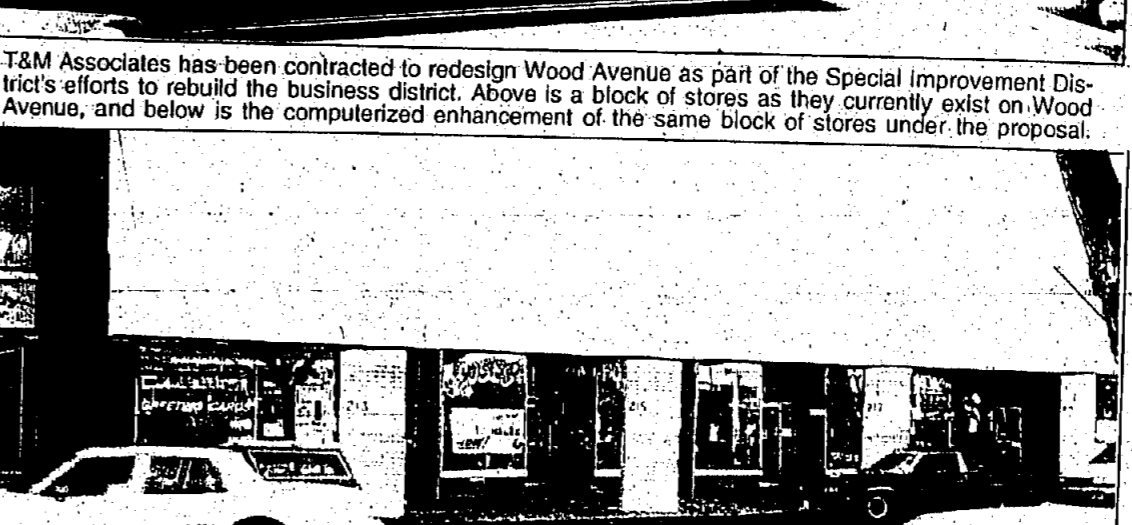
Completing renovations to the Wood Avenue business district within 18 months will have more of an impact on the future economy of the district than if the city were to carry out the process over the course of several years.

That's what Special Improvement District Director Michael Bono told a group of business owners two weeks ago, the day the Linden City Council approved an ordinance that appropriates \$920,000 of its \$2 million capital improvement budget to the newly created SID and one day before the city announced its plan to overhaul Wood Avenue.

Now that the Special Improvement District is officially established in Linden, work on Wood Avenue is expected to begin within the next three to four months. "In the towns we've visited that have Special Improvement Districts," Bono said, "the one thing that is absolutely apparent is that if they do it over a period of time, there is no impact. We must get it done, and get it done quickly."

One of the victories of the Special Improvement District will be to construct an mall across Wood Avenue at the entrance and exit of the business district to alert motorists to the "new" Wood Avenue. The SID committee, Bono said, hopes to attract corporations to sponsor the cost of the arches. Within those arches will be a uniformity among the stores which Wood Avenue has never seen.

See WOOD AVENUE, Page 20



What's Inside:

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NJ Transit to expand parking lot

By Tom Canavan
Editor in Chief

An additional 270 spaces at the New Jersey Transit train station on Elizabeth Avenue in Linden are expected to draw enough commuters away from parking in the Wood Avenue shopping district, thereby paving the way, so to speak, for more shoppers parking.

New Jersey Transit is expected to begin the design phase of the parking expansion project at the train station within the next two months and be completed with the entire project by the end of 1996.

The project, according to Ken Miller of New Jersey Transit's Public Information Office, includes the addition of 270 parking spaces adjacent to the train station, bringing the total number of spaces available for commuter parking to 659 spaces. New Jersey Transit already has parking spaces for 389 vehicles in five lots around the train station.

The proposed sixth lot, the site of an old lumber yard, will be operated by New Jersey Transit.

"We're expecting to go to the design phase within the next two months," Miller said. "The design phase is scheduled for completion in the spring of 1996."

In the summer of 1996, New Jersey Transit is expected to move to the construction phase, with the entire project expected to be completed toward the end of 1996, he said.

Construction costs are expected to be funded by New Jersey Transit, he said, while acknowledging that the company is working in conjunction with the city's Special Improvement District on funding issues.

The project only calls for parking expansion, and does not include renovations to the train station itself, New Jersey Transit operates the station, while the city of Linden operates the remaining three.

Miller said the parking expansion project is needed at the train station in Linden, not only for the benefit of the Special Improvement District, but for the convenience of its own commuters. "Almost each of the 389 existing spaces is filled each day," he said.

Mayor John Gregorio was not as hopeful about the success of the project as the New Jersey Transit spokesman.

Gregorio said he does not think the 270 additional spaces at the train station will be enough to satisfy commuters and prevent them from parking in spaces in other areas that could be utilized by Wood Avenue business district shoppers.

"I'm sorry to see that's what it will be used for," Gregorio said. "We could have had a building there for more retailables, which the city needs. The city can't get retailers from a parking lot."

LET'S TALK LINDEN



Photo By Jim Long

NJ Transit is scheduled to add 270 parking spaces in the area adjacent to the train station on Elizabeth Avenue to draw commuters away from taking spaces that could be used for Wood Avenue shoppers parking.

But Gregorio worried that he and the city will "make the most of it."

The mayor said there will be new signage as part of the project, and added that the city is asking New Jersey Transit to reserve some spaces for the six shoppers parking.

"But I understand it will not be long before parking," he said.

Instead of the parking lot, Gregorio said he would have preferred to have apartment houses on the site because the city is "short of rental space."

The mayor said the property was once approved for town houses or condominiums, but when the district on those kinds of units "backfired," he said.

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Location is prime reason businesses relocate to city

By Tom Casanova
Editor in Chief

Location is the prime reason why many merchants choose a site to open a business and hope for success. It's why many merchants pour a great number of dollars into a venture and take a risk. It's why many merchants are expanding in Linden.

Linden is working on a number of millage projects that target areas like Wood Avenue, the Linden Airport, St. Georges Avenue and Route 1&9.

And it has a great deal of downtown locations. Linden is served by five major roads, including Route 1&9, the New Jersey Turnpike, the Garden State Parkway, Route 278 and Route 27.

The city is a major stop on the New Jersey Transit Amtrak commuter rail line with service to New York City, Newark and Trenton, and is also served by New Jersey Transit for bus service.

Linden borders the nation's largest foreign trade zone in Port Elizabeth/Port Newark, and the city hosts its own airport, which is undergoing major redevelopment and is expected to bring more retailers to the city center. Parts of the city are approximately five minutes from Newark International Airport.

Linden boasts retail and professional business owners, but it also boasts corporations like Merck & Co., Exxon and GMAC, among others.

LET'S TALK LINDEN

'We've probably been the most successful city in Union County because of the availability of land and buildings with the right square footage category.'

— Charles Mancuso
Executive Director, LEDC

Georges Avenue district as well.

In the small commercial business area, the Office of Economic Development maintains a complete inventory of all vacant buildings and land that may be available to small business owners who want to come to Linden.

"We have a nice network," Mancuso said. "The first thing someone does is call the Economic Development Corporation. We set up meetings and give them five or six addresses of sites that may be available for their needs. Sometimes we go out with them to the site, or they go themselves, but we take them to the site with owners of the property and introduce them to city officials they may be dealing with, such as the construction code official, Board of Health and Building Department. An inventory is the key to dealing with those businesses that want to come into Linden."

In the large industry area, Mancuso said his connections with developers across the state have given him an opportunity to introduce large developers to the mayor. "We've been very successful in this area," he said. The next venture the Economic Development Corporation will target will be to build the Route 1&9 corridor from Elizabeth to Rahway.

Mancuso said he is expected to set up meetings with Elizabeth Mayor J. Christian Bollwage, Linden Mayor John Gregorio and Rahway Mayor James Kennedy to try to determine the best way to rebuild Route 1&9 and make it a viable corridor.

"We've probably been the most successful city in Union County because of the availability of land and buildings with the right square footage category," Mancuso said.

Mancuso can be reached at the Linden Economic Development Corporation at (908) 474-8405.

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LET'S TALK LINDEN

'Linden just seems like the right place to be'

Sporting goods store to open on Wood Avenue

By Tom Canavan
Editor in Chief

It just felt like the right time for John Messina to come back to Linden.

After spending most of his youth on Wood Avenue, where his father worked at Linden Radio at the corner of Elizabeth and Wood avenues, Messina will open his own store on Wood Avenue and hopes he can be a part of the revival Linden is about to undergo.

Messina's big day will come Monday, when he will open J.B. Sports Outlet at 122 N. Wood Ave., with most of his family beside him to help run the business.

It's been a tough road for Messina during the last few weeks, he admitted. Most of his time has been spent robbing the interior of the store, which once housed an accountant's agency, and, prior to that, the DeBtop Shop.

"We're trying to bring the store into the 20th century," said Messina, a resident of Clark. "I didn't realize how much had to be done."

While he is doing interior work, Messina has been spending most of the remaining time getting all orders completed so his goods are all delivered in time for Monday's grand opening.

"I chose Linden because my father worked at Linden Radio," Messina said. "Being a graduate of Roselle Catholic, I went up Wood Avenue every day to go to his store."

And now he's coming back.

J.B. Sports Outlet promises to have everything for the individual and the team. Merchandise expected to be sold includes custom uniforms and all hard goods such as football, baseball, basketball and soccer equipment. The store also will carry trophies and plaques.

J.B. Sports Outlet will be a family-owned operation. Assisting Messina will be his wife, Christel; parents, Margaret and Basil; a lifelong friend and godfather to his children, Joseph DiMaggio; twin daughters, Angela and Nicole; and his son, John Basil, after whom the store is named.

J.B. Sports Outlet is Messina's first venture into the business world. Why sporting goods?

"I have been either assistant or head baseball coach in the American Legion for many years," Messina said. "The longest has been my involvement with the Roselle American Legion, and next year, they combine with Linden. This year, we played most of the time in Memorial Field."

Why Linden, and why Wood Avenue? "Linden is such a youth-oriented town

and it felt like the right place to be," Messina said. "I felt like Linden returning around and I could jump on the bandwagon."

Messina has many friends in Linden, whether they are business owners, city officials, or residents.

"We have lifelong friends who have other businesses on Wood Avenue. They've been on the street for at least 30 years. My family has been close friends with the Gregorios and, again, everything kind of falling back as the right kind of place to be," Messina said.

Slove hours at J.B. Sports Outlet will be Monday to Thursday from 9 a.m. to 6 p.m.; Friday from 9 a.m. to 8 p.m., and Saturday from 10 a.m. to 4 p.m. The store will be closed Sunday.

"Teaching in town, dealing with athletes, having friends coaching the football program, being involved in the Recreation Department with American Legion and having friends who are business owners here, Linden keeps kind of falling back as the right kind of place to be," Messina said.



John Messina, right, owner of the soon-to-be-open J.B. Sports Outlet, Basil Messina Sr.

Photo By Joe Lane

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Bagelmania gets to heart of the stomach

By Melodie Warner
Staff Writer

Bagelmania located at 105 North Wood Ave., opened on June 16, and although the store is replacing another bagel shop, owner Bill Nolte, said, "It's totally different from what it was."

Bagelmania has an extensive menu which features daily lunch specials, a full line of Bear's Head cold cuts, subs, homemade cream cheeses, and various homemade salads.

Nolte personally makes all of the different flavors of cream cheese, and his specialties include scallion, vegetable, walnut raisin, hot, and many more.

"I started making bagels when I was 13 years old," he said. "For 20 years now, I've been making bagels. I have another store in Columbia named Colonia Hot Bagels, and before that I worked in Manhattan."

Nolte said the most popular bagel is plain, but Bagelmania has 17 varieties from which to choose: plain, salt, sesame, poppy, onion, garlic, everything, marble, egg, blueberry, raisin, whole wheat, pumpkin, stick, sticks and holes. Additionally, the store sells five types of muffins baked fresh every day.

Bagelmania counter-bread and rolls, government offices, and becoming a weekly there will be a featured gourmet flavor of the day. Other beverages include Snapple, sodas, orange juice, cappuccino, and coffee. There are tables for people who want to dine in, and take-out menus are available for people who don't.

For customers who want to communicate, advanced orders can be placed by phone or fax for those on a hurry.

Every day, Bagelmania's daily lunch specials are listed in local businesses and City Hall to let customers know what the specials are for the day.

On Monday, Tuesday or Wednesday, if you buy six bagels, you get two bagels free, or four bagels free if you buy 12 bagels. Congress also are given out in the store for more discounts. "That's our little thank you to Linden," he said.

For offices, schools, or anyone else who needs a caterer, Bagelmania has catering services for meetings, banquets, deli platters, and hot buffets.

Notte enjoys being a business in Linden. "It's nice. It's a different atmosphere than I'm accustomed to. We've always been in strip malls, and places like that. This is like a little community here."

"I know all the shopkeepers, and all the local merchants come in. On Monday, Wednesday and Friday, some of the executive staff of Linden, the mayor, and so on come in for breakfast. The merchants have their meetings here every Wednesday. It's just nice."

LET'S TALK LINDEN

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At Bagelmania, everyone's ready to please the customer. From left are Bill Nolte, Abduhi Ali, Heather Boyer and Larry Pius.

Nolte invites everyone to "come on down, see our new improved service, and give us a shot. Come in and see that the store has been renovated and updated. We've added a whole list of new items. We've asked people what they like to see in the shop, and we're catering to our public's demand. They asked for the cold cuts, so we got Bear's Head, and so on."

I know how to make probably 25 to 30 varieties of bagels learned over the years. Whatever they ask for, if I get enough requests for it, we'll do it. Nothing is out of the ordinary.

The store's hours are 5 a.m. to 7 p.m. Monday to Friday; 6 a.m. to 5 p.m. Saturdays; and 6 a.m. to 3 p.m. Sundays.

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LET'S TALK LINDEN Industrial Association celebrates 60 years

By Douglas Miller
Managing Editor

The Linden Industrial Association celebrated its 60th anniversary in style Sept. 27 at L'Affaire in Mountainside.

Politicians and industry members attended the celebration to toast the accomplishments of an organization that has spent the latter half of the century keeping Eastern Union County secure in its role as an industrial hub.

In addition to the toasts and celebration, there was a round table discussion geared toward determining how the area can recapture its economic heyday, and how to avoid making the mistakes committed by other areas.

"Today, a number of critical economic issues face the LIA and the city of Linden," said Industrial Association President Anthony Soriano. "Since 1981, Union County at large has lost 40,000 jobs in the private goods-producing sector. Although there has been a modest offsetting gain of 15,000 jobs in the mostly lower paying service sector since 1981, the net loss to Union County exceeded 25,000 jobs."

Soriano, who works for Eli Lilly, urged the assembled officials to work together toward keeping the area as one that was responsive to business needs. "We need to develop as a piece of our vital transportation infrastructure — the Turnpike, the rail system — and we need to continue to

improve the regulatory climate to balance business and industry growth."

The keynote address was delivered by George Taber, editor of Business Week magazine and a former editor at Time magazine. Taber, who in addition to his publishing duties has a show on New Jersey 101.5 radio, gave a history lesson on economic trends — "make sure you see the tide, not just the waves" — and urged the audience to use those lessons to guide their future decisions.

"We Americans have a terrible habit of talking ourselves down. It is almost a national story. We beat ourselves up a lot. We like to say that the Japanese can build better televisions, and the Germans can build better cars, and the British can make better drugs than us. But by beating ourselves up like that, we ignore what might be happening."

Taber said change is needed — change in methods, change in policies, and change in attitude toward business in the region and in the country. He acknowledged a Swiss study published recently which reported that despite a national attitude, the United States still has the most efficient economy in the world.

During the roundtable discussion that followed, several Union County officials weighed in on the changes on the national and state levels, and how they can be expected to affect this area in the coming years.

Assemblyman Joseph Suliga, D-Union, filled in for Linden Mayor John T. Gregorio, who was forced to miss the event because of an illness, and his sometimes-bringing voice filled the room with his praise for Linden's industrial history. While other communities in New Jersey may look down on Linden for its blue collar economic base, Suliga argued, the city was and would continue to be proud of its industry.

"The city of Linden's unofficial motto, both to our residents and to our industry, is: 'How can we help you?' The mayor recently directed me to settle a tax issue with our single biggest taxpayer, Exxon, which we did. We are unwilling to hurt industry in our town. Will we have to pay a little more in taxes this year because of it? Probably. But in the long run, will jobs be created? Will we be able to go to an event like today, when Exxon Chemical celebrates its 75th anniversary? Will we be able to see Tosco Corp. and Exxon put up another facility? I'm glad we have worked out an agreement so they can stay in the community," Suliga said.

"What will Linden look like in the year 2020? I don't know, but I would hope that we would still be manufacturing. Because we are not ashamed of manufacturing. We are not ashamed to say that we produce oil. In fact, I'm proud of it. Because everyone in this world needs the products we produce. Everyone utilizes the 30,000 chemicals we produce in Linden throughout the world.

Whether it is a homemaker in the home using some kind of cleanser to clean the sink, or the most important corporate using some type of product from Exxon or General Motors, we're proud of that. "We don't want that to change."

Henry Ross, acting president of Kean College, addressed the issue by stating his belief that such changes have and will continue to have a "major impact" on the area.

"New Jersey has been affected perhaps more than most states by changes in the past 15 or 20 years. And within New Jersey, Union County has been affected more so than any other county. In fact, the net outflow of manufacturing jobs has been about 40,000 jobs over about a 12-year period. And that has had a dramatic impact. The problem with the service jobs that have replaced them has been that the gap has not been made up. And the problem is that there is a much lower economic structure involved with service jobs. The pay is only about 50 percent of manufacturing jobs."

"Union County is ideally situated to participate in the global economy," he continued. "We have the tremendous port of New York and New Jersey, that is really in New Jersey, and most of that is really in Union County. We have tremendous transportation opportunities as far as a railroad, and a road infrastructure, and we should make a real effort to begin to capitalize on global participation in the local economy."

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LET'S TALK LINDEN • October 5, 1995 • PAGE 12

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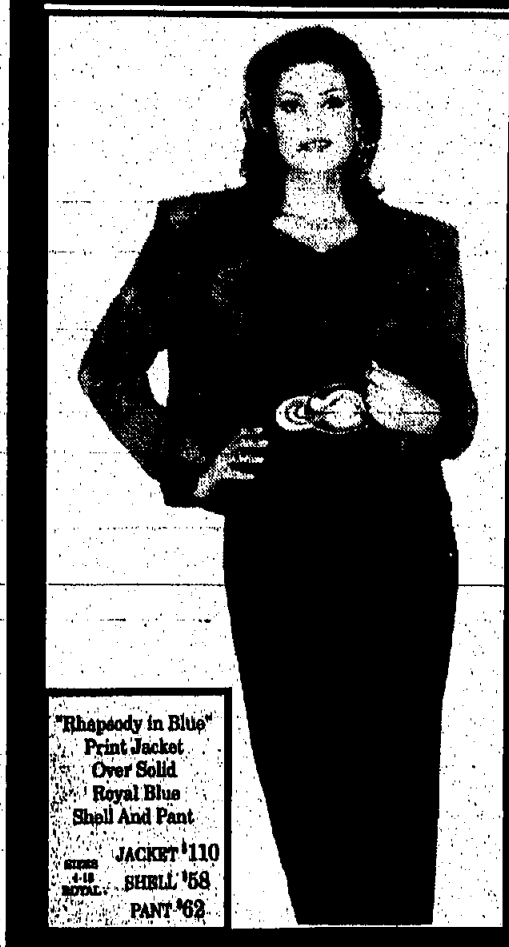
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LET'S TALK LINDEN

Recreation center to open with activities for all kids

By Douglas Miller
Managing Editor

It took a long time, longer than most residents in the area expected, but last weekend the Recreation Department was able to move into its new facility at 1025 John St. The 14,000-square foot building, located at the old Unigro Beverage site, had to overcome several obstacles, not the least of which was the contractor working one half-way through the job, but now, finally, the building is ready to open.

The project, which cost about \$1 million to complete, is accompanied by the \$425,000 facility the Recreation Department is giving to St. Mark's Park, which will include new basketball, softball and picnic facilities. The park was closed for the summer in order for renovations to be completed in an affordable manner, but that project, with the exception of the lighting, will be done in-house.

The building was first started in 1991 when the city acquired the land that was abandoned by Union Beverage, but the idea for the structure, either on John Street or elsewhere, goes back well over a decade.

"The mayor and I were out here one day for something else, and he said, 'Why don't we look at this place for a site,'" said Recreation Department Director Al Volpe. "So we did. And it was a long frustrating project, and I had the mayor calling me every day asking how we were doing. I have to say, the people who live around here were terrific. They were so patient with all the construction going on every day."

The building is built in two sections, a front section with a kitchen, activity rooms and locker rooms, and a back section that has a full basketball court. Behind the building is Duhanow Avenue, and the far side of the street is temporary parking which the city is leasing from Amerak for \$300 per year. There is also a mid-sized back yard for outdoor pre-kindergarten activities.

The building, which was designed by the architectural firm of Gilligan and Bahnowski, will be open to the entire community, although they expect that the bulk of the users will come from the neighboring 4th, 5th and 8th wards.

"We look at this area as being a vital part of the whole St. Georges Avenue Redevelopment Project," said 8th Ward Councilman Albert Youngblood, who serves on the city's Recreation Committee. "This building is very much a part of the project. This is city money. We bonded all this, compared to some of the others, which is Urban Development Action Grant funding."

"This is city money, in that we don't have to give any of this back," Volpe added. See RECREATION, Page 19

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LET'S TALK LINDEN

Business, Professional group seeks members for growth

By Tom Canavan
Editor in Chief

A redesigned Wood Avenue, additional parking for residents to enjoy one-stop downtown shopping, facade improvements to local businesses at no expense to business owners.

These are some of the goals of the Linden Business and Professional Association the catalyst that ensures success among business owners on Wood Avenue and throughout the city.

That goal is to see a soaring list of new membership which would make the Linden Business and Professional Association the catalyst that ensures success among business owners on Wood Avenue and throughout the city.

With more than 200 businesses in Linden, the association is looking for 100 percent membership.

And why not?

According to Mitch Rappel, owner of Sir Specialty Vision, a printing and graphics company on Wood Avenue, increased membership in the Business and Professional Association can make the city's merchants a stronger force to help make Linden a better place to live.

"The association is more than simply to organize sidewalk sales. In the past, that seems to be all the association has done. What we want to do is be a liaison between the community, the merchants, professional and industry to make Linden a better community," Rappel said. "We want to establish networking among merchants."

With the approval two weeks ago of the Special Improvement District in the city, Linden is entering a renaissance and will become a new city within 18 months, he said. The Business and Professional Association wants to be there for support — not only for fellow merchants, but for the citizens of the city as well.

"There are many Linden residents who would like to be able to sleep downtown again. One of the things the association would like to do is get people shopping downtown. It not only makes their shopping trip easier, but it allows the merchants to benefit from the situation," he said.

Rappel, an officer in the Business and Professional Association, said that will be done in two phases, the first of which began with the approval of the SID program, in which the city appropriated \$2 million of its capital improvement budget for the renovation of the business district. "Phase One is to get the downtown more presentable for customers," he said. Phase Two, he said, is to attract new merchants and businesses, as well as new residents.

See CROWING, Page 18

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LET'S TALK LINDEN

Growing membership needed to ensure successful SID

(Continued from Page 17)

"The people of Linden want to be able to utilize the downtown shopping area for one-stop shopping instead of having to go to the malls or various locations. With increased parking, that will facilitate them and make the downtown readily accessible," he said. But it has to start with the merchants, Rappel stressed.

The Linden Business and Professional Association is open to all business owners in the city, not just those on Wood Avenue. Meetings are held every Wednesday at 8 a.m. at various locations.

"We don't want to confine membership to Wood Avenue," Rappel said. "We're also looking for members from St. Georges Avenue and Route 1. To any business, professional or industry member, we urge them to get involved with the association."

The association held a special meeting two weeks ago to solicit new members. "We want to meet new merchants and professionals, and we need to get them involved," Rappel said.

For a \$50 fee, members of the association will receive a quarterly newsletter updating members about progress in the city's business district, details for participating businesses to allow business owners to network among themselves, participation in a

health care fair, which is being planned; and a welcome to new businesses in the quarterly flyer. These flyers will be distributed to local businesses to be given to the public.

Currently, there are 48 members in the association with a total of more than 200 businesses in the city. The Business and Professional Association wants to reach 100 percent membership among the business community. "In numbers, we can accomplish anything," Rappel said.

"The mayor's office is on our side. We need to work together with the mayor's office and the City Council to revitalize Linden," Rappel said.

Rappel added that merchants should be positive to the news about the implementation of the Special Improvement District and be willing to support its inception. He said he foresees that the only concern merchants could have with the Special Improvement District is that their rents will be increased. That is not expected to happen, he said, because the tax has already been assessed and will not be increased.

"I can't see anyone opposing the facade renovations. It will beautify the city, draw people into the city, and just promote Linden," he said.

Merchants and professionals interested in attending the Wednesday morning sessions should contact Rappel at (908) 925-7723.

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LET'S TALK LINDEN

Recreation center to open

(Continued from Page 14)

The main activity room in the facility is named for the late Elnor R. Volpe Jr., a resident who, according to Volpe, was an inspiration for the project. "Back when we first started the project in 1979, he was one of the first people from the community to come to us asking, 'Do you think it will ever come about?' Do you think it will ever come about?"

"When this project was being discussed," Youngblood said, "the original location for the building the community wanted was on St. Mark's Park. We couldn't put it there because of Green Acres funding. They did not want us to take up that much open space."

Instead, the building as it stands is located in a far more centralized location, just one block off St. Georges Avenue.

Every room in the facility will be multi-purpose, including the gymnasium, which has a rubber-like floor to allow for a variety of uses. The three activities rooms can be used for an assortment of purposes. An example is the first room, which is set up for boxing and martial arts. It has a four-roped ring, which is bolted into the floor but is removable, as well as a heavy bag and a speed bag. The middle room has weight-lifting equipment, which will require an extra \$5 per year to use. The extra money will come with expert instructions on how to use the equipment, which will help prevent newcomers from hurting themselves.

The kitchen and cafeteria will not be used to displace the nutrition program offered at the Gregorio Recreation Center, and will not offer any type of similar program.

"Morningstar Church is right down the road, and they offer hot meals for the elderly, so there is no need," Volpe said. "Some of my budget every year goes to a grant to help them out. So what we are looking for here is to help the children and the adults. People like Al Youngblood and myself give people our age something to do. But one thing we do not want to do is to duplicate services."

Library starts Tiny Tots program

Tiny Tots programs for preschoolers began this month at the Linden Free Public Library. A parent must accompany each child. Pre-registration is required.

At the East branch of the library, 1425 Diji Ave., Tiny Tots will be held Tuesdays, Oct. 10 to Nov. 14 with the exception of Nov. 7, at 1:30 p.m. for children ages 2 1/2 to 5 years old. For more information or to register for Tuesday afternoon programs, call Children's Librarian Athina Ning at 298-3829.

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LET'S TALK LINDEN

Wood Avenue rehab is focus to lure shoppers to city

(Continued from Page 1)
 Because Wood Avenue contains various kinds of architecture, and the city does not want to eliminate their uniqueness, the SID committee is proposing to connect the stores with a "roof," which will extend over the stores from the beginning of one block to the next. A connector is a facade that will be built on the roofs of buildings that are lower than the others on the block for the purpose of conforming the height of the buildings. In addition to the roofs, the facades of each store will be renovated, at no expense to business owners because the funding is coming from the Special Improvement District budget.

Signage will be consistent among all stores once the plan is in effect. While these improvements are occurring, Bono said the SID Committee will try to work in conjunction with Union County to repair Wood Avenue.

One of the considerations of the Special Improvement District Committee was to widen the sidewalks along Wood Avenue for pedestrian traffic. That would narrow the amount of vehicular space on the street itself, and the idea was immediately discarded by committee members.

No increased taxes Taxpayers will not be shouldered with an additional tax burden because of the SID program. Funding for the project is coming from the city's capital improvement budget and an additional tax on businesses in the

downtown area, one of the features of Special Improvement Districts statewide.

Special Improvement Districts are projects taken up by many communities that realize they may be losing their taxable base to larger shopping areas outside the city, such as malls. Specific areas are designated to be within the Special Improvement boundary, and within those boundaries, landowners are given a special tax assessment to help pay for the costs of improvements to the businesses in the district.

Three gateways T&M Associates, a planning and engineering firm, was contracted to design the concepts and plans for the Wood Avenue improvements. Project manager Bob Stetz said the area marked for improvements includes 16 blocks and 144 businesses.

T&M designed three types of "gateways" to the city: an arch, a brick intersection, and a tree engraved into a brick wall.

The proposed arch would be constructed at the beginning of the shopping area and read "Welcome to the City of Linden." The brick intersection concept would have a section of Wood Avenue made of red brick to catch the eye, and the third proposal suggests having a tree engraved into the brick-face of Woolworth's wall facing Blawie Street with the words "Linden's Tree."

The city recently acquired property behind the shopping center which will be used for parking, Bono said. Parking will be improved with the construction of a new



T&M Associates, the planning firm contracted to redesign the facades of Wood Avenue businesses, envisions a new look for Linden Travel, BZ Fashions and BZ Queens.

42-space parking lot on Knapp Street, and a meter maid will be hired to help reduce the use of parking spaces by employees which will free more spaces for consumers.

Identification, according to SID Committee member George Bora of BZ Fashions, is one of the city's biggest problems. To correct that problem, Jabot said the committee is considering posting signs throughout the city pointing out the direction of the Wood Avenue business district. In addition, signs along Wood Avenue are being considered to display more effectively where public parking is located.

"We would like to see the merchants in this town starting to get involved now," Bono said. "They have to realize that the more they get involved, the more all of us can accomplish."

One of the concerns raised by merchants was the Linden Airport Redevelopment Project and its potentially adverse impact on the Wood Avenue Special Improvement District project. Bono told the group of merchants that the Wood Avenue project is expected to be completed before the airport redevelopment project, and, therefore, there should be no negative impact.

Staff Writer Melodie Warner contributed to this article.



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LET'S TALK LINDEN

Recreation Department offers Halloween fun for students

Students encouraged to enter posters

The Linden Recreation Department will sponsor its annual Halloween Poster Contest in two categories for children in grades kindergarten to eight.

Although the same rules apply in both categories, one contest is designed for children in grades kindergarten to five, and the second contest is designed for children in grades six to eight.

The rules are as follows:

- The entry must have a name, address, school, teacher and grade printed on a small card securely attached to the back of the poster.
- Posters must be 9 inches by 12 inches. Posters exceeding this size will not be accepted.
- The poster can be made from construction paper, cardboard, or any other related material.
- Any material can be used to decorate the poster: glitter, tinsel, fringe or fabric. Entrants may bring materials from home. The poster is to be done in school if entrants have art this semester. Otherwise, posters may be done at home. No factory-made Halloween decorations are to be placed on the posters.
- The theme must be Halloween.
- Use paint, chalk or crayons. There are no limitations.
- The deadline for the contest is Oct. 13. All entries must be submitted to your art teacher or to the John T. Gregorio Center, 330 Helen St., by that date.
- Posters will be judged on Oct. 18.
- Prizes are as follows: Trophies will be awarded to first, second and third place winners. Certificates and ribbons will be awarded to fourth and fifth place winners.

For more information, contact the Linden Recreation Department at 474-8637.

Art contest for high school students

The Linden Recreation Department will sponsor its annual Halloween Art Contest for students in grades nine to 12.

First place winners in the contest will receive a prize of \$50, while second place winners will receive a prize of \$25, and third place winners will be awarded \$15.

The rules are as follows:

- Students must submit an entry whose actual size is 12 inches by 8 inches.
- The entry must have a name, address, school, teacher and grade printed on a small card securely attached to the back.
- Pictures can be made from construction paper, cardboard or any other related material.
- Any material can be used to decorate: glitter, tinsel, fringe or fabric. The poster is to be done in school if you have art this semester. If you do not have

all the poster may be done at home. No factory-made Halloween decorations are to be placed on the poster.

- The theme must be Halloween.
- You can use paint or chalk. There are no limitations.
- All entries must be submitted by 5:00 p.m. on Oct. 13 to the John T. Gregorio Center, 330 Helen St., no later than Oct. 13.
- Judging will be done on Oct. 18.

Art contest for Special Education students

Special Education students in the Linden School District are eligible to enter the Linden Halloween Art Contest.

The rules are as follows:

- Anyone from Special Education classes is eligible.
- The entry must have a name, age, school, teacher and grade printed on a small card securely attached to the back. This is very important so awards can be distributed. Students must indicate they are in the Special Education Class category.
- The posters can be made from construction paper, cardboard or any other related material. Decorate your poster with any material. Students must use factory-manufactured Halloween decorations.
- The poster can be any shape, but it must not be larger than 9 inches by 12 inches.
- The judging will be done from 9:00 a.m. to 12:00 p.m. on Oct. 18.
- The poster must be worked on in school with your teacher.
- The deadline for the contest is Oct. 18. All entries should be handed to your teacher by that date. The posters will be judged on Oct. 18.
- The theme must be Halloween.
- Trophies will be awarded to first, second and third place winners. Certificates and ribbons will be awarded to fourth and fifth place winners.

Pumpkin painting offered to students

A Pumpkin Painting Contest for Linden elementary school-age children from grades pre-kindergarten to five will be held Oct. 20 in two sessions.

The first session will be held from 9:00 a.m. to 12:00 p.m. and the second session will be held from 1 to 2 p.m.

Judging will start at 2:15 p.m., and winners will be announced at 2:45 p.m.

There is a \$5 pre-registration fee for participants.

First place winners will receive a trophy, while second and third place winners will receive certificates and ribbons.

Pre-registration will be on a first come, first served basis.

The Halloween Committee and the Recreation Department will supply pumpkins, paints and brushes. The deadline for registration is Oct. 15.

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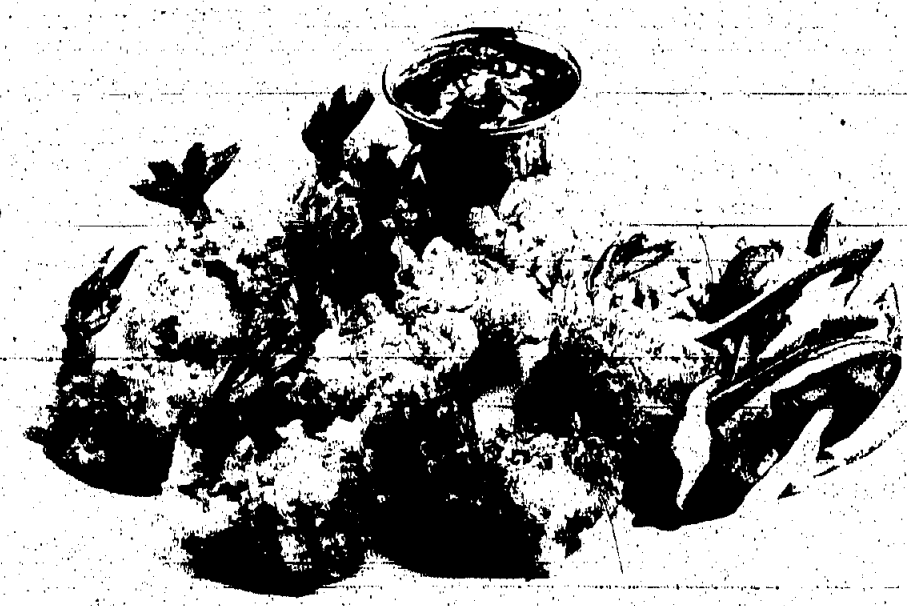
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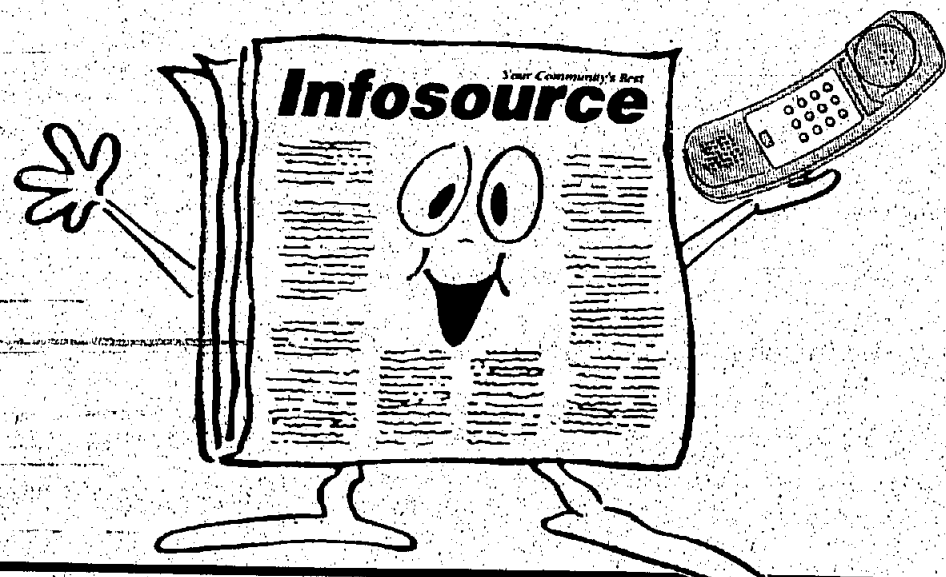
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Freeholder candidates square off

(Continued from Page B1) DiGirolamo noted, "His valuable legal experience in handling litigation cases, and the ability to work with diverse groups and form coalitions. In addition, he has been involved with the youth of Cranford and wants to give all young people in our county the opportunity to develop their potential."

A graduate of the University of Maryland where he earned a bachelor's degree in political science, and Seton Hall University School of Law, where he received a juris doctor degree, Giuditta is a former assistant county prosecutor and judicial clerk. He worked for Rep. Matthew Rinaldi, and has been published in the New Jersey Law Journal.

Giuditta has served on the Cranford Municipal Alliance, the Cranford Youth Advisory Board, and the Cranford Jaycees.

McNeill, who finished a strong fourth in last year's race for three available freeholder seats, is chief financial and administrative officer for the ARC, which is the state's largest organization serving people with disabilities. He is a graduate of Bates College and holds a master's degree in public administration.

Taking action to address the 7 percent unemployment rate in Union County ranks high on McNeill's list of matters to be addressed. "I am concerned that the knee-jerk reaction to the erosion of our economic base by the freeholders is to point to the work of the Union County alliance," said McNeill. "The alliance is a fine and necessary group, but it has become too much of a cover for the freeholders from the reality that the county continues to decline economically."

A member of Plainfield's Board of Adjustment, McNeill also has taken a stance calling for the restoration of abandoned manufacturing sites. He envisions taking advantage of grant funds provided by the federal Environmental Protection Agency to redevelop contaminated sites known as "brownfields" and "brown-therm" or "productive use."

Sullivan, a lifelong resident of Elizabeth, is president of the city's Board of Education. He was first elected to the school board in 1991. A manager at AT&T in East Brunswick, Sullivan holds a bachelor of arts degree in government from Seton Hall University. Sullivan has been outspoken against efforts to raise PAFI taxes, saying that the mass transit network has been of "critical importance" in keeping roads from becoming totally saturated.

The freeholder also says he is an

County seat

(Continued from Page B1) or two, of the positions currently vacant? If the answer is two, then you have to wonder if taxpayers would have saved more money if Barbato had stayed on.

It appears, however, that the whole matter is a charade.

Why, after all, is there a double standard when it comes to bringing former employees back as consultants as compared to when outgoing employees are being asked to extend their contracts? The board surely would be hard-pressed to answer such a question.

The answer, of course, is politics. The new board believes Jakubowski will carry out its actions without any problems, whereas Barbato, a savvy administrator, may have created some problems when it came to hiring. The board needed a reason to dump Barbato, and the payout gave them one, as well as an excuse if it could get mileage out of during April's election.

That's the true story. Enough with the balcony, please.

As it feels good to get that off my chest.

Help sought in dealing with drought emergency

Police chiefs from throughout Union County have been alerted to the latest drought emergency restrictions, both voluntary and mandatory.

Acting Union County Prosecutor Edward M. Neafsey said this week he has asked for cooperation in the wake of the shortage declarations that directly affect 119 communities throughout Northern New Jersey.

Neafsey met with the chiefs this week to review the directives from the governor's office that urge every resident to use water wisely in accordance with regulations issued from the state Department of Environmental Protection.

"We have been provided with orders from the attorney general concerning the enforcement of the ban and they are very specific," Neafsey said, pointing out that "violations of the water restriction laws can lead to prosecution in municipal court."

So far, he said, the mandatory restrictions that prohibit watering of grass during certain hours and watering of washing vehicles are applicable only to Berkeley Heights, Elizabeth, New Providence, Springfield and Summit.

"We've advised the chiefs to be vigilant concerning the enforcement effort," said Investigations Supervisor Richard P. Rodhart. "The prosecutor emphasized the need for everyone to conserve water for obvious reasons concerning firefighting, health and safety."

Since compliance is the key to avert any consequences, Neafsey said he will be sending out letters to all municipalities in the county, as the impact of the drought is being felt. Neafsey also stressed that first-time offenders will be provided with a warning that should be discontinued if they do not comply.

"Civil enforcement of violations of the executive and administrative orders will be handled by deputy attorneys general from the Division of Law," Neafsey wrote in his letter to the acting prosecutor.

In addition, Neafsey said, questions from the public about the restrictions may be directed to a hotline established by the DEP at (908) 686-3777.

Other restrictions in the five affected communities cover sewer flushing, street sweeping, ornamental tree watering and watering of plants, trees and shrubs.

Violations of the ban are considered serious offenses, according to the Chief of Detectives David J. Blazack.

United Way launches campaign with volunteer 'Day of Caring'

The United Way of Union County kicked-off its 1995-96 campaign by holding the third consecutive county-wide volunteer event known as the "Day of Caring."

More than 300 volunteer employees from various local companies joined a helping hand at 21 United Way member agencies throughout the county. These individuals traded in their business attire for T-shirts to complete a variety of projects during this event.

The campaign kick-off, which featured assorted activities, and included volunteers, agency representatives, local government representatives, labor representatives, company representatives and board members, was held at the Union County College.

Cranford campus in the Commons Building. The event featured SOLAR, a live jazz band, refreshments, and giveaways provided by Bradlee, Bud Bath & Beyond, and the YMCA of Eastern Union County. The Wrap-Up also gave the volunteers a chance to talk about the day's experiences.

"Day of Caring is a wonderful way to celebrate our campaign kick-off," said Stephen Enr, United Way of Union County president and senior vice president at Summit Bank in Chatham. "It gives all our caring volunteers the opportunity to become familiar with how their United Way dollars work," said Enr. "By lending a hand at United Way member agencies throughout the county, volunteers are also able to address the urgent problems in our communities."

Dealing with cancer

The New Jersey Division of the American Cancer Society has a toll-free 800 number.

The service provides information for patients, families and the general public on all aspects related to cancer, including causes, prevention, detection, treatment and patient services.

To reach this service, call 800-ACS-2345, 9 a.m. to 5 p.m.

Interviews slated for rape crisis center

The Union County Rape Crisis Center is interviewing for the following groups:

- * a group for teenage female survivors of rape age 13 to 17.
- * a group for adult female survivors of rape.
- * a group for young adult survivors age 19 to 30 addressing different kinds of sexual assault.

The Union County Rape Crisis Center is located at 300 North Avenue East, Westfield, 07090. Those interested should call (908) 233-2337 for information or an interview. These groups will meet weekly when filled.

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Westfield SO gives award to sponsor

Paine Webber received the Westfield Symphony Orchestra's Ann Allen Award in recognition of the investment support of the symphony and for its sponsorship of the orchestra's 1994 Family Concert.

Jim Wright, branch manager of Paine Webber, accepted the award which is presented annually to an individual or corporation whose contributions reflect the kind of dedication and community spirit for which the symphony founder, Ann Allen, is known.

The award ceremony took place recently at the home of Nancy W. Priest, a WSO board member, during a reception for symphony patrons and corporate sponsors.

In presenting the award, Westfield Symphony President Barrow Cashdollar thanked Paine Webber for generously sponsoring last season's Family Concert, titled "Simple Gifts."

He commended Paine Webber for investing in the concert, noting "such educational programs are immensely rewarding to the children and families who attend, and also instill in young audiences an interest in music that can last a lifetime."

The concert was organized by the Westfield Symphony Friends who have planned another Family Concert for March 10, 1996.

In addition to honoring Paine Webber, the symphony also welcomed corporate sponsors and new members to the Maestro Circle — its premiere category of contributing members.

Among the corporations sponsoring symphony events this year are Merck and Schering-Plough. Merck will sponsor the opening concert for the symphony's Season of Faves on Oct. 21 at the renovated Union County Arts Center in Rahway.

For its 100th concert, on Nov. 18, Schering-Plough will sponsor the cast of a new concert version of Leonard Bernstein's "On the Town."

Tickets for individual concerts are available at local ticket outlets such as the Cranford Bank Store, Richard Roberts Ltd., in Scotch Plains; Garden of Paper, in Clark; and the Music Staff and Revlon Realty in Westfield.

For descriptions and information, call the symphony office at 232-9400.



Courtesy of Westfield Symphony Orchestra

Jim Wright, manager of Paine Webber's Westfield branch, accepts the Westfield Symphony's Ann Allen Award in recognition of the company's support of the symphony and its Family Concert. The award is presented annually to individuals and corporations who support the WSO and the community.

Morristown CraftMarket scheduled for weekend

Now in its 10th year, the Morristown CraftMarket will be held Friday through Sunday at the Skylands, Route 10 West, Randolph.

This year, the Morristown CraftMarket will pay tribute to the exhibitors' craft market, including jewelry, wood toys, hand-woven clothing, musical instruments, ceramic vessels of all kinds, handblown and stained glass, stoneware, contemporary furniture, and leather goods of every description.

The nationally recognized Morristown CraftMarket has been sponsored by the Kiwanis Club of Randolph for the last 18 years. Kiwanis Club members volunteer their time during the three-day event.

The Morristown CraftMarket is a non-profit organization, made-up of community-involved citizens who dedicate their free time to assisting worthy causes.

Charles Whitehead, president of the Randolph Kiwanis Club, which organizes the event, explained the subtitle as "the prevalence of local non-judicial shows that created the need to differentiate our market event from the rest."

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Westfield SO needs volunteers

The Westfield Symphony Orchestra has opportunities for volunteers to assist with a wide variety of activities, from poster distribution and ushering at concerts, to assisting with mailings and research.

Hours are flexible and the office is centrally located. For information, call the symphony office at 232-9400.

Singing group seeks new talent

The Celebration Singers will hold an open house on Oct. 17 at 7:30 p.m. in the Cranford United Methodist Church to recruit new vocalists.

The group has openings for all voice parts. The Celebration Singers perform Broadway and movie show tunes, sing classic popular songs, and include contemporary songs in their repertoire.

For more information, call 464-5056.

Playhouse brings the 1930s back to life in Elizabeth

(Continued from Page B4) their attire does not distract the audience.

The performers' acting is right on — although Joseph Mulholland as Dr. Dexter appears to be reading his lines. Gil Ron is a man younger than his character. Dr. Rice probably should be, but his delivery of the scheming psychiatrist's smugness is so ingratiating that audience members can't help but applaud the performance.

Several of the actors are founding members of the Elizabeth Playhouse troupe, others are veterans of the area college and community theater circuit and others still may be recognized from Broadway and Hollywood.

All of the action of "End of Summer" takes place on the second-inn porch of the family's home in Maine. The set is convincing enough, replete with one-piece bathing suits hanging to dry, wicker furniture and foliage changing from green to autumnal reds and yellows.

The costumes too are reminiscent of the '30s, and although most are recognized from Broadway and Hollywood.

The Elizabeth Playhouse is located at 1100 E. Jersey St. in Elizabeth in the heart of the city's government office district. Outside furniture and foliage changing from green to autumnal reds and yellows.

Tickets are priced at \$8; seniors and students are admitted for \$6. To reserve tickets, call 355-0077. The theater management has arrangements with local eateries providing discount on meals for ticketholders, and free tickets for diners.

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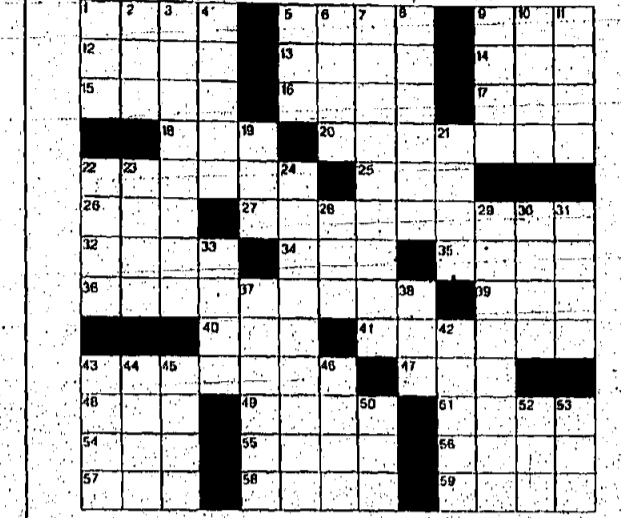
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CROSSWORD PUZZLE



- CLUES ACROSS**
3. Skin problem
 4. Nucleotide detritus from nucleic acid
 12. Female devotee
 13. Wheel that moves on rails
 14. Vehicle that is a step-up derivative
 16. Poetic
 17. Conducitive unit
 18. Serve that the receiver is unable to meet
 20. Ragged clothes
 22. In a way, food firmly
 23. Having a priny texture
 24. Drink made from malt
 27. Victim
 32. Solid fluid secreted by lacrimal gland
 34. Weekday
 35. Demagogical
 36. Not so common
 39. Ancient Hebrew unit of liquid
 40. Indian timber tree
 41. Nucleic acid
 42. Brazilian river
 43. Insectal nomenclature mammal
 44. Swiss river
 45. Noted novelist
 46. Maracaibo
 47. Markish title
 48. Wieldy rather than spiritual
 52. Conducitive unit
 53. Group of criminals assembled in one place
- CLUES DOWN**
1. Crack
 2. Dilution (physics)
 3. Revolve
 4. Filament
 5. Slander, hostilelike filer
 6. Hair, root or fur of an animal
 7. Cautious
 8. Head of a newspaper department
 9. Highest point of something
 10. Milk pulp
 11. Argues
 12. Record of electric charges generated by the brain
 13. Small portion of a masonry
 14. Road
 15. Sweet semolina
 21. Archaic flag
 25. Charge
 26. Neighbor
 27. Cramer
 28. Inexpensive ruler or chair
 31. Movable unit
 33. Gifted adviser, cryptic
 37. Gifted adviser, cryptic
 38. Offer for medication
 41. Swiss river
 43. Picasso's mistress
 44. Swiss river
 45. Cuvierites
 46. Maracaibo
 47. Markish title
 48. Wieldy rather than spiritual
 52. Conducitive unit
 53. Group of criminals assembled in one place

ANSWER TO PREVIOUS PUZZLE

- SOLUTIONS ACROSS**
1. A-C-E
 2. S-K-I-N
 3. A-C-I-D
 4. N-U-C-L-E-O-T-I-D-E
 5. F-I-L-E
 6. H-A-I-R
 7. C-A-U-T-I-O-U-S
 8. H-E-A-D
 9. P-I-C-K
 10. M-I-L-K
 11. A-R-G-U-E
 12. E-C-G
 13. M-U-R-T
 14. T-R-A-C-K
 15. S-I-M-P-L-E
 16. P-O-E-T
 17. O-H-M
 18. S-E-R-V-E
 19. R-A-G-E
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Arts in aging to be topic of discussion

"Arts Alive! Linking Older Adults and the Arts," the fifth statewide conference of the Arts in Aging Network of New Jersey, will be held Wednesday, October 11, at the Elizabethtown Gas Company Headquarters in Union.

Keynote speaker Susan Sandel will deliver a speech titled "From Cliché to Creativity: Staying 'Living Through the Arts.'" Sander is the clinical coordinator of Outpatient Mental Services at Veterans Memorial Medical Center in Meriden, Ct., administering a comprehensive continuum of geropsychiatric programs.

The morning session also will feature Steve Kendall, focus unit director of the Meriden Nursing Center in Westfield, who will speak on "Creativity and Alzheimer's Disease." Laura J. Paulhan, creator and director of the Intergenerational Traveling Therapeutic Theater in Elizabeth, will present her theater program.

In the afternoon, conference attendees will hear from:
• Storyteller Arnetta Blowe, of Elizabeth, who will illuminate "A Bridge for Seniors."

• Brian Dallow, executive director of Music for All Seasons in Plainfield, will speak on "Musical Arts and the Quality of Life of Our Elderly, Why and How Creativity in the Arts is an Energizer."

By presenting case studies and their own model programs, conference speakers aim to offer proof that dance, music, visual art, theater and storytelling provide not only physical exercise and recreation, but also elicit feelings, memories and problem-solving skills for both the well and frail elderly.

"Arts Alive!" is dedicated to the memory of Frances Paul Landau, whose struggle with Alzheimer's disease was said to have been made more bearable through the arts. The event was inspired by artist Isaac Landau, who has spoken on bringing together artists and the therapeutic community.

Brochures, speakers for participants with disabilities, directions and parking information are available on request. Contact the Union County Office of Cultural and Heritage Affairs, at 24-32 Rahway Ave. in Elizabeth at 538-2150.

The Arts in Aging Network is an affiliate of the Society on Aging. Its membership consists of individuals who are interested in the expansion of creative arts programs for older adults. The steering committee meets bi-monthly. If you are interested in becoming a member, participating in planning, please call Jean Mastin at 277-4870.

PUBLIC NOTICE

NOTICE OF PUBLIC AUCTION: The undersigned, Donald F. Pheasant, Clerk, Superior Court, will sell at public auction on Friday, October 13, 1995, at 10:00 a.m., the following real estate...

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What's Going On?

FLEA MARKET
SATURDAY
OCTOBER 7, 1995
EVENT: Big Indoor Flea Market
PLACE: Pasco Catholic High School, 154 Prospect St., Irvington, NJ 07034
TIME: 9 AM to 4 PM
ORGANIZATION: Pasco Catholic High School

CRAFT
SATURDAY
OCTOBER 7, 1995
EVENT: Fall Craft Show
PLACE: Twentyninth Presbyterian Church, 605 Madison Avenue, Union, NJ 07080
TIME: 9 AM to 3 PM
LUNCH: 12:00-1:00 PM
PRICES: Admission Free. Crafts tables available \$25.00 per 8 table
ORGANIZATION: Twentyninth Presbyterian Church Session

ART
SUNDAY
OCTOBER 15, 1995
EVENT: An Afternoon of Fine Art Featuring the Creative work of Espyrry
PLACE: St. Luke's Episcopal Church, 1400 Madison Avenue, Union, NJ 07080
TIME: 2 PM to 5 PM
PRICES: Donation, \$3.50
Hours: Donations being served. Visa, MasterCard and Personal Checks accepted
Lunch: 12:00-1:00 PM
ORGANIZATION: St. Luke's Episcopal Church

GARAGEYARD SALE
FRIDAY AND SATURDAY
OCTOBER 6, 7, 1995
EVENT: Garage & Remnant Sale
PLACE: Community United Methodist Church (Cherrywood and Grant Avenues), Roselle Park, NJ 07068
TIME: 9 AM to 5 PM
PRICES: Free Admission. Clothing appliances, furniture and much more
ORGANIZATION: Community United Methodist Church

RUMMAGE SALE
THURSDAY AND FRIDAY
OCTOBER 5 and 6, 1995
EVENT: Rummage Sale
PLACE: First Congregational Christian Church, 1340 Grant Avenue, Union, NJ 07080
TIME: Thursday 10:00 AM - 4:00 PM, Friday 9:00 AM - 4:00 PM
ORGANIZATION: Alpha Chapter 100 Time Circle

OTHER
SUNDAY
OCTOBER 15, 1995
EVENT: Jersey Annual Conference 2nd Session
PLACE: Maplewood Memorial Park, 1000 Grant Avenue, Valley, Maplewood, NJ 07067
TIME: Noon thru 4 PM. Check-in 9:00 AM
PRICES: \$100 per adult \$50.00 per child. \$300.00 per table. Under children under 12 years rates 50% of fees listed. Call 252-7622 for information
ORGANIZATION: Jersey Annual Conference

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Available For Up To 32 People

WEEKEND LUNCHEON
& DINNER

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Italian
American
Cuisine
Chicken • Veal • Pasta • Seafood
Chop • Pizza

Sunnyfields
One of the area's great guilty pleasures.

Sunnyfields, located on St. Georges Avenue in Linden, has been open now for about a month, so the menu is still tentative — which is a very good thing. Because instead, it is served with a little coating of dressing with a light beef: a combination that works especially well in this instance because the beef is very juicy, and the run-off of our combination with the dressing to form a luscious flavor that is of a surprisingly different quality. The salad was also a splendid hot, and Sunnyfields is owned by three siblings: Angelo, Phil and Trudy Garbu, but it was their mother, Johanna, who served the Saturday. As one might expect, she likes to spoil her customers. She seemed impatient with me as I sampled the hot and cold sandwiches on the menu (your best bet, and perhaps the best in the area, is the choice steak sandwich). It is served with peppers and onions, of course, with an option on tomatoes. It was delicious. Instead, she offered me a little coating of dressing with a light beef: a combination that works especially well in this instance because the beef is very juicy, and the run-off of our combination with the dressing to form a luscious flavor that is of a surprisingly different quality. The salad was also a splendid hot, and Sunnyfields is owned by three siblings: Angelo, Phil and Trudy Garbu, but it was their mother, Johanna, who served the Saturday. As one might expect, she likes to spoil her customers. She seemed impatient with me as I sampled the hot and cold sandwiches on the menu (your best bet, and perhaps the best in the area, is the choice steak sandwich). It is served with peppers and onions, of course, with an option on tomatoes. It was delicious. Instead, she offered me a little coating of dressing with a light beef: a combination that works especially well in this instance because the beef is very juicy, and the run-off of our combination with the dressing to form a luscious flavor that is of a surprisingly different quality. The salad was also a splendid hot, and Sunnyfields is owned by three siblings: Angelo, Phil and Trudy Garbu, but it was their mother, Johanna, who served the Saturday. As one might expect, she likes to spoil her customers. She seemed impatient with me as I sampled the hot and cold sandwiches on the menu (your best bet, and perhaps the best in the area, is the choice steak sandwich). It is served with peppers and onions, of course, with an option on tomatoes. It was delicious. Instead, she offered me a little coating of dressing with a light beef: a combination that works especially well in this instance because the beef is very juicy, and the run-off of our combination with the dressing to form a luscious flavor that is of a surprisingly different quality. The salad was also a splendid hot, and Sunnyfields is owned by three siblings: Angelo, Phil and Trudy Garbu, but it was their mother, Johanna, who served the Saturday. As one might expect, she likes to spoil her customers. She seemed impatient with me as I sampled the hot and cold sandwiches on the menu (your best bet, and perhaps the best in the area, is the choice steak sandwich). It is served with peppers and onions, of course, with an option on tomatoes. It was

Health & Fitness

Stings are still a threat in autumn

Whether your fall activities include hiking, biking, rollerblading or hunting and fishing, you can count on the unwanted company of yellow jackets, whose stings pose potential health hazards to some people.

Yellow jackets are active until early November, when the first frost arrives and kills them. For most people, stings cause pain and swelling, but are rarely life-threatening. However, stings can be dangerous — and even fatal — to the one in 200 people each year who have severe allergic reactions to them.

If you are allergic to yellow jackets, even one sting can cause an immediate and dangerous reaction. If your symptoms include abdominal cramps, hives, hoarseness, shortness of breath, trouble swallowing or hypertension, a dramatic and potentially fatal loss of blood pressure, seek immediate medical attention.

A person who is not allergic, but is stung more than 50 times in a short period also should see a physician.

Fortunately, encounters with these members of the wasp family can be minimized by using simple precautions. You can avert getting

House Calls

By Dr. Leonard Biely

The severity of a sting varies. A mild reaction — characterized by swelling and blotchiness — usually develops within two hours around the sting site.

A yellow jacket's stinger is barbed and remains imbedded in its victim along with its venom sac, which is about the size of the head of a pin. If you can pull out the stinger with your fingers or a tweezers within 30 seconds, you may prevent the venom from entering your system.

- Don't wear bright-colored clothing.
- Keep food covered as much as possible. Yellow jackets are particularly attracted to meats, fruits, fruit drinks and sodas. Don't leave open cans of soda or juice unattended — they may fly in and sting you when you take a drink.
- Don't wear a yellow jacket or attempt to step on them. They may sting you in self-defense.
- Stay away from garbage receptacles, where yellow jackets often linger when looking for food.
- If you are in traffic, avoid opening your vehicle's windows.
- Yellow jackets are curious creatures and may fly through open windows.
- The pain and swelling caused by yellow jacket stings can be relieved by applying ice and vinegar to the affected area.

Local Red Cross needs donations for blood supply

The Westfield and Mountaineer Chapter of the American Red Cross, in cooperation with New Jersey Blood Services, will hold a blood drive at the Presbyterian Church on Mountain Avenue in Westfield, from 2:30-4 p.m. on Oct. 15.

The supply of life-giving blood depends on the regular donations of blood by millions of healthy volunteers. Four million voluntary donations give 6 million units of blood annually through the American Red Cross.

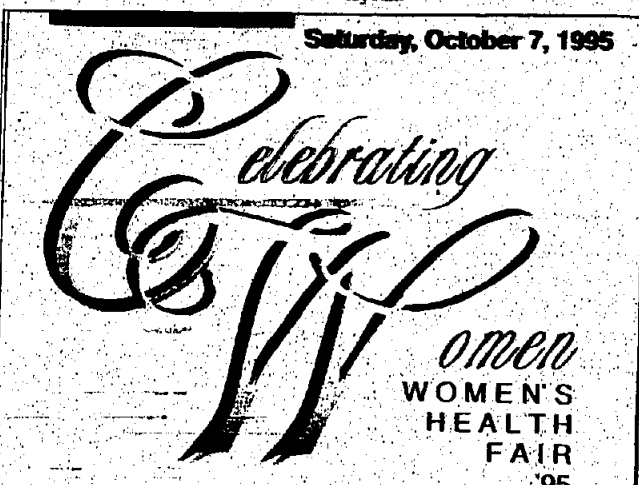
Call the Westfield/Mountaineer Chapter of the American Red Cross for additional information and national services to other blood programs such as autologous donations, giving first oneself, intrapartum transfusions, recycled patients blood, donor programs, family and friends donate for patients at donor collection centers, and rare blood donor program, which is tapped daily, responding to more than 1,000 requests a year.

The Red Cross asks healthy people to give blood regularly to help meet the need for blood throughout the year. Community responsibility is based on the tradition of neighbors helping neighbors. Please support your local blood drive.

Classes scheduled

The Women's Physical Fitness Class for residents of Union will begin Oct. 19. Classes will be held Thursday evenings in the Washington School gym from 7:30-9:30 p.m.

The sessions will cover exercise, body sculpting, stretch-a-size, yoga, ballet, stress reduction and jungle volleyball.



Celebrating Women's Health Fair '95

Women at the Women's Health Fair '95 - Celebrating Women. Like time out of your hectic schedules and treat yourself to a woman's world range of women's health issues including exercise and nutrition, preventing back injury, menopause, immunity and beyond, as well as workshops on stress management, meditation and much more.

Health Screenings available: cholesterol, glucose and blood pressure will offer the available.

Luncheon Speaker: Renowned Lecturer and Psychotherapist, **Dr. Robert M. Powerman** Presenting "The Power Of Humor" How to define, live and learn through laughter.

Donations will be accepted. The program is \$25. For more information, contact: **Overlook Hospital**, 200 Summit Ave., Summit, New Jersey. **Health Connection**, (908) 522-5252.

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We will:

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If you are experiencing chronic or recurrent pain in your joints, you may be suffering from a condition that is not arthritis. A chiropractor will make adjustments that may be necessary to relieve you of your pain.

Adjustment is a term used to indicate treatment given to a vertebrae in your spine that may be displaced or out of alignment. Chiropractic adjustment is a non-surgical, non-drug, non-invasive procedure that is safe and effective.

For more information, contact: **Overlook Hospital**, 200 Summit Ave., Summit, New Jersey. **Health Connection**, (908) 522-5252.

Attention New Jersey

Small businesses can now get big health benefits!

Oxford Health Plans is pleased to announce that the Oxford Freedom Plan™ is now available to small businesses and their employees in New Jersey.

Offering the highest-quality care and broad flexibility, this affordable plan was rated #1 in overall satisfaction in two independent consumer studies of leading managed care plans in the region.

Oxford essentially introduced the concept of choice to managed care in the tri-state area with the Oxford Freedom Plan. It allows Members to use any doctors they wish, In- or Out-of-Network, each time they seek care.

When Members do choose to see Oxford Physicians, as the vast majority eventually do, they can select from any of our more than 22,000 board-certified or recently board-eligible providers, over 5,400 of whom are here in New Jersey. The Oxford Network is the largest of its kind in the tri-state region, offering our Members unprecedented choices of top physicians with admitting privileges to all hospitals in our service area.

Oxford pursues a strategy of prevention, early intervention and expert management of acute care to enhance employee health and contain costs.

How the Oxford Freedom Plan works

When Freedom Plan Members decide to see their doctor	In-Network Care	Coverage
When Members can see any physician they choose, over 50 percent choose Oxford Physicians.	You receive care from your Oxford Primary Care Physician or from an Oxford Participating Specialist without any authorized referral.	You receive coverage through the Oxford network system. • 100% comprehensive coverage after office copayment. • No deductibles. • No coinsurance. • No claim forms. • Free preventive care.
When Freedom Plan Members decide to see a specialist	Out-of-Network Care	Coverage
When Members can see any physician they choose, over 50 percent choose Oxford Physicians.	You receive care from a physician other than your Oxford Primary Care Physician or from an Oxford Participating Specialist without any authorized referral.	You receive conventional insurance coverage. • Deductibles. • Coinsurance. • Claim forms. • Usual and customary fee limitations. • Specialized coverage. • No prevention coverage.

Our efforts in these areas have yielded a number of special initiatives. Among them, our Active Partner Program™ reminds Members to have annual check-ups and several other routine preventive visits. Healthy Mother, Healthy Baby™ seeks to eliminate avoidable complications of pregnancy, childbirth and baby care. Our Self-Help Series™ provides

Members with information, resources to help them manage common health concerns.

Our unique customer service structure, which empowers our members to receive assistance, maximizes the benefits of the Oxford Freedom Plan. Representatives of our dedicated New Jersey Service Teams can answer inquiries, process claims, find information, work back-end hospital, and/or coordinate care with other departments as requested at the time.

If you are a member of the Oxford Freedom Plan, you are eligible for the highest-rated and most comprehensive health plan in the region. Call the member helpline at 800-845-6235.

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800-845-6235 ext. 969

Oxford Health Plans, Inc.
199 Thornall Street, 8th Fl.
Edison, New Jersey 08839

Health & Fitness

Hospital offers seniors activities

Union Hospital's SeniorHealth program has developed a variety of programs to keep seniors healthy, informed and entertained this fall.

Senior Suppers
Senior Suppers are offered at the Union Hospital cafeteria daily, from 4:15-6:15 p.m. and from 11:30 a.m. to 1:45 p.m. on weekends. The Senior Supper Special includes soup, salad, an entrée, beverage and dessert at a discounted price.

SeniorHealth and the Union Hospital Dietary Department are co-sponsoring a Senior Supper Club, which will feature monthly meetings at the Union Hospital Cafeteria in conjunction with the Senior Suppers. Programs will range from special educational events to social activities. To become a member, call SeniorHealth or attend the first meeting on Oct. 18 at 3:30 p.m. in the Union Hospital Cafeteria at 1000 Galloping Hill Rd. in Union.

The first meeting will feature free health screenings for lung capacity, body fat and blood pressure.

Emergency Department
Union Hospital has expanded and renovated its Emergency Department, which receives 19,000 emergency patients annually. The staff treats every type of illness, from minor injuries to major cardiac problems. The recognition has streamlined patient care and privacy, and added new technologies for better monitoring and diagnostic services.

On Oct. 25 at 1:30 p.m., James Rapp, director of Emergency and Ambulatory Services, will discuss the new facility and what to do for emergency assistance.

The program will be held at the Union Hospital Community Services Center at 2343 Morris Ave. in Union.

Fluoride does not pose cancer risk

It happened so long ago that many people may not even remember, but back in the 1950s there was a great controversy about fluoride in drinking water. The big rumor was that fluoride was part of a communist plot against the free world.

Since those days, however, the advantages of fluoride have become clear. Communities have reaped the benefits, going fearlessly to the dentist knowing they usually will need treatment for few cavities.

In fact, research has shown that fluoride reduces cavities between 20-40 percent in children and between 15-35 percent in adults. It also helps repair the early stages of tooth decay before the decay becomes visible.

While adding fluoride to our water supply originally was very upsetting to many people, this step has proven to be the single most effective public health measure we have to prevent tooth decay and to improve oral health.

The cost is also remarkably low for such an important benefit, coming on nearly 20 years. He will be speaking on the subject of dental implants on Oct. 12 and 26 at 6:30 p.m. in his office at 744 Galloping Hill Rd. in Roselle Park. Call 245-2110 for more information or to register.

From the Dentist's Chair

By Dr. Vincent Tavormina

These days fluoride also is added to most toothpastes, helping brushing become one of the most important weapons in the battle against tooth decay. In other forms, fluoride also is used to treat sensitivity and disease. Studies during the past 60 years have shown that fluoride, added to water in the recommended concentrations, poses no harmful effects. Also, according to the US Public Health Service, "fluoridation of drinking water does not pose a detectable cancer risk to humans."

Dr. Vincent Tavormina has been in general family dental practice for

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- Understand your medication, how and when to take it, side effects, what to do if a dose has been forgotten, drug interactions, storage and other precautions.
- How exercise customized to your needs like age, physical condition and frame of mind helps control blood-glucose, weight and general health.
- Learn to eat well with lots of variety through portion control applying strategies for limiting sugars, fats and, as necessary, salt.

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DIABETES SELF-MANAGEMENT PROGRAM
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RAHWAY, NEW JERSEY
908/499-6056

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Early detection through mammography may prevent the need for drastic surgery & may save your life.

For the sake of your loved ones... **TAKE THE TIME** to get your annual mammography.

The American Cancer Society says that women should have their first or baseline mammography between the ages of 35-40. Between the ages of 40 to 50 women should have a mammography every one to two years. From age 50 on women should have a mammography every year.

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Park Imaging Associates, P.A.
441-445 Chestnut Street, Union

Mammography is the simplest and safest way to obtain visual images of your breast tissues. As a concerned healthcare facility it is the goal of the BREAST IMAGING CENTER OF UNION to help detect breast cancer in its early stages.

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FREE PUBLIC FORUM

Wednesday, October 11, 1995
7:00 p.m. - 8:30 p.m.

Elizabeth General Medical Center - West
George F. Billington Education Conference Center

Your Baby, Your Choices

Join us for a discussion on the options available to you when its time for the birth of your baby, or even if you're considering a new addition. Knowing what's available ahead of time, will help you to make the right choices for you and your baby.

An obstetrician, an anesthesiologist and a registered nurse will discuss:

- pain management during labor
- single room maternity care
- VBAC - Vaginal Birth After a Cesarean section

There is no fee to participate, but pre-registration is required. Call 1-800-525-EGMC (3462) to register.

Door Prizes! Refreshments!

Registration is from 6:30 p.m. - 7:00 p.m.
The program begins promptly at 7:00 p.m.

Safe and secure parking is available in the parking garage - Enter on Lafayette Street. Entrance to the George F. Billington Education Conference Center is directly through the parking garage. Validated parking is available at a reduced fee of \$2.00.

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PERSONALS

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We are offering a free Bible correspondence course and BIBLES... 908-964-6356

LOST AND FOUND
LOST SMALL white male French dog Long... 908-964-6356

MISCELLANEOUS

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Flea Market

LINDEN EXLS Ladies Auxiliary, 222 Lugen... 908-964-6356

SPRINGFIELD 12 TWN Oaks Oval, Saturday... 908-964-6356

SPRINGFIELD 11 JANE Lane Multi family... 908-964-6356

UNION 1022 POTTER Avenue (off Morris or Salem)... 908-964-6356

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GARAGE SALE, 3 Family Yard Sale, Saturday, October 7th... 908-964-6356

ELIZABETH 742 PAIRN Avenue, Saturday... 908-964-6356

HELLODE 280 WILLIAM Street (off Liberty... 908-964-6356

WINE/WOODHILL 510 Oak Street, off Morris... 908-964-6356

LINDEN 1253 WICKETEM Avenue, off... 908-964-6356

GARAGE SALE

MAPLEWOOD, 11 UNION Avenue, Saturday... 908-964-6356

MAPLEWOOD, 2 PARK Avenue (corner of... 908-964-6356

MAPLEWOOD, 6 NORFOLK Avenue (off... 908-964-6356

MOVING EVERYTHING Must Go Antiques... 908-964-6356

113 NEWSPAPERS REACHING over 1.8 million... 908-964-6356

ROSELLE PARK, 127 Dalton Street, Saturday... 908-964-6356

SPRINGFIELD 12 TWN Oaks Oval, Saturday... 908-964-6356

SPRINGFIELD 11 JANE Lane Multi family... 908-964-6356

UNION 1022 POTTER Avenue (off Morris or Salem)... 908-964-6356

UNION EARLYBIRDS 7am, free color poster... 908-964-6356

BLNK BLDG Solid wood, new, used, in stock... 908-964-6356

CEDAR PRIVACY hedge, beautiful and bushy... 908-964-6356

COMMERCIAL FREEZER 18 cubic feet, auto... 908-964-6356

DRIVING ROOM, Country French, Bedroom... 908-964-6356

ENTERTAINMENT WALL Unit, 2 pieces with... 908-964-6356

FURNITURE SALE, Furniture, appliances, tools... 908-964-6356

GOV BALLS in popular brands low cost... 908-964-6356

HIDE-A-BED AND overcoat coat, good condition... 908-964-6356

LEATHER CRAFT tools, stamps, paints and... 908-964-6356

METAL ROOFING and siding for houses... 908-964-6356

ENTERTAINMENT WALL Unit, 2 pieces with... 908-964-6356

WALL UNIT, 20' x 60' x 74' x 44'... 908-964-6356

WATER BED, new, king size, \$1000... 908-964-6356

YOUR AD could appear here for as little as... 908-964-6356

GARAGE SALE, 3 Family Yard Sale, Saturday, October 7th... 908-964-6356

ELIZABETH 742 PAIRN Avenue, Saturday... 908-964-6356

HELLODE 280 WILLIAM Street (off Liberty... 908-964-6356

WINE/WOODHILL 510 Oak Street, off Morris... 908-964-6356

LINDEN 1253 WICKETEM Avenue, off... 908-964-6356

GARAGE SALE

UNION 1202 LIBERTY Avenue, Saturday... 908-964-6356

UNION 1497 ELIANE Terrace, off Waleka... 908-964-6356

UNION 1542 ANDREW Street (corner... 908-964-6356

UNION 1837-QUAKER Way, off Chantrel... 908-964-6356

UNION 2088 BERWYN Street (Walmart... 908-964-6356

UNION 274 LANSDOWN Avenue (former... 908-964-6356

UNION 388 DURHAM Court (off Caldwell)... 908-964-6356

UNION 610 GARDEN Street (Monte Avante... 908-964-6356

UNION 808 FLORAL Avenue, Saturday... 908-964-6356

UNION FIVE Families 2674 Hill Court... 908-964-6356

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HELLODE 280 WILLIAM Street (off Liberty... 908-964-6356

APPLIANCE REPAIR

UNION MULTI-FAMILY, 2715 Avenue... 908-964-6356

WATERHEATER, 1119 Springfield Rd... 908-964-6356

UNION 1202 LIBERTY Avenue, Saturday... 908-964-6356

UNION 1497 ELIANE Terrace, off Waleka... 908-964-6356

UNION 1542 ANDREW Street (corner... 908-964-6356

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DECKS

"IMPROVE YOUR HOME WITH GI' DECKS... 908-964-6356

DRIVEWAYS SEALED, Don't get it sp... 908-964-6356

PATERNAL PAVING... 908-964-6356

DRIVING SERVICE... 908-964-6356

ELECTRICIANS... 908-964-6356

ABLE... 908-964-6356

RICH BLINDT JR... 908-964-6356

RESIDENTIAL... 908-964-6356

NO JOB TOO SMALL... 908-964-6356

SPURR ELECTRIC... 908-964-6356

TOM'S FENCING... 908-964-6356

SHANNING... 908-964-6356

HOUSECLEANER... 908-964-6356

CONTRACTORS... 908-964-6356

SIR CONDITIONING... 908-964-6356

DO IT YOURSELF... 908-964-6356

ELIZABETH... 908-964-6356

ELIZABETH... 908-964-6356

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FLOORS

ALL REMODELING... 908-964-6356

DOES YOUR HOUSE... 908-964-6356

QUALITY FLOORS... 908-964-6356

HEALTH & FITNESS... 908-964-6356

HOME IMPROVEMENTS... 908-964-6356

MOVING/STORAGE... 908-964-6356

DON'S ECONOMY... 908-964-6356

PAUL'S M & M MOVERS... 908-964-6356

CHARLES FURNITURE... 908-964-6356

APARTMENT TO RENT... 908-964-6356

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APARTMENT TO RENT... 908-964-6356

INSURANCE

DAVID L. KAUFMAN, Insurance Agent... 908-964-6356

LANDSCAPING... 908-964-6356

HOUSE PAINTING... 908-964-6356

PAINTING & PAPER HANGING... 908-964-6356

PLUMBING... 908-964-6356

ROOFING... 908-964-6356

EVERLAST ROOFING CO... 908-964-6356

CLARK BUILDERS, INC... 908-964-6356

WE STOP LEAKS!... 908-964-6356

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UNION COUNTY CLASSIFIED - THURSDAY, OCTOBER 5, 1995 - B13

RUBBISH REMOVAL... 908-964-6356

SEWER CLEANING SERVICE... 908-964-6356

PRINTING... 908-964-6356

PAINTING... 908-964-6356

RESUMES... 908-964-6356

PAPER HANGING... 908-964-6356

PLUMBING... 908-964-6

Real Estate

APARTMENT TO RENT
UNION, TWO bedrooms, living room, kitchen, bath, in two family, \$715 month plus utilities. No pets. Call 908-687-8636.

FURNISHED ROOMS FOR RENT
ELIZABETH: CLEAN, safe furnished room, good location, near transportation. Call 908-682-5191.

PRICE TO LET
FREE RENT for October with a one year lease in a shopping office in South Orange. \$225 month. Call 201-752-2292.

APARTMENT TO SHARE
UNION: Seeking professional male tenant to share two bedrooms in a two family home. Living room, eat-in kitchen, washer/dryer, \$415 plus utilities. Available immediately. Call 908-964-4954.

CONDOS TO RENT
SPRINGFIELD: SPACIOUS 3 bedroom, 2 bath, no water included. Washer, dryer in unit. Available November 1 to 1995. Call 201-781-0241 after 6pm.

FREE Information!
CALL 686-9898 (local) and enter a four digit selection number below!

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1574 Appraisal Report

SELLING THE HOME
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Call Today!
Inforsource
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WORKAL COMMUNITY NEWSPAPERS

TOWNHOUSE
ORANGE: LUXURY townhouse, 4 years old, 2 bedrooms, 2 1/2 baths, central air, security system. Good location. \$85,000. Owner will pay \$10,000 towards closing costs. Call 201-679-1637.

REAL ESTATE FOR SALE
UNION: LUXURY Use your computer! Call for Free floppy disk. Real Estate HomeDatabase 2.0. Includes: 1-800-542-7825.

QUICK SALE BY OWNER
South Orange
Well maintained 5 bedroom Colonial, 2 1/2 baths, 2 half baths, large yard with pool, many extras. Walk to NYC. \$175,000. Call 201-752-3252.

REAL ESTATE FOR SALE
UNION: BY owner. Beautiful 2 bedroom, 1 1/2 bath room with well built, large huge living room, central air, park like yard, great street. Move in condition. Must sell. \$145,000. Call 908-687-0794.

REAL ESTATE FOR SALE
UNION: CLEAN, brick cape with new roof, 4 bedrooms, 1 bath, living room with fireplace and much more. Asking \$135,000. Call 908-687-0303 evening.

MAKE ME AN OFFER!
UNION: SHARPLY reducing price! Beautiful 3 bedroom, 2 1/2 bath, 2 car garage, professional landscaping, beautiful interior. UNDER MARKET VALUE for immediate sale. See us in person. Call 201-752-4200.

PRICE TO SELL
UNION: 3 BR, 2 1/2 BA, Colonial, Central Park, Spacious, Well Built, Call 908-687-0303.

PRICED TO SELL
UNION: 3 BR, 2 1/2 BA, Colonial, Central Park, Spacious, Well Built, Call 908-687-0303.

3 BEDROOM BI-LEVEL SINGLE FAMILY HOME
WITH 2 CAR GARAGE, LARGE BACKYARD, ALUMINUM SIDED & BRICK EXTERIOR, LOT SIZE 50 X 160, BLOCK, 5-0-3 - LOT 31
AUCTION DATE: OCTOBER 18 AT 11 AM
LOCATION: 1940 WILLIAM ST., UNION, NJ
Call A.J. Willner at 201-783-9999

REAL ESTATE FOR SALE
UNION: LUXURY Use your computer! Call for Free floppy disk. Real Estate HomeDatabase 2.0. Includes: 1-800-542-7825.

QUICK SALE BY OWNER
South Orange
Well maintained 5 bedroom Colonial, 2 1/2 baths, 2 half baths, large yard with pool, many extras. Walk to NYC. \$175,000. Call 201-752-3252.

REAL ESTATE FOR SALE
UNION: BY owner. Beautiful 2 bedroom, 1 1/2 bath room with well built, large huge living room, central air, park like yard, great street. Move in condition. Must sell. \$145,000. Call 908-687-0794.

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QUICK SALE BY OWNER
South Orange
Well maintained 5 bedroom Colonial, 2 1/2 baths, 2 half baths, large yard with pool, many extras. Walk to NYC. \$175,000. Call 201-752-3252.

REAL ESTATE FOR SALE
UNION: BY owner. Beautiful 2 bedroom, 1 1/2 bath room with well built, large huge living room, central air, park like yard, great street. Move in condition. Must sell. \$145,000. Call 908-687-0794.

REAL ESTATE FOR SALE
UNION: CLEAN, brick cape with new roof, 4 bedrooms, 1 bath, living room with fireplace and much more. Asking \$135,000. Call 908-687-0303 evening.

MAKE ME AN OFFER!
UNION: SHARPLY reducing price! Beautiful 3 bedroom, 2 1/2 bath, 2 car garage, professional landscaping, beautiful interior. UNDER MARKET VALUE for immediate sale. See us in person. Call 201-752-4200.

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REAL ESTATE FOR SALE
UNION: LUXURY Use your computer! Call for Free floppy disk. Real Estate HomeDatabase 2.0. Includes: 1-800-542-7825.

QUICK SALE BY OWNER
South Orange
Well maintained 5 bedroom Colonial, 2 1/2 baths, 2 half baths, large yard with pool, many extras. Walk to NYC. \$175,000. Call 201-752-3252.

REAL ESTATE FOR SALE
UNION: BY owner. Beautiful 2 bedroom, 1 1/2 bath room with well built, large huge living room, central air, park like yard, great street. Move in condition. Must sell. \$145,000. Call 908-687-0794.

REAL ESTATE FOR SALE
UNION: CLEAN, brick cape with new roof, 4 bedrooms, 1 bath, living room with fireplace and much more. Asking \$135,000. Call 908-687-0303 evening.

MAKE ME AN OFFER!
UNION: SHARPLY reducing price! Beautiful 3 bedroom, 2 1/2 bath, 2 car garage, professional landscaping, beautiful interior. UNDER MARKET VALUE for immediate sale. See us in person. Call 201-752-4200.

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REAL ESTATE FOR SALE
UNION: LUXURY Use your computer! Call for Free floppy disk. Real Estate HomeDatabase 2.0. Includes: 1-800-542-7825.

QUICK SALE BY OWNER
South Orange
Well maintained 5 bedroom Colonial, 2 1/2 baths, 2 half baths, large yard with pool, many extras. Walk to NYC. \$175,000. Call 201-752-3252.

REAL ESTATE FOR SALE
UNION: BY owner. Beautiful 2 bedroom, 1 1/2 bath room with well built, large huge living room, central air, park like yard, great street. Move in condition. Must sell. \$145,000. Call 908-687-0794.

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AUCTION DATE: OCTOBER 18 AT 11 AM
LOCATION: 1940 WILLIAM ST., UNION, NJ
Call A.J. Willner at 201-783-9999

NEW JERSEY MORTGAGE RATES

Lender, City, Phone	APP FEE	30 YR FIXED	15 YR FIXED	OTHER						
		RATE	PTS	APR RATE	PTS	APR RATE	PTS	APR		
American Fed Mtg. Bloom Brook	800-767-2061	100.65	3.00	6.00	6.63	3.00	7.11	6.03	3.00	6.92 C
American Savings Bk. Bound Brook	201-746-3600	350.76	3.50	7.89	7.19	2.50	5.54	6.70	0.00	NIP S
Bankers Savings, Perth Amboy	609-442-4100	350.77	2.75	8.04	7.19	2.75	5.50	4.50	3.00	7.92 A
Capital Funding, Parsippany	908-582-6740	0.00	0.00	8.00	7.75	0.00	7.75	5.75	1.00	6.49 A
Columbia Savings Bk. SLA, Linden	908-692-4890	300.73	3.00	7.72	7.00	3.00	7.55	7.25	1.00	6.90 A
Consumer First Mortgage	908-266-4444	300.65	3.00	6.85	NIP	NIP	NIP	7.25	0.00	7.31 C
Corestates Mortgage Services	908-600-3865	250.73	3.00	7.67	6.75	3.00	7.20	6.63	3.00	8.16 C
First Fidelity Bank	908-435-7332	375.73	3.00	8.70	8.00	0.00	7.61	7.13	0.00	7.85 C
First Savings Bank SLA, Edison	908-225-4100	350.77	3.00	7.85	7.25	3.00	7.41	5.25	1.00	5.33 A
Gentry Mortgage, Inc	908-287-9934	300.71	3.00	7.77	6.88	3.00	7.46	6.75	2.00	7.20 E
Jay Mortgage Corp.	908-486-2963	300.71	3.00	NIP	6.88	3.00	NIP	4.50	3.00	NIP A
Kohlwald Financial Services	908-352-8996	150.77	3.00	7.75	7.38	0.00	7.38	NIP	NIP	NIP
Lehigh Savings Bank SLA, Union	908-692-0000	350.75	2.00	7.77	6.88	3.00	7.46	6.75	2.00	7.20 E
Midland Bank, N.A.	908-274-0703	380.73	2.75	6.67	6.75	3.00	7.26	6.43	3.00	8.15 A
Morgan Carlson Finl, Ridgewood	908-582-6716	0.70	2.00	2.88	7.21	6.63	2.88	6.84	3.00	2.88 A 3.6
Natwest Home Mortgage	908-888-6781	375.73	3.00	7.69	7.00	3.00	7.51	5.00	2.50	NIP A
New Century Mtge. E. Brunswick	908-300-4900	370.73	3.00	7.68	6.88	3.00	7.37	5.50	3.00	5.78 A
Premier Mortgage, Union	908-587-2000	375.68	3.00	NIP	6.63	3.00	NIP	5.50	0.00	NIP A
Provident Savings Bank	908-448-7768	350.73	3.00	7.69	6.75	3.00	7.22	6.25	3.00	7.84 C
Pulse Savings Bank, South River	908-257-2400	350.75	3.00	7.50	7.00	3.00	7.00	6.00	0.00	8.10 A
Rahway Savings Institution	908-388-1900	325.8	3.00	8.13	7.38	0.00	7.38	NIP	NIP	NIP
Source One Mtge Svcs, Cmrfd.	908-870-4657	300.65	3.00	6.85	NIP	NIP	NIP	7.25	0.00	7.31 R
Sterling National Mtge, Clark	908-662-6723	285.7	8.00	7.91	7.50	0.00	7.55	6.38	0.00	0.39 B
Union Center Nat'l Bank, Union	908-688-9500	350.73	2.63	7.65	6.63	3.25	7.15	5.00	0.00	7.25 J
United Jersey Bk, Ridgeland PK	908-632-8811	325.73	3.00	7.69	6.88	3.00	7.37	5.88	1.50	7.80 M
Valley National Bank, Wayne	908-592-4100	450.77	3.00	7.81	7.25	0.00	7.35	7.65	0.00	7.78 Q
West Essex Bank, FSB	201-676-7660	375c	7.75	0.50	7.80	2.25	0.50	7.33	0.50	7.86 G
W.F.S. Mortgage, Warren	908-534-1004	0	7.88	0.00	7.88	0.00	7.38	6.25	0.00	8.25 B

(A) 1 Yr Arm (B) 30 Yr Jumbo (C) 31 Arm (D) 15 Yr Bi-weekly (E) 10 Yr Fixed (F) COPI Arm (G) 21 Yr Arm (H) 101 Arm (I) 10/20 Arm (J) 30 Yr Home Program (K) 3 Arm (L) 15 Yr Balloon (M) 31 Arm (N) 20 Yr Fixed (O) 1 Yr Jumbo (P) 30 Yr Loan (Q) 30 Yr Bi-weekly (R) 15 Yr Time Buyback (S) 30 Yr Bi-weekly (T) 15 Yr ARM (U) 15 Yr ARM (V) 15 Yr ARM (W) 15 Yr ARM (X) 15 Yr ARM (Y) 15 Yr ARM (Z) 15 Yr ARM

APP FEE - single family homes MINIMUM 45--60 DAY RATE LOCK

A.P.R. - Contact lender for calculated Annual Percentage Rate.

Notes are supplied by the lender and are presented without guarantee. Rates and terms are subject to change. Lenders reserved the right to change rates and terms without notice. For more information, contact the lender. Lenders are not responsible for the accuracy of the information provided. Rates listed were supplied by the lender on 9/27-9/28, 1995. Not provided by institution. Copyright 1995, Cooperative Mortgage Information - All Rights Reserved.

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The afternoon may be a dangerous time to drive

Did you know that many fatigue-related collisions occur between 1 and 4 p.m.? Your biological clock is programmed to make you feel sleepy in the middle of the afternoon making this a dangerous time to drive.

The New Jersey Automobile Club Foundation for Safety encourages you to take the "sleep" quiz to determine if you have any misconceptions about driving drowsy.

Answer true or false to these seven sleep statements:

1. Coffee overcomes the effects of drowsiness while driving.
 2. I can tell when I'm going to go to sleep.
 3. I'm a safe driver so it doesn't matter if I'm sleepy.
 4. I can't take naps.
 5. I get plenty of sleep.
 6. Being sleepy makes you misperceive things.
 7. Young people need less sleep.
1. False. Coffee does not overcome effects of drowsiness while driving. Stimulants are no substitute for sleep. Foods containing caffeine, such as coffee or cola can help you feel more alert, but the effects last only for a short time. If you drink coffee and are excessively tired, you're still likely to have "micro-sleeps" — brief lapses that last around four or five seconds. If you're driving at 55 miles per hour, that means you'll travel more than 700 yards.
2. False. Nearly four-fifths of people said they could predict when they're about to fall asleep. "When I'm drowsy, I sleep so voluntarily. If you're drowsy, you can fall asleep and never even know it. You also can't tell how long you've been asleep. When you're driving, being asleep for even a few seconds can kill you or someone else."
3. False. The only safe driver is an alert driver. Even the safest drivers become confused and lose their judgment when they're sleepy. To be a safe driver, you must have your eyes open and your mind staying off the road when you're sleepy.
4. False. Many people insist they can't nap. Yet even people who say they aren't tired will quickly fall asleep in a darkened room if they haven't been getting enough sleep. If you think you can't nap, stop the car and recline for 15 minutes anyway. You may be surprised at how easily you fall asleep once you give yourself the chance. Also remember to plan your route so you can take advantage of a well-lit rest or truck stop on heavily traveled roads. If you do stop, always lock your doors and roll up the windows.
5. False. The average person needs seven or eight hours of sleep a night. If you go to bed late and wake up early to an alarm clock, you probably are building up a sleep debt during the week. Re-arrange your schedule so you get enough sleep during the week.
6. True. Being sleepy makes you misperceive things. Have you ever driven at night and seen something in the road that you thought was an animal but turned out to be a paper bag or leaves? A drowsy driver doesn't process information as fast or as accurately as an alert driver and is unable to react quickly enough to avoid a collision.
7. False. In fact, teenagers and young adults need more sleep than people in their 30s. Teenagers and young adults who get up early tend to feel alert in the morning. The problem is, the temporary alertness wears off later, and they can end up driving home drowsy.
- To be a safe driver, become aware of your own biological clock. What times of day do you feel most alert? What times do you feel most drowsy? Once you're aware of your personal cycle, take extra care when you're likely to feel sleepy.
- For a free copy of "Wake Up!" and a self-addressed, stamped, business-size envelope to Wake Up! AAA Safety Department, 1 Hanover Road, Florham Park, NJ 07932.
- Founded and funded by AAA members, the New Jersey Automobile Club Foundation for Safety sponsors education programs for residents, businesses and non-profit organizations in Essex, Morris and Union counties.

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- 1986 LINCOLN. White, 4-door convertible. Good condition. Only 80,000 miles. Call 908-686-8972.
- 1978 LINCOLN MARK. White, new roof, new air conditioning. Excellent condition. 100,000 miles. \$11,500. After 7pm: 908-527-3645.
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- 1993 MAZDA 626. 5 speed, AM/FM cassette, air, sunroof, leather, auto entry, alarm. 14,000 miles. \$11,000 negotiable. 201-379-7099 daily evening.
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- 1985 MERCURY COUGAR. 2 door, blue, fully loaded, sunroof, stereo, 81,000 miles. Excellent condition. \$2,300. Call 908-687-6622.
- 1988 NISSAN 200SX. Automatic, 2-door, white, blue interior, Sunroof, AM/FM stereo cassette, air, power steering, 75,000 miles. clean and loaded. Asking \$5,500. 201-782-8392.
- 1990 NISSAN 200SX. Mint condition, leather, air, 5 speed, 70K, black, spoiler. Well maintained. \$5,200. negotiable. Must call. 201-372-5603 anytime.
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- 1989 VOLKSWAGEN CABRIOLET convertible, automatic, air, stereo cassette, red wheels, excellent condition. 70K miles. Asking \$13,500. 908-686-8972 after 7pm.
- 1989 VOLKSWAGEN CONVERTIBLE. 100,000 miles. good for parts. \$400. Call 201-686-6261.
- 1991 VOLKSWAGEN JETTA. Catal. 70,500 miles. automatic, black, sun roof. loaded. Immaculate condition. \$7,200. Call 201-992-9274.

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- 1993 VOLVO 240 SEDAN. Mint, factory maintained, air conditioning, AM/FM cassette, many options. 100,000 miles. Call 201-781-1214.
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